



# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

1, , 400m ,

WA

16.				08		"	"	<b>4:37.08</b>	613
	50m:	30.95	150m:	35.06	250m:	35.89	350m:	35.67	
	100m:	33.34	200m:	35.74	300m:	35.83	400m:	34.60	
17.				07		"	"	<b>4:37.69</b>	609
	50m:	30.52	150m:	35.16	250m:	35.97	350m:	36.10	
	100m:	33.72	200m:	35.36	300m:	35.70	400m:	35.16	
18.				06		"	"	<b>4:37.84</b>	608
	50m:	30.28	150m:	35.31	250m:	35.62	350m:	35.78	
	100m:	34.04	200m:	35.42	300m:	36.20	400m:	35.19	
19.				06		"	"	<b>4:38.69</b>	602
	50m:	32.50	150m:	35.12	250m:	35.54	350m:	35.71	
	100m:	34.38	200m:	35.33	300m:	35.70	400m:	34.41	
20.				10		"	"	<b>4:39.52</b>	597
	50m:	30.92	150m:	35.93	250m:	36.36	350m:	35.59	
	100m:	34.74	200m:	36.16	300m:	36.21	400m:	33.61	
21.				06		"	"	<b>4:39.75</b>	595
	50m:	30.68	150m:	35.20	250m:	36.02	350m:	36.22	
	100m:	33.96	200m:	35.82	300m:	36.44	400m:	35.41	
22.				09		"	"	<b>4:40.60</b>	590
	50m:	31.21	150m:	35.96	250m:	36.46	350m:	35.81	
	100m:	34.44	200m:	36.38	300m:	36.38	400m:	33.96	
23.				05		"	"	<b>4:41.51</b>	584
	50m:	32.08	150m:	35.74	250m:	36.45	350m:	35.99	
	100m:	34.25	200m:	35.86	300m:	36.06	400m:	35.08	
24.				09		"	"	<b>4:41.56</b>	584
	50m:	31.95	150m:	35.62	250m:	35.25	350m:	35.86	
	100m:	35.53	200m:	36.11	300m:	36.31	400m:	34.93	
25.				09		"	"	<b>4:41.97</b>	581
	50m:	31.78	150m:	36.19	250m:	36.62	350m:	35.96	
	100m:	34.49	200m:	36.20	300m:	36.47	400m:	34.26	
26.				06		"	3	<b>4:42.65</b>	577
	50m:	31.50	150m:	35.64	250m:	36.15	350m:	36.28	
	100m:	34.99	200m:	35.96	300m:	36.60	400m:	35.53	
27.				08		"	"	<b>4:43.50</b>	572
	50m:	31.59	150m:	35.57	250m:	36.30	350m:	36.65	
	100m:	34.47	200m:	36.09	300m:	37.23	400m:	35.60	
28.				06		"	"	<b>4:43.53</b>	572
	50m:	31.15	150m:	35.73	250m:	36.29	350m:	37.37	
	100m:	34.97	200m:	36.86	300m:	37.71	400m:	33.45	
29.				09		"	"	<b>4:43.91</b>	569
	50m:	31.36	150m:	37.07	250m:	36.22	350m:	35.87	
	100m:	35.88	200m:	37.33	300m:	36.48	400m:	33.70	
30.				08		"	"	<b>4:45.34</b>	561
	50m:	31.33	150m:	36.15	250m:	36.38	350m:	37.05	
	100m:	35.39	200m:	36.53	300m:	36.62	400m:	35.89	
31.				08		"	"	<b>4:46.18</b>	556
	50m:	32.54	150m:	36.28	250m:	36.81	350m:	36.94	
	100m:	34.81	200m:	36.31	300m:	37.12	400m:	35.37	

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

1, , 400m ,

WA

32.				07		3	<b>4:46.38</b>	555	I
	50m:	31.17	150m:	36.15	250m:	37.08	350m:	36.88	
	100m:	34.52	200m:	37.11	300m:	37.14	400m:	36.33	
33.				07			<b>4:46.71</b>	553	I
	50m:	32.51	150m:	36.21	250m:	36.65	350m:	36.27	
	100m:	35.52	200m:	36.82	300m:	36.99	400m:	35.74	
34.				08		" "	<b>4:46.98</b>	551	I
	50m:	32.32	150m:	36.42	250m:	37.01	350m:	37.78	
	100m:	35.50	200m:	36.31	300m:	36.85	400m:	34.79	
35.				08			<b>4:48.08</b>	545	I
	50m:	32.20	150m:	36.80	250m:	37.31	350m:	37.14	
	100m:	34.85	200m:	37.43	300m:	37.54	400m:	34.81	
36.				06		" "	<b>4:48.35</b>	543	I
	50m:	31.99	150m:	36.10	250m:	37.19	350m:	37.12	
	100m:	35.42	200m:	37.53	300m:	38.58	400m:	34.42	
37.				07		" "	<b>4:49.84</b>	535	I
	50m:	31.92	150m:	36.51	250m:	37.18	350m:	37.69	
	100m:	35.68	200m:	37.10	300m:	37.64	400m:	36.12	
38.				09		" "	<b>4:49.98</b>	534	I
	50m:	32.39	150m:	36.36	250m:	37.20	350m:	37.74	
	100m:	35.40	200m:	36.65	300m:	37.60	400m:	36.64	
39.				10			<b>4:50.39</b>	532	I
	50m:	31.96	150m:	36.48	250m:	37.63	350m:	37.33	
	100m:	36.08	200m:	37.61	300m:	37.90	400m:	35.40	
40.				07		" "	<b>4:50.42</b>	532	I
	50m:	31.62	150m:	37.39	250m:	37.79	350m:	37.38	
	100m:	35.64	200m:	37.70	300m:	37.61	400m:	35.29	
41.				06		" "	<b>4:51.17</b>	528	I
	50m:	31.54	150m:	36.71	250m:	37.87	350m:	38.15	
	100m:	35.25	200m:	37.31	300m:	37.79	400m:	36.55	
42.				08		" "	<b>4:51.50</b>	526	I
	50m:	31.97	150m:	36.48	250m:	37.72	350m:	37.94	
	100m:	35.35	200m:	37.35	300m:	38.35	400m:	36.34	
43.				08			<b>4:52.42</b>	521	I
	50m:	32.17	150m:	37.55	250m:	37.83	350m:	38.57	
	100m:	35.47	200m:	37.63	300m:	37.79	400m:	35.41	
44.				08 I			<b>4:53.00</b>	518	I
	50m:	32.46	150m:	37.27	250m:	37.51	350m:	37.36	
	100m:	35.23	200m:	37.25	300m:	38.46	400m:	37.46	
DSQ				08					

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среди мужчин и женщин

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СК "Акватория ЗИЛ"  
бассейн 50 м.

2

, 400m

19.03.2024 - 10:00

3:46.17

03.04.2021

: FINA 2024

WA

1.				04		3		<b>4:00.31</b>	768
	50m:	28.12	150m:	30.75	250m:	30.44	350m:	30.71	
	100m:	30.72	200m:	29.59	300m:	30.58	400m:	29.40	
2.				04		"		<b>4:00.52</b>	766
	50m:	28.22	150m:	30.93	250m:	30.16	350m:	29.47	
	100m:	31.33	200m:	31.09	300m:	30.41	400m:	28.91	
3.				99		3		<b>4:00.81</b>	763
	50m:	28.31	150m:	30.92	250m:	30.36	350m:	31.01	
	100m:	31.26	200m:	30.91	300m:	30.66	400m:	27.38	
4.				02		3		<b>4:01.21</b>	759
	50m:	29.09	150m:	31.13	250m:	30.18	350m:	29.92	
	100m:	30.92	200m:	30.62	300m:	30.37	400m:	28.98	
5.				05		"		<b>4:01.30</b>	758
	50m:	28.15	150m:	30.89	250m:	31.04	350m:	30.41	
	100m:	31.16	200m:	31.46	300m:	30.12	400m:	28.07	
6.				06		3		<b>4:03.36</b>	739
	50m:	28.22	150m:	31.12	250m:	30.33	350m:	30.57	
	100m:	30.85	200m:	31.00	300m:	30.94	400m:	30.33	
7.				05		3		<b>4:03.66</b>	736
	50m:	28.35	150m:	31.13	250m:	30.40	350m:	30.86	
	100m:	30.94	200m:	30.53	300m:	31.22	400m:	30.23	
8.				06		"	"	<b>4:03.92</b>	734
	50m:	28.10	150m:	31.10	250m:	31.42	350m:	30.53	
	100m:	30.86	200m:	31.58	300m:	31.73	400m:	28.60	
9.				06		"	"	<b>4:04.55</b>	728
	50m:	28.37	150m:	30.83	250m:	30.69	350m:	31.07	
	100m:	31.20	200m:	31.05	300m:	31.11	400m:	30.23	
10.				06		"	"	<b>4:05.47</b>	720
	50m:	29.15	150m:	30.83	250m:	31.61	350m:	30.66	
	100m:	31.40	200m:	31.23	300m:	31.50	400m:	29.09	
11.				04		"	"	<b>4:05.67</b>	718
	50m:	28.83	150m:	31.12	250m:	31.23	350m:	30.63	
	100m:	31.66	200m:	31.46	300m:	31.47	400m:	29.27	
12.				06		3		<b>4:05.78</b>	717
	50m:	29.09	150m:	31.49	250m:	31.00	350m:	30.61	
	100m:	31.75	200m:	31.83	300m:	30.87	400m:	29.14	
13.				00		-		<b>4:06.79</b>	709
	50m:	27.91	150m:	31.72	250m:	31.79	350m:	31.91	
	100m:	30.68	200m:	31.48	300m:	31.71	400m:	29.59	
14.				07				<b>4:07.69</b>	701
	50m:	28.56	150m:	31.14	250m:	31.31	350m:	31.80	
	100m:	31.18	200m:	31.43	300m:	31.58	400m:	30.69	
15.				05		3		<b>4:07.97</b>	699
	50m:	28.56	150m:	30.84	250m:	30.84	350m:	31.95	
	100m:	31.34	200m:	31.15	300m:	31.50	400m:	31.79	

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СК "Акватория ЗИЛ"  
бассейн 50 м.

2, , 400m

WA

16.				08		"	"	<b>4:08.84</b>	691
	50m:	28.02	150m:	31.41	250m:	31.99	350m:	31.88	
	100m:	30.45	200m:	31.37	300m:	32.27	400m:	31.45	
17.				06			3	<b>4:08.92</b>	691
	50m:	28.66	150m:	31.08	250m:	31.89	350m:	31.25	
	100m:	31.22	200m:	31.99	300m:	32.43	400m:	30.40	
18.				03				<b>4:10.04</b>	681
	50m:	26.89	150m:	30.90	250m:	32.59	350m:	33.00	
	100m:	29.13	200m:	31.73	300m:	32.82	400m:	32.98	
19.				04				<b>4:10.08</b>	681
	50m:	27.56	150m:	31.92	250m:	31.50	350m:	32.99	
	100m:	31.00	200m:	31.43	300m:	32.52	400m:	31.16	
20.				05				<b>4:10.75</b>	676
	50m:	28.00	150m:	32.43	250m:	31.83	350m:	32.46	
	100m:	31.34	200m:	32.23	300m:	32.05	400m:	30.41	
21.				07			3	<b>4:10.89</b>	674
	50m:	29.08	150m:	31.48	250m:	31.61	350m:	32.61	
	100m:	30.88	200m:	31.58	300m:	32.26	400m:	31.39	
22.				06				<b>4:12.08</b>	665
	50m:	29.22	150m:	31.57	250m:	31.98	350m:	31.17	
	100m:	31.40	200m:	32.65	300m:	33.03	400m:	31.06	
23.				09				<b>4:12.79</b>	659
	50m:	28.73	150m:	32.52	250m:	32.30	350m:	31.36	
	100m:	32.44	200m:	32.54	300m:	32.70	400m:	30.20	
24.				07				<b>4:12.81</b>	659
	50m:	27.96	150m:	31.71	250m:	32.68	350m:	32.26	
	100m:	31.93	200m:	32.66	300m:	32.94	400m:	30.67	
25.				07				<b>4:13.18</b>	656
	50m:	28.90	150m:	31.36	250m:	32.28	350m:	31.99	
	100m:	32.10	200m:	32.37	300m:	32.60	400m:	31.58	
26.				07			3	<b>4:13.62</b>	653
	50m:	27.65	150m:	32.19	250m:	33.04	350m:	32.98	
	100m:	31.15	200m:	32.53	300m:	32.89	400m:	31.19	
27.				09				<b>4:13.97</b>	650
	50m:	28.22	150m:	32.28	250m:	33.12	350m:	32.47	
	100m:	31.66	200m:	33.18	300m:	33.50	400m:	29.54	
28.				06				<b>4:14.55</b>	646
	50m:	27.99	150m:	32.49	250m:	32.69	350m:	32.90	
	100m:	31.07	200m:	32.67	300m:	33.10	400m:	31.64	
29.				06			3	<b>4:14.68</b>	645
	50m:	28.53	150m:	32.07	250m:	32.96	350m:	33.22	
	100m:	30.97	200m:	32.35	300m:	32.90	400m:	31.68	
30.				05				<b>4:15.01</b>	642
	50m:	27.03	150m:	31.56	250m:	33.43	350m:	33.28	
	100m:	30.90	200m:	32.65	300m:	33.80	400m:	32.36	
31.				08				<b>4:16.08</b>	634
	50m:	29.84	150m:	32.82	250m:	33.11	350m:	32.30	
	100m:	31.97	200m:	32.84	300m:	33.11	400m:	30.09	

19-22 2024 .

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19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

2, , 400m

WA

32.				07					<b>4:16.46</b>	631
	50m:	29.26	150m:	32.48	250m:	32.53	350m:	32.95		
	100m:	31.70	200m:	32.64	300m:	32.72	400m:	32.18		
33.				08				3	<b>4:16.76</b>	629
	50m:	28.87	150m:	32.53	250m:	34.16	350m:	33.54		
	100m:	31.68	200m:	32.78	300m:	32.13	400m:	31.07		
34.				07				" "	<b>4:17.60</b>	623
	50m:	28.69	150m:	31.90	250m:	33.30	350m:	33.33		
	100m:	31.09	200m:	33.01	300m:	33.68	400m:	32.60		
35.				03				" "	<b>4:17.71</b>	622
	50m:	28.62	150m:	32.68	250m:	32.48	350m:	33.07		
	100m:	31.79	200m:	33.44	300m:	33.13	400m:	32.50		
36.				08					<b>4:17.83</b>	621
	50m:	28.23	150m:	32.44	250m:	33.13	350m:	33.82		
	100m:	31.30	200m:	32.51	300m:	34.01	400m:	32.39		
37.				09					<b>4:17.99</b>	620
	50m:	28.63	150m:	32.77	250m:	33.21	350m:	33.08		
	100m:	32.28	200m:	33.18	300m:	33.17	400m:	31.67		
38.				02				" "	<b>4:18.33</b>	618
	50m:	28.58	150m:	31.88	250m:	33.23	350m:	33.92		
	100m:	30.85	200m:	32.69	300m:	33.93	400m:	33.25		
39.				06				" "	<b>4:18.82</b>	614
	50m:	28.34	150m:	33.22	250m:	33.64	350m:	32.88		
	100m:	32.13	200m:	33.02	300m:	32.95	400m:	32.64		
40.				08				" "	<b>4:19.41</b>	610
	50m:	28.95	150m:	33.08	250m:	33.48	350m:	32.88		
	100m:	32.61	200m:	33.75	300m:	33.40	400m:	31.26		
41.				09				" "	<b>4:19.52</b>	609
	50m:	28.77	150m:	33.60	250m:	33.07	350m:	33.83		
	100m:	32.56	200m:	33.78	300m:	32.24	400m:	31.67		
42.				08					<b>4:20.08</b>	605
	50m:	29.04	150m:	33.01	250m:	33.03	350m:	33.01		
	100m:	32.46	200m:	33.60	300m:	33.44	400m:	32.49		
43.				06					<b>4:20.29</b>	604
	50m:	28.64	150m:	33.12	250m:	33.41	350m:	33.45		
	100m:	32.31	200m:	33.39	300m:	33.50	400m:	32.47		
44.				09					<b>4:22.10</b>	591
	50m:	29.08	150m:	33.91	250m:	33.83	350m:	33.26		
	100m:	32.76	200m:	34.18	300m:	33.98	400m:	31.10		
45.				07				" "	<b>4:22.63</b>	588
	50m:	29.41	150m:	32.99	250m:	33.61	350m:	33.54		
	100m:	32.65	200m:	33.83	300m:	34.38	400m:	32.22		
46.				06				-70 "	<b>4:23.04</b>	585
	50m:	29.32	150m:	33.33	250m:	33.86	350m:	33.83		
	100m:	32.56	200m:	33.59	300m:	33.80	400m:	32.75		
47.				08				" "	<b>4:24.21</b>	577
	50m:	29.60	150m:	32.89	250m:	34.11	350m:	34.33		
	100m:	31.99	200m:	33.63	300m:	34.21	400m:	33.45		

19-22 2024 .

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СК "Акватория ЗИЛ"  
бассейн 50 м.

2, , 400m

								WA	
48.			08					<b>4:26.73</b>	561
	50m:	29.13	150m:	33.18	250m:	33.92	350m:	34.62	
	100m:	32.87	200m:	33.85	300m:	34.77	400m:	34.39	
49.			08					<b>4:28.41</b>	551
	50m:	28.22	150m:	33.88	250m:	34.98	350m:	35.04	
	100m:	31.53	200m:	34.46	300m:	35.42	400m:	34.88	
50.			08					<b>4:30.94</b>	535
	50m:	30.48	150m:	33.72	250m:	34.76	350m:	34.56	
	100m:	33.05	200m:	35.07	300m:	35.51	400m:	33.79	
51.			08					<b>4:38.38</b>	494
	50m:	29.70	150m:	35.15	250m:	35.81	350m:	36.07	
	100m:	33.64	200m:	35.71	300m:	36.75	400m:	35.55	
52.			08					<b>4:44.50</b>	462
	50m:	29.73	150m:	37.74	250m:	38.36	350m:	31.53	
	100m:	36.15	200m:	37.99	300m:	37.97	400m:	35.03	

3

, 100m

19.03.2024 - 10:35

57.17

13.04.2017

: FINA 2024

								WA	
1.			02					<b>1:00.68</b>	764
	50m:	27.69	100m:	32.99					
2.			09					<b>1:01.11</b>	748
	50m:	29.04	100m:	32.07					
3.			05					<b>1:01.13</b>	747
	50m:	28.28	100m:	32.85					
4.			04					<b>1:01.22</b>	744
	50m:	28.50	100m:	32.72					
5.			09					<b>1:02.29</b>	706
	50m:	28.56	100m:	33.73					
6.			08					<b>1:02.30</b>	706
	50m:	29.09	100m:	33.21					
7.			05					<b>1:02.86</b>	687
	50m:	29.35	100m:	33.51					
8.			09					<b>1:03.74</b>	659
	50m:	29.82	100m:	33.92					
9.			02					<b>1:03.80</b>	657
	50m:	28.57	100m:	35.23					
10.			07					<b>1:04.18</b>	645
	50m:	29.83	100m:	34.35					
11.			10					<b>1:04.23</b>	644
	50m:	30.16	100m:	34.07					
12.			08					<b>1:04.57</b>	634
	50m:	29.80	100m:	34.77					

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

3, , 100m ,

WA

13.				09	"	"	<b>1:04.61</b>	633
	50m:	30.02	100m:	34.59				
14.				06	"	"	<b>1:04.96</b>	622
	50m:	30.58	100m:	34.38				
15.				97			<b>1:05.06</b>	620
	50m:	29.55	100m:	35.51				
16.				06	-70 "	"	<b>1:05.70</b>	602
	50m:	30.61	100m:	35.09				
17.				10			<b>1:05.71</b>	601
	50m:	30.16	100m:	35.55				
18.				08			<b>1:05.93</b>	595
	50m:	30.54	100m:	35.39				
19.				08			<b>1:05.97</b>	594
	50m:	30.37	100m:	35.60				
20.				04	"	"	<b>1:06.40</b>	583
	50m:	30.40	100m:	36.00				
21.				04			<b>1:06.63</b>	577
	50m:	31.45	100m:	35.18				
22.				07	"	"	<b>1:06.69</b>	575
	50m:	31.42	100m:	35.27				
23.				00	"	"	<b>1:06.86</b>	571
	50m:	30.76	100m:	36.10				
24.				07			<b>1:06.87</b>	571
	50m:	31.44	100m:	35.43				
25.				10			<b>1:06.89</b>	570
	50m:	31.26	100m:	35.63				
26.				06	"	"	<b>1:07.32</b>	559
	50m:	30.93	100m:	36.39				
27.				08	"	"	<b>1:07.33</b>	559
	50m:	31.67	100m:	35.66				
28.				10	"	"	<b>1:08.10</b>	540
	50m:	31.01	100m:	37.09				
29.				07	"	"	<b>1:08.14</b>	539
	50m:	30.71	100m:	37.43				
30.				04		3	<b>1:08.61</b>	528
	50m:	30.01	100m:	38.60				
31.				09			<b>1:08.86</b>	523
	50m:	31.74	100m:	37.12				
32.				07			<b>1:08.92</b>	521
	50m:	31.86	100m:	37.06				
33.				08	"	"	<b>1:08.94</b>	521
	50m:	31.65	100m:	37.29				
34.				10	"	"	<b>1:09.01</b>	519
	50m:	31.53	100m:	37.48				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

3, , 100m

35.			09		"	"	<b>1:09.07</b>	518	WA
	50m:	31.14	100m:	37.93					
36.			04		"	"	<b>1:09.63</b>	505	
	50m:	31.17	100m:	38.46					
37.			07		"	"	<b>1:10.05</b>	496	
	50m:	29.87	100m:	40.18					
38.			00		"	"	<b>1:10.37</b>	490	
	50m:	31.26	100m:	39.11					
39.			07		"	"	<b>1:11.59</b>	465	
	50m:	30.89	100m:	40.70					
40.			08		"	"	<b>1:11.67</b>	463	
	50m:	32.00	100m:	39.67					

4, , 100m

19.03.2024 - 10:45

50.88

22.04.2023

: FINA 2024

1.			95		"	"	<b>53.47</b>	790	WA
	50m:	24.87	100m:	28.60					
2.			02		-		<b>54.17</b>	760	
	50m:	25.26	100m:	28.91					
3.			99		"	"	<b>54.44</b>	749	
	50m:	25.49	100m:	28.95					
4.			08				<b>54.68</b>	739	
	50m:	25.13	100m:	29.55					
5.			98		"	"	<b>54.88</b>	731	
	50m:	25.88	100m:	29.00					
6.			06				<b>54.90</b>	730	
	50m:	25.33	100m:	29.57					
7.			05			3	<b>54.93</b>	729	
	50m:	25.77	100m:	29.16					
8.			95		"	"	<b>54.94</b>	729	
	50m:	25.40	100m:	29.54					
9.			04		-		<b>55.17</b>	720	
	50m:	25.80	100m:	29.37					
10.			05			3	<b>55.23</b>	717	
	50m:	25.36	100m:	29.87					
11.			04			3	<b>55.39</b>	711	
	50m:	25.42	100m:	29.97					
12.			00		-		<b>55.41</b>	710	
	50m:	26.13	100m:	29.28					

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

4, , 100m ,

WA

13.				06	"	"	<b>55.49</b>	707
	50m:	25.65	100m:	29.84				
14.				03			<b>55.50</b>	707
	50m:	26.12	100m:	29.38				
15.				07			<b>55.90</b>	692
	50m:	25.71	100m:	30.19				
16.				04			<b>55.97</b>	689
	50m:	25.74	100m:	30.23				
17.				00		3	<b>56.18</b>	681
	50m:	26.31	100m:	29.87				
18.				02	"	"	<b>56.21</b>	680
	50m:	26.57	100m:	29.64				
19.				01	"	"	<b>56.31</b>	677
	50m:	26.29	100m:	30.02				
20.				07			<b>56.54</b>	669
	50m:	25.81	100m:	30.73				
21.				00	"	"	<b>56.56</b>	668
	50m:	26.60	100m:	29.96				
22.				09	"	"	<b>56.71</b>	663
	50m:	26.49	100m:	30.22				
23.				06			<b>56.76</b>	661
	50m:	26.26	100m:	30.50				
24.				08			<b>56.78</b>	660
	50m:	26.21	100m:	30.57				
25.				07	"	"	<b>56.99</b>	653
	50m:	25.89	100m:	31.10				
26.				05		3	<b>57.01</b>	652
	50m:	26.89	100m:	30.12				
27.				03	"	"	<b>57.06</b>	650
	50m:	26.88	100m:	30.18				
28.				05	"	"	<b>57.07</b>	650
	50m:	26.73	100m:	30.34				
29.				06	"	"	<b>57.11</b>	649
	50m:	26.69	100m:	30.42				
30.				05	"	"	<b>57.17</b>	647
	50m:	27.63	100m:	29.54				
31.				03	"	"	<b>57.36</b>	640
	50m:	25.93	100m:	31.43				
32.				04			<b>57.44</b>	638
	50m:	25.90	100m:	31.54				
33.				07			<b>57.49</b>	636
	50m:	26.70	100m:	30.79				
34.				07			<b>57.56</b>	634
	50m:	26.43	100m:	31.13				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

4, , 100m ,

WA

35.				09			<b>57.62</b>	632
	50m:	27.45	100m:	30.17				
36.				05	"	"	<b>57.65</b>	631
	50m:	26.91	100m:	30.74				
37.				08	"	"	<b>57.66</b>	630
	50m:	27.03	100m:	30.63				
38.				04	"	"	<b>57.79</b>	626
	50m:	26.94	100m:	30.85				
39.				07	"	"	<b>57.82</b>	625
	50m:	26.94	100m:	30.88				
40.				04			<b>57.87</b>	623
	50m:	26.01	100m:	31.86				
				05	"	"	<b>57.87</b>	623
	50m:	26.79	100m:	31.08				
42.				05			<b>57.91</b>	622
	50m:	26.86	100m:	31.05				
43.				06			<b>57.96</b>	621
	50m:	27.16	100m:	30.80				
				06			<b>57.96</b>	621
	50m:	26.78	100m:	31.18				
45.				09	"	"	<b>58.13</b>	615
	50m:	27.43	100m:	30.70				
46.				05	"	"	<b>58.14</b>	615
	50m:	26.91	100m:	31.23				
47.				03	"	"	<b>58.23</b>	612
	50m:	27.08	100m:	31.15				
48.				05			<b>58.32</b>	609
	50m:	26.14	100m:	32.18				
49.				02	"	"	<b>58.36</b>	608
	50m:	26.68	100m:	31.68				
50.				07	"	"	<b>58.42</b>	606
	50m:	27.17	100m:	31.25				
				02	-		<b>58.42</b>	606
	50m:	26.72	100m:	31.70				
52.				06	-		<b>58.50</b>	603
	50m:	27.43	100m:	31.07				
53.				06	"	"	<b>58.65</b>	599
	50m:	27.85	100m:	30.80				
				09	"	"	<b>58.65</b>	599
	50m:	27.11	100m:	31.54				
55.				05			<b>58.66</b>	599
	50m:	27.29	100m:	31.37				
				09			<b>58.66</b>	599
	50m:	28.04	100m:	30.62				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

4, , 100m ,

WA

57.				06	"	"	<b>58.79</b>	595
	50m:	27.23	100m:	31.56				
58.				07	"	"	<b>58.85</b>	593
	50m:	27.47	100m:	31.38				
59.				05	"	"	<b>58.96</b>	589
	50m:	27.59	100m:	31.37				
60.				08	"	"	<b>59.10</b>	585
	50m:	27.19	100m:	31.91				
61.				08	"	"	<b>59.11</b>	585
	50m:	28.11	100m:	31.00				
62.				08	"	"	<b>59.21</b>	582
	50m:	27.78	100m:	31.43				
				08	"	"	<b>59.21</b>	582
	50m:	27.58	100m:	31.63				
64.				05	"	"	<b>59.22</b>	582
	50m:	27.57	100m:	31.65				
65.				08			<b>59.27</b>	580
	50m:	27.68	100m:	31.59				
66.				06	"	"	<b>59.28</b>	580
	50m:	27.77	100m:	31.51				
67.				08	"	"	<b>59.39</b>	577
	50m:	27.26	100m:	32.13				
68.				06	"	"	<b>59.58</b>	571
	50m:	27.43	100m:	32.15				
69.				07	-70	"	<b>59.62</b>	570
	50m:	26.94	100m:	32.68				
70.				06			<b>59.63</b>	570
	50m:	28.16	100m:	31.47				
71.				06	"	"	<b>59.69</b>	568
	50m:	27.59	100m:	32.10				
72.				03	"	"	<b>59.71</b>	568
	50m:	27.80	100m:	31.91				
73.				05			<b>1:00.08</b>	557
	50m:	27.03	100m:	33.05				
74.				09	"	"	<b>1:00.09</b>	557
	50m:	27.84	100m:	32.25				
75.				09	-70	"	<b>1:00.13</b>	556
	50m:	28.45	100m:	31.68				
76.				07			<b>1:00.21</b>	553
	50m:	27.51	100m:	32.70				
77.				06	"	"	<b>1:00.25</b>	552
	50m:	27.30	100m:	32.95				
78.				08	"	"	<b>1:00.27</b>	552
	50m:	27.73	100m:	32.54				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

4, , 100m ,

WA

79.				05				<b>1:00.47</b>	546	I
	50m:	27.84	100m:	32.63						
80.				08		"	"	<b>1:00.58</b>	543	I
	50m:	27.71	100m:	32.87						
81.				07		"	"	<b>1:00.64</b>	542	I
	50m:	27.72	100m:	32.92						
82.				06				<b>1:00.71</b>	540	I
	50m:	28.71	100m:	32.00						
83.				09	I	"	"	<b>1:00.82</b>	537	I
	50m:	28.44	100m:	32.38						
84.				10	I			<b>1:00.83</b>	537	I
	50m:	28.38	100m:	32.45						
85.				08	I			<b>1:00.88</b>	535	I
	50m:	28.58	100m:	32.30						
86.				08				<b>1:00.89</b>	535	I
	50m:	28.70	100m:	32.19						
87.				04		"	"	<b>1:01.02</b>	532	I
	50m:	27.44	100m:	33.58						
88.				08				<b>1:01.15</b>	528	I
	50m:	28.53	100m:	32.62						
89.				04			3	<b>1:01.17</b>	528	I
	50m:	28.55	100m:	32.62						
90.				08	I	"	"	<b>1:01.18</b>	528	I
	50m:	28.09	100m:	33.09						
91.				07		"	"	<b>1:01.25</b>	526	I
	50m:	28.33	100m:	32.92						
92.				08		"	"	<b>1:01.39</b>	522	I
	50m:	28.91	100m:	32.48						
93.				08	I	"	"	<b>1:01.78</b>	512	I
	50m:	28.86	100m:	32.92						
94.				09	I			<b>1:01.87</b>	510	I
	50m:	28.66	100m:	33.21						
95.				07	I	"	"	<b>1:02.14</b>	503	I
	50m:	28.21	100m:	33.93						
96.				07		"	"	<b>1:02.28</b>	500	I
	50m:	28.05	100m:	34.23						
97.				07		"	"	<b>1:02.57</b>	493	I
	50m:	28.46	100m:	34.11						
98.				05	I	"	"	<b>1:02.58</b>	493	I
	50m:	27.83	100m:	34.75						
99.				07		"	"	<b>1:02.67</b>	491	I
	50m:	28.59	100m:	34.08						
100.				07	I	"	"	<b>1:03.83</b>	464	
	50m:	28.17	100m:	35.66						

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

4, , 100m ,

WA

DSQ , 08 " "

EXH , 05 **1:00.25** 552 I  
50m: 27.54 100m: 32.71

5 , 100m

19.03.2024 - 11:45

59.46 ,

12.04.2019

: FINA 2024

WA

1.				06	" "	<b>1:02.61</b>	767
	50m:	30.44	100m:	32.17			
2.				02	" " "	<b>1:03.51</b>	735
	50m:	30.79	100m:	32.72			
3.				05	" "	<b>1:03.88</b>	722
	50m:	30.79	100m:	33.09			
4.				04	" "	<b>1:04.27</b>	709
	50m:	31.26	100m:	33.01			
5.				09	" "	<b>1:04.61</b>	698
	50m:	31.06	100m:	33.55			
6.				09	" "	<b>1:04.63</b>	697
	50m:	30.64	100m:	33.99			
				07	" "	<b>1:04.63</b>	697
	50m:	32.46	100m:	32.17			
8.				08	" "	<b>1:04.77</b>	693
	50m:	30.87	100m:	33.90			
9.				09	" "	<b>1:04.80</b>	692
	50m:	31.62	100m:	33.18			
10.				09	" "	<b>1:04.83</b>	691
	50m:	31.31	100m:	33.52			
11.				09	" " "	<b>1:05.14</b>	681
	50m:	31.32	100m:	33.82			
12.				08	" "	<b>1:05.24</b>	678
	50m:	32.36	100m:	32.88			
13.				08	" "	<b>1:05.36</b>	674
	50m:	31.39	100m:	33.97			
14.				06	" " "	<b>1:05.58</b>	668
	50m:	31.38	100m:	34.20			
15.				07	" "	<b>1:05.63</b>	666
	50m:	32.27	100m:	33.36			
16.				06	" "	<b>1:05.66</b>	665
	50m:	31.67	100m:	33.99			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

5, , 100m ,

WA

17.				02	"	"	<b>1:05.95</b>	656
	50m:	32.24	100m:	33.71				
18.				07	"	"	<b>1:06.02</b>	654
	50m:	32.44	100m:	33.58				
19.				09			<b>1:06.40</b>	643
	50m:	32.31	100m:	34.09				
20.				07			<b>1:06.51</b>	640
	50m:	30.85	100m:	35.66				
21.				06	"	"	<b>1:06.62</b>	637
	50m:	32.24	100m:	34.38				
22.				07		3	<b>1:06.86</b>	630
	50m:	31.87	100m:	34.99				
23.				07			<b>1:07.05</b>	625
	50m:	32.94	100m:	34.11				
24.				07	"	"	<b>1:07.17</b>	621
	50m:	33.31	100m:	33.86				
25.				06			<b>1:07.21</b>	620
	50m:	31.92	100m:	35.29				
26.				07			<b>1:07.35</b>	616
	50m:	32.13	100m:	35.22				
27.				09			<b>1:07.43</b>	614
	50m:	32.27	100m:	35.16				
28.				08			<b>1:07.44</b>	614
	50m:	32.35	100m:	35.09				
29.				06	"	"	<b>1:07.55</b>	611
	50m:	32.22	100m:	35.33				
30.				08	"	"	<b>1:07.65</b>	608
	50m:	32.35	100m:	35.30				
31.				08	"	"	<b>1:07.96</b>	600
	50m:	32.83	100m:	35.13				
32.				10	-70	"	<b>1:08.05</b>	597
	50m:	33.98	100m:	34.07				
33.				07	"	"	<b>1:08.25</b>	592
	50m:	32.67	100m:	35.58				
34.				07		3	<b>1:08.35</b>	590
	50m:	33.12	100m:	35.23				
35.				09			<b>1:08.50</b>	586
	50m:	33.48	100m:	35.02				
36.				10	"	"	<b>1:08.60</b>	583
	50m:	32.67	100m:	35.93				
37.				07			<b>1:08.77</b>	579
	50m:	33.35	100m:	35.42				
38.				06	"	"	<b>1:08.83</b>	577
	50m:	32.95	100m:	35.88				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.



