



# "Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет

27 февраля-1 марта 2024г.

бассейн 50 м.



28.02.2024 - 10:10

: FINA 2024

14-15

WA

1.				09	"	" 1	<b>4:09.38</b>	687				
	50m:	28.73	28.73	150m:	1:32.68	32.07	250m:	2:35.75	31.38	350m:	3:39.30	31.72
	100m:	1:00.61	31.88	200m:	2:04.37	31.69	300m:	3:07.58	31.83	400m:	4:09.38	30.08
2.				09	"	"	<b>4:14.07</b>	649				
	50m:	28.90	28.90	150m:	1:32.88	32.63	250m:	2:38.11	32.76	350m:	3:43.15	32.31
	100m:	1:00.25	31.35	200m:	2:05.35	32.47	300m:	3:10.84	32.73	400m:	4:14.07	30.92
3.				09	"	" 1	<b>4:14.79</b>	644				
	50m:	28.80	28.80	150m:	1:33.15	32.03	250m:	2:37.80	31.89	350m:	3:43.10	32.35
	100m:	1:01.12	32.32	200m:	2:05.91	32.76	300m:	3:10.75	32.95	400m:	4:14.79	31.69
4.				09	"	"	<b>4:17.75</b>	622				
	50m:	27.35	27.35	150m:	1:32.04	33.07	250m:	2:38.05	32.75	350m:	3:45.85	34.27
	100m:	58.97	31.62	200m:	2:05.30	33.26	300m:	3:11.58	33.53	400m:	4:17.75	31.90
5.				09	"	" 1	<b>4:19.44</b>	610				
	50m:	28.89	28.89	150m:	1:34.28	33.40	250m:	2:41.23	33.62	350m:	3:48.68	33.75
	100m:	1:00.88	31.99	200m:	2:07.61	33.33	300m:	3:14.93	33.70	400m:	4:19.44	30.76
6.				09	"	" 2	<b>4:20.35</b>	603				
	50m:	29.49	29.49	150m:	1:35.48	33.50	250m:	2:42.77	33.67	350m:	3:49.04	32.98
	100m:	1:01.98	32.49	200m:	2:09.10	33.62	300m:	3:16.06	33.29	400m:	4:20.35	31.31
7.				10	"	" 1	<b>4:22.27</b>	590				
	50m:	30.14	30.14	150m:	1:36.44	33.37	250m:	2:43.44	33.54	350m:	3:50.90	33.73
	100m:	1:03.07	32.93	200m:	2:09.90	33.46	300m:	3:17.17	33.73	400m:	4:22.27	31.37
8.				09	"	" -	<b>4:23.13</b>	585				
	50m:	29.60	29.60	150m:	1:36.39	33.74	250m:	2:44.35	33.78	350m:	3:51.02	33.45
	100m:	1:02.65	33.05	200m:	2:10.57	34.18	300m:	3:17.57	33.22	400m:	4:23.13	32.11
9.				09	"	"	<b>4:23.14</b>	584				
	50m:	29.28	29.28	150m:	1:35.11	33.10	250m:	2:43.20	34.18	350m:	3:51.10	33.38
	100m:	1:02.01	32.73	200m:	2:09.02	33.91	300m:	3:17.72	34.52	400m:	4:23.14	32.04
10.				10	"	" -	<b>4:23.76</b>	580				
	50m:	28.64	28.64	150m:	1:33.99	33.38	250m:	2:42.70	34.83	350m:	3:51.32	34.17
	100m:	1:00.61	31.97	200m:	2:07.87	33.88	300m:	3:17.15	34.45	400m:	4:23.76	32.44
11.				09	-70 "	"	<b>4:23.87</b>	580				
	50m:	29.02	29.02	150m:	1:34.01	33.39	250m:	2:42.75	34.58	350m:	3:51.70	34.75
	100m:	1:00.62	31.60	200m:	2:08.17	34.16	300m:	3:16.95	34.20	400m:	4:23.87	32.17
12.				09	"	" 2	<b>4:25.24</b>	571				
	50m:	29.62	29.62	150m:	1:35.29	33.40	250m:	2:44.19	34.51	350m:	3:52.17	33.89
	100m:	1:01.89	32.27	200m:	2:09.68	34.39	300m:	3:18.28	34.09	400m:	4:25.24	33.07
13.				09	"	" 1	<b>4:28.44</b>	550				
	50m:	29.92	29.92	150m:	1:37.95	34.54	250m:	2:47.76	35.03	350m:	3:56.36	34.09
	100m:	1:03.41	33.49	200m:	2:12.73	34.78	300m:	3:22.27	34.51	400m:	4:28.44	32.08
14.				10	"	"	<b>4:28.48</b>	550				
	50m:	30.10	30.10	150m:	1:37.88	34.28	250m:	2:47.52	34.82	350m:	3:56.99	34.19
	100m:	1:03.60	33.50	200m:	2:12.70	34.82	300m:	3:22.80	35.28	400m:	4:28.48	31.49
15.				09	"	" 2	<b>4:29.04</b>	547				
	50m:	29.92	29.92	150m:	1:37.24	34.09	250m:	2:46.87	35.05	350m:	3:57.07	34.86
	100m:	1:03.15	33.23	200m:	2:11.82	34.58	300m:	3:22.21	35.34	400m:	4:29.04	31.97
16.				10	"	"	<b>4:30.17</b>	540				
	50m:	29.77	29.77	150m:	1:37.75	34.66	250m:	2:48.53	35.82	350m:	3:58.04	34.61
	100m:	1:03.09	33.32	200m:	2:12.71	34.96	300m:	3:23.43	34.90	400m:	4:30.17	32.13

