



# "Первенство Москвы" по плаванию

## юноши 15-16 лет, девушки 13-14 лет

### 17-20 октября 2023г.



39 , 400m (13-14 )  
20.10.2023 - 17:30

: FINA 2023

											WA	
1.				09		"	"			<b>4:27.81</b>	644	
	50m:	32.03	32.03	150m:	1:41.07	34.57	250m:	2:49.46	33.84	350m:	3:56.35	33.31
	100m:	1:06.50	34.47	200m:	2:15.62	34.55	300m:	3:23.04	33.58	400m:	4:27.81	31.46
2.				09		"	"			<b>4:30.92</b>	622	
	50m:	30.75	30.75	150m:	1:39.26	34.25	250m:	2:48.49	34.47	350m:	3:57.18	34.34
	100m:	1:05.01	34.26	200m:	2:14.02	34.76	300m:	3:22.84	34.35	400m:	4:30.92	33.74
3.				09		"	"			<b>4:31.78</b>	616	
	50m:	30.39	30.39	150m:	1:36.03	33.26	300m:	3:21.01	35.76	400m:	4:31.78	34.76
	100m:	1:02.77	32.38	250m:	2:45.25	1:09.22	350m:	3:57.02	36.01			
4.				09		"	"			<b>4:33.47</b>	605	
	50m:	30.57	30.57	150m:	1:38.15	34.16	250m:	2:47.63	34.62	350m:	3:56.14	33.96
	100m:	1:03.99	33.42	200m:	2:13.01	34.86	300m:	3:22.18	34.55	400m:	4:33.47	37.33
5.				10		"	"	"		<b>4:37.21</b>	580	
	50m:	30.21	30.21	150m:	1:38.70	34.78	250m:	2:50.04	35.80	350m:	4:02.47	35.92
	100m:	1:03.92	33.71	200m:	2:14.24	35.54	300m:	3:26.55	36.51	400m:	4:37.21	34.74
6.				10		"	"			<b>4:38.12</b>	575	
	50m:	31.62	31.62	150m:	1:42.00	35.25	250m:	2:53.08	35.59	350m:	4:03.09	34.88
	100m:	1:06.75	35.13	200m:	2:17.49	35.49	300m:	3:28.21	35.13	400m:	4:38.12	35.03
7.				10		"	"			<b>4:40.89</b>	558	
	50m:	31.56	31.56	150m:	1:42.06	35.79	250m:	2:54.02	36.15	350m:	4:06.65	36.40
	100m:	1:06.27	34.71	200m:	2:17.87	35.81	300m:	3:30.25	36.23	400m:	4:40.89	34.24
8.				09		"	"			<b>4:41.47</b>	554	
	50m:	31.07	31.07	150m:	1:39.70	35.04	250m:	2:52.68	36.63	350m:	4:06.43	36.63
	100m:	1:04.66	33.59	200m:	2:16.05	36.35	300m:	3:29.80	37.12	400m:	4:41.47	35.04
9.				09		"	"			<b>4:41.60</b>	554	
	50m:	31.53	31.53	150m:	1:42.43	36.14	250m:	2:55.37	36.45	350m:	4:07.35	35.91
	100m:	1:06.29	34.76	200m:	2:18.92	36.49	300m:	3:31.44	36.07	400m:	4:41.60	34.25
10.				10		"	"			<b>4:41.80</b>	552	
	50m:	31.85	31.85	150m:	1:42.78	35.66	250m:	2:55.37	36.36	350m:	4:08.04	36.26
	100m:	1:07.12	35.27	200m:	2:19.01	36.23	300m:	3:31.78	36.41	400m:	4:41.80	33.76
11.				10		"	"			<b>4:42.01</b>	551	
	50m:	31.61	31.61	150m:	1:42.09	35.96	250m:	2:54.73	36.59	350m:	4:07.75	36.65
	100m:	1:06.13	34.52	200m:	2:18.14	36.05	300m:	3:31.10	36.37	400m:	4:42.01	34.26
12.				09		"	"	"		<b>4:42.61</b>	548	
	50m:	31.44	31.44	150m:	2:17.96	1:11.63	300m:	3:30.43	36.14	400m:	4:42.61	35.82
	100m:	1:06.33	34.89	250m:	2:54.29	36.33	350m:	4:06.79	36.36			
13.				10		"	"			<b>4:44.21</b>	539	
	50m:	32.54	32.54	150m:	1:44.12	36.18	250m:	2:56.90	36.17	350m:	4:09.43	36.14
	100m:	1:07.94	35.40	200m:	2:20.73	36.61	300m:	3:33.29	36.39	400m:	4:44.21	34.78
14.				09		"	"			<b>4:44.23</b>	538	
	50m:	31.19	31.19	150m:	1:42.45	36.16	250m:	2:55.73	36.68	350m:	4:08.25	36.19
	100m:	1:06.29	35.10	200m:	2:19.05	36.60	300m:	3:32.06	36.33	400m:	4:44.23	35.98
15.				10		"	"			<b>4:45.82</b>	529	
	50m:	32.11	32.11	150m:	1:43.97	36.26	250m:	2:57.31	36.67	350m:	4:10.78	36.89
	100m:	1:07.71	35.60	200m:	2:20.64	36.67	300m:	3:33.89	36.58	400m:	4:45.82	35.04