5,	, 100m	,	WA
39.	50m: 32.62 100m: 36.25	09 " "	<b>1:08.87</b> 576
40.	50m: 32.77 100m: 36.11	05 " "	<b>1:08.88</b> 576
41.	50m: 33.46 100m: 35.48	05	<b>1:08.94</b> 575
42.	50m: 33.56 100m: 35.58	07	<b>1:09.14</b> 570
43.	50m: 33.65 100m: 35.57	05 " "	<b>1:09.22</b> 568
44.	50m: 33.11 100m: 36.27	10	<b>1:09.38</b> 564
45.	50m: 33.35 100m: 36.13	06 " "	<b>1:09.48</b> 561
46.	50m: 34.10 100m: 35.42	08	<b>1:09.52</b> 560
	50m: 33.28 100m: 36.24	10 " "	<b>1:09.52</b> 560
48.	50m: 32.77 100m: 36.86	06 -70 " "	<b>1:09.63</b> 558
49.	50m: 32.47 100m: 37.24	09	<b>1:09.71</b> 556
50.	50m: 33.75 100m: 36.04	09	<b>1:09.79</b> 554
51.	50m: 1:09.82 100m:	10   " " "	<b>1:09.82</b> 553
52.	50m: 34.20 100m: 35.66	08 -	<b>1:09.86</b> 552
53.	50m: 33.82 100m: 36.12	10 " " "	<b>1:09.94</b> 550
54.	50m: 32.89 100m: 37.11	07 " "	<b>1:10.00</b> 549
55.	50m: 33.78 100m: 36.26	09 " " "	<b>1:10.04</b> 548
56.	50m: 34.10 100m: 36.10	07 " " "	<b>1:10.20</b> 544
57.	50m: 34.15 100m: 36.20	08 " "	<b>1:10.35</b> 541
58.	50m: 33.62 100m: 36.74	08 " "	<b>1:10.36</b> 540
59.	50m: 33.64 100m: 36.75	05 " " "	<b>1:10.39</b> 540
60.	50m: 34.39 100m: 36.17	07   " "	<b>1:10.56</b> 536

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

5, , 100m ,

WA

61.				10	"	"	<b>1:11.19</b>	522	I
	50m:	1:11.19	100m:						
62.				10	I		<b>1:11.25</b>	520	I
	50m:	33.98	100m:	37.27					
63.				09	"	"	<b>1:11.37</b>	518	I
	50m:	34.18	100m:	37.19					
64.				08	"	"	<b>1:11.46</b>	516	I
	50m:	33.98	100m:	37.48					
65.				06	"	"	<b>1:11.56</b>	514	I
	50m:	34.64	100m:	36.92					
				05	"	"	<b>1:11.56</b>	514	I
	50m:	32.57	100m:	38.99					
67.				09	"	"	<b>1:11.75</b>	510	I
	50m:	34.71	100m:	37.04					
68.				08	I		<b>1:11.77</b>	509	I
	50m:	34.39	100m:	37.38					
69.				09	I		<b>1:11.81</b>	508	I
	50m:	33.83	100m:	37.98					
70.				06	"	"	<b>1:11.87</b>	507	I
	50m:	35.01	100m:	36.86					
71.				08	"	"	<b>1:11.89</b>	507	I
	50m:	34.43	100m:	37.46					
72.				10	"	"	<b>1:12.18</b>	501	I
	50m:	35.12	100m:	37.06					
73.				08	"	"	<b>1:12.21</b>	500	I
	50m:	34.41	100m:	37.80					
74.				10	"	"	<b>1:12.40</b>	496	I
	50m:	34.88	100m:	37.52					
75.				08	-70	"	<b>1:12.51</b>	494	I
	50m:	33.43	100m:	39.08					
76.				07	-		<b>1:12.57</b>	493	I
	50m:	33.83	100m:	38.74					
77.				06	"	"	<b>1:12.68</b>	490	I
	50m:	34.46	100m:	38.22					
78.				07			<b>1:12.97</b>	484	I
	50m:	35.19	100m:	37.78					
79.				10	I	"	<b>1:16.80</b>	415	
	50m:	37.40	100m:	39.40					

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

6

, 100m

19.03.2024 - 12:05

51.82

31.07.2023

: FINA 2024

WA

1.	,			03				<b>56.39</b>	766
	50m:	27.36	100m:	29.03					
2.	,			05	-			<b>56.50</b>	761
	50m:	27.19	100m:	29.31					
3.	,			07	"	"		<b>56.54</b>	760
	50m:	27.73	100m:	28.81					
4.	,			05				<b>57.00</b>	741
	50m:	27.78	100m:	29.22					
5.	,			04	"	"		<b>57.03</b>	740
	50m:	28.16	100m:	28.87					
6.	,			05	"	"		<b>57.04</b>	740
	50m:	27.46	100m:	29.58					
7.	,			06	"	"		<b>57.49</b>	723
	50m:	28.26	100m:	29.23					
8.	,			07	"	"		<b>57.57</b>	720
	50m:	27.89	100m:	29.68					
9.	,			05		3		<b>57.66</b>	716
	50m:	27.75	100m:	29.91					
10.	,			09	"	"		<b>58.10</b>	700
	50m:	28.53	100m:	29.57					
11.	,			07				<b>58.11</b>	700
	50m:	28.62	100m:	29.49					
12.	,			06	"	"		<b>58.29</b>	693
	50m:	28.13	100m:	30.16					
13.	,			08				<b>58.32</b>	692
	50m:	28.12	100m:	30.20					
14.	,			07	"	"	"	<b>58.67</b>	680
	50m:	27.71	100m:	30.96					
15.	,			04	"	"		<b>59.02</b>	668
	50m:	28.49	100m:	30.53					
16.	,			07				<b>59.35</b>	657
	50m:	28.94	100m:	30.41					
17.	,			03	-			<b>59.36</b>	656
	50m:	28.06	100m:	31.30					
18.	,			07	"	"		<b>59.41</b>	655
	50m:	29.05	100m:	30.36					
19.	,			07				<b>59.64</b>	647
	50m:	28.96	100m:	30.68					
20.	,			06				<b>59.67</b>	646
	50m:	28.46	100m:	31.21					

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

6, , 100m ,

WA

20.				07	3	<b>59.67</b>	646
	50m:	28.30	100m:	31.37			
22.				07		<b>59.77</b>	643
	50m:	28.44	100m:	31.33			
23.				07	3	<b>59.90</b>	639
	50m:	28.31	100m:	31.59			
24.				05		<b>1:00.11</b>	632
	50m:	29.55	100m:	30.56			
25.				07	" " "	<b>1:00.16</b>	630
	50m:	29.20	100m:	30.96			
26.				07	" "	<b>1:00.24</b>	628
	50m:	29.32	100m:	30.92			
27.				08	" "	<b>1:00.25</b>	628
	50m:	29.22	100m:	31.03			
28.				06	" "	<b>1:00.40</b>	623
	50m:	1:00.40	100m:				
29.				06	" " "	<b>1:00.41</b>	623
	50m:	29.38	100m:	31.03			
30.				06	" "	<b>1:00.53</b>	619
	50m:	29.67	100m:	30.86			
31.				08	" "	<b>1:00.55</b>	618
	50m:	29.50	100m:	31.05			
32.				04	" "	<b>1:00.75</b>	612
	50m:	29.94	100m:	30.81			
33.				06	-	<b>1:00.78</b>	611
	50m:	29.26	100m:	31.52			
34.				09		<b>1:00.87</b>	609
	50m:	29.73	100m:	31.14			
35.				07		<b>1:01.02</b>	604
	50m:	29.00	100m:	32.02			
36.				07		<b>1:01.36</b>	594
	50m:	28.84	100m:	32.52			
37.				07	" "	<b>1:01.40</b>	593
	50m:	28.65	100m:	32.75			
38.				08		<b>1:01.48</b>	591
	50m:	30.19	100m:	31.29			
39.				09		<b>1:01.59</b>	588
	50m:	30.20	100m:	31.39			
40.				08	" "	<b>1:01.69</b>	585
	50m:	30.10	100m:	31.59			
41.				06	-	<b>1:01.72</b>	584
	50m:	30.01	100m:	31.71			
42.				04	" "	<b>1:01.79</b>	582
	50m:	29.38	100m:	32.41			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

6, , 100m ,

WA

43.				06	"	"	<b>1:01.82</b>	581
	50m:	30.18	100m:	31.64				
44.				05			<b>1:01.84</b>	580
	50m:	28.81	100m:	33.03				
				05			<b>1:01.84</b>	580
	50m:	29.30	100m:	32.54				
46.				07	"	"	<b>1:01.87</b>	580
	50m:	29.63	100m:	32.24				
47.				06			<b>1:01.89</b>	579
	50m:	29.65	100m:	32.24				
48.				07			<b>1:01.92</b>	578
	50m:	29.87	100m:	32.05				
49.				09	"	"	<b>1:01.93</b>	578
	50m:	29.78	100m:	32.15				
50.				08			<b>1:01.96</b>	577
	50m:	30.09	100m:	31.87				
51.				06		3	<b>1:02.13</b>	572
	50m:	29.94	100m:	32.19				
52.				08	"	"	<b>1:02.18</b>	571
	50m:	28.92	100m:	33.26				
53.				07			<b>1:02.29</b>	568
	50m:	30.26	100m:	32.03				
54.				95	"	"	<b>1:02.37</b>	566
	50m:	31.11	100m:	31.26				
55.				06		3	<b>1:02.38</b>	565
	50m:	30.31	100m:	32.07				
56.				07	"	"	<b>1:02.40</b>	565
	50m:	29.98	100m:	32.42				
57.				06	"	"	<b>1:02.53</b>	561
	50m:	29.80	100m:	32.73				
58.				05			<b>1:02.70</b>	557
	50m:	29.83	100m:	32.87				
59.				05			<b>1:02.82</b>	554
	50m:	29.99	100m:	32.83				
60.				06			<b>1:02.86</b>	553
	50m:	29.99	100m:	32.87				
				09	-70 "	"	<b>1:02.86</b>	553
	50m:	30.49	100m:	32.37				
62.				03	"	"	<b>1:03.03</b>	548
	50m:	29.84	100m:	33.19				
63.				10			<b>1:03.29</b>	541
	50m:	31.09	100m:	32.20				
64.				08	"	"	<b>1:03.41</b>	538
	50m:	30.50	100m:	32.91				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

6, , 100m ,

WA

65.	,			07		-70 "	"	<b>1:03.46</b>	537	
	50m:	30.13	100m:	33.33						
66.	,			09		" "	"	<b>1:03.47</b>	537	
	50m:	30.36	100m:	33.11						
67.	,			10				<b>1:03.51</b>	536	
	50m:	31.19	100m:	32.32						
68.	,			09				<b>1:03.55</b>	535	
	50m:	30.58	100m:	32.97						
69.	,			06		"	"	<b>1:03.62</b>	533	
	50m:	30.49	100m:	33.13						
70.	,			07		"	"	<b>1:03.79</b>	529	
	50m:	30.70	100m:	33.09						
71.	,			07		-70 "	"	<b>1:03.86</b>	527	
	50m:	30.95	100m:	32.91						
72.	,			04		"	"	<b>1:04.04</b>	523	
	50m:	30.95	100m:	33.09						
73.	,			07		"	"	<b>1:04.15</b>	520	
	50m:	29.97	100m:	34.18						
	,			07		" "	"	<b>1:04.15</b>	520	
	50m:	30.22	100m:	33.93						
75.	,			07		"	"	<b>1:04.30</b>	516	
	50m:	30.28	100m:	34.02						
76.	,			07			3	<b>1:04.41</b>	514	
	50m:	29.96	100m:	34.45						
77.	,			05		"	"	<b>1:04.54</b>	511	
	50m:	30.66	100m:	33.88						
78.	,			08		"	"	<b>1:04.56</b>	510	
	50m:	30.38	100m:	34.18						
79.	,			07		"	"	<b>1:04.73</b>	506	
	50m:	31.21	100m:	33.52						
80.	,			05				<b>1:04.79</b>	505	
	50m:	30.45	100m:	34.34						
81.	,			07				<b>1:04.87</b>	503	
	50m:	30.84	100m:	34.03						
82.	,			05		-70 "	"	<b>1:04.93</b>	501	
	50m:	30.61	100m:	34.32						
83.	,			08		"	"	<b>1:05.08</b>	498	
	50m:	31.08	100m:	34.00						
84.	,			07		"	"	<b>1:05.58</b>	487	
	50m:	31.20	100m:	34.38						
DSQ	,			07		"	"			
DSQ	,			06		" "	"			
DSQ	,			08		" "	"			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

7

, 50m

19.03.2024 - 12:20

26.78

05.04.2021

: FINA 2024

WA

1.		04	"	"	<b>27.60</b>	831
2.		98	"	"	<b>28.02</b>	794
3.		06	-		<b>28.09</b>	788
4.		06	-		<b>28.20</b>	779
5.		95			<b>28.32</b>	769
6.		92	"	"	<b>28.50</b>	754
7.		04			<b>28.57</b>	749
		95	"	"	<b>28.57</b>	749
9.		04	"	"	<b>28.67</b>	741
10.		06		3	<b>28.83</b>	729
11.		04	"	"	<b>28.85</b>	727
12.		07		3	<b>28.89</b>	724
13.		04			<b>28.97</b>	718
14.		01			<b>29.00</b>	716
15.		06	"	"	<b>29.20</b>	701
16.		05		3	<b>29.35</b>	691
17.		02	"	"	<b>29.45</b>	684
18.		07			<b>29.50</b>	680
		03			<b>29.50</b>	680
20.		05		3	<b>29.52</b>	679
21.		01	"	"	<b>29.61</b>	673
22.		06	-		<b>29.64</b>	671
23.		08	"	"	<b>29.77</b>	662
24.		07	"	"	<b>29.86</b>	656
25.		06	"	"	<b>29.91</b>	653
26.		07	"	"	<b>29.98</b>	648
		05	-		<b>29.98</b>	648
28.		09	"	"	<b>30.07</b>	642
29.		06	"	"	<b>30.31</b>	627
30.		05	"	"	<b>30.33</b>	626
31.		06			<b>30.37</b>	623
32.		07	"	"	<b>30.38</b>	623
33.		06	"	"	<b>30.40</b>	622
34.		06		3	<b>30.47</b>	617
		05	"	"	<b>30.47</b>	617
36.		06			<b>30.52</b>	614
37.		03			<b>30.54</b>	613
		08	-		<b>30.54</b>	613
39.		08	"	"	<b>30.63</b>	608
40.		06	"	"	<b>30.65</b>	606
		08	"	"	<b>30.65</b>	606
42.		06	"	"	<b>30.70</b>	603
43.		07	"	"	<b>30.72</b>	602
44.		03	"	"	<b>30.82</b>	596
45.		06	"	"	<b>30.88</b>	593
		08	"	"	<b>30.88</b>	593

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

7, , 50m ,

						WA
47.	,	03	"	"	"	30.92 591
48.	,	09	"	"	"	30.98 587
49.	,	06	"	"	"	31.04 584
50.	,	06	"	"	"	31.10 580
51.	,	07	"	"	"	31.12 579
52.	,	04	"	"	"	31.13 579
	,	04	"	"	"	31.13 579
54.	,	09	"	"	"	31.15 578
55.	,	05	"	"	"	31.17 577
	,	07	"	"	"	31.17 577
57.	,	05	"	"	"	31.20 575
58.	,	04	"	"	"	31.30 569
	,	08	"	"	"	31.30 569
60.	,	06	"	"	"	31.39 564
61.	,	08	"	"	"	31.43 562
	,	07	"	"	"	31.43 562
63.	,	08		3		31.57 555
64.	,	06	-			31.61 553
65.	,	08	"	"	"	31.62 552
66.	,	05	"	"	"	31.72 547
67.	,	09	"	"	"	31.77 544
68.	,	06	-70 "	"	"	31.80 543
69.	,	07	"	"	"	31.85 540
	,	07	"	"	"	31.85 540
	,	08	"	"	"	31.85 540
72.	,	05	"	"	"	31.89 538
73.	,	07	"	"	"	32.13 526
74.	,	05	"	"	"	32.22 522
75.	,	07	"	"	"	32.50 509
76.	,	06	-	"	"	32.69 500
77.	,	05	"	"	"	32.78 496
78.	,	08	"	"	"	33.51 464
79.	,	06	"	"	"	33.52 463
80.	,	09	"	"	"	35.20 400
EXH	,	05	"	"	"	29.63 671

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

8

, 50m

19.03.2024 - 12:35

30.55

10.03.2021

: FINA 2024

									WA
1.		92						<b>30.98</b>	833
2.		97		"		"		<b>31.24</b>	813
3.		06		"	3			<b>32.38</b>	730
4.		04		"	"			<b>32.42</b>	727
5.		05		"		"		<b>32.44</b>	726
6.		05		"	"	"		<b>33.01</b>	689
7.		06		"	3			<b>33.36</b>	667
8.		08		"	"			<b>33.43</b>	663
9.		05						<b>33.52</b>	658
10.		07		"	3			<b>33.65</b>	650
11.		06		"		"		<b>33.72</b>	646
12.		08		-				<b>33.80</b>	642
13.		08		"	3			<b>33.94</b>	634
14.		07		"		"		<b>33.97</b>	632
15.		08						<b>34.02</b>	629
16.		05		"	"			<b>34.09</b>	625
17.		09		"	"	"		<b>34.12</b>	624
18.		07		"	"	"		<b>34.16</b>	622
19.		07		"	"	"		<b>34.18</b>	620
20.		08		-70	"	"		<b>34.21</b>	619
21.		08						<b>34.25</b>	617
22.		07		"	"	"		<b>34.35</b>	611
23.		08		"	3			<b>34.41</b>	608
24.		08		"	"			<b>34.49</b>	604
25.		08		"	"			<b>34.50</b>	603
26.		09	I					<b>34.53</b>	602
27.		09						<b>34.69</b>	593
		06		-				<b>34.69</b>	593
29.		08		"		"		<b>34.71</b>	592
30.		08		"	"	"		<b>34.82</b>	587
31.		07						<b>34.83</b>	586
32.		05						<b>34.86</b>	585
33.		08		-				<b>34.96</b>	580
34.		07		"	"	"		<b>34.97</b>	579
35.		09	II	"	"	"		<b>34.98</b>	579
36.		08		"	"			<b>35.01</b>	577
37.		09		-70	"	"		<b>35.06</b>	575
38.		07		"		"		<b>35.13</b>	571
39.		10		"	"	"		<b>35.37</b>	560
40.		07		"	"	"		<b>35.43</b>	557
41.		00		"		"		<b>35.51</b>	553
42.		07						<b>35.62</b>	548
43.		06		"	"	"		<b>35.68</b>	545
44.		07		"	"	"		<b>35.93</b>	534
45.		05		"		"		<b>36.02</b>	530
46.		06		"	"	"		<b>36.53</b>	508

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

8, , 50m ,

						WA
47.		07	"	"	"	<b>36.68</b> 502
48.		06	-70	"	"	<b>36.82</b> 496
		07	"	"	"	<b>36.82</b> 496
50.		06	"	"	"	<b>37.12</b> 484
51.		08				<b>37.35</b> 475
52.		10	"	"	"	<b>37.55</b> 468
53.		09	"	"	"	<b>39.34</b> 407
DSQ		07				

9 , 4 x 200m

19.03.2024 - 12:50

: FINA 2024

WA

1.	"	"	"	"	"	<b>7:32.99</b> 788		
			95	26.20	27.62	28.84	28.81	1:51.47
			04	26.01	29.48	30.18	29.28	1:54.95
			04	25.75	28.66	29.72	30.00	1:54.13
			05	25.89	28.66	29.00	28.89	1:52.44
2.	3				3			<b>7:43.07</b> 738
			06	26.56	29.52	30.08	30.41	1:56.57
			04	25.73	28.93	30.27	29.41	1:54.34
			02	27.24	29.86	30.51	29.52	1:57.13
			99	25.58	29.09	30.55	29.81	1:55.03
3.								<b>7:45.69</b> 726
			07	26.19	28.73	30.68	30.78	1:56.38
			07	26.94	29.35	30.05	29.96	1:56.30
			04	26.40	29.28	30.15	30.38	1:56.21
			03	27.01	29.93	30.25	29.61	1:56.80
4.	"	"			"	"		<b>7:46.63</b> 721
			07	26.67	29.13	29.96	30.10	1:55.86
			07	25.51	30.49	32.04	31.38	1:59.42
			08	26.98	29.55	31.07	29.92	1:57.52
			06	25.87	29.54	29.77	28.65	1:53.83
5.	"	"	"		"	"		<b>7:59.36</b> 665
			05	26.41	29.98	32.13	32.63	2:01.15
			05	27.54	30.53	30.23	29.65	1:57.95
			09	26.79	30.82	31.60	30.73	1:59.94
			08	26.62	30.72	31.83	31.15	2:00.32
6.	"	"			"	"		<b>8:00.77</b> 659
			07	28.67	27.88	31.30	31.03	1:58.88
			04	27.60	29.94	31.30	28.35	1:57.19
			08	27.19	31.09	32.96	33.28	2:04.52
			03	27.80	31.60	32.49	28.29	2:00.18
7.	"	"	"		"	"		<b>8:05.40</b> 641
			07	27.93	29.99	32.07	30.83	2:00.82
			07	27.26	31.01	33.07	32.58	2:03.92
			06	27.68	31.22	32.80	31.90	2:03.60
			07	27.14	29.48	30.64	29.80	1:57.06

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

10

, 4 x 200m

19.03.2024 - 13:00

: FINA 2024

WA

1.	"	"	"	"	"	<b>8:20.69</b>	762
	,		98	28.62	30.39	31.10	30.83
	,		04	29.15	32.47	32.99	31.37
	,		07	30.04	32.81	31.63	30.90
	,		08	29.32	32.85	33.03	33.19
	,						2:00.94
	,						2:05.98
	,						2:05.38
	,						2:08.39
2.	3			3		<b>8:36.91</b>	693
	,		07	29.18	31.46	33.40	32.81
	,		08	30.84	33.32	33.76	33.29
	,		08	30.10	33.28	34.27	32.64
	,		04	28.45	31.83	33.59	34.69
	,						2:06.85
	,						2:11.21
	,						2:10.29
	,						2:08.56
3.						<b>8:39.30</b>	683
	,		05	30.17	33.27	34.29	33.80
	,		09	30.50	34.39	34.29	32.90
	,		08	30.82	33.46	33.43	32.16
	,		06	29.29	32.39	32.74	31.40
	,						2:11.53
	,						2:12.08
	,						2:09.87
	,						2:05.82
4.	"	"	"	"	"	<b>8:40.06</b>	680
	,		06	29.86	33.30	33.62	32.69
	,		08	29.84	33.71	32.86	31.23
	,		10	30.55	34.41	34.95	33.80
	,		09	29.11	31.79	34.03	34.31
	,						2:09.47
	,						2:07.64
	,						2:13.71
	,						2:09.24
5.	"	"	"	"	"	<b>8:50.37</b>	641
	,		02	30.06	32.80	32.36	33.14
	,		08	30.95	34.69	32.89	33.92
	,		08	30.82	34.52	34.56	34.32
	,		10	29.83	33.86	35.45	36.20
	,						2:08.36
	,						2:12.45
	,						2:14.22
	,						2:15.34
6.	"	"	"	"	"	<b>9:03.06</b>	597
	,		06	29.63	33.69	33.38	32.71
	,		10	31.33	34.64	36.30	33.50
	,		10	30.70	35.36	36.53	36.11
	,		07	30.00	36.53	37.04	35.61
	,						2:09.41
	,						2:15.77
	,						2:18.70
	,						2:19.18

11

, 100m

20.03.2024 - 9:30

54.84

21.04.2016

: FINA 2024

WA

1.			07	"	"	<b>55.51</b>	808
	50m:	26.51	100m:	29.00			
2.			98	"	"	<b>56.00</b>	787
	50m:	27.21	100m:	28.79			
3.			02	"	"	<b>57.15</b>	740
	50m:	27.33	100m:	29.82			
4.			08	-70	"	<b>57.24</b>	737
	50m:	27.76	100m:	29.48			
5.			07	"	"	<b>57.44</b>	729
	50m:	28.07	100m:	29.37			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

11, , 100m

WA

6.			08	-		<b>57.53</b>	726
	50m:	27.37	100m:	30.16			
7.			08	"	"	<b>57.60</b>	723
	50m:	28.05	100m:	29.55			
8.			02	"	"	<b>58.03</b>	707
	50m:	27.63	100m:	30.40			
9.			07	"	"	<b>58.10</b>	705
	50m:	28.16	100m:	29.94			
10.			97			<b>58.29</b>	698
	50m:	27.68	100m:	30.61			
			06	"	"	<b>58.29</b>	698
	50m:	28.47	100m:	29.82			
12.			04	"	"	<b>58.36</b>	695
	50m:	28.20	100m:	30.16			
13.			08	"	"	<b>58.38</b>	694
	50m:	28.28	100m:	30.10			
14.			07	"	"	<b>58.55</b>	688
	50m:	27.89	100m:	30.66			
15.			03	"	"	<b>58.71</b>	683
	50m:	28.18	100m:	30.53			
16.			07		3	<b>58.84</b>	678
	50m:	28.31	100m:	30.53			
			06	"	"	<b>58.84</b>	678
	50m:	28.16	100m:	30.68			
18.			08	"	"	<b>59.15</b>	668
	50m:	28.14	100m:	31.01			
19.			08	"	"	<b>59.25</b>	664
	50m:	28.89	100m:	30.36			
20.			09	"	"	<b>59.40</b>	659
	50m:	28.14	100m:	31.26			
21.			05			<b>59.74</b>	648
	50m:	28.86	100m:	30.88			
			05	"	"	<b>59.74</b>	648
	50m:	28.97	100m:	30.77			
23.			08			<b>59.79</b>	646
	50m:	28.72	100m:	31.07			
24.			05	"	"	<b>59.84</b>	645
	50m:	28.57	100m:	31.27			
25.			01	-70	"	<b>59.85</b>	644
	50m:	28.10	100m:	31.75			
26.			09	"	"	<b>59.90</b>	643
	50m:	28.63	100m:	31.27			
27.			10			<b>1:00.00</b>	640
	50m:	29.20	100m:	30.80			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

11, , 100m

WA

28.				10	"	"	<b>1:00.03</b>	639
	50m:	28.58	100m:	31.45				
29.				07	"	"	<b>1:00.20</b>	633
	50m:	28.73	100m:	31.47				
30.				09			<b>1:00.27</b>	631
	50m:	28.59	100m:	31.68				
31.				08	"	"	<b>1:00.28</b>	631
	50m:	29.36	100m:	30.92				
32.				09			<b>1:00.46</b>	625
	50m:	29.33	100m:	31.13				
33.				09			<b>1:00.49</b>	624
	50m:	29.05	100m:	31.44				
34.				07			<b>1:00.51</b>	624
	50m:	29.55	100m:	30.96				
35.				06	"	"	<b>1:00.58</b>	621
	50m:	28.98	100m:	31.60				
36.				08			<b>1:00.65</b>	619
	50m:	29.02	100m:	31.63				
				06	"	"	<b>1:00.65</b>	619
	50m:	29.08	100m:	31.57				
38.				10	"	"	<b>1:00.71</b>	617
	50m:	30.18	100m:	30.53				
39.				06	"	"	<b>1:00.84</b>	613
	50m:	29.09	100m:	31.75				
40.				09	"	"	<b>1:00.86</b>	613
	50m:	29.54	100m:	31.32				
41.				09	"	"	<b>1:00.93</b>	611
	50m:	28.85	100m:	32.08				
42.				09			<b>1:01.10</b>	606
	50m:	29.26	100m:	31.84				
43.				10	-70	"	<b>1:01.18</b>	603
	50m:	29.40	100m:	31.78				
44.				08	"	"	<b>1:01.19</b>	603
	50m:	28.85	100m:	32.34				
45.				07	"	"	<b>1:01.20</b>	603
	50m:	29.47	100m:	31.73				
46.				08	"	"	<b>1:01.21</b>	602
	50m:	29.35	100m:	31.86				
47.				09	"	"	<b>1:01.29</b>	600
	50m:	28.91	100m:	32.38				
48.				09	"	"	<b>1:01.32</b>	599
	50m:	29.16	100m:	32.16				
49.				06			<b>1:01.48</b>	595
	50m:	29.40	100m:	32.08				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

