



"Первенство Москвы" по плаванию

юноши 15-16 лет, девушки 13-14 лет

17-20 октября 2023г.



23 , 400m (15-16)
 19.10.2023 - 15:30

: FINA 2023

											WA	
1.				07	"	"					3:59.09	699
	50m:	27.90	27.90	150m:	1:27.93	30.04	250m:	2:28.07	30.03	350m:	3:28.94	30.49
	100m:	57.89	29.99	200m:	1:58.04	30.11	300m:	2:58.45	30.38	400m:	3:59.09	30.15
2.				08	"	-77"-					4:01.51	678
	50m:	28.12	28.12	150m:	1:29.10	30.74	250m:	2:30.47	30.84	350m:	3:31.97	30.73
	100m:	58.36	30.24	200m:	1:59.63	30.53	300m:	3:01.24	30.77	400m:	4:01.51	29.54
3.				08	"	"					4:06.00	642
	50m:	27.06	27.06	150m:	1:28.41	31.06	250m:	2:31.75	31.94	350m:	3:36.00	31.96
	100m:	57.35	30.29	200m:	1:59.81	31.40	300m:	3:04.04	32.29	400m:	4:06.00	30.00
4.				08	"	"					4:06.33	639
	50m:	27.88	27.88	150m:	1:30.83	31.55	250m:	2:33.24	30.84	350m:	3:35.69	31.17
	100m:	59.28	31.40	200m:	2:02.40	31.57	300m:	3:04.52	31.28	400m:	4:06.33	30.64
5.				07	"	"					4:07.50	630
	50m:	29.22	29.22	150m:	1:32.99	30.98	250m:	2:35.22	31.43	350m:	3:37.09	30.85
	100m:	1:02.01	32.79	200m:	2:03.79	30.80	300m:	3:06.24	31.02	400m:	4:07.50	30.41
6.				07	"	"					4:09.43	616
	50m:	28.36	28.36	300m:	3:07.78	1:36.11	400m:	4:09.43	30.28			
	150m:	1:31.67	1:03.31	350m:	3:39.15	31.37						
7.				07	"	"					4:09.77	613
	50m:	29.19	29.19	150m:	1:32.62	31.71	250m:	2:36.38	31.86	350m:	3:39.76	31.22
	100m:	1:00.91	31.72	200m:	2:04.52	31.90	300m:	3:08.54	32.16	400m:	4:09.77	30.01
8.				07	"	-77"-					4:10.14	610
	50m:	28.60	28.60	150m:	1:32.74	32.36	250m:	2:37.38	31.95	350m:	3:40.58	31.48
	100m:	1:00.38	31.78	200m:	2:05.43	32.69	300m:	3:09.10	31.72	400m:	4:10.14	29.56
9.				08	"	"					4:10.15	610
	50m:	28.54	28.54	150m:	1:31.10	31.62	250m:	2:34.94	32.00	350m:	3:39.21	32.20
	100m:	59.48	30.94	200m:	2:02.94	31.84	300m:	3:07.01	32.07	400m:	4:10.15	30.94
10.				07	"	"	"				4:10.89	605
	100m:	59.65	59.65	250m:	2:35.90	1:04.49	400m:	4:10.89	1:02.81			
	150m:	1:31.41	31.76	300m:	3:08.08	32.18						
11.				07							4:12.90	591
	50m:	29.01	29.01	150m:	1:31.34	31.51	250m:	2:35.72	32.23	350m:	3:40.80	32.55
	100m:	59.83	30.82	200m:	2:03.49	32.15	300m:	3:08.25	32.53	400m:	4:12.90	32.10
12.				08	"	"	"				4:14.22	581
	50m:	29.33	29.33	150m:	1:34.11	32.85	250m:	2:39.03	32.41	350m:	3:43.43	32.01
	100m:	1:01.26	31.93	200m:	2:06.62	32.51	300m:	3:11.42	32.39	400m:	4:14.22	30.79
13.				07	"	"					4:14.39	580
	50m:	28.85	28.85	150m:	1:32.11	31.77	250m:	2:37.19	32.80	350m:	3:42.38	32.74
	100m:	1:00.34	31.49	200m:	2:04.39	32.28	300m:	3:09.64	32.45	400m:	4:14.39	32.01
14.				07	"	"					4:15.13	575
	50m:	27.43	27.43	150m:	1:32.06	33.16	250m:	2:39.16	33.32	350m:	3:44.98	32.41
	100m:	58.90	31.47	200m:	2:05.84	33.78	300m:	3:12.57	33.41	400m:	4:15.13	30.15
15.				08	"	-77"-					4:15.79	571
	50m:	30.13	30.13	150m:	1:34.48	32.15	250m:	2:39.86	32.99	350m:	3:44.85	32.44
	100m:	1:02.33	32.20	200m:	2:06.87	32.39	300m:	3:12.41	32.55	400m:	4:15.79	30.94

