



"Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет

27 февраля-1 марта 2024г.

бассейн 50 м.



29.02.2024 - 13:10

: FINA 2024

, 1500m

14-15

WA

1.			09	"	" 1	16:36.08	668				
50m:	29.49	29.49	450m:	4:57.64	33.92	850m:	9:24.14	33.33	1250m:	13:51.98	33.79
100m:	1:01.66	32.17	500m:	5:31.28	33.64	900m:	9:57.37	33.23	1300m:	14:25.39	33.41
150m:	1:35.50	33.84	550m:	6:05.03	33.75	950m:	10:30.73	33.36	1350m:	14:58.79	33.40
200m:	2:09.14	33.64	600m:	6:38.25	33.22	1000m:	11:04.24	33.51	1400m:	15:32.57	33.78
250m:	2:42.95	33.81	650m:	7:11.51	33.26	1050m:	11:37.56	33.32	1450m:	16:05.05	32.48
300m:	3:16.70	33.75	700m:	7:44.34	32.83	1100m:	12:10.78	33.22	1500m:	16:36.08	31.03
350m:	3:50.30	33.60	750m:	8:17.52	33.18	1150m:	12:44.38	33.60			
400m:	4:23.72	33.42	800m:	8:50.81	33.29	1200m:	13:18.19	33.81			
2.			09	"	" 1	16:41.23	658				
50m:	31.74	31.74	450m:	5:00.43	33.56	850m:	9:25.46	33.42	1250m:	13:54.34	33.97
100m:	1:05.09	33.35	500m:	5:33.62	33.19	900m:	9:58.82	33.36	1300m:	14:28.35	34.01
150m:	1:39.06	33.97	550m:	6:06.86	33.24	950m:	10:32.23	33.41	1350m:	15:02.48	34.13
200m:	2:13.07	34.01	600m:	6:39.80	32.94	1000m:	11:05.67	33.44	1400m:	15:36.37	33.89
250m:	2:47.16	34.09	650m:	7:12.92	33.12	1050m:	11:39.36	33.69	1450m:	16:10.27	33.90
300m:	3:20.54	33.38	700m:	7:45.85	32.93	1100m:	12:12.53	33.17	1500m:	16:41.23	30.96
350m:	3:54.06	33.52	750m:	8:18.85	33.00	1150m:	12:46.33	33.80			
400m:	4:26.87	32.81	800m:	8:52.04	33.19	1200m:	13:20.37	34.04			
3.			09	"	"	17:05.93	611				
50m:	29.64	29.64	450m:	4:59.20	34.07	850m:	9:32.89	34.00	1250m:	14:11.47	35.06
100m:	1:01.93	32.29	500m:	5:33.51	34.31	900m:	10:07.52	34.63	1300m:	14:47.05	35.58
150m:	1:35.66	33.73	550m:	6:07.41	33.90	950m:	10:41.51	33.99	1350m:	15:22.27	35.22
200m:	2:09.24	33.58	600m:	6:41.61	34.20	1000m:	11:16.40	34.89	1400m:	15:57.25	34.98
250m:	2:43.27	34.03	650m:	7:15.66	34.05	1050m:	11:51.32	34.92	1450m:	16:31.65	34.40
300m:	3:17.14	33.87	700m:	7:50.19	34.53	1100m:	12:26.59	35.27	1500m:	17:05.93	34.28
350m:	3:51.19	34.05	750m:	8:24.45	34.26	1150m:	13:01.22	34.63			
400m:	4:25.13	33.94	800m:	8:58.89	34.44	1200m:	13:36.41	35.19			
4.			09	"	" 2	17:20.77	586				
50m:	31.37	31.37	450m:	5:06.49	34.41	850m:	9:47.33	34.94	1250m:	14:29.02	35.00
100m:	1:05.18	33.81	500m:	5:41.27	34.78	900m:	10:22.91	35.58	1300m:	15:04.35	35.33
150m:	1:39.67	34.49	550m:	6:16.43	35.16	950m:	10:58.14	35.23	1350m:	15:38.94	34.59
200m:	2:14.37	34.70	600m:	6:51.69	35.26	1000m:	11:33.42	35.28	1400m:	16:13.92	34.98
250m:	2:48.93	34.56	650m:	7:26.85	35.16	1050m:	12:08.44	35.02	1450m:	16:47.78	33.86
300m:	3:23.32	34.39	700m:	8:01.94	35.09	1100m:	12:43.70	35.26	1500m:	17:20.77	32.99
350m:	3:57.53	34.21	750m:	8:36.91	34.97	1150m:	13:18.86	35.16			
400m:	4:32.08	34.55	800m:	9:12.39	35.48	1200m:	13:54.02	35.16			
5.			09	"	" 1	17:28.97	572				
50m:	31.08	31.08	450m:	5:08.53	35.21	850m:	9:52.76	35.38	1250m:	14:37.09	35.36
100m:	1:05.76	34.68	500m:	5:44.16	35.63	900m:	10:28.41	35.65	1300m:	15:12.91	35.82
150m:	1:40.19	34.43	550m:	6:19.50	35.34	950m:	11:03.59	35.18	1350m:	15:48.13	35.22
200m:	2:14.65	34.46	600m:	6:54.73	35.23	1000m:	11:39.31	35.72	1400m:	16:22.29	34.16
250m:	2:49.15	34.50	650m:	7:30.46	35.73	1050m:	12:14.98	35.67	1450m:	16:55.97	33.68
300m:	3:23.79	34.64	700m:	8:06.36	35.90	1100m:	12:50.95	35.97	1500m:	17:28.97	33.00
350m:	3:58.68	34.89	750m:	8:42.05	35.69	1150m:	13:25.99	35.04			
400m:	4:33.32	34.64	800m:	9:17.38	35.33	1200m:	14:01.73	35.74			
6.			10	"	" 1	17:32.62	566				
50m:	31.10	31.10	450m:	5:10.20	35.36	850m:	9:55.19	35.96	1250m:	14:39.83	35.32
100m:	1:05.07	33.97	500m:	5:45.60	35.40	900m:	10:30.70	35.51	1300m:	15:15.38	35.55
150m:	1:39.68	34.61	550m:	6:21.26	35.66	950m:	11:06.49	35.79	1350m:	15:50.89	35.51
200m:	2:14.60	34.92	600m:	6:56.83	35.57	1000m:	11:42.24	35.75	1400m:	16:26.17	35.28
250m:	2:49.37	34.77	650m:	7:32.43	35.60	1050m:	12:18.03	35.79	1450m:	17:01.25	35.08
300m:	3:24.56	35.19	700m:	8:08.04	35.61	1100m:	12:53.63	35.60	1500m:	17:32.62	31.37
350m:	3:59.68	35.12	750m:	8:43.59	35.55	1150m:	13:29.05	35.42			
400m:	4:34.84	35.16	800m:	9:19.23	35.64	1200m:	14:04.51	35.46			