11, , 100m

WA

50.			04	"	"	"	<b>1:01.56</b>	592
	50m:	29.49	100m:	32.07				
51.			09	"	"		<b>1:01.57</b>	592
	50m:	29.16	100m:	32.41				
52.			09				<b>1:01.58</b>	592
	50m:	29.47	100m:	32.11				
53.			10	"	"		<b>1:01.60</b>	591
	50m:	29.87	100m:	31.73				
54.			08	"		"	<b>1:01.64</b>	590
	50m:	29.55	100m:	32.09				
55.			06		"	"	<b>1:01.66</b>	589
	50m:	29.19	100m:	32.47				
56.			10		"	"	<b>1:01.70</b>	588
	50m:	29.49	100m:	32.21				
57.			08		-		<b>1:01.72</b>	588
	50m:	29.97	100m:	31.75				
58.			09				<b>1:01.75</b>	587
	50m:	30.26	100m:	31.49				
			10		"	"	<b>1:01.75</b>	587
	50m:	30.13	100m:	31.62				
60.			08				<b>1:01.82</b>	585
	50m:	29.59	100m:	32.23				
61.			08			3	<b>1:01.90</b>	582
	50m:	30.63	100m:	31.27				
62.			08	"	"		<b>1:02.10</b>	577
	50m:	29.57	100m:	32.53				
63.			06		"	"	<b>1:02.14</b>	576
	50m:	29.66	100m:	32.48				
			08		"	"	<b>1:02.14</b>	576
	50m:	29.87	100m:	32.27				
65.			09		"	"	<b>1:02.25</b>	573
	50m:	29.57	100m:	32.68				
66.			08		"	"	<b>1:02.27</b>	572
	50m:	29.83	100m:	32.44				
67.			08	"	"	"	<b>1:02.28</b>	572
	50m:	30.17	100m:	32.11				
68.			07			3	<b>1:02.39</b>	569
	50m:	29.68	100m:	32.71				
69.			07		"	"	<b>1:02.40</b>	569
	50m:	30.23	100m:	32.17				
70.			05				<b>1:02.47</b>	567
	50m:	30.25	100m:	32.22				
			10		"	"	<b>1:02.47</b>	567
	50m:	30.29	100m:	32.18				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

11, , 100m ,

WA

72.				07	"	"	<b>1:02.50</b>	566	
	50m:	30.13	100m:	32.37					
				08	"	"	<b>1:02.50</b>	566	
	50m:	30.40	100m:	32.10					
74.				07			<b>1:02.60</b>	563	
	50m:	30.04	100m:	32.56					
75.				07		"	<b>1:02.82</b>	557	
	50m:	30.13	100m:	32.69					
76.				08		"	<b>1:02.84</b>	557	
	50m:	30.33	100m:	32.51					
77.				09		"	<b>1:02.88</b>	556	
	50m:	29.84	100m:	33.04					
78.				08		"	<b>1:03.00</b>	552	
	50m:	30.30	100m:	32.70					
79.				09		"	<b>1:03.01</b>	552	
	50m:	30.31	100m:	32.70					
80.				09		"	<b>1:03.03</b>	552	
	50m:	30.28	100m:	32.75					
81.				09		"	<b>1:03.17</b>	548	
	50m:	30.42	100m:	32.75					
82.				05		"	<b>1:03.38</b>	543	
	50m:	29.88	100m:	33.50					
83.				07			<b>1:03.60</b>	537	
	50m:	31.43	100m:	32.17					
84.				08		"	<b>1:03.74</b>	533	
	50m:	30.38	100m:	33.36					
85.				07		"	<b>1:03.79</b>	532	
	50m:	30.01	100m:	33.78					
86.				08		"	<b>1:03.91</b>	529	
	50m:	30.33	100m:	33.58					
87.				06		"	<b>1:03.97</b>	528	
	50m:	30.73	100m:	33.24					
88.				09			<b>1:04.61</b>	512	
	50m:	30.37	100m:	34.24					
89.				04		"	<b>1:04.68</b>	510	
	50m:	30.26	100m:	34.42					
90.				08		"	<b>1:04.93</b>	505	
	50m:	30.83	100m:	34.10					
91.				09		"	<b>1:05.13</b>	500	
	50m:	30.77	100m:	34.36					
92.				08		"	<b>1:05.42</b>	493	
	50m:	31.04	100m:	34.38					
93.				07		"	<b>1:06.76</b>	464	
	50m:	31.73	100m:	35.03					

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

11, , 100m

WA

DSQ

08

12

, 100m

20.03.2024 - 9:50

47.11

(JPN)

28.07.2021

: FINA 2024

WA

1.				96	"	"	<b>50.19</b>	813
	50m:	23.80	100m:	26.39				
2.				95	"	"	<b>50.36</b>	805
	50m:	24.30	100m:	26.06				
3.				01	"	"	<b>50.47</b>	800
	50m:	24.34	100m:	26.13				
4.				99	"	"	<b>50.97</b>	777
	50m:	24.98	100m:	25.99				
5.				05			<b>50.99</b>	776
	50m:	24.59	100m:	26.40				
6.				03	-		<b>51.21</b>	766
	50m:	24.24	100m:	26.97				
7.				05	-		<b>51.42</b>	756
	50m:	24.43	100m:	26.99				
8.				06			<b>51.54</b>	751
	50m:	25.27	100m:	26.27				
9.				06			<b>51.67</b>	745
	50m:	24.90	100m:	26.77				
				00	"	"	<b>51.67</b>	745
	50m:	24.41	100m:	27.26				
11.				06	"	"	<b>51.73</b>	743
	50m:	25.03	100m:	26.70				
12.				06	"	"	<b>51.90</b>	736
	50m:	25.59	100m:	26.31				
13.				06	"	"	<b>51.94</b>	734
	50m:	25.73	100m:	26.21				
14.				07	-		<b>51.95</b>	733
	50m:	25.28	100m:	26.67				
15.				03	"	"	<b>51.98</b>	732
	50m:	25.46	100m:	26.52				
16.				07	"	"	<b>52.02</b>	730
	50m:	24.50	100m:	27.52				
17.				05	"	"	<b>52.16</b>	725
	50m:	26.26	100m:	25.90				
18.				04	-		<b>52.29</b>	719
	50m:	25.36	100m:	26.93				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.



12,	, 100m								
19.	, 50m: 25.02	100m: 27.29	05	"	"			<b>52.31</b>	718
20.	, 50m: 25.12	100m: 27.26	06	"	"			<b>52.38</b>	715
21.	, 50m: 25.57	100m: 26.89	03					<b>52.46</b>	712
22.	, 50m: 25.17	100m: 27.35	04	"	"			<b>52.52</b>	710
23.	, 50m: 25.29	100m: 27.27	08		3			<b>52.56</b>	708
24.	, 50m: 25.56	100m: 27.01	99		3			<b>52.57</b>	708
25.	, 50m: 25.20	100m: 27.41	04	"	"			<b>52.61</b>	706
26.	, 50m: 25.20	100m: 27.45	06	"	"			<b>52.65</b>	705
27.	, 50m: 25.30	100m: 27.37	07					<b>52.67</b>	704
28.	, 50m: 28.12	100m: 24.60	98	"	"	"		<b>52.72</b>	702
29.	, 50m: 25.23	100m: 27.54	04	"	"			<b>52.77</b>	700
30.	, 50m: 25.26	100m: 27.55	02	-				<b>52.81</b>	698
31.	, 50m: 25.27	100m: 27.59	03	"	"			<b>52.86</b>	696
32.	, 50m: 25.44	100m: 27.44	04	"	"			<b>52.88</b>	695
33.	, 50m: 25.53	100m: 27.40	02	"	"			<b>52.93</b>	693
34.	, 50m: 25.73	100m: 27.24	07	"	"	"		<b>52.97</b>	692
35.	, 50m: 26.72	100m: 26.31	05					<b>53.03</b>	689
36.	, 50m: 25.75	100m: 27.30	04	"	"			<b>53.05</b>	689
37.	, 50m: 25.18	100m: 27.90	06					<b>53.08</b>	688
38.	, 50m: 25.23	100m: 27.89	06	"	"	"		<b>53.12</b>	686
39.	, 50m: 25.29	100m: 27.86	05		3			<b>53.15</b>	685
40.	, 50m: 25.20	100m: 27.97	02	-				<b>53.17</b>	684

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.



12,	, 100m				WA
41.	50m: 25.53	100m: 27.66	06	-	53.19 683
42.	50m: 26.74	100m: 26.46	07	" "	53.20 683
43.	50m: 26.02	100m: 27.23	06		53.25 681
44.	50m: 25.10	100m: 28.19	05	-	53.29 679
45.	50m: 25.52	100m: 27.81	05	" " "	53.33 678
46.	50m: 25.67	100m: 27.72	06		53.39 676
47.	50m: 25.20	100m: 28.21	08	" " "	53.41 675
48.	50m: 25.26	100m: 28.18	06	3	53.44 674
49.	50m: 25.82	100m: 27.63	07	" "	53.45 673
50.	50m: 25.73	100m: 27.78	05	" "	53.51 671
51.	50m: 25.77	100m: 27.78	07	" "	53.55 670
52.	50m: 25.58	100m: 27.98	07	" "	53.56 669
	50m: 26.11	100m: 27.45	05	" "	53.56 669
54.	50m: 25.97	100m: 27.70	04	" "	53.67 665
55.	50m: 25.41	100m: 28.27	04		53.68 665
	50m: 26.15	100m: 27.53	05	" "	53.68 665
57.	50m: 25.22	100m: 28.49	04	" "	53.71 664
	50m: 25.99	100m: 27.72	06	" " "	53.71 664
59.	50m: 25.69	100m: 28.07	08		53.76 662
60.	50m: 26.25	100m: 27.62	06	3	53.87 658
61.	50m: 26.08	100m: 27.80	06	" " "	53.88 657
62.	50m: 26.01	100m: 27.88	07		53.89 657

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

12, , 100m

WA

63.				07	"	"	<b>53.92</b>	656
	50m:	25.92	100m:	28.00				
64.				09			<b>53.94</b>	655
	50m:	25.68	100m:	28.26				
65.				03			<b>53.98</b>	654
	50m:	25.86	100m:	28.12				
66.				07	"	"	<b>54.03</b>	652
	50m:	26.06	100m:	27.97				
67.				09	"	"	<b>54.07</b>	650
	50m:	26.14	100m:	27.93				
68.				07	"	"	<b>54.09</b>	650
	50m:	25.50	100m:	28.59				
69.				06	"	"	<b>54.10</b>	649
	50m:	26.00	100m:	28.10				
70.				06	"	"	<b>54.11</b>	649
	50m:	26.43	100m:	27.68				
71.				07			<b>54.12</b>	649
	50m:	25.83	100m:	28.29				
72.				09			<b>54.15</b>	648
	50m:	26.69	100m:	27.46				
73.				07	"	"	<b>54.16</b>	647
	50m:	25.95	100m:	28.21				
74.				03	"	"	<b>54.17</b>	647
	50m:	25.91	100m:	28.26				
75.				07			<b>54.19</b>	646
	50m:	26.12	100m:	28.07				
				05			<b>54.19</b>	646
	50m:	25.99	100m:	28.20				
77.				09	"	"	<b>54.28</b>	643
	50m:	25.72	100m:	28.56				
78.				09	"	"	<b>54.30</b>	642
	50m:	26.17	100m:	28.13				
79.				08			<b>54.31</b>	642
	50m:	25.57	100m:	28.74				
80.				07			<b>54.34</b>	641
	50m:	25.74	100m:	28.60				
				07		3	<b>54.34</b>	641
	50m:	25.64	100m:	28.70				
82.				04	"	"	<b>54.41</b>	638
	50m:	26.29	100m:	28.12				
83.				05	-		<b>54.44</b>	637
	50m:	25.33	100m:	29.11				
84.				05			<b>54.47</b>	636
	50m:	25.89	100m:	28.58				

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.



		12,	, 100m			WA
85.				04	3	54.49 635
	50m:	25.85	100m:	28.64		
86.				07	3	54.50 635
	50m:	26.00	100m:	28.50		
87.				06	3	54.55 633
	50m:	26.59	100m:	27.96		
88.				04	-70 " "	54.60 632
	50m:	25.87	100m:	28.73		
				07	" " "	54.60 632
	50m:	26.15	100m:	28.45		
90.				05	" " "	54.70 628
	50m:	26.07	100m:	28.63		
91.				05	" "	54.72 628
	50m:	26.87	100m:	27.85		
92.				07		54.73 627
	50m:	26.48	100m:	28.25		
93.				03	" " "	54.74 627
	50m:	26.21	100m:	28.53		
94.				08		54.75 626
	50m:	26.58	100m:	28.17		
95.				07		54.76 626
	50m:	26.20	100m:	28.56		
96.				05		54.80 625
	50m:	26.90	100m:	27.90		
97.				07	" "	54.82 624
	50m:	26.42	100m:	28.40		
98.				09	" " "	54.86 623
	50m:	26.32	100m:	28.54		
99.				06		54.94 620
	50m:	26.34	100m:	28.60		
100.				05	" "	54.97 619
	50m:	26.41	100m:	28.56		
101.				06	-	54.98 619
	50m:	25.76	100m:	29.22		
102.				09	" "	55.01 618
	50m:	26.65	100m:	28.36		
103.				02	" "	55.03 617
	50m:	26.35	100m:	28.68		
104.				06		55.10 615
	50m:	26.78	100m:	28.32		
				05	" "	55.10 615
	50m:	26.60	100m:	28.50		
				08	" " "	55.10 615
	50m:	25.98	100m:	29.12		

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

12, , 100m

WA

107.				06	"	"	<b>55.17</b>	612
	50m:	26.34	100m:	28.83				
108.				06	"	"	<b>55.18</b>	612
	50m:	27.56	100m:	27.62				
109.				08	"	"	<b>55.21</b>	611
	50m:	26.41	100m:	28.80				
110.				07			<b>55.23</b>	610
	50m:	25.52	100m:	29.71				
111.				07		"	<b>55.25</b>	610
	50m:	26.09	100m:	29.16				
112.				07	"	"	<b>55.29</b>	608
	50m:	26.31	100m:	28.98				
113.				08	"	"	<b>55.48</b>	602
	50m:	26.70	100m:	28.78				
				05	"	"	<b>55.48</b>	602
	50m:	26.32	100m:	29.16				
115.				07	"	"	<b>55.51</b>	601
	50m:	26.60	100m:	28.91				
116.				07			<b>55.52</b>	601
	50m:	26.36	100m:	29.16				
				07		"	<b>55.52</b>	601
	50m:	26.22	100m:	29.30				
118.				06	"	"	<b>55.54</b>	600
	50m:	26.31	100m:	29.23				
119.				05	"	"	<b>55.57</b>	599
	50m:	26.80	100m:	28.77				
120.				06			<b>55.60</b>	598
	50m:	26.78	100m:	28.82				
121.				05			<b>55.61</b>	598
	50m:	26.68	100m:	28.93				
122.				08		"	<b>55.66</b>	596
	50m:	26.66	100m:	29.00				
123.				03	"	"	<b>55.67</b>	596
	50m:	26.55	100m:	29.12				
				02	"	"	<b>55.67</b>	596
	50m:	26.40	100m:	29.27				
125.				06	"	"	<b>55.70</b>	595
126.				08	"	"	<b>55.72</b>	594
	50m:	27.28	100m:	28.44				
127.				08	"	"	<b>55.76</b>	593
	50m:	26.59	100m:	29.17				
128.				06	"	"	<b>55.78</b>	592
	50m:	26.84	100m:	28.94				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

12, , 100m

WA

129.	50m: 26.25	100m: 29.54	09	" "	55.79	592
130.	50m: 25.86	100m: 29.96	07		55.82	591
	50m: 26.55	100m: 29.27	06	" " "	55.82	591
132.	50m: 27.06	100m: 28.77	07	" "	55.83	591
	50m: 26.71	100m: 29.12	06	-	55.83	591
134.	50m: 26.69	100m: 29.15	09		55.84	590
135.	50m: 27.40	100m: 28.47	02	3	55.87	590
136.	50m: 26.34	100m: 29.54	08	" "	55.88	589
137.	50m: 26.45	100m: 29.44	05		55.89	589
138.	50m: 27.24	100m: 28.71	06	" "	55.95	587
139.	50m: 26.75	100m: 29.21	05	" "	55.96	587
140.	50m: 26.54	100m: 29.43	05		55.97	586
141.	50m: 27.90	100m: 28.08	09		55.98	586
142.	50m: 26.58	100m: 29.42	07	" "	56.00	585
143.	50m: 26.52	100m: 29.49	08	" "	56.01	585
144.	50m: 27.22	100m: 28.92	09		56.14	581
145.	50m: 26.44	100m: 29.72	08	" "	56.16	580
146.	50m: 27.46	100m: 28.73	06		56.19	580
147.	50m: 26.88	100m: 29.32	08	" "	56.20	579
148.	50m: 27.19	100m: 29.04	09		56.23	578
149.			07		56.32	575
150.	50m: 27.10	100m: 29.25	08		56.35	575

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

12, , 100m ,

WA

151.				08		"	"	<b>56.37</b>	574	
	50m:	27.56	100m:	28.81						
152.				08		"	"	<b>56.53</b>	569	
	50m:	27.04	100m:	29.49						
153.				07		"	"	<b>56.56</b>	568	
	50m:	26.83	100m:	29.73						
154.				07		"	"	<b>56.61</b>	567	
	50m:	27.43	100m:	29.18						
155.				07		"	"	<b>56.72</b>	563	
	50m:	27.55	100m:	29.17						
156.				07		"	"	<b>56.85</b>	560	
	50m:	26.25	100m:	30.60						
157.				03		"	"	<b>56.86</b>	559	
	50m:	27.11	100m:	29.75						
				09		"	"	<b>56.86</b>	559	
	50m:	27.70	100m:	29.16						
159.				06		-		<b>56.87</b>	559	
	50m:	30.41	100m:	26.46						
160.				08		"	"	<b>57.02</b>	555	
	50m:	27.02	100m:	30.00						
161.				07		"	"	<b>57.10</b>	552	
	50m:	27.19	100m:	29.91						
162.				08		"	"	<b>57.17</b>	550	
	50m:	27.02	100m:	30.15						
163.				07		"	"	<b>57.21</b>	549	
164.				07				<b>57.66</b>	536	
	50m:	26.90	100m:	30.76						
165.				06		"	"	<b>57.79</b>	533	
	50m:	27.72	100m:	30.07						
166.				09				<b>57.80</b>	532	
	50m:	27.76	100m:	30.04						
167.				08				<b>57.84</b>	531	
	50m:	27.58	100m:	30.26						
168.				08		-		<b>58.23</b>	521	
	50m:	28.56	100m:	29.67						
169.				06				<b>58.57</b>	512	
	50m:	27.78	100m:	30.79						
170.				08		"	"	<b>58.71</b>	508	
	50m:	28.15	100m:	30.56						
171.				07		"	"	<b>58.78</b>	506	
	50m:	28.07	100m:	30.71						
172.				07		"	"	<b>58.90</b>	503	
	50m:	27.47	100m:	31.43						

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

12, , 100m

WA

DSQ  
DSQ  
DSQ  
DSQ

05  
05  
09  
92

" " "  
" " "  
" " "

I

13

, 400m

20.03.2024 - 10:25

4:46.93

17.03.2012

: FINA 2024

WA

1.				02						<b>4:59.14</b>	702
	50m:	32.04	150m:	38.07	250m:	45.97	350m:	34.20			
	100m:	36.86	200m:	35.60	300m:	42.14	400m:	34.26			
2.				06						<b>5:01.91</b>	682
	50m:	32.51	150m:	38.35	250m:	44.67	350m:	34.60			
	100m:	36.78	200m:	37.02	300m:	44.14	400m:	33.84			
3.				06						<b>5:02.18</b>	681
	50m:	31.84	150m:	38.36	250m:	44.34	350m:	35.52			
	100m:	37.00	200m:	37.83	300m:	44.42	400m:	32.87			
4.				04				3		<b>5:03.47</b>	672
	50m:	31.71	150m:	39.05	250m:	43.19	350m:	34.98			
	100m:	37.99	200m:	38.38	300m:	43.38	400m:	34.79			
5.				07						<b>5:07.60</b>	645
	50m:	32.12	150m:	38.49	250m:	43.47	350m:	35.77			
	100m:	37.20	200m:	38.99	300m:	45.79	400m:	35.77			
6.				06						<b>5:12.37</b>	616
	50m:	32.54	150m:	42.71	250m:	44.10	350m:	33.32			
	100m:	39.15	200m:	40.01	300m:	46.53	400m:	34.01			
7.				06				3		<b>5:14.96</b>	601
	50m:	32.11	150m:	40.78	250m:	45.39	350m:	37.69			
	100m:	37.55	200m:	39.61	300m:	45.38	400m:	36.45			
8.				08						<b>5:15.16</b>	600
	50m:	31.75	150m:	40.62	250m:	46.25	350m:	36.20			
	100m:	37.07	200m:	40.19	300m:	46.82	400m:	36.26			
9.				07						<b>5:18.75</b>	580
	50m:	32.23	150m:	42.34	250m:	46.89	350m:	36.68			
	100m:	37.88	200m:	40.54	300m:	47.70	400m:	34.49			
10.				07						<b>5:21.38</b>	566
	50m:	32.45	150m:	43.13	250m:	45.55	350m:	36.99			
	100m:	37.88	200m:	42.07	300m:	47.07	400m:	36.24			
11.				08						<b>5:22.86</b>	558
	50m:	34.47	150m:	41.48	250m:	48.26	350m:	37.21			
	100m:	37.05	200m:	40.62	300m:	48.31	400m:	35.46			
12.				09						<b>5:23.07</b>	557
	50m:	32.60	150m:	42.77	250m:	49.72	350m:	35.66			
	100m:	37.16	200m:	41.24	300m:	50.11	400m:	33.81			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

13, , 400m

WA

13.				07						<b>5:23.46</b>	555
	50m:	32.92	150m:	41.73	250m:	47.25	350m:	35.71			
	100m:	41.26	200m:	40.78	300m:	48.51	400m:	35.30			
14.				10						<b>5:23.87</b>	553
	50m:	36.16	150m:	41.27	250m:	42.17	350m:	39.32			
	100m:	42.90	200m:	40.74	300m:	44.50	400m:	36.81			
15.				10						<b>5:24.20</b>	551
	50m:	34.62	150m:	41.79	250m:	45.76	350m:	37.16			
	100m:	40.70	200m:	41.47	300m:	47.01	400m:	35.69			
16.				10						<b>5:24.76</b>	548
	50m:	33.31	150m:	44.05	250m:	46.73	350m:	36.99			
	100m:	40.09	200m:	41.52	300m:	46.64	400m:	35.43			
17.				08						<b>5:25.09</b>	547
	50m:	33.47	150m:	42.02	250m:	47.35	350m:	38.03			
	100m:	39.27	200m:	41.66	300m:	47.33	400m:	35.96			
18.				06						<b>5:26.93</b>	537
	50m:	31.66	150m:	41.92	250m:	48.16	350m:	39.62			
	100m:	37.07	200m:	41.19	300m:	49.59	400m:	37.72			
19.				09						<b>5:30.28</b>	521
	50m:	32.10	150m:	42.30	250m:	49.16	350m:	39.21			
	100m:	37.35	200m:	41.49	300m:	51.11	400m:	37.56			
20.				09						<b>5:30.93</b>	518
	50m:	32.96	150m:	43.26	250m:	48.26	350m:	38.16			
	100m:	39.70	200m:	42.95	300m:	49.21	400m:	36.43			
21.				10						<b>5:32.49</b>	511
	50m:	34.38	150m:	42.37	250m:	47.88	350m:	42.01			
	100m:	39.95	200m:	41.73	300m:	45.95	400m:	38.22			
22.				06						<b>5:34.13</b>	503
	50m:	32.17	150m:	44.53	250m:	48.39	350m:	39.19			
	100m:	38.37	200m:	43.41	300m:	49.26	400m:	38.81			
DSQ				10							
DSQ				10							

14

, 400m

20.03.2024 - 10:45

4:13.14

26.04.2009

: FINA 2024

WA

1.				00						<b>4:20.04</b>	810
	50m:	27.88	150m:	34.14	250m:	36.91	350m:	30.14			
	100m:	31.30	200m:	33.52	300m:	37.03	400m:	29.12			
2.				06						<b>4:30.23</b>	722
	50m:	28.64	150m:	35.27	250m:	38.17	350m:	32.08			
	100m:	33.10	200m:	34.60	300m:	38.47	400m:	29.90			
3.				00				3		<b>4:30.67</b>	719
	50m:	29.38	150m:	35.34	250m:	37.35	350m:	31.90			
	100m:	33.90	200m:	35.42	300m:	37.40	400m:	29.98			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

14, , 400m

WA

4.				03								<b>4:32.63</b>	703
	50m:	28.56	150m:	34.92	250m:	38.17	350m:	31.99					
	100m:	33.38	200m:	34.82	300m:	39.27	400m:	31.52					
5.				03								<b>4:38.01</b>	663
	50m:	29.22	150m:	36.30	250m:	39.25	350m:	32.11					
	100m:	34.30	200m:	35.73	300m:	39.06	400m:	32.04					
6.				09					"	"		<b>4:39.77</b>	651
	50m:	28.30	150m:	35.80	250m:	40.63	350m:	31.98					
	100m:	34.04	200m:	35.89	300m:	41.58	400m:	31.55					
7.				06				3				<b>4:41.20</b>	641
	50m:	29.42	150m:	36.88	250m:	37.29	350m:	33.74					
	100m:	33.61	200m:	37.65	300m:	39.83	400m:	32.78					
8.				06					"	"		<b>4:43.22</b>	627
	50m:	28.05	100m:	34.28	150m:	36.18	200m:	37.12	250m:	40.53	400m:	1:47.06	
				09					"	"		<b>4:43.22</b>	627
	50m:	28.51	150m:	39.83	250m:	39.81	350m:	32.10					
	100m:	33.13	200m:	37.87	300m:	41.17	400m:	30.80					
10.				06					"	"		<b>4:43.38</b>	626
	50m:	28.50	150m:	37.62	250m:	42.48	350m:	32.22					
	100m:	32.98	200m:	36.61	300m:	42.26	400m:	30.71					
11.				07								<b>4:43.79</b>	623
	50m:	28.96	150m:	35.06	250m:	41.84	350m:	32.75					
	100m:	34.94	200m:	35.39	300m:	42.89	400m:	31.96					
12.				08								<b>4:43.90</b>	623
	50m:	29.01	150m:	35.78	250m:	41.13	350m:	33.10					
	100m:	35.27	200m:	35.35	300m:	41.13	400m:	33.13					
13.				08					"	"		<b>4:44.77</b>	617
	50m:	28.41	150m:	38.02	250m:	42.25	350m:	34.66					
	100m:	33.51	200m:	34.89	300m:	41.95	400m:	31.08					
14.				04					"	"		<b>4:47.70</b>	598
	50m:	29.59	150m:	36.03	250m:	40.35	350m:	33.82					
	100m:	35.28	200m:	36.62	300m:	44.09	400m:	31.92					
15.				09 I					"	"		<b>4:48.00</b>	596
	50m:	28.87	150m:	37.89	250m:	42.52	350m:	32.81					
	100m:	33.95	200m:	37.48	300m:	42.97	400m:	31.51					
16.				09					"	"		<b>4:49.32</b>	588
	50m:	29.67	150m:	39.11	250m:	39.36	350m:	34.64					
	100m:	34.89	200m:	38.12	300m:	40.32	400m:	33.21					
17.				06				3				<b>4:49.91</b>	585
	50m:	29.04	150m:	37.59	250m:	42.53	350m:	34.02					
	100m:	34.87	200m:	36.80	300m:	42.42	400m:	32.64					
18.				08 I					"	"		<b>4:49.93</b>	585
	50m:	30.63	150m:	38.01	250m:	42.33	350m:	33.52					
	100m:	34.83	200m:	36.38	300m:	42.36	400m:	31.87					
19.				08								<b>4:50.40</b>	582
	50m:	28.83	150m:	38.18	250m:	41.30	350m:	36.30					
	100m:	33.94	200m:	36.24	300m:	44.43	400m:	31.18					

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

14, , 400m

WA

20.				06				<b>4:51.43</b>	576
	50m:	28.40	150m:	39.14	250m:	43.57	350m:	34.91	
	100m:	34.09	200m:	36.08	300m:	42.91	400m:	32.33	
21.				08				<b>4:52.14</b>	571
	50m:	30.65	150m:	37.03	250m:	43.18	350m:	34.71	
	100m:	34.54	200m:	35.85	300m:	43.00	400m:	33.18	
22.				08				<b>4:55.07</b>	555
	50m:	29.12	150m:	36.06	250m:	42.82	350m:	36.66	
	100m:	35.19	200m:	36.79	300m:	43.46	400m:	34.97	
23.				09				<b>4:57.01</b>	544
	50m:	29.87	150m:	39.71	250m:	42.88	350m:	34.72	
	100m:	35.74	200m:	38.27	300m:	41.82	400m:	34.00	
24.				08				<b>4:58.98</b>	533
	50m:	30.94	150m:	39.38	250m:	41.14	350m:	34.06	
	100m:	37.48	200m:	38.50	300m:	42.97	400m:	34.51	

15

, 4 x 100m

14

20.03.2024 - 11:05

: FINA 2024

WA

1.	"	"								<b>3:35.77</b>	782
			95	24.56	50.80			07	28.05	57.71	
			03	24.20	51.29			98	26.83	55.97	
2.			05	24.86	51.07			06	28.50	59.30	
			06	24.08	50.87			97	27.22	57.52	
3.	"	"								<b>3:40.98</b>	728
			06	26.15	52.65			02	27.08	57.11	
			04	24.68	51.56			05	27.98	59.66	
4.	"	"	"							<b>3:43.09</b>	707
			05	25.16	51.79			02	28.68	59.97	
			07	25.43	53.34			02	27.58	57.99	
5.		3								<b>3:43.70</b>	702
			04	28.12	1:00.13			08	25.33	52.68	
			07	28.19	59.07			99	25.14	51.82	
6.	"	"								<b>3:43.95</b>	699
			07	25.60	52.89			08	28.83	59.87	
			01	24.44	50.47			09	29.26	1:00.72	
7.	-									<b>3:44.66</b>	693
			04	25.47	52.41			08	29.77	1:03.33	
			07	24.74	51.87			08	27.29	57.05	
8.	"	"	"							<b>3:47.26</b>	669
			06	25.91	54.18			10	30.13	1:01.27	
			08	25.65	53.86			06	27.30	57.95	
9.	"	"								<b>3:48.93</b>	655
			06	26.38	51.62			06	29.33	1:02.32	
			05	26.19	54.36			06	28.65	1:00.63	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

15, , 4 x 100m , 14

										WA		
10.	"	"									<b>3:57.19</b>	589
			09	29.33	1:02.24				08	30.17	1:03.02	
			08	27.21	55.72				07	26.54	56.21	
DSQ	"	"										
			04	24.89	52.19				08	28.13	59.73	
			96	24.57	50.67				08			

16 , 200m  
20.03.2024 - 12:00

										2:23.50	(HUN)	12.08.2010
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										WA		
1.			92								<b>2:29.34</b>	781
2.			06					3			<b>2:32.76</b>	730
3.			07					"	"	"	<b>2:34.35</b>	707
4.			05								<b>2:34.58</b>	704
5.			09								<b>2:36.43</b>	679
6.			05								<b>2:36.44</b>	679
	50m:	36.92	100m:	39.15	150m:	39.82	200m:	40.55				
7.			08								<b>2:36.52</b>	678
8.			05					"	"	"	<b>2:36.58</b>	677
9.			07					3			<b>2:39.15</b>	645
	50m:	36.56	100m:	40.31	150m:	40.87	200m:	41.41				
10.			06					3			<b>2:39.22</b>	644
	50m:	37.58	100m:	39.15	150m:	41.49	200m:	41.00				
11.			06					"	"		<b>2:39.57</b>	640
	50m:	36.16	100m:	40.54	150m:	41.43	200m:	41.44				
12.			06					-			<b>2:39.70</b>	638
13.			08								<b>2:41.93</b>	612
	50m:	36.94	100m:	40.79	150m:	41.89	200m:	42.31				
14.			08					3			<b>2:42.07</b>	611
	50m:	37.03	100m:	41.99	150m:	42.43	200m:	40.62				
15.			08					-			<b>2:42.39</b>	607
	50m:	36.38	100m:	41.85	150m:	41.93	200m:	42.23				
16.			08					"	"	"	<b>2:42.86</b>	602
	50m:	37.70	100m:	41.45	150m:	42.21	200m:	41.50				
17.			08					3			<b>2:43.61</b>	594
	50m:	36.78	100m:	41.63	150m:	41.68	200m:	43.52				
18.			07					"	"		<b>2:44.14</b>	588
	50m:	37.78	100m:	40.93	150m:	42.13	200m:	43.30				
19.			09					-70	"	"	<b>2:45.15</b>	577
	50m:	37.69	100m:	41.72	150m:	43.25	200m:	42.49				
20.			10					-70	"	"	<b>2:45.38</b>	575
	50m:	38.37	100m:	42.39	150m:	43.77	200m:	40.85				

