



# ПЕРВЕНСТВО

## ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

### СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

I ЭТАП  
XI ЛЕТНЕЙ СПАРТАКИАДЫ  
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

13 , 400m (15 - 16 )  
23.03.2022 - 11:35

		12 +: 4:37.00 /		10 +: 4:52.00 /		I		9 +: 5:11.00 /		II		9 +: 5:52.00	
: FINA 2022													
FINA													
1.		2006		77		<b>4:40.99</b>		653					
	50m:	29.46	29.46	150m:	1:41.05	37.05	250m:	2:55.96	38.47	350m:	4:08.73	32.36	
	100m:	1:04.00	34.54	200m:	2:17.49	36.44	300m:	3:36.37	40.41	400m:	4:40.99	32.26	
2.		2006		64		<b>4:43.75</b>		634					
	50m:	28.30	28.30	150m:	1:38.72	36.76	250m:	2:56.69	40.94	350m:	4:11.14	33.51	
	100m:	1:01.96	33.66	200m:	2:15.75	37.03	300m:	3:37.63	40.94	400m:	4:43.75	32.61	
3.		2006		-2		<b>4:47.77</b>		608					
	50m:	29.45	29.45	150m:	1:43.36	39.49	250m:	3:00.11	39.18	350m:	4:14.90	33.97	
	100m:	1:03.87	34.42	200m:	2:20.93	37.57	300m:	3:40.93	40.82	400m:	4:47.77	32.87	
4.		2006		-2		<b>4:47.88</b>		607					
	50m:	28.14	28.14	150m:	1:39.88	38.24	250m:	2:58.77	42.20	350m:	4:15.38	32.93	
	100m:	1:01.64	33.50	200m:	2:16.57	36.69	300m:	3:42.45	43.68	400m:	4:47.88	32.50	
5.		2006		1		<b>4:48.67</b>		602					
	50m:	29.39	29.39	150m:	1:41.42	37.74	250m:	2:58.99	40.84	350m:	4:15.73	34.60	
	100m:	1:03.68	34.29	200m:	2:18.15	36.73	300m:	3:41.13	42.14	400m:	4:48.67	32.94	
6.		2006		I		<b>4:50.19</b>		593					
	50m:	30.15	30.15	150m:	1:44.15	38.36	250m:	3:03.77	42.41	350m:	4:19.65	32.79	
	100m:	1:05.79	35.64	200m:	2:21.36	37.21	300m:	3:46.86	43.09	400m:	4:50.19	30.54	
7.		2007		I		4		<b>4:51.56</b>		584			
	50m:	30.22	30.22	150m:	1:43.80	39.49	250m:	3:03.36	41.61	350m:	4:19.29	33.81	
	100m:	1:04.31	34.09	200m:	2:21.75	37.95	300m:	3:45.48	42.12	400m:	4:51.56	32.27	
8.		2007		I		<b>4:58.22</b>		I		546			
	50m:	29.47	29.47	150m:	1:45.25	40.91	250m:	3:07.38	42.83	350m:	4:26.16	35.02	
	100m:	1:04.34	34.87	200m:	2:24.55	39.30	300m:	3:51.14	43.76	400m:	4:58.22	32.06	
9.		2006		I		2		<b>4:59.95</b>		I		537	
	50m:	30.87	30.87	150m:	1:45.50	39.21	250m:	3:05.12	40.56	350m:	4:23.88	36.33	
	100m:	1:06.29	35.42	200m:	2:24.56	39.06	300m:	3:47.55	42.43	400m:	4:59.95	36.07	
10.		2006		I		77		<b>5:00.34</b>		I		535	
	50m:	30.46	30.46	150m:	1:46.46	38.91	250m:	3:08.32	42.81	350m:	4:27.64	35.46	
	100m:	1:07.55	37.09	200m:	2:25.51	39.05	300m:	3:52.18	43.86	400m:	5:00.34	32.70	
11.		2006		I		-2		<b>5:00.55</b>		I		534	
	50m:	31.56	31.56	150m:	1:48.99	39.97	250m:	3:09.50	42.93	350m:	4:27.52	35.03	
	100m:	1:09.02	37.46	200m:	2:26.57	37.58	300m:	3:52.49	42.99	400m:	5:00.55	33.03	
12.		2007		104		<b>5:10.37</b>		I		484			
	50m:	31.07	31.07	150m:	1:48.34	40.91	250m:	3:11.33	42.91	350m:	4:34.00	38.25	
	100m:	1:07.43	36.36	200m:	2:28.42	40.08	300m:	3:55.75	44.42	400m:	5:10.37	36.37	
13.		2007		I		77		<b>5:13.40</b>		II		470	
	50m:	32.28	32.28	150m:	1:51.74	41.07	250m:	3:17.30	44.58	350m:	4:37.83	36.09	
	100m:	1:10.67	38.39	200m:	2:32.72	40.98	300m:	4:01.74	44.44	400m:	5:13.40	35.57	
14.		2007		II		76		<b>5:15.83</b>		II		460	
	50m:	31.74	31.74	150m:	1:51.29	42.20	250m:	3:17.47	44.11	350m:	4:40.55	37.51	
	100m:	1:09.09	37.35	200m:	2:33.36	42.07	300m:	4:03.04	45.57	400m:	5:15.83	35.28	
15.		2006		I		-70		<b>5:16.95</b>		II		455	
	50m:	30.98	30.98	150m:	1:50.61	42.42	250m:	3:19.22	46.85	350m:	4:41.22	34.76	
	100m:	1:08.19	37.21	200m:	2:32.37	41.76	300m:	4:06.46	47.24	400m:	5:16.95	35.73	



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13, , 400m , (15 - 16 )

											FINA		
16.					2006	II					<b>5:17.93</b>	II	451
	50m:	31.05	31.05	150m:	1:49.29	40.50	250m:	3:17.58	48.17	350m:	4:42.53	35.89	
	100m:	1:08.79	37.74	200m:	2:29.41	40.12	300m:	4:06.64	49.06	400m:	5:17.93	35.40	
17.					2007	II					<b>5:28.26</b>	II	409
	50m:	33.71	33.71	150m:	1:58.02	43.38	250m:	3:25.58	46.24	350m:	4:50.65	37.51	
	100m:	1:14.64	40.93	200m:	2:39.34	41.32	300m:	4:13.14	47.56	400m:	5:28.26	37.61	
DSQ					2007	I							
DSQ					2006								4
DSQ					2006	I							-3