27.02-01.03.2024 .

SEIKO

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"Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



27 февраля-1 марта 2024г.

бассейн 50 м.

32, , 1500m , 14-15

WA

7.			09	"	" 1	17:33.72	564					
	50m:	30.58	30.58	450m:	5:08.98	35.36	850m:	9:52.88	36.12	1250m:	14:39.46	36.11
	100m:	1:04.21	33.63	500m:	5:44.04	35.06	900m:	10:28.17	35.29	1300m:	15:14.94	35.48
	150m:	1:39.26	35.05	550m:	6:19.55	35.51	950m:	11:04.02	35.85	1350m:	15:50.65	35.71
	200m:	2:13.88	34.62	600m:	6:54.42	34.87	1000m:	11:39.44	35.42	1400m:	16:25.88	35.23
	250m:	2:48.88	35.00	650m:	7:30.23	35.81	1050m:	12:15.59	36.15	1450m:	17:01.16	35.28
	300m:	3:23.63	34.75	700m:	8:05.54	35.31	1100m:	12:51.25	35.66	1500m:	17:33.72	32.56
	350m:	3:58.86	35.23	750m:	8:41.26	35.72	1150m:	13:27.69	36.44			
	400m:	4:33.62	34.76	800m:	9:16.76	35.50	1200m:	14:03.35	35.66			
8.			09	"	" 2	17:41.27	552					
	50m:	30.60	30.60	450m:	5:10.59	35.38	850m:	9:56.50	35.90	1250m:	14:44.66	36.16
	100m:	1:04.44	33.84	500m:	5:46.18	35.59	900m:	10:32.93	36.43	1300m:	15:20.99	36.33
	150m:	1:39.52	35.08	550m:	6:21.93	35.75	950m:	11:09.03	36.10	1350m:	15:57.05	36.06
	200m:	2:14.70	35.18	600m:	6:57.69	35.76	1000m:	11:44.72	35.69	1400m:	16:32.42	35.37
	250m:	2:49.52	34.82	650m:	7:33.24	35.55	1050m:	12:20.46	35.74	1450m:	17:07.46	35.04
	300m:	3:24.55	35.03	700m:	8:08.97	35.73	1100m:	12:56.54	36.08	1500m:	17:41.27	33.81
	350m:	3:59.95	35.40	750m:	8:44.72	35.75	1150m:	13:32.63	36.09			
	400m:	4:35.21	35.26	800m:	9:20.60	35.88	1200m:	14:08.50	35.87			
9.			09	"	"	17:45.27	546					
	50m:	29.86	29.86	450m:	5:12.75	35.94	850m:	10:02.02	36.46	1250m:	14:50.14	35.81
	100m:	1:03.90	34.04	500m:	5:48.20	35.45	900m:	10:37.51	35.49	1300m:	15:25.94	35.80
	150m:	1:39.74	35.84	550m:	6:24.48	36.28	950m:	11:13.94	36.43	1350m:	16:01.71	35.77
	200m:	2:14.61	34.87	600m:	7:00.71	36.23	1000m:	11:49.71	35.77	1400m:	16:37.09	35.38
	250m:	2:50.05	35.44	650m:	7:36.84	36.13	1050m:	12:26.13	36.42	1450m:	17:13.01	35.92
	300m:	3:25.19	35.14	700m:	8:13.21	36.37	1100m:	13:01.97	35.84	1500m:	17:45.27	32.26