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

16, , 200m ,

								WA	
21.			08					2:46.56	563
50m:	36.47	100m:	44.10	150m:	42.85	200m:	43.14		
22.			07					2:47.27	556
50m:	37.54	100m:	41.92	150m:	43.79	200m:	44.02		
23.			06					2:47.86	550
50m:	39.27	100m:	40.87	150m:	43.95	200m:	43.77		
24.			08		-70			2:48.04	548
50m:	36.99	100m:	42.96	150m:	44.48	200m:	43.61		
25.			07					2:49.18	537
50m:	36.49	100m:	42.97	150m:	44.86	200m:	44.86		
26.			07					2:51.38	517
50m:	39.74	100m:	44.12	150m:	44.47	200m:	43.05		
27.			07					2:51.81	513
50m:	37.19	100m:	43.37	150m:	44.70	200m:	46.55		
28.			08					2:54.00	494
50m:	37.32	100m:	43.54	150m:	45.22	200m:	47.92		
29.			09 II					2:54.31	491
50m:	39.18	100m:	44.97	150m:	45.59	200m:	44.57		
30.			10					2:54.54	489
50m:	40.77	100m:	45.70	150m:	44.74	200m:	43.33		
31.			08					2:55.98	477
50m:	39.98	100m:	45.09	150m:	45.39	200m:	45.52		
32.			09 I					2:59.53	449
50m:	39.79	100m:	45.02	150m:	47.56	200m:	47.16		

17 , 200m

20.03.2024 - 12:10

2:06.12 ,

(KOR)

26.07.2019

: FINA 2024

WA

1.			98					2:15.64	791
50m:	31.68	100m:	35.09	150m:	34.10	200m:	34.77		
2.			07				3	2:17.53	759
50m:	31.83	100m:	35.52	150m:	35.26	200m:	34.92		
3.			06				-	2:17.73	756
50m:	32.13	100m:	35.54	150m:	34.98	200m:	35.08		
4.			04					2:18.07	750
50m:	31.45	100m:	35.63	150m:	35.55	200m:	35.44		
5.			05				3	2:18.25	747
50m:	33.91	100m:	35.91	150m:	34.46	200m:	33.97		
6.			07					2:18.52	743
50m:	32.33	100m:	35.63	150m:	35.75	200m:	34.81		

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

17, , 200m ,

WA

7.				06	-			<b>2:18.62</b>	741
	50m:	31.51	100m:	35.76	150m:	36.11	200m:	35.24	
8.				05			3	<b>2:19.14</b>	733
	50m:	32.42	100m:	36.83	150m:	34.16	200m:	35.73	
9.				06			3	<b>2:20.20</b>	716
	50m:	32.76	100m:	35.72	150m:	36.45	200m:	35.27	
10.				04				<b>2:21.39</b>	698
	50m:	31.79	100m:	36.12	150m:	35.95	200m:	37.53	
11.				08		"	"	<b>2:21.53</b>	696
	50m:	32.53	100m:	37.45	150m:	35.19	200m:	36.36	
12.				07		"	"	<b>2:21.61</b>	695
	50m:	31.91	100m:	35.37	150m:	35.79	200m:	38.54	
13.				08			3	<b>2:22.08</b>	688
	50m:	31.97	100m:	35.28	150m:	36.70	200m:	38.13	
14.				05			3	<b>2:22.18</b>	687
	50m:	32.82	100m:	37.32	150m:	35.14	200m:	36.90	
15.				05		"	"	<b>2:22.44</b>	683
	50m:	32.37	100m:	36.39	150m:	36.03	200m:	37.65	
16.				04				<b>2:22.71</b>	679
	50m:	31.15	100m:	35.85	150m:	38.10	200m:	37.61	
17.				06		"	"	<b>2:23.04</b>	675
	50m:	33.76	100m:	36.81	150m:	35.70	200m:	36.77	
18.				07		"	"	<b>2:23.06</b>	674
	50m:	32.10	100m:	36.92	150m:	36.48	200m:	37.56	
19.				07		"	"	<b>2:23.43</b>	669
	50m:	31.36	100m:	37.57	150m:	35.63	200m:	38.87	
20.				06		"	"	<b>2:24.09</b>	660
	50m:	33.38	100m:	37.17	150m:	37.23	200m:	36.31	
21.				01		"	"	<b>2:24.11</b>	660
	50m:	32.71	100m:	37.77	150m:	36.85	200m:	36.78	
22.				06		"	"	<b>2:24.19</b>	659
	50m:	32.22	100m:	36.73	150m:	36.77	200m:	38.47	
23.				03		"	"	<b>2:24.44</b>	655
	50m:	33.51	100m:	36.16	150m:	36.82	200m:	37.95	
24.				08		"	"	<b>2:24.60</b>	653
	50m:	32.83	100m:	36.49	150m:	37.27	200m:	38.01	
25.				08	-			<b>2:25.03</b>	647
	50m:	33.87	100m:	37.30	150m:	37.01	200m:	36.85	
26.				06				<b>2:25.12</b>	646
	50m:	32.25	100m:	37.31	150m:	37.25	200m:	38.31	
27.				06		"	"	<b>2:25.49</b>	641
	50m:	33.42	100m:	36.97	150m:	37.50	200m:	37.60	
28.				05		"	"	<b>2:26.47</b>	628
	50m:	33.30	100m:	36.96	150m:	37.12	200m:	39.09	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

17, , 200m ,

WA

DSQ

04

I

18

, 200m

20.03.2024 - 12:35

1:54.79

(KOR)

07.07.2015

: FINA 2024

WA

1.				00	-			<b>2:00.54</b>	767
	50m:	26.92	100m:	30.60	150m:	31.46	200m:	31.56	
2.				06	" "			<b>2:05.07</b>	686
	50m:	28.19	100m:	32.40	150m:	32.62	200m:	31.86	
3.				03	" "			<b>2:05.61</b>	677
	50m:	27.99	100m:	32.06	150m:	33.06	200m:	32.50	
4.				00	" "			<b>2:05.87</b>	673
	50m:	28.62	100m:	31.83	150m:	31.63	200m:	33.79	
5.				08	" "			<b>2:06.10</b>	669
	50m:	26.66	100m:	31.45	150m:	33.60	200m:	34.39	
6.				04	" "			<b>2:06.14</b>	669
	50m:	28.11	100m:	31.99	150m:	32.84	200m:	33.20	
7.				01	" "			<b>2:06.28</b>	667
	50m:	27.97	100m:	31.62	150m:	32.85	200m:	33.84	
8.				07	" "			<b>2:06.46</b>	664
	50m:	27.98	100m:	32.70	150m:	33.68	200m:	32.10	
9.				07	3			<b>2:07.11</b>	654
	50m:	27.89	100m:	31.33	150m:	33.03	200m:	34.86	
10.				04	3			<b>2:07.23</b>	652
	50m:	27.55	100m:	31.85	150m:	33.46	200m:	34.37	
11.				06	" "			<b>2:08.33</b>	635
	50m:	30.13	100m:	32.46	150m:	32.00	200m:	33.74	
12.				05	" "			<b>2:08.53</b>	632
	50m:	28.58	100m:	31.87	150m:	33.34	200m:	34.74	
13.				04	" "			<b>2:08.72</b>	629
	50m:	28.00	100m:	32.74	150m:	34.01	200m:	33.97	
14.				08	" "			<b>2:08.96</b>	626
	50m:	28.40	100m:	33.48	150m:	33.97	200m:	33.11	
15.				09	" "			<b>2:09.39</b>	620
	50m:	28.52	100m:	33.10	150m:	34.28	200m:	33.49	
16.				03	" "			<b>2:09.42</b>	619
	50m:	28.00	100m:	34.49	150m:	31.44	200m:	35.49	
17.				08	" "			<b>2:09.84</b>	613
	50m:	28.48	100m:	32.53	150m:	34.34	200m:	34.49	
18.				06	" "			<b>2:10.82</b>	600
	50m:	29.00	100m:	33.38	150m:	33.84	200m:	34.60	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

18, , 200m ,

								WA	
19.			08					<b>2:11.18</b>	595
	50m:	28.63	100m:	33.44	150m:	33.73	200m:	35.38	
20.			05					<b>2:11.48</b>	591
	50m:	27.39	100m:	33.07	150m:	34.39	200m:	36.63	
21.			06					<b>2:11.86</b>	585
	50m:	30.23	100m:	34.13	150m:	32.08	200m:	35.42	
22.			08					<b>2:12.30</b>	580
	50m:	29.79	100m:	34.16	150m:	34.45	200m:	33.90	
23.			07					<b>2:13.43</b>	565
	50m:	29.86	100m:	33.77	150m:	34.51	200m:	35.29	
24.			06					<b>2:13.45</b>	565
	50m:	28.45	100m:	33.73	150m:	35.27	200m:	36.00	
25.			09					<b>2:13.86</b>	560
	50m:	29.83	100m:	34.21	150m:	35.31	200m:	34.51	
26.			08					<b>2:14.87</b>	547
	50m:	29.63	100m:	34.07	150m:	35.06	200m:	36.11	
27.			08					<b>2:15.47</b>	540
	50m:	31.06	100m:	34.64	150m:	34.73	200m:	35.04	
28.			08					<b>2:15.93</b>	534
	50m:	28.31	100m:	33.11	150m:	36.64	200m:	37.87	
29.			07					<b>2:23.81</b>	451
	50m:	30.45	100m:	36.15	150m:	37.97	200m:	39.24	
DSQ			07					<b>-70 "</b>	

19 , 200m

20.03.2024 - 12:50

2:07.33

(GBR)

06.08.2018

: FINA 2024

WA

1.			05					<b>2:18.17</b>	685
	50m:	30.13	100m:	34.85	150m:	36.29	200m:	36.90	
2.			08					<b>2:18.78</b>	676
	50m:	30.59	100m:	34.91	150m:	36.22	200m:	37.06	
3.			09					<b>2:19.14</b>	670
	50m:	32.27	100m:	33.76	150m:	36.03	200m:	37.08	
4.			07					<b>2:21.19</b>	642
	50m:	32.06	100m:	35.71	150m:	37.06	200m:	36.36	
5.			04					<b>2:21.22</b>	641
	50m:	31.84	100m:	36.56	150m:	36.06	200m:	36.76	
6.			08					<b>2:21.92</b>	632
	50m:	30.82	100m:	36.35	150m:	37.26	200m:	37.49	
7.			05					<b>2:22.99</b>	618
	50m:	31.07	100m:	35.52	150m:	37.79	200m:	38.61	

19-22 2024 .

SEIKO

50



# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

19, , 200m

WA

8.			08	"	"	<b>2:23.25</b>	614
50m:	31.15	100m:	35.39	150m:	37.83	200m:	38.88
9.			09			<b>2:23.58</b>	610
50m:	32.15	100m:	36.76	150m:	37.41	200m:	37.26
10.			09	"	"	<b>2:26.89</b>	570
50m:	31.56	100m:	37.44	150m:	38.14	200m:	39.75
11.			07			<b>2:28.74</b>	549
50m:	33.00	100m:	38.17	150m:	38.68	200m:	38.89
12.			09	"	"	<b>2:30.61</b>	529
50m:	32.78	100m:	37.42	150m:	39.91	200m:	40.50
13.			04			<b>2:31.16</b>	523
50m:	32.41	100m:	37.43	150m:	39.53	200m:	41.79
14.			08			<b>2:31.85</b>	516
50m:	32.02	100m:	37.38	150m:	39.36	200m:	43.09
15.			07	"	"	<b>2:33.17</b>	502
50m:	32.87	100m:	38.62	150m:	41.56	200m:	40.12
16.			10			<b>2:33.69</b>	497
50m:	32.42	100m:	38.01	150m:	41.40	200m:	41.86

20

, 50m

20.03.2024 - 12:55

23.55

31.07.2023

: FINA 2024

WA

1.		05	-			<b>25.47</b>	790
2.		03				<b>26.12</b>	732
3.		05	"	"		<b>26.52</b>	700
4.		06	"	"		<b>26.58</b>	695
5.		07	"	"		<b>26.63</b>	691
6.		06	"	"	"	<b>26.64</b>	690
7.		05				<b>26.67</b>	688
8.		07	"	"		<b>26.73</b>	683
9.		04	"	"	"	<b>26.81</b>	677
10.		06	"	"	"	<b>26.83</b>	676
11.		07	"	"	"	<b>27.08</b>	657
12.		07	"	3		<b>27.14</b>	653
13.		07	"	"	"	<b>27.27</b>	644
14.		06	"	"	"	<b>27.31</b>	641
15.		05				<b>27.38</b>	636
16.		05		3		<b>27.41</b>	634
17.		09				<b>27.45</b>	631
18.		07				<b>27.46</b>	630
19.		03	-			<b>27.64</b>	618
20.		07	"	"		<b>27.70</b>	614
21.		08				<b>27.76</b>	610

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

20, , 50m ,

							WA
22.	,		07	"	"		27.80 607
23.	,	,	08				27.81 607
24.	,		07	"	"		27.83 605
25.	,	,	09				27.84 605
			07	"	"	"	27.84 605
27.	,	,	07				27.85 604
28.	,	,	06				27.93 599
29.	,	,	06	"	"		27.94 598
30.	,	,	05				28.08 589
31.	,	,	07				28.16 584
32.	,	,	05				28.29 576
33.	,	,	06	"	"	"	28.40 570
34.	,	,	04	"	"	"	28.41 569
35.	,	,	09		-70	"	28.43 568
36.	,	,	04		"	"	28.45 567
37.	,	,	06				28.52 563
			05		3		28.52 563
39.	,	,	09	"	"	"	28.55 561
40.	,	,	07	"	"	"	28.60 558
41.	,	,	07	"	"	"	28.63 556
			06	"	"	"	28.63 556
43.	,	,	07	"	"	"	28.67 554
44.	,	,	05				28.80 546
45.	,	,	06		-		28.84 544
46.	,	,	08				28.92 539
47.	,	,	03	"	"	"	28.98 536
48.	,	,	08	"	"	"	29.06 532
49.	,	,	05				29.11 529
50.	,	,	07				29.12 528
51.	,	,	07	"	"	"	29.13 528
52.	,	,	07				29.21 524
53.	,	,	08	"	"	"	29.25 521
54.	,	,	05				29.26 521
55.	,	,	05	-70	"	"	29.36 516
56.	,	,	05				29.37 515
57.	,	,	07				29.38 515
58.	,	,	06	"	"	"	29.48 509
59.	,	,	07	"	"	"	29.53 507
60.	,	,	07	"	"	"	29.56 505
61.	,	,	06	"	"	"	29.59 504
62.	,	,	08	"	"	"	29.69 499
63.	,	,	03	"	"	"	29.80 493
64.	,	,	09				29.81 493
65.	,	,	06				29.88 489
66.	,	,	09				30.45 462
67.	,	,	09		"	"	30.52 459
68.	,	,	08		"	"	30.61 455
69.	,	,	07		"	"	30.65 453

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

21

, 50m

20.03.2024 - 13:05

27.51

(KOR)

25.07.2019

: FINA 2024

WA

1.	,	02	"	"	"	29.11	785
2.	,	07	"	"	"	29.37	764
3.	,	07	"	"	"	29.46	757
4.	,	06	"	"	"	29.82	730
5.	,	04	"	"	"	29.84	729
6.	,	07	"	"	"	29.87	727
7.	,	07	"	"	"	29.93	722
8.	,	05	"	"	"	29.95	721
9.	,	06	"	"	"	30.04	714
10.	,	09	"	"	"	30.24	700
11.	,	09	"	"	"	30.27	698
12.	,	08	"	"	"	30.43	687
13.	,	97	"	"	"	30.58	677
14.	,	08	"	"	"	30.66	672
15.	,	08	"	"	"	30.74	667
16.	,	07	"	"	"	30.77	665
17.	,	09	"	"	"	30.80	663
18.	,	06	"	"	"	30.84	660
19.	,	07	"	3	"	30.87	658
20.	,	07	"	"	"	31.13	642
21.	,	07	"	"	"	31.40	625
22.	,	10	-70	"	"	31.41	625
23.	,	05	"	"	"	31.54	617
24.	,	09	"	"	"	31.59	614
25.	,	08	"	"	"	31.71	607
26.	,	07	"	"	"	31.78	603
27.	,	09	"	"	"	31.81	602
29.	,	06	"	"	"	31.81	602
29.	,	06	"	"	"	31.87	598
30.	,	10	"	"	"	31.96	593
31.	,	06	-70	"	"	32.03	589
32.	,	09	"	"	"	32.07	587
32.	,	08	"	"	"	32.07	587
34.	,	08	"	"	"	32.11	585
35.	,	08	"	"	"	32.15	583
36.	,	07	"	"	"	32.17	582
38.	,	07	"	"	"	32.17	582
38.	,	06	"	"	"	32.37	571
39.	,	08	"	"	"	32.42	568
40.	,	09	"	"	"	32.52	563
41.	,	08	"	"	"	32.58	560
42.	,	09	"	"	"	32.63	557
43.	,	07	"	"	"	32.67	555
44.	,	10	"	"	"	32.68	555
45.	,	10	"	"	"	32.70	554
46.	,	07	"	"	"	32.76	551

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

21, , 50m ,

										WA
47.				05		"	"			<b>32.77</b> 550
48.				08		-				<b>32.98</b> 540
49.				10		"	"	"		<b>33.01</b> 538
50.				09						<b>33.03</b> 537
51.				08		"	"			<b>33.08</b> 535
				07		"		"		<b>33.08</b> 535
53.				08						<b>33.21</b> 529
54.				06		"	"			<b>33.26</b> 526
				10		"		"		<b>33.26</b> 526
56.				07		"	"	"		<b>33.33</b> 523
57.				10		"		"		<b>33.37</b> 521
58.				08		"	"			<b>33.53</b> 514
59.				07		-				<b>33.60</b> 510
60.				10		"	"			<b>33.96</b> 494
61.				04		"		"		<b>34.07</b> 490
62.				10		"	"	"		<b>34.25</b> 482
63.				06		"	"			<b>34.39</b> 476
64.				06		"	"	"		<b>34.60</b> 467
65.				05		"	"	"		<b>34.64</b> 466
66.				05		"		"		<b>37.03</b> 381

22 , 4 x 100m

14

20.03.2024 - 13:35

: FINA 2024

WA

1.	"	"	"	"	"	"	"	<b>3:52.74</b>	817
				07	27.15	55.70		09	27.83 1:00.17
				04	26.97	59.95		08	27.42 56.92
2.	-			05	27.04	56.08		02	24.72 53.58
				06	33.91	1:13.34		08	27.29 57.49
3.	"	"	"	02	31.23	1:04.25		98	25.32 54.36
				02	30.08	1:05.02		02	28.40 59.49
4.		3		05	27.62	57.30		05	25.06 54.26
				06	34.00	1:12.38		08	28.21 1:00.20
5.	"	"		06	32.81	1:07.66		09	30.04 1:04.54
				07	29.97	1:04.98		01	23.68 50.51
6.				03	27.79	56.99		08	29.64 1:03.00
				01	29.01	1:07.22		10	28.87 1:01.14
7.	"	"	"	07	28.21	58.42		10	30.80 1:08.33
				07	31.20	1:07.35		05	26.71 58.78

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

22, , 4 x 100m , 14

WA

8.	"	"								<b>4:22.32</b>	570
	,		07	31.00	1:03.87				08	31.44	1:08.85
	,		08	30.10	1:05.92				08	30.73	1:03.68
9.	"	"								<b>4:23.96</b>	560
	,		06	30.63	1:02.47				10	31.48	1:07.84
	,		06	35.62	1:18.43				07	26.74	55.22

23 , 200m

21.03.2024 - 9:30

1:57.96

(ITA)

28.07.2009

: FINA 2024

WA

1.				98		"				<b>2:01.78</b>	795
	50m:	28.68	100m:	30.51	150m:	30.63	200m:	31.96			
2.				07		"				<b>2:02.98</b>	772
	50m:	28.96	100m:	31.18	150m:	31.40	200m:	31.44			
3.				07		"	"			<b>2:04.48</b>	745
	50m:	29.04	100m:	31.97	150m:	31.51	200m:	31.96			
4.				08		"				<b>2:05.76</b>	722
	50m:	30.17	100m:	32.52	150m:	32.22	200m:	30.85			
5.				08		-				<b>2:05.78</b>	722
	50m:	28.28	100m:	31.49	150m:	33.91	200m:	32.10			
6.				04		"				<b>2:06.06</b>	717
	50m:	29.73	100m:	32.26	150m:	32.58	200m:	31.49			
7.				08		"				<b>2:06.33</b>	712
	50m:	28.99	100m:	31.99	150m:	32.19	200m:	33.16			
8.				07			3			<b>2:06.67</b>	707
	50m:	29.32	100m:	32.26	150m:	32.31	200m:	32.78			
9.				08		"	"			<b>2:07.47</b>	693
	50m:	30.36	100m:	32.90	150m:	32.90	200m:	31.31			
10.				04		"				<b>2:07.91</b>	686
	50m:	29.39	100m:	32.52	150m:	32.56	200m:	33.44			
11.				08		"	"			<b>2:07.96</b>	685
	50m:	29.78	100m:	33.07	150m:	32.69	200m:	32.42			
12.				06		"				<b>2:08.82</b>	672
	50m:	29.76	100m:	32.38	150m:	33.08	200m:	33.60			
13.				08						<b>2:08.85</b>	671
	50m:	29.91	100m:	32.47	150m:	34.02	200m:	32.45			
14.				05		"				<b>2:08.87</b>	671
	50m:	30.71	100m:	33.00	150m:	33.04	200m:	32.12			
15.				03		"	"			<b>2:09.24</b>	665
	50m:	29.82	100m:	32.37	150m:	33.79	200m:	33.26			
16.				08		-70	"			<b>2:09.34</b>	664
	50m:	29.72	100m:	32.82	150m:	34.23	200m:	32.57			

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

23, , 200m ,

WA

17.				05					<b>2:09.75</b>	657
	50m:	30.18	100m:	33.30	150m:	33.24	200m:	33.03		
18.				04				3	<b>2:09.88</b>	655
	50m:	29.62	100m:	33.52	150m:	32.94	200m:	33.80		
19.				08				3	<b>2:09.96</b>	654
	50m:	31.09	100m:	33.06	150m:	33.30	200m:	32.51		
20.				07				"	<b>2:10.14</b>	652
	50m:	30.38	100m:	33.84	150m:	33.32	200m:	32.60		
21.				09					<b>2:10.18</b>	651
	50m:	29.86	100m:	32.62	150m:	33.76	200m:	33.94		
22.				08					<b>2:10.30</b>	649
	50m:	30.63	100m:	32.89	150m:	33.42	200m:	33.36		
23.				09				"	<b>2:10.46</b>	647
	50m:	30.47	100m:	33.18	150m:	34.26	200m:	32.55		
24.				09				"	<b>2:10.64</b>	644
	50m:	30.56	100m:	32.91	150m:	33.95	200m:	33.22		
25.				09				"	<b>2:11.07</b>	638
	50m:	30.43	100m:	32.99	150m:	35.19	200m:	32.46		
26.				08				3	<b>2:11.10</b>	637
	50m:	31.16	100m:	33.52	150m:	33.71	200m:	32.71		
27.				10				"	<b>2:11.16</b>	636
	50m:	30.40	100m:	33.17	150m:	34.51	200m:	33.08		
28.				05					<b>2:11.20</b>	636
	50m:	30.57	100m:	32.88	150m:	33.74	200m:	34.01		
29.				06				"	<b>2:11.61</b>	630
	50m:	29.91	100m:	32.76	150m:	34.77	200m:	34.17		
30.				08					<b>2:11.70</b>	629
	50m:	29.73	100m:	32.90	150m:	33.96	200m:	35.11		
31.				09					<b>2:12.69</b>	615
	50m:	30.74	100m:	33.71	150m:	34.51	200m:	33.73		
32.				08				"	<b>2:12.81</b>	613
	50m:	31.18	100m:	33.75	150m:	34.03	200m:	33.85		
33.				09					<b>2:12.98</b>	611
	50m:	30.22	100m:	34.29	150m:	34.09	200m:	34.38		
34.				09				"	<b>2:13.22</b>	607
	50m:	30.24	100m:	32.37	150m:	35.65	200m:	34.96		
35.				05					<b>2:13.35</b>	606
	50m:	30.22	100m:	33.72	150m:	34.11	200m:	35.30		
				08				"	<b>2:13.35</b>	606
	50m:	30.74	100m:	33.58	150m:	34.69	200m:	34.34		
37.				07				"	<b>2:13.44</b>	604
	50m:	30.38	100m:	33.20	150m:	34.93	200m:	34.93		
38.				09					<b>2:13.63</b>	602
	50m:	31.17	100m:	33.53	150m:	35.06	200m:	33.87		

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

23, , 200m ,

WA

39.				06		3		<b>2:13.69</b>	601
	50m:	30.09	100m:	33.32	150m:	34.86	200m:	35.42	
40.				09				<b>2:13.76</b>	600
	50m:	29.25	100m:	33.30	150m:	34.34	200m:	36.87	
41.				06				<b>2:13.85</b>	599
	50m:	31.67	100m:	33.27	150m:	35.07	200m:	33.84	
42.				07				<b>2:13.93</b>	598
	50m:	31.97	100m:	34.30	150m:	34.76	200m:	32.90	
43.				09				<b>2:13.98</b>	597
	50m:	30.74	100m:	33.46	150m:	34.81	200m:	34.97	
44.				07		"	"	<b>2:14.08</b>	596
	50m:	30.37	100m:	33.62	150m:	35.34	200m:	34.75	
45.				08				<b>2:14.25</b>	593
	50m:	30.87	100m:	33.31	150m:	35.14	200m:	34.93	
46.				08		"	"	<b>2:14.52</b>	590
	50m:	30.41	100m:	34.54	150m:	34.53	200m:	35.04	
47.				04		"	"	<b>2:14.63</b>	588
	50m:	30.05	100m:	34.40	150m:	35.41	200m:	34.77	
48.				06		"	"	<b>2:14.71</b>	587
	50m:	31.43	100m:	33.88	150m:	34.65	200m:	34.75	
49.				08		"	"	<b>2:14.93</b>	585
	50m:	30.85	100m:	34.09	150m:	35.26	200m:	34.73	
50.				07				<b>2:15.19</b>	581
	50m:	31.28	100m:	35.17	150m:	34.63	200m:	34.11	
51.				07		3		<b>2:15.21</b>	581
	50m:	30.29	100m:	33.89	150m:	35.97	200m:	35.06	
52.				08				<b>2:15.30</b>	580
	50m:	30.69	100m:	33.30	150m:	35.39	200m:	35.92	
53.				08		"	"	<b>2:15.33</b>	579
	50m:	31.03	100m:	34.05	150m:	35.24	200m:	35.01	
54.				08				<b>2:15.34</b>	579
	50m:	31.37	100m:	34.06	150m:	35.59	200m:	34.32	
55.				09				<b>2:15.63</b>	576
	50m:	31.98	100m:	34.92	150m:	34.36	200m:	34.37	
56.				09		"	"	<b>2:15.74</b>	574
	50m:	31.53	100m:	34.95	150m:	34.49	200m:	34.77	
57.				08		"	"	<b>2:15.91</b>	572
	50m:	31.61	100m:	35.06	150m:	34.74	200m:	34.50	
58.				07				<b>2:15.95</b>	571
	50m:	30.51	100m:	34.22	150m:	35.96	200m:	35.26	
				10		-70 "	"	<b>2:15.95</b>	571
	50m:	29.34	100m:	34.84	150m:	36.22	200m:	35.55	
60.				09				<b>2:16.08</b>	570
	50m:	31.31	100m:	33.98	150m:	35.81	200m:	34.98	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

23, , 200m

								WA			
61.			10			"	"	"	<b>2:16.26</b>	568	
	50m:	31.96	100m:	34.43	150m:	36.05	200m:	33.82			
62.			10			"	"	"	<b>2:16.89</b>	560	
	50m:	31.76	100m:	34.64	150m:	35.01	200m:	35.48			
63.			07						<b>2:17.03</b>	558	
	50m:	32.03	100m:	34.88	150m:	35.04	200m:	35.08			
64.			08			"	"	"	<b>2:17.17</b>	556	
	50m:	31.38	100m:	34.51	150m:	35.73	200m:	35.55			
65.			06			"	"		<b>2:18.46</b>	541	
	50m:	31.26	100m:	34.55	150m:	36.22	200m:	36.43			
66.			08			"	"		<b>2:18.96</b>	535	
	50m:	31.65	100m:	34.98	150m:	36.15	200m:	36.18			

24, , 200m

21.03.2024 - 9:55

								(GER)	31.07.2002
: FINA 2024								2:09.49	
1.			05			"	"	<b>2:17.87</b>	712
	50m:	31.86	100m:	34.56	150m:	35.62	200m:	35.83	
2.			06			"	"	<b>2:19.20</b>	692
	50m:	32.90	100m:	35.58	150m:	36.49	200m:	34.23	
3.			08					<b>2:19.41</b>	689
	50m:	32.84	100m:	35.23	150m:	36.10	200m:	35.24	
4.			02			"	"	<b>2:20.40</b>	674
	50m:	33.91	100m:	35.53	150m:	35.76	200m:	35.20	
5.			04			"	"	<b>2:20.69</b>	670
	50m:	33.49	100m:	35.80	150m:	35.45	200m:	35.95	
6.			07			"	"	<b>2:20.86</b>	668
	50m:	33.10	100m:	35.03	150m:	36.84	200m:	35.89	
7.			07			"	"	<b>2:21.71</b>	656
	50m:	32.89	100m:	35.73	150m:	35.82	200m:	37.27	
8.			09			"	"	<b>2:22.05</b>	651
	50m:	32.56	100m:	35.68	150m:	36.85	200m:	36.96	
9.			07				3	<b>2:22.28</b>	648
	50m:	33.27	100m:	36.15	150m:	36.80	200m:	36.06	
10.			06			"	"	<b>2:22.42</b>	646
	50m:	32.38	100m:	35.16	150m:	36.63	200m:	38.25	
11.			07					<b>2:23.52</b>	631
	50m:	34.03	100m:	36.05	150m:	36.61	200m:	36.83	
12.			09			"	"	<b>2:24.20</b>	622
	50m:	34.12	100m:	37.68	150m:	37.22	200m:	35.18	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

