

1, 50m

04.10.2016

I : 31.95 / : 30.05 / : 28.55 / : 26.87

: FINA 2016

1.	25m:	12.50	12.50	50m:	27.29	14.79	27.29	A	792
2.	25m:	12.55	12.55	50m:	27.46	14.91	27.46	A	777
3.	25m:	12.71	12.71	50m:	27.63	14.92	27.63	A	763

1, 50m

04.10.2016

1999 - 2000

I : 31.95 / : 30.05 / : 28.55 / : 26.87

: FINA 2016

1.	25m:	13.18	13.18	50m:	28.83	15.65	28.83	3	671
2.	25m:	13.63	13.63	50m:	29.36	15.73	29.36	24	636
3.	25m:	13.95	13.95	50m:	29.42	15.47	29.42	76	632

2, 50m

04.10.2016

I : 36.25 / : 34.55 / : 32.75 / : 30.62

: FINA 2016

1.	25m:	14.67	14.67	50m:	31.87	17.20	31.87	-70 "	A	737
2.	25m:	14.77	14.77	50m:	32.00	17.23	32.00	" "	A	729
3.	25m:	15.14	15.14	50m:	32.13	16.99	32.13	01	A	720

4

, 200m

04.10.2016

I	: 2:35.50 /			: 2:25.50 /			: 2:18.00 /			: 2:06.17			
: FINA 2016													
1.				96			3			2:10.45			770
	25m:	13.36	13.36	75m:	46.91	16.83	175m:	1:53.33	33.47				
	50m:	30.08	16.72	100m:	1:19.86	32.95	200m:	2:10.45	17.12				
2.				01						2:21.03			610
	25m:	14.29	14.29	75m:	49.69	16.61	125m:	1:26.17	18.37	200m:	2:21.03	17.65	
	50m:	33.08	18.79	100m:	1:07.80	18.11	175m:	2:03.38	37.21				
3.				03			" "			2:21.82			599
	25m:	14.48	14.48	75m:	49.85	17.06	125m:	1:26.45	18.30	175m:	2:03.54	17.53	
	50m:	32.79	18.31	100m:	1:08.15	18.30	150m:	1:46.01	19.56	200m:	2:21.82	18.28	

4

, 200m

2001 - 2002

04.10.2016

I	: 2:35.50 /			: 2:25.50 /			: 2:18.00 /			: 2:06.17			
: FINA 2016													
1.				01						2:21.03			610
	25m:	14.29	14.29	75m:	49.69	16.61	125m:	1:26.17	18.37	200m:	2:21.03	17.65	
	50m:	33.08	18.79	100m:	1:07.80	18.11	175m:	2:03.38	37.21				
2.				02			" "			2:23.82			575
	25m:	13.96	13.96	75m:	50.39	18.01	125m:	1:27.33	18.39	175m:	2:05.63	19.20	
	50m:	32.38	18.42	100m:	1:08.94	18.55	150m:	1:46.43	19.10	200m:	2:23.82	18.19	
3.				01			3			2:34.96			459
	25m:	15.53	15.53	75m:	53.10	19.22	125m:	1:32.90	19.89	175m:	2:14.09	20.43	
	50m:	33.88	18.35	100m:	1:13.01	19.91	150m:	1:53.66	20.76	200m:	2:34.96	20.87	

5

, 200m

04.10.2016

I	: 2:07.00 /			: 1:58.70 /			: 1:52.00 /			: 1:44.25			
: FINA 2016													
1.				95			" "			1:46.47			812
	25m:	12.21	12.21	75m:	38.37	13.09	125m:	1:05.49	13.73	175m:	1:33.41	13.89	
	50m:	25.28	13.07	100m:	51.76	13.39	150m:	1:19.52	14.03	200m:	1:46.47	13.06	
2.				96			77			1:46.79			805
	25m:	11.74	11.74	75m:	38.06	13.30	125m:	1:05.26	13.66	175m:	1:33.08	14.11	
	50m:	24.76	13.02	100m:	51.60	13.54	150m:	1:18.97	13.71	200m:	1:46.79	13.71	
3.				89			23			1:46.94			802
	25m:	11.82	11.82	125m:	1:05.35	27.17	175m:	1:33.53	14.17				
	50m:	38.18	26.36	150m:	1:19.36	14.01	200m:	1:46.94	13.41				



ЧЕМПИОНАТ И ПЕРВЕНСТВО ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

4-7 октября 2016 года

5, 200m

04.10.2016 5, 200m 1999 - 2000

I : 2:07.00 / : 1:58.70 / : 1:52.00 /
: 1:44.25

: FINA 2016

1.					00					1:49.74		742
	25m:	11.81	11.81	75m:	39.70	14.08	125m:	1:07.86	14.10	175m:	1:36.48	14.22
	50m:	25.62	13.81	100m:	53.76	14.06	150m:	1:22.26	14.40	200m:	1:49.74	13.26
2.					99					1:50.09		735
	25m:	12.11	12.11	75m:	39.67	13.76	125m:	1:07.60	14.05	175m:	1:36.28	14.38
	50m:	25.91	13.80	100m:	53.55	13.88	150m:	1:21.90	14.30	200m:	1:50.09	13.81
3.					99					1:50.19		733
	25m:	12.29	12.29	75m:	39.74	13.96	125m:	1:08.06	14.27	175m:	1:36.78	14.26
	50m:	25.78	13.49	100m:	53.79	14.05	150m:	1:22.52	14.46	200m:	1:50.19	13.41

6, 100m

04.10.2016 6, 100m

I : 1:04.34 / : 1:00.50 / : 56.50 / : 52.66

: FINA 2016

1.					97					54.01		837
	25m:	12.10	12.10	50m:	25.53	13.43	75m:	39.56	14.03	100m:	54.01	14.45
2.					00	"	"			55.46		773
	25m:	13.24	13.24	50m:	27.10	13.86	75m:	41.46	14.36	100m:	55.46	14.00
3.					96		23			55.50		771
	25m:	12.73	12.73	75m:	40.96	28.23	100m:	55.50	14.54			

6, 100m

04.10.2016 6, 100m 2001 - 2002

I : 1:04.34 / : 1:00.50 / : 56.50 / : 52.66

: FINA 2016

1.					01		3			56.39		735
	25m:	12.56	12.56	50m:	26.48	13.92	75m:	41.25	14.77	100m:	56.39	15.14
2.					01	"	"			56.76		721
	25m:	13.19	13.19	50m:	27.81	14.62	75m:	42.69	14.88	100m:	56.76	14.07
3.					01	"	"			57.08		709
	25m:	13.58	13.58	50m:	28.55	14.97	75m:	43.13	14.58	100m:	57.08	13.95

7

, 100m

04.10.2016

I : 1:05.00 / : 1:01.00 / : 57.50 / : 52.48

: FINA 2016

1.				00					54.12		738
	25m:	13.87	13.87	50m:	27.31	13.44	75m:	40.92	13.61	100m:	54.12 13.20
2.				93	"	"				55.27	693
	25m:	12.96	12.96	50m:	26.49	13.53	75m:	40.73	14.24	100m:	55.27 14.54
3.				94						55.47	685
	25m:	12.96	12.96	50m:	26.44	13.48	75m:	40.89	14.45	100m:	55.47 14.58

7

, 100m

1999 - 2000

04.10.2016

I : 1:05.00 / : 1:01.00 / : 57.50 / : 52.48

: FINA 2016

1.				00					54.12		738
	25m:	13.87	13.87	50m:	27.31	13.44	75m:	40.92	13.61	100m:	54.12 13.20
2.				00						56.04	665
	25m:	13.06	13.06	50m:	26.80	13.74	75m:	41.32	14.52	100m:	56.04 14.72
3.				00						56.14	661
	25m:	13.49	13.49	50m:	27.41	13.92	75m:	41.91	14.50	100m:	56.14 14.23