27.02-01.03.2024 .

SEIKO

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# "Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



ЦСТ

27 февраля-1 марта 2024г.

бассейн 50 м.

	13,	, 400m		14-15								WA
17.			10	"	"			<b>4:30.18</b>				540
	50m:	29.50	29.50	150m:	1:36.26	34.30	250m:	2:45.56	34.91	350m:	3:55.94	35.20
	100m:	1:01.96	32.46	200m:	2:10.65	34.39	300m:	3:20.74	35.18	400m:	4:30.18	34.24
18.			09	"	" 1			<b>4:30.41</b>				539
	50m:	30.24	30.24	150m:	1:39.12	34.60	250m:	2:49.16	34.76	350m:	3:57.49	33.83
	100m:	1:04.52	34.28	200m:	2:14.40	35.28	300m:	3:23.66	34.50	400m:	4:30.41	32.92
19.			09	"	"			<b>4:31.15</b>				534
	50m:	29.72	29.72	150m:	1:37.75	34.35	250m:	2:47.46	34.81	350m:	3:57.63	35.43
	100m:	1:03.40	33.68	200m:	2:12.65	34.90	300m:	3:22.20	34.74	400m:	4:31.15	33.52
20.			09	"	"			<b>4:31.28</b>				533
	50m:	28.68	28.68	150m:	1:35.88	34.61	250m:	2:46.64	35.41	350m:	3:56.95	34.92
	100m:	1:01.27	32.59	200m:	2:11.23	35.35	300m:	3:22.03	35.39	400m:	4:31.28	34.33
21.			10	"	"			<b>4:32.01</b>				529
	50m:	30.00	30.00	150m:	1:36.77	33.96	250m:	2:46.33	35.07	350m:	3:57.55	35.62
	100m:	1:02.81	32.81	200m:	2:11.26	34.49	300m:	3:21.93	35.60	400m:	4:32.01	34.46
22.			09	"	"			<b>4:32.66</b>				525
	50m:	30.74	30.74	150m:	1:39.90	34.94	250m:	2:50.73	35.49	350m:	3:59.60	33.54
	100m:	1:04.96	34.22	200m:	2:15.24	35.34	300m:	3:26.06	35.33	400m:	4:32.66	33.06
23.			10	"	"			<b>4:32.82</b>				524
	50m:	30.58	30.58	150m:	1:38.72	34.77	250m:	2:48.81	34.85	350m:	3:57.85	33.99
	100m:	1:03.95	33.37	200m:	2:13.96	35.24	300m:	3:23.86	35.05	400m:	4:32.82	34.97
24.			10	"	"			<b>4:33.20</b>				522
	50m:	29.56	29.56	150m:	1:38.11	34.50	250m:	2:48.53	34.89	350m:	3:59.16	35.07
	100m:	1:03.61	34.05	200m:	2:13.64	35.53	300m:	3:24.09	35.56	400m:	4:33.20	34.04
