

Дистанция 40
08.05.2026 - 14:14

Женщины, 1500m Вольный стиль

Женщины
Результаты

Очки: AQUA 2026

Место	Фамилия, имя			Д/р		Команда			Результат			Очки
1.	ШУМОВА Мария			кмс	12.01.2012	СШОР "Юность Москвы"			17:40.78			кмс 653
	50m:	31.70	31.70	450m:	5:13.40	34.89	850m:	9:57.23	35.43	1250m:	14:43.83	35.45
	100m:	1:06.08	34.38	500m:	5:48.61	35.21	900m:	10:33.22	35.99	1300m:	15:19.86	36.03
	150m:	1:41.06	34.98	550m:	6:23.90	35.29	950m:	11:08.72	35.50	1350m:	15:55.44	35.58
	200m:	2:16.21	35.15	600m:	6:59.45	35.55	1000m:	11:45.03	36.31	1400m:	16:31.41	35.97
	250m:	2:51.58	35.37	650m:	7:35.04	35.59	1050m:	12:20.91	35.88	1450m:	17:06.76	35.35
	300m:	3:27.32	35.74	700m:	8:10.51	35.47	1100m:	12:56.81	35.90	1500m:	17:40.78	34.02
	350m:	4:02.83	35.51	750m:	8:46.01	35.50	1150m:	13:32.29	35.48			
	400m:	4:38.51	35.68	800m:	9:21.80	35.79	1200m:	14:08.38	36.09			
2.	КИСЛИЦЫНА Анастасия			кмс	20.10.2012	Московская академия плавания			17:53.03			кмс 631
	50m:	31.88	31.88	450m:	5:18.62	36.42	850m:	10:07.03	36.10	1250m:	14:55.94	36.43
	100m:	1:06.86	34.98	500m:	5:54.59	35.97	900m:	10:42.83	35.80	1300m:	15:31.94	36.00
	150m:	1:42.31	35.45	550m:	6:30.69	36.10	950m:	11:19.36	36.53	1350m:	16:08.32	36.38
	200m:	2:18.01	35.70	600m:	7:06.85	36.16	1000m:	11:55.63	36.27	1400m:	16:43.72	35.40
	250m:	2:53.98	35.97	650m:	7:43.06	36.21	1050m:	12:31.58	35.95	1450m:	17:19.28	35.56
	300m:	3:29.66	35.68	700m:	8:18.89	35.83	1100m:	13:07.42	35.84	1500m:	17:53.03	33.75
	350m:	4:05.89	36.23	750m:	8:54.81	35.92	1150m:	13:43.47	36.05			
	400m:	4:42.20	36.31	800m:	9:30.93	36.12	1200m:	14:19.51	36.04			
3.	МАРКИТАНОВА Елена			кмс	18.09.2006	Московская академия плавания			17:59.26			кмс 620
	50m:	31.81	31.81	450m:	5:18.44	36.45	850m:	10:07.51	36.13	1250m:	14:59.13	36.69
	100m:	1:06.68	34.87	500m:	5:54.72	36.28	900m:	10:43.74	36.23	1300m:	15:35.98	36.85
	150m:	1:41.88	35.20	550m:	6:30.84	36.12	950m:	11:20.07	36.33	1350m:	16:12.31	36.33
	200m:	2:17.48	35.60	600m:	7:07.01	36.17	1000m:	11:56.44	36.37	1400m:	16:48.49	36.18
	250m:	2:52.76	35.28	650m:	7:43.13	36.12	1050m:	12:33.00	36.56	1450m:	17:23.99	35.50
	300m:	3:29.49	36.73	700m:	8:19.13	36.00	1100m:	13:09.15	36.15	1500m:	17:59.26	35.27
	350m:	4:05.66	36.17	750m:	8:55.14	36.01	1150m:	13:45.62	36.47			
	400m:	4:41.99	36.33	800m:	9:31.38	36.24	1200m:	14:22.44	36.82			
4.	ЯЛПАЕВА Анастасия			мс	06.04.2012	Московская академия плавания			18:08.33			кмс 605
	50m:	31.76	31.76	450m:	5:19.83	36.31	850m:	10:12.93	37.06	1250m:	15:06.58	36.64
