

						%	PB
"	"						12
50m	, 2013 (11),	WDR	-	38.50	-	-	
100m		WDR	-	1:18.00	-	-	
200m		WDR	-	2:50.00	-	-	
100m	, 2013 (11),	2.	1:10.58	393	1:09.50	97%	
200m		6.	2:33.99	394	2:30.00	95%	
200m		2.	2:52.36	391	2:50.00	97%	
50m	, 2012 (12),	6.	29.76	346	29.70	100%	
200m		1.	2:17.58	407	2:16.50	98%	
400m		1.	4:55.43	413	4:47.00	94%	
100m	, 2013 (11),	4.	1:28.04	386	1:28.00	100%	
200m		4.	3:09.66	393	3:05.00	95%	
200m		4.	2:53.34	385	2:50.00	96%	
400m	, 2013 (11),	2.	5:12.21	434	5:10.00	99%	
50m		3.	34.15	366	34.47	102%	
100m		1.	1:17.28	370	1:17.53	101%	
50m	, 2012 (12),	5.	29.40	359	29.00	97%	
50m		1.	36.29	365	36.80	103%	
50m		3.	31.77	344	31.50	98%	
100m	, 2013 (11),	6.	1:12.12	368	1:12.00	100%	
200m		2.	2:32.23	408	2:34.00	102%	
400m		4.	5:26.20	380	5:20.00	96%	
50m	, 2011 (13),	1.	27.93	608	28.00	101%	
100m		1.	1:00.37	628	1:00.00	99%	
200m		1.	2:14.36	594	2:13.00	98%	
50m	, 2013 (11),	1.	35.10	308	35.00	99%	
100m		1.	1:14.78	328	1:15.00	101%	
200m		1.	2:46.79	319	2:43.00	96%	
200m	, 2013 (11),	3.	3:05.71	418	3:06.00	100%	
100m		2.	1:18.22	356	1:19.00	102%	
200m		1.	2:48.16	421	2:48.00	100%	
200m	, 2013 (11),	1.	2:27.29	451	2:25.50	98%	
400m		1.	5:06.26	459	5:05.00	99%	
50m	, 2011 (13),	1.	36.62	512	36.30	98%	
100m		1.	1:18.08	554	1:19.00	102%	
200m		2.	2:53.33	515	2:50.00	96%	
200m	, 2013 (11),	4.	2:31.42	305	2:32.00	101%	
400m		3.	5:15.22	340	5:20.00	103%	
200m		2.	2:51.22	279	2:52.00	101%	
50m	, 2013 (11),	WDR	-	32.00	-	-	
100m		WDR	-	1:10.00	-	-	
50m		WDR	-	37.00	-	-	
"	"						8
100m	, 2013 (11),	7.	1:12.45	270	1:13.00	102%	
100m		6.	1:22.00	249	1:22.00	100%	
200m		5.	2:57.00	267	2:58.00	101%	
50m	, 2011 (13),	2.	36.68	509	36.50	99%	
100m		2.	1:18.60	543	1:19.50	102%	
200m		3.	2:56.94	484	2:52.00	94%	

200m	, , 2012 (12),	11.	2:36.60	375	2:34.00	97%	-
50m		6.	37.40	375	37.00	98%	
200m		2.	3:00.52	307	2:50.00	89%	
50m	, , 2012 (12),	8.	38.41	346	36.00	88%	1
100m		8.	1:23.52	325	1:20.00	92%	
200m		7.	2:55.64	370	3:00.00	105%	
50m	, , 2013 (11),	7.	34.24	330	32.00	87%	-
100m		14.	1:15.01	327	1:14.00	97%	
200m		13.	3:08.33	300	3:02.00	93%	
50m	, , 2012 (12),	11.	31.80	412	32.50	104%	1
100m		17.	1:11.63	376	1:11.00	98%	
200m	, , 2013 (11),	11.	2:43.74	328	2:46.55	103%	1
400m		8.	5:42.11	329	5:40.20	99%	
50m		5.	38.55	342	37.70	96%	
50m	, , 2012 (12),	16.	33.55	351	32.00	91%	1
100m		16.	1:11.52	377	1:12.00	101%	
50m		5.	37.35	376	36.00	93%	
50m	, , 2013 (11),	6.	39.89	209	36.40	83%	1
100m		10.	1:28.11	200	1:22.00	87%	
200m		9.	3:03.00	241	3:05.00	102%	
50m	, , 2011 (13),	8.	31.21	436	30.00	92%	-
100m		6.	1:06.80	463	1:06.00	98%	
200m		7.	2:31.81	412	2:30.00	98%	
50m	, , 2013 (11),	7.	38.84	335	38.00	96%	-
100m		9.	1:23.58	324	1:20.00	92%	
200m		9.	3:02.16	331	2:56.00	93%	
400m	, , 2013 (11),	6.	5:37.34	344	5:19.00	89%	-
50m		6.	36.29	305	33.00	83%	
200m		5.	2:54.34	378	2:50.00	95%	
"	"						9
50m	, , 2012 (12),	10.	31.72	415	31.00	96%	2