25.			09	"	" 1			<b>4:33.55</b>				520
	50m:	29.03	29.03	150m:	1:37.93	35.31	250m:	2:49.03	35.40	350m:	3:59.90	35.41
	100m:	1:02.62	33.59	200m:	2:13.63	35.70	300m:	3:24.49	35.46	400m:	4:33.55	33.65
26.			09	"	-70 "	"		<b>4:34.26</b>				516
	50m:	30.38	30.38	150m:	1:37.78	34.31	250m:	2:48.18	34.92	350m:	3:59.23	35.12
	100m:	1:03.47	33.09	200m:	2:13.26	35.48	300m:	3:24.11	35.93	400m:	4:34.26	35.03
27.			10	"	"			<b>4:35.00</b>				512
	50m:	29.57	29.57	150m:	1:38.03	34.70	250m:	2:49.19	35.69	350m:	4:00.63	35.62
	100m:	1:03.33	33.76	200m:	2:13.50	35.47	300m:	3:25.01	35.82	400m:	4:35.00	34.37
28.			10	"	" 2			<b>4:35.57</b>				509
	50m:	31.37	31.37	150m:	1:41.53	35.31	250m:	2:52.15	35.13	350m:	4:02.08	34.54
	100m:	1:06.22	34.85	200m:	2:17.02	35.49	300m:	3:27.54	35.39	400m:	4:35.57	33.49
29.			09	"	"			<b>4:36.36</b>				504
	50m:	29.59	29.59	150m:	1:39.19	35.68	250m:	2:50.74	35.93	350m:	4:05.48	38.80
	100m:	1:03.51	33.92	200m:	2:14.81	35.62	300m:	3:26.68	35.94	400m:	4:36.36	30.88
30.			09	"	" 2			<b>4:36.40</b>				504
	50m:	31.94	31.94	150m:	1:41.60	35.11	250m:	2:51.99	35.00	350m:	4:02.60	35.28
	100m:	1:06.49	34.55	200m:	2:16.99	35.39	300m:	3:27.32	35.33	400m:	4:36.40	33.80
31.			10	"	" 2			<b>4:36.43</b>				504
	50m:	31.85	31.85	150m:	1:40.94	34.64	250m:	2:51.10	35.14	350m:	4:02.37	35.37
	100m:	1:06.30	34.45	200m:	2:15.96	35.02	300m:	3:27.00	35.90	400m:	4:36.43	34.06
32.			10	"	" 3			<b>4:36.92</b>				501
	50m:	31.01	31.01	150m:	1:40.01	34.87	250m:	2:51.28	35.54	350m:	4:03.11	35.57
	100m:	1:05.14	34.13	200m:	2:15.74	35.73	300m:	3:27.54	36.26	400m:	4:36.92	33.81

27.02-01.03.2024 .

SEIKO

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# "Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



27 февраля-1 марта 2024г.

бассейн 50 м.