8

, 200m

04.10.2016

I : 2:36.00 / : 2:27.00 / : 2:19.00 / : 2:06.59

: FINA 2016

1.				93	"	"				2:09.89	773
	25m:	14.57	14.57	100m:	1:03.20	16.45	150m:	1:36.53	16.79	200m:	2:09.89 16.41
	75m:	46.75	32.18	125m:	1:19.74	16.54	175m:	1:53.48	16.95		
2.				99		3				2:12.13	734
	25m:	15.37	15.37	75m:	48.26	16.80	125m:	1:21.99	16.77	175m:	1:55.74 16.85
	50m:	31.46	16.09	100m:	1:05.22	16.96	150m:	1:38.89	16.90	200m:	2:12.13 16.39
3.				02	"	"				2:12.14	734
	25m:	15.26	15.26	75m:	48.32	16.61	125m:	1:22.50	16.81	175m:	1:56.28 16.76
	50m:	31.71	16.45	100m:	1:05.69	17.37	150m:	1:39.52	17.02	200m:	2:12.14 15.86

8, , 200m

04.10.2016 8 , 200m 2001 - 2002

I : 2:36.00 / : 2:27.00 / : 2:19.00 /
: 2:06.59

: FINA 2016

1.				02	"	"			2:12.14		734	
	25m:	15.26	15.26	75m:	48.32	16.61	125m:	1:22.50	16.81	175m:	1:56.28	16.76
	50m:	31.71	16.45	100m:	1:05.69	17.37	150m:	1:39.52	17.02	200m:	2:12.14	15.86
2.				01					2:15.77		677	
	25m:	15.54	15.54	75m:	49.41	17.23	125m:	1:24.22	17.28	175m:	1:59.18	17.31
	50m:	32.18	16.64	100m:	1:06.94	17.53	150m:	1:41.87	17.65	200m:	2:15.77	16.59
3.				02					2:17.25		655	
	25m:	15.64	15.64	75m:	49.75	17.33	125m:	1:24.39	17.18	175m:	1:59.97	17.80
	50m:	32.42	16.78	100m:	1:07.21	17.46	150m:	1:42.17	17.78	200m:	2:17.25	17.28

9 , 100m

04.10.2016 I : 1:15.00 / : 1:10.00 / : 1:05.00 / : 59.90

: FINA 2016

1.				97					1:02.42		748	
	25m:	12.79	12.79	50m:	28.01	15.22	75m:	48.22	20.21	100m:	1:02.42	14.20
2.				97		-70	"	"	1:02.48		746	
	25m:	13.18	13.18	50m:	28.94	15.76	75m:	46.71	17.77	100m:	1:02.48	15.77
3.				00			3		1:03.36		715	
	25m:	12.89	12.89	75m:	48.10	35.21	100m:	1:03.36	15.26			

9 , 100m

04.10.2016 2001 - 2002

I : 1:15.00 / : 1:10.00 / : 1:05.00 / : 59.90

: FINA 2016

1.				01		3			1:05.16		657	
	25m:	13.06	13.06	50m:	29.52	16.46	75m:	50.01	20.49	100m:	1:05.16	15.15
2.				01					1:05.63		643	
	25m:	13.13	13.13	50m:	30.46	17.33	75m:	49.61	19.15	100m:	1:05.63	16.02
3.				02			3		1:06.49		619	
	25m:	13.41	13.41	75m:	50.67	37.26	100m:	1:06.49	15.82			

1 , 50m

04.10.2016

I	: 31.95 /	: 30.05 /	: 28.55 /	: 26.87
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: FINA 2016

1.	25m: 12.33	12.33	50m: 27.10	14.77	27.10	808
2.	25m: 12.69	12.69	50m: 27.41	14.72	27.41	781
3.	25m: 12.59	12.59	50m: 27.44	14.85	27.44	779

2 , 50m

04.10.2016

I	: 36.25 /	: 34.55 /	: 32.75 /	: 30.62
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: FINA 2016

1.	25m: 14.67	14.67	50m: 31.88	17.21	31.88	737
2.	25m: 14.91	14.91	50m: 31.91	17.00	31.91	735
3.	25m: 15.26	15.26	50m: 32.23	16.97	32.23	713

10 , 800m

04.10.2016

I	: 10:18.00 /	: 9:37.00 /	: 9:03.00 /	: 8:16.54
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: FINA 2016

1.	25m: 15.07	15.07	300m: 3:34.01	33.56	500m: 6:07.33	17.19	700m: 7:49.89	17.26	8:56.11	714
	50m: 47.54	32.47	375m: 4:08.11	34.10	575m: 6:24.30	16.97	725m: 8:06.79	16.90		
	100m: 1:20.51	32.97	400m: 4:42.00	33.89	600m: 6:41.28	16.98	750m: 8:23.96	17.17		
	125m: 1:53.42	32.91	425m: 5:15.97	33.97	625m: 6:58.50	17.22	775m: 8:40.33	16.37		
	150m: 2:26.85	33.43	450m: 5:33.17	17.20	650m: 7:15.69	17.19	800m: 8:56.11	15.78		
	175m: 3:00.45	33.60	475m: 5:50.14	16.97	675m: 7:32.63	16.94				
2.	25m: 14.98	14.98	225m: 2:29.22	16.67	425m: 4:44.79	16.89	625m: 7:03.07	17.40	9:04.20	683
	50m: 31.88	16.90	250m: 2:46.04	16.82	450m: 5:02.05	17.26	650m: 7:20.73	17.66		
	75m: 48.85	16.97	275m: 3:02.94	16.90	475m: 5:19.13	17.08	675m: 7:38.04	17.31		
	100m: 1:05.74	16.89	300m: 3:19.97	17.03	500m: 5:36.49	17.36	700m: 7:55.95	17.91		
	125m: 1:22.38	16.64	325m: 3:36.84	16.87	525m: 5:53.74	17.25	725m: 8:13.58	17.63		
	150m: 1:39.24	16.86	350m: 3:53.95	17.11	550m: 6:11.12	17.38	750m: 8:31.14	17.56		
	175m: 1:55.84	16.60	375m: 4:10.74	16.79	575m: 6:28.29	17.17	775m: 8:48.47	17.33		
	200m: 2:12.55	16.71	400m: 4:27.90	17.16	600m: 6:45.67	17.38	800m: 9:04.20	15.73		

10, , 800m

3.				94				9:06.99	672			
	25m:	14.89	14.89	225m:	2:27.41	16.87	425m:	4:45.39	17.35	625m:	7:04.75	17.38
	50m:	31.02	16.13	250m:	2:44.46	17.05	450m:	5:02.85	17.46	650m:	7:22.61	17.86
	75m:	47.46	16.44	275m:	3:01.51	17.05	475m:	5:20.14	17.29	675m:	7:40.11	17.50
	100m:	1:04.07	16.61	300m:	3:18.83	17.32	500m:	5:37.54	17.40	700m:	7:57.67	17.56
	125m:	1:20.42	16.35	325m:	3:36.06	17.23	525m:	5:54.99	17.45	725m:	8:15.34	17.67
	150m:	1:37.17	16.75	350m:	3:53.57	17.51	550m:	6:12.40	17.41	750m:	8:32.82	17.48
	175m:	1:53.87	16.70	375m:	4:10.72	17.15	575m:	6:29.90	17.50	775m:	8:50.15	17.33
	200m:	2:10.54	16.67	400m:	4:28.04	17.32	600m:	6:47.37	17.47	800m:	9:06.99	16.84

04.10.2016 10 , 800m 2001 - 2002

I : 10:18.00 / : 9:37.00 / : 9:03.00 /
: 8:16.54

: FINA 2016

1.				01		3		9:11.65	656			
	25m:	14.87	14.87	225m:	2:32.10	17.14	425m:	4:51.26	17.35	625m:	7:11.38	17.41
	50m:	31.94	17.07	250m:	2:49.36	17.26	450m:	5:08.90	17.64	650m:	7:29.06	17.68
	75m:	49.02	17.08	275m:	3:06.63	17.27	475m:	5:26.39	17.49	675m:	7:46.59	17.53
	100m:	1:06.02	17.00	300m:	3:24.14	17.51	500m:	5:43.80	17.41	700m:	8:03.90	17.31
	125m:	1:23.19	17.17	325m:	3:41.65	17.51	525m:	6:01.28	17.48	725m:	8:20.91	17.01
	150m:	1:40.73	17.54	350m:	3:59.14	17.49	550m:	6:18.73	17.45	750m:	8:38.37	17.46
	175m:	1:57.82	17.09	375m:	4:16.53	17.39	575m:	6:36.31	17.58	775m:	8:55.41	17.04
	200m:	2:14.96	17.14	400m:	4:33.91	17.38	600m:	6:53.97	17.66	800m:	9:11.65	16.24

