



# ПЕРВЕНСТВО

## ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

### СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

І ЭТАП  
ХІ ЛЕТНЕЙ СПАРТАКИАДЫ  
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

39 , 1500m (13 - 14 )  
25.03.2022 - 13:35

12 +: 17:45.00 / 10 +: 18:54.00 / I 9 +: 20:37.00 / II 9 +: 23:07.00

: FINA 2022

FINA

1.	2008				<b>18:06.11</b>				608		
150m:	1:41.40	1:41.40	500m:	5:51.33	36.46	850m:	10:07.13	36.35	1200m:	14:25.73	37.57
200m:	2:17.01	35.61	550m:	6:27.32	35.99	900m:	10:44.12	36.99	1250m:	15:02.63	36.90
250m:	2:52.48	35.47	600m:	7:04.44	37.12	950m:	11:20.03	35.91	1300m:	15:40.26	37.63
300m:	3:28.14	35.66	650m:	7:41.04	36.60	1000m:	11:57.22	37.19	1350m:	16:16.90	36.64
350m:	4:03.41	35.27	700m:	8:17.91	36.87	1050m:	12:33.69	36.47	1400m:	16:54.37	37.47
400m:	4:39.37	35.96	750m:	8:54.33	36.42	1100m:	13:11.05	37.36	1450m:	17:30.53	36.16
450m:	5:14.87	35.50	800m:	9:30.78	36.45	1150m:	13:48.16	37.11	1500m:	18:06.11	35.58
2.	2008				<b>18:25.04</b>				577		
150m:	1:43.10	1:43.10	500m:	5:58.73	36.61	850m:	10:17.81	37.72	1200m:	14:41.12	38.18
200m:	2:18.92	35.82	550m:	6:35.28	36.55	900m:	10:56.15	38.34	1250m:	14:57.14	16.02
250m:	2:55.58	36.66	600m:	7:12.56	37.28	950m:	11:34.28	38.13	1300m:	15:56.71	59.57
300m:	3:31.79	36.21	650m:	7:49.39	36.83	1000m:	12:11.90	37.62	1350m:	16:34.54	37.83
350m:	4:08.24	36.45	700m:	8:25.56	36.17	1050m:	12:47.76	35.86	1400m:	17:12.20	37.66
400m:	4:45.33	37.09	750m:	9:02.84	37.28	1100m:	13:25.43	37.67	1450m:	17:49.21	37.01
450m:	5:22.12	36.79	800m:	9:40.09	37.25	1150m:	14:02.94	37.51	1500m:	18:25.04	35.83
3.	2008				<b>18:34.79</b>				562		
150m:	1:46.54	1:46.54	500m:	6:05.32	37.31	850m:	10:28.60	37.49	1200m:	14:52.15	37.16
200m:	2:22.38	35.84	550m:	6:43.50	38.18	900m:	11:06.33	37.73	1250m:	15:30.02	37.87
250m:	2:59.50	37.12	600m:	7:20.69	37.19	950m:	11:43.81	37.48	1300m:	16:07.39	37.37
300m:	3:35.77	36.27	650m:	7:58.34	37.65	1000m:	12:21.66	37.85	1350m:	16:44.86	37.47
350m:	4:13.31	37.54	700m:	8:35.90	37.56	1050m:	12:59.31	37.65	1400m:	17:21.76	36.90