	350m:	4:01.23	36.04	750m:	8:49.99	36.78	1150m:	13:38.54	36.57			
	400m:	4:36.81	35.58	800m:	9:25.56	35.57	1200m:	14:14.33	35.79			
10.			09	"	"	17:47.48	543					
	50m:	31.80	31.80	450m:	5:13.61	35.80	850m:	10:03.57	36.31	1250m:	14:51.45	35.78
	100m:	1:05.99	34.19	500m:	5:49.89	36.28	900m:	10:39.85	36.28	1300m:	15:27.24	35.79
	150m:	1:40.48	34.49	550m:	6:26.20	36.31	950m:	11:16.03	36.18	1350m:	16:03.30	36.06
	200m:	2:16.07	35.59	600m:	7:02.24	36.04	1000m:	11:51.77	35.74	1400m:	16:38.58	35.28
	250m:	2:51.00	34.93	650m:	7:38.76	36.52	1050m:	12:27.70	35.93	1450m:	17:13.88	35.30
	300m:	3:26.57	35.57	700m:	8:14.75	35.99	1100m:	13:03.66	35.96	1500m:	17:47.48	33.60
	350m:	4:01.95	35.38	750m:	8:51.08	36.33	1150m:	13:39.76	36.10			
	400m:	4:37.81	35.86	800m:	9:27.26	36.18	1200m:	14:15.67	35.91			
11.			09	"	" 1	17:49.24	540					
	50m:	31.61	31.61	500m:	5:51.82	35.79	900m:	10:39.64	36.07	1300m:	15:29.37	36.43
	150m:	1:42.39	1:10.78	550m:	6:27.89	36.07	950m:	11:15.71	36.07	1350m:	16:05.48	36.11
	200m:	2:18.30	35.91	600m:	7:03.79	35.90	1000m:	11:51.54	35.83	1400m:	16:41.79	36.31
	250m:	2:53.72	35.42	650m:	7:39.50	35.71	1050m:	12:28.09	36.55	1450m:	17:16.69	34.90
	300m:	3:29.09	35.37	700m:	8:15.50	36.00	1100m:	13:04.14	36.05	1500m:	17:49.24	32.55
	350m:	4:04.83	35.74	750m:	8:51.57	36.07	1150m:	13:40.22	36.08			
	400m:	4:40.28	35.45	800m:	9:27.70	36.13	1200m:	14:16.65	36.43			
	450m:	5:16.03	35.75	850m:	10:03.57	35.87	1250m:	14:52.94	36.29			
12.			09	"	" 1	17:58.94	526					
	50m:	31.55	31.55	450m:	5:15.73	35.96	850m:	10:05.51	35.47	1250m:	14:56.94	36.07
	100m:	1:06.57	35.02	500m:	5:51.52	35.79	900m:	10:41.61	36.10	1300m:	15:33.87	36.93
	150m:	1:42.40	35.83	550m:	6:28.00	36.48	950m:	11:17.58	35.97	1350m:	16:11.20	37.33
	200m:	2:17.91	35.51	600m:	7:03.84	35.84	1000m:	11:54.74	37.16	1400m:	16:47.97	36.77
	250m:	2:53.44	35.53	650m:	7:40.28	36.44	1050m:	12:31.77	37.03	1450m:	17:23.98	36.01
	300m:	3:28.86	35.42	700m:	8:16.90	36.62	1100m:	13:08.63	36.86	1500m:	17:58.94	34.96
	350m:	4:04.39	35.53	750m:	8:53.66	36.76	1150m:	13:44.79	36.16			
	400m:	4:39.77	35.38	800m:	9:30.04	36.38	1200m:	14:20.87	36.08			