		13, , 400m				14-15						
33.					09	"	" -			<b>4:36.98</b>	501	
	50m:	31.12	31.12	150m:	1:40.06	35.19	250m:	2:50.52	35.41	350m:	4:02.00	35.69
	100m:	1:04.87	33.75	200m:	2:15.11	35.05	300m:	3:26.31	35.79	400m:	4:36.98	34.98
34.					10	-70 "	"			<b>4:37.42</b>	499	
	50m:	29.89	29.89	150m:	1:38.04	34.23	250m:	2:49.58	35.68	350m:	4:01.70	36.04
	100m:	1:03.81	33.92	200m:	2:13.90	35.86	300m:	3:25.66	36.08	400m:	4:37.42	35.72
35.					09	"	" 2			<b>4:38.24</b>	494	
	50m:	31.30	31.30	150m:	1:40.18	35.33	250m:	2:52.13	36.08	350m:	4:03.35	34.83
	100m:	1:04.85	33.55	200m:	2:16.05	35.87	300m:	3:28.52	36.39	400m:	4:38.24	34.89
36.					10	"	" 2			<b>4:38.27</b>	494	
	50m:	29.42	29.42	150m:	1:38.29	34.65	250m:	2:50.36	35.31	350m:	4:03.00	36.45
	100m:	1:03.64	34.22	200m:	2:15.05	36.76	300m:	3:26.55	36.19	400m:	4:38.27	35.27
37.					09	"	" 3			<b>4:38.29</b>	494	
	50m:	30.37	30.37	150m:	1:40.02	35.13	250m:	2:51.40	35.48	350m:	4:03.76	36.17
	100m:	1:04.89	34.52	200m:	2:15.92	35.90	300m:	3:27.59	36.19	400m:	4:38.29	34.53
38.					09	"	"			<b>4:38.30</b>	494	
	50m:	31.36	31.36	150m:	1:41.68	35.93	250m:	2:52.25	35.60	350m:	4:03.51	36.00
	100m:	1:05.75	34.39	200m:	2:16.65	34.97	300m:	3:27.51	35.26	400m:	4:38.30	34.79
39.					10	"	-77"-			<b>4:38.31</b>	494	
	50m:	31.12	31.12	150m:	1:41.67	36.18	250m:	2:53.38	35.67	350m:	4:04.54	35.25
	100m:	1:05.49	34.37	200m:	2:17.71	36.04	300m:	3:29.29	35.91	400m:	4:38.31	33.77
40.					10	"	-77"-			<b>4:38.65</b>	492	
	50m:	31.65	31.65	150m:	1:43.63	37.15	250m:	2:54.94	35.80	350m:	4:05.70	35.03
	100m:	1:06.48	34.83	200m:	2:19.14	35.51	300m:	3:30.67	35.73	400m:	4:38.65	32.95
41.					09	"	"			<b>4:38.76</b>	492	
	50m:	29.20	29.20	150m:	1:38.25	35.22	250m:	2:51.19	37.16	350m:	4:05.07	36.54
	100m:	1:03.03	33.83	200m:	2:14.03	35.78	300m:	3:28.53	37.34	400m:	4:38.76	33.69
42.					10	"	" 3			<b>4:39.19</b>	489	
	50m:	31.44	31.44	150m:	1:39.95	35.19	250m:	2:51.30	36.02	350m:	4:04.18	36.32
	100m:	1:04.76	33.32	200m:	2:15.28	35.33	300m:	3:27.86	36.56	400m:	4:39.19	35.01
43.					09	"	" 4			<b>4:39.53</b>	487	
	50m:	30.83	30.83	150m:	1:42.03	36.22	250m:	2:54.64	36.75	350m:	4:07.65	36.30
	100m:	1:05.81	34.98	200m:	2:17.89	35.86	300m:	3:31.35	36.71	400m:	4:39.53	31.88
44.					09	"	" -			<b>4:40.00</b>	485	
	50m:	30.55	30.55	150m:	1:41.29	36.23	250m:	2:54.00	36.31	350m:	4:06.12	35.74
	100m:	1:05.06	34.51	200m:	2:17.69	36.40	300m:	3:30.38	36.38	400m:	4:40.00	33.88
45.					10	"	" 3			<b>4:40.05</b>	485	
	50m:	31.33	31.33	150m:	1:40.78	35.67	250m:	2:53.19	36.03	350m:	4:05.14	36.07
	100m:	1:05.11	33.78	200m:	2:17.16	36.38	300m:	3:29.07	35.88	400m:	4:40.05	34.91
46.					09	"	" -			<b>4:40.35</b>	483	
	50m:	29.40	29.40	150m:	1:38.93	35.65	250m:	2:52.08	37.04	350m:	4:05.48	36.55
	100m:	1:03.28	33.88	200m:	2:15.04	36.11	300m:	3:28.93	36.85	400m:	4:40.35	34.87
47.					09	"	" 2			<b>4:40.59</b>	482	
	50m:	30.71	30.71	150m:	1:41.98	36.27	250m:	2:54.68	35.82	350m:	4:05.99	35.66
	100m:	1:05.71	35.00	200m:	2:18.86	36.88	300m:	3:30.33	35.65	400m:	4:40.59	34.60
48.					10	"	" 3			<b>4:41.52</b>	477	
	50m:	31.35	31.35	150m:	1:43.02	36.59	250m:	2:55.41	36.04	350m:	4:07.17	35.81
	100m:	1:06.43	35.08	200m:	2:19.37	36.35	300m:	3:31.36	35.95	400m:	4:41.52	34.35

27.02-01.03.2024 .