	100m:	1:06.84	35.08	500m:	5:55.85	36.02	900m:	10:49.74	36.81	1300m:	15:42.76	36.18
	150m:	1:43.13	36.29	550m:	6:32.01	36.16	950m:	11:26.01	36.27	1350m:	16:19.59	36.83
	200m:	2:18.87	35.74	600m:	7:08.74	36.73	1000m:	12:02.09	36.08	1400m:	16:55.86	36.27
	250m:	2:54.93	36.06	650m:	7:45.55	36.81	1050m:	12:38.74	36.65	1450m:	17:32.19	36.33
	300m:	3:31.38	36.45	700m:	8:22.23	36.68	1100m:	13:15.63	36.89	1500m:	18:08.33	36.14
	350m:	4:07.35	35.97	750m:	8:58.87	36.64	1150m:	13:52.86	37.23			
	400m:	4:43.52	36.17	800m:	9:35.87	37.00	1200m:	14:29.94	37.08			
5.	ТУЧКОВА Ульяна			мс	30.10.2009	МКСШОР "Восток"			18:13.23			кмс 596
	50m:	30.92	30.92	450m:	5:14.05	36.82	850m:	10:09.87	37.55	1250m:	15:09.91	37.63
	100m:	1:04.77	33.85	500m:	5:50.61	36.56	900m:	10:46.95	37.08	1300m:	15:46.84	36.93
	150m:	1:39.07	34.30	550m:	6:27.46	36.85	950m:	11:24.32	37.37	1350m:	16:24.24	37.40
	200m:	2:13.94	34.87	600m:	7:04.12	36.66	1000m:	12:01.60	37.28	1400m:	17:01.42	37.18
	250m:	2:49.62	35.68	650m:	7:41.16	37.04	1050m:	12:39.16	37.56	1450m:	17:38.76	37.34
	300m:	3:25.41	35.79	700m:	8:18.06	36.90	1100m:	13:16.97	37.81	1500m:	18:13.23	34.47
	350m:	4:01.23	35.82	750m:	8:55.52	37.46	1150m:	13:54.70	37.73			
	400m:	4:37.23	36.00	800m:	9:32.32	36.80	1200m:	14:32.28	37.58			
6.	ПЯТНИЦЫНА Алиса			кмс	07.01.2011	Московская академия плавания			18:26.99			кмс 574
	50m:	32.65	32.65	450m:	5:27.68	37.06	850m:	10:25.64	37.28	1250m:	15:24.25	37.12
	100m:	1:09.04	36.39	500m:	6:05.01	37.33	900m:	11:03.39	37.75	1300m:	16:01.47	37.22
	150m:	1:45.42	36.38	550m:	6:42.30	37.29	950m:	11:40.83	37.44	1350m:	16:38.28	36.81
	200m:	2:22.43	37.01	600m:	7:19.53	37.23	1000m:	12:18.46	37.63	1400m:	17:15.10	36.82
	250m:	2:58.81	36.38	650m:	7:56.60	37.07	1050m:	12:55.45	36.99	1450m:	17:51.74	36.64
	300m:	3:36.19	37.38	700m:	8:34.06	37.46	1100m:	13:32.64	37.19	1500m:	18:26.99	35.25
	350m:	4:13.13	36.94	750m:	9:11.22	37.16	1150m:	14:10.08	37.44			
	400m:	4:50.62	37.49	800m:	9:48.36	37.14	1200m:	14:47.13	37.05			

Дистанция 40, Женщины, 1500m Вольный стиль, Женщины

Место	Фамилия, имя			Д/р	Команда				Результат			Очки	
7.	ЦАПЕНКО Мария			I	04.09.2012	СШОР "Москвич"				18:34.35		кмс	563
	50m:	32.58	32.58	450m:	5:28.74	37.08	850m:	10:27.38	37.16	1250m:	15:28.22	37.70	
	100m:	1:09.08	36.50	500m:	6:06.03	37.29	900m:	11:05.31	37.93	1300m:	16:05.96	37.74	
	150m:	1:45.75	36.67	550m:	6:43.53	37.50	950m:	11:42.69	37.38	1350m:	16:44.17	38.21	
	200m:	2:22.78	37.03	600m:	7:20.47	36.94	1000m:	12:20.27	37.58	1400m:	17:21.95	37.78	
