



"Первенство Москвы" по плаванию

юноши 15-16 лет, девушки 13-14 лет

17-20 октября 2023г.



12 , 400m (13-14)
18.10.2023 - 15:15

: FINA 2023

											WA	
1.				09	"	"				5:04.05	617	
	50m:	32.24	32.24	150m:	1:46.37	36.71	250m:	3:07.23	44.78	350m:	4:28.47	36.51
	100m:	1:09.66	37.42	200m:	2:22.45	36.08	300m:	3:51.96	44.73	400m:	5:04.05	35.58
2.				09	"	"				5:06.19	604	
	50m:	31.60	31.60	150m:	1:47.09	39.05	250m:	3:11.41	46.22	350m:	4:32.17	35.26
	100m:	1:08.04	36.44	200m:	2:25.19	38.10	300m:	3:56.91	45.50	400m:	5:06.19	34.02
3.				10	"	"				5:08.21	593	
	50m:	33.34	33.34	150m:	1:51.17	39.66	250m:	3:13.50	44.32	350m:	4:34.11	36.06
	100m:	1:11.51	38.17	200m:	2:29.18	38.01	300m:	3:58.05	44.55	400m:	5:08.21	34.10
4.				09	"	"				5:12.06	571	
	50m:	33.02	33.02	150m:	1:51.50	39.91	250m:	3:15.54	44.54	350m:	4:36.48	36.05
	100m:	1:11.59	38.57	200m:	2:31.00	39.50	300m:	4:00.43	44.89	400m:	5:12.06	35.58
5.				09	"	"				5:13.21	565	
	50m:	32.09	32.09	150m:	1:49.71	40.31	250m:	3:16.23	46.45	350m:	4:39.04	35.71
	100m:	1:09.40	37.31	200m:	2:29.78	40.07	300m:	4:03.33	47.10	400m:	5:13.21	34.17
6.				10	"	"				5:13.68	562	
	50m:	31.27	31.27	150m:	1:48.94	40.67	250m:	3:15.46	46.57	350m:	4:38.71	36.81
	100m:	1:08.27	37.00	200m:	2:28.89	39.95	300m:	4:01.90	46.44	400m:	5:13.68	34.97
7.				10	"	"				5:14.54	557	
	50m:	32.96	32.96	150m:	1:51.91	41.34	250m:	3:14.87	44.01	350m:	4:38.48	38.36
	100m:	1:10.57	37.61	200m:	2:30.86	38.95	300m:	4:00.12	45.25	400m:	5:14.54	36.06
8.				10	"	"				5:14.85	556	
	50m:	34.33	34.33	200m:	2:29.91	37.77	300m:	4:01.33	45.20	400m:	5:14.85	36.33
	150m:	1:52.14	1:17.81	250m:	3:16.13	46.22	350m:	4:38.52	37.19			
9.				10	"	"				5:15.11	554	
	50m:	32.73	32.73	150m:	1:54.49	42.83	250m:	3:19.23	44.01	350m:	4:40.53	36.73
	100m:	1:11.66	38.93	200m:	2:35.22	40.73	300m:	4:03.80	44.57	400m:	5:15.11	34.58
10.				10	"	"				5:15.67	551	
	50m:	34.10	34.10	150m:	1:52.73	40.12	250m:	3:18.20	45.95	350m:	4:40.15	36.29
	100m:	1:12.61	38.51	200m:	2:32.25	39.52	300m:	4:03.86	45.66	400m:	5:15.67	35.52
11.				09	"	"				5:17.67	541	
	50m:	32.99	32.99	150m:	1:51.72	40.39	300m:	4:04.92	46.75	400m:	5:17.67	35.50
	100m:	1:11.33	38.34	250m:	3:18.17	1:26.45	350m:	4:42.17	37.25			
12.				09	"	-82"-				5:18.06	539	
	50m:	34.93	34.93	150m:	1:57.21	41.61	250m:	3:21.98	44.77	350m:	4:44.73	37.52
	100m:	1:15.60	40.67	200m:	2:37.21	40.00	300m:	4:07.21	45.23	400m:	5:18.06	33.33
13.				10	"	"				5:19.49	532	
	50m:	35.26	35.26	150m:	1:58.42	41.82	250m:	3:23.51	44.67	350m:	4:45.00	36.11
	100m:	1:16.60	41.34	200m:	2:38.84	40.42	300m:	4:08.89	45.38	400m:	5:19.49	34.49
14.				10	"	"				5:22.26	518	
	50m:	34.34	34.34	150m:	1:54.58	40.33	250m:	3:21.15	46.42	350m:	4:45.24	37.87
	100m:	1:14.25	39.91	200m:	2:34.73	40.15	300m:	4:07.37	46.22	400m:	5:22.26	37.02
15.				09	"	"				5:22.60	517	
	50m:	32.54	32.54	150m:	1:53.68	41.30	250m:	3:21.10	46.63	350m:	4:45.39	38.09
	100m:	1:12.38	39.84	200m:	2:34.47	40.79	300m:	4:07.30	46.20	400m:	5:22.60	37.21