100m		12.	1:09.41	413	1:09.81	101%	
200m		5.	2:54.27	379	2:55.00	101%	
100m	, , 2012 (12),	3.	1:24.64	434	1:25.70	103%	1
200m		4.	3:02.93	438	2:57.00	94%	
200m		4.	2:47.31	428	2:44.00	96%	
50m	, , 2013 (11),	2.	32.27	394	31.70	96%	1
200m		9.	2:41.56	341	2:38.00	96%	
50m		4.	35.81	317	36.40	103%	
50m	, , 2012 (12),	1.	33.00	370	33.00	100%	-
100m		5.	1:14.50	332	1:12.50	95%	
200m		4.	2:40.61	338	2:38.00	97%	
50m	, , 2013 (11),	1.	34.77	467	34.80	100%	1
100m		2.	1:18.31	394	1:15.00	92%	
200m		1.	2:47.20	401	2:39.90	91%	
50m	, , 2013 (11),	4.	33.12	365	34.00	105%	1
100m		7.	1:12.20	367	1:12.10	100%	
200m		3.	2:52.01	368	2:50.00	98%	
50m	, , 2013 (11),	8.	35.22	303	33.91	93%	-
100m		15.	1:15.56	320	1:12.31	92%	
200m		10.	2:42.33	337	2:39.45	96%	

400m	, 2012 (12),	9.	5:39.21	338	5:40.00	100%	1
200m	, 2013 (11),	11.	3:06.60	163	2:55.00	88%	-
400m		18.	6:24.27	187	5:55.00	85%	
100m		16.	1:38.56	143	1:36.93	97%	
400m	, 2012 (12),	WDR	-	-	5:15.00	-	-
100m		WDR	-	-	1:14.00	-	-
200m		WDR	-	-	2:45.00	-	-
100m	, 2013 (11),	21.	1:22.76	243	NT	-	-
100m		17.	1:31.99	243	1:30.61	97%	
200m		9.	3:16.80	246	3:08.22	91%	
50m	, 2013 (11),	9.	35.27	302	34.00	93%	2
100m		16.	1:16.26	311	1:17.00	102%	
200m		13.	2:45.82	316	2:55.00	111%	
100m	, 2013 (11),	11.	1:13.46	348	1:14.24	102%	1
100m		5.	1:21.36	352	1:21.06	99%	
400m	, 2013 (11),	11.	5:38.03	275	5:44.69	104%	2
100m		11.	1:41.86	174	1:42.14	101%	
200m		13.	3:11.19	211	3:05.07	94%	
50m	, 2013 (11),	WDR	-	-	40.00	-	-
100m		WDR	-	-	1:30.00	-	-
200m		WDR	-	-	3:20.00	-	-
100m	, 2013 (11),	WDR	-	-	1:20.00	-	-
400m		WDR	-	-	5:20.00	-	-
200m		WDR	-	-	3:10.00	-	-
100m	, 2012 (12),	WDR	-	-	1:11.00	-	-
50m		WDR	-	-	40.00	-	-
100m		WDR	-	-	1:28.00	-	-
400m	, 2012 (12),	WDR	-	-	5:47.00	-	-
200m		WDR	-	-	2:47.12	-	-
200m		WDR	-	-	3:01.00	-	-
100m	, 2013 (11),	14.	1:18.51	212	1:22.00	109%	3
100m		11.	1:28.79	196	1:29.45	101%	
200m		10.	3:05.50	232	3:11.39	106%	
50m	, 2011 (13),	WDR	-	-	29.00	-	-
400m		WDR	-	-	4:48.00	-	-
50m		WDR	-	-	31.00	-	-
100m	, 2013 (11),	13.	1:14.85	329	1:14.00	98%	-
200m		14.	2:45.90	315	2:40.00	93%	
400m		9.	5:45.18	321	5:45.00	100%	
100m	, 2013 (11),	18.	1:39.00	195	1:35.00	92%	-
100m		12.	1:48.12	208	1:43.00	91%	
200m		12.	3:48.09	226	NT	-	
50m	, 2013 (11),	3.	32.64	262	34.17	110%	3
50m		5.	39.30	219	40.80	108%	
50m		5.	35.03	256	35.57	103%	
50m	, 2011 (13),	WDR	-	-	36.37	-	-
100m		WDR	-	-	1:19.27	-	-
50m		WDR	-	-	32.00	-	-
100m	, 2013 (11),	9.	1:25.40	220	1:25.00	99%	2
50m		6.	44.08	204	45.00	104%	
100m		8.	1:37.56	198	1:38.99	103%	
"	"						10

50m	, , 2013 (11) ,	1.	40.87	255	38.90	91%	-
100m		2.	1:28.97	261	1:27.10	96%	
200m		1.	3:12.63	279	3:11.50	99%	
100m	, , 2012 (12) ,	11.	1:08.72	426	1:13.00	113%	1
100m		6.	1:26.24	411	1:25.88	99%	
200m	, , 2012 (12) ,	5.	2:29.08	320	2:32.00	104%	2
400m		4.	5:10.68	355	5:10.90	100%	
200m	, , 2013 (11) ,	5.	2:33.80	396	2:30.00	95%	1
50m		2.	36.38	407	39.00	115%	
100m		4.	1:19.22	381	1:18.00	97%	