SEIKO

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# "Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



27 февраля-1 марта 2024г.

бассейн 50 м.

13,

, 400m

14-15

WA

49.				09	"	"			<b>4:41.79</b>	476		
	50m:	29.88	29.88	150m:	1:38.50	34.95	250m:	2:52.13	36.52	350m:	4:06.08	37.03
	100m:	1:03.55	33.67	200m:	2:15.61	37.11	300m:	3:29.05	36.92	400m:	4:41.79	35.71
50.				09	-70	"	"		<b>4:41.89</b>	475		
	50m:	29.21	29.21	150m:	1:37.55	35.42	250m:	2:51.49	37.05	350m:	4:06.05	37.18
	100m:	1:02.13	32.92	200m:	2:14.44	36.89	300m:	3:28.87	37.38	400m:	4:41.89	35.84
51.				09	"	"			<b>4:42.25</b>	474		
	50m:	31.32	31.32	150m:	1:42.93	36.82	250m:	2:56.22	36.65	350m:	4:09.25	36.18
	100m:	1:06.11	34.79	200m:	2:19.57	36.64	300m:	3:33.07	36.85	400m:	4:42.25	33.00
52.				10	"	"	1		<b>4:42.37</b>	473		
	50m:	30.86	30.86	150m:	1:40.08	35.26	250m:	2:53.41	37.19	350m:	4:09.12	37.60
	100m:	1:04.82	33.96	200m:	2:16.22	36.14	300m:	3:31.52	38.11	400m:	4:42.37	33.25
53.				10					<b>4:42.40</b>	473		
	50m:	31.79	31.79	150m:	1:43.63	36.55	250m:	2:57.10	36.60	350m:	4:08.69	35.56
	100m:	1:07.08	35.29	200m:	2:20.50	36.87	300m:	3:33.13	36.03	400m:	4:42.40	33.71
54.				09	"	"			<b>4:42.82</b>	471		
	50m:	30.19	30.19	150m:	1:40.64	35.95	250m:	2:54.04	36.57	350m:	4:07.79	36.94
	100m:	1:04.69	34.50	200m:	2:17.47	36.83	300m:	3:30.85	36.81	400m:	4:42.82	35.03
55.				10	"	"			<b>4:43.63</b>	467		
	50m:	31.77	31.77	150m:	1:44.61	36.38	250m:	2:57.02	36.00	350m:	4:08.62	35.11
	100m:	1:08.23	36.46	200m:	2:21.02	36.41	300m:	3:33.51	36.49	400m:	4:43.63	35.01
56.				09	"	"	-		<b>4:43.83</b>	466		
	50m:	30.20	30.20	150m:	1:41.22	36.44	250m:	2:55.21	37.10	350m:	4:09.30	36.71
	100m:	1:04.78	34.58	200m:	2:18.11	36.89	300m:	3:32.59	37.38	400m:	4:43.83	34.53
57.				09	"	"			<b>4:44.00</b>	465		
	50m:	30.44	30.44	150m:	1:41.71	36.52	250m:	2:55.02	36.32	350m:	4:09.25	31.43
	100m:	1:05.19	34.75	200m:	2:18.70	36.99	300m:	3:37.82	42.80	400m:	4:44.00	34.75
58.				09	"	"	3		<b>4:44.29</b>	463		
	50m:	31.56	31.56	150m:	1:43.24	36.21	250m:	2:55.74	36.33	350m:	4:08.64	36.42
	100m:	1:07.03	35.47	200m:	2:19.41	36.17	300m:	3:32.22	36.48	400m:	4:44.29	35.65
59.				09	"	"	4		<b>4:44.38</b>	463		
	50m:	32.01	32.01	150m:	1:41.89	36.01	250m:	2:54.49	36.87	350m:	4:08.40	37.24
	100m:	1:05.88	33.87	200m:	2:17.62	35.73	300m:	3:31.16	36.67	400m:	4:44.38	35.98
60.				09	"	"			<b>4:44.68</b>	461		
	50m:	31.39	31.39	150m:	1:43.77	36.50	250m:	2:56.97	36.09	350m:	4:09.97	35.89
	100m:	1:07.27	35.88	200m:	2:20.88	37.11	300m:	3:34.08	37.11	400m:	4:44.68	34.71
61.				10					<b>4:45.37</b>	458		
	50m:	30.92	30.92	150m:	1:43.26	36.77	250m:	2:56.59	37.01	350m:	4:09.90	36.32
	100m:	1:06.49	35.57	200m:	2:19.58	36.32	300m:	3:33.58	36.99	400m:	4:45.37	35.47
62.				09	"	"			<b>4:45.46</b>	458		
	50m:	33.06	33.06	150m:	1:44.92	36.24	250m:	2:56.79	35.45	350m:	4:09.43	36.34
	100m:	1:08.68	35.62	200m:	2:21.34	36.42	300m:	3:33.09	36.30	400m:	4:45.46	36.03
63.				09	"	"			<b>4:45.88</b>	456		
	50m:	31.13	31.13	150m:	1:42.27	36.20	250m:	2:56.50	37.58	350m:	4:11.45	37.34
	100m:	1:06.07	34.94	200m:	2:18.92	36.65	300m:	3:34.11	37.61	400m:	4:45.88	34.43
64.				10					<b>4:46.45</b>	453		
	50m:	31.14	31.14	150m:	1:45.15	38.05	250m:	2:58.64	36.33	350m:	4:12.56	35.77
	100m:	1:07.10	35.96	200m:	2:22.31	37.16	300m:	3:36.79	38.15	400m:	4:46.45	33.89