	250m:	2:59.73	36.95	650m:	7:58.10	37.63	1050m:	12:57.78	37.51	1450m:	17:58.67	36.72	
	300m:	3:36.86	37.13	700m:	8:35.42	37.32	1100m:	13:35.26	37.48	1500m:	18:34.35	35.68	
	350m:	4:14.40	37.54	750m:	9:12.63	37.21	1150m:	14:13.13	37.87				
	400m:	4:51.66	37.26	800m:	9:50.22	37.59	1200m:	14:50.52	37.39				
8.	МОТОРНАЯ Маргарита			I	18.10.2011	Московская академия плавания				18:37.04		кмс	559
	50m:	32.62	32.62	450m:	5:29.15	37.30	850m:	10:31.09	37.48	1250m:	15:33.98	37.77	
	100m:	1:08.55	35.93	500m:	6:06.58	37.43	900m:	11:08.83	37.74	1300m:	16:11.72	37.74	
	150m:	1:45.46	36.91	550m:	6:44.44	37.86	950m:	11:46.51	37.68	1350m:	16:49.31	37.59	
	200m:	2:22.33	36.87	600m:	7:22.20	37.76	1000m:	12:24.52	38.01	1400m:	17:26.33	37.02	
	250m:	2:59.50	37.17	650m:	7:59.97	37.77	1050m:	13:02.42	37.90	1450m:	18:02.37	36.04	
	300m:	3:36.96	37.46	700m:	8:38.00	38.03	1100m:	13:40.09	37.67	1500m:	18:37.04	34.67	
	350m:	4:14.23	37.27	750m:	9:15.67	37.67	1150m:	14:18.11	38.02				
	400m:	4:51.85	37.62	800m:	9:53.61	37.94	1200m:	14:56.21	38.10				
9.	ЗАВЬЯЛОВА Василиса			I	10.08.2010	Московская академия плавания				18:38.72		кмс	557
	50m:	33.12	33.12	450m:	5:31.57	38.08	850m:	10:34.02	38.05	1250m:	15:34.75	36.97	
	100m:	1:09.02	35.90	500m:	6:09.21	37.64	900m:	11:11.59	37.57	1300m:	16:12.86	38.11	
	150m:	1:45.74	36.72	550m:	6:46.80	37.59	950m:	11:49.66	38.07	1350m:	16:50.29	37.43	
	200m:	2:22.85	37.11	600m:	7:24.70	37.90	1000m:	12:27.30	37.64	1400m:	17:27.12	36.83	
	250m:	3:00.58	37.73	650m:	8:02.62	37.92	1050m:	13:05.12	37.82	1450m:	18:04.11	36.99	
	300m:	3:37.96	37.38	700m:	8:40.13	37.51	1100m:	13:42.82	37.70	1500m:	18:38.72	34.61	
	350m:	4:15.68	37.72	750m:	9:17.82	37.69	1150m:	14:20.59	37.77				
	400m:	4:53.49	37.81	800m:	9:55.97	38.15	1200m:	14:57.78	37.19				
10.	ГРЯЗНОВА Анна			кмс	08.01.2009	СШОР "Москвич"				18:43.88		кмс	549
	50m:	31.80	31.80	450m:	5:24.84	37.46	850m:	10:28.54	38.25	1250m:	15:35.35	38.39	
	100m:	1:06.82	35.02	500m:	6:02.49	37.65	900m:	11:06.88	38.34	1300m:	16:13.48	38.13	
	150m:	1:43.16	36.34	550m:	6:40.34	37.85	950m:	11:45.57	38.69	1350m:	16:51.69	38.21	
	200m:	2:19.56	36.40	600m:	7:18.26	37.92	1000m:	12:23.77	38.20	1400m:	17:30.17	38.48	
	250m:	2:56.10	36.54	650m:	7:55.95	37.69	1050m:	13:01.79	38.02	1450m:	18:07.29	37.12	
	300m:	3:33.08	36.98	700m:	8:34.04	38.09	1100m:	13:40.49	38.70	1500m:	18:43.88	36.59	
	350m:	4:09.93	36.85	750m:	9:12.21	38.17	1150m:	14:18.59	38.10				
	400m:	4:47.38	37.45	800m:	9:50.29	38.08	1200m:	14:56.96	38.37				