50m	, , 2012 (12) ,	8.	29.82	344	29.30	97%	1
200m		3.	2:19.89	387	2:24.00	106%	
400m		3.	4:59.82	395	4:50.00	94%	
50m	, , 2013 (11) ,	4.	42.88	319	41.80	95%	-
100m		7.	1:33.57	321	1:32.80	98%	
200m		8.	3:26.13	306	3:15.90	90%	
200m	, , 2013 (11) ,	3.	2:32.30	408	2:35.90	105%	2
50m		1.	33.48	388	33.50	100%	
100m	, , 2011 (13) ,	1.	1:09.00	418	1:06.40	93%	-
200m		1.	2:27.07	440	2:23.25	95%	
400m	, , 2013 (11) ,	7.	5:40.56	334	5:43.00	101%	1
200m		4.	2:54.63	352	2:50.00	95%	
100m		5.	1:30.15	233	1:21.00	81%	
50m	, , 2013 (11) ,	4.	43.32	214	42.00	94%	-
100m		6.	1:34.79	216	1:33.50	97%	
200m		6.	3:22.65	240	3:18.00	95%	
50m	, , 2013 (11) ,	5.	33.76	237	34.00	101%	2
200m		9.	2:50.38	214	2:42.50	91%	
400m		14.	5:52.74	242	6:10.00	110%	
50m	, , 2011 (13) ,	9.	31.62	419	30.50	93%	-
100m		4.	1:05.45	493	1:05.00	99%	
200m		3.	2:26.04	463	2:24.25	98%	
" -2", .							5
50m	, , 2012 (12) ,	10.	39.26	324	38.00	94%	-
100m		13.	1:28.07	277	1:27.00	98%	
100m	, , 2013 (11) ,	18.	1:22.10	185	1:22.00	100%	-
200m		17.	3:23.42	176	3:15.00	92%	
100m	, , 2013 (11) ,	19.	1:18.72	283	1:16.44	94%	-
200m		14.	3:09.84	293	3:04.00	94%	
200m	, , 2011 (13) ,	12.	2:37.12	371	2:34.39	97%	-
400m		7.	5:33.37	356	5:25.07	95%	
100m	, , 2013 (11) ,	12.	1:28.93	195	1:33.67	111%	2
200m		14.	3:13.78	203	3:25.34	112%	
100m	, , 2013 (11) ,	22.	1:26.58	213	1:18.00	81%	-
50m		8.	47.09	240	46.00	95%	
200m		17.	3:18.45	256	3:17.00	99%	
100m	, , 2013 (11) ,	16.	1:20.18	199	1:18.00	95%	1
200m		12.	3:10.83	213	3:15.00	104%	
200m	, , 2012 (12) ,	6.	3:26.61	304	3:13.00	87%	-
200m		17.	3:11.70	284	3:09.74	98%	

50m	, , 2012 (12)	17.	34.96	310	34.00		95%	-
100m		25.	1:18.52	285	1:17.00		96%	
100m	, , 2011 (13)	14.	1:14.51	248	1:14.00		99%	-
200m		8.	3:05.72	231	3:05.00		99%	
100m	, , 2012 (12)	14.	1:37.58	204	1:34.00		93%	-
50m		6.	46.28	147	41.00		78%	
200m		22.	3:37.88	193	3:24.00		88%	
100m	, , 2013 (11)	7.	1:22.01	249	1:27.00		113%	2
50m		7.	38.40	195	41.00		114%	
50m	, , 2011 (13)	14.	33.19	362	32.00		93%	10
100m		23.	1:14.11	339	1:12.50		96%	1
200m		16.	2:42.75	334	2:45.00		103%	
100m	, , 2012 (12)	19.	1:11.76	374	1:14.00		106%	2
200m		15.	2:40.87	346	2:44.50		105%	
50m		11.	39.98	307	38.50		93%	
100m	, , 2011 (13)	1.	1:02.30	425	1:01.80		98%	1
200m		2.	2:18.01	403	2:20.00		103%	
50m		2.	36.82	350	36.50		98%	
50m	, , 2012 (12)	3.	38.38	444	38.50		101%	3
100m		5.	1:25.70	419	1:26.50		102%	
50m		3.	34.79	346	35.50		104%	
200m	, , 2012 (12)	10.	2:35.61	382	2:41.50		108%	3
400m		5.	5:24.71	385	5:44.50		113%	
50m		4.	35.24	333	36.50		107%	
" "								13
100m	, , 2011 (13)	10.	1:08.24	435	1:07.25		97%	1
100m		2.	1:12.51	497	1:11.05		96%	
200m		2.	2:30.84	546	2:35.93		107%	
400m	, , 2013 (11)	12.	6:26.57	228	6:11.66		92%	1
100m		11.	1:24.70	312	1:25.42		102%	
200m		16.	3:13.57	276	3:11.09		97%	
100m	, , 2012 (12)	17.	1:15.57	238	1:15.71	31.03.2024	100%	3
400m		15.	6:06.81	215	6:23.11		109%	
