



ПЕРВЕНСТВО

ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

I ЭТАП
XI ЛЕТНЕЙ СПАРТАКИАДЫ
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

10 , 400m (13 - 14)
23.03.2022 - 9:45

	12 +: 4:29.00 /	10 +: 4:44.00 /	I	9 +: 5:02.00 /	II	9 +: 5:43.00			
	: FINA 2022								
							FINA		
1.	2008						4:35.51	632	
	50m: 30.74	30.74	150m: 1:40.48	35.33	250m: 2:51.56	35.55	350m: 4:02.36	34.89	
	100m: 1:05.15	34.41	200m: 2:16.01	35.53	300m: 3:27.47	35.91	400m: 4:35.51	33.15	
2.	2008						4:35.57	631	
	50m: 30.78	30.78	150m: 1:40.83	35.72	250m: 2:52.06	35.75	350m: 4:02.17	34.65	
	100m: 1:05.11	34.33	200m: 2:16.31	35.48	300m: 3:27.52	35.46	400m: 4:35.57	33.40	
3.	2008						4:39.22	607	
	50m: 31.35	31.35	150m: 1:42.12	35.79	250m: 2:54.38	36.21	350m: 4:06.03	35.82	
	100m: 1:06.33	34.98	200m: 2:18.17	36.05	300m: 3:30.21	35.83	400m: 4:39.22	33.19	
4.	2009						4:39.37	606	
	50m: 31.81	31.81	150m: 1:42.40	35.91	250m: 2:54.42	35.63	350m: 4:05.75	35.49	
	100m: 1:06.49	34.68	200m: 2:18.79	36.39	300m: 3:30.26	35.84	400m: 4:39.37	33.62	
5.	2008						4:42.34	587	
	50m: 32.11	32.11	150m: 1:44.31	36.67	250m: 2:56.70	36.03	350m: 4:09.30	35.65	
	100m: 1:07.64	35.53	200m: 2:20.67	36.36	300m: 3:33.65	36.95	400m: 4:42.34	33.04	
6.	2008						4:42.46	586	
	50m: 33.53	33.53	150m: 1:45.06	36.23	300m: 3:32.34	1:10.86	400m: 4:42.46	34.81	
	100m: 1:08.83	35.30	200m: 2:21.48	36.42	350m: 4:07.65	35.31			
7.	2008						4:43.01	583	
	50m: 32.57	32.57	150m: 1:44.32	36.62	250m: 2:56.77	36.44	350m: 4:09.80	36.31	
	100m: 1:07.70	35.13	200m: 2:20.33	36.01	300m: 3:33.49	36.72	400m: 4:43.01	33.21	
8.	2008 I						4:44.28	I	575
	50m: 31.37	31.37	150m: 1:44.08	37.09	250m: 2:56.05	35.60	350m: 4:08.74	36.49	
	100m: 1:06.99	35.62	200m: 2:20.45	36.37	300m: 3:32.25	36.20	400m: 4:44.28	35.54	
9.	2008						4:44.43	I	574
	50m: 31.52	31.52	150m: 1:41.94	35.80	250m: 2:55.12	36.96	350m: 4:08.60	35.11	
	100m: 1:06.14	34.62	200m: 2:18.16	36.22	300m: 3:33.49	38.37	400m: 4:44.43	35.83	
10.	2008 I						4:46.88	I	559
	50m: 33.33	33.33	150m: 1:45.74	36.56	300m: 3:35.19	1:13.05	400m: 4:46.88	35.18	
	100m: 1:09.18	35.85	200m: 2:22.14	36.40	350m: 4:11.70	36.51			
11.	2009 I						4:46.91	I	559
	50m: 31.60	31.60	150m: 1:44.81	37.19	300m: 3:35.39	1:13.59	400m: 4:46.91	34.59	
	100m: 1:07.62	36.02	200m: 2:21.80	36.99	350m: 4:12.32	36.93			
12.	2008 I						4:48.52	I	550
	50m: 32.06	32.06	150m: 1:43.93	36.50	250m: 2:58.52	37.46	350m: 4:12.79	36.89	
	100m: 1:07.43	35.37	200m: 2:21.06	37.13	300m: 3:35.90	37.38	400m: 4:48.52	35.73	
13.	2009 I						4:49.49	I	544
	50m: 32.28	32.28	150m: 1:46.73	37.97	250m: 3:01.52	37.53	350m: 4:15.60	36.94	
	100m: 1:08.76	36.48	200m: 2:23.99	37.26	300m: 3:38.66	37.14	400m: 4:49.49	33.89	
14.	2008 I						4:51.46	I	533
	50m: 32.02	32.02	150m: 1:43.75	36.59	250m: 2:58.23	37.66	350m: 4:15.38	38.53	
	100m: 1:07.16	35.14	200m: 2:20.57	36.82	300m: 3:36.85	38.62	400m: 4:51.46	36.08	
15.	2009						4:51.54	I	533
	50m: 34.27	34.27	150m: 1:48.72	37.18	300m: 3:40.60	1:14.55	400m: 4:51.54	34.47	
	100m: 1:11.54	37.27	200m: 2:26.05	37.33	350m: 4:17.07	36.47			