39, , 400m , (13-14 )		WA											
16.				09		" "					<b>4:46.17</b>	528	I
	50m:	31.00	31.00	150m:	1:41.67	36.07	250m:	2:55.58	37.09	350m:	4:10.69	37.40	
	100m:	1:05.60	34.60	200m:	2:18.49	36.82	300m:	3:33.29	37.71	400m:	4:46.17	35.48	
17.				10	I	" "					<b>4:47.81</b>	519	I
	50m:	31.47	31.47	150m:	1:44.67	37.08	250m:	2:58.80	36.82	350m:	4:13.33	37.22	
	100m:	1:07.59	36.12	200m:	2:21.98	37.31	300m:	3:36.11	37.31	400m:	4:47.81	34.48	
18.				10	I	" "					<b>4:49.49</b>	510	I
	50m:	30.78	30.78	150m:	1:42.09	36.18	250m:	2:55.85	37.22	350m:	4:11.95	38.31	
	100m:	1:05.91	35.13	200m:	2:18.63	36.54	300m:	3:33.64	37.79	400m:	4:49.49	37.54	
19.				10		" -77"-					<b>4:50.67</b>	503	I
	50m:	32.40	32.40	150m:	1:46.11	36.89	250m:	3:00.46	37.40	350m:	4:14.98	37.04	
	100m:	1:09.22	36.82	200m:	2:23.06	36.95	300m:	3:37.94	37.48	400m:	4:50.67	35.69	
20.				10	II	" "					<b>4:51.48</b>	499	I
	50m:	33.41	33.41	150m:	1:46.49	36.64	250m:	3:01.47	37.38	350m:	4:15.60	37.01	
	100m:	1:09.85	36.44	200m:	2:24.09	37.60	300m:	3:38.59	37.12	400m:	4:51.48	35.88	
21.				09	I	" "					<b>4:51.55</b>	499	I
	50m:	33.21	33.21	150m:	1:44.67	35.39	250m:	2:59.80	37.19	350m:	4:15.32	37.41	
	100m:	1:09.28	36.07	200m:	2:22.61	37.94	300m:	3:37.91	38.11	400m:	4:51.55	36.23	
22.				10	I	" "					<b>4:52.73</b>	493	I
	50m:	32.86	32.86	150m:	1:47.04	37.66	250m:	3:02.36	37.10	350m:	4:17.42	37.28	
	100m:	1:09.38	36.52	200m:	2:25.26	38.22	300m:	3:40.14	37.78	400m:	4:52.73	35.31	
23.				10	I	" -70 . "					<b>4:54.37</b>	485	I
	50m:	32.79	32.79	150m:	1:46.72	37.38	250m:	3:02.66	37.94	350m:	4:18.50	38.74	
	100m:	1:09.34	36.55	200m:	2:24.72	38.00	300m:	3:39.76	37.10	400m:	4:54.37	35.87	
24.				09	I	" "					<b>4:56.04</b>	476	II
	50m:	32.42	32.42	150m:	1:45.76	37.22	250m:	3:01.27	37.88	350m:	4:18.20	38.39	
	100m:	1:08.54	36.12	200m:	2:23.39	37.63	300m:	3:39.81	38.54	400m:	4:56.04	37.84	
25.				09	I	" "					<b>4:56.90</b>	472	II
	50m:	33.07	33.07	150m:	1:46.07	37.05	250m:	3:01.46	37.96	350m:	4:18.43	38.82	
	100m:	1:09.02	35.95	200m:	2:23.50	37.43	300m:	3:39.61	38.15	400m:	4:56.90	38.47	
26.				10	I	" "					<b>4:57.86</b>	468	II
	50m:	33.05	33.05	150m:	1:48.18	38.26	250m:	3:04.60	38.26	350m:	4:21.02	38.21	
	100m:	1:09.92	36.87	200m:	2:26.34	38.16	300m:	3:42.81	38.21	400m:	4:57.86	36.84	
27.				09	I	" "					<b>4:57.90</b>	468	II
	50m:	32.53	32.53	150m:	1:45.63	37.41	250m:	3:02.78	38.64	350m:	4:20.35	38.47	
	100m:	1:08.22	35.69	200m:	2:24.14	38.51	300m:	3:41.88	39.10	400m:	4:57.90	37.55	
28.				09	I	" "					<b>4:58.06</b>	467	II
	50m:	32.39	32.39	150m:	1:45.29	37.58	250m:	3:02.18	38.59	350m:	4:16.99	36.82	
	100m:	1:07.71	35.32	200m:	2:23.59	38.30	300m:	3:40.17	37.99	400m:	4:58.06	41.07	
29.				10	I	" "					<b>4:58.73</b>	464	II
	50m:	32.92	32.92	150m:	1:46.56	37.57	250m:	3:02.75	38.15	350m:	4:17.80	37.55	
	100m:	1:08.99	36.07	200m:	2:24.60	38.04	300m:	3:40.25	37.50	400m:	4:58.73	40.93	
30.				09	I	" "					<b>5:01.53</b>	451	II
	50m:	33.35	33.35	150m:	1:46.45	37.23	250m:	3:03.17	38.39	350m:	4:22.69	40.07	
	100m:	1:09.22	35.87	200m:	2:24.78	38.33	300m:	3:42.62	39.45	400m:	5:01.53	38.84	
31.				09	I	" "					<b>5:02.18</b>	448	II
	50m:	32.66	32.66	150m:	1:45.91	37.42	250m:	3:03.75	39.24	350m:	4:23.59	40.01	
	100m:	1:08.49	35.83	200m:	2:24.51	38.60	300m:	3:43.58	39.83	400m:	5:02.18	38.59	



# "Первенство Москвы" по плаванию

## юноши 15-16 лет, девушки 13-14 лет

17-20 октября 2023г.



39, , 400m , (13-14 )

												WA	
32.				10	II		"	"			<b>5:27.81</b>	351	II
	50m:	34.18	34.18	150m:	1:56.34	41.95	250m:	3:20.28	42.02	350m:	4:44.29	41.67	
	100m:	1:14.39	40.21	200m:	2:38.26	41.92	300m:	4:02.62	42.34	400m:	5:27.81	43.52	