27.02-01.03.2024 .

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SEIKO

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"Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



27 февраля-1 марта 2024г.

бассейн 50 м.

32, , 1500m , 14-15

WA

13.			09	"	" 2		17:59.40	525				
	50m:	33.55	33.55	450m:	5:24.60	36.38	850m:	10:12.56	36.07	1250m:	15:01.00	36.17
	100m:	1:09.57	36.02	500m:	6:00.54	35.94	900m:	10:48.58	36.02	1300m:	15:36.78	35.78
	150m:	1:46.35	36.78	550m:	6:36.57	36.03	950m:	11:24.69	36.11	1350m:	16:12.93	36.15
	200m:	2:22.77	36.42	600m:	7:12.42	35.85	1000m:	12:00.63	35.94	1400m:	16:49.08	36.15
	250m:	2:59.63	36.86	650m:	7:48.72	36.30	1050m:	12:36.69	36.06	1450m:	17:25.14	36.06
	300m:	3:35.82	36.19	700m:	8:24.32	35.60	1100m:	13:12.64	35.95	1500m:	17:59.40	34.26
	350m:	4:12.40	36.58	750m:	9:00.70	36.38	1150m:	13:48.98	36.34			
	400m:	4:48.22	35.82	800m:	9:36.49	35.79	1200m:	14:24.83	35.85			
14.			10	"	" 2		18:01.11	522				
	50m:	32.37	32.37	450m:	5:19.94	36.39	850m:	10:09.64	35.96	1250m:	15:01.31	36.14
	100m:	1:07.60	35.23	500m:	5:56.39	36.45	900m:	10:46.25	36.61	1300m:	15:37.64	36.33
	150m:	1:43.11	35.51	550m:	6:32.47	36.08	950m:	11:22.61	36.36	1350m:	16:14.25	36.61
	200m:	2:18.44	35.33	600m:	7:08.67	36.20	1000m:	11:59.17	36.56	1400m:	16:50.63	36.38
	250m:	2:54.67	36.23	650m:	7:44.64	35.97	1050m:	12:35.44	36.27	1450m:	17:26.24	35.61
	300m:	3:30.40	35.73	700m:	8:21.25	36.61	1100m:	13:12.25	36.81	1500m:	18:01.11	34.87
	350m:	4:07.11	36.71	750m:	8:57.37	36.12	1150m:	13:48.62	36.37			
	400m:	4:43.55	36.44	800m:	9:33.68	36.31	1200m:	14:25.17	36.55			
15.			09	"	" -		18:05.12	517				
	50m:	31.75	31.75	450m:	5:18.71	35.89	850m:	10:10.79	35.97	1250m:	15:04.11	36.12
	100m:	1:06.55	34.80	500m:	5:55.46	36.75	900m:	10:47.20	36.41	1300m:	15:41.35	37.24
	150m:	1:42.42	35.87	550m:	6:31.70	36.24	950m:	11:24.27	37.07	1350m:	16:17.96	36.61
	200m:	2:18.15	35.73	600m:	7:08.41	36.71	1000m:	12:01.03	36.76	1400m:	16:55.48	37.52
	250m:	2:53.88	35.73	650m:	7:44.76	36.35	1050m:	12:38.09	37.06	1450m:	17:30.57	35.09
	300m:	3:30.18	36.30	700m:	8:21.38	36.62	1100m:	13:15.55	37.46	1500m:	18:05.12	34.55