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		12, , 400m				(13-14)				WA		
16.				09	"	"			5:24.06	510	I	
	50m:	31.43	31.43	150m:	1:46.74	38.71	250m:	3:11.92	47.73	400m:	5:24.06	1:21.17
	100m:	1:08.03	36.60	200m:	2:24.19	37.45	300m:	4:02.89	50.97			
17.				09	"	"			5:24.52	508	I	
	50m:	32.30	32.30	150m:	1:52.62	42.30	250m:	3:20.81	46.58	350m:	4:47.22	38.47
	100m:	1:10.32	38.02	200m:	2:34.23	41.61	300m:	4:08.75	47.94	400m:	5:24.52	37.30
18.				10	"	"			5:26.30	499	I	
	50m:	35.27	35.27	150m:	1:57.01	40.79	250m:	3:25.58	47.19	350m:	4:49.44	37.01
	100m:	1:16.22	40.95	200m:	2:38.39	41.38	300m:	4:12.43	46.85	400m:	5:26.30	36.86
19.				10	"	"			5:27.55	494	I	
	50m:	33.00	33.00	150m:	1:52.67	40.04	250m:	3:22.20	48.27	350m:	4:49.12	38.63
	100m:	1:12.63	39.63	200m:	2:33.93	41.26	300m:	4:10.49	48.29	400m:	5:27.55	38.43
20.				10	"	"			5:27.96	492	I	
	50m:	33.37	33.37	150m:	1:56.40	42.72	250m:	3:23.60	45.47	350m:	4:51.51	40.64
	100m:	1:13.68	40.31	200m:	2:38.13	41.73	300m:	4:10.87	47.27	400m:	5:27.96	36.45
21.				10	"	"			5:30.55	480	I	
	50m:	34.74	34.74	200m:	2:37.98	41.47	350m:	4:53.18	38.40			
	150m:	1:56.51	1:21.77	300m:	4:14.78	1:36.80	400m:	5:30.55	37.37			
22.				10	"	"			5:35.45	459	I	
	50m:	32.60	32.60	150m:	1:51.89	41.86	250m:	3:25.27	51.32	350m:	4:56.02	39.60
	100m:	1:10.03	37.43	200m:	2:33.95	42.06	300m:	4:16.42	51.15	400m:	5:35.45	39.43
23.				09	"	"			5:36.42	455	I	
	50m:	35.48	35.48	150m:	1:59.73	42.68	250m:	3:30.45	49.09	350m:	4:58.45	38.27
	100m:	1:17.05	41.57	200m:	2:41.36	41.63	300m:	4:20.18	49.73	400m:	5:36.42	37.97
24.				10	"	"			5:39.48	443	I	
	50m:	36.26	36.26	150m:	2:02.31	43.02	250m:	3:30.16	45.28	350m:	4:59.63	40.68
	100m:	1:19.29	43.03	200m:	2:44.88	42.57	300m:	4:18.95	48.79	400m:	5:39.48	39.85
25.				10	"	"			5:42.26	433	II	
	50m:	34.42	34.42	150m:	1:55.15	41.32	250m:	3:29.09	52.40	350m:	5:03.39	38.08
	100m:	1:13.83	39.41	200m:	2:36.69	41.54	300m:	4:25.31	56.22	400m:	5:42.26	38.87
26.				09	"	"			5:47.09	415	II	
	50m:	34.86	34.86	150m:	2:00.27	43.83	250m:	3:33.68	50.13	350m:	5:06.82	41.74
	100m:	1:16.44	41.58	200m:	2:43.55	43.28	300m:	4:25.08	51.40	400m:	5:47.09	40.27
27.				10	"	"			5:57.91	378	II	
	50m:	35.80	35.80	150m:	2:03.37	44.36	250m:	3:39.47	51.83	350m:	5:16.77	43.37
	100m:	1:19.01	43.21	200m:	2:47.64	44.27	300m:	4:33.40	53.93	400m:	5:57.91	41.14
DSQ				09	"	"						