200m		7.	3:05.22	233	3:16.35		112%	
100m	, , 2013 (11)	23.	1:32.68	129	1:28.33	26.12.2023	91%	1
50m		8.	46.90	107	43.06	31.03.2024	84%	
200m		19.	3:39.12	140	3:50.83	27.12.2023	111%	
100m	, , 2012 (12)	10.	1:10.58	292	1:11.13	31.03.2024	102%	2
400m		8.	5:28.03	301	5:40.00		107%	
200m		4.	2:56.79	268	2:54.50	31.03.2024	97%	
100m	, , 2011 (13)	3.	1:05.01	374	1:04.94	26.12.2023	100%	-
400m		7.	5:16.92	334	5:14.12	27.12.2023	98%	
100m		2.	1:13.19	308	1:12.46	27.12.2023	98%	
400m	, , 2013 (11)	9.	5:29.97	296	5:27.86	27.12.2023	99%	-
100m		5.	1:28.80	172	1:25.86	31.03.2024	93%	
100m	, , 2013 (11)	13.	1:17.57	220	1:20.24	26.12.2023	107%	2
400m		17.	6:22.16	190	6:24.07	27.12.2023	101%	
200m	, , 2013 (11)	10.	3:20.50	232	3:15.00		95%	1
200m		19.	3:33.97	204	3:37.65		103%	

400m	, , 2012 (12) ,	9.	5:29.89	296	6:07.09	28.12.2023	124%	2
100m		6.	1:34.62	217	1:33.52	31.03.2024	98%	
200m		5.	2:58.12	262	3:08.58	27.12.2023	112%	
200m	, , 2013 (11) ,	17.	2:58.48	253	2:54.78		96%	-
200m		18.	3:20.73	248	3:11.00	09.03.2024	91%	
200m	, , 2012 (12) ,	17.	2:51.80	284	2:45.88	31.03.2024	93%	-
400m		11.	6:00.39	282	5:53.74	27.12.2023	96%	
" "	" "							7
100m	, , 2013 (11) ,	4.	1:11.44	379	1:10.00		96%	-
50m		5.	35.88	315	35.00		95%	
200m		3.	2:53.01	387	2:51.00		98%	
100m	, , 2012 (12) ,	3.	1:26.19	287	1:24.00		95%	-
200m		2.	3:04.93	315	3:00.00		95%	
50m	, , 2011 (13) ,	3.	28.69	387	27.90		95%	1
50m		4.	37.10	342	35.40		91%	
100m		2.	1:23.38	317	1:25.00		104%	
50m	, , 2011 (13) ,	6.	30.72	457	30.99		102%	2
100m		3.	1:04.09	525	1:04.49		101%	
200m		1.	2:35.62	532	2:32.87		96%	
100m	, , 2013 (11) ,	8.	1:23.20	329	1:21.00		95%	-
200m		8.	3:00.89	338	2:58.00		97%	
50m	, , 2013 (11) ,	7.	37.07	286	35.00		89%	1
100m		3.	1:19.89	334	1:22.00		105%	
200m		1.	2:57.37	323	2:57.00		100%	
100m	, , 2013 (11) ,	9.	1:15.08	243	1:13.00		95%	-
200m		8.	2:46.93	228	2:40.00		92%	
50m	, , 2013 (11) ,	7.	34.66	219	35.00		102%	1
400m		13.	5:47.11	254	5:46.00		99%	
200m		11.	3:06.40	228	3:03.00		96%	
50m	, , 2012 (12) ,	3.	28.62	565	28.00		96%	-
200m		1.	2:50.12	544	2:50.00		100%	
100m	, , 2012 (12) ,	2.	1:10.31	395	1:09.00		96%	-
50m		1.	31.03	369	30.00		93%	
100m		1.	1:09.93	353	1:07.00		92%	
50m	, , 2012 (12) ,	4.	36.00	420	34.00		89%	-
100m		7.	1:19.39	378	1:18.00		97%	
50m		4.	41.36	355	40.00		94%	
50m	, , 2013 (11) ,	3.	42.49	227	44.00		107%	2
100m		4.	1:33.16	227	1:34.00		102%	
200m		3.	3:18.71	254	3:17.00		98%	
" "	" "							10
100m	, , 2012 (12) ,	12.	1:26.74	290	1:23.00		92%	-
100m		2.	1:22.62	302	1:20.00		94%	
200m		11.	3:01.62	334	3:00.00		98%	
50m	, , 2012 (12) ,	7.	30.83	452	30.80		100%	1
100m		5.	1:05.69	487	1:07.15		104%	
200m		5.	2:30.70	421	2:29.55		98%	
50m	, , 2013 (11) ,	1.	31.79	412	34.00		114%	3
200m		4.	2:32.73	404	2:36.00		104%	
400m		3.	5:14.55	424	5:19.00		103%	

400m	, 2013 (11),	8.	5:29.32	298	5:40.00	107%	1
50m	, 2012 (12),	15.	33.44	354	34.50	106%	2