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I ЭТАП
XI ЛЕТНЕЙ СПАРТАКИАДЫ
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

10, , 400m , (13 - 14)

											FINA		
16.											2009 I	4:51.62 I	533
	50m:	33.25	33.25	200m:	2:24.72	37.98	300m:	3:39.56	36.72	400m:	4:51.62	34.82	
	150m:	1:46.74	1:13.49	250m:	3:02.84	38.12	350m:	4:16.80	37.24				
17.											2008 I	4:54.95 I	515
	50m:	33.71	33.71	150m:	1:49.05	38.44	300m:	3:41.29	1:15.20	400m:	4:54.95	36.35	
	100m:	1:10.61	36.90	200m:	2:26.09	37.04	350m:	4:18.60	37.31				
18.											2009 I	4:55.11 I	514
	50m:	31.82	31.82	150m:	1:45.14	37.58	250m:	3:01.97	38.56	350m:	4:18.18	38.01	
	100m:	1:07.56	35.74	200m:	2:23.41	38.27	300m:	3:40.17	38.20	400m:	4:55.11	36.93	
19.											2008 I	4:55.51 I	512
	50m:	32.38	32.38	150m:	1:47.41	37.85	250m:	3:03.42	38.08	350m:	4:20.09	38.10	
	100m:	1:09.56	37.18	200m:	2:25.34	37.93	300m:	3:41.99	38.57	400m:	4:55.51	35.42	
20.											2008 I	4:55.64 I	511
	50m:	33.20	33.20	150m:	1:46.68	37.14	300m:	3:40.31	1:15.77	400m:	4:55.64	37.40	
	100m:	1:09.54	36.34	200m:	2:24.54	37.86	350m:	4:18.24	37.93				
21.											2008 I	4:56.77 I	505
	50m:	33.85	33.85	300m:	3:43.51	2:32.10	400m:	4:56.77	35.81				
	100m:	1:11.41	37.56	350m:	4:20.96	37.45							
22.											2008	4:58.25 I	498
	50m:	33.74	33.74	150m:	1:49.25	37.52	250m:	3:05.63	37.40	350m:	4:21.40	37.73	
	100m:	1:11.73	37.99	200m:	2:28.23	38.98	300m:	3:43.67	38.04	400m:	4:58.25	36.85	
23.											2008 I	4:59.11 I	494
	50m:	33.93	33.93	200m:	2:26.50	37.96	300m:	3:43.82	38.89	400m:	4:59.11	37.66	
	150m:	1:48.54	1:14.61	250m:	3:04.93	38.43	350m:	4:21.45	37.63				
24.											2009 I	4:59.83 I	490
	50m:	34.67	34.67	150m:	1:53.38	39.94	250m:	3:11.42	39.07	350m:	4:25.87	36.58	
	100m:	1:13.44	38.77	200m:	2:32.35	38.97	300m:	3:49.29	37.87	400m:	4:59.83	33.96	
25.											2009 II	5:00.32 I	488
	50m:	33.56	33.56	150m:	1:48.66	37.44	250m:	3:06.23	38.54	350m:	4:23.35	38.48	
	100m:	1:11.22	37.66	200m:	2:27.69	39.03	300m:	3:44.87	38.64	400m:	5:00.32	36.97	
26.											2009 II	5:02.29 II	478
	50m:	34.30	34.30	150m:	1:51.44	38.40	250m:	3:09.56	39.04	350m:	4:26.41	37.47	
	100m:	1:13.04	38.74	200m:	2:30.52	39.08	300m:	3:48.94	39.38	400m:	5:02.29	35.88	
27.											2008 I	5:02.32 II	478
	50m:	31.91	31.91	200m:	2:27.26	39.10	350m:	4:26.95	40.31				
	150m:	1:48.16	1:16.25	300m:	3:46.64	1:19.38	400m:	5:02.32	35.37				
28.											2008 I	5:02.38 II	478
	50m:	33.17	33.17	150m:	1:50.24	38.50	250m:	3:08.08	38.45	350m:	4:25.31	38.02	
	100m:	1:11.74	38.57	200m:	2:29.63	39.39	300m:	3:47.29	39.21	400m:	5:02.38	37.07	
29.											2008 II	5:03.78 II	471
	50m:	34.64	34.64	150m:	1:49.90	37.73	250m:	3:06.50	37.99	350m:	4:25.36	39.51	
	100m:	1:12.17	37.53	200m:	2:28.51	38.61	300m:	3:45.85	39.35	400m:	5:03.78	38.42	
30.											2009 I	5:04.47 II	468
	50m:	34.05	34.05	200m:	2:30.00	39.28	350m:	4:28.54	38.52				
	150m:	1:50.72	1:16.67	300m:	3:50.02	1:20.02	400m:	5:04.47	35.93				
31.											2009 II	5:05.69 II	462
	50m:	35.21	35.21	150m:	1:53.38	39.49	250m:	3:11.91	39.15	350m:	4:29.46	38.67	
	100m:	1:13.89	38.68	200m:	2:32.76	39.38	300m:	3:50.79	38.88	400m:	5:05.69	36.23	