23, , 400m , (15-16)		WA																
16.						08										4:16.44	567	
	50m:	28.04	28.04	150m:	1:30.56	31.56	250m:	2:35.24	32.61	350m:	3:38.94	31.16						
	100m:	59.00	30.96	200m:	2:02.63	32.07	300m:	3:07.78	32.54	400m:	4:16.44	37.50						
17.						07	"		"							4:16.76	564	
	50m:	29.15	29.15	150m:	1:34.13	32.83	250m:	2:40.66	33.14	350m:	3:47.08	32.72						
	100m:	1:01.30	32.15	200m:	2:07.52	33.39	300m:	3:14.36	33.70	400m:	4:16.76	29.68						
18.						07	"	"	"							4:17.04	563	
	50m:	28.17	28.17	150m:	1:33.05	32.96	250m:	2:39.60	32.97	350m:	3:46.44	33.00						
	100m:	1:00.09	31.92	200m:	2:06.63	33.58	300m:	3:13.44	33.84	400m:	4:17.04	30.60						
19.						07	"	"	"							4:17.49	560	
	50m:	28.80	28.80	150m:	1:31.92	32.28	250m:	2:37.91	33.45	350m:	3:44.99	33.54						
	100m:	59.64	30.84	200m:	2:04.46	32.54	300m:	3:11.45	33.54	400m:	4:17.49	32.50						
20.						08	"		"							4:17.80	558	
	50m:	28.61	28.61	150m:	1:34.03	32.98	250m:	2:40.76	33.48	350m:	3:46.97	33.44						
	100m:	1:01.05	32.44	200m:	2:07.28	33.25	300m:	3:13.53	32.77	400m:	4:17.80	30.83						
21.						08	"	"	"							4:17.87	557	
	50m:	28.92	28.92	150m:	1:34.80	33.50	250m:	2:40.73	32.44	350m:	3:46.82	32.95						
	100m:	1:01.30	32.38	200m:	2:08.29	33.49	300m:	3:13.87	33.14	400m:	4:17.87	31.05						
22.						07	"	"	"							4:18.80	551	
	50m:	29.04	29.04	150m:	1:33.74	32.69	250m:	2:40.23	33.11	350m:	3:47.06	33.34						
	100m:	1:01.05	32.01	200m:	2:07.12	33.38	300m:	3:13.72	33.49	400m:	4:18.80	31.74						
23.						07	"		"							4:19.23	548	
	50m:	28.68	28.68	150m:	1:33.80	33.01	250m:	2:40.79	33.71	350m:	3:47.04	32.84						
	100m:	1:00.79	32.11	200m:	2:07.08	33.28	300m:	3:14.20	33.41	400m:	4:19.23	32.19						
24.						08	"		"							4:19.50	547	
	50m:	29.75	29.75	150m:	1:33.87	32.20	250m:	2:39.11	32.51	350m:	3:46.34	34.26						
	100m:	1:01.67	31.92	200m:	2:06.60	32.73	300m:	3:12.08	32.97	400m:	4:19.50	33.16						
25.						08	"		"							4:19.61	546	
	50m:	28.88	28.88	150m:	1:33.55	32.94	250m:	2:39.88	33.23	350m:	3:47.26	33.78						
	100m:	1:00.61	31.73	200m:	2:06.65	33.10	300m:	3:13.48	33.60	400m:	4:19.61	32.35						
26.						07	"		"							4:20.05	543	
	50m:	28.81	28.81	150m:	1:32.92	32.49	250m:	2:39.28	33.27	350m:	3:47.24	33.88						
	100m:	1:00.43	31.62	200m:	2:06.01	33.09	300m:	3:13.36	34.08	400m:	4:20.05	32.81						
27.						08	"		"							4:20.87	538	
	50m:	28.96	28.96	150m:	1:33.52	32.34	250m:	2:39.19	33.11	350m:	3:47.22	33.97						
	100m:	1:01.18	32.22	200m:	2:06.08	32.56	300m:	3:13.25	34.06	400m:	4:20.87	33.65						
28.						07	"		"							4:20.94	538	
	50m:	29.52	29.52	150m:	1:34.70	33.26	250m:	2:41.42	33.34	350m:	3:48.59	33.53						
	100m:	1:01.44	31.92	200m:	2:08.08	33.38	300m:	3:15.06	33.64	400m:	4:20.94	32.35						
29.						08	"		"							4:21.77	533	
	50m:	29.74	29.74	150m:	1:35.50	33.19	250m:	2:42.70	33.81	350m:	3:50.31	33.90						
	100m:	1:02.31	32.57	200m:	2:08.89	33.39	300m:	3:16.41	33.71	400m:	4:21.77	31.46						
30.						07	"		"							4:22.47	528	
	50m:	28.71	28.71	150m:	1:34.53	33.67	250m:	2:42.03	33.82	350m:	3:49.81	33.91						
	100m:	1:00.86	32.15	200m:	2:08.21	33.68	300m:	3:15.90	33.87	400m:	4:22.47	32.66						
31.						08	"	"	"							4:22.54	528	
	50m:	28.81	28.81	150m:	1:34.62	33.55	250m:	2:41.87	33.79	350m:	3:49.65	33.68						
	100m:	1:01.07	32.26	200m:	2:08.08	33.46	300m:	3:15.97	34.10	400m:	4:22.54	32.89						