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# "Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



27 февраля-1 марта 2024г.

бассейн 50 м.

	13,	, 400m		14-15						WA		
65.				10					<b>4:46.89</b>	451		
	50m:	32.17	32.17	150m:	1:44.43	36.42	250m:	2:58.17	36.97	350m:	4:12.44	37.03
	100m:	1:08.01	35.84	200m:	2:21.20	36.77	300m:	3:35.41	37.24	400m:	4:46.89	34.45
66.				10					<b>4:47.02</b>	450		
	50m:	31.15	31.15	150m:	1:42.05	35.84	250m:	2:56.71	37.58	350m:	4:11.77	37.53
	100m:	1:06.21	35.06	200m:	2:19.13	37.08	300m:	3:34.24	37.53	400m:	4:47.02	35.25
67.				10			"	"	<b>4:47.16</b>	450		
	50m:	32.34	32.34	150m:	1:45.51	37.29	250m:	2:59.23	37.76	350m:	4:13.07	36.46
	100m:	1:08.22	35.88	200m:	2:21.47	35.96	300m:	3:36.61	37.38	400m:	4:47.16	34.09
68.				10					<b>4:47.32</b>	449		
	50m:	31.52	31.52	150m:	1:44.69	37.00	250m:	2:58.72	37.65	350m:	4:13.23	37.43
	100m:	1:07.69	36.17	200m:	2:21.07	36.38	300m:	3:35.80	37.08	400m:	4:47.32	34.09
69.				09			"	"	<b>4:47.42</b>	448		
	50m:	30.37	30.37	150m:	1:41.89	36.98	250m:	2:56.88	37.83	350m:	4:11.57	36.79
	100m:	1:04.91	34.54	200m:	2:19.05	37.16	300m:	3:34.78	37.90	400m:	4:47.42	35.85
70.				10			"	"	<b>4:47.60</b>	448		
	50m:	31.98	31.98	150m:	1:44.43	36.89	250m:	2:58.49	37.20	350m:	4:12.62	36.89
	100m:	1:07.54	35.56	200m:	2:21.29	36.86	300m:	3:35.73	37.24	400m:	4:47.60	34.98
71.				10					<b>4:48.40</b>	444		
	50m:	31.65	31.65	150m:	1:43.14	36.21	250m:	2:56.67	37.14	350m:	4:11.48	37.77
	100m:	1:06.93	35.28	200m:	2:19.53	36.39	300m:	3:33.71	37.04	400m:	4:48.40	36.92
72.				10			"	"	<b>4:48.98</b>	441		
	50m:	31.25	31.25	150m:	1:42.55	36.63	250m:	3:35.44	1:15.37	350m:	4:48.98	35.79
	100m:	1:05.92	34.67	200m:	2:20.07	37.52	300m:	4:13.19	37.75	400m:	4:48.98	