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СРЕДИ ЮНОШЕЙ 15-16 ЛЕТ И ДЕВУШЕК 13-14 ЛЕТ

І ЭТАП
ХІ ЛЕТНЕЙ СПАРТАКИАДЫ
УЧАЩИХСЯ РОССИИ

22-25 МАРТА 2022 г.

10, , 400m , (13 - 14)

											FINA	
32.			2009		II	82		5:05.94		II	461	
	50m:	34.88	34.88	150m:	1:52.00	38.83	250m:	3:11.02	38.88	350m:	4:28.99	38.65
	100m:	1:13.17	38.29	200m:	2:32.14	40.14	300m:	3:50.34	39.32	400m:	5:05.94	36.95
33.			2008		I	77		5:06.12		II	460	
	50m:	34.81	34.81	150m:	1:51.52	39.08	250m:	3:09.40	39.32	350m:	4:27.87	39.22
	100m:	1:12.44	37.63	200m:	2:30.08	38.56	300m:	3:48.65	39.25	400m:	5:06.12	38.25
34.			2009		I	-4		5:06.24		II	460	
	50m:	33.43	33.43	150m:	1:49.53	38.48	250m:	3:08.03	39.96	350m:	4:27.87	39.86
	100m:	1:11.05	37.62	200m:	2:28.07	38.54	300m:	3:48.01	39.98	400m:	5:06.24	38.37
35.			2009		I			5:06.29		II	460	
	50m:	34.27	34.27	150m:	1:50.98	38.53	250m:	3:09.03	39.46	350m:	4:27.95	39.55
	100m:	1:12.45	38.18	200m:	2:29.57	38.59	300m:	3:48.40	39.37	400m:	5:06.29	38.34
36.			2008		I	-2		5:07.52		II	454	
	50m:	32.61	32.61	150m:	1:50.30	39.71	250m:	3:10.06	39.77	350m:	4:29.69	39.75
	100m:	1:10.59	37.98	200m:	2:30.29	39.99	300m:	3:49.94	39.88	400m:	5:07.52	37.83
37.			2008		I	2		5:07.53		II	454	
	50m:	32.91	32.91	150m:	1:49.21	38.63	250m:	3:08.66	39.76	350m:	4:28.17	39.97
	100m:	1:10.58	37.67	200m:	2:28.90	39.69	300m:	3:48.20	39.54	400m:	5:07.53	39.36
38.			2008		I	-1		5:07.76		II	453	
	50m:	35.85	35.85	150m:	1:54.49	39.99	250m:	3:14.25	39.50	350m:	4:32.47	38.15
	100m:	1:14.50	38.65	200m:	2:34.75	40.26	300m:	3:54.32	40.07	400m:	5:07.76	35.29
39.			2008		II			5:08.22		II	451	
	50m:	34.39	34.39	150m:	1:53.27	40.02	250m:	3:12.55	39.57	350m:	4:31.02	39.09
	100m:	1:13.25	38.86	200m:	2:32.98	39.71	300m:	3:51.93	39.38	400m:	5:08.22	37.20
40.			2009		I	-2		5:09.20		II	447	
	50m:	34.64	34.64	200m:	2:30.35	39.41	350m:	4:30.58	39.75			
	150m:	1:50.94	1:16.30	300m:	3:50.83	1:20.48	400m:	5:09.20	38.62			
41.			2008		I	-3		5:10.89		II	440	
	50m:	34.66	34.66	150m:	1:53.21	39.95	250m:	3:12.68	39.61	350m:	4:33.60	40.17
	100m:	1:13.26	38.60	200m:	2:33.07	39.86	300m:	3:53.43	40.75	400m:	5:10.89	37.29
42.			2009		I	64		5:12.03		II	435	
	50m:	34.41	34.41	150m:	1:53.91	40.33	250m:	3:14.01	40.10	350m:	4:34.12	40.12
	100m:	1:13.58	39.17	200m:	2:33.91	40.00	300m:	3:54.00	39.99	400m:	5:12.03	37.91
43.			2009		II			5:13.44		II	429	
	50m:	34.89	34.89	150m:	1:53.66	39.78	250m:	3:14.14	40.27	350m:	4:35.40	40.61
	100m:	1:13.88	38.99	200m:	2:33.87	40.21	300m:	3:54.79	40.65	400m:	5:13.44	38.04
44.			2009		II	76		5:13.54		II	428	
	100m:	1:10.84	1:10.84	200m:	2:31.73	1:20.89	300m:	3:54.29	1:22.56	400m:	5:13.54	1:19.25
45.			2009		II	104		5:13.61		II	428	
	100m:	1:13.15	1:13.15	200m:	2:33.63	1:20.48	300m:	3:54.63	1:21.00	400m:	5:13.61	1:18.98
46.			2008		I	-2		5:14.65		II	424	
	50m:	35.57	35.57	150m:	1:56.27	40.58	250m:	3:17.04	39.32	350m:	4:37.24	38.77
	100m:	1:15.69	40.12	200m:	2:37.72	41.45	300m:	3:58.47	41.43	400m:	5:14.65	37.41
47.			2009		II	-2		5:15.35		II	421	
	50m:	36.82	36.82	200m:	2:37.92	1:21.30	400m:	5:15.35	1:17.56			
	100m:	1:16.62	39.80	300m:	3:57.79	1:19.87						
48.			2008		II	47		5:16.47		II	417	
	50m:	34.43	34.43	200m:	2:35.36	1:22.01	400m:	5:16.47	1:18.77			
	100m:	1:13.35	38.92	300m:	3:57.70	1:22.34						