24, , 200m ,

WA

13.				06		"	"	<b>2:25.07</b>	611
	50m:	33.19	100m:	37.16	150m:	37.27	200m:	37.45	
14.				07		"	"	<b>2:25.82</b>	602
	50m:	33.85	100m:	36.68	150m:	37.94	200m:	37.35	
15.				08		"	"	<b>2:25.89</b>	601
	50m:	34.03	100m:	36.84	150m:	38.03	200m:	36.99	
16.				08		"	"	<b>2:26.29</b>	596
	50m:	33.23	100m:	36.47	150m:	38.53	200m:	38.06	
17.				08		"	"	<b>2:26.73</b>	591
	50m:	34.27	100m:	36.52	150m:	37.88	200m:	38.06	
18.				08		"	"	<b>2:26.81</b>	590
	50m:	34.05	100m:	37.45	150m:	38.73	200m:	36.58	
19.				09		"	"	<b>2:26.95</b>	588
	50m:	32.87	100m:	36.89	150m:	37.88	200m:	39.31	
20.				06		-70	"	<b>2:27.83</b>	577
	50m:	33.43	100m:	37.01	150m:	38.72	200m:	38.67	
21.				07		"	"	<b>2:28.63</b>	568
	50m:	34.37	100m:	37.76	150m:	39.42	200m:	37.08	
22.				05		"	"	<b>2:29.14</b>	562
	50m:	34.33	100m:	37.34	150m:	38.66	200m:	38.81	
23.				08		"	"	<b>2:29.53</b>	558
	50m:	35.07	100m:	38.43	150m:	39.07	200m:	36.96	
24.				10		"	"	<b>2:29.75</b>	556
	50m:	34.19	100m:	39.15	150m:	38.99	200m:	37.42	
25.				10		"	"	<b>2:30.67</b>	545
	50m:	34.46	100m:	37.40	150m:	39.31	200m:	39.50	
26.				08		"	"	<b>2:30.95</b>	542
	50m:	35.96	100m:	38.71	150m:	39.60	200m:	36.68	
27.				07		"	"	<b>2:31.07</b>	541
	50m:	33.93	100m:	38.19	150m:	40.03	200m:	38.92	
28.				05		"	"	<b>2:31.16</b>	540
	50m:	35.30	100m:	37.73	150m:	38.82	200m:	39.31	
29.				06		"	"	<b>2:31.21</b>	540
	50m:	34.62	100m:	38.77	150m:	40.34	200m:	37.48	
30.				06		"	"	<b>2:31.51</b>	536
	50m:	33.25	100m:	37.99	150m:	40.47	200m:	39.80	
31.				06		"	"	<b>2:31.53</b>	536
	50m:	34.52	100m:	37.60	150m:	40.06	200m:	39.35	
32.				10		"	"	<b>2:31.85</b>	533
	50m:	34.43	100m:	38.09	150m:	39.20	200m:	40.13	
33.				08		"	"	<b>2:32.30</b>	528
	50m:	35.24	100m:	39.21	150m:	39.64	200m:	38.21	
34.				10		"	"	<b>2:32.38</b>	527
	50m:	35.15	100m:	38.14	150m:	39.31	200m:	39.78	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

24, , 200m ,

								WA
35.			10	I			<b>2:32.49</b>	526
	50m:	35.16	100m:	38.44	150m:	40.55	200m:	38.34
36.			08				<b>2:33.03</b>	521
	50m:	35.43	100m:	38.74	150m:	39.43	200m:	39.43
37.			09				<b>2:34.21</b>	509
	50m:	35.25	100m:	39.40	150m:	40.91	200m:	38.65
38.			09				<b>2:34.72</b>	504
	50m:	34.64	100m:	39.38	150m:	40.66	200m:	40.04
39.			10				<b>2:35.22</b>	499
	50m:	35.67	100m:	39.58	150m:	40.60	200m:	39.37
40.			09				<b>2:35.89</b>	492
	50m:	36.45	100m:	39.91	150m:	40.21	200m:	39.32
41.			07				<b>2:35.92</b>	492
	50m:	35.28	100m:	39.44	150m:	40.36	200m:	40.84
42.			08				<b>2:37.46</b>	478
	50m:	36.62	100m:	39.40	150m:	40.82	200m:	40.62
43.			06				<b>2:39.78</b>	457
	50m:	36.37	100m:	39.91	150m:	42.09	200m:	41.41
44.			10	I			<b>2:43.06</b>	430
	50m:	36.47	100m:	41.20	150m:	43.02	200m:	42.37

25 , 200m

21.03.2024 - 10:15

								(HUN)	28.07.2017
			1:55.14						
: FINA 2024									
								WA	
1.			03				<b>2:03.24</b>	748	
	50m:	28.05	100m:	30.77	150m:	32.52	200m:	31.90	
2.			00				<b>2:04.10</b>	733	
	50m:	29.41	100m:	31.77	150m:	31.99	200m:	30.93	
3.			04				<b>2:04.17</b>	732	
	50m:	29.49	100m:	31.93	150m:	31.80	200m:	30.95	
4.			07				<b>2:04.22</b>	731	
	50m:	29.41	100m:	31.92	150m:	31.58	200m:	31.31	
5.			05				<b>2:04.29</b>	730	
	50m:	29.17	100m:	32.09	150m:	31.60	200m:	31.43	
6.			07				<b>2:04.68</b>	723	
	50m:	29.61	100m:	32.12	150m:	31.83	200m:	31.12	
7.			07				<b>2:05.47</b>	709	
	50m:	29.45	100m:	31.70	150m:	32.74	200m:	31.58	
8.			04				<b>2:05.59</b>	707	
	50m:	29.62	100m:	31.38	150m:	32.34	200m:	32.25	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

25, , 200m ,

										WA	
9.			07							<b>2:05.62</b>	707
	50m:	29.85	100m:	31.73	150m:	32.55	200m:	31.49			
10.			04							<b>2:07.79</b>	671
	50m:	30.71	100m:	31.82	150m:	32.84	200m:	32.42			
11.			09						" "	<b>2:07.89</b>	670
	50m:	29.91	100m:	32.38	150m:	32.94	200m:	32.66			
12.			05							<b>2:08.39</b>	662
13.			06							<b>2:08.58</b>	659
	50m:	30.14	100m:	32.24	150m:	33.38	200m:	32.82			
14.			06					" "		<b>2:08.86</b>	655
	50m:	31.44	100m:	33.59	150m:	32.91	200m:	30.92			
15.			05					" "		<b>2:09.00</b>	653
	50m:	29.40	100m:	32.67	150m:	33.94	200m:	32.99			
16.			08							<b>2:09.08</b>	651
	50m:	30.56	100m:	32.98	150m:	32.61	200m:	32.93			
17.			08					" "		<b>2:09.34</b>	647
	50m:	30.56	100m:	33.18	150m:	33.87	200m:	31.73			
18.			03					-		<b>2:10.00</b>	638
	50m:	28.64	100m:	32.11	150m:	33.97	200m:	35.28			
19.			07					3		<b>2:10.38</b>	632
	50m:	29.77	100m:	32.84	150m:	33.43	200m:	34.34			
20.			08							<b>2:10.49</b>	630
	50m:	31.33	100m:	33.77	150m:	33.40	200m:	31.99			
21.			07							<b>2:10.92</b>	624
	50m:	30.94	100m:	32.95	150m:	33.52	200m:	33.51			
22.			08							<b>2:11.42</b>	617
	50m:	30.71	100m:	33.38	150m:	34.04	200m:	33.29			
			07					" "		<b>2:11.42</b>	617
	50m:	30.86	100m:	33.68	150m:	33.96	200m:	32.92			
24.			07							<b>2:11.69</b>	613
	50m:	29.99	100m:	33.34	150m:	33.71	200m:	34.65			
25.			07					" "		<b>2:11.73</b>	613
	50m:	29.77	100m:	33.00	150m:	34.82	200m:	34.14			
26.			04					" "		<b>2:11.84</b>	611
	50m:	31.89	100m:	33.85	150m:	33.30	200m:	32.80			
27.			08							<b>2:12.11</b>	608
	50m:	30.02	100m:	33.68	150m:	34.53	200m:	33.88			
28.			07							<b>2:12.61</b>	601
	50m:	30.49	100m:	34.13	150m:	34.09	200m:	33.90			
29.			09							<b>2:12.83</b>	598
	50m:	30.88	100m:	33.97	150m:	34.26	200m:	33.72			
30.			07					" "		<b>2:12.90</b>	597
	50m:	30.21	100m:	33.93	150m:	35.09	200m:	33.67			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

25, , 200m ,

WA

30.				07	"	"			<b>2:12.90</b>	597
	50m:	30.12	100m:	33.46	150m:	35.24	200m:	34.08		
32.				08	"	"			<b>2:13.16</b>	593
	50m:	30.24	100m:	34.19	150m:	34.70	200m:	34.03		
33.				08	"	"			<b>2:13.31</b>	591
	50m:	30.94	100m:	33.32	150m:	34.34	200m:	34.71		
34.				08	"	"			<b>2:13.44</b>	590
	50m:	31.80	100m:	33.77	150m:	34.25	200m:	33.62		
35.				06	"	"	"		<b>2:13.73</b>	586
	50m:	31.38	100m:	33.69	150m:	34.78	200m:	33.88		
36.				10					<b>2:13.75</b>	585
	50m:	31.57	100m:	34.35	150m:	34.94	200m:	32.89		
37.				06					<b>2:13.82</b>	585
	50m:	31.24	100m:	33.40	150m:	34.56	200m:	34.62		
38.				08					<b>2:13.92</b>	583
	50m:	30.27	100m:	33.39	150m:	35.58	200m:	34.68		
39.				07			3		<b>2:13.97</b>	583
	50m:	30.32	100m:	34.96	150m:	34.27	200m:	34.42		
40.				06			-		<b>2:14.49</b>	576
	50m:	31.31	100m:	34.17	150m:	34.91	200m:	34.10		
41.				09					<b>2:14.71</b>	573
	50m:	31.93	100m:	34.99	150m:	34.87	200m:	32.92		
42.				10					<b>2:14.78</b>	572
	50m:	31.58	100m:	34.16	150m:	34.50	200m:	34.54		
43.				10					<b>2:15.00</b>	569
	50m:	31.57	100m:	33.76	150m:	35.21	200m:	34.46		
44.				00			3		<b>2:15.05</b>	569
	50m:	32.03	100m:	33.95	150m:	34.73	200m:	34.34		
45.				04	"	"			<b>2:15.29</b>	566
	50m:	29.89	100m:	33.58	150m:	36.91	200m:	34.91		
46.				06			-		<b>2:15.35</b>	565
	50m:	30.62	100m:	34.14	150m:	35.48	200m:	35.11		
47.				09	"	"	"		<b>2:15.53</b>	563
	50m:	30.14	100m:	34.86	150m:	35.23	200m:	35.30		
48.				07					<b>2:16.26</b>	554
	50m:	31.88	100m:	34.83	150m:	35.52	200m:	34.03		
49.				06					<b>2:16.68</b>	549
	50m:	31.24	100m:	34.12	150m:	35.73	200m:	35.59		
50.				07	"	"			<b>2:16.80</b>	547
	50m:	33.63	100m:	34.24	150m:	35.26	200m:	33.67		
51.				05					<b>2:17.51</b>	539
	50m:	32.39	100m:	35.06	150m:	35.30	200m:	34.76		
52.				09					<b>2:17.91</b>	534
	50m:	32.98	100m:	35.40	150m:	36.14	200m:	33.39		

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

25, , 200m ,

WA

53.				05					<b>2:18.31</b>	529
	50m:	30.83	100m:	35.10	150m:	36.08	200m:	36.30		
54.				05			"	"	<b>2:18.64</b>	526
	50m:	31.60	100m:	35.28	150m:	35.55	200m:	36.21		
55.				06			"	"	<b>2:18.97</b>	522
	50m:	31.81	100m:	34.87	150m:	36.80	200m:	35.49		
56.				09					<b>2:20.10</b>	509
	50m:	32.50	100m:	35.93	150m:	36.59	200m:	35.08		
57.				08			"	"	<b>2:21.86</b>	491
	50m:	32.43	100m:	35.79	150m:	37.34	200m:	36.30		
DSQ				07			"	"		

26 , 100m

21.03.2024 - 10:40

1:06.66 ,

30.04.2022

: FINA 2024

WA

1.				92					<b>1:08.71</b>	813
	50m:	32.81	100m:	35.90						
2.				97			"	"	<b>1:09.62</b>	781
	50m:	32.90	100m:	36.72						
3.				04			"	"	<b>1:10.32</b>	758
	50m:	33.15	100m:	37.17						
4.				05			"	"	<b>1:11.70</b>	715
	50m:	33.96	100m:	37.74						
5.				06				3	<b>1:11.84</b>	711
	50m:	33.85	100m:	37.99						
6.				06				3	<b>1:11.97</b>	707
	50m:	33.72	100m:	38.25						
7.				05			"	"	<b>1:12.83</b>	682
	50m:	33.36	100m:	39.47						
8.				05					<b>1:13.04</b>	676
	50m:	34.25	100m:	38.79						
9.				08					<b>1:13.44</b>	665
	50m:	34.25	100m:	39.19						
10.				05					<b>1:13.64</b>	660
	50m:	35.02	100m:	38.62						
11.				07			"	"	<b>1:14.13</b>	647
	50m:	35.14	100m:	38.99						
12.				08				3	<b>1:14.19</b>	645
	50m:	35.06	100m:	39.13						
13.				06			"	"	<b>1:14.31</b>	642
	50m:	34.39	100m:	39.92						

19-22 2024 .

SEIKO

50 ,

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

26, , 100m ,

WA

14.	,			08	"	"	<b>1:14.44</b>	639
	50m:	35.41	100m:	39.03				
15.	,			07		3	<b>1:14.45</b>	639
	50m:	34.23	100m:	40.22				
16.	,			09			<b>1:14.50</b>	637
	50m:	34.83	100m:	39.67				
17.	,			08	"	"	<b>1:14.60</b>	635
	50m:	34.98	100m:	39.62				
18.	,			06	-		<b>1:14.90</b>	627
	50m:	35.21	100m:	39.69				
19.	,			08	-		<b>1:14.93</b>	626
	50m:	34.17	100m:	40.76				
20.	,			07	"	"	<b>1:15.09</b>	622
	50m:	35.03	100m:	40.06				
21.	,			08		3	<b>1:15.39</b>	615
	50m:	34.80	100m:	40.59				
22.	,			08	"	"	<b>1:15.68</b>	608
	50m:	35.51	100m:	40.17				
23.	,			08			<b>1:15.89</b>	603
	50m:	36.16	100m:	39.73				
24.	,			07			<b>1:16.06</b>	599
	50m:	37.22	100m:	38.84				
25.	,			10			<b>1:16.22</b>	595
	50m:	36.18	100m:	40.04				
	,			07	"	"	<b>1:16.22</b>	595
	50m:	34.98	100m:	41.24				
27.	,			07			<b>1:16.33</b>	593
	50m:	35.45	100m:	40.88				
28.	,			08	"	"	<b>1:16.56</b>	587
	50m:	33.95	100m:	42.61				
29.	,			07	"	"	<b>1:16.71</b>	584
	50m:	35.42	100m:	41.29				
30.	,			08	-70	"	<b>1:17.01</b>	577
	50m:	36.08	100m:	40.93				
31.	,			09	-70	"	<b>1:17.18</b>	573
	50m:	36.08	100m:	41.10				
32.	,			07	"	"	<b>1:17.25</b>	572
	50m:	35.18	100m:	42.07				
33.	,			10			<b>1:17.43</b>	568
	50m:	36.20	100m:	41.23				
34.	,			10	"	"	<b>1:17.64</b>	563
	50m:	36.62	100m:	41.02				
	,			08	"	"	<b>1:17.64</b>	563
	50m:	35.89	100m:	41.75				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

26, , 100m ,

WA

36.			10	-70 "	"	<b>1:17.91</b>	557	I
	50m:	36.73	100m: 41.18					
37.			07	"	"	<b>1:18.05</b>	554	I
	50m:	35.93	100m: 42.12					
38.			00	"	"	<b>1:18.13</b>	553	I
	50m:	36.48	100m: 41.65					
39.			07	"	"	<b>1:18.19</b>	551	I
	50m:	36.90	100m: 41.29					
40.			08	"	"	<b>1:18.40</b>	547	I
	50m:	35.45	100m: 42.95					
41.			08	-		<b>1:18.44</b>	546	I
	50m:	35.66	100m: 42.78					
42.			09 I			<b>1:18.81</b>	538	I
	50m:	36.08	100m: 42.73					
43.			07			<b>1:18.86</b>	537	I
	50m:	36.42	100m: 42.44					
44.			07	"	"	<b>1:19.10</b>	532	I
	50m:	35.87	100m: 43.23					
45.			06	"	"	<b>1:19.12</b>	532	I
	50m:	36.51	100m: 42.61					
46.			09	"	"	<b>1:19.17</b>	531	I
	50m:	35.39	100m: 43.78					
47.			09 II	"	"	<b>1:19.78</b>	519	I
	50m:	36.70	100m: 43.08					
48.			07	"	"	<b>1:19.90</b>	517	I
	50m:	37.27	100m: 42.63					
49.			09			<b>1:20.03</b>	514	I
	50m:	37.25	100m: 42.78					
50.			09	"	"	<b>1:20.56</b>	504	I
	50m:	36.75	100m: 43.81					
51.			05	"	"	<b>1:21.07</b>	494	I
	50m:	38.41	100m: 42.66					
52.			06	"	"	<b>1:21.75</b>	482	I
	50m:	37.60	100m: 44.15					
53.			08			<b>1:22.01</b>	478	I
	50m:	39.14	100m: 42.87					

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

27

, 50m

21.03.2024 - 11:35

23.02

(HUN)

20.05.2021

: FINA 2024

WA

1.	,	02	-				<b>24.19</b>	780
2.	,	05		3			<b>24.33</b>	766
3.	,	98	"	"	"		<b>24.36</b>	764
4.	,	99	"		"		<b>24.47</b>	753
5.	,	05	-				<b>24.53</b>	748
6.	,	06					<b>24.57</b>	744
7.	,	07					<b>24.65</b>	737
8.	,	05	"	"	"		<b>24.67</b>	735
9.	,	06	"	"			<b>24.74</b>	729
10.	,	04	"		"		<b>24.79</b>	724
11.	,	06	-				<b>24.80</b>	724
12.	,	98	"		"		<b>24.89</b>	716
13.	,	03					<b>24.94</b>	711
14.	,	08					<b>24.95</b>	711
	,	06		3			<b>24.95</b>	711
16.	,	95	"		"		<b>24.99</b>	707
	,	05	"		"		<b>24.99</b>	707
18.	,	04	-				<b>25.05</b>	702
19.	,	04	"		"		<b>25.13</b>	695
20.	,	04		3			<b>25.26</b>	685
21.	,	06	"		"		<b>25.29</b>	682
22.	,	06		3			<b>25.30</b>	682
23.	,	07					<b>25.34</b>	678
24.	,	05	"	"	"		<b>25.36</b>	677
25.	,	01					<b>25.41</b>	673
26.	,	05		3			<b>25.43</b>	671
27.	,	01	"		"		<b>25.45</b>	670
28.	,	96	-70	"	"		<b>25.56</b>	661
29.	,	07					<b>25.62</b>	656
30.	,	05					<b>25.67</b>	652
	,	07	"	"			<b>25.67</b>	652
32.	,	09	"		"		<b>25.68</b>	652
33.	,	02		"	"		<b>25.71</b>	649
34.	,	02	"		"		<b>25.72</b>	649
35.	,	04					<b>25.76</b>	646
	,	05		3			<b>25.76</b>	646
37.	,	04					<b>25.77</b>	645
38.	,	06	"		"		<b>25.78</b>	644
39.	,	00	-				<b>25.79</b>	643
40.	,	07	"		"		<b>25.80</b>	643
41.	,	05	"		"		<b>25.82</b>	641
42.	,	07					<b>25.83</b>	640
43.	,	05	"		"		<b>25.85</b>	639
	,	07	"	"			<b>25.85</b>	639
45.	,	01	"		"		<b>25.93</b>	633
46.	,	03	"	"			<b>26.03</b>	626

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

27, , 50m ,

WA

46.	,	05	-				<b>26.03</b>	626	
48.	,	04					<b>26.04</b>	625	
	,	07					<b>26.04</b>	625	
50.	,	06	"	"	"		<b>26.06</b>	624	
	,	03	"		"		<b>26.06</b>	624	
52.	,	08	"	"	"		<b>26.08</b>	622	
53.	,	07		-70	"	"	<b>26.11</b>	620	
54.	,	04	"	"	"		<b>26.16</b>	616	
55.	,	05					<b>26.17</b>	616	
	,	07	"	"	"		<b>26.17</b>	616	
57.	,	04	"	"	"		<b>26.20</b>	614	
	,	99	"	"	"		<b>26.20</b>	614	
	,	06	-				<b>26.20</b>	614	
60.	,	06	"		"		<b>26.21</b>	613	
61.	,	05	"		"		<b>26.22</b>	612	
62.	,	06					<b>26.23</b>	612	
63.	,	07	"	"	"		<b>26.26</b>	609	
64.	,	07					<b>26.28</b>	608	
65.	,	07	"	"	"		<b>26.31</b>	606	
66.	,	06	"	"	"		<b>26.34</b>	604	
67.	,	05	"		"		<b>26.36</b>	603	
68.	,	07		"	"		<b>26.38</b>	601	
69.	,	07			"		<b>26.47</b>	595	
70.	,	08					<b>26.51</b>	592	
71.	,	06					<b>26.52</b>	592	
	,	08	"		"		<b>26.52</b>	592	
73.	,	08					<b>26.54</b>	590	
74.	,	09	"		"		<b>26.56</b>	589	
75.	,	08		"	"	"	<b>26.57</b>	588	
76.	,	05	"		"		<b>26.59</b>	587	
77.	,	06					<b>26.64</b>	584	
78.	,	08	"		"		<b>26.66</b>	582	
79.	,	07		3			<b>26.67</b>	582	
	,	08	"	"	"		<b>26.67</b>	582	
81.	,	06		3			<b>26.69</b>	580	
82.	,	05	"		"		<b>26.70</b>	580	
83.	,	07		3			<b>26.74</b>	577	
84.	,	06	-				<b>26.75</b>	577	
85.	,	06	"	"	"		<b>26.76</b>	576	
86.	,	06	"		"		<b>26.79</b>	574	
87.	,	07	"	"	"		<b>26.81</b>	573	
88.	,	07	"	"	"		<b>26.84</b>	571	
	,	06	"		"		<b>26.84</b>	571	
90.	,	07	"		"		<b>26.85</b>	570	
91.	,	03	"	"	"		<b>26.89</b>	568	
92.	,	05					<b>26.90</b>	567	
93.	,	06		3			<b>26.92</b>	566	
	,	05	"	"	"		<b>26.92</b>	566	
95.	,	08	"	"	"		<b>26.93</b>	565	

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

27, , 50m ,

WA

95.	,	06	"	"	"	<b>26.93</b>	565	
97.	,	05	"	"	"	<b>26.95</b>	564	
98.	,	09		-70	"	<b>26.97</b>	563	
	,	08	"	"	"	<b>26.97</b>	563	
100.	,	03				<b>27.02</b>	559	
101.	,	09	"	"	"	<b>27.03</b>	559	
102.	,	03	"	"	"	<b>27.04</b>	558	
	,	08	"	"	"	<b>27.04</b>	558	
104.	,	09	"	"	"	<b>27.06</b>	557	
105.	,	07	"	"	"	<b>27.09</b>	555	
106.	,	05				<b>27.11</b>	554	
	,	08				<b>27.11</b>	554	
108.	,	06				<b>27.12</b>	553	
109.	,	05	"	"	"	<b>27.13</b>	553	
	,	07	"	"	"	<b>27.13</b>	553	
111.	,	07				<b>27.16</b>	551	
	,	07	"	"	"	<b>27.16</b>	551	
113.	,	09				<b>27.17</b>	550	
114.	,	07	"	"	"	<b>27.21</b>	548	
115.	,	07				<b>27.24</b>	546	
116.	,	06	"	"	"	<b>27.26</b>	545	
117.	,	04	-70	"	"	<b>27.27</b>	544	
118.	,	06	"	"	"	<b>27.29</b>	543	
119.	,	05	"	"	"	<b>27.34</b>	540	
120.	,	07				<b>27.36</b>	539	
	,	06	"	"	"	<b>27.36</b>	539	
	,	06	"	"	"	<b>27.36</b>	539	
123.	,	05	"	"	"	<b>27.37</b>	538	
124.	,	06				<b>27.44</b>	534	
	,	07		3		<b>27.44</b>	534	
126.	,	06				<b>27.45</b>	533	
127.	,	08	"	"	"	<b>27.49</b>	531	
128.	,	05	"	"	"	<b>27.51</b>	530	
129.	,	08	"	"	"	<b>27.53</b>	529	
	,	05	"	"	"	<b>27.53</b>	529	
131.	,	08	"	"	"	<b>27.54</b>	528	
132.	,	06	"	"	"	<b>27.55</b>	528	
133.	,	06				<b>27.56</b>	527	
134.	,	05				<b>27.57</b>	527	
135.	,	08	"	"	"	<b>27.58</b>	526	
	,	07		"	"	<b>27.58</b>	526	
137.	,	05	"	"	"	<b>27.60</b>	525	
138.	,	07		"	"	<b>27.61</b>	524	
139.	,	08	"	"	"	<b>27.62</b>	524	
140.	,	07				<b>27.64</b>	523	
141.	,	04	"	"	"	<b>27.71</b>	519	
142.	,	02	"	"	"	<b>27.73</b>	517	
143.	,	07	"	"	"	<b>27.74</b>	517	
144.	,	08	"	"	"	<b>27.80</b>	514	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

27, , 50m

								WA
145.	,	07	"	"	"	<b>27.86</b>	510	
146.	,	07	"	"	"	<b>27.89</b>	509	
147.	,	04	"	"	"	<b>27.92</b>	507	
148.	,	08	"	"	"	<b>27.93</b>	506	
149.	,	06	"	"	"	<b>27.94</b>	506	
150.	,	05	"	"	"	<b>27.96</b>	505	
151.	,	08	"	"	"	<b>27.97</b>	504	
152.	,	09	"	"	"	<b>28.09</b>	498	
153.	,	08	"	"	"	<b>28.13</b>	496	
154.	,	08	"	"	"	<b>28.15</b>	495	
155.	,	07	"	"	"	<b>28.18</b>	493	
156.	,	08		3		<b>28.26</b>	489	
157.	,	06	"	"	"	<b>28.36</b>	484	
158.	,	08	"	"	"	<b>28.66</b>	469	
159.	,	04	"	"	"	<b>28.76</b>	464	
160.	,	07	"	"	"	<b>28.85</b>	459	
161.	,	08	"	"	"	<b>28.99</b>	453	
DSQ	,	07	"	"	"			
DSQ	,	95						
DSQ	,	05						

28 , 50m

21.03.2024 - 12:00

25.92

18.07.2016

: FINA 2024

								WA
1.	,	04	"	"	"	<b>27.12</b>	730	
2.	,	02	"	"	"	<b>27.45</b>	704	
3.	,	02	"	"	"	<b>27.47</b>	703	
4.	,	09	"	"	"	<b>27.79</b>	679	
5.	,	97	"	"	"	<b>27.85</b>	674	
6.	,	06	"	"	"	<b>27.88</b>	672	
7.	,	05	"	"	"	<b>27.92</b>	669	
8.	,	97	"	"	"	<b>28.06</b>	659	
9.	,	07	"	"	"	<b>28.13</b>	655	
10.	,	09	"	"	"	<b>28.14</b>	654	
11.	,	05	"	"	"	<b>28.23</b>	648	
12.	,	01	-70	"	"	<b>28.48</b>	631	
13.	,	02	"	"	"	<b>28.60</b>	623	
14.	,	07	"	"	"	<b>28.62</b>	621	
15.	,	06	"	"	"	<b>28.68</b>	618	
16.	,	07	"	"	"	<b>28.79</b>	611	
17.	,	07	"	"	"	<b>28.83</b>	608	
18.	,	05	"	"	"	<b>29.01</b>	597	
19.	,	10	-70	"	"	<b>29.18</b>	586	
20.	,	06	"	"	"	<b>29.26</b>	582	
21.	,	09	"	"	"	<b>29.49</b>	568	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

28, , 50m ,

								WA
22.		08	"	"	"	<b>29.50</b>	567	
23.		08	"	"	"	<b>29.52</b>	566	
24.		09				<b>29.71</b>	555	
25.		06	-70	"	"	<b>29.74</b>	554	
26.		08				<b>29.82</b>	549	
27.		10		"	"	<b>29.85</b>	548	
28.		04		"	"	<b>29.90</b>	545	
29.		00		"	"	<b>30.00</b>	540	
30.		08		"	"	<b>30.02</b>	538	
31.		07				<b>30.06</b>	536	
32.		09				<b>30.08</b>	535	
		08		"	"	<b>30.08</b>	535	
34.		10				<b>30.10</b>	534	
35.		09	"	"	"	<b>30.13</b>	533	
36.		07	"	"	"	<b>30.16</b>	531	
37.		08	"	"	"	<b>30.19</b>	529	
38.		06		"	"	<b>30.25</b>	526	
39.		08		"	"	<b>30.27</b>	525	
40.		10	"	"	"	<b>30.42</b>	517	
41.		10	"	"	"	<b>30.43</b>	517	
42.		08	"	"	"	<b>30.44</b>	516	
43.		04	"	"	"	<b>30.45</b>	516	
44.		07	"	"	"	<b>30.46</b>	515	
45.		08				<b>30.67</b>	505	
46.		09		"	"	<b>30.73</b>	502	
47.		08	"	"	"	<b>30.74</b>	501	
48.		09				<b>30.78</b>	499	
49.		09				<b>30.81</b>	498	
50.		09		"	"	<b>31.14</b>	482	
51.		08	"	"	"	<b>31.44</b>	469	
52.		07				<b>31.46</b>	468	
53.		04				<b>31.50</b>	466	
54.		10	"	"	"	<b>31.58</b>	462	
55.		06	"	"	"	<b>32.14</b>	439	
56.		07		"	"	<b>32.42</b>	427	
57.		09		"	"	<b>33.23</b>	397	
58.		10		"	"	<b>34.30</b>	361	
DSQ		09	"	"	"			

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

29

, 4 x 100m

21.03.2024 - 12:10

: FINA 2024

								WA	
1.	" "	99	25.02	51.20	" "	03	23.56	51.18	794
	, ,	95	24.06	50.16	, ,	00	24.23	50.67	
2.	" "	05	24.74	51.12	" "	03	24.12	50.64	789
	, ,	06	23.98	50.32	, ,	06	24.82	51.61	
3.	-	07	25.02	52.03	-	04	24.65	51.82	773
	, ,	05	23.73	50.95	, ,	03	23.50	50.25	
4.	3	05	25.31	52.62	3	00	24.45	51.77	742
	, ,	08	24.70	52.29	, ,	99	24.60	51.24	
5.	" " "	98	25.51	52.32	" " "	07	25.40	53.15	729
	, ,	05	24.66	51.72	, ,	06	24.50	51.93	
6.	" "	03	25.39	52.97	" "	04	25.86	53.79	708
	, ,	01	23.71	50.64	, ,	07	25.73	53.74	
7.	" "	07	24.48	51.60	" "	06	25.68	54.60	703
	, ,	07	25.70	54.09	, ,	04	24.13	51.40	
8.	" " "	07	25.48	54.01	" " "	08	25.03	52.74	700
	, ,	06	25.08	52.91	, ,	05	24.91	52.28	
9.	" "	06	25.31	52.80	" "	04	25.04	52.98	691
	, ,	04	24.60	52.11	, ,	08	25.53	54.93	
10.	" "	05	26.33	54.83	" "	08	27.06	57.09	647
	, ,	06	25.80	54.09	, ,	06	24.96	51.55	
11.	" "	06	25.70	54.17	" "	07	25.94	55.01	618
	, ,	08	26.53	55.25	, ,	03	26.19	56.54	
12.	" "	05	25.75	54.56	" "	09	26.26	56.37	614
	, ,	06	25.58	53.20	, ,	07	26.30	57.27	

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

30

, 4 x 100m

21.03.2024 - 12:20

: FINA 2024

WA

1.	"	"	"	"	"	"	"	"	"	<b>3:49.21</b>	746
	,									07 27.74	57.32
	,									08 27.71	57.53
2.	"	"	"	"	"	"	"	"	"	<b>3:55.37</b>	689
	,									02 27.40	56.63
	,									06 28.31	58.33
3.	"	"	"	"	"	"	"	"	"	<b>3:57.76</b>	669
	,									08 28.71	1:00.27
	,									08 29.41	1:00.06
4.	"	"	"	"	"	"	"	"	"	<b>4:00.59</b>	645
	,									08 29.06	59.34
	,									09 28.79	1:00.07
5.	"	"	"	"	"	"	"	"	"	<b>4:01.35</b>	639
	,									06 28.17	59.42
	,									10 30.00	1:01.35
6.	"	3	"	"	"	"	"	"	"	<b>4:01.78</b>	636
	,									04 27.65	58.92
	,									08 28.06	59.88
7.	"	"	"	"	"	"	"	"	"	<b>4:03.52</b>	622
	,									08 29.08	59.92
	,									09 28.54	1:01.65
8.	"	"	"	"	"	"	"	"	"	<b>4:04.18</b>	617
	,									08 28.23	59.50
	,									10 29.39	1:01.47
9.	"	"	"	"	"	"	"	"	"	<b>4:08.45</b>	586
	,									06 29.47	1:01.95
	,									06 28.59	1:00.65
10.	-70	"	"	"	"	"	"	"	"	<b>4:09.36</b>	580
	,									08 27.79	57.74
	,									10 31.42	1:05.55
11.	"	"	"	"	"	"	"	"	"	<b>4:09.92</b>	576
	,									06 28.65	1:00.96
	,									09 28.83	1:02.22