100m		20.	1:12.95	356	1:12.00	97%	
200m		14.	2:38.53	361	2:45.00	108%	
50m	, 2011 (13),	2.	28.54	570	27.20	91%	-
100m		2.	1:02.15	575	59.50	92%	
200m		WDR		-	2:30.00	-	
50m	, 2011 (13),	1.	31.08	654	30.50	96%	-
100m		1.	1:06.72	638	1:05.00	95%	
200m		1.	2:23.44	635	2:19.00	94%	
50m	, 2013 (11),	4.	38.04	356	37.50	97%	1
100m		1.	1:18.25	395	1:20.00	105%	
200m		6.	2:54.56	377	2:52.00	97%	
50m	, 2012 (12),	13.	32.70	379	32.00	96%	-
100m		21.	1:13.78	344	1:13.00	98%	
200m		16.	3:11.17	287	3:03.00	92%	
50m	, 2013 (11),	6.	34.19	228	32.00	88%	-
100m		5.	1:21.68	252	1:16.00	87%	
200m		6.	2:57.37	265	2:50.00	92%	
100m	, 2013 (11),	5.	1:30.85	351	1:27.00	92%	-
200m		7.	3:15.51	358	3:05.00	90%	
200m	, 2013 (11),	1.	2:25.94	341	2:30.10	106%	2
400m		4.	5:16.20	337	5:15.10	99%	
50m		1.	32.29	328	34.50	114%	
" -70"-							10
50m	, 2012 (12),	2.	33.40	357	34.00	104%	2
100m		3.	1:10.33	394	1:10.00	99%	
200m		3.	2:35.89	370	2:40.00	105%	
200m	, 2012 (12),	4.	3:23.06	238	3:10.00	88%	-
50m		4.	33.45	295	32.00	92%	
100m		5.	1:19.74	238	1:12.00	82%	
100m	, 2013 (11),	13.	1:45.28	157	1:46.00	101%	2
200m		8.	3:41.04	185	3:50.00	108%	
100m	, 2013 (11),	12.	1:43.47	166	1:30.00	76%	-
200m		9.	3:41.60	183	3:22.50	84%	
50m	, 2013 (11),	8.	46.08	136	42.50	85%	-
200m		10.	3:52.44	159	3:50.00	98%	
200m		18.	3:31.04	157	3:30.00	99%	
50m	, 2013 (11),	12.	39.23	219	35.00	80%	1
100m		20.	1:22.40	247	1:25.00	106%	
200m		18.	3:02.29	238	3:00.00	98%	
50m	, 2013 (11),	15.	41.59	127	36.00	75%	-
100m		17.	1:39.29	140	1:35.00	92%	
200m		8.	3:34.50	142	3:28.00	94%	
50m	, 2013 (11),	11.	35.69	201	36.00	102%	2
100m		9.	1:39.22	188	1:46.00	114%	
50m	, 2013 (11),	9.	53.38	114	46.00	74%	1
100m		10.	1:39.25	188	1:46.00	114%	
50m	, 2011 (13),	1.	28.28	404	28.50	102%	1
50m		2.	31.08	367	30.00	93%	
100m		4.	1:17.08	264	1:10.00	82%	

50m	, , 2012 (12)	12.	32.72	260	33.00	102%	1
400m		10.	5:30.86	294	5:25.00	96%	
100m		7.	1:20.83	228	1:20.00	98%	
50m	, , 2013 (11)	14.	37.82	169	36.00	91%	-
200m		7.	3:25.23	162	3:20.00	95%	
"	-76"-						4
50m	, , 2013 (11)	13.	36.42	189	36.00	98%	1
100m		21.	1:25.34	165	1:26.00	102%	
100m	, , 2013 (11)	11.	1:46.81	216	1:43.00	93%	-
100m		6.	1:52.22	120	NT	-	
100m	, , 2012 (12)	8.	1:23.42	236	NT	-	-
200m		10.	3:13.70	203	3:05.00	91%	
50m	, , 2013 (11)	10.	49.92	202	50.00	100%	1
100m	, , 2012 (12)	27.	1:21.20	258	1:19.00	95%	-
200m		21.	3:01.86	239	2:50.00	87%	
50m	, , 2013 (11)	10.	35.66	201	35.00	96%	1
100m		15.	1:18.93	209	1:24.00	113%	
100m	, , 2012 (12)	16.	1:15.29	241	1:14.00	97%	-
100m	, , 2012 (12)	10.	1:27.07	208	NT	-	-
100m	, , 2011 (13)	18.	1:11.73	374	1:14.00	106%	1
200m		13.	3:05.53	314	NT	-	
50m	, , 2011 (13)	5.	38.53	254	37.00	92%	-
200m		12.	3:02.41	330	3:00.00	97%	
"	-77"-						12
50m	, , 2013 (11)	9.	41.59	272	41.85	101%	2
100m		13.	1:25.82	299	1:25.56	99%	
200m		8.	3:11.28	268	3:14.53	103%	
100m	, , 2012 (12)	22.	1:14.04	340	1:12.18	95%	1
400m		4.	5:18.35	409	5:20.00	101%	