73.				10					<b>4:50.25</b>	435		
	50m:	31.49	31.49	150m:	1:42.49	36.40	250m:	2:57.63	37.63	350m:	4:13.65	37.94
	100m:	1:06.09	34.60	200m:	2:20.00	37.51	300m:	3:35.71	38.08	400m:	4:50.25	36.60
74.				10			"	"	<b>4:50.42</b>	435		
	50m:	32.48	32.48	150m:	1:44.69	36.72	250m:	2:59.37	37.81	350m:	4:15.02	38.01
	100m:	1:07.97	35.49	200m:	2:21.56	36.87	300m:	3:37.01	37.64	400m:	4:50.42	35.40
75.				10			"	"	<b>4:50.64</b>	434		
	50m:	31.54	31.54	150m:	1:43.24	36.37	250m:	2:58.76	38.08	350m:	4:15.37	38.31
	100m:	1:06.87	35.33	200m:	2:20.68	37.44	300m:	3:37.06	38.30	400m:	4:50.64	35.27
76.				09			"	"	<b>4:50.70</b>	433		
	50m:	30.03	30.03	150m:	1:41.74	37.92	250m:	2:59.20	38.47	350m:	4:16.08	38.26
	100m:	1:03.82	33.79	200m:	2:20.73	38.99	300m:	3:37.82	38.62	400m:	4:50.70	34.62
77.				09			"	"	<b>4:50.98</b>	432		
	50m:	32.56	32.56	150m:	1:45.08	37.03	250m:	2:59.89	37.08	350m:	4:16.77	38.38
	100m:	1:08.05	35.49	200m:	2:22.81	37.73	300m:	3:38.39	38.50	400m:	4:50.98	34.21
78.				09			"	"	<b>4:51.39</b>	430		
	50m:	31.38	31.38	150m:	1:42.49	36.73	250m:	2:57.93	38.15	350m:	4:14.28	38.63
	100m:	1:05.76	34.38	200m:	2:19.78	37.29	300m:	3:35.65	37.72	400m:	4:51.39	37.11
79.				09			"	"	<b>4:52.18</b>	427		
	50m:	32.46	32.46	150m:	1:45.87	37.29	250m:	3:01.60	37.71	350m:	4:17.48	37.71
	100m:	1:08.58	36.12	200m:	2:23.89	38.02	300m:	3:39.77	38.17	400m:	4:52.18	34.70
80.				09			"	"	<b>4:52.62</b>	425		
	50m:	32.04	32.04	150m:	1:47.00	38.40	250m:	3:02.29	37.48	350m:	4:17.96	37.68
	100m:	1:08.60	36.56	200m:	2:24.81	37.81	300m:	3:40.28	37.99	400m:	4:52.62	34.66

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# "Первенство Москвы" по плаванию

среди юношей 14-15 лет и девушек 14-15 лет



ЦСТ

27 февраля-1 марта 2024г.

бассейн 50 м.