400m:	4:50.74	37.43	750m:	9:13.56	37.66	1100m:	13:37.18	37.87	1450m:	17:58.98	37.22
450m:	5:28.01	37.27	800m:	9:51.11	37.55	1150m:	14:14.99	37.81	1500m:	18:34.79	35.81
4.	2008				<b>18:41.54</b>				552		
50m:	33.38	33.38	450m:	5:32.61	38.32	850m:	10:35.77	37.75	1250m:	15:39.08	38.24
100m:	1:09.52	36.14	500m:	6:10.33	37.72	900m:	11:13.55	37.78	1300m:	16:16.76	37.68
150m:	1:46.84	37.32	550m:	6:49.08	38.75	950m:	11:51.37	37.82	1350m:	16:54.36	37.60
200m:	2:23.70	36.86	600m:	7:26.79	37.71	1000m:	12:28.91	37.54	1400m:	17:31.38	37.02
250m:	3:01.28	37.58	650m:	8:04.85	38.06	1050m:	13:07.30	38.39	1450m:	18:07.82	36.44
300m:	3:38.86	37.58	700m:	8:42.70	37.85	1100m:	13:44.90	37.60	1500m:	18:41.54	33.72
350m:	4:16.81	37.95	750m:	9:20.70	38.00	1150m:	14:23.21	38.31			
400m:	4:54.29	37.48	800m:	9:58.02	37.32	1200m:	15:00.84	37.63			
5.	2008 I				<b>18:43.03</b>				550		
50m:	32.60	32.60	450m:	5:31.47	37.72	850m:	10:35.26	38.17	1250m:	15:37.65	38.43
100m:	1:08.66	36.06	500m:	6:09.48	38.01	900m:	11:12.80	37.54	1300m:	16:15.80	38.15
150m:	1:46.48	37.82	550m:	6:47.30	37.82	950m:	11:50.92	38.12	1350m:	16:53.82	38.02
200m:	2:23.30	36.82	600m:	7:25.42	38.12	1000m:	12:28.37	37.45	1400m:	17:30.95	37.13
250m:	3:00.91	37.61	650m:	8:03.48	38.06	1050m:	13:06.29	37.92	1450m:	18:07.73	36.78
300m:	3:38.31	37.40	700m:	8:41.20	37.72	1100m:	13:43.26	36.97	1500m:	18:43.03	35.30
350m:	4:15.95	37.64	750m:	9:19.68	38.48	1150m:	14:21.61	38.35			
400m:	4:53.75	37.80	800m:	9:57.09	37.41	1200m:	14:59.22	37.61			
6.	2008				<b>18:46.82</b>				545		
150m:	1:43.51	1:43.51	500m:	6:03.98	37.31	850m:	10:28.40	37.38	1200m:	14:54.19	38.72
200m:	2:19.20	35.69	550m:	6:42.77	38.79	900m:	11:06.58	38.18	1250m:	15:33.13	38.94
250m:	2:56.10	36.90	600m:	7:20.40	37.63	950m:	11:43.84	37.26	1300m:	16:12.10	38.97
300m:	3:32.59	36.49	650m:	7:58.19	37.79	1000m:	12:21.73	37.89	1350m:	16:52.35	40.25
350m:	4:10.98	38.39	700m:	8:35.71	37.52	1050m:	12:59.01	37.28	1400m:	17:31.07	38.72
400m:	4:48.29	37.31	750m:	9:13.46	37.75	1100m:	13:37.91	38.90	1450m:	18:10.10	39.03
450m:	5:26.67	38.38	800m:	9:51.02	37.56	1150m:	14:15.47	37.56	1500m:	18:46.82	36.72