200m		8.	2:55.98	368	2:55.71	100%	
100m	, , 2012 (12)	15.	1:14.70	246	1:14.00	98%	-
100m		8.	1:44.55	161	1:28.00	71%	
200m		9.	3:06.62	227	2:58.00	91%	
100m	, , 2012 (12)	4.	1:05.30	369	1:05.30	100%	2
400m		2.	4:57.52	404	5:00.00	102%	
200m		1.	2:41.90	349	2:49.61	110%	
100m	, , 2011 (13)	13.	1:13.63	257	1:10.00	90%	2
100m		4.	1:26.66	282	1:27.00	101%	
200m		6.	3:02.61	243	3:07.00	105%	
50m	, , 2013 (11)	8.	39.59	316	39.23	98%	2
100m		14.	1:26.78	290	1:29.60	107%	
200m		15.	3:11.99	283	3:18.36	107%	
400m	, , 2011 (13)	2.	5:12.08	434	5:15.00	102%	1
400m		WDR	-	-	6:00.40	-	
200m		WDR	-	-	3:18.39	-	
200m		9.	2:56.12	367	2:52.82	96%	
50m	, , 2013 (11)	3.	41.48	352	38.00	84%	-
200m		5.	3:09.82	392	2:55.00	85%	

200m	, , 2012 (12)	11.	2:42.94	245	2:42.00	99%	-
200m		1.	3:13.58	185	3:02.00	88%	
100m	, , 2013 (11)	20.	1:22.87	180	1:25.93	108%	2
200m		10.	2:56.85	191	2:57.81	101%	
	(1)						24
100m	, , 2012 (12)	11.	1:10.85	289	1:11.00	100%	2
50m		4.	37.93	244	34.00	80%	
100m		3.	1:15.76	278	1:17.00	103%	
100m	, , 2013 (11)	6.	1:10.20	297	1:09.13	97%	2
200m		5.	2:33.44	293	2:35.00	102%	
100m		1.	1:18.46	250	1:18.91	101%	
50m	, , 2013 (11)	1.	39.68	402	37.20	88%	1
100m		1.	1:25.26	425	1:26.00	102%	
200m		2.	3:05.61	419	2:57.00	91%	
100m	, , 2013 (11)	1.	1:09.99	403	1:12.00	106%	3
200m		2.	2:47.63	398	2:55.00	109%	
50m		2.	33.73	379	34.59	21.02.2024	105%
400m	, , 2012 (12)	5.	5:11.48	352	5:15.00	102%	3
100m		5.	1:33.27	226	1:37.00	108%	
100m		6.	1:20.67	230	1:21.00	101%	
50m	, , 2011 (13)	5.	30.30	476	31.12	20.12.2023	105%
100m		7.	1:07.97	440	1:10.12	106%	
100m		6.	1:17.45	408	1:14.80	05.03.2024	93%
100m	, , 2013 (11)	3.	1:11.27	381	1:13.30	106%	3
100m		3.	1:18.35	394	1:22.00	110%	
100m		3.	1:26.99	400	1:30.00	107%	
100m	, , 2013 (11)	8.	1:12.35	365	1:14.00	105%	2
100m		6.	1:32.61	332	1:37.00	110%	
100m		4.	1:24.44	283	1:22.00	94%	
50m	, , 2013 (11)	4.	38.71	229	37.50	94%	2
100m		4.	1:20.46	263	1:21.40	102%	
200m		1.	2:50.57	282	2:51.00	101%	
50m	, , 2011 (13)	4.	29.85	498	30.37	104%	2
200m		2.	2:41.73	474	2:55.04	117%	
50m	, , 2012 (12)	3.	34.78	316	34.00	96%	2
100m		4.	1:12.62	358	1:14.50	105%	
200m		2.	2:33.75	385	2:41.68	111%	
	(2)						21
100m	, , 2013 (11)	3.	1:32.79	230	1:36.18	05.03.2024	107%
200m		5.	3:20.39	248	3:30.86	22.12.2023	111%
50m	, , 2011 (13)	2.	28.39	399	29.50	108%	2
100m		2.	1:03.82	395	1:05.00	104%	
200m		2.	2:45.27	328	2:45.00	100%	
100m	, , 2013 (11)	10.	1:15.71	237	1:14.81	05.03.2024	98%
200m		6.	2:43.53	242	2:51.75	21.12.2023	110%
400m		15.	5:57.23	233	5:45.25	17.02.2024	93%
50m	, , 2011 (13)	9.	29.88	342	29.50	97%	2
100m		6.	1:06.37	351	1:09.00	108%	
200m		4.	2:25.01	348	2:33.00	111%	
50m	, , 2013 (11)	2.	41.46	245	41.59	21.02.2024	101%
100m		1.	1:28.75	263	1:33.26	07.12.2023	110%

200m		2.	3:17.98	257	3:18.69	22.12.2023	101%	
	, 2012 (12)							2
50m		6.	42.73	223	43.90	21.02.2024	106%	
100m		7.	1:35.64	210	1:37.31	05.03.2024	104%	