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22-25 МАРТА 2022 г.

10, , 400m , (13 - 14)

											FINA	
49.			2009 I		10		5:16.80		II		415	
	50m:	36.16	36.16	150m:	1:55.69	40.09	250m:	3:18.18	41.19	350m:	4:39.79	40.45
	100m:	1:15.60	39.44	200m:	2:36.99	41.30	300m:	3:59.34	41.16	400m:	5:16.80	37.01
50.			2009 II				5:19.02		II		407	
	50m:	35.80	35.80	150m:	1:55.78	40.30	250m:	3:17.17	40.88	350m:	4:39.63	41.30
	100m:	1:15.48	39.68	200m:	2:36.29	40.51	300m:	3:58.33	41.16	400m:	5:19.02	39.39
51.			2008 I		-2		5:19.76		II		404	
	50m:	34.08	34.08	200m:	2:35.89	1:22.80	400m:	5:19.76	1:19.40			
	100m:	1:13.09	39.01	300m:	4:00.36	1:24.47						
52.			2009 II		-4		5:20.10		II		403	
	50m:	33.36	33.36	150m:	1:51.74	40.36	250m:	3:16.13	42.63	350m:	4:39.84	41.28
	100m:	1:11.38	38.02	200m:	2:33.50	41.76	300m:	3:58.56	42.43	400m:	5:20.10	40.26
53.			2008 II				5:21.67		II		397	
	50m:	34.63	34.63	200m:	2:36.92	1:22.71	400m:	5:21.67	1:21.07			
	100m:	1:14.21	39.58	300m:	4:00.60	1:23.68						
54.			2008 II		82		5:22.00		II		396	
	50m:	34.13	34.13	150m:	1:51.88	39.75	250m:	3:15.89	42.85	350m:	4:41.81	43.18
	100m:	1:12.13	38.00	200m:	2:33.04	41.16	300m:	3:58.63	42.74	400m:	5:22.00	40.19
55.			2009 II				5:26.05		II		381	
	50m:	35.27	35.27	200m:	2:38.67	1:23.45	400m:	5:26.05	1:22.86			
	100m:	1:15.22	39.95	300m:	4:03.19	1:24.52						
56.			2009 II				5:28.08		II		374	
	100m:	1:16.86	1:16.86	200m:	2:42.73	1:25.87	300m:	4:07.45	1:24.72	400m:	5:28.08	1:20.63
57.			2008 II				5:28.69		II		372	
	50m:	36.25	36.25	200m:	2:42.98	1:25.68	400m:	5:28.69	1:20.54			
	100m:	1:17.30	41.05	300m:	4:08.15	1:25.17						
58.			2009 II		-5		5:28.72		II		372	
	50m:	35.38	35.38	200m:	2:40.06	1:24.05	400m:	5:28.72	1:22.80			
	100m:	1:16.01	40.63	300m:	4:05.92	1:25.86						
59.			2008 II				5:33.68		II		355	
	50m:	35.94	35.94	200m:	2:42.05	1:25.50	400m:	5:33.68	1:24.56			
	100m:	1:16.55	40.61	300m:	4:09.12	1:27.07						
60.			2009 II				5:43.61				325	
	100m:	1:20.14	1:20.14	200m:	2:49.80	1:29.66	300m:	4:19.27	1:29.47	400m:	5:43.61	1:24.34