2.				02				9:13.84	648			
	25m:	14.88	14.88	225m:	2:31.28	17.16	425m:	4:51.49	17.60	625m:	7:13.42	17.53
	50m:	31.80	16.92	250m:	2:48.40	17.12	450m:	5:09.43	17.94	650m:	7:30.95	17.53
	75m:	48.82	17.02	275m:	3:05.77	17.37	475m:	5:27.18	17.75	675m:	7:48.61	17.66
	100m:	1:05.74	16.92	300m:	3:23.04	17.27	500m:	5:44.91	17.73	700m:	8:06.08	17.47
	125m:	1:22.82	17.08	325m:	3:40.74	17.70	525m:	6:02.89	17.98	725m:	8:23.30	17.22
	150m:	1:39.73	16.91	350m:	3:58.35	17.61	550m:	6:20.16	17.27	750m:	8:40.89	17.59
	175m:	1:56.91	17.18	375m:	4:16.26	17.91	575m:	6:38.09	17.93	775m:	8:58.14	17.25
	200m:	2:14.12	17.21	400m:	4:33.89	17.63	600m:	6:55.89	17.80	800m:	9:13.84	15.70

3.				01		3		9:28.29	600			
	25m:	15.39	15.39	225m:	2:36.76	18.03	425m:	4:59.90	18.12	625m:	7:23.25	18.18
	50m:	32.71	17.32	250m:	2:54.48	17.72	450m:	5:17.92	18.02	650m:	7:41.25	18.00
	75m:	50.42	17.71	275m:	3:12.62	18.14	475m:	5:35.88	17.96	675m:	7:59.68	18.43
	100m:	1:07.82	17.40	300m:	3:30.65	18.03	500m:	5:53.49	17.61	700m:	8:17.71	18.03
	125m:	1:25.41	17.59	325m:	3:48.72	18.07	525m:	6:11.88	18.39	725m:	8:35.55	17.84
	150m:	1:43.20	17.79	350m:	4:06.15	17.43	550m:	6:29.61	17.73	750m:	8:53.25	17.70
	175m:	2:01.06	17.86	375m:	4:24.26	18.11	575m:	6:47.30	17.69	775m:	9:11.21	17.96
	200m:	2:18.73	17.67	400m:	4:41.78	17.52	600m:	7:05.07	17.77	800m:	9:28.29	17.08

11 , 50m
05.10.2016

I	: 29.45 /	: 27.65 /	: 26.15 /	: 24.45				
: FINA 2016								
1.	25m: 12.60	12.60	50m: 24.96	12.36	24.96	A	705	
2.	25m: 12.36	12.36	50m: 25.41	13.05	23	25.41	A	668
3.	25m: 12.31	12.31	50m: 25.45	13.14	" "	25.45	A	665

11 , 50m 1999 - 2000
05.10.2016

I	: 29.45 /	: 27.65 /	: 26.15 /					
: FINA 2016								
1.	25m: 12.60	12.60	50m: 24.96	12.36	24.96	A	705	
2.	25m: 12.78	12.78	50m: 25.78	13.00	-70 " "	25.78	A	640
3.	25m: 12.98	12.98	50m: 26.18	13.20	00	26.18		611

12 , 50m
05.10.2016

I	: 33.25 /	: 31.65 /	: 29.95 /	: 27.56				
: FINA 2016								
1.	25m: 14.09	14.09	50m: 28.23	14.14	" "	28.23	A	751
2.	25m: 14.01	14.01	50m: 28.63	14.62	-70 " "	28.63	A	720
	25m: 14.17	14.17	50m: 28.63	14.46	02 " "	28.63	A	720

05.10.2016 15

, 400m

	I	: 5:06.00 /	: 4:47.00 /	: 4:32.00 /	: 4:09.38	
: FINA 2016						
1.			94		4:11.45	821
	25m:	12.50 12.50	125m:	1:15.14 17.32	225m:	2:21.01 17.81
	50m:	27.61 15.11	150m:	1:31.43 16.29	250m:	2:39.12 18.11
	75m:	42.52 14.91	175m:	1:47.57 16.14	275m:	2:55.74 16.62
	100m:	57.82 15.30	200m:	2:03.20 15.63	300m:	3:13.35 17.61
					325m:	3:28.43 15.08
					350m:	3:42.89 14.46
					375m:	3:57.37 14.48
					400m:	4:11.45 14.08
2.			95	3	4:16.34	775
	25m:	12.57 12.57	125m:	1:16.04 16.87	225m:	2:22.76 18.19
	50m:	27.76 15.19	150m:	1:32.11 16.07	250m:	2:40.98 18.22
	75m:	43.33 15.57	175m:	1:48.41 16.30	275m:	2:59.01 18.03
	100m:	59.17 15.84	200m:	2:04.57 16.16	300m:	3:17.28 18.27
					325m:	3:32.72 15.44
					350m:	3:47.44 14.72
					375m:	4:02.42 14.98
					400m:	4:16.34 13.92
3.			92		4:19.15	750
	25m:	12.11 12.11	125m:	1:14.77 17.14	225m:	2:22.44 17.44
	50m:	26.89 14.78	150m:	1:31.40 16.63	250m:	2:40.87 18.43
	75m:	41.95 15.06	175m:	1:48.03 16.63	275m:	2:58.81 17.94
	100m:	57.63 15.68	200m:	2:05.00 16.97	300m:	3:17.37 18.56
					325m:	3:33.47 16.10
					350m:	3:48.94 15.47
					375m:	4:04.39 15.45
					400m:	4:19.15 14.76

05.10.2016 15

, 400m

1999 - 2000

	I	: 5:06.00 /	: 4:47.00 /	: 4:32.00 /		
: FINA 2016						
1.			00		4:24.80	
	25m:	12.58 12.58	125m:	1:16.55 17.02	225m:	2:24.93 18.64
	50m:	27.95 15.37	150m:	1:33.13 16.58	250m:	2:43.78 18.85
	75m:	43.07 15.12	175m:	1:49.60 16.47	275m:	3:02.80 19.02
	100m:	59.53 16.46	200m:	2:06.29 16.69	300m:	3:22.30 19.50
					325m:	3:38.52 16.22
					350m:	3:54.28 15.76
					375m:	4:10.03 15.75
					400m:	4:24.80 14.77
2.			99		4:33.02	
	25m:	12.83 12.83	125m:	1:19.81 16.98	225m:	2:30.11 19.95
	50m:	28.60 15.77	150m:	1:36.43 16.62	250m:	2:49.86 19.75
	75m:	45.12 16.52	175m:	1:53.37 16.94	275m:	3:09.87 20.01
	100m:	1:02.83 17.71	200m:	2:10.16 16.79	300m:	3:30.61 20.74
					325m:	3:46.87 16.26
					350m:	4:02.54 15.67
					375m:	4:18.47 15.93
					400m:	4:33.02 14.55
3.			00		4:33.49	
	25m:	12.94 12.94	125m:	1:20.36 17.68	250m:	2:52.32 19.39
	50m:	28.57 15.63	150m:	1:37.81 17.45	275m:	3:12.28 19.96
	75m:	44.89 16.32	175m:	1:55.43 17.62	300m:	3:31.71 19.43
	100m:	1:02.68 17.79	225m:	2:32.93 37.50	325m:	3:47.81 16.10
					350m:	4:03.07 15.26
					375m:	4:18.51 15.44
					400m:	4:33.49 14.98

05.10.2016		16 , 200m											
I	: 2:55.00 /			: 2:44.50 /			: 2:35.50 /			: 2:22.76			
: FINA 2016													
1.				92			" "			2:30.35			717
	25m:	15.41	15.41	75m:	52.39	18.62	125m:	1:30.33	18.96	175m:	2:09.72	20.07	
	50m:	33.77	18.36	100m:	1:11.37	18.98	150m:	1:49.65	19.32	200m:	2:30.35	20.63	
2.				02			-70 "			2:32.87			682
	25m:	16.07	16.07	75m:	53.79	19.02	125m:	1:32.84	19.64	175m:	2:12.58	20.12	
	50m:	34.77	18.70	100m:	1:13.20	19.41	150m:	1:52.46	19.62	200m:	2:32.87	20.29	
3.				97			" "			2:33.14			678
	25m:	15.85	15.85	75m:	53.83	19.07	125m:	1:32.43	19.53	175m:	2:14.24	21.63	
	50m:	34.76	18.91	100m:	1:12.90	19.07	150m:	1:52.61	20.18	200m:	2:33.14	18.90	