200m		5.	3:32.31	208	3:22.00		91%	
	, 2013 (11)							3
50m		2.	31.68	287	32.14	05.03.2024	103%	
100m		5.	1:10.12	298	1:16.46	22.12.2023	119%	
100m		3.	1:19.31	242	1:28.34	05.03.2024	124%	
	, 2013 (11)							2
50m		3.	38.66	230	40.39	24.01.2024	109%	
100m		13.	1:29.50	191	1:28.13	28.03.2024	97%	
200m		6.	3:09.54	205	3:19.95	21.12.2023	111%	
	, 2013 (11)							2
50m		3.	37.82	363	38.50		104%	
100m		10.	1:24.16	318	1:23.00		97%	
200m		10.	3:02.67	329	3:04.00		101%	
	, 2013 (11)							1
50m		10.	35.43	298	34.97	05.03.2024	97%	
100m		18.	1:17.93	292	1:16.00		95%	
200m		7.	3:05.22	295	3:08.00		103%	
	, 2013 (11)							-
50m		2.	40.53	377	38.80		92%	
100m		2.	1:26.73	404	1:25.60		97%	
200m		1.	3:03.31	435	3:00.00		96%	
	, 2013 (11)							1
100m		12.	1:14.61	332	1:17.00		107%	
200m		12.	2:45.37	318	2:45.00		100%	
100m		15.	1:27.04	287	1:24.00		93%	
	, 2013 (11)							15
50m		1.	31.26	299	33.00		111%	
100m		4.	1:09.16	311	1:12.94		111%	
400m		10.	5:37.70	276	5:55.93		111%	
200m		4.	2:53.79	282	2:54.07		100%	
400m		11.	5:31.19	293	5:41.01		106%	
	, 2012 (12)							1
50m		4.	29.03	373	30.50		110%	
100m		8.	1:08.60	318	1:06.50		94%	
	, 2013 (11)							2
100m		15.	1:31.81	177	1:32.86		102%	
50m		8.	46.41	174	49.76		115%	
	, 2013 (11)							2
400m		6.	5:20.79	322	5:29.36		105%	
100m		4.	1:28.09	176	1:30.00		104%	
	, 2012 (12)							2
50m		5.	38.98	295	46.00		139%	
200m		3.	3:13.30	276	3:22.50		110%	
	, 2011 (13)							-
100m		9.	1:09.61	305	1:06.40		91%	
200m		6.	2:30.72	309	2:28.00		96%	
	, 2012 (12)							2
50m		7.	38.17	353	40.05		110%	
200m		10.	2:58.80	350	3:07.00		109%	
	, 2013 (11)							1
50m		6.	33.95	338	35.33		108%	
200m		12.	3:06.69	308	3:03.00		96%	
	-70 " "							6
400m		7.	5:25.20	309	5:25.00		100%	
50m		4.	34.33	272	35.00		104%	
	, 2013 (11)							1
50m		2.	37.23	258	35.50		91%	
100m		3.	1:19.23	276	1:19.00		99%	
200m		3.	2:51.49	277	2:43.00		90%	
	, 2011 (13)							-
100m		15.	1:10.62	392	1:07.00		90%	
200m		6.	2:31.70	413	2:23.50		89%	

50m		2.	32.12	439	31.80	98%	
	, 2012 (12)						1
50m		11.	31.06	305	31.00	100%	
400m		6.	5:16.66	335	5:25.00	105%	
200m		5.	2:52.36	273	2:40.00	86%	
	, 2013 (11)						1
400m		10.	5:52.71	301	5:45.00	96%	
100m		12.	1:25.48	303	1:25.00	99%	
200m		11.	3:04.14	321	3:05.00	101%	
	, 2012 (12)						1
50m		5.	39.35	218	42.00	114%	
100m		9.	1:24.69	226	1:24.00	98%	
200m		6.	2:59.73	241	2:54.00	94%	
50m		WDR	-	-	45.00	-	
200m		WDR	-	-	3:16.00	-	
200m		WDR	-	-	3:00.00	-	
	, 2013 (11)						1
100m		8.	1:22.36	245	1:20.00	94%	
50m		2.	33.38	296	33.00	98%	
200m		3.	2:53.07	285	2:54.00	101%	
	, 2012 (12)						-
50m		9.	38.68	339	38.00	97%	
100m		9.	1:23.57	324	1:19.00	89%	
200m		5.	2:54.78	351	2:50.00	95%	
	, 2012 (12)						-
100m		24.	1:16.96	303	1:13.00	90%	
50m		6.	44.44	286	40.00	81%	
100m		10.	1:37.06	288	1:24.00	75%	
	, 2013 (11)						-
100m		2.	1:08.54	319	1:08.00	98%	
400m		1.	5:14.53	342	5:10.00	97%	
200m		2.	2:52.03	291	2:51.00	99%	