# ПЕРВЕНСТВО

## ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

### СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

І ЭТАП  
ХІ ЛЕТНЕЙ СПАРТАКИАДЫ  
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

39, , 1500m , (13 - 14 )

										FINA	
7.	2008 I				64	<b>18:52.19</b>					537
150m:	1:47.77	1:47.77	500m:	6:11.85	37.47	850m:	10:36.92	38.38	1200m:	15:04.85	38.46
200m:	2:26.22	38.45	550m:	6:49.53	37.68	900m:	11:15.41	38.49	1250m:	15:43.26	38.41
250m:	3:04.00	37.78	600m:	7:27.35	37.82	950m:	11:52.86	37.45	1300m:	16:21.88	38.62
300m:	3:41.84	37.84	650m:	8:04.92	37.57	1000m:	12:31.55	38.69	1350m:	16:59.57	37.69
350m:	4:19.81	37.97	700m:	8:42.96	38.04	1050m:	13:09.79	38.24	1400m:	17:38.48	38.91
400m:	4:57.09	37.28	750m:	9:20.52	37.56	1100m:	13:48.02	38.23	1450m:	18:16.17	37.69
450m:	5:34.38	37.29	800m:	9:58.54	38.02	1150m:	14:26.39	38.37	1500m:	18:52.19	36.02
8.	2008 I				1	<b>18:57.05</b>					530
150m:	1:46.56	1:46.56	500m:	6:08.70	38.09	850m:	10:36.17	38.77	1200m:	15:06.51	38.77
200m:	2:23.89	37.33	550m:	6:46.46	37.76	900m:	11:14.63	38.46	1250m:	15:44.95	38.44
250m:	3:01.10	37.21	600m:	7:24.53	38.07	950m:	11:53.07	38.44	1300m:	16:23.77	38.82
300m:	3:38.60	37.50	650m:	8:02.99	38.46	1000m:	12:31.80	38.73	1350m:	17:02.44	38.67
350m:	4:15.64	37.04	700m:	8:41.58	38.59	1050m:	13:10.53	38.73	1400m:	17:41.44	39.00
400m:	4:53.13	37.49	750m:	9:19.09	37.51	1100m:	13:48.98	38.45	1450m:	18:19.58	38.14
450m:	5:30.61	37.48	800m:	9:57.40	38.31	1150m:	14:27.74	38.76	1500m:	18:57.05	37.47
9.	2009 I					<b>18:57.75</b>					529
150m:	1:46.66	1:46.66	500m:	6:09.72	38.13	850m:	10:39.74	38.76	1200m:	15:09.96	38.50
200m:	2:23.60	36.94	550m:	6:47.64	37.92	900m:	11:18.72	38.98	1250m:	15:48.38	38.42
250m:	3:00.75	37.15	600m:	7:26.47	38.83	950m:	11:57.06	38.34	1300m:	16:27.54	39.16
300m:	3:37.92	37.17	650m:	8:04.75	38.28	1000m:	12:35.82	38.76	1350m:	17:06.11	38.57
350m:	4:15.89	37.97	700m:	8:43.38	38.63	1050m:	13:14.19	38.37	1400m:	17:44.88	38.77
400m:	4:53.54	37.65	750m:	9:22.11	38.73	1100m:	13:53.16	38.97	1450m:	18:21.73	36.85
450m:	5:31.59	38.05	800m:	10:00.98	38.87	1150m:	14:31.46	38.30	1500m:	18:57.75	36.02
10.	2008 I					<b>19:08.19</b>					515
50m:	33.57	33.57	450m:	5:36.75	38.11	850m:	10:43.54	38.33	1250m:	15:54.01	38.92