05.10.2016		16 , 200m										2001 - 2002	
I	: 2:55.00 /			: 2:44.50 /			: 2:35.50 /			: 2:22.76			
: FINA 2016													
1.				02			-70 "			2:32.87			682
	25m:	16.07	16.07	75m:	53.79	19.02	125m:	1:32.84	19.64	175m:	2:12.58	20.12	
	50m:	34.77	18.70	100m:	1:13.20	19.41	150m:	1:52.46	19.62	200m:	2:32.87	20.29	
2.				02						2:33.90			668
	25m:	17.88	17.88	75m:	55.47	19.18	125m:	1:34.45	19.53	175m:	2:13.98	19.40	
	50m:	36.29	18.41	100m:	1:14.92	19.45	150m:	1:54.58	20.13	200m:	2:33.90	19.92	
3.				01						2:33.98			667
	25m:	15.77	15.77	75m:	53.80	19.42	125m:	1:34.34	20.69	175m:	2:15.05	20.27	
	50m:	34.38	18.61	100m:	1:13.65	19.85	150m:	1:54.78	20.44	200m:	2:33.98	18.93	

05.10.2016		17 , 200m											
I	: 2:19.00 /			: 2:11.00 /			: 2:04.00 /			: 1:53.47			
: FINA 2016													
1.				93						1:57.58			787
	25m:	11.91	11.91	75m:	41.42	14.35	125m:	1:11.49	15.05	175m:	1:42.33	15.06	
	50m:	27.07	15.16	100m:	56.44	15.02	150m:	1:27.27	15.78	200m:	1:57.58	15.25	
2.				00						1:59.47			750
	25m:	12.40	12.40	75m:	41.72	14.99	125m:	1:12.52	15.31	175m:	1:43.83	15.59	
	50m:	26.73	14.33	100m:	57.21	15.49	150m:	1:28.24	15.72	200m:	1:59.47	15.64	
3.				97			3			2:00.16			737
	25m:	12.20	12.20	75m:	42.49	14.96	125m:	1:13.69	14.74	175m:	1:44.66	15.43	
	50m:	27.53	15.33	100m:	58.95	16.46	150m:	1:29.23	15.54	200m:	2:00.16	15.50	

17, , 200m

05.10.2016 17, , 200m 1999 - 2000

I : 2:19.00 / : 2:11.00 / : 2:04.00 /
: 1:53.47

: FINA 2016

1.					00					1:59.47		750
	25m:	12.40	12.40	75m:	41.72	14.99	125m:	1:12.52	15.31	175m:	1:43.83	15.59
	50m:	26.73	14.33	100m:	57.21	15.49	150m:	1:28.24	15.72	200m:	1:59.47	15.64
2.					99					2:00.96		722
	25m:	12.59	12.59	75m:	42.59	15.27	125m:	1:14.64	16.66	175m:	1:46.29	16.82
	50m:	27.32	14.73	100m:	57.98	15.39	150m:	1:29.47	14.83	200m:	2:00.96	14.67
3.					00				4	2:05.35		649
	25m:	12.89	12.89	75m:	44.52	15.39	125m:	1:16.77	15.92	175m:	1:48.69	16.24
	50m:	29.13	16.24	100m:	1:00.85	16.33	150m:	1:32.45	15.68	200m:	2:05.35	16.66

05.10.2016 11, , 50m

I : 29.45 / : 27.65 / : 26.15 / : 24.45

: FINA 2016

1.					00					24.53		743
	25m:	12.38	12.38	50m:	24.53	12.15						
2.					98					25.19		686
	25m:	12.25	12.25	50m:	25.19	12.94						
3.					89					25.28		679
	25m:	12.50	12.50	50m:	25.28	12.78						

05.10.2016 12, , 50m

I : 33.25 / : 31.65 / : 29.95 / : 27.56

: FINA 2016

1.					93					27.72		794
	25m:	13.87	13.87	50m:	27.72	13.85						
2.					97				-70 "	28.04		767
	25m:	13.80	13.80	50m:	28.04	14.24						
3.					02					28.23		751
	25m:	14.15	14.15	50m:	28.23	14.08						

18

, 4 x 100m

05.10.2016

: FINA 2016

1.	1								3:18.92	782	
		+0,68	24.07	50.32					+0,34	23.94	49.80
		+0,22	23.81	49.52					+0,52	23.15	49.28
2.	"	"	"	"	"	"	"	"	3:20.60	762	
		+0,73	24.03	49.89					+0,53	23.96	50.91
		+0,49	23.78	49.67					+0,31	23.88	50.13
3.									3:22.70	739	
		+0,69	24.43	50.86					+0,42	21.72	52.35
		+0,42	24.09	50.73					+0,37	23.11	48.76

19

, 1500m

05.10.2016

I : 18:22.50 / : 17:22.50 / : 15:44.50 / : 14:42.19

: FINA 2016

1.				92	"	"			15:27.69	763		
	25m:	13.58	13.58	400m:	4:04.38	15.58	775m:	7:58.41	15.62	1150m:	11:53.41	15.69
	50m:	28.55	14.97	425m:	4:19.91	15.53	800m:	8:14.09	15.68	1175m:	12:08.94	15.53
	75m:	43.63	15.08	450m:	4:35.58	15.67	825m:	8:29.74	15.65	1200m:	12:24.58	15.64
	100m:	58.98	15.35	475m:	4:51.20	15.62	850m:	8:45.46	15.72	1225m:	12:40.23	15.65
	125m:	1:14.43	15.45	500m:	5:06.72	15.52	875m:	9:01.16	15.70	1250m:	12:56.05	15.82
	150m:	1:29.90	15.47	525m:	5:22.31	15.59	900m:	9:16.81	15.65	1275m:	13:11.64	15.59
	175m:	1:45.46	15.56	550m:	5:37.81	15.50	925m:	9:32.63	15.82	1300m:	13:27.33	15.69
	200m:	2:00.94	15.48	575m:	5:53.43	15.62	950m:	9:48.39	15.76	1325m:	13:42.67	15.34
	225m:	2:16.39	15.45	600m:	6:08.88	15.45	975m:	10:04.03	15.64	1350m:	13:58.39	15.72
	250m:	2:31.72	15.33	625m:	6:24.62	15.74	1000m:	10:19.62	15.59	1375m:	14:13.92	15.53
	275m:	2:47.04	15.32	650m:	6:40.21	15.59	1025m:	10:35.30	15.68	1400m:	14:29.64	15.72
	300m:	3:02.53	15.49	675m:	6:55.81	15.60	1050m:	10:50.91	15.61	1425m:	14:45.13	15.49
	325m:	3:18.00	15.47	700m:	7:11.41	15.60	1075m:	11:06.51	15.60	1450m:	15:00.06	14.93
	350m:	3:33.36	15.36	725m:	7:27.05	15.64	1100m:	11:22.16	15.65	1475m:	15:14.34	14.28
	375m:	3:48.80	15.44	750m:	7:42.79	15.74	1125m:	11:37.72	15.56	1500m:	15:27.69	13.35
2.				96	3				15:28.49	761		
	25m:	13.60	13.60	400m:	4:04.83	15.63	775m:	7:58.51	15.74	1150m:	11:53.61	15.45
	50m:	28.67	15.07	425m:	4:20.32	15.49	800m:	8:14.15	15.64	1175m:	12:09.13	15.52
	75m:	43.75	15.08	450m:	4:36.11	15.79	825m:	8:29.85	15.70	1200m:	12:24.74	15.61
	100m:	59.22	15.47	475m:	4:51.57	15.46	850m:	8:45.53	15.68	1225m:	12:40.26	15.52
	125m:	1:14.46	15.24	500m:	5:07.12	15.55	875m:	9:01.25	15.72	1250m:	12:55.93	15.67
	150m:	1:29.84	15.38	525m:	5:22.55	15.43	900m:	9:16.98	15.73	1275m:	13:11.50	15.57
	175m:	1:45.48	15.64	550m:	5:38.03	15.48	925m:	9:32.71	15.73	1300m:	13:27.17	15.67
	200m:	2:00.92	15.44	575m:	5:53.55	15.52	950m:	9:48.43	15.72	1325m:	13:42.87	15.70
	225m:	2:16.55	15.63	600m:	6:09.14	15.59	975m:	10:04.16	15.73	1350m:	13:58.31	15.44
	250m:	2:32.02	15.47	625m:	6:24.82	15.68	1000m:	10:19.99	15.83	1375m:	14:13.85	15.54
	275m:	2:47.41	15.39	650m:	6:40.25	15.43	1025m:	10:35.42	15.43	1400m:	14:29.42	15.57
	300m:	3:02.86	15.45	675m:	6:55.93	15.68	1050m:	10:51.29	15.87	1425m:	14:44.87	15.45
	325m:	3:18.29	15.43	700m:	7:11.66	15.73	1075m:	11:06.76	15.47	1450m:	15:00.48	15.61
	350m:	3:33.89	15.60	725m:	7:27.06	15.40	1100m:	11:22.51	15.75	1475m:	15:14.82	14.34
	375m:	3:49.20	15.31	750m:	7:42.77	15.71	1125m:	11:38.16	15.65	1500m:	15:28.49	13.67