	, 2013 (11)						1
200m		3.	2:30.74	309	2:28.00	96%	
400m		2.	5:15.05	340	5:18.00	102%	
50m		3.	33.62	290	33.50	99%	
	-70 " "						13
	, 2013 (11)						1
50m		6.	36.00	236	38.00	111%	
100m		6.	1:31.07	160	1:25.00	87%	
200m		1.	3:32.28	140	3:20.00	89%	
	, 2011 (13)						2
50m		3.	34.85	463	35.00	101%	
100m		3.	1:14.44	459	1:35.00	163%	
200m		3.	2:41.42	446	2:37.00	95%	
50m		WDR	-	-	36.00	-	
50m		WDR	-	-	30.00	-	
	, 2012 (12)						2
100m		13.	1:09.61	409	1:08.00	95%	
200m		4.	2:29.70	429	2:33.00	104%	
400m		3.	5:15.25	421	5:21.00	104%	
	, 2013 (11)						1
50m		8.	35.07	211	34.00	94%	
100m		11.	1:16.96	225	1:18.00	103%	
200m		7.	2:59.41	256	2:50.00	90%	
	, 2013 (11)						-
50m		7.	44.96	146	38.00	71%	
100m		14.	1:29.84	189	1:25.00	90%	
200m		5.	3:07.02	214	3:00.00	93%	
	, 2013 (11)						-
400m		11.	6:00.40	282	6:00.00	100%	
	, 2011 (13)						3
100m		3.	1:24.64	434	1:27.00	106%	
200m		5.	3:03.29	435	3:05.00	102%	
200m		3.	2:44.46	450	2:45.00	101%	
	, 2013 (11)						1
50m		5.	43.67	209	43.00	97%	
100m		5.	1:34.12	220	1:30.00	91%	
200m		4.	3:19.65	251	3:20.00	100%	

50m	, , 2013 (11)	9.	49.38	208	47.00	91%	-
100m		13.	1:48.13	208	1:38.00	82%	
200m		13.	3:52.96	212	3:40.00	89%	
50m	, , 2013 (11)	12.	35.74	200	37.00	107%	3
200m		7.	2:44.46	238	2:50.00	107%	
400m		12.	5:43.39	263	5:50.00	104%	
50m	, , 2012 (12)	5.	43.24	311	41.00	90%	-
100m		9.	1:31.87	340	1:30.00	96%	
200m		19.	3:17.57	260	3:12.00	94%	
50m	, , 2013 (11)	6.	38.68	339	37.00	92%	-
100m		7.	1:22.98	331	1:20.00	93%	
200m		5.	3:00.14	321	2:55.00	94%	
.							13
200m	, , 2011 (13)	7.	3:11.51	267	3:20.00	109%	1
50m	, , 2012 (12)	14.	34.72	218	35.00	102%	3
100m		18.	1:17.69	219	1:18.00	101%	
200m		12.	2:49.96	216	2:50.00	100%	
50m	, , 2013 (11)	7.	46.39	251	43.00	86%	1
100m		10.	1:40.97	256	1:40.00	98%	
200m		11.	3:36.75	263	3:38.00	101%	
50m	, , 2012 (12)	18.	35.32	300	36.00	104%	1
100m		26.	1:18.67	283	1:16.00	93%	
200m		19.	2:58.17	254	2:48.90	90%	
50m	, , 2013 (11)	6.	44.15	292	41.00	86%	-
100m		9.	1:40.39	260	1:33.00	86%	
200m		10.	3:32.17	280	3:30.00	98%	
50m	, , 2013 (11)	7.	44.85	193	46.00	105%	2
200m		7.	3:37.15	195	3:40.00	103%	
100m	, , 2012 (12)	12.	1:13.27	261	1:16.70	110%	3
200m		10.	2:41.03	254	2:48.19	109%	
400m		14.	5:46.18	256	6:15.00	117%	
50m	, , 2013 (11)	WDR		-	34.10	-	-
100m		WDR		-	1:18.61	-	
200m		WDR		-	3:27.00	-	
50m	, , 2013 (11)	5.	43.85	298	41.00	87%	-
100m		8.	1:35.13	306	1:31.00	92%	
200m		9.	3:28.75	294	3:28.00	99%	
50m	, , 2011 (13)	10.	30.02	337	28.00	87%	-
200m		7.	2:34.30	288	2:33.00	98%	
100m		6.	1:16.78	303	1:13.00	90%	
50m	, , 2013 (11)	13.	39.32	218	44.00	125%	2
100m		23.	1:27.57	205	1:38.00	125%	
100m	, , 2012 (12)	11.	1:37.23	149	1:30.00	86%	-
-							1
100m	, , 2011 (13)	7.	1:07.00	342	1:04.77	93%	-
200m		3.	2:47.47	315	2:44.51	96%	
50m	, , 2012 (12)	3.	36.91	347	37.50	103%	1
100m		1.	1:20.32	355	1:19.21	97%	
200m		1.	2:57.90	354	2:53.18	95%	