



ПЕРВЕНСТВО

ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

I ЭТАП
XI ЛЕТНЕЙ СПАРТАКИАДЫ
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

12 , 400m (13 - 14)
23.03.2022 - 11:15

12 +: 5:07.00 / 10 +: 5:24.50 / I 9 +: 5:46.00 / II 9 +: 6:30.00

: FINA 2022

										FINA
1.	2008				5:09.82				635	
	50m: 31.82	31.82	150m: 1:49.53	40.50	250m: 3:13.01	44.94	350m: 4:34.87	36.38		
	100m: 1:09.03	37.21	200m: 2:28.07	38.54	300m: 3:58.49	45.48	400m: 5:09.82	34.95		
2.	2009				4	5:15.98				599
	100m: 1:10.19	1:10.19	250m: 3:17.41	41.64	350m: 4:39.37	38.33				
	200m: 2:35.77	1:25.58	300m: 4:01.04	43.63	400m: 5:15.98	36.61				
3.	2008				-1	5:16.78				594
	50m: 32.38	32.38	150m: 1:52.45	41.88	250m: 3:19.34	46.34	350m: 4:41.30	36.14		
	100m: 1:10.57	38.19	200m: 2:33.00	40.55	300m: 4:05.16	45.82	400m: 5:16.78	35.48		
4.	2008				1	5:17.26				591
	50m: 33.06	33.06	150m: 1:55.49	43.16	250m: 3:21.16	44.71	350m: 4:43.00	35.89		
	100m: 1:12.33	39.27	200m: 2:36.45	40.96	300m: 4:07.11	45.95	400m: 5:17.26	34.26		
5.	2008				1	5:18.77				583
	50m: 32.93	32.93	150m: 1:51.31	39.35	250m: 3:17.15	47.06	350m: 4:42.32	37.12		
	100m: 1:11.96	39.03	200m: 2:30.09	38.78	300m: 4:05.20	48.05	400m: 5:18.77	36.45		
6.	2009 I					5:24.99 I				550
	50m: 34.04	34.04	150m: 1:55.55	42.30	250m: 3:24.36	47.45	350m: 4:49.64	36.81		
	100m: 1:13.25	39.21	200m: 2:36.91	41.36	300m: 4:12.83	48.47	400m: 5:24.99	35.35		
7.	2008					5:25.48 I				548
	50m: 34.30	34.30	150m: 1:59.81	44.19	250m: 3:26.70	44.14	350m: 4:50.30	38.42		
	100m: 1:15.62	41.32	200m: 2:42.56	42.75	300m: 4:11.88	45.18	400m: 5:25.48	35.18		
8.	2009				4	5:26.80 I				541
	50m: 32.85	32.85	150m: 1:55.88	44.02	250m: 3:25.68	46.88	350m: 4:51.37	37.81		
	100m: 1:11.86	39.01	200m: 2:38.80	42.92	300m: 4:13.56	47.88	400m: 5:26.80	35.43		
9.	2008 I					5:27.12 I				539
	50m: 33.74	33.74	150m: 1:57.65	42.64	250m: 3:26.09	46.58	350m: 4:51.16	37.25		
	100m: 1:15.01	41.27	200m: 2:39.51	41.86	300m: 4:13.91	47.82	400m: 5:27.12	35.96		
10.	2008					5:28.70 I				532
	50m: 31.68	31.68	150m: 1:51.08	42.13	250m: 3:22.29	49.38	350m: 4:51.63	39.68		
	100m: 1:08.95	37.27	200m: 2:32.91	41.83	300m: 4:11.95	49.66	400m: 5:28.70	37.07		
11.	2009 I					5:35.93 I				498
	50m: 33.97	33.97	150m: 1:57.43	42.87	250m: 3:27.89	48.88	350m: 4:57.79	39.37		
	100m: 1:14.56	40.59	200m: 2:39.01	41.58	300m: 4:18.42	50.53	400m: 5:35.93	38.14		
12.	2008				2	5:37.23 I				492
	50m: 35.48	35.48	150m: 1:57.58	41.51	250m: 3:28.24	49.68	350m: 4:58.65	39.95		
	100m: 1:16.07	40.59	200m: 2:38.56	40.98	300m: 4:18.70	50.46	400m: 5:37.23	38.58		
13.	2008 I					5:39.57 I				482
	50m: 35.80	35.80	150m: 2:03.20	43.66	250m: 3:33.40	46.93	350m: 5:00.37	39.20		
	100m: 1:19.54	43.74	200m: 2:46.47	43.27	300m: 4:21.17	47.77	400m: 5:39.57	39.20		
14.	2009 II					5:40.11 I				480
	50m: 34.66	34.66	150m: 2:00.24	45.25	250m: 3:33.45	49.87	350m: 5:02.90	38.56		
	100m: 1:14.99	40.33	200m: 2:43.58	43.34	300m: 4:24.34	50.89	400m: 5:40.11	37.21		
15.	2009 I				64	5:40.78 I				477
	50m: 34.70	34.70	150m: 2:02.51	44.17	250m: 3:34.27	49.56	350m: 5:05.57	39.80		
	100m: 1:18.34	43.64	200m: 2:44.71	42.20	300m: 4:25.77	51.50	400m: 5:40.78	35.21		



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22-25 МАРТА 2022 г.

12, , 400m , (13 - 14)

											FINA				
16.											2009	I	5:40.87	I	477
	50m:	35.45	35.45	150m:	2:03.53	45.10	250m:	3:35.97	49.48	350m:	5:04.47	38.63			
	100m:	1:18.43	42.98	200m:	2:46.49	42.96	300m:	4:25.84	49.87	400m:	5:40.87	36.40			
17.											2008	I	5:41.93	I	472
	50m:	34.16	34.16	150m:	2:01.75	43.57	250m:	3:32.09	48.09	350m:	5:02.43	40.56			
	100m:	1:18.18	44.02	200m:	2:44.00	42.25	300m:	4:21.87	49.78	400m:	5:41.93	39.50			
18.											2008	I	5:43.73	I	465
	50m:	35.53	35.53	150m:	2:01.83	44.86	250m:	3:38.49	50.61	350m:	5:07.39	39.40			
	100m:	1:16.97	41.44	200m:	2:47.88	46.05	300m:	4:27.99	49.50	400m:	5:43.73	36.34			
19.											2009	II	5:52.62	II	431
	50m:	34.64	34.64	150m:	2:05.26	44.75	250m:	3:39.74	52.83	350m:	5:14.96	41.07			
	100m:	1:20.51	45.87	200m:	2:46.91	41.65	300m:	4:33.89	54.15	400m:	5:52.62	37.66			
20.											2008	I	5:54.32	II	424
	50m:	36.74	36.74	150m:	2:07.38	46.69	250m:	3:41.19	47.76	350m:	5:14.09	42.21			
	100m:	1:20.69	43.95	200m:	2:53.43	46.05	300m:	4:31.88	50.69	400m:	5:54.32	40.23			
21.											2008	II	6:03.26	II	394
	50m:	35.94	35.94	150m:	2:09.53	50.91	250m:	3:49.69	51.16	350m:	5:24.35	41.98			
	100m:	1:18.62	42.68	200m:	2:58.53	49.00	300m:	4:42.37	52.68	400m:	6:03.26	38.91			
22.											2008	I	6:07.40	II	381
	50m:	38.28	38.28	150m:	2:13.98	48.13	250m:	3:53.60	54.47	350m:	5:28.36	39.86			
	100m:	1:25.85	47.57	200m:	2:59.13	45.15	300m:	4:48.50	54.90	400m:	6:07.40	39.04			