	350m:	4:06.29	36.11	750m:	8:57.80	36.42	1150m:	13:50.82	35.27			
	400m:	4:42.82	36.53	800m:	9:34.82	37.02	1200m:	14:27.99	37.17			
16.			10	"	" 3		18:14.30	504				
	50m:	32.19	32.19	450m:	5:20.29	36.42	850m:	10:12.83	36.44	1250m:	15:09.83	37.27
	100m:	1:07.43	35.24	500m:	5:56.90	36.61	900m:	10:49.74	36.91	1300m:	15:47.34	37.51
	150m:	1:43.31	35.88	550m:	6:33.22	36.32	950m:	11:26.77	37.03	1350m:	16:24.45	37.11
	200m:	2:19.21	35.90	600m:	7:09.89	36.67	1000m:	12:03.86	37.09	1400m:	17:01.89	37.44
	250m:	2:55.03	35.82	650m:	7:46.16	36.27	1050m:	12:41.00	37.14	1450m:	17:38.16	36.27
	300m:	3:31.30	36.27	700m:	8:23.11	36.95	1100m:	13:18.18	37.18	1500m:	18:14.30	36.14
	350m:	4:07.40	36.10	750m:	8:59.66	36.55	1150m:	13:55.21	37.03			
	400m:	4:43.87	36.47	800m:	9:36.39	36.73	1200m:	14:32.56	37.35			
17.			10	"	" 2		18:16.69	500				
	50m:	32.25	32.25	450m:	5:25.49	36.76	850m:	10:18.93	37.30	1250m:	15:15.11	37.25
	100m:	1:08.91	36.66	500m:	6:01.70	36.21	900m:	10:55.79	36.86	1300m:	15:51.98	36.87
	150m:	1:46.06	37.15	550m:	6:38.26	36.56	950m:	11:32.66	36.87	1350m:	16:29.08	37.10
	200m:	2:22.88	36.82	600m:	7:14.72	36.46	1000m:	12:09.42	36.76	1400m:	17:05.62	36.54
	250m:	2:59.96	37.08	650m:	7:51.36	36.64	1050m:	12:46.81	37.39	1450m:	17:41.77	36.15
	300m:	3:36.11	36.15	700m:	8:28.08	36.72	1100m:	13:23.85	37.04	1500m:	18:16.69	34.92
	350m:	4:12.90	36.79	750m:	9:05.06	36.98	1150m:	14:01.10	37.25			
	400m:	4:48.73	35.83	800m:	9:41.63	36.57	1200m:	14:37.86	36.76			
18.			09	"	" 4		18:19.38	497				
	50m:	30.92	30.92	450m:	5:25.52	36.87	850m:	10:22.92	36.70	1250m:	15:19.96	36.74
	100m:	1:06.47	35.55	500m:	6:03.22	37.70	900m:	11:00.31	37.39	1300m:	15:57.22	37.26
	150m:	1:43.36	36.89	550m:	6:40.17	36.95	950m:	11:37.06	36.75	1350m:	16:34.15	36.93
	200m:	2:19.98	36.62	600m:	7:17.69	37.52	1000m:	12:14.62	37.56	1400m:	17:11.04	36.89
	250m:	2:57.20	37.22	650m:	7:54.72	37.03	1050m:	12:52.25	37.63	1450m:	17:46.52	35.48
	300m:	3:34.24	37.04	700m:	8:32.04	37.32	1100m:	13:29.18	36.93	1500m:	18:19.38	32.86
	350m:	4:11.63	37.39	750m:	9:09.33	37.29	1150m:	14:05.97	36.79			
	400m:	4:48.65	37.02	800m:	9:46.22	36.89	1200m:	14:43.22	37.25			