11.	АНТОНОВА Маргарита			кмс	06.07.2012	Московская академия плавания				18:59.15		I	527
	50m:	32.45	32.45	450m:	5:34.77	38.45	850m:	10:44.73	39.42	1250m:	15:49.78	38.17	
	100m:	1:08.49	36.04	500m:	6:13.14	38.37	900m:	11:23.29	38.56	1300m:	16:28.70	38.92	
	150m:	1:45.84	37.35	550m:	6:51.26	38.12	950m:	12:00.85	37.56	1350m:	17:06.04	37.34	
	200m:	2:24.02	38.18	600m:	7:29.65	38.39	1000m:	12:39.35	38.50	1400m:	17:43.63	37.59	
	250m:	3:02.16	38.14	650m:	8:08.26	38.61	1050m:	13:17.57	38.22	1450m:	18:21.17	37.54	
	300m:	3:40.01	37.85	700m:	8:46.93	38.67	1100m:	13:54.97	37.40	1500m:	18:59.15	37.98	
	350m:	4:17.80	37.79	750m:	9:26.07	39.14	1150m:	14:33.40	38.43				
	400m:	4:56.32	38.52	800m:	10:05.31	39.24	1200m:	15:11.61	38.21				
12.	ЛЫСАЧЕВА Кира			кмс	24.12.2008	МКСШОР "Восток"				19:05.34		I	519
	50m:	32.07	32.07	450m:	5:32.60	38.83	850m:	10:40.92	38.75	1250m:	15:53.21	39.59	
	100m:	1:07.85	35.78	500m:	6:11.03	38.43	900m:	11:19.57	38.65	1300m:	16:31.75	38.54	
	150m:	1:44.55	36.70	550m:	6:49.40	38.37	950m:	11:58.49	38.92	1350m:	17:10.34	38.59	
	200m:	2:21.89	37.34	600m:	7:27.80	38.40	1000m:	12:37.04	38.55	1400m:	17:49.70	39.36	
	250m:	2:59.62	37.73	650m:	8:06.12	38.32	1050m:	13:16.01	38.97	1450m:	18:27.85	38.15	
	300m:	3:37.49	37.87	700m:	8:44.91	38.79	1100m:	13:55.28	39.27	1500m:	19:05.34	37.49	
	350m:	4:15.56	38.07	750m:	9:23.51	38.60	1150m:	14:34.78	39.50				
	400m:	4:53.77	38.21	800m:	10:02.17	38.66	1200m:	15:13.62	38.84				
13.	РЯБОВА Яна			I	16.01.2012	Московская академия плавания				19:11.44		I	510
	50m:	33.41	33.41	450m:	5:38.12	38.41	850m:	10:48.12	38.92	1250m:	15:59.46	38.79	
	100m:	1:10.20	36.79	500m:	6:16.62	38.50	900m:	11:26.87	38.75	1300m:	16:38.36	38.90	
	150m:	1:47.88	37.68	550m:	6:55.25	38.63	950m:	12:05.71	38.84	1350m:	17:17.29	38.93	
	200m:	2:26.03	38.15	600m:	7:33.90	38.65	1000m:	12:44.64	38.93	1400m:	17:56.02	38.73	
	250m:	3:04.52	38.49	650m:	8:12.71	38.81	1050m:	13:23.58	38.94	1450m:	18:34.53	38.51	
	300m:	3:42.68	38.16	700m:	8:51.42	38.71	1100m:	14:02.96	39.38	1500m:	19:11.44	36.91	
	350m:	4:21.26	38.58	750m:	9:30.30	38.88	1150m:	14:42.20	39.24				
	400m:	4:59.71	38.45	800m:	10:09.20	38.90	1200m:	15:20.67	38.47				

Дистанция 40, Женщины, 1500m Вольный стиль, Женщины

Место	Фамилия, имя			Д/р	Команда				Результат			Очки		
14.	ВДОВИНА Варвара			I	04.05.2012	МКСШОР "Север"				19:27.35			I	490
	50m:	35.82	35.82	450m:	5:47.61	39.06	850m:	11:02.54	39.38	1250m:	16:16.69	39.10		