ЧЕМПИОНАТ И ПЕРВЕНСТВО ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

4-7 октября 2016 года

19, , 1500m

3.				99		3		15:32.82		751	
25m:	12.89	12.89	400m:	4:05.19	15.48	775m:	8:00.04	15.75	1150m:	11:55.79	15.85
50m:	27.75	14.86	425m:	4:20.76	15.57	800m:	8:15.73	15.69	1175m:	12:11.44	15.65
75m:	43.56	15.81	450m:	4:36.40	15.64	825m:	8:31.25	15.52	1200m:	12:27.43	15.99
100m:	59.13	15.57	475m:	4:51.99	15.59	850m:	8:46.82	15.57	1225m:	12:42.98	15.55
125m:	1:14.85	15.72	500m:	5:07.73	15.74	875m:	9:02.39	15.57	1250m:	12:58.79	15.81
150m:	1:29.97	15.12	525m:	5:23.41	15.68	900m:	9:18.05	15.66	1275m:	13:14.42	15.63
175m:	1:45.56	15.59	550m:	5:39.09	15.68	925m:	9:33.75	15.70	1300m:	13:30.17	15.75
200m:	2:00.92	15.36	575m:	5:54.73	15.64	950m:	9:49.62	15.87	1325m:	13:46.04	15.87
225m:	2:16.26	15.34	600m:	6:10.18	15.45	975m:	10:05.47	15.85	1350m:	14:02.05	16.01
250m:	2:31.75	15.49	625m:	6:25.74	15.56	1000m:	10:21.36	15.89	1375m:	14:17.62	15.57
275m:	2:47.33	15.58	650m:	6:41.41	15.67	1025m:	10:37.04	15.68	1400m:	14:33.51	15.89
300m:	3:02.96	15.63	675m:	6:56.94	15.53	1050m:	10:52.97	15.93	1425m:	14:49.07	15.56
325m:	3:18.34	15.38	700m:	7:12.90	15.96	1075m:	11:08.46	15.49	1450m:	15:04.42	15.35
350m:	3:34.07	15.73	725m:	7:28.50	15.60	1100m:	11:24.38	15.92	1475m:	15:19.24	14.82
375m:	3:49.71	15.64	750m:	7:44.29	15.79	1125m:	11:39.94	15.56	1500m:	15:32.82	13.58

05.10.2016 19 , 1500m 1999 - 2000

I : 18:22.50 / : 17:22.50 / : 15:44.50 /
: 14:42.19

: FINA 2016

1.				99		3		15:32.82		751	
25m:	12.89	12.89	400m:	4:05.19	15.48	775m:	8:00.04	15.75	1150m:	11:55.79	15.85
50m:	27.75	14.86	425m:	4:20.76	15.57	800m:	8:15.73	15.69	1175m:	12:11.44	15.65
75m:	43.56	15.81	450m:	4:36.40	15.64	825m:	8:31.25	15.52	1200m:	12:27.43	15.99
100m:	59.13	15.57	475m:	4:51.99	15.59	850m:	8:46.82	15.57	1225m:	12:42.98	15.55
125m:	1:14.85	15.72	500m:	5:07.73	15.74	875m:	9:02.39	15.57	1250m:	12:58.79	15.81
150m:	1:29.97	15.12	525m:	5:23.41	15.68	900m:	9:18.05	15.66	1275m:	13:14.42	15.63
175m:	1:45.56	15.59	550m:	5:39.09	15.68	925m:	9:33.75	15.70	1300m:	13:30.17	15.75
200m:	2:00.92	15.36	575m:	5:54.73	15.64	950m:	9:49.62	15.87	1325m:	13:46.04	15.87
225m:	2:16.26	15.34	600m:	6:10.18	15.45	975m:	10:05.47	15.85	1350m:	14:02.05	16.01
250m:	2:31.75	15.49	625m:	6:25.74	15.56	1000m:	10:21.36	15.89	1375m:	14:17.62	15.57
275m:	2:47.33	15.58	650m:	6:41.41	15.67	1025m:	10:37.04	15.68	1400m:	14:33.51	15.89
300m:	3:02.96	15.63	675m:	6:56.94	15.53	1050m:	10:52.97	15.93	1425m:	14:49.07	15.56
325m:	3:18.34	15.38	700m:	7:12.90	15.96	1075m:	11:08.46	15.49	1450m:	15:04.42	15.35
350m:	3:34.07	15.73	725m:	7:28.50	15.60	1100m:	11:24.38	15.92	1475m:	15:19.24	14.82
375m:	3:49.71	15.64	750m:	7:44.29	15.79	1125m:	11:39.94	15.56	1500m:	15:32.82	13.58

2.				99		3		15:54.35		701	
25m:	13.47	13.47	400m:	4:09.23	15.77	775m:	8:08.00	16.01	1150m:	12:09.40	16.16
50m:	28.54	15.07	425m:	4:25.01	15.78	800m:	8:23.94	15.94	1175m:	12:25.62	16.22
75m:	43.73	15.19	450m:	4:40.94	15.93	825m:	8:40.03	16.09	1200m:	12:41.79	16.17
100m:	59.51	15.78	475m:	4:56.75	15.81	850m:	8:56.01	15.98	1225m:	12:58.13	16.34
125m:	1:15.08	15.57	500m:	5:12.62	15.87	875m:	9:12.23	16.22	1250m:	13:14.54	16.41
150m:	1:30.78	15.70	525m:	5:28.47	15.85	900m:	9:28.28	16.05	1275m:	13:30.73	16.19
175m:	1:46.55	15.77	550m:	5:44.29	15.82	925m:	9:44.27	15.99	1300m:	13:46.90	16.17
200m:	2:02.34	15.79	575m:	6:00.16	15.87	950m:	10:00.07	15.80	1325m:	14:03.16	16.26
225m:	2:18.20	15.86	600m:	6:15.91	15.75	975m:	10:16.25	16.18	1350m:	14:19.23	16.07
250m:	2:34.19	15.99	625m:	6:31.84	15.93	1000m:	10:32.37	16.12	1375m:	14:35.46	16.23
275m:	2:50.02	15.83	650m:	6:47.67	15.83	1025m:	10:48.46	16.09	1400m:	14:51.58	16.12
300m:	3:05.99	15.97	675m:	7:03.59	15.92	1050m:	11:04.67	16.21	1425m:	15:07.88	16.30
325m:	3:21.82	15.83	700m:	7:19.76	16.17	1075m:	11:21.01	16.34	1450m:	15:23.57	15.69
350m:	3:37.69	15.87	725m:	7:35.93	16.17	1100m:	11:37.09	16.08	1475m:	15:39.27	15.70
375m:	3:53.46	15.77	750m:	7:51.99	16.06	1125m:	11:53.24	16.15	1500m:	15:54.35	15.08