27.02-01.03.2024 .

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"Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



27 февраля-1 марта 2024г.

бассейн 50 м.

32, , 1500m , 14-15

WA

19.			10	"	" 3	18:23.04	492					
	50m:	31.97	31.97	450m:	5:23.45	36.93	850m:	10:19.41	37.37	1250m:	15:17.27	37.25
	100m:	1:07.65	35.68	500m:	5:59.91	36.46	900m:	10:56.18	36.77	1300m:	15:54.52	37.25
	150m:	1:44.48	36.83	550m:	6:36.77	36.86	950m:	11:33.92	37.74	1350m:	16:31.95	37.43
	200m:	2:20.36	35.88	600m:	7:13.35	36.58	1000m:	12:11.07	37.15	1400m:	17:09.56	37.61
	250m:	2:57.00	36.64	650m:	7:50.64	37.29	1050m:	12:48.39	37.32	1450m:	17:46.84	37.28
	300m:	3:33.22	36.22	700m:	8:27.71	37.07	1100m:	13:25.22	36.83	1500m:	18:23.04	36.20
	350m:	4:10.11	36.89	750m:	9:05.06	37.35	1150m:	14:02.76	37.54			
	400m:	4:46.52	36.41	800m:	9:42.04	36.98	1200m:	14:40.02	37.26			
20.			09	"	"	18:25.37	489					
	50m:	31.91	31.91	450m:	5:26.92	36.69	850m:	10:25.62	37.67	1250m:	15:23.28	37.73
	100m:	1:08.70	36.79	500m:	6:04.30	37.38	900m:	11:02.89	37.27	1300m:	16:00.28	37.00
	150m:	1:45.93	37.23	550m:	6:41.48	37.18	950m:	11:40.36	37.47	1350m:	16:37.68	37.40
	200m:	2:22.54	36.61	600m:	7:18.90	37.42	1000m:	12:17.55	37.19	1400m:	17:14.19	36.51
	250m:	2:59.37	36.83	650m:	7:56.53	37.63	1050m:	12:54.66	37.11	1450m:	17:50.49	36.30
	300m:	3:36.15	36.78	700m:	8:33.26	36.73	1100m:	13:31.82	37.16	1500m:	18:25.37	34.88
	350m:	4:13.46	37.31	750m:	9:10.72	37.46	1150m:	14:08.57	36.75			
	400m:	4:50.23	36.77	800m:	9:47.95	37.23	1200m:	14:45.55	36.98			
21.			09	"	" 3	18:27.87	485					
	50m:	32.70	32.70	450m:	5:28.76	37.44	850m:	10:26.17	37.36	1250m:	15:23.44	37.54
	100m:	1:08.65	35.95	500m:	6:05.82	37.06	900m:	11:03.04	36.87	1300m:	16:00.45	37.01
	150m:	1:46.01	37.36	550m:	6:43.10	37.28	950m:	11:40.64	37.60	1350m:	16:37.53	37.08
	200m:	2:22.94	36.93	600m:	7:20.41	37.31	1000m:	12:17.86	37.22	1400m:	17:14.35	36.82
	250m:	3:00.05	37.11	650m:	7:57.85	37.44	1050m:	12:54.84	36.98	1450m:	17:51.85	37.50
	300m:	3:37.04	36.99	700m:	8:34.48	36.63	1100m:	13:32.21	37.37	1500m:	18:27.87	36.02
	350m:	4:14.45	37.41	750m:	9:11.79	37.31	1150m:	14:09.27	37.06			