	100m:	1:14.11	38.29	500m:	6:26.79	39.18	900m:	11:41.83	39.29	1300m:	16:55.58	38.89		
	150m:	1:53.02	38.91	550m:	7:06.16	39.37	950m:	12:21.05	39.22	1350m:	17:34.65	39.07		
	200m:	2:31.95	38.93	600m:	7:45.48	39.32	1000m:	13:00.53	39.48	1400m:	18:13.15	38.50		
	250m:	3:10.86	38.91	650m:	8:24.88	39.40	1050m:	13:39.47	38.94	1450m:	18:50.99	37.84		
	300m:	3:50.02	39.16	700m:	9:04.28	39.40	1100m:	14:18.65	39.18	1500m:	19:27.35	36.36		
	350m:	4:29.27	39.25	750m:	9:43.78	39.50	1150m:	14:57.94	39.29					
	400m:	5:08.55	39.28	800m:	10:23.16	39.38	1200m:	15:37.59	39.65					
15.	ФАДЕЕВА Елизавета			I	29.03.2011	СШОР "Москвич"				19:51.42			I	461
	50m:	33.78	33.78	450m:	5:45.25	40.02	850m:	11:05.61	40.42	1250m:	16:30.12	41.10		
	100m:	1:10.91	37.13	500m:	6:24.91	39.66	900m:	11:45.92	40.31	1300m:	17:10.72	40.60		
	150m:	1:49.47	38.56	550m:	7:05.06	40.15	950m:	12:26.95	41.03	1350m:	17:52.06	41.34		
	200m:	2:27.75	38.28	600m:	7:44.81	39.75	1000m:	13:07.40	40.45	1400m:	18:32.83	40.77		
	250m:	3:06.66	38.91	650m:	8:24.82	40.01	1050m:	13:47.90	40.50	1450m:	19:13.22	40.39		
	300m:	3:46.08	39.42	700m:	9:04.56	39.74	1100m:	14:27.99	40.09	1500m:	19:51.42	38.20		
	350m:	4:25.67	39.59	750m:	9:45.19	40.63	1150m:	15:08.75	40.76					
	400m:	5:05.23	39.56	800m:	10:25.19	40.00	1200m:	15:49.02	40.27					
16.	СВИСТУНОВА Александра			I	11.06.2009	СШОР "Москвич"				19:52.26			I	460
	50m:	33.60	33.60	450m:	5:44.65	39.88	850m:	11:07.32	40.51	1250m:	16:35.37	40.96		
	100m:	1:10.70	37.10	500m:	6:24.47	39.82	900m:	11:48.11	40.79	1300m:	17:15.91	40.54		
	150m:	1:48.52	37.82	550m:	7:04.50	40.03	950m:	12:29.13	41.02	1350m:	17:55.96	40.05		
	200m:	2:26.99	38.47	600m:	7:44.57	40.07	1000m:	13:10.65	41.52	1400m:	18:36.09	40.13		
	250m:	3:06.12	39.13	650m:	8:24.68	40.11	1050m:	13:51.00	40.35	1450m:	19:15.33	39.24		
	300m:	3:45.35	39.23	700m:	9:05.26	40.58	1100m:	14:32.10	41.10	1500m:	19:52.26	36.93		
	350m:	4:24.67	39.32	750m:	9:45.64	40.38	1150m:	15:13.14	41.04					
	400m:	5:04.77	40.10	800m:	10:26.81	41.17	1200m:	15:54.41	41.27					
17.	ЗАХАРОВА Дарья			I	20.07.2011	ГБУ ДО МКСШ "Новая Москва"				20:11.18			I	438
	50m:	33.77	33.77	450m:	5:56.53	40.84	850m:	11:22.74	41.00	1250m:	16:49.27	40.61		
	100m:	1:12.64	38.87	500m:	6:36.80	40.27	900m:	12:02.90	40.16	1300m:	17:30.04	40.77		
	150m:	1:53.29	40.65	550m:	7:17.63	40.83	950m:	12:44.54	41.64	1350m:	18:10.93	40.89		
	200m:	2:33.15	39.86	600m:	7:57.65	40.02	1000m:	13:24.68	40.14	1400m:	18:50.57	39.64		
	250m:	3:14.14	40.99	650m:	8:38.83	41.18	1050m:	14:06.01	41.33	1450m:	19:30.89	40.32		