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

31

, 800m

21.03.2024 - 12:40

8:23:07

(CHN)

14.08.2008

: FINA 2024

WA

1.				06								<b>9:06.32</b>	698
	50m:	31.07	200m:	34.26	350m:	34.56	500m:	35.05	650m:	34.38	800m:	33.16	
	100m:	34.02	250m:	34.38	400m:	34.76	550m:	34.63	700m:	34.47			
	150m:	34.68	300m:	34.27	450m:	34.27	600m:	34.66	750m:	33.70			
2.				08								<b>9:10.22</b>	683
	50m:	31.56	200m:	34.45	350m:	34.70	500m:	34.59	650m:	34.50	800m:	33.81	
	100m:	34.43	250m:	34.78	400m:	34.34	550m:	34.66	700m:	34.81			
	150m:	34.51	300m:	34.51	450m:	34.47	600m:	35.06	750m:	35.04			
3.				07								<b>9:15.58</b>	664
	50m:	31.01	200m:	34.76	350m:	34.85	500m:	35.58	650m:	35.28	800m:	34.14	
	100m:	34.04	250m:	34.09	400m:	35.06	550m:	35.33	700m:	36.02			
	150m:	33.95	300m:	34.41	450m:	35.11	600m:	35.84	750m:	36.11			
4.				08			3					<b>9:15.62</b>	664
	50m:	31.39	200m:	34.36	350m:	34.58	500m:	35.90	650m:	35.84	800m:	32.71	
	100m:	34.14	250m:	34.42	400m:	34.80	550m:	36.31	700m:	35.41			
	150m:	34.60	300m:	34.47	450m:	35.56	600m:	35.97	750m:	35.16			
5.				09								<b>9:17.24</b>	658
	50m:	31.47	200m:	34.75	350m:	34.97	500m:	35.49	650m:	35.31	800m:	34.18	
	100m:	34.50	250m:	34.76	400m:	35.25	550m:	35.71	700m:	35.58			
	150m:	34.71	300m:	34.77	450m:	35.39	600m:	35.34	750m:	35.06			
6.				07								<b>9:23.19</b>	637
	50m:	31.33	200m:	35.15	350m:	35.32	500m:	35.74	650m:	35.84	800m:	34.29	
	100m:	33.97	250m:	35.52	400m:	35.84	550m:	35.58	700m:	35.99			
	150m:	35.04	300m:	35.75	450m:	35.68	600m:	35.94	750m:	36.21			
7.				08			3					<b>9:27.25</b>	624
	50m:	32.07	200m:	36.03	350m:	36.03	500m:	36.08	650m:	36.23	800m:	33.51	
	100m:	34.87	250m:	35.38	400m:	36.35	550m:	35.84	700m:	35.78			
	150m:	35.96	300m:	35.84	450m:	35.38	600m:	36.18	750m:	35.72			
8.				07			3					<b>9:29.55</b>	616
	50m:	32.00	200m:	35.30	350m:	35.73	500m:	36.12	650m:	36.50	800m:	34.97	
	100m:	34.66	250m:	35.92	400m:	35.71	550m:	36.33	700m:	36.47			
	150m:	35.29	300m:	35.47	450m:	35.92	600m:	36.50	750m:	36.66			
9.				06								<b>9:31.78</b>	609
	50m:	32.85	200m:	35.23	350m:	36.02	500m:	36.36	650m:	36.45	800m:	34.95	
	100m:	35.18	250m:	35.33	400m:	36.37	550m:	36.47	700m:	36.48			
	150m:	35.00	300m:	35.89	450m:	36.32	600m:	36.53	750m:	36.35			
10.				09								<b>9:39.88</b>	584
	50m:	32.31	200m:	36.31	350m:	36.40	500m:	37.18	650m:	37.22	800m:	35.40	
	100m:	35.42	250m:	36.07	400m:	36.91	550m:	36.71	700m:	36.95			
	150m:	36.23	300m:	37.01	450m:	36.60	600m:	37.22	750m:	35.94			
11.				07								<b>9:43.15</b>	574
	50m:	32.04	200m:	36.57	350m:	36.60	500m:	36.71	650m:	37.36	800m:	35.93	
	100m:	35.24	250m:	36.90	400m:	37.16	550m:	36.96	700m:	37.40			
	150m:	36.19	300m:	37.42	450m:	36.54	600m:	37.04	750m:	37.09			
12.				08								<b>9:43.40</b>	573
	200m:	2:18.19	300m:	30.82	400m:	37.08	500m:	37.53	600m:	37.98	700m:	36.77	
	250m:	42.01	350m:	36.48	450m:	37.15	550m:	37.54	650m:	38.08	800m:	1:13.77	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

31, , 800m ,

WA

13.				10						<b>9:48.90</b>	557	I
	50m:	33.55	200m:	37.15	350m:	37.15	500m:	37.11	650m:	37.38	800m:	35.47
	100m:	36.31	250m:	37.52	400m:	37.41	550m:	37.44	700m:	36.47		
	150m:	36.74	300m:	37.20	450m:	38.35	600m:	38.02	750m:	35.63		
14.				07						<b>9:52.35</b>	548	I
	50m:	33.11	200m:	36.84	350m:	37.29	500m:	37.82	650m:	37.92	800m:	36.71
	100m:	36.11	250m:	36.87	400m:	37.76	550m:	37.63	700m:	37.95		
	150m:	36.10	300m:	37.19	450m:	37.44	600m:	37.91	750m:	37.70		
15.				10	I					<b>9:53.12</b>	546	I
	50m:	31.97	200m:	36.86	350m:	37.56	500m:	37.96	650m:	38.81	800m:	34.60
	100m:	36.29	250m:	36.91	400m:	38.21	550m:	38.32	700m:	37.80		
	150m:	36.32	300m:	37.52	450m:	38.52	600m:	38.77	750m:	36.70		
16.				08						<b>9:56.08</b>	537	I
	50m:	32.19	200m:	36.67	350m:	37.35	500m:	37.82	650m:	38.73	800m:	37.30
	100m:	35.43	250m:	37.03	400m:	37.72	550m:	38.49	700m:	38.39		
	150m:	36.16	300m:	37.37	450m:	38.05	600m:	38.36	750m:	39.02		
17.				06						<b>10:06.16</b>	511	I
	50m:	33.37	200m:	37.25	350m:	37.58	500m:	39.99	650m:	39.88	800m:	34.59
	100m:	35.48	250m:	37.48	400m:	39.12	550m:	39.21	700m:	40.73		
	150m:	35.96	300m:	37.96	450m:	38.48	600m:	40.26	750m:	38.82		
18.				07						<b>10:08.84</b>	504	I
	50m:	33.13	200m:	38.46	350m:	38.71	500m:	39.16	650m:	39.03	800m:	36.90
	100m:	37.35	250m:	38.66	400m:	38.40	550m:	38.48	700m:	38.26		
	150m:	38.15	300m:	38.73	450m:	38.86	600m:	38.57	750m:	37.99		
19.				08	I					<b>10:11.01</b>	499	I
	50m:	34.57	200m:	37.48	350m:	38.61	500m:	38.73	650m:	38.77	800m:	38.60
	100m:	36.96	250m:	38.03	400m:	38.61	550m:	38.98	700m:	39.30		
	150m:	37.65	300m:	38.53	450m:	38.44	600m:	39.15	750m:	38.60		
20.				09	I					<b>10:21.90</b>	473	I
	50m:	34.12	200m:	38.83	350m:	39.32	500m:	39.85	650m:	39.60	800m:	38.83
	100m:	37.81	250m:	38.91	400m:	39.63	550m:	39.65	700m:	39.67		
	150m:	38.25	300m:	39.18	450m:	39.22	600m:	39.82	750m:	39.21		
21.				10	I					<b>10:29.53</b>	456	
	50m:	33.71	200m:	39.41	350m:	40.09	500m:	40.27	650m:	41.59	800m:	37.44
	100m:	37.39	250m:	39.75	400m:	40.53	550m:	40.84	700m:	39.80		
	150m:	39.12	300m:	40.01	450m:	40.58	600m:	40.30	750m:	38.70		
22.				10	II					<b>10:34.90</b>	445	
	50m:	34.80	200m:	40.25	350m:	40.50	500m:	40.64	650m:	40.11	800m:	36.95
	100m:	38.87	250m:	40.19	400m:	40.54	550m:	40.36	700m:	40.28		
	150m:	39.77	300m:	40.75	450m:	40.10	600m:	41.33	750m:	39.46		



# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

32

, 1500m

21.03.2024 - 13:15

14:57.72

09.04.2021

: FINA 2024

WA

1.				02			3					<b>15:43.67</b>	786
	50m:	30.19	300m:	31.76	550m:	31.31	800m:	31.65	1050m:	31.69	1300m:	31.87	
	100m:	31.73	350m:	31.94	600m:	31.59	850m:	31.79	1100m:	31.04	1350m:	31.65	
	150m:	32.18	400m:	31.91	650m:	31.38	900m:	31.05	1150m:	31.50	1400m:	30.56	
	200m:	31.87	450m:	31.82	700m:	31.64	950m:	31.37	1200m:	31.66	1450m:	30.74	
	250m:	31.69	500m:	31.85	750m:	31.97	1000m:	31.98	1250m:	31.31	1500m:	28.98	
2.				04			"		"			<b>15:45.32</b>	782
	50m:	29.55	300m:	31.64	550m:	31.55	800m:	31.31	1050m:	31.62	1300m:	31.43	
	100m:	31.62	350m:	31.91	600m:	31.62	850m:	31.43	1100m:	31.22	1350m:	32.05	
	150m:	31.73	400m:	31.72	650m:	31.65	900m:	31.49	1150m:	32.04	1400m:	31.10	
	200m:	31.97	450m:	31.82	700m:	31.40	950m:	31.91	1200m:	31.52	1450m:	31.30	
	250m:	32.07	500m:	31.58	750m:	31.79	1000m:	31.72	1250m:	31.89	1500m:	29.67	
3.				05			3					<b>15:57.36</b>	753
	50m:	29.75	300m:	31.73	550m:	31.66	800m:	31.75	1050m:	31.94	1300m:	32.33	
	100m:	32.33	350m:	31.82	600m:	32.10	850m:	32.14	1100m:	32.23	1350m:	32.14	
	150m:	32.24	400m:	31.83	650m:	31.87	900m:	32.12	1150m:	32.19	1400m:	32.07	
	200m:	32.10	450m:	32.14	700m:	32.23	950m:	32.11	1200m:	32.06	1450m:	31.37	
	250m:	31.99	500m:	31.98	750m:	32.44	1000m:	32.19	1250m:	31.99	1500m:	30.52	
4.				05			3					<b>16:03.75</b>	738
	50m:	29.20	300m:	32.34	550m:	32.15	800m:	32.67	1050m:	31.94	1300m:	32.37	
	100m:	31.87	350m:	32.15	600m:	32.68	850m:	31.86	1100m:	32.16	1350m:	32.81	
	150m:	31.87	400m:	32.00	650m:	32.00	900m:	32.60	1150m:	32.56	1400m:	32.59	
	200m:	32.05	450m:	32.13	700m:	32.64	950m:	32.25	1200m:	32.46	1450m:	32.61	
	250m:	32.13	500m:	32.29	750m:	31.95	1000m:	31.84	1250m:	32.53	1500m:	31.05	
5.				06			3					<b>16:06.31</b>	732
	50m:	29.75	300m:	32.44	550m:	32.17	800m:	32.19	1050m:	32.35	1300m:	32.57	
	100m:	32.26	350m:	32.33	600m:	32.03	850m:	32.14	1100m:	32.40	1350m:	32.35	
	150m:	32.43	400m:	32.32	650m:	31.98	900m:	32.22	1150m:	32.43	1400m:	32.78	
	200m:	32.53	450m:	32.16	700m:	32.14	950m:	32.31	1200m:	32.58	1450m:	32.45	
	250m:	32.34	500m:	32.18	750m:	32.28	1000m:	32.25	1250m:	32.38	1500m:	31.57	
6.				06			"		"			<b>16:17.25</b>	708
	50m:	29.92	300m:	32.78	550m:	32.81	800m:	32.63	1050m:	33.36	1300m:	32.66	
	100m:	33.68	350m:	32.70	600m:	32.93	850m:	32.95	1100m:	33.51	1350m:	31.59	
	150m:	32.81	400m:	32.84	650m:	32.16	900m:	33.06	1150m:	33.27	1400m:	32.15	
	200m:	33.08	450m:	32.96	700m:	33.21	950m:	32.83	1200m:	33.56	1450m:	31.95	
	250m:	32.89	500m:	32.74	750m:	32.13	1000m:	32.77	1250m:	31.77	1500m:	29.55	
7.				06			3					<b>16:17.37</b>	707
	50m:	29.93	300m:	32.76	550m:	32.85	800m:	32.41	1050m:	32.78	1300m:	33.20	
	100m:	33.48	350m:	32.89	600m:	32.67	850m:	32.47	1100m:	32.94	1350m:	32.94	
	150m:	32.70	400m:	32.78	650m:	32.72	900m:	32.54	1150m:	32.91	1400m:	32.83	
	200m:	32.80	450m:	32.99	700m:	32.50	950m:	32.53	1200m:	32.88	1450m:	32.89	
	250m:	32.96	500m:	32.88	750m:	32.52	1000m:	32.75	1250m:	32.61	1500m:	29.26	
8.				07								<b>16:21.80</b>	698
	50m:	29.38	300m:	32.43	550m:	32.63	800m:	32.90	1050m:	33.14	1300m:	33.55	
	100m:	32.53	350m:	32.52	600m:	32.47	850m:	32.81	1100m:	33.21	1350m:	33.30	
	150m:	32.77	400m:	32.41	650m:	32.56	900m:	33.37	1150m:	33.16	1400m:	33.26	
	200m:	32.72	450m:	32.46	700m:	32.85	950m:	32.91	1200m:	33.57	1450m:	32.73	
	250m:	32.39	500m:	32.69	750m:	32.89	1000m:	33.19	1250m:	33.27	1500m:	31.73	

19-22 2024 .

SEIKO

50

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

32, , 1500m

WA

9.			06		3				<b>16:22.50</b>	696		
	50m:	29.35	300m:	32.26	550m:	32.08	800m:	33.13	1050m:	33.40	1300m:	33.59
	100m:	32.34	350m:	32.67	600m:	32.39	850m:	32.65	1100m:	33.72	1350m:	33.48
	150m:	32.98	400m:	32.45	650m:	32.44	900m:	33.19	1150m:	34.06	1400m:	33.47
	200m:	32.25	450m:	32.63	700m:	32.76	950m:	33.13	1200m:	33.34	1450m:	32.56
	250m:	32.45	500m:	32.55	750m:	32.88	1000m:	33.45	1250m:	33.55	1500m:	31.30
10.			08		"		"		<b>16:30.00</b>	681		
	50m:	29.72	300m:	33.49	550m:	33.30	800m:	33.18	1050m:	33.40	1300m:	32.79
	100m:	32.80	350m:	33.38	600m:	33.24	850m:	33.54	1100m:	33.57	1350m:	32.85
	150m:	33.20	400m:	33.57	650m:	33.19	900m:	33.67	1150m:	33.28	1400m:	32.54
	200m:	33.06	450m:	33.39	700m:	33.01	950m:	33.48	1200m:	33.39	1450m:	31.66
	250m:	33.34	500m:	33.45	750m:	33.41	1000m:	33.49	1250m:	32.73	1500m:	30.88
11.			07		"		"		<b>16:50.21</b>	640		
	50m:	30.24	300m:	33.44	550m:	34.29	800m:	33.98	1050m:	34.27	1300m:	33.76
	100m:	32.26	350m:	33.86	600m:	33.64	850m:	34.30	1100m:	33.86	1350m:	34.86
	150m:	33.41	400m:	33.51	650m:	34.27	900m:	33.72	1150m:	34.38	1400m:	34.64
	200m:	33.41	450m:	33.80	700m:	33.84	950m:	34.45	1200m:	34.06	1450m:	32.80
	250m:	33.56	500m:	33.69	750m:	34.16	1000m:	33.70	1250m:	34.65	1500m:	31.40
12.			07		"		"		<b>16:50.59</b>	640		
	50m:	29.79	300m:	33.77	550m:	33.77	800m:	34.14	1050m:	33.85	1300m:	34.39
	100m:	32.90	350m:	33.45	600m:	33.89	850m:	33.74	1100m:	34.24	1350m:	34.10
	150m:	32.98	400m:	34.06	650m:	33.64	900m:	34.19	1150m:	34.19	1400m:	34.21
	200m:	33.61	450m:	33.35	700m:	34.35	950m:	33.82	1200m:	34.63	1450m:	33.73
	250m:	33.33	500m:	33.92	750m:	33.80	1000m:	33.83	1250m:	34.57	1500m:	32.35
13.			09						<b>17:01.01</b>	620		
	50m:	30.24	300m:	34.22	550m:	34.71	800m:	34.46	1050m:	34.09	1300m:	34.72
	100m:	33.70	350m:	35.01	600m:	33.96	850m:	34.26	1100m:	34.52	1350m:	34.47
	150m:	33.70	400m:	33.63	650m:	35.02	900m:	34.83	1150m:	35.05	1400m:	34.16
	200m:	34.02	450m:	34.58	700m:	33.96	950m:	34.06	1200m:	34.31	1450m:	32.93
	250m:	33.93	500m:	34.31	750m:	33.64	1000m:	34.77	1250m:	34.65	1500m:	31.10
14.			06						<b>17:04.47</b>	614		
	50m:	29.47	300m:	34.10	550m:	34.32	800m:	34.46	1050m:	33.98	1300m:	34.95
	100m:	32.61	350m:	33.99	600m:	34.56	850m:	34.27	1100m:	34.67	1350m:	34.73
	150m:	33.17	400m:	34.48	650m:	34.54	900m:	34.28	1150m:	34.56	1400m:	34.69
	200m:	34.06	450m:	34.49	700m:	34.62	950m:	34.63	1200m:	34.37	1450m:	34.82
	250m:	33.98	500m:	34.44	750m:	34.74	1000m:	34.43	1250m:	34.55	1500m:	33.51
15.			08	I	"		"		<b>17:16.95</b>	592		
	50m:	30.99	300m:	34.75	550m:	34.64	800m:	35.49	1050m:	34.56	1300m:	34.83
	100m:	33.45	350m:	34.20	600m:	35.70	850m:	34.66	1100m:	34.74	1350m:	34.61
	150m:	34.37	400m:	34.91	650m:	34.40	900m:	35.16	1150m:	35.14	1400m:	35.12
	200m:	34.53	450m:	34.57	700m:	35.43	950m:	35.01	1200m:	34.91	1450m:	34.33
	250m:	33.57	500m:	35.67	750m:	35.05	1000m:	35.38	1250m:	34.38	1500m:	32.40
16.			07						<b>17:20.93</b>	585		
	50m:	30.19	300m:	34.41	550m:	35.59	800m:	35.23	1050m:	35.56	1300m:	34.87
	100m:	32.38	350m:	34.99	600m:	34.69	850m:	35.92	1100m:	35.88	1350m:	35.29
	150m:	33.89	400m:	33.70	650m:	35.37	900m:	35.38	1150m:	35.89	1400m:	34.63
	200m:	34.03	450m:	35.11	700m:	34.94	950m:	35.97	1200m:	35.88	1450m:	33.99
	250m:	34.72	500m:	34.29	750m:	35.73	1000m:	35.07	1250m:	35.21	1500m:	32.13
17.			10	I					<b>17:36.46</b>	560		
	50m:	30.95	300m:	34.81	550m:	35.47	800m:	35.61	1050m:	36.19	1300m:	36.07
	100m:	34.16	350m:	34.66	600m:	35.33	850m:	35.86	1100m:	35.88	1350m:	35.86
	150m:	34.25	400m:	34.87	650m:	35.57	900m:	35.40	1150m:	36.12	1400m:	35.90
	200m:	34.75	450m:	34.71	700m:	35.35	950m:	35.72	1200m:	35.95	1450m:	35.79
	250m:	34.50	500m:	35.24	750m:	35.76	1000m:	35.94	1250m:	36.19	1500m:	33.60

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

32, , 1500m

WA

18.			07							<b>17:37.49</b>	558	
	50m:	29.76	300m:	34.71	550m:	35.28	800m:	35.76	1050m:	36.03	1300m:	36.45
	100m:	33.08	350m:	34.54	600m:	35.27	850m:	35.80	1100m:	36.62	1350m:	36.11
	150m:	33.47	400m:	35.77	650m:	35.35	900m:	35.68	1150m:	36.74	1400m:	36.20
	200m:	34.12	450m:	34.40	700m:	35.81	950m:	36.05	1200m:	36.36	1450m:	35.82
	250m:	33.66	500m:	35.56	750m:	35.96	1000m:	36.42	1250m:	36.40	1500m:	34.31
19.			08							<b>17:41.89</b>	551	
	50m:	30.50	300m:	34.27	550m:	34.65	800m:	36.51	1050m:	36.55	1300m:	36.34
	100m:	33.45	350m:	34.43	600m:	35.55	850m:	36.64	1100m:	36.79	1350m:	38.15
	150m:	33.73	400m:	33.89	650m:	35.57	900m:	36.66	1150m:	36.20	1400m:	36.14
	200m:	34.01	450m:	33.31	700m:	35.08	950m:	36.94	1200m:	37.36	1450m:	35.26
	250m:	33.88	500m:	34.53	750m:	36.39	1000m:	36.98	1250m:	36.81	1500m:	35.32
20.			09							<b>17:43.49</b>	549	
	50m:	30.55	300m:	35.64	550m:	35.90	800m:	35.57	1050m:	36.18	1300m:	36.03
	100m:	34.44	350m:	35.09	600m:	35.89	850m:	36.05	1100m:	36.45	1350m:	35.67
	150m:	34.81	400m:	35.85	650m:	35.70	900m:	36.20	1150m:	35.68	1400m:	35.56
	200m:	34.82	450m:	35.26	700m:	35.77	950m:	35.95	1200m:	35.99	1450m:	35.61
	250m:	35.18	500m:	35.44	750m:	35.66	1000m:	36.28	1250m:	36.22	1500m:	34.05
21.			09							<b>17:46.92</b>	544	
	50m:	29.07	300m:	35.48	550m:	36.19	800m:	36.76	1050m:	36.01	1300m:	36.31
	100m:	32.36	350m:	35.60	600m:	36.70	850m:	36.19	1100m:	36.37	1350m:	36.19
	150m:	33.75	400m:	35.79	650m:	36.19	900m:	36.61	1150m:	36.13	1400m:	36.01
	200m:	35.22	450m:	35.46	700m:	36.57	950m:	36.25	1200m:	36.55	1450m:	35.63
	250m:	34.67	500m:	36.47	750m:	36.43	1000m:	36.47	1250m:	36.13	1500m:	33.36
22.			08							<b>17:48.44</b>	541	
	50m:	30.51	300m:	35.78	550m:	36.15	800m:	36.13	1050m:	37.18	1300m:	35.47
	100m:	33.56	350m:	35.71	600m:	36.03	850m:	36.46	1100m:	35.69	1350m:	35.16
	150m:	34.78	400m:	35.33	650m:	36.99	900m:	36.24	1150m:	36.31	1400m:	35.82
	200m:	35.13	450m:	36.11	700m:	36.29	950m:	36.50	1200m:	35.84	1450m:	34.82
	250m:	35.74	500m:	35.72	750m:	36.73	1000m:	36.33	1250m:	36.14	1500m:	33.79
23.			08							<b>18:01.71</b>	522	
	50m:	31.00	300m:	35.95	550m:	36.83	800m:	37.02	1050m:	39.16	1300m:	36.16
	100m:	34.54	350m:	35.50	600m:	36.50	850m:	36.84	1100m:	34.23	1350m:	36.35
	150m:	34.71	400m:	36.35	650m:	36.48	900m:	36.86	1150m:	36.97	1400m:	35.77
	200m:	35.35	450m:	36.16	700m:	36.85	950m:	36.79	1200m:	36.92	1450m:	35.66
	250m:	35.14	500m:	37.05	750m:	36.33	1000m:	36.34	1250m:	37.06	1500m:	34.84
24.			08							<b>18:32.11</b>	480	
	50m:	31.54	300m:	36.99	550m:	37.77	800m:	37.05	1050m:	38.37	1300m:	37.23
	100m:	35.20	350m:	37.77	600m:	36.87	850m:	37.70	1100m:	37.35	1350m:	37.03
	150m:	37.06	400m:	36.83	650m:	38.00	900m:	37.81	1150m:	37.94	1400m:	35.79
	200m:	37.16	450m:	38.39	700m:	37.32	950m:	38.64	1200m:	38.24	1450m:	37.30
	250m:	37.61	500m:	37.32	750m:	38.29	1000m:	37.55	1250m:	36.62	1500m:	33.37



# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

33, , 200m ,

								WA	
21.			03	"	"			<b>1:57.30</b>	657
	50m:	26.59	100m:	29.27	150m:	30.99	200m:	30.45	
22.			06	"	"			<b>1:57.80</b>	649
23.			07	"	"	"		<b>1:57.88</b>	647
	50m:	27.39	100m:	29.82	150m:	30.16	200m:	30.51	
24.			06	"	"			<b>1:58.01</b>	645
	50m:	27.66	100m:	29.56	150m:	30.26	200m:	30.53	
25.			08					<b>1:58.04</b>	645
	50m:	27.51	100m:	30.00	150m:	30.92	200m:	29.61	
26.			09					<b>1:58.27</b>	641
	50m:	27.16	100m:	29.83	150m:	30.99	200m:	30.29	
27.			09	"	"	"		<b>1:58.38</b>	639
	50m:	27.07	100m:	30.56	150m:	30.58	200m:	30.17	
28.			04					<b>1:58.49</b>	637
	50m:	26.07	100m:	28.89	150m:	30.97	200m:	32.56	
29.			05	"	"	"		<b>1:58.51</b>	637
	50m:	26.79	100m:	29.92	150m:	31.23	200m:	30.57	
30.			06			3		<b>1:58.58</b>	636
	50m:	27.15	100m:	29.75	150m:	30.61	200m:	31.07	
31.			04			3		<b>1:58.60</b>	636
	50m:	27.12	100m:	29.83	150m:	30.23	200m:	31.42	
32.			09					<b>1:58.68</b>	634
	50m:	27.35	100m:	30.45	150m:	30.47	200m:	30.41	
			08			3		<b>1:58.68</b>	634
	50m:	27.39	100m:	29.97	150m:	30.24	200m:	31.08	
34.			07			3		<b>1:59.18</b>	626
	50m:	27.96	100m:	30.71	150m:	30.83	200m:	29.68	
35.			02			3		<b>1:59.31</b>	624
	50m:	28.21	100m:	30.68	150m:	30.57	200m:	29.85	
36.			06					<b>1:59.33</b>	624
	50m:	27.76	100m:	30.24	150m:	31.41	200m:	29.92	
37.			09					<b>1:59.69</b>	618
	50m:	28.00	100m:	30.62	150m:	31.06	200m:	30.01	
38.			09	"	"	"		<b>1:59.83</b>	616
	50m:	27.85	100m:	31.07	150m:	30.03	200m:	30.88	
39.			06	"	"	"		<b>1:59.87</b>	616
	50m:	28.16	100m:	30.68	150m:	30.23	200m:	30.80	
40.			03	"	"	"		<b>1:59.88</b>	615
	50m:	27.48	100m:	30.31	150m:	31.25	200m:	30.84	
41.			08	"	"	"		<b>2:00.19</b>	611
	50m:	27.10	100m:	30.27	150m:	30.76	200m:	32.06	
42.			06	"	"	"		<b>2:00.41</b>	607
43.			05	"	"	"		<b>2:00.45</b>	607

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

33, , 200m ,

WA

44.				09	"	"	"	<b>2:00.47</b>	606
	50m:	27.16	100m:	30.73	150m:	31.32	200m:	31.26	
45.				06	"	"	"	<b>2:00.64</b>	604
	50m:	26.96	100m:	30.45	150m:	32.12	200m:	31.11	
46.				09	"	"	"	<b>2:00.71</b>	603
	50m:	28.07	100m:	30.98	150m:	31.39	200m:	30.27	
47.				02	"	"	"	<b>2:01.27</b>	595
48.				06	"	"	"	<b>2:01.34</b>	594
	50m:	28.70	100m:	30.79	150m:	31.20	200m:	30.65	
49.				07	"	"	"	<b>2:01.43</b>	592
	50m:	27.67	100m:	30.78	150m:	31.59	200m:	31.39	
50.				07	"	"	"	<b>2:01.55</b>	590
	50m:	27.99	100m:	31.06	150m:	32.29	200m:	30.21	
				06	-	-	-	<b>2:01.55</b>	590
	50m:	28.24	100m:	30.47	150m:	31.05	200m:	31.79	
52.				06	"	3	"	<b>2:01.56</b>	590
	50m:	28.28	100m:	30.79	150m:	31.53	200m:	30.96	
53.				08	"	"	"	<b>2:02.13</b>	582
54.				03	"	"	"	<b>2:02.39</b>	578
	50m:	27.13	100m:	30.75	150m:	32.16	200m:	32.35	
55.				07	"	"	"	<b>2:02.47</b>	577
56.				09	"	"	"	<b>2:02.49</b>	577
57.				08	"	"	"	<b>2:02.64</b>	575
	50m:	28.43	100m:	30.94	150m:	32.03	200m:	31.24	
58.				07	"	"	"	<b>2:02.69</b>	574
	50m:	28.78	100m:	31.22	150m:	31.43	200m:	31.26	
59.				08	"	"	"	<b>2:03.02</b>	569
	50m:	28.17	100m:	31.09	150m:	32.10	200m:	31.66	
60.				08	"	"	"	<b>2:03.03</b>	569
	50m:	28.20	100m:	30.98	150m:	32.05	200m:	31.80	
61.				06	-70	"	"	<b>2:03.21</b>	567
	50m:	28.07	100m:	31.30	150m:	32.22	200m:	31.62	
62.				07	"	"	"	<b>2:03.51</b>	563
	50m:	27.50	100m:	30.91	150m:	33.30	200m:	31.80	
63.				08	"	"	"	<b>2:03.57</b>	562
	50m:	28.76	100m:	31.16	150m:	32.18	200m:	31.47	
64.				09	"	"	"	<b>2:03.58</b>	562
	50m:	28.18	100m:	31.57	150m:	33.21	200m:	30.62	
65.				06	"	"	"	<b>2:03.74</b>	560
	50m:	28.11	100m:	30.75	150m:	32.47	200m:	32.41	
66.				08	"	"	"	<b>2:04.13</b>	554
	50m:	29.04	100m:	32.02	150m:	32.46	200m:	30.61	
67.				08	"	"	"	<b>2:04.39</b>	551
	50m:	28.68	100m:	31.52	150m:	32.13	200m:	32.06	

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

33, , 200m

								WA
68.				07		"	"	<b>2:04.48</b> 550
	50m:	28.26	100m:	31.26	150m:	32.76	200m:	32.20
69.				06				<b>2:04.50</b> 549
	50m:	28.89	100m:	31.31	150m:	31.83	200m:	32.47
70.				07		"	"	<b>2:04.56</b> 549
	50m:	27.03	100m:	31.04	150m:	32.61	200m:	33.88
71.				08		"	"	<b>2:05.37</b> 538
	50m:	28.03	100m:	31.48	150m:	32.43	200m:	33.43
72.				07				<b>2:05.79</b> 533
	50m:	27.51	100m:	31.42	150m:	33.80	200m:	33.06
73.				07		"	"	<b>2:05.94</b> 531
	50m:	29.04	100m:	31.25	150m:	32.85	200m:	32.80
74.				07				<b>2:06.47</b> 524
	50m:	28.38	100m:	33.35	150m:	34.35	200m:	30.39
75.				08		"	"	<b>2:06.73</b> 521
	50m:	29.13	100m:	32.45	150m:	33.93	200m:	31.22
76.				05				<b>2:07.59</b> 510
77.				08		"	"	<b>2:07.73</b> 509
	50m:	27.85	100m:	32.12	150m:	33.67	200m:	34.09
78.				07				<b>2:09.76</b> 485
	50m:	27.52	100m:	31.43	150m:	34.79	200m:	36.02
DSQ				05		"	"	