	400m:	4:51.32	36.87	800m:	9:48.81	37.02	1200m:	14:45.90	36.63			
22.			10	"	"	18:40.14	470					
	50m:	32.72	32.72	450m:	5:28.97	37.11	850m:	10:30.01	37.79	1250m:	15:32.74	37.85
	100m:	1:09.12	36.40	500m:	6:06.37	37.40	900m:	11:07.49	37.48	1300m:	16:11.24	38.50
	150m:	1:46.42	37.30	550m:	6:44.12	37.75	950m:	11:45.62	38.13	1350m:	16:49.41	38.17
	200m:	2:23.18	36.76	600m:	7:21.42	37.30	1000m:	12:23.31	37.69	1400m:	17:27.35	37.94
	250m:	3:00.66	37.48	650m:	7:59.27	37.85	1050m:	13:01.20	37.89	1450m:	18:04.13	36.78
	300m:	3:37.45	36.79	700m:	8:36.83	37.56	1100m:	13:39.07	37.87	1500m:	18:40.14	36.01
	350m:	4:14.98	37.53	750m:	9:14.63	37.80	1150m:	14:17.01	37.94			
	400m:	4:51.86	36.88	800m:	9:52.22	37.59	1200m:	14:54.89	37.88			
23.			09	"	"	19:03.54	441					
	50m:	31.99	31.99	450m:	5:30.99	38.24	850m:	10:39.68	38.59	1250m:	15:52.27	38.68
	100m:	1:07.60	35.61	500m:	6:09.31	38.32	900m:	11:18.88	39.20	1300m:	16:31.59	39.32
	150m:	1:44.01	36.41	550m:	6:47.42	38.11	950m:	11:57.87	38.99	1350m:	17:10.28	38.69
	200m:	2:21.05	37.04	600m:	7:26.41	38.99	1000m:	12:36.97	39.10	1400m:	17:49.26	38.98
	250m:	2:58.77	37.72	650m:	8:05.17	38.76	1050m:	13:16.11	39.14	1450m:	18:26.90	37.64
	300m:	3:36.38	37.61	700m:	8:43.64	38.47	1100m:	13:55.58	39.47	1500m:	19:03.54	36.64
	350m:	4:14.10	37.72	750m:	9:22.27	38.63	1150m:	14:34.38	38.80			
	400m:	4:52.75	38.65	800m:	10:01.09	38.82	1200m:	15:13.59	39.21			
24.			10	"	" 2	19:30.25	412					
	50m:	33.26	33.26	450m:	5:40.42	38.90	850m:	10:54.99	39.32	1250m:	16:13.71	39.67
	100m:	1:10.72	37.46	500m:	6:19.11	38.69	900m:	11:34.63	39.64	1300m:	16:53.83	40.12
	150m:	1:48.95	38.23	550m:	6:58.17	39.06	950m:	12:14.65	40.02	1350m:	17:33.32	39.49
	200m:	2:27.06	38.11	600m:	7:37.42	39.25	1000m:	12:54.71	40.06	1400m:	18:12.52	39.20
	250m:	3:05.42	38.36	650m:	8:16.69	39.27	1050m:	13:34.42	39.71	1450m:	18:52.22	39.70
	300m:	3:43.75	38.33	700m:	8:56.23	39.54	1100m:	14:14.20	39.78	1500m:	19:30.25	38.03
	350m:	4:22.78	39.03	750m:	9:35.83	39.60	1150m:	14:54.06	39.86			
	400m:	5:01.52	38.74	800m:	10:15.67	39.84	1200m:	15:34.04	39.98			

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