19, , 1500m , 1999 - 2000

3.				99					15:57.23		695	
	25m:	13.44	13.44	400m:	4:09.70	15.73	775m:	8:10.14	16.22	1150m:	12:12.26	16.00
	50m:	28.50	15.06	425m:	4:25.60	15.90	800m:	8:25.86	15.72	1175m:	12:28.51	16.25
	75m:	43.74	15.24	450m:	4:41.33	15.73	825m:	8:42.15	16.29	1200m:	12:44.54	16.03
	100m:	59.05	15.31	475m:	4:57.39	16.06	850m:	8:58.07	15.92	1225m:	13:00.94	16.40
	125m:	1:14.83	15.78	500m:	5:13.23	15.84	875m:	9:14.34	16.27	1250m:	13:17.22	16.28
	150m:	1:30.53	15.70	525m:	5:29.17	15.94	900m:	9:30.50	16.16	1275m:	13:33.65	16.43
	175m:	1:46.48	15.95	550m:	5:45.17	16.00	925m:	9:46.93	16.43	1300m:	13:49.61	15.96
	200m:	2:02.18	15.70	575m:	6:01.27	16.10	950m:	10:02.80	15.87	1325m:	14:05.76	16.15
	225m:	2:18.31	16.13	600m:	6:17.21	15.94	975m:	10:19.22	16.42	1350m:	14:22.00	16.24
	250m:	2:33.95	15.64	625m:	6:33.49	16.28	1000m:	10:35.19	15.97	1375m:	14:38.43	16.43
	275m:	2:50.17	16.22	650m:	6:49.48	15.99	1025m:	10:51.71	16.52	1400m:	14:54.22	15.79
	300m:	3:05.86	15.69	675m:	7:05.71	16.23	1050m:	11:07.87	16.16	1425m:	15:10.54	16.32
	325m:	3:21.88	16.02	700m:	7:21.44	15.73	1075m:	11:24.14	16.27	1450m:	15:26.75	16.21
	350m:	3:37.83	15.95	725m:	7:37.87	16.43	1100m:	11:39.95	15.81	1475m:	15:42.78	16.03
	375m:	3:53.97	16.14	750m:	7:53.92	16.05	1125m:	11:56.26	16.31	1500m:	15:57.23	14.45

06.10.2016 20 , 50m

I	: 27.25 /	: 25.25 /	: 24.25 /	: 22.87
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: FINA 2016

1.				93				23.54	A	794
	25m:	10.66	10.66	50m:	23.54	12.88				
2.				98	"	"		23.89	A	759
	25m:	10.92	10.92	50m:	23.89	12.97				
3.				95				24.32	A	720
	25m:	11.00	11.00	50m:	24.32	13.32				

06.10.2016 20 , 50m 1999 - 2000

I	: 27.25 /	: 25.25 /	: 24.25 /
	: 22.87		

: FINA 2016

1.				00				24.57	A	698
	25m:	11.10	11.10	50m:	24.57	13.47				
2.				99		23		24.69	R	688
	25m:	11.46	11.46	50m:	24.69	13.23				
3.				99				24.93		668
	25m:	11.47	11.47	50m:	24.93	13.46				

06.10.2016		21				, 50m			
I	:	31.25 /	:	28.75 /	:	27.60 /	:	25.64	
: FINA 2016									
1.	25m:	12.22	12.22	50m:	26.57	14.35		26.57	A 772
2.	25m:	12.36	12.36	50m:	26.83	14.47	3	26.83	A 750
3.	25m:	12.44	12.44	50m:	27.24	14.80	-70 " "	27.24	A 716

06.10.2016		21				, 50m		2001 - 2002	
I	:	31.25 /	:	28.75 /	:	27.60 /	:	25.64	
: FINA 2016									
1.	25m:	13.68	13.68	50m:	27.50	13.82	" "	27.50	A 696
2.	25m:	13.88	13.88	50m:	28.00	14.12	3	28.00	A 660
3.	25m:	13.81	13.81	50m:	28.19	14.38		28.19	R 646

06.10.2016		22				, 400m								
I	:	4:29.00 /	:	4:12.50 /	:	4:00.00 /	:	3:42.57						
: FINA 2016														
1.	25m:	12.84	12.84	125m:	1:11.34	14.77	225m:	2:10.71	14.79	325m:	3:08.42	14.22	3:50.24	783
	50m:	27.26	14.42	150m:	1:26.22	14.88	250m:	2:25.25	14.54	350m:	3:22.65	14.23		
	75m:	41.88	14.62	175m:	1:41.17	14.95	275m:	2:39.74	14.49	375m:	3:36.65	14.00		
	100m:	56.57	14.69	200m:	1:55.92	14.75	300m:	2:54.20	14.46	400m:	3:50.24	13.59		
2.	25m:	12.25	12.25	125m:	1:09.27	14.40	225m:	2:07.36	14.60	325m:	3:06.87	15.20	3:50.96	776
	50m:	26.23	13.98	150m:	1:23.58	14.31	250m:	2:22.01	14.65	350m:	3:21.66	14.79		
	75m:	40.40	14.17	175m:	1:38.21	14.63	275m:	2:36.91	14.90	375m:	3:36.68	15.02		
	100m:	54.87	14.47	200m:	1:52.76	14.55	300m:	2:51.67	14.76	400m:	3:50.96	14.28		
3.	25m:	12.90	12.90	125m:	1:11.43	14.74	225m:	2:10.74	14.67	325m:	3:09.42	14.54	3:51.45	771
	50m:	27.41	14.51	150m:	1:26.30	14.87	250m:	2:25.45	14.71	350m:	3:23.98	14.56		
	75m:	41.99	14.58	175m:	1:41.20	14.90	275m:	2:40.09	14.64	375m:	3:38.09	14.11		
	100m:	56.69	14.70	200m:	1:56.07	14.87	300m:	2:54.88	14.79	400m:	3:51.45	13.36		



ЧЕМПИОНАТ И ПЕРВЕНСТВО ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

4-7 октября 2016 года

22, , 400m

06.10.2016 22, , 400m 1999 - 2000

I : 4:29.00 / : 4:12.50 / : 4:00.00 /
: 3:42.57

: FINA 2016

1.				99					3:54.63		740	
	50m:	26.93	26.93	200m:	1:57.09	15.46	300m:	2:56.25	14.79	400m:	3:54.63	13.52
	100m:	56.53	29.60	225m:	2:11.91	14.82	325m:	3:11.16	14.91			
	150m:	1:26.57	30.04	250m:	2:26.66	14.75	350m:	3:26.29	15.13			
	175m:	1:41.63	15.06	275m:	2:41.46	14.80	375m:	3:41.11	14.82			
2.				99			3			3:55.99	727	
	25m:	12.72	12.72	125m:	1:12.28	15.26	225m:	2:12.54	15.10	325m:	3:12.29	15.18
	50m:	26.89	14.17	150m:	1:27.43	15.15	250m:	2:27.27	14.73	350m:	3:27.48	15.19
	75m:	41.94	15.05	175m:	1:42.40	14.97	275m:	2:42.21	14.94	375m:	3:42.32	14.84
	100m:	57.02	15.08	200m:	1:57.44	15.04	300m:	2:57.11	14.90	400m:	3:55.99	13.67
3.				99			3			3:59.68	694	
	50m:	26.90	26.90	150m:	1:27.02	30.31	250m:	2:28.23	30.76	350m:	3:29.97	30.92
	100m:	56.71	29.81	200m:	1:57.47	30.45	300m:	2:59.05	30.82	400m:	3:59.68	29.71

23, , 200m

06.10.2016

I : 2:21.50 / : 2:12.80 / : 2:04.50 / : 1:54.74

: FINA 2016

1.				96			23			1:59.79	790	
	25m:	13.63	13.63	75m:	43.52	14.97	125m:	1:13.58	14.85	175m:	1:44.49	15.47
	50m:	28.55	14.92	100m:	58.73	15.21	150m:	1:29.02	15.44	200m:	1:59.79	15.30
2.				00		"	"			2:00.07	785	
	25m:	13.37	13.37	75m:	43.48	15.08	125m:	1:13.74	15.15	175m:	1:45.16	15.80
	50m:	28.40	15.03	100m:	58.59	15.11	150m:	1:29.36	15.62	200m:	2:00.07	14.91
3.				95						2:01.91	750	
	25m:	13.87	13.87	75m:	45.04	15.60	125m:	1:15.59	15.24	175m:	1:46.62	15.72
	50m:	29.44	15.57	100m:	1:00.35	15.31	150m:	1:30.90	15.31	200m:	2:01.91	15.29