		13, , 400m				14-15				WA		
81.				10	"	" 2			<b>4:54.09</b>	419		
	50m:	31.98	31.98	150m:	1:45.84	37.45	250m:	3:01.27	37.94	350m:	4:16.96	37.74
	100m:	1:08.39	36.41	200m:	2:23.33	37.49	300m:	3:39.22	37.95	400m:	4:54.09	37.13
82.				10	"	"			<b>4:57.29</b>	405		
	50m:	32.34	32.34	150m:	1:46.88	37.67	250m:	3:04.24	38.45	350m:	4:21.53	38.72
	100m:	1:09.21	36.87	200m:	2:25.79	38.91	300m:	3:42.81	38.57	400m:	4:57.29	35.76
83.				10	"	" 2			<b>4:57.54</b>	404		
	50m:	33.09	33.09	150m:	1:47.73	38.28	250m:	3:04.51	38.34	350m:	4:21.30	37.82
	100m:	1:09.45	36.36	200m:	2:26.17	38.44	300m:	3:43.48	38.97	400m:	4:57.54	36.24
84.				10	"	-70"-			<b>5:02.19</b>	386		
	50m:	32.45	32.45	150m:	1:49.04	39.01	250m:	3:07.98	39.14	350m:	4:24.79	37.64
	100m:	1:10.03	37.58	200m:	2:28.84	39.80	300m:	3:47.15	39.17	400m:	5:02.19	37.40
85.				09	"	" 2			<b>5:03.23</b>	382		
	50m:	35.47	35.47	150m:	1:50.36	38.49	250m:	3:07.90	39.07	350m:	4:26.08	38.73
	100m:	1:11.87	36.40	200m:	2:28.83	38.47	300m:	3:47.35	39.45	400m:	5:03.23	37.15
86.				10	"	-82"-			<b>5:03.93</b>	379		
	50m:	32.71	32.71	150m:	1:49.18	38.99	250m:	3:08.70	39.93	350m:	4:27.40	39.07
	100m:	1:10.19	37.48	200m:	2:28.77	39.59	300m:	3:48.33	39.63	400m:	5:03.93	36.53
				09	"	-82"-			<b>5:03.93</b>	379		
	50m:	33.70	33.70	150m:	1:47.53	38.02	250m:	3:05.80	39.26	350m:	4:25.58	39.90
	100m:	1:09.51	35.81	200m:	2:26.54	39.01	300m:	3:45.68	39.88	400m:	5:03.93	38.35
88.				09					<b>5:05.39</b>	374		
	50m:	32.88	32.88	150m:	1:50.57	40.62	250m:	3:08.88	39.77	350m:	4:27.83	39.86
	100m:	1:09.95	37.07	200m:	2:29.11	38.54	300m:	3:47.97	39.09	400m:	5:05.39	37.56
89.				09					<b>5:09.33</b>	360		
	50m:	32.11	32.11	150m:	1:49.68	40.99	250m:	3:11.80	41.51	350m:	4:33.50	40.31
	100m:	1:08.69	36.58	200m:	2:30.29	40.61	300m:	3:53.19	41.39	400m:	5:09.33	35.83
90.				09					<b>5:16.12</b>	337		
	50m:	32.25	32.25	150m:	1:46.72	37.88	250m:	3:09.76	42.19	350m:	4:35.43	42.94
	100m:	1:08.84	36.59	200m:	2:27.57	40.85	300m:	3:52.49	42.73	400m:	5:16.12	40.69
91.				09	"	-76"-			<b>5:17.49</b>	333		
	50m:	34.35	34.35	150m:	1:51.50	38.66	250m:	3:13.66	41.39	350m:	4:37.24	42.05
	100m:	1:12.84	38.49	200m:	2:32.27	40.77	300m:	3:55.19	41.53	400m:	5:17.49	40.25
92.				10	"	-76"-			<b>5:17.50</b>	333		
	50m:	33.21	33.21	150m:	1:52.52	40.29	250m:	3:14.66	41.15	350m:	4:37.71	41.77
	100m:	1:12.23	39.02	200m:	2:33.51	40.99	300m:	3:55.94	41.28	400m:	5:17.50	39.79
93.				10	"	-70"-			<b>5:42.05</b>	266		
	50m:	34.87	34.87	150m:	1:57.40	43.20	250m:	3:27.60	45.87	350m:	4:59.21	44.60
	100m:	1:14.20	39.33	200m:	2:41.73	44.33	300m:	4:14.61	47.01	400m:	5:42.05	42.84
DSQ				09	"	" -						

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