100m:	1:10.50	36.93	500m:	6:15.36	38.61	900m:	11:21.83	38.29	1300m:	16:33.16	39.15
150m:	1:48.19	37.69	550m:	6:53.54	38.18	950m:	12:00.23	38.40	1350m:	17:12.25	39.09
200m:	2:26.04	37.85	600m:	7:32.04	38.50	1000m:	12:39.14	38.91	1400m:	17:51.54	39.29
250m:	3:04.01	37.97	650m:	8:10.15	38.11	1050m:	13:18.03	38.89	1450m:	18:30.12	38.58
300m:	3:42.21	38.20	700m:	8:48.63	38.48	1100m:	13:57.10	39.07	1500m:	19:08.19	38.07
350m:	4:20.23	38.02	750m:	9:26.77	38.14	1150m:	14:36.10	39.00			
400m:	4:58.64	38.41	800m:	10:05.21	38.44	1200m:	15:15.09	38.99			
11.	2009 II				64	<b>19:33.66</b>					482
150m:	1:46.55	1:46.55	500m:	6:19.24	39.27	850m:	10:56.61	39.08	1200m:	15:37.16	40.83
200m:	2:24.99	38.44	550m:	6:58.56	39.32	900m:	11:37.42	40.81	1250m:	16:16.68	39.52
250m:	3:02.67	37.68	600m:	7:38.20	39.64	950m:	12:16.83	39.41	1300m:	16:56.72	40.04
300m:	3:42.13	39.46	650m:	8:17.80	39.60	1000m:	12:56.93	40.10	1350m:	17:36.01	39.29
350m:	4:21.05	38.92	700m:	8:57.62	39.82	1050m:	13:36.17	39.24	1400m:	18:16.21	40.20
400m:	5:01.06	40.01	750m:	9:36.47	38.85	1100m:	14:17.19	41.02	1450m:	18.00	
450m:	5:39.97	38.91	800m:	10:17.53	41.06	1150m:	14:56.33	39.14	1500m:	19:33.66	19:15.66
12.	2009 II					<b>19:36.53</b>					478
50m:	35.18	35.18	400m:	5:09.51	39.55	1000m:	13:06.49	40.50	1300m:	17:02.79	39.28
100m:	1:13.56	38.38	450m:	5:48.88	39.37	1050m:	13:45.92	39.43	1350m:	17:42.31	39.52
150m:	1:52.21	38.65	500m:	6:28.64	39.76	1100m:	14:25.09	39.17	1400m:	18:21.50	39.19
200m:	2:31.76	39.55	600m:	7:48.15	1:19.51	1150m:	15:04.04	38.95	1450m:	19:00.33	38.83
250m:	3:11.05	39.29	650m:	8:27.43	39.28	1200m:	15:44.52	40.48	1500m:	19:36.53	36.20
350m:	4:29.96	1:18.91	950m:	12:25.99	3:58.56	1250m:	16:23.51	38.99			
13.	2008 I				-3	<b>19:41.66</b>					472
50m:	34.37	34.37	450m:	5:44.66	38.72	1000m:	13:01.87	40.10	1350m:	17:44.27	38.64
100m:	1:11.25	36.88	500m:	6:24.50	39.84	1050m:	13:42.28	40.41	1400m:	18:25.00	40.73
150m:	1:50.30	39.05	550m:	7:03.67	39.17	1100m:	14:23.23	40.95	1450m:	19:05.47	40.47
200m:	2:29.00	38.70	600m:	7:43.19	39.52	1150m:	15:03.58	40.35	1500m:	19:41.66	36.19
250m:	3:08.31	39.31	650m:	8:21.96	38.77	1200m:	15:44.57	40.99			
350m:	4:26.22	1:17.91	700m:	9:02.24	40.28	1250m:	16:25.63	41.06			
400m:	5:05.94	39.72	950m:	12:21.77	3:19.53	1300m:	17:05.63	40.00			