	300m:	3:54.36	40.22	700m:	9:19.51	40.68	1100m:	14:47.24	41.23	1500m:	20:11.18	40.29		
	350m:	4:35.79	41.43	750m:	10:00.09	40.58	1150m:	15:28.29	41.05					
	400m:	5:15.69	39.90	800m:	10:41.74	41.65	1200m:	16:08.66	40.37					
18.	ПЕНЬКОВА Ева			I	24.06.2012	СК "Динамо" по плаванию				20:25.54			I	423
	50m:	35.23	35.23	450m:	6:05.00	41.46	850m:	11:33.96	40.08	1250m:	17:04.26	40.97		
	100m:	1:15.16	39.93	500m:	6:46.64	41.64	900m:	12:16.15	42.19	1300m:	17:45.67	41.41		
	150m:	1:55.94	40.78	550m:	7:27.50	40.86	950m:	12:56.97	40.82	1350m:	18:26.06	40.39		
	200m:	2:38.38	42.44	600m:	8:08.89	41.39	1000m:	13:39.00	42.03	1400m:	19:06.64	40.58		
	250m:	3:18.72	40.34	650m:	8:49.86	40.97	1050m:	14:19.21	40.21	1450m:	19:45.44	38.80		
	300m:	4:00.71	41.99	700m:	9:31.48	41.62	1100m:	15:01.45	42.24	1500m:	20:25.54	40.10		
	350m:	4:41.56	40.85	750m:	10:11.68	40.20	1150m:	15:41.79	40.34					
	400m:	5:23.54	41.98	800m:	10:53.88	42.20	1200m:	16:23.29	41.50					
19.	КОЗЛОВА Екатерина			I	05.09.2009	СШОР "Москвич"				20:59.12				390
	50m:	35.22	35.22	450m:	6:05.07	42.36	850m:	11:45.31	42.74	1250m:	17:27.64	43.07		
	100m:	1:14.27	39.05	500m:	6:47.33	42.26	900m:	12:27.47	42.16	1300m:	18:10.80	43.16		
	150m:	1:55.21	40.94	550m:	7:29.52	42.19	950m:	13:09.50	42.03	1350m:	18:54.01	43.21		
	200m:	2:36.51	41.30	600m:	8:11.89	42.37	1000m:	13:52.84	43.34	1400m:	19:36.20	42.19		
	250m:	3:18.00	41.49	650m:	8:54.17	42.28	1050m:	14:35.69	42.85	1450m:	20:18.66	42.46		
	300m:	3:59.53	41.53	700m:	9:37.16	42.99	1100m:	15:18.84	43.15	1500m:	20:59.12	40.46		
	350m:	4:40.73	41.20	750m:	10:20.21	43.05	1150m:	16:01.59	42.75					
	400m:	5:22.71	41.98	800m:	11:02.57	42.36	1200m:	16:44.57	42.98					
20.	ЛОСЕВА Анна			I	07.08.2011	ГБУ ДО МКСШ "Новая Москва"				21:26.85				365
	50m:	36.06	36.06	450m:	6:09.91	43.65	850m:	11:59.92	43.44	1250m:	17:56.25	44.63		
	100m:	1:15.75	39.69	500m:	6:53.77	43.86	900m:	12:44.52	44.60	1300m:	18:40.42	44.17		
	150m:	1:56.73	40.98	550m:	7:36.88	43.11	950m:	13:28.67	44.15	1350m:	19:23.08	42.66		
	200m:	2:38.23	41.50	600m:	8:21.26	44.38	1000m:	14:14.07	45.40	1400m:	20:05.27	42.19		
	250m:	3:19.54	41.31	650m:	9:03.82	42.56	1050m:	14:57.22	43.15	1450m:	20:47.16	41.89		
	300m:	4:01.16	41.62	700m:	9:49.05	45.23	1100m:	15:42.88	45.66	1500m:	21:26.85	39.69		
	350m:	4:43.31	42.15	750m:	10:32.47	43.42	1150m:	16:26.66	43.78					
	400m:	5:26.26	42.95	800m:	11:16.48	44.01	1200m:	17:11.62	44.96					
DNS	ЛОБАНОВА Полина			кмс	04.07.2011	СШОР "Москвич"								