23, , 200m

06.10.2016 2001 - 2002

I : 2:21.50 / : 2:12.80 / : 2:04.50 / : 1:54.74

: FINA 2016

1.				01		"	"			2:03.52	721	
	25m:	14.20	14.20	75m:	45.76	15.53	125m:	1:16.85	15.56	175m:	1:48.29	15.89
	50m:	30.23	16.03	100m:	1:01.29	15.53	150m:	1:32.40	15.55	200m:	2:03.52	15.23
2.				01			3			2:03.56	720	
	25m:	13.89	13.89	75m:	44.98	15.60	150m:	1:31.97	31.38	200m:	2:03.56	15.48
	50m:	29.38	15.49	100m:	1:00.59	15.61	175m:	1:48.08	16.11			
3.				01			3			2:04.48	704	
	25m:	13.78	13.78	75m:	44.65	15.84	125m:	1:17.08	16.26	175m:	1:49.53	16.04
	50m:	28.81	15.03	100m:	1:00.82	16.17	150m:	1:33.49	16.41	200m:	2:04.48	14.95

04-07 2016 . ALGE TIMING " 25 "

06.10.2016 24 , 200m

I	: 2:37.50 /	: 2:27.50 /	: 2:19.50 /	: 2:08.35
: FINA 2016				
1.			97	2:06.50 863
	25m: 13.31 13.31	75m: 45.43 16.12	125m: 1:17.78 16.08	175m: 1:50.37 16.19
	50m: 29.31 16.00	100m: 1:01.70 16.27	150m: 1:34.18 16.40	200m: 2:06.50 16.13
2.			87	2:07.49 843
	25m: 13.21 13.21	75m: 45.47 16.20	125m: 1:17.90 16.03	175m: 1:50.63 16.41
	50m: 29.27 16.06	100m: 1:01.87 16.40	150m: 1:34.22 16.32	200m: 2:07.49 16.86
3.			98	2:13.16 740
	25m: 14.08 14.08	75m: 47.14 16.73	125m: 1:21.48 17.06	175m: 1:56.12 16.45
	50m: 30.41 16.33	100m: 1:04.42 17.28	150m: 1:39.67 18.19	200m: 2:13.16 17.04

06.10.2016 24 , 200m 1999 - 2000

I	: 2:37.50 /	: 2:27.50 /	: 2:19.50 /	
: FINA 2016				
1.			00	76 2:15.19 707
	25m: 14.16 14.16	75m: 47.98 16.82	125m: 1:22.75 17.23	175m: 1:58.03 17.72
	50m: 31.16 17.00	100m: 1:05.52 17.54	150m: 1:40.31 17.56	200m: 2:15.19 17.16
2.			99	4 2:16.59 686
	25m: 14.33 14.33	75m: 48.73 17.51	125m: 1:23.58 17.51	175m: 1:58.78 17.79
	50m: 31.22 16.89	100m: 1:06.07 17.34	150m: 1:40.99 17.41	200m: 2:16.59 17.81
3.			99	" " 2:19.20 648
	25m: 14.93 14.93	75m: 49.07 18.28	125m: 1:25.18 19.13	175m: 2:01.37 18.90
	50m: 30.79 15.86	100m: 1:06.05 16.98	150m: 1:42.47 17.29	200m: 2:19.20 17.83

06.10.2016 25 , 100m

I	: 1:13.50 /	: 1:09.00 /	: 1:05.00 /	: 58.91
: FINA 2016				
1.			93	" " 1:00.32 759
	25m: 13.96 13.96	50m: 29.01 15.05	75m: 44.71 15.70	100m: 1:00.32 15.61
2.			02	" " 1:01.89 702
	25m: 14.79 14.79	50m: 30.62 15.83	75m: 46.44 15.82	100m: 1:01.89 15.45
3.			03	1:02.38 686
	25m: 14.79 14.79	50m: 30.31 15.52	75m: 46.38 16.07	100m: 1:02.38 16.00

29

, 4 x 100m

06.10.2016

: FINA 2016

1.	"	" 1			"	"	3:44.95		773
			+0,72	26.74	54.73		+0,54	27.94	58.36
			+0,65	27.27	56.27		+0,46	27.15	55.59
2.	1						3:46.05		762
			+0,59	26.08	54.85		+0,33	41.74	56.70
			+0,32	27.19	57.43		+0,22	26.59	57.07
3.		3 1				3	3:48.85		735
			+0,58	27.22	58.37		+0,28	26.94	57.24
			+0,24	27.46	57.26		+0,28	22.31	55.98

30

, 50m

07.10.2016

I : 24.75 / : 23.50 / : 22.75 / : 21.29

: FINA 2016

1.					96		22.21	A	759
	25m:	10.70	10.70	50m:	22.21	11.51			
2.					00		22.46	A	733
	25m:	10.88	10.88	50m:	22.46	11.58			
3.					96	77	22.50	A	730
	25m:	10.92	10.92	50m:	22.50	11.58			
					95		22.50	A	730
	25m:	11.01	11.01	50m:	22.50	11.49			

30

, 50m

1999 - 2000

07.10.2016

I : 24.75 / : 23.50 / : 22.75 / : 21.29

: FINA 2016

1.					00		22.46	A	733
	25m:	10.88	10.88	50m:	22.46	11.58			
2.					99		23.34		654
	25m:	11.53	11.53	50m:	23.34	11.81			
3.					99		23.46		644
	25m:	11.63	11.63	50m:	23.46	11.83			



31 , 50m
07.10.2016

I	: 28.15 /	: 26.85 /	: 26.05 /	: 24.19
: FINA 2016				
1.	25m: 12.13 12.13	50m: 25.17 13.04	25.17	A 787
2.			25.44	A 762
3.	25m: 12.42 12.42	50m: 25.67 13.25	25.67	A 742

31 , 50m 2001 - 2002
07.10.2016

I	: 28.15 /	: 26.85 /	: 26.05 /	
: FINA 2016				
1.	25m: 12.51 12.51	50m: 25.75 13.24	25.75	A 735
2.	25m: 12.72 12.72	50m: 25.78 13.06	25.78	A 732
3.	25m: 12.67 12.67	50m: 25.84 13.17	25.84	A 727

32 , 100m
07.10.2016

I	: 1:12.00 /	: 1:07.50 /	: 1:03.50 /	: 58.98
: FINA 2016				
1.	25m: 12.77 12.77	50m: 27.92 15.15	75m: 43.18 15.26	100m: 58.81 15.63 845
2.	25m: 12.75 12.75	50m: 27.78 15.03	75m: 42.99 15.21	100m: 58.85 15.86 843
3.	25m: 12.82 12.82	50m: 27.93 15.11	75m: 43.27 15.34	100m: 59.05 15.78 835

34

, 200m

07.10.2016

I	: 2:23.00 /		: 2:14.50 /		: 2:07.00 /		: 1:56.37					
: FINA 2016												
1.			94				1:57.67		808			
	25m:	11.52	11.52	75m:	40.90	15.46	125m:	1:12.16	16.85	175m:	1:44.03	14.79
	50m:	25.44	13.92	100m:	55.31	14.41	150m:	1:29.24	17.08	200m:	1:57.67	13.64
2.			92				1:58.35		794			
	25m:	11.71	11.71	75m:	40.78	15.18	125m:	1:12.70	17.28	175m:	1:44.86	14.84
	50m:	25.60	13.89	100m:	55.42	14.64	150m:	1:30.02	17.32	200m:	1:58.35	13.49
3.			92				1:58.75		786			
	25m:	11.89	11.89	75m:	40.95	14.86	125m:	1:12.25	17.12	175m:	1:44.60	14.97
	50m:	26.09	14.20	100m:	55.13	14.18	150m:	1:29.63	17.38	200m:	1:58.75	14.15

34

, 200m

1999 - 2000

07.10.2016

I	: 2:23.00 /		: 2:14.50 /		: 2:07.00 /		: 1:56.37					
: FINA 2016												
1.			00				2:00.88		745			
	25m:	11.98	11.98	75m:	42.02	15.49	125m:	1:13.65	17.36	175m:	1:46.86	14.89
	50m:	26.53	14.55	100m:	56.29	14.27	150m:	1:31.97	18.32	200m:	2:00.88	14.02
2.			00				2:02.27		720			
	100m:	57.18	57.18	150m:	1:33.27	36.09	200m:	2:02.27	29.00			
3.			99		24		2:05.68		663			
	25m:	12.14	12.14	75m:	42.75	15.62	125m:	1:16.34	17.99	175m:	1:50.82	15.88
	50m:	27.13	14.99	100m:	58.35	15.60	150m:	1:34.94	18.60	200m:	2:05.68	14.86