"Первенство Москвы" по плаванию

юноши 15-16 лет, девушки 13-14 лет

17-20 октября 2023г.



23, , 400m , (15-16)												WA		
32.					07	"	"					4:22.57	528	I
	50m:	28.40	28.40	150m:	1:33.25	32.89	250m:	2:40.60	33.68	350m:	3:49.10	34.05		
	100m:	1:00.36	31.96	200m:	2:06.92	33.67	300m:	3:15.05	34.45	400m:	4:22.57	33.47		
33.					08	"	"	"				4:25.46	511	I
	50m:	28.66	28.66	150m:	1:33.09	32.67	250m:	2:40.90	34.49	350m:	3:51.17	35.35		
	100m:	1:00.42	31.76	200m:	2:06.41	33.32	300m:	3:15.82	34.92	400m:	4:25.46	34.29		
34.					08	"	-77"					4:30.10	485	II
	50m:	30.29	30.29	150m:	1:37.43	33.54	250m:	2:46.11	34.33					
	100m:	1:03.89	33.60	200m:	2:11.78	34.35	400m:	4:30.10	1:43.99					
35.					08	"	"					4:36.48	452	II
	50m:	30.91	30.91	150m:	1:39.81	34.91	250m:	2:50.43	35.19	350m:	4:01.76	35.83		
	100m:	1:04.90	33.99	200m:	2:15.24	35.43	300m:	3:25.93	35.50	400m:	4:36.48	34.72		