# ПЕРВЕНСТВО

## ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

### СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

І ЭТАП  
ХІ ЛЕТНЕЙ СПАРТАКИАДЫ  
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

39, , 1500m , (13 - 14 )

											FINA
14.											461
			2009	I	-3	<b>19:50.90</b>	I				
50m:	34.74	34.74	450m:	5:50.42	39.85	850m:	11:11.00	40.34	1250m:	16:33.36	40.69
100m:	1:13.92	39.18	500m:	6:29.82	39.40	900m:	11:51.33	40.33	1300m:	17:12.71	39.35
150m:	1:53.50	39.58	550m:	7:09.79	39.97	950m:	12:31.88	40.55	1350m:	17:52.85	40.14
200m:	2:32.52	39.02	600m:	7:49.93	40.14	1000m:	13:11.26	39.38	1400m:	18:33.04	40.19
250m:	3:11.99	39.47	650m:	8:30.22	40.29	1050m:	13:51.54	40.28	1450m:	19:12.55	39.51
300m:	3:51.53	39.54	700m:	9:10.15	39.93	1100m:	14:31.99	40.45	1500m:	19:50.90	38.35
350m:	4:31.45	39.92	750m:	9:50.30	40.15	1150m:	15:12.17	40.18			
400m:	5:10.57	39.12	800m:	10:30.66	40.36	1200m:	15:52.67	40.50			
15.											458
			2008	I	47	<b>19:53.82</b>	I				
50m:	32.93	32.93	450m:	5:47.75	40.31	850m:	11:08.83	40.43	1250m:	16:35.19	41.14
100m:	1:10.70	37.77	500m:	6:27.43	39.68	900m:	11:49.42	40.59	1300m:	17:16.09	40.90
150m:	1:49.05	38.35	550m:	7:07.23	39.80	950m:	12:30.14	40.72	1350m:	17:56.49	40.40
200m:	2:28.07	39.02	600m:	7:47.62	40.39	1000m:	13:11.09	40.95	1400m:	18:36.50	40.01
250m:	3:07.45	39.38	650m:	8:27.71	40.09	1050m:	13:52.20	41.11	1450m:	19:16.09	39.59
300m:	3:47.49	40.04	700m:	9:08.10	40.39	1100m:	14:32.55	40.35	1500m:	19:53.82	37.73
350m:	4:27.14	39.65	750m:	9:48.47	40.37	1150m:	15:13.59	41.04			
400m:	5:07.44	40.30	800m:	10:28.40	39.93	1200m:	15:54.05	40.46			
16.											450
			2008	I	-1	<b>20:00.50</b>	I				
50m:	35.98	35.98	400m:	5:16.36	39.95	950m:	12:39.33	4:01.93	1250m:	16:41.81	40.30
100m:	1:15.86	39.88	450m:	5:56.81	40.45	1000m:	13:19.31	39.98	1300m:	17:22.15	40.34
150m:	1:55.28	39.42	500m:	6:36.66	39.85	1050m:	13:59.73	40.42	1350m:	18:02.83	40.68
200m:	2:35.71	40.43	550m:	7:17.10	40.44	1100m:	14:40.05	40.32	1400m:	18:43.59	40.76
250m:	3:16.06	40.35	600m:	7:56.98	39.88	1150m:	15:21.01	40.96	1450m:	19:23.05	39.46
350m:	4:36.41	1:20.35	650m:	8:37.40	40.42	1200m:	16:01.51	40.50	1500m:	20:00.50	37.45
17.											448
			2008	I		<b>20:02.91</b>	I				
50m:	33.82	33.82	450m:	5:54.59	40.31	850m:	11:21.12	40.66	1250m:	16:45.12	40.10
100m:	1:13.24	39.42	500m:	6:36.35	41.76	900m:	12:02.66	41.54	1300m:	17:25.78	40.66
150m:	1:52.59	39.35	550m:	7:16.42	40.07	950m:	12:29.47	26.81	1350m:	18:05.88	40.10
200m:	2:33.34	40.75	600m:	7:58.05	41.63	1000m:	13:23.39	53.92	1400m:	18:45.72	39.84
250m:	3:13.06	39.72	650m:	8:38.89	40.84	1050m:	13:45.13	21.74	1450m:	19:45.51	59.79
300m:	3:53.70	40.64	700m:	9:20.50	41.61	1100m:	14:44.35	59.22	1500m:	20:02.91	17.40
350m:	4:17.17	23.47	750m:	9:59.74	39.24	1150m:	15:24.24	39.89			
400m:	5:14.28	57.11	800m:	10:40.46	40.72	1200m:	16:05.02	40.78			
18.											441
			2008	I	-3	<b>20:08.93</b>	I				
50m:	35.15	35.15	400m:	5:14.76	39.68	950m:	12:39.44	4:04.16	1250m:	16:45.51	41.10
100m:	1:14.53	39.38	450m:	5:55.03	40.27	1000m:	13:19.80	40.36	1300m:	17:27.24	41.73
150m:	1:55.11	40.58	500m:	6:35.31	40.28	1050m:	14:01.26	41.46	1350m:	18:09.00	41.76
200m:	2:35.68	40.57	550m:	7:14.73	39.42	1100m:	14:41.56	40.30	1400m:	18:49.75	40.75
250m:	3:15.52	39.84	600m:	7:54.79	40.06	1150m:	15:23.26	41.70	1450m:	19:30.83	41.08
350m:	4:35.08	1:19.56	650m:	8:35.28	40.49	1200m:	16:04.41	41.15	1500m:	20:08.93	38.10
19.											431
			2009	I	-4	<b>20:17.86</b>	I				
50m:	34.71	34.71	450m:	5:55.64	41.54	850m:	11:27.39	41.16	1250m:	17:00.56	41.21
100m:	1:13.51	38.80	500m:	6:37.20	41.56	900m:	12:09.55	42.16	1300m:	17:40.96	40.40
150m:	1:53.64	40.13	550m:	7:18.03	40.83	950m:	12:50.80	41.25	1350m:	18:20.80	39.84
200m:	2:33.53	39.89	600m:	7:59.16	41.13	1000m:	13:32.39	41.59	1400m:	19:00.70	39.90
250m:	3:13.90	40.37	650m:	8:41.18	42.02	1050m:	14:13.81	41.42	1450m:	19:39.86	39.16
300m:	3:54.41	40.51	700m:	9:22.66	41.48	1100m:	14:55.87	42.06	1500m:	20:17.86	38.00
350m:	4:33.98	39.57	750m:	10:04.39	41.73	1150m:	15:37.82	41.95			
400m:	5:14.10	40.12	800m:	10:46.23	41.84	1200m:	16:19.35	41.53			



# ПЕРВЕНСТВО

## ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

### СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

І ЭТАП  
ХІ ЛЕТНЕЙ СПАРТАКИАДЫ  
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

39, , 1500m , (13 - 14 )