34

, 100m

22.03.2024 - 10:00

58.83

26.10.2020

: FINA 2024

WA

1.				04		"	"	<b>1:00.21</b> 843
	50m:	28.06	100m:	32.15				
2.				98		"	"	<b>1:01.74</b> 781
	50m:	28.78	100m:	32.96				
3.				95				<b>1:01.96</b> 773
	50m:	29.24	100m:	32.72				
4.				06		-		<b>1:02.17</b> 765
	50m:	29.15	100m:	33.02				
5.				06		-		<b>1:02.72</b> 745
	50m:	29.42	100m:	33.30				
6.				04		"	"	<b>1:03.31</b> 725
	50m:	29.54	100m:	33.77				
				05		3		<b>1:03.31</b> 725
	50m:	30.09	100m:	33.22				

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

34, , 100m ,

WA

8.				01	"	"	<b>1:03.65</b>	713
	50m:	30.02	100m:	33.63				
9.				05		3	<b>1:03.73</b>	710
	50m:	30.49	100m:	33.24				
10.				07		3	<b>1:03.83</b>	707
	50m:	29.89	100m:	33.94				
11.				04	"	"	<b>1:04.00</b>	702
	50m:	29.89	100m:	34.11				
12.				06		3	<b>1:04.15</b>	697
	50m:	30.40	100m:	33.75				
13.				07			<b>1:04.46</b>	687
	50m:	30.40	100m:	34.06				
14.				04			<b>1:04.56</b>	683
	50m:	29.57	100m:	34.99				
15.				06	-		<b>1:04.64</b>	681
	50m:	30.82	100m:	33.82				
16.				06	"	"	<b>1:04.65</b>	681
	50m:	30.72	100m:	33.93				
17.				92	"	"	<b>1:04.66</b>	680
	50m:	29.68	100m:	34.98				
18.				04			<b>1:04.86</b>	674
	50m:	29.60	100m:	35.26				
19.				03			<b>1:04.90</b>	673
	50m:	30.15	100m:	34.75				
20.				07	"	"	<b>1:05.64</b>	650
	50m:	31.32	100m:	34.32				
21.				09	"	"	<b>1:05.79</b>	646
	50m:	31.26	100m:	34.53				
22.				07	"	"	<b>1:06.03</b>	639
	50m:	30.27	100m:	35.76				
23.				07	"	"	<b>1:06.19</b>	634
24.				05	"	"	<b>1:06.26</b>	632
	50m:	30.88	100m:	35.38				
				07	"	"	<b>1:06.26</b>	632
	50m:	30.72	100m:	35.54				
26.				06	"	"	<b>1:06.30</b>	631
	50m:	31.36	100m:	34.94				
				03			<b>1:06.30</b>	631
	50m:	31.25	100m:	35.05				
28.				06	"	"	<b>1:06.36</b>	629
	50m:	30.43	100m:	35.93				
				08	-		<b>1:06.36</b>	629
30.				06	"	"	<b>1:06.77</b>	618
	50m:	31.37	100m:	35.40				

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

34, , 100m ,

Rank	Swimmer	50m	100m	Points	Score	WA
31.	, , 08	31.50	35.40	3	<b>1:06.90</b>	614
32.	, , 05			-	<b>1:07.45</b>	599
33.	, , 03			" "	<b>1:07.81</b>	590
34.	, , 04			" "	<b>1:07.94</b>	586
35.	, , 07			" " "	<b>1:07.95</b>	586
36.	, , 09	32.52	35.87	.	<b>1:08.39</b>	575
37.	, , 06	31.99	36.51	" "	<b>1:08.50</b>	572
38.	, , 08	32.04	36.54	" "	<b>1:08.58</b>	570
39.	, , 08	31.91	36.69	" "	<b>1:08.60</b>	570
	, , 09	31.92	36.68	" "	<b>1:08.60</b>	570
41.	, , 05	32.03	36.74	" " "	<b>1:08.77</b>	565
42.	, , 08	31.37	37.44	" "	<b>1:08.81</b>	564
43.	, , 07	32.00	36.86	" "	<b>1:08.86</b>	563
44.	, , 06	32.09	36.80	" "	<b>1:08.89</b>	562
45.	, , 06			-70 "	<b>1:09.08</b>	558
46.	, , 07	32.68	36.53	" " "	<b>1:09.21</b>	555
47.	, , 06			" "	<b>1:09.26</b>	553
48.	, , 06	31.95	37.49	" " "	<b>1:09.44</b>	549
49.	, , 06	30.90	38.58		<b>1:09.48</b>	548
50.	, , 06	33.12	36.39	-	<b>1:09.51</b>	547
51.	, , 09	33.63	36.34	" " "	<b>1:09.97</b>	537
	, , 07	32.37	37.60	" "	<b>1:09.97</b>	537
53.	, , 05	31.84	38.17	" "	<b>1:10.01</b>	536
54.	, , 06	34.85	35.45	3	<b>1:10.30</b>	529
55.	, , 07	32.86	37.63	" "	<b>1:10.49</b>	525

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

34, , 100m ,

										WA
56.			08		"	"	"			<b>1:10.54</b> 524
	50m:	32.66	100m:	37.88						
57.			07		"	"				<b>1:10.57</b> 523
	50m:	32.98	100m:	37.59						
58.			07		"	"				<b>1:10.89</b> 516
	50m:	33.72	100m:	37.17						
59.			08		"	"	"			<b>1:11.62</b> 500
	50m:	33.53	100m:	38.09						
60.			04							<b>1:12.25</b> 487
	50m:	33.75	100m:	38.50						
61.			06		"		"			<b>1:12.27</b> 487
	50m:	33.38	100m:	38.89						
62.			09							<b>1:12.39</b> 485
	50m:	33.66	100m:	38.73						
63.			08		"		"			<b>1:12.40</b> 484
	50m:	34.23	100m:	38.17						
DSQ			08		"		"			
EXH			05							<b>1:08.08</b> 583
	50m:	32.52	100m:	35.56						

35 , 200m

22.03.2024 - 10:15

1:57.50 ,

08.04.2021

: FINA 2024

WA

1.			00	-						<b>2:01.56</b> 824
	50m:	26.31	100m:	31.13	150m:	35.12	200m:	29.00		
2.			95		"		"			<b>2:04.34</b> 770
	50m:	26.34	100m:	31.86	150m:	36.43	200m:	29.71		
3.			01		"		"			<b>2:05.30</b> 753
	50m:	27.43	100m:	31.73	150m:	36.08	200m:	30.06		
4.			03							<b>2:05.46</b> 750
	50m:	26.87	100m:	31.85	150m:	36.59	200m:	30.15		
5.			04							<b>2:05.89</b> 742
	50m:	27.74	100m:	32.17	150m:	35.35	200m:	30.63		
6.			00				3			<b>2:06.20</b> 737
	50m:	27.39	100m:	32.58	150m:	36.22	200m:	30.01		
7.			06		"		"			<b>2:06.64</b> 729
	50m:	27.72	100m:	33.11	150m:	36.27	200m:	29.54		
8.			05				3			<b>2:07.07</b> 722
	50m:	27.10	100m:	34.87	150m:	34.72	200m:	30.38		

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

35, , 200m

WA

9.				03						<b>2:07.28</b>	718
	50m:	27.49	100m:	32.75	150m:	36.29	200m:	30.75			
10.				03						<b>2:07.33</b>	717
	50m:	27.84	100m:	31.86	150m:	38.75	200m:	28.88			
11.				05				3		<b>2:08.49</b>	698
	50m:	27.76	100m:	34.54	150m:	36.58	200m:	29.61			
12.				04						<b>2:08.60</b>	696
	50m:	27.39	100m:	33.48	150m:	35.98	200m:	31.75			
13.				07						<b>2:08.69</b>	695
	50m:	27.56	100m:	31.34	150m:	38.39	200m:	31.40			
14.				04						<b>2:08.96</b>	690
	50m:	26.70	100m:	32.68	150m:	39.84	200m:	29.74			
15.				03						<b>2:09.04</b>	689
	50m:	27.98	100m:	33.86	150m:	37.22	200m:	29.98			
16.				07						<b>2:09.15</b>	687
	50m:	27.32	100m:	33.40	150m:	37.49	200m:	30.94			
17.				06						<b>2:09.59</b>	680
	50m:	27.39	100m:	33.61	150m:	38.62	200m:	29.97			
18.				09						<b>2:09.64</b>	679
	50m:	27.71	100m:	33.32	150m:	38.44	200m:	30.17			
19.				05						<b>2:09.88</b>	676
	50m:	26.73	100m:	32.86	150m:	40.29	200m:	30.00			
20.				06				3		<b>2:10.63</b>	664
	50m:	27.71	100m:	33.86	150m:	36.89	200m:	32.17			
21.				05						<b>2:10.77</b>	662
	50m:	28.37	100m:	33.99	150m:	36.63	200m:	31.78			
22.				05						<b>2:10.80</b>	662
	50m:	26.43	100m:	33.52	150m:	38.88	200m:	31.97			
23.				06						<b>2:11.17</b>	656
	50m:	26.88	100m:	33.62	150m:	38.28	200m:	32.39			
24.				04						<b>2:11.55</b>	650
	50m:	28.39	100m:	31.89	150m:	39.24	200m:	32.03			
25.				08						<b>2:11.89</b>	645
	50m:	27.29	100m:	33.29	150m:	39.74	200m:	31.57			
26.				07						<b>2:12.00</b>	644
	50m:	27.56	100m:	34.04	150m:	38.65	200m:	31.75			
27.				07						<b>2:12.65</b>	634
	50m:	27.66	100m:	33.45	150m:	39.39	200m:	32.15			
28.				05						<b>2:12.77</b>	633
	50m:	27.76	100m:	35.23	150m:	39.24	200m:	30.54			
29.				08						<b>2:12.86</b>	631
	50m:	27.92	100m:	34.12	150m:	39.99	200m:	30.83			
30.				08						<b>2:12.93</b>	630
	50m:	27.76	100m:	33.85	150m:	39.25	200m:	32.07			

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

35, , 200m

WA

31.				06	-		<b>2:12.99</b>	629
	50m:	27.62	100m:	32.84	150m:	38.70	200m:	33.83
32.				06	"	"	<b>2:13.09</b>	628
	50m:	28.11	100m:	33.37	150m:	38.58	200m:	33.03
33.				02	-		<b>2:13.40</b>	624
	50m:	27.34	100m:	33.85	150m:	38.74	200m:	33.47
34.				03	"	"	<b>2:13.46</b>	623
	50m:	27.61	100m:	34.48	150m:	39.56	200m:	31.81
35.				06	-		<b>2:13.67</b>	620
	50m:	27.95	100m:	33.41	150m:	40.41	200m:	31.90
36.				05	"	"	<b>2:13.91</b>	616
	50m:	27.98	100m:	35.86	150m:	38.79	200m:	31.28
37.				08	"	"	<b>2:14.01</b>	615
	50m:	27.61	100m:	34.22	150m:	39.82	200m:	32.36
38.				06	"	"	<b>2:14.14</b>	613
	50m:	27.86	100m:	34.00	150m:	39.41	200m:	32.87
39.				05	"	"	<b>2:14.34</b>	611
	50m:	27.87	100m:	34.23	150m:	38.18	200m:	34.06
40.				06	"	"	<b>2:14.38</b>	610
	50m:	27.48	100m:	34.61	150m:	40.16	200m:	32.13
41.				05	"	"	<b>2:14.70</b>	606
	50m:	28.52	100m:	35.24	150m:	39.30	200m:	31.64
42.				08			<b>2:15.03</b>	601
	50m:	29.70	100m:	37.07	150m:	37.90	200m:	30.36
43.				09	"	"	<b>2:15.41</b>	596
	50m:	28.45	100m:	35.42	150m:	40.21	200m:	31.33
44.				08	"	"	<b>2:15.47</b>	595
	50m:	28.07	100m:	34.36	150m:	40.78	200m:	32.26
45.				08			<b>2:15.51</b>	595
	50m:	29.31	100m:	34.35	150m:	40.04	200m:	31.81
46.				09	"	"	<b>2:15.52</b>	595
	50m:	28.50	100m:	37.15	150m:	38.91	200m:	30.96
47.				05	-		<b>2:15.82</b>	591
	50m:	27.81	100m:	37.47	150m:	38.84	200m:	31.70
48.				06			<b>2:15.88</b>	590
	50m:	27.20	100m:	35.65	150m:	41.04	200m:	31.99
49.				09	"	"	<b>2:16.12</b>	587
	50m:	29.06	100m:	35.79	150m:	38.43	200m:	32.84
50.				05	"	"	<b>2:16.42</b>	583
	50m:	28.71	100m:	34.14	150m:	40.09	200m:	33.48
51.				04	"	"	<b>2:16.77</b>	579
	50m:	27.83	100m:	33.97	150m:	40.90	200m:	34.07
52.				07	"	"	<b>2:16.79</b>	578
	50m:	28.41	100m:	36.49	150m:	40.13	200m:	31.76

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

35, , 200m

								WA	
53.			08	"	"			<b>2:17.20</b>	573
	50m:	28.26	100m:	34.94	150m:	40.85	200m:	33.15	
54.			07	"	"			<b>2:17.21</b>	573
	50m:	27.35	100m:	34.98	150m:	41.95	200m:	32.93	
55.			08	"	"	"		<b>2:17.26</b>	572
	50m:	28.89	100m:	36.57	150m:	39.96	200m:	31.84	
56.			08	"	"			<b>2:17.33</b>	572
	50m:	28.32	100m:	35.42	150m:	41.33	200m:	32.26	
57.			06					<b>2:17.41</b>	571
	50m:	28.93	100m:	36.99	150m:	39.73	200m:	31.76	
58.			07					<b>2:18.55</b>	557
	50m:	29.51	100m:	37.07	150m:	39.28	200m:	32.69	
59.			09					<b>2:19.00</b>	551
	50m:	29.29	100m:	37.25	150m:	41.30	200m:	31.16	
60.			04	"	"			<b>2:19.06</b>	550
	50m:	28.12	100m:	36.27	150m:	41.68	200m:	32.99	
61.			07					<b>2:19.41</b>	546
	50m:	28.55	100m:	33.87	150m:	42.66	200m:	34.33	
62.			07	"	"			<b>2:19.61</b>	544
	50m:	28.42	100m:	34.77	150m:	43.98	200m:	32.44	
63.			08					<b>2:19.63</b>	544
	50m:	29.01	100m:	34.61	150m:	43.90	200m:	32.11	
64.			10					<b>2:20.09</b>	538
	50m:	29.57	100m:	35.19	150m:	42.67	200m:	32.66	
65.			04	-70 "	"			<b>2:20.96</b>	528
	50m:	28.72	100m:	34.24	150m:	41.30	200m:	36.70	
66.			06		3			<b>2:21.05</b>	527
	50m:	27.72	100m:	36.13	150m:	44.15	200m:	33.05	
67.			08					<b>2:21.59</b>	521
	50m:	28.83	100m:	37.67	150m:	40.74	200m:	34.35	
68.			08	"	"			<b>2:21.63</b>	521
	50m:	28.95	100m:	35.98	150m:	43.54	200m:	33.16	
69.			07					<b>2:21.90</b>	518
	50m:	28.46	100m:	35.40	150m:	43.57	200m:	34.47	
70.			06	"	"			<b>2:21.92</b>	518
	50m:	29.70	100m:	37.57	150m:	39.96	200m:	34.69	

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

36

, 200m

22.03.2024 - 10:45

2:17.14

(SRB)

02.08.2008

: FINA 2024

WA

1.				92						<b>2:17.98</b>	763
	50m:	29.60	100m:	35.85	150m:	37.79	200m:	34.74			
2.				02					" "	<b>2:21.68</b>	705
	50m:	29.76	100m:	34.80	150m:	43.90	200m:	33.22			
3.				05					" "	<b>2:22.73</b>	689
	50m:	29.39	100m:	36.50	150m:	44.15	200m:	32.69			
4.				04					" "	<b>2:22.77</b>	689
	50m:	30.46	100m:	35.38	150m:	42.70	200m:	34.23			
5.				06					" "	<b>2:23.06</b>	685
	50m:	30.00	100m:	36.07	150m:	43.56	200m:	33.43			
6.				06					" "	<b>2:24.28</b>	667
	50m:	31.53	100m:	35.65	150m:	41.71	200m:	35.39			
7.				05					" "	<b>2:24.42</b>	665
	50m:	31.66	100m:	36.17	150m:	43.01	200m:	33.58			
8.				05					" "	<b>2:24.73</b>	661
	50m:	30.93	100m:	38.22	150m:	40.49	200m:	35.09			
9.				07					" "	<b>2:25.21</b>	655
	50m:	30.81	100m:	35.83	150m:	42.56	200m:	36.01			
10.				06					" "	<b>2:25.40</b>	652
	50m:	31.52	100m:	40.18	150m:	38.62	200m:	35.08			
11.				06					" "	<b>2:25.46</b>	651
	50m:	30.16	100m:	37.43	150m:	43.09	200m:	34.78			
12.				08					" "	<b>2:25.85</b>	646
	50m:	30.35	100m:	37.91	150m:	44.25	200m:	33.34			
13.				05					" "	<b>2:26.03</b>	644
	50m:	31.28	100m:	37.98	150m:	42.24	200m:	34.53			
14.				07					" "	<b>2:26.08</b>	643
	50m:	30.46	100m:	38.19	150m:	44.78	200m:	32.65			
15.				09					" "	<b>2:26.75</b>	634
	50m:	30.98	100m:	37.49	150m:	44.84	200m:	33.44			
16.				06					" "	<b>2:27.02</b>	631
	50m:	32.12	100m:	37.16	150m:	44.34	200m:	33.40			
17.				07					" "	<b>2:27.12</b>	629
	50m:	31.25	100m:	39.97	150m:	41.34	200m:	34.56			
18.				08					" "	<b>2:27.16</b>	629
	50m:	31.29	100m:	36.20	150m:	44.88	200m:	34.79			
19.				08					" "	<b>2:27.65</b>	623
	50m:	30.70	100m:	38.93	150m:	44.34	200m:	33.68			
20.				06					" "	<b>2:27.94</b>	619
	50m:	30.27	100m:	37.16	150m:	44.04	200m:	36.47			

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

36, , 200m

								WA	
21.			09					<b>2:27.99</b>	618
	50m:	29.88	100m:	37.07	150m:	48.01	200m:	33.03	
22.			08					<b>2:28.02</b>	618
	50m:	31.48	100m:	39.58	150m:	42.04	200m:	34.92	
23.			08				" "	<b>2:28.09</b>	617
	50m:	31.68	100m:	39.59	150m:	41.09	200m:	35.73	
24.			06				" "	<b>2:28.29</b>	615
	50m:	31.35	100m:	37.51	150m:	44.44	200m:	34.99	
25.			06				" -70 "	<b>2:28.33</b>	614
	50m:	30.72	100m:	37.78	150m:	44.31	200m:	35.52	
26.			07					<b>2:29.15</b>	604
	50m:	32.13	100m:	37.64	150m:	45.42	200m:	33.96	
27.			09					<b>2:29.31</b>	602
	50m:	31.30	100m:	38.20	150m:	45.04	200m:	34.77	
28.			06				" "	<b>2:29.59</b>	599
	50m:	31.47	100m:	38.73	150m:	46.03	200m:	33.36	
29.			09				" "	<b>2:30.37</b>	590
	50m:	30.23	100m:	39.00	150m:	47.20	200m:	33.94	
30.			07					<b>2:30.74</b>	585
	50m:	31.77	100m:	39.85	150m:	46.02	200m:	33.10	
31.			07				" "	<b>2:30.80</b>	584
	50m:	31.18	100m:	39.44	150m:	46.02	200m:	34.16	
32.			10					<b>2:30.81</b>	584
	50m:	33.29	100m:	36.54	150m:	45.01	200m:	35.97	
33.			08					<b>2:30.96</b>	583
	50m:	32.87	100m:	38.13	150m:	46.15	200m:	33.81	
34.			08				" "	<b>2:30.98</b>	582
	50m:	30.94	100m:	38.90	150m:	45.02	200m:	36.12	
35.			07					<b>2:31.00</b>	582
	50m:	32.03	100m:	40.73	150m:	42.82	200m:	35.42	
36.			08					<b>2:31.07</b>	581
	50m:	30.55	100m:	38.32	150m:	49.81	200m:	32.39	
37.			08				" "	<b>2:31.11</b>	581
	50m:	31.92	100m:	39.06	150m:	44.95	200m:	35.18	
38.			08					<b>2:31.42</b>	577
	50m:	30.81	100m:	37.45	150m:	47.65	200m:	35.51	
39.			08					<b>2:32.28</b>	568
	50m:	32.56	100m:	39.29	150m:	45.62	200m:	34.81	
40.			07				" "	<b>2:32.69</b>	563
	50m:	32.67	100m:	37.56	150m:	46.89	200m:	35.57	
			07				" "	<b>2:32.69</b>	563
	50m:	32.67	100m:	39.99	150m:	45.67	200m:	34.36	
42.			08					<b>2:32.92</b>	560
	50m:	33.74	100m:	38.61	150m:	45.63	200m:	34.94	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

36, , 200m

WA

42.			09	"	"	<b>2:32.92</b>	560	
	50m:	32.39	100m:	40.92	150m:	43.92	200m:	35.69
44.			10	"	"	<b>2:32.97</b>	560	
	50m:	31.43	100m:	40.32	150m:	46.68	200m:	34.54
45.			07	"	"	<b>2:33.13</b>	558	
	50m:	31.14	100m:	40.48	150m:	46.44	200m:	35.07
46.			07		3	<b>2:33.16</b>	558	
	50m:	32.76	100m:	35.93	150m:	46.99	200m:	37.48
47.			09	"	"	<b>2:33.34</b>	556	
	50m:	31.57	100m:	38.93	150m:	46.44	200m:	36.40
48.			09	"	"	<b>2:33.35</b>	556	
	50m:	33.33	100m:	37.56	150m:	46.04	200m:	36.42
49.			08			<b>2:33.87</b>	550	
	50m:	33.02	100m:	41.66	150m:	41.48	200m:	37.71
50.			06	"	"	<b>2:34.56</b>	543	
	50m:	30.90	100m:	40.25	150m:	47.26	200m:	36.15
51.			07			<b>2:34.61</b>	542	
	50m:	32.89	100m:	41.90	150m:	43.77	200m:	36.05
52.			07	"	"	<b>2:34.79</b>	540	
	50m:	31.75	100m:	40.75	150m:	47.55	200m:	34.74
53.			07	"	"	<b>2:34.81</b>	540	
	50m:	32.01	100m:	40.22	150m:	45.35	200m:	37.23
54.			10	"	"	<b>2:35.16</b>	537	
	50m:	34.11	100m:	40.96	150m:	45.14	200m:	34.95
55.			09			<b>2:35.30</b>	535	
	50m:	32.92	100m:	40.56	150m:	46.47	200m:	35.35
56.			06	"	"	<b>2:35.33</b>	535	
	50m:	31.33	100m:	38.37	150m:	48.53	200m:	37.10
57.			08			<b>2:35.62</b>	532	
	50m:	34.15	100m:	41.58	150m:	43.28	200m:	36.61
58.			09	-70	"	<b>2:35.83</b>	530	
	50m:	35.86	100m:	41.49	150m:	41.67	200m:	36.81
59.			10	"	"	<b>2:35.86</b>	529	
	50m:	33.07	100m:	37.17	150m:	48.30	200m:	37.32
60.			10	"	"	<b>2:36.36</b>	524	
	50m:	33.54	100m:	38.35	150m:	46.51	200m:	37.96
61.			08	"	"	<b>2:36.38</b>	524	
	50m:	31.90	100m:	41.66	150m:	44.50	200m:	38.32
62.			07	"	"	<b>2:36.65</b>	521	
	50m:	33.82	100m:	40.37	150m:	43.79	200m:	38.67
63.			08			<b>2:36.88</b>	519	
	50m:	33.43	100m:	42.29	150m:	45.20	200m:	35.96
64.			08	"	"	<b>2:37.08</b>	517	
	50m:	31.91	100m:	39.51	150m:	46.70	200m:	38.96

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

36, , 200m

							WA
65.			09			" "	<b>2:37.10</b> 517
50m:	32.71	100m:	41.51	150m:	43.84	200m:	39.04
			07			" "	<b>2:37.10</b> 517
50m:	31.74	100m:	40.97	150m:	45.85	200m:	38.54
67.			08			" "	<b>2:38.06</b> 508
50m:	32.03	100m:	40.67	150m:	48.24	200m:	37.12
68.			08				<b>2:38.18</b> 506
50m:	32.81	100m:	43.29	150m:	46.82	200m:	35.26
69.			06			" "	<b>2:38.54</b> 503
50m:	32.82	100m:	41.55	150m:	47.39	200m:	36.78
70.			07			" "	<b>2:39.11</b> 498
50m:	32.67	100m:	42.41	150m:	44.48	200m:	39.55
71.			07			" "	<b>2:39.60</b> 493
50m:	33.83	100m:	42.10	150m:	47.26	200m:	36.41
72.			07			-	<b>2:40.18</b> 488
50m:	33.69	100m:	40.12	150m:	48.19	200m:	38.18
73.			08			" "	<b>2:40.75</b> 482
50m:	33.77	100m:	40.93	150m:	48.70	200m:	37.35
74.			08			" "	<b>2:41.20</b> 478
50m:	32.19	100m:	41.61	150m:	48.77	200m:	38.63
75.			07			" "	<b>2:42.41</b> 468
50m:	32.96	100m:	41.97	150m:	48.05	200m:	39.43
76.			06			" "	<b>2:48.07</b> 422
50m:	35.26	100m:	40.12	150m:	53.30	200m:	39.39
DSQ			07			3	
DSQ			08			" "	

37

, 50m

22.03.2024 - 12:05

21.44

14.04.2017

: FINA 2024

							WA
1.			05				<b>22.86</b> 765
2.			01			" "	<b>22.99</b> 752
3.			03			-	<b>23.12</b> 739
4.			03			" "	<b>23.17</b> 734
5.			01				<b>23.36</b> 717
6.			06			" "	<b>23.39</b> 714
			04			" "	<b>23.39</b> 714
8.			04			" "	<b>23.40</b> 713
9.			05			" "	<b>23.54</b> 700
10.			05			-	<b>23.56</b> 699
11.			06				<b>23.60</b> 695
12.			00			-	<b>23.74</b> 683

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

37, , 50m ,

						WA
13.	,	06				23.78 679
14.	,	06	"	"		23.90 669
	,	07	-			23.90 669
16.	,	02	-			23.95 665
17.	,	03				23.98 663
18.	,	07				24.00 661
	,	07	"	"		24.00 661
20.	,	05	-			24.01 660
	,	03	-			24.01 660
22.	,	06	"	"		24.05 657
23.	,	99		3		24.06 656
24.	,	04	"	"	"	24.08 654
25.	,	05	"	"	"	24.11 652
26.	,	05		3		24.13 650
27.	,	06	"	"	"	24.16 648
28.	,	00	"	"	"	24.18 646
29.	,	06				24.25 641
30.	,	07	"	"	"	24.27 639
	,	05	"	"	"	24.27 639
32.	,	04	-			24.32 635
33.	,	06	"	"	"	24.34 634
34.	,	06		3		24.35 633
35.	,	06	"	"	"	24.38 630
36.	,	06	"	"	"	24.40 629
37.	,	04	"	"	"	24.42 627
38.	,	07				24.43 627
39.	,	06				24.45 625
40.	,	06				24.48 623
41.	,	04				24.56 617
42.	,	07		3		24.62 612
	,	05	"	"	"	24.62 612
44.	,	03	"	"	"	24.63 611
45.	,	08		3		24.65 610
46.	,	05				24.66 609
	,	08	"	"	"	24.66 609
	,	06	"	"	"	24.66 609
49.	,	07	"	"	"	24.67 608
50.	,	05	"	"	"	24.74 603
51.	,	07	"	"	"	24.75 603
52.	,	07				24.76 602
53.	,	07				24.77 601
54.	,	02	"	"	"	24.78 600
	,	06	"	"	"	24.78 600
56.	,	04				24.83 597
	,	07		3		24.83 597
58.	,	05	-			24.84 596
59.	,	07	"	"	"	24.85 595
60.	,	05				24.87 594
	,	04	-70	"	"	24.87 594

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

37, , 50m ,

WA

62.	,	09	"	"	"	<b>24.88</b>	593	
63.	,	03	"	"	"	<b>24.90</b>	592	
64.	,	09				<b>24.91</b>	591	
65.	,	09	"		"	<b>24.92</b>	590	
66.	,	03	"		"	<b>24.94</b>	589	
67.	,	07			"	<b>24.97</b>	587	
68.	,	06	-		"	<b>24.98</b>	586	
69.	,	06	"	"	"	<b>25.00</b>	585	
70.	,	07	"		"	<b>25.02</b>	583	
	,	05	"		"	<b>25.02</b>	583	
72.	,	05	"		"	<b>25.05</b>	581	
73.	,	05	"		"	<b>25.08</b>	579	
74.	,	08	"		"	<b>25.10</b>	578	
75.	,	04		3	"	<b>25.13</b>	576	
76.	,	05	"	"	"	<b>25.14</b>	575	
77.	,	07	"	"	"	<b>25.17</b>	573	
	,	07	"	"	"	<b>25.17</b>	573	
79.	,	06	"	"	"	<b>25.19</b>	571	
	,	03	"	"	"	<b>25.19</b>	571	
81.	,	96	-70	"	"	<b>25.20</b>	571	
82.	,	07	"		"	<b>25.22</b>	569	
83.	,	07		"	"	<b>25.23</b>	569	
84.	,	07	"	"	"	<b>25.25</b>	567	
85.	,	06	"	"	"	<b>25.26</b>	567	
	,	06	"	"	"	<b>25.26</b>	567	
87.	,	08	"		"	<b>25.27</b>	566	
88.	,	06	"		"	<b>25.28</b>	565	
89.	,	07	"	"	"	<b>25.29</b>	565	
90.	,	05	"	"	"	<b>25.32</b>	563	
91.	,	09	"		"	<b>25.37</b>	559	
92.	,	09	"		"	<b>25.41</b>	557	
93.	,	08	"	"	"	<b>25.42</b>	556	
94.	,	06	"		"	<b>25.43</b>	555	
	,	05	"		"	<b>25.43</b>	555	
96.	,	05	"		"	<b>25.45</b>	554	
97.	,	07	"		"	<b>25.49</b>	552	
98.	,	07	"		"	<b>25.61</b>	544	
99.	,	07	"		"	<b>25.63</b>	543	
100.	,	05	"		"	<b>25.70</b>	538	
	,	05	"	"	"	<b>25.70</b>	538	
102.	,	03	"	"	"	<b>25.75</b>	535	
	,	06	"		"	<b>25.75</b>	535	
104.	,	08	"	"	"	<b>25.76</b>	534	
105.	,	08	"	"	"	<b>25.82</b>	531	
106.	,	06	"	"	"	<b>25.83</b>	530	
107.	,	08			"	<b>25.88</b>	527	
108.	,	05	"		"	<b>25.90</b>	526	
109.	,	06	"		"	<b>25.92</b>	524	
	,	08	"	"	"	<b>25.92</b>	524	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

37, , 50m

						WA
109.		07	"	"		25.92 524
112.		08	"	"		25.98 521
113.		09	"	"		26.00 520
114.		05				26.04 517
		09		"	"	26.04 517
116.		06	-			26.09 514
117.		08	"	"	"	26.10 514
118.		08	"	"		26.13 512
119.		07				26.18 509
120.		08	"	"		26.22 507
121.		07		"	"	26.30 502
122.		05				26.32 501
123.		08				26.39 497
124.		06	"	"	"	26.44 494
125.		09	"	"	"	26.51 490
126.		08		"	"	26.73 478
127.		07	"	"		26.81 474
128.		06	"	"		27.03 462
129.		07	"	"		27.20 454
130.		95				28.29 403
131.		92	"	"		28.38 399