35

, 200m

07.10.2016

I	: 2:40.00 /		: 2:30.50 /		: 2:22.00 /		: 2:09.31					
: FINA 2016												
1.			00		" "		2:14.33		746			
	25m:	13.89	13.89	75m:	47.78	18.29	125m:	1:25.07	20.10	175m:	2:00.19	16.17
	50m:	29.49	15.60	100m:	1:04.97	17.19	150m:	1:44.02	18.95	200m:	2:14.33	14.14
2.			00		3		2:14.82		738			
	25m:	13.32	13.32	75m:	46.35	16.75	125m:	1:23.15	19.91	175m:	1:59.65	16.53
	50m:	29.60	16.28	100m:	1:03.24	16.89	150m:	1:43.12	19.97	200m:	2:14.82	15.17
3.			01		3		2:19.40		668			
	25m:	14.03	14.03	75m:	48.21	17.63	125m:	1:27.03	21.25	175m:	2:04.36	16.43
	50m:	30.58	16.55	100m:	1:05.78	17.57	150m:	1:47.93	20.90	200m:	2:19.40	15.04

35, , 200m

07.10.2016 35 , 200m 2001 - 2002

I	: 2:40.00 / : 2:09.31	: 2:30.50 /	: 2:22.00 /
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: FINA 2016

1.											01	3	2:19.40	668
	25m:	14.03	14.03	75m:	48.21	17.63	125m:	1:27.03	21.25	175m:	2:04.36	16.43	200m:	2:19.40
50m:	30.58	16.55	100m:	1:05.78	17.57	150m:	1:47.93	20.90	200m:	2:19.40	15.04			
2.											02	2:21.73	635	
	25m:	14.32	14.32	75m:	49.68	18.79	125m:	1:27.34	18.93	175m:	2:05.31	17.85	200m:	2:21.73
50m:	30.89	16.57	100m:	1:08.41	18.73	150m:	1:47.46	20.12	200m:	2:21.73	16.42			
3.											01	2:22.32	627	
	25m:	13.87	13.87	75m:	49.26	18.95	125m:	1:27.37	19.00	175m:	2:05.69	16.80	200m:	2:22.32
50m:	30.31	16.44	100m:	1:08.37	19.11	150m:	1:48.89	21.52	200m:	2:22.32	16.63			

30 , 50m

I	: 24.75 /	: 23.50 /	: 22.75 /	: 21.29
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: FINA 2016

1.											96	21.99	782
	25m:	10.50	10.50	50m:	21.99	11.49						200m:	21.99
2.											00	22.12	768
	25m:	10.70	10.70	50m:	22.12	11.42						200m:	22.12
3.											95	22.43	736
	25m:	10.96	10.96	50m:	22.43	11.47						200m:	22.43

31 , 50m

I	: 28.15 /	: 26.85 /	: 26.05 /	: 24.19
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: FINA 2016

1.											97	24.38	866
	25m:	11.77	11.77	50m:	24.38	12.61						200m:	24.38
2.											00	25.47	759
	25m:	12.63	12.63	50m:	25.47	12.84	"	"				200m:	25.47
3.											01	25.59	749
	25m:	12.58	12.58	50m:	25.59	13.01	"	"				200m:	25.59

07.10.2016 36 , 400m

I	: 4:57.00 /	: 4:39.00 /	: 4:24.00 /	: 4:01.47				
: FINA 2016								
1.	95			4:21.83	718			
	25m: 14.36	14.36	125m: 1:19.72	16.30	225m: 2:26.18	16.35	325m: 3:33.26	16.94
	50m: 30.36	16.00	150m: 1:36.34	16.62	250m: 2:42.71	16.53	350m: 3:49.75	16.49
	75m: 46.67	16.31	175m: 1:53.02	16.68	275m: 2:59.56	16.85	375m: 4:06.25	16.50
	100m: 1:03.42	16.75	200m: 2:09.83	16.81	300m: 3:16.32	16.76	400m: 4:21.83	15.58
2.	99			3	4:24.48	697		
	25m: 14.25	14.25	125m: 1:19.40	16.48	225m: 2:26.41	16.82	325m: 3:33.90	16.75
	50m: 30.28	16.03	150m: 1:36.09	16.69	250m: 2:43.18	16.77	350m: 3:50.83	16.93
	75m: 46.50	16.22	175m: 1:52.95	16.86	275m: 3:00.13	16.95	375m: 4:07.77	16.94
	100m: 1:02.92	16.42	200m: 2:09.59	16.64	300m: 3:17.15	17.02	400m: 4:24.48	16.71
3.	00				4:24.57	696		
	25m: 14.60	14.60	125m: 1:20.77	16.93	225m: 2:27.97	16.86	325m: 3:35.15	16.79
	50m: 30.69	16.09	150m: 1:37.33	16.56	250m: 2:44.86	16.89	350m: 3:51.82	16.67
	75m: 47.26	16.57	175m: 1:54.25	16.92	275m: 3:01.56	16.70	375m: 4:08.64	16.82
	100m: 1:03.84	16.58	200m: 2:11.11	16.86	300m: 3:18.36	16.80	400m: 4:24.57	15.93

07.10.2016 36 , 400m 2001 - 2002

I	: 4:57.00 /	: 4:39.00 /	: 4:24.00 /					
: FINA 2016								
1.	02			4:25.38	690			
	25m: 30.72	30.72	150m: 1:38.34	33.94	250m: 2:46.49	34.31	350m: 3:53.18	33.09
	75m: 1:04.40	33.68	200m: 2:12.18	33.84	300m: 3:20.09	33.60	400m: 4:25.38	32.20
2.	01			3	4:26.38	682		
	25m: 14.27	14.27	125m: 1:23.09	17.79	225m: 2:32.21	16.71	325m: 3:38.72	14.91
	50m: 30.87	16.60	150m: 1:40.72	17.63	250m: 2:49.44	17.23	350m: 3:54.48	15.76
	75m: 47.78	16.91	175m: 1:58.14	17.42	275m: 3:06.66	17.22	375m: 4:10.88	16.40
	100m: 1:05.30	17.52	200m: 2:15.50	17.36	300m: 3:23.81	17.15	400m: 4:26.38	15.50
3.	01			3	4:27.17	676		
	25m: 14.65	14.65	125m: 1:22.33	17.22	225m: 2:30.26	16.88	325m: 3:37.46	16.85
	50m: 31.32	16.67	150m: 1:38.99	16.66	250m: 2:47.06	16.80	350m: 3:54.37	16.91
	75m: 48.31	16.99	175m: 1:56.31	17.32	275m: 3:04.07	17.01	375m: 4:11.36	16.99
	100m: 1:05.11	16.80	200m: 2:13.38	17.07	300m: 3:20.61	16.54	400m: 4:27.17	15.81

07.10.2016 37 , 4 x 100m

: FINA 2016						
1.	1		26.15	54.36	3:35.74	786
		+0,52	27.84	59.15	+0,33 24.27	52.43
					+0,61 23.59	49.80
2.			26.23	55.20	3:36.80	775
		+0,20	27.50	58.70	+0,41 25.59	54.90
					+0,14 22.89	48.00

37, , 4 x 100m ,

3.	"	" 1							3:41.47	727	
				26.55	54.97				+0.49	24.24	53.11
			+0,50	29.92	1:03.91				+0,28	23.65	49.48

07.10.2016 38 , 4 x 100m

: FINA 2016

1.	1								4:06.95	758	
				30.48	1:01.91				+0,19	27.76	1:00.69
			+0,48	33.40	1:10.73				+0,27	25.42	53.62
2.	"	" 1							4:08.32	745	
				30.04	1:01.70				+0,38	28.47	1:02.22
			+0,65	32.90	1:09.81				+0,33	26.19	54.59
3.		3 1							4:09.54	734	
				30.41	1:02.21		3		+0,52	26.87	58.24
			+0,37	33.77	1:12.09				+0,44		57.00