			2009		II	104	20:26.14	I	FINA		
20.									423		
50m:	36.06	36.06	450m:	5:56.65	40.77	850m:	11:25.31	41.13	1250m:	16:59.23	41.44
100m:	1:15.30	39.24	500m:	6:37.16	40.51	900m:	12:07.15	41.84	1300m:	17:41.21	41.98
150m:	1:54.69	39.39	550m:	7:17.61	40.45	950m:	12:48.68	41.53	1350m:	18:22.11	40.90
200m:	2:35.08	40.39	600m:	7:58.70	41.09	1000m:	13:30.03	41.35	1400m:	19:03.99	41.88
250m:	3:15.14	40.06	650m:	8:39.67	40.97	1050m:	14:11.60	41.57	1450m:	19:45.12	41.13
300m:	3:55.46	40.32	700m:	9:21.42	41.75	1100m:	14:54.18	42.58	1500m:	20:26.14	41.02
350m:	4:35.59	40.13	750m:	10:02.50	41.08	1150m:	15:35.62	41.44			
400m:	5:15.88	40.29	800m:	10:44.18	41.68	1200m:	16:17.79	42.17			
21.									402		
50m:	36.00	36.00	450m:	5:58.02	40.73	1000m:	13:38.02	42.23	1350m:	18:38.30	43.46
100m:	1:15.36	39.36	500m:	6:38.71	40.69	1050m:	14:20.39	42.37	1400m:	19:22.49	44.19
150m:	1:55.69	40.33	550m:	7:20.16	41.45	1100m:	15:02.95	42.56	1450m:	20:05.41	42.92
200m:	2:36.42	40.73	600m:	8:02.00	41.84	1150m:	15:46.04	43.09	1500m:	20:46.35	40.94
250m:	3:15.78	39.36	650m:	8:43.66	41.66	1200m:	16:28.58	42.54			
350m:	4:36.65	1:20.87	900m:	12:13.53	3:29.87	1250m:	17:11.90	43.32			
400m:	5:17.29	40.64	950m:	12:55.79	42.26	1300m:	17:54.84	42.94			
22.									387		
50m:	35.54	35.54	450m:	6:08.34	42.42	950m:	13:13.14	42.64	1250m:	17:31.90	42.96
100m:	1:16.16	40.62	500m:	6:50.51	42.17	1000m:	13:56.46	43.32	1300m:	18:15.40	43.50
150m:	1:57.24	41.08	550m:	7:32.21	41.70	1050m:	14:39.18	42.72	1350m:	18:57.55	42.15
200m:	2:38.67	41.43	600m:	8:14.71	42.50	1100m:	15:22.34	43.16	1400m:	19:39.81	42.26
350m:	4:43.45	2:04.78	650m:	8:57.08	42.37	1150m:	16:05.43	43.09	1450m:	20:21.75	41.94
400m:	5:25.92	42.47	900m:	12:30.50	3:33.42	1200m:	16:48.94	43.51	1500m:	21:02.13	40.38
23.									386		
50m:	35.76	35.76	450m:	6:08.53	42.52	1000m:	14:00.28	43.90	1350m:	19:00.28	42.14
100m:	1:15.69	39.93	500m:	6:51.26	42.73	1050m:	14:44.05	43.77	1400m:	19:42.76	42.48
150m:	1:56.75	41.06	550m:	7:34.25	42.99	1100m:	15:27.08	43.03	1450m:	20:24.05	41.29
200m:	2:37.41	40.66	600m:	8:16.47	42.22	1150m:	16:09.73	42.65	1500m:	21:04.16	40.11
250m:	3:19.01	41.60	650m:	8:58.36	41.89	1200m:	16:52.76	43.03			
350m:	4:43.24	1:24.23	900m:	12:33.15	3:34.79	1250m:	17:35.10	42.34			
400m:	5:26.01	42.77	950m:	13:16.38	43.23	1300m:	18:18.14	43.04			
24.									383		
50m:	35.64	35.64	450m:	6:11.24	41.56	950m:	13:19.77	42.92	1250m:	17:36.28	42.31
100m:	1:16.68	41.04	500m:	6:53.57	42.33	1000m:	14:02.42	42.65	1300m:	18:19.49	43.21
150m:	1:58.05	41.37	550m:	7:35.89	42.32	1050m:	14:46.54	44.12	1350m:	19:02.86	43.37
200m:	2:39.47	41.42	600m:	8:18.66	42.77	1100m:	15:28.19	41.65	1400m:	19:45.78	42.92
350m:	4:46.63	2:07.16	650m:	9:00.82	42.16	1150m:	16:11.52	43.33	1450m:	20:26.99	41.21
400m:	5:29.68	43.05	900m:	12:36.85	3:36.03	1200m:	16:53.97	42.45	1500m:	21:06.77	39.78