38 , 50m

22.03.2024 - 12:25

24.66

21.04.2018

: FINA 2024

						WA
1.		07	"	"		25.78 768
2.		97				25.87 760
3.		02	"	"		26.11 739
4.		08	-70	"	"	26.15 735
5.		98	"	"	"	26.20 731
6.		08	-			26.45 711
7.		07	"	"	"	26.50 707
8.		00	"	"	"	26.58 700
9.		02	"	"	"	26.78 685
10.		97	"	"	"	26.83 681
11.		05	"	"	"	26.94 673
12.		08	"	"	"	27.10 661
13.		01	-70	"	"	27.16 656
14.		09	"	"	"	27.28 648
15.		03	"	"	"	27.33 644
16.		07	"	"	"	27.42 638
17.		09	"	"	"	27.45 636
18.		06	"	"	"	27.46 635
19.		07	"	"	"	27.49 633
20.		08				27.52 631

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

38, , 50m ,

WA

21.	,	10	"	"	27.61	625	
22.	,	08	"	3	27.67	621	
23.	,	08	"	"	27.69	619	
24.	,	09	"	"	27.75	615	
	,	09	"	"	27.75	615	
26.	,	09		"	27.77	614	
27.	,	10	"	"	27.78	613	
28.	,	05	"	"	27.83	610	
29.	,	07	"	"	27.85	609	
30.	,	09	"	"	27.89	606	
31.	,	08	"	"	27.91	605	
32.	,	08	"	"	27.93	604	
33.	,	05	"	3	28.00	599	
	,	10	-70	"	28.00	599	
	,	05	"	"	28.00	599	
36.	,	07	"	"	28.07	595	
37.	,	08	"	"	28.14	590	
38.	,	10		"	28.17	588	
	,	08	"	"	28.17	588	
40.	,	06	"	"	28.21	586	
41.	,	07	"	"	28.26	583	
	,	08	-	"	28.26	583	
43.	,	04	"	"	28.30	580	
44.	,	08	"	"	28.32	579	
	,	09	"	"	28.32	579	
46.	,	08	"	"	28.36	576	
47.	,	10		"	28.43	572	
	,	07	"	"	28.43	572	
49.	,	07	"	"	28.44	572	
50.	,	09	"	"	28.50	568	
51.	,	06	"	"	28.54	566	
52.	,	09	"	"	28.55	565	
53.	,	08	"	"	28.56	564	
54.	,	06	"	"	28.57	564	
55.	,	08	"	"	28.58	563	
56.	,	09	"	"	28.59	563	
57.	,	06	"	"	28.60	562	
58.	,	09	"	"	28.63	560	
59.	,	07	"	"	28.65	559	
	,	09	"	"	28.65	559	
61.	,	08	"	"	28.66	559	
62.	,	08	"	"	28.67	558	
63.	,	08	"	"	28.70	556	
64.	,	09		"	28.83	549	
65.	,	07		"	28.95	542	
	,	08	"	"	28.95	542	
67.	,	05	"	"	29.08	535	
68.	,	10	"	"	29.12	532	
69.	,	07	"	"	29.21	528	

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

38, , 50m ,

WA

70.	,	09						<b>29.28</b>	524
71.	,	07	"	"	"			<b>29.35</b>	520
72.	,	09	"	"	"			<b>29.50</b>	512
73.	,	07						<b>29.56</b>	509
74.	,	10						<b>29.60</b>	507
75.	,	08	"	"	"			<b>29.89</b>	492
76.	,	08	"	"	"			<b>30.20</b>	477
77.	,	09						<b>30.50</b>	463
78.	,	02	"	"	"			<b>32.78</b>	373
79.	,	07	"	"	"			<b>33.68</b>	344

39

, 4 x 100m

22.03.2024 - 12:35

: FINA 2024

WA

1.	-	05	26.90	56.20	-	02		<b>3:41.95</b>	808
	,	06	28.11	1:01.67	,	03		24.62	53.49
	,							24.17	50.59
2.	,	03	27.35	56.66	,	08		<b>3:45.26</b>	773
	,	07	29.56	1:03.10	,	05		24.87	54.75
	,							24.34	50.75
3.	3	05	27.76	57.29	3	04		<b>3:46.31</b>	762
	,	05	29.06	1:02.51	,	99		24.89	55.15
	,							24.82	51.36
4.	" "	07	27.97	58.77	" "	06		<b>3:49.60</b>	730
	,	95	30.28	1:04.77	,	04		25.51	55.07
	,							23.82	50.99
5.	" " "	07	28.63	59.33	" " "	98		<b>3:50.57</b>	721
	,	02	29.94	1:05.24	,	05		24.85	54.38
	,							24.73	51.62
6.	" "	06	28.99	1:00.35	" "	03		<b>3:52.73</b>	701
	,	04	30.34	1:04.09	,	01		26.17	57.39
	,							23.85	50.90
7.	" " "	07	28.07	58.89	" " "	08		<b>3:55.78</b>	674
	,	07	30.45	1:05.40	,	08		26.92	58.69
	,							24.63	52.80
8.	" "	06	29.88	1:01.56	" "	08		<b>3:57.04</b>	663
	,	06	29.33	1:04.09	,	06		27.22	58.44
	,							24.88	52.95
9.		09	31.38	1:04.23		06		<b>4:03.90</b>	609
	,	03	30.67	1:06.27	,	07		26.26	56.86
	,							25.96	56.54
10.	-70 "	07	29.46	1:03.42	-70 "	07		<b>4:06.98</b>	586
	,	06	31.21	1:08.91	,	07		26.48	59.16
	,							26.28	55.49
DSQ	" "	07	27.38	55.84	" "	04			
	,	98	28.83	1:01.35	,	00			

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

39, , 4 x 100m

WA

DSQ	"	"	07	28.75	1:00.69	"	"	02
			04					04
DSQ	"	"	07	30.64	1:01.55	"	"	08
			08	31.33	1:06.34			06

40 , 4 x 100m

22.03.2024 - 12:45

: FINA 2024

WA

1.	"	"	05	30.59	1:02.91	"	"	09	<b>4:08.82</b>	793
			97	32.37	1:09.69			98	27.97	1:00.24
2.			09	31.14	1:03.71			08	<b>4:12.84</b>	756
			92	32.20	1:07.71			97	29.73	1:02.95
3.	"	"	02	30.89	1:03.57	"	"	02	<b>4:18.15</b>	710
			07	34.37	1:13.29			08	27.93	1:01.92
4.	"	"	06	32.09	1:06.18	"	"	02	<b>4:20.11</b>	694
			04	34.33	1:10.98			00	28.88	1:03.82
5.	"	"	02	32.30	1:05.97	"	"	06	<b>4:24.22</b>	663
			10	35.27	1:16.64			07	29.70	1:06.04
6.	"	"	06	32.89	1:08.82	"	"	10	<b>4:27.66</b>	637
			05	32.55	1:11.53			06	30.82	1:08.97
7.	"	"	06	33.28	1:08.33	"	"	09	<b>4:29.99</b>	621
			07	35.78	1:18.11			08	29.06	1:03.94
8.	-70	"	06	32.50	1:09.46	-70	"	06	<b>4:32.34</b>	605
			09	36.77	1:18.77			08	30.27	1:05.54
9.	"	"	08	33.10	1:08.44	"	"	07	<b>4:36.26</b>	580
			07	36.03	1:16.91			09	32.18	1:10.90
DSQ	3		07	31.70	1:05.86	3		08	28.45	1:00.01
			06	33.97	1:11.90			04		
DSQ	"	"	08	31.30	1:05.05	"	"	08		
			07	35.76	1:16.77			06		

19-22 2024 .

SEIKO

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Splash Meet Manager, 11.78560

Registered to RSF/Moscow City Swimming Federation

22.03.2024 15:33 -

95

Главный судья, спортивный судья Всероссийской категории

С.А.Кретов

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

41

, 800m

22.03.2024 - 13:10

7:48.25

09.04.2021

: FINA 2024

WA

1.				02		3				<b>8:13.24</b>	770	
	50m:	30.53	200m:	31.56	350m:	31.09	500m:	30.60	650m:	30.37	800m:	28.52
	100m:	31.26	250m:	31.32	400m:	31.31	550m:	30.70	700m:	30.69		
	150m:	32.04	300m:	31.05	450m:	30.70	600m:	31.17	750m:	30.33		
2.				04		3				<b>8:15.82</b>	758	
	50m:	28.94	200m:	30.99	350m:	31.25	500m:	31.32	650m:	31.22	800m:	30.46
	100m:	31.02	250m:	31.34	400m:	31.21	550m:	31.10	700m:	30.77		
	150m:	31.52	300m:	31.23	450m:	31.31	600m:	31.50	750m:	30.64		
3.				04		"				<b>8:16.74</b>	754	
	50m:	28.86	200m:	31.12	350m:	31.79	500m:	30.78	650m:	31.03	800m:	29.81
	100m:	31.23	250m:	31.53	400m:	31.31	550m:	31.49	700m:	31.10		
	150m:	31.60	300m:	31.14	450m:	30.91	600m:	31.30	750m:	31.74		
4.				05		3				<b>8:19.28</b>	742	
	50m:	29.33	200m:	31.48	350m:	31.19	500m:	31.39	650m:	31.39	800m:	30.29
	100m:	31.59	250m:	31.04	400m:	30.82	550m:	31.56	700m:	31.70		
	150m:	31.75	300m:	31.46	450m:	31.29	600m:	31.80	750m:	31.20		
5.				05		3				<b>8:24.14</b>	721	
	50m:	29.01	200m:	32.07	350m:	32.31	500m:	31.30	650m:	31.53	800m:	30.04
	100m:	31.79	250m:	32.19	400m:	31.90	550m:	31.27	700m:	31.59		
	150m:	32.14	300m:	32.31	450m:	31.50	600m:	31.75	750m:	31.44		
6.				06		3				<b>8:26.01</b>	713	
	50m:	28.82	200m:	31.55	350m:	31.90	500m:	32.15	650m:	32.05	800m:	30.81
	100m:	31.62	250m:	31.60	400m:	32.04	550m:	31.99	700m:	32.50		
	150m:	31.30	300m:	31.94	450m:	31.63	600m:	32.29	750m:	31.82		
7.				04		"				<b>8:27.64</b>	706	
	50m:	29.74	200m:	32.30	400m:	32.28	550m:	31.35	700m:	32.23		
	100m:	32.93	300m:	1:04.39	450m:	31.42	600m:	31.81	750m:	31.76		
	150m:	32.44	350m:	32.25	500m:	31.62	650m:	31.71	800m:	29.41		
8.				05		"				<b>8:28.31</b>	703	
	50m:	29.39	200m:	32.16	350m:	32.33	500m:	31.66	650m:	32.08	800m:	29.40
	100m:	32.09	250m:	32.10	400m:	32.03	550m:	31.94	700m:	32.77		
	150m:	32.18	300m:	32.22	450m:	31.80	600m:	31.90	750m:	32.26		
9.				06		3				<b>8:29.49</b>	698	
	50m:	29.62	200m:	32.37	350m:	32.60	500m:	31.92	650m:	32.25	800m:	28.91
	100m:	32.10	250m:	32.57	400m:	32.56	550m:	31.98	700m:	32.32		
	150m:	32.09	300m:	32.80	450m:	32.00	600m:	32.09	750m:	31.31		
10.				07		"				<b>8:31.10</b>	692	
	50m:	29.44	200m:	32.50	350m:	32.50	500m:	32.27	650m:	32.44	800m:	30.50
	100m:	31.78	250m:	32.31	400m:	32.02	550m:	32.22	700m:	32.13		
	150m:	32.11	300m:	32.53	450m:	32.23	600m:	32.25	750m:	31.87		
11.				08		"				<b>8:34.50</b>	678	
	50m:	28.84	200m:	32.57	350m:	32.48	500m:	33.35	650m:	32.18	800m:	30.67
	100m:	31.62	250m:	32.37	400m:	33.26	550m:	32.69	700m:	32.27		
	150m:	32.52	300m:	33.16	450m:	32.94	600m:	32.70	750m:	30.88		
12.				07		"				<b>8:34.51</b>	678	
	50m:	29.54	200m:	32.26	350m:	32.14	500m:	32.48	650m:	32.95	800m:	31.40
	100m:	31.84	250m:	32.14	400m:	32.23	550m:	32.81	700m:	32.83		
	150m:	32.00	300m:	32.52	450m:	32.18	600m:	32.79	750m:	32.40		

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

41, , 800m ,

WA

13.			06		3					<b>8:36.07</b>	672	
	50m:	29.72	200m:	31.95	350m:	32.44	500m:	32.82	650m:	32.88	800m:	31.47
	100m:	31.52	250m:	32.30	400m:	32.64	550m:	32.97	700m:	32.92		
	150m:	31.62	300m:	32.40	450m:	32.47	600m:	32.96	750m:	32.99		
14.			06		3					<b>8:40.99</b>	653	
	50m:	29.18	200m:	32.54	350m:	33.03	500m:	33.61	650m:	33.29	800m:	30.91
	100m:	31.60	250m:	32.62	400m:	33.34	550m:	33.21	700m:	33.03		
	150m:	31.94	300m:	33.19	450m:	33.39	600m:	33.85	750m:	32.26		
15.			09		"					<b>8:41.51</b>	651	
	50m:	28.88	200m:	32.74	350m:	32.54	500m:	33.21	650m:	33.65	800m:	31.48
	100m:	31.86	250m:	32.51	400m:	32.74	550m:	33.39	700m:	33.92		
	150m:	32.27	300m:	32.76	450m:	32.92	600m:	33.63	750m:	33.01		
16.			07		3					<b>8:43.69</b>	643	
	50m:	29.73	200m:	32.03	350m:	32.71	500m:	33.64	650m:	33.41	800m:	32.90
	100m:	31.65	250m:	32.53	400m:	33.43	550m:	33.57	700m:	33.83		
	150m:	31.97	300m:	32.62	450m:	32.96	600m:	33.66	750m:	33.05		
17.			06		"					<b>8:45.27</b>	637	
	50m:	28.82	200m:	32.82	350m:	33.52	500m:	33.74	650m:	34.00	800m:	31.49
	100m:	31.86	250m:	32.94	400m:	33.61	550m:	33.74	700m:	33.21		
	150m:	32.11	300m:	33.26	450m:	33.53	600m:	33.67	750m:	32.95		
18.			07		"					<b>8:47.09</b>	631	
	50m:	30.00	200m:	32.81	350m:	33.15	500m:	33.46	650m:	34.12	800m:	31.78
	100m:	32.41	250m:	33.24	400m:	33.46	550m:	33.86	700m:	33.61		
	150m:	32.73	300m:	32.72	450m:	33.35	600m:	33.78	750m:	32.61		
19.			08							<b>8:47.78</b>	628	
	50m:	30.27	200m:	33.18	350m:	33.49	500m:	33.66	650m:	33.74	800m:	29.56
	100m:	32.86	250m:	33.75	400m:	33.64	550m:	33.76	700m:	33.63		
	150m:	33.22	300m:	33.50	450m:	33.40	600m:	33.62	750m:	32.50		
20.			07		"					<b>8:51.97</b>	613	
	50m:	29.96	200m:	33.61	350m:	33.65	500m:	34.24	650m:	33.63	800m:	31.67
	100m:	32.72	250m:	33.60	400m:	34.01	550m:	33.73	700m:	33.78		
	150m:	33.52	300m:	33.55	450m:	33.87	600m:	33.80	750m:	32.63		
21.			09 I							<b>8:56.22</b>	599	
	50m:	29.21	200m:	33.12	350m:	34.11	500m:	34.37	650m:	34.13	800m:	32.45
	100m:	32.63	250m:	33.54	400m:	34.12	550m:	33.73	700m:	34.84		
	150m:	33.14	300m:	33.82	450m:	34.24	600m:	34.57	750m:	34.20		
22.			06							<b>8:56.99</b>	596	
	50m:	29.60	200m:	33.65	350m:	34.02	500m:	34.09	650m:	33.52	800m:	33.34
	100m:	32.97	250m:	33.76	400m:	33.83	550m:	34.26	700m:	34.29		
	150m:	33.39	300m:	33.90	450m:	34.10	600m:	34.22	750m:	34.05		
23.			08 I		"					<b>8:57.02</b>	596	
	50m:	29.96	200m:	34.84	350m:	34.33	500m:	33.65	650m:	34.01	800m:	30.89
	100m:	33.72	250m:	34.19	400m:	34.43	550m:	34.04	700m:	33.98		
	150m:	34.16	300m:	34.42	450m:	34.23	600m:	33.93	750m:	32.24		
24.			06		-70 "					<b>9:00.26</b>	586	
	50m:	29.81	200m:	34.26	350m:	33.91	500m:	34.39	650m:	34.05	800m:	32.51
	100m:	34.28	250m:	33.92	400m:	34.59	550m:	34.23	700m:	34.04		
	150m:	34.08	300m:	33.85	450m:	34.16	600m:	34.44	750m:	33.74		
25.			08							<b>9:03.22</b>	576 I	
	50m:	29.30	200m:	33.78	350m:	33.97	500m:	34.75	650m:	34.89	800m:	35.03
	100m:	32.84	250m:	33.74	400m:	34.71	550m:	33.77	700m:	34.53		
	150m:	33.95	300m:	34.48	450m:	34.12	600m:	35.03	750m:	34.33		

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

41, , 800m

WA

26.			09	I		-70	"			<b>9:05.84</b>	568	I
	50m:	30.48	200m:	33.91	350m:	34.65	500m:	34.91	650m:	34.60	800m:	33.15
	100m:	33.04	250m:	34.80	400m:	34.36	550m:	34.63	700m:	34.38		
	150m:	33.99	300m:	34.56	450m:	34.73	600m:	35.20	750m:	34.45		
27.			10	I						<b>9:06.60</b>	565	I
	50m:	30.31	200m:	34.49	350m:	34.49	500m:	35.25	650m:	34.78	800m:	31.04
	100m:	33.65	250m:	34.38	400m:	34.95	550m:	34.84	700m:	35.04		
	150m:	34.06	300m:	34.77	450m:	34.81	600m:	35.69	750m:	34.05		
28.			10							<b>9:06.61</b>	565	I
	50m:	30.46	200m:	34.25	350m:	35.19	500m:	34.73	650m:	34.65	800m:	31.55
	100m:	32.87	250m:	35.46	400m:	34.61	550m:	34.95	700m:	34.95		
	150m:	34.90	300m:	34.24	450m:	34.62	600m:	35.22	750m:	33.96		
29.			08			-				<b>9:12.30</b>	548	I
	50m:	31.15	200m:	34.69	350m:	35.05	500m:	35.03	650m:	35.24	800m:	33.34
	100m:	33.98	250m:	34.99	400m:	34.79	550m:	34.82	700m:	34.62		
	150m:	34.41	300m:	35.04	450m:	34.55	600m:	35.34	750m:	35.26		
30.			06	I		"	"			<b>9:21.06</b>	523	I
	50m:	29.82	200m:	34.46	350m:	35.82	500m:	36.28	650m:	36.25	800m:	34.05
	100m:	32.87	250m:	35.31	400m:	35.84	550m:	36.22	700m:	36.12		
	150m:	34.21	300m:	35.33	450m:	36.07	600m:	36.48	750m:	35.93		
31.			08	I		-				<b>9:26.85</b>	507	I
	50m:	30.36	200m:	35.86	350m:	36.31	500m:	36.28	650m:	35.71	800m:	32.42
	100m:	34.54	250m:	35.96	400m:	36.44	550m:	36.51	700m:	36.20		
	150m:	35.51	300m:	36.32	450m:	36.93	600m:	36.45	750m:	35.05		
32.			07			"	"			<b>9:28.13</b>	503	I
	50m:	30.50	200m:	34.67	350m:	36.12	500m:	36.79	650m:	36.41	800m:	33.90
	100m:	33.33	250m:	35.89	400m:	36.70	550m:	37.12	700m:	36.57		
	150m:	34.56	300m:	35.90	450m:	36.81	600m:	37.15	750m:	35.71		

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, 1500m

22.03.2024 - 13:50

16:25.69

31.07.2023

: FINA 2024

WA

1.			06								<b>17:43.34</b>	648
	50m:	31.04	300m:	34.90	550m:	35.36	800m:	36.03	1050m:	35.94	1300m:	35.88
	100m:	34.15	350m:	35.19	600m:	35.63	850m:	36.12	1100m:	36.04	1350m:	36.24
	150m:	34.70	400m:	35.10	650m:	35.84	900m:	36.17	1150m:	36.22	1400m:	36.13
	200m:	35.02	450m:	35.68	700m:	35.71	950m:	36.10	1200m:	35.86	1450m:	35.12
	250m:	35.49	500m:	35.51	750m:	35.97	1000m:	35.91	1250m:	35.76	1500m:	34.53
2.			08			3					<b>17:57.20</b>	623
	50m:	31.96	300m:	35.42	550m:	36.17	800m:	36.56	1050m:	36.71	1300m:	36.29
	100m:	35.13	350m:	35.95	600m:	35.84	850m:	36.86	1100m:	36.35	1350m:	36.35
	150m:	35.40	400m:	36.20	650m:	36.73	900m:	36.23	1150m:	36.43	1400m:	35.97
	200m:	36.30	450m:	35.72	700m:	35.89	950m:	36.88	1200m:	36.76	1450m:	35.62
	250m:	35.04	500m:	35.85	750m:	36.72	1000m:	36.52	1250m:	37.02	1500m:	32.33

19-22 2024 .

SEIKO

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

42, , 1500m

WA

3.				06								<b>18:04.67</b>	611
	50m:	32.38	300m:	35.75	550m:	36.25	800m:	36.63	1050m:	36.77	1300m:	36.86	
	100m:	34.88	350m:	35.89	600m:	36.31	850m:	36.63	1100m:	36.78	1350m:	36.94	
	150m:	35.05	400m:	36.10	650m:	36.36	900m:	36.70	1150m:	36.68	1400m:	36.74	
	200m:	35.55	450m:	36.13	700m:	36.24	950m:	36.68	1200m:	36.61	1450m:	36.46	
	250m:	35.48	500m:	36.19	750m:	36.45	1000m:	36.63	1250m:	36.78	1500m:	35.77	
4.				09								<b>18:15.19</b>	593
	50m:	32.24	300m:	36.06	550m:	37.33	800m:	37.05	1050m:	36.35	1300m:	37.52	
	100m:	35.12	350m:	36.33	600m:	37.17	850m:	37.25	1100m:	36.64	1350m:	37.21	
	150m:	35.59	400m:	36.66	650m:	37.13	900m:	37.25	1150m:	37.16	1400m:	36.55	
	200m:	36.08	450m:	36.78	700m:	37.18	950m:	37.71	1200m:	36.79	1450m:	34.91	
	250m:	35.90	500m:	37.03	750m:	37.51	1000m:	37.27	1250m:	36.90	1500m:	34.52	
5.				08								<b>18:21.44</b>	583
	50m:	31.95	300m:	36.41	550m:	37.03	800m:	37.04	1050m:	37.61	1300m:	36.87	
	100m:	35.47	350m:	36.65	600m:	37.12	850m:	37.13	1100m:	37.34	1350m:	36.73	
	150m:	36.01	400m:	36.09	650m:	37.11	900m:	37.32	1150m:	37.41	1400m:	37.24	
	200m:	36.54	450m:	36.77	700m:	37.02	950m:	37.73	1200m:	38.13	1450m:	36.77	
	250m:	36.77	500m:	36.93	750m:	37.23	1000m:	37.12	1250m:	36.75	1500m:	35.15	
6.				07								<b>18:23.28</b>	580
	50m:	32.43	300m:	36.79	550m:	36.98	800m:	36.56	1050m:	36.94	1300m:	37.43	
	100m:	35.17	350m:	36.96	600m:	36.98	850m:	37.06	1100m:	37.40	1350m:	37.51	
	150m:	36.40	400m:	37.00	650m:	36.67	900m:	36.88	1150m:	37.36	1400m:	37.30	
	200m:	36.67	450m:	37.02	700m:	36.89	950m:	37.03	1200m:	37.58	1450m:	37.06	
	250m:	36.89	500m:	37.10	750m:	36.59	1000m:	37.19	1250m:	37.35	1500m:	36.09	
7.				08								<b>18:34.47</b>	563
	50m:	32.25	300m:	36.86	550m:	37.46	800m:	37.81	1050m:	37.69	1300m:	38.33	
	100m:	35.16	350m:	36.80	600m:	37.92	850m:	37.63	1100m:	38.29	1350m:	37.70	
	150m:	35.90	400m:	37.17	650m:	37.26	900m:	37.80	1150m:	37.88	1400m:	37.43	
	200m:	36.10	450m:	37.22	700m:	37.26	950m:	37.38	1200m:	37.75	1450m:	37.46	
	250m:	36.38	500m:	37.58	750m:	37.67	1000m:	37.83	1250m:	38.01	1500m:	36.49	
8.				08								<b>18:56.23</b>	531
	50m:	33.01	300m:	37.54	550m:	37.16	800m:	38.50	1050m:	38.32	1300m:	39.15	
	100m:	35.86	350m:	37.24	600m:	38.48	850m:	38.36	1100m:	38.83	1350m:	38.47	
	150m:	36.49	400m:	37.62	650m:	38.12	900m:	38.79	1150m:	38.47	1400m:	38.83	
	200m:	37.26	450m:	37.40	700m:	38.06	950m:	38.22	1200m:	39.24	1450m:	38.04	
	250m:	37.29	500m:	38.37	750m:	37.73	1000m:	38.95	1250m:	38.54	1500m:	37.89	
9.				10								<b>18:56.62</b>	531
	50m:	33.76	300m:	37.72	550m:	37.39	800m:	38.15	1050m:	38.40	1300m:	38.79	
	100m:	37.25	350m:	38.14	600m:	37.96	850m:	38.52	1100m:	38.66	1350m:	39.13	
	150m:	37.59	400m:	38.16	650m:	37.80	900m:	37.38	1150m:	38.46	1400m:	38.13	
	200m:	37.80	450m:	37.66	700m:	38.10	950m:	38.72	1200m:	38.57	1450m:	37.72	
	250m:	38.55	500m:	37.59	750m:	38.17	1000m:	38.34	1250m:	38.84	1500m:	35.17	
10.				08								<b>18:58.91</b>	527
	50m:	31.75	300m:	37.96	550m:	38.23	800m:	38.32	1050m:	38.71	1300m:	39.17	
	100m:	35.39	350m:	37.66	600m:	37.85	850m:	38.48	1100m:	38.93	1350m:	39.10	
	150m:	36.34	400m:	38.03	650m:	38.68	900m:	38.41	1150m:	38.86	1400m:	38.61	
	200m:	37.15	450m:	37.91	700m:	38.10	950m:	38.88	1200m:	39.00	1450m:	38.59	
	250m:	37.10	500m:	38.05	750m:	38.39	1000m:	38.82	1250m:	38.46	1500m:	37.98	
11.				08								<b>19:10.43</b>	512
	50m:	34.44	300m:	38.51	550m:	38.44	800m:	38.34	1050m:	38.02	1300m:	38.83	
	100m:	37.54	350m:	38.45	600m:	38.60	850m:	38.27	1100m:	38.85	1350m:	38.68	
	150m:	38.27	400m:	38.87	650m:	38.73	900m:	38.27	1150m:	38.93	1400m:	39.26	
	200m:	38.51	450m:	38.45	700m:	38.58	950m:	38.35	1200m:	38.12	1450m:	38.10	
	250m:	38.53	500m:	38.97	750m:	38.18	1000m:	38.51	1250m:	38.72	1500m:	38.11	

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

42, , 1500m

WA

12.				10						<b>19:13.41</b>	508	I
	50m:	34.41	300m:	38.84	550m:	38.08	800m:	39.39	1050m:	38.83	1300m:	40.05
	100m:	37.74	350m:	38.50	600m:	37.94	850m:	38.75	1100m:	38.53	1350m:	38.88
	150m:	38.44	400m:	38.45	650m:	38.54	900m:	38.82	1150m:	39.44	1400m:	38.35
	200m:	39.13	450m:	39.38	700m:	38.77	950m:	38.47	1200m:	39.60	1450m:	36.90
	250m:	38.17	500m:	38.61	750m:	38.95	1000m:	39.42	1250m:	38.59	1500m:	35.44
13.				07						<b>19:19.28</b>	500	I
	50m:	33.83	300m:	38.46	550m:	38.45	800m:	38.96	1050m:	38.75	1300m:	39.34
	100m:	37.02	350m:	38.34	600m:	38.72	850m:	39.09	1100m:	39.70	1350m:	38.93
	150m:	38.16	400m:	39.00	650m:	38.86	900m:	38.66	1150m:	38.87	1400m:	39.17
	200m:	38.39	450m:	38.34	700m:	38.96	950m:	39.27	1200m:	39.50	1450m:	38.96
	250m:	38.95	500m:	39.38	750m:	38.77	1000m:	39.19	1250m:	39.90	1500m:	37.36
14.				08						<b>19:22.61</b>	496	I
	50m:	33.52	300m:	38.22	550m:	39.39	800m:	39.40	1050m:	38.96	1300m:	39.86
	100m:	36.94	350m:	38.37	600m:	39.11	850m:	38.73	1100m:	39.37	1350m:	39.47
	150m:	38.32	400m:	38.73	650m:	38.96	900m:	39.33	1150m:	39.12	1400m:	39.35
	200m:	38.10	450m:	39.49	700m:	39.19	950m:	39.20	1200m:	39.61	1450m:	38.93
	250m:	38.40	500m:	39.38	750m:	39.05	1000m:	39.22	1250m:	39.57	1500m:	37.32
15.				06						<b>19:26.70</b>	491	I
	50m:	33.30	300m:	37.51	550m:	39.79	800m:	41.01	1050m:	40.31	1300m:	40.31
	100m:	36.10	350m:	38.00	600m:	39.63	850m:	40.95	1100m:	40.00	1350m:	39.16
	150m:	36.54	400m:	37.95	650m:	39.09	900m:	40.85	1150m:	40.67	1400m:	40.08
	200m:	36.88	450m:	38.61	700m:	40.07	950m:	40.10	1200m:	40.48	1450m:	37.58
	250m:	37.03	500m:	38.88	750m:	39.96	1000m:	41.09	1250m:	39.95	1500m:	34.82
16.				10	I					<b>19:51.30</b>	461	I
	50m:	34.19	300m:	39.10	550m:	40.32	800m:	40.28	1050m:	40.23	1300m:	40.85
	100m:	37.16	350m:	39.51	600m:	40.87	850m:	40.29	1100m:	40.36	1350m:	40.53
	150m:	38.39	400m:	39.70	650m:	40.63	900m:	40.68	1150m:	40.99	1400m:	39.66
	200m:	38.87	450m:	40.73	700m:	40.42	950m:	39.77	1200m:	40.84	1450m:	39.45
	250m:	39.33	500m:	39.77	750m:	40.18	1000m:	40.41	1250m:	41.46	1500m:	36.33
17.				09	I					<b>20:22.11</b>	427	I
	50m:	34.77	300m:	39.52	550m:	40.06	800m:	41.20	1050m:	41.91	1300m:	42.77
	100m:	37.69	350m:	39.16	600m:	41.12	850m:	41.78	1100m:	41.82	1350m:	42.20
	150m:	38.32	400m:	39.75	650m:	40.75	900m:	41.65	1150m:	42.22	1400m:	42.41
	200m:	39.01	450m:	39.50	700m:	41.22	950m:	42.10	1200m:	42.74	1450m:	41.41
	250m:	39.15	500m:	40.58	750m:	40.98	1000m:	42.83	1250m:	42.44	1500m:	41.05
18.				10	I					<b>20:26.03</b>	423	I
	50m:	34.34	300m:	39.86	550m:	41.60	800m:	41.05	1050m:	42.51	1300m:	42.90
	100m:	37.37	350m:	40.48	600m:	41.66	850m:	39.96	1100m:	43.00	1350m:	42.02
	150m:	39.08	400m:	40.67	650m:	42.47	900m:	42.24	1150m:	39.63	1400m:	42.35
	200m:	38.96	450m:	40.25	700m:	42.06	950m:	42.25	1200m:	41.54	1450m:	40.74
	250m:	40.21	500m:	40.89	750m:	41.84	1000m:	41.49	1250m:	43.14	1500m:	39.47