

КУБОК МОСКВЫ

ПО ПЛАВАНИЮ

18 - 21 ИЮНЯ
2024 г.

14 , 400m 14
19.06.2024 - 11:00

4:12.42 20.04.2024
4:21.25 (FRA) 10.07.2016

: FINA 2024

												WA
1.				2000	-					4:18.96		821
	50m:	27.66	27.66	150m:	1:32.11	33.16	250m:	2:42.25	37.30	350m:	3:50.11	30.08
	100m:	58.95	31.29	200m:	2:04.95	32.84	300m:	3:20.03	37.78	400m:	4:18.96	28.85
2.				2003	"	"				4:28.16		739
	50m:	28.09	28.09	150m:	1:35.59	35.34	250m:	2:46.70	36.92	350m:	3:57.12	32.55
	100m:	1:00.25	32.16	200m:	2:09.78	34.19	300m:	3:24.57	37.87	400m:	4:28.16	31.04
3.				2000		3				4:32.69		703
	50m:	28.55	28.55	150m:	1:37.03	35.77	250m:	2:51.82	38.96	350m:	4:02.84	31.58
	100m:	1:01.26	32.71	200m:	2:12.86	35.83	300m:	3:31.26	39.44	400m:	4:32.69	29.85
4.				2001	"	"				4:33.06		700
	50m:	29.30	29.30	150m:	1:38.77	35.90	250m:	2:52.62	38.37	350m:	4:03.33	31.64
	100m:	1:02.87	33.57	200m:	2:14.25	35.48	300m:	3:31.69	39.07	400m:	4:33.06	29.73
5.				2008	"	"	"			4:41.04		642
	50m:	28.95	28.95	150m:	1:40.51	37.96	250m:	2:55.93	38.49	350m:	4:08.71	33.32
	100m:	1:02.55	33.60	200m:	2:17.44	36.93	300m:	3:35.39	39.46	400m:	4:41.04	32.33
6.				2010						4:43.62		625
	50m:	29.52	29.52	150m:	1:41.08	35.89	250m:	2:57.95	42.08	350m:	4:12.08	31.95
	100m:	1:05.19	35.67	200m:	2:15.87	34.79	300m:	3:40.13	42.18	400m:	4:43.62	31.54
7.				2008	"	"	"			4:45.75		611
	50m:	28.56	28.56	150m:	1:39.42	36.82	250m:	2:57.49	43.21	350m:	4:13.35	32.95
	100m:	1:02.60	34.04	200m:	2:14.28	34.86	300m:	3:40.40	42.91	400m:	4:45.75	32.40
8.				2006	"	"	"			4:46.39		607
	50m:	29.48	29.48	150m:	1:43.50	38.86	250m:	3:02.63	41.73	350m:	4:16.65	31.77
	100m:	1:04.64	35.16	200m:	2:20.90	37.40	300m:	3:44.88	42.25	400m:	4:46.39	29.74
9.				2008	"	"	"			5:00.01	I	528
	50m:	30.11	30.11	150m:	1:46.38	40.55	250m:	3:06.76	41.18	350m:	4:25.18	36.64
	100m:	1:05.83	35.72	200m:	2:25.58	39.20	300m:	3:48.54	41.78	400m:	5:00.01	34.83
10.				2009	I	"	"			5:01.77	I	518
	50m:	30.68	30.68	150m:	1:45.64	38.11	250m:	3:07.08	43.25	350m:	4:27.67	35.76
	100m:	1:07.53	36.85	200m:	2:23.83	38.19	300m:	3:51.91	44.83	400m:	5:01.77	34.10
11.				2010	I	"	"			5:07.44	II	490
	50m:	31.35	31.35	150m:	1:48.08	40.21	250m:	3:12.88	45.31	350m:	4:33.79	35.75
	100m:	1:07.87	36.52	200m:	2:27.57	39.49	300m:	3:58.04	45.16	400m:	5:07.44	33.65
DNS				2007								
DNS				2008								
DNS				2005	"	"						