

КУБОК МОСКВЫ

ПО ПЛАВАНИЮ

18 - 21 ИЮНЯ
2024 г.

1
18.06.2024 - 9:30

, 400m

14

		4:06.30						(MEX)		11.07.2008		
		4:06.67						Banjaluka (BIH)		28.04.2024		
: FINA 2024												
											WA	
1.		/		2009				4:30.60		658		
	50m:	31.31	31.31	150m:	1:38.95	34.16	250m:	2:47.80	34.56	350m:	3:56.97	34.60
	100m:	1:04.79	33.48	200m:	2:13.24	34.29	300m:	3:22.37	34.57	400m:	4:30.60	33.63
2.		2008						4:34.30		631		
	50m:	31.48	31.48	150m:	1:39.62	34.33	250m:	2:48.41	34.44	350m:	3:59.08	35.33
	100m:	1:05.29	33.81	200m:	2:13.97	34.35	300m:	3:23.75	35.34	400m:	4:34.30	35.22
3.		2006						4:34.35		631		
	50m:	31.50	31.50	150m:	1:40.01	34.56	250m:	2:49.42	34.20	350m:	3:59.87	35.26
	100m:	1:05.45	33.95	200m:	2:15.22	35.21	300m:	3:24.61	35.19	400m:	4:34.35	34.48
4.		2008						4:35.91		620		
	50m:	30.74	30.74	150m:	1:39.71	34.80	250m:		350m:	4:00.52	34.75	
	100m:	1:04.91	34.17	200m:	2:15.02	35.31	300m:	3:25.77		400m:	4:35.91	35.39
5.		2008				3		4:36.66		615		
	50m:	31.77	31.77	150m:	1:39.86	34.36	250m:	2:50.45	35.38	350m:	4:01.93	35.29
	100m:	1:05.50	33.73	200m:	2:15.07	35.21	300m:	3:26.64	36.19	400m:	4:36.66	34.73
6.		2008				3		4:38.58		603		
	50m:	31.65	31.65	150m:	1:40.91	34.97	250m:	2:51.37	35.49	350m:	4:03.23	36.02
	100m:	1:05.94	34.29	200m:	2:15.88	34.97	300m:	3:27.21	35.84	400m:	4:38.58	35.35
7.		2008						4:40.10		593		
	50m:	31.93	31.93	150m:	1:41.97	35.33	250m:	2:53.26	35.74	350m:	4:04.60	35.60
	100m:	1:06.64	34.71	200m:	2:17.52	35.55	300m:	3:29.00	35.74	400m:	4:40.10	35.50
8.		2006				"		4:41.07		587		
	50m:	31.75	31.75	150m:	1:41.55	35.29	250m:	2:53.48	36.56	350m:	4:05.92	36.08
	100m:	1:06.26	34.51	200m:	2:16.92	35.37	300m:	3:29.84	36.36	400m:	4:41.07	35.15
9.		2008				"		4:41.80		582		
	50m:	32.16	32.16	150m:	1:43.50	36.29	250m:	2:55.20	35.87	350m:	4:07.78	36.20
	100m:	1:07.21	35.05	200m:	2:19.33	35.83	300m:	3:31.58	36.38	400m:	4:41.80	34.02
10.		2006						4:42.21		580		
	50m:	31.76	31.76	150m:	1:41.91	35.17	250m:	2:53.80	35.75	350m:	4:06.52	36.30
	100m:	1:06.74	34.98	200m:	2:18.05	36.14	300m:	3:30.22	36.42	400m:	4:42.21	35.69
11.		2009						4:42.77		576		
	50m:	31.28	31.28	150m:	1:41.61	35.23	250m:	2:54.57	36.52	350m:	4:08.29	36.89
	100m:	1:06.38	35.10	200m:	2:18.05	36.44	300m:	3:31.40	36.83	400m:	4:42.77	34.48
12.		2008				"		4:44.77		564		
	50m:	31.96	31.96	150m:	1:43.72	36.69	250m:	2:56.90	36.71	350m:	4:09.91	36.49
	100m:	1:07.03	35.07	200m:	2:20.19	36.47	300m:	3:33.42	36.52	400m:	4:44.77	34.86
13.		2008				"		4:45.34		561		
	50m:	32.47	32.47	150m:	1:44.21	36.02	250m:	2:57.42	36.46	350m:	4:10.44	36.48
	100m:	1:08.19	35.72	200m:	2:20.96	36.75	300m:	3:33.96	36.54	400m:	4:45.34	34.90
14.		2009						4:45.96		557		
	50m:	32.34	32.34	150m:	1:43.37	35.95	250m:	2:57.57	37.29	350m:	4:11.12	36.91
	100m:	1:07.42	35.08	200m:	2:20.28	36.91	300m:	3:34.21	36.64	400m:	4:45.96	34.84
15.		2009				.		4:46.49		554		
	50m:	32.53	32.53	150m:	1:45.36	37.07	250m:	2:59.44	37.12	350m:	4:11.89	35.95
	100m:	1:08.29	35.76	200m:	2:22.32	36.96	300m:	3:35.94	36.50	400m:	4:46.49	34.60
16.		2009		"		"		4:46.55		554		
	50m:	32.29	32.29	150m:	1:42.16	36.04	250m:	2:55.62	37.07	350m:	4:10.40	37.50
	100m:	1:06.12	33.83	200m:	2:18.55	36.39	300m:	3:32.90	37.28	400m:	4:46.55	36.15

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2024 г.

1,	, 400m		, 14								WA	
17.			2010						4:47.08	I	551	
	50m:	32.20	32.20	150m:	1:44.11	36.11	250m:	2:58.35	36.81	350m:	4:11.52	35.84
	100m:	1:08.00	35.80	200m:	2:21.54	37.43	300m:	3:35.68	37.33	400m:	4:47.08	35.56
18.			2008				"	"		4:47.33	I	549
	50m:	31.91	31.91	150m:	1:43.59	36.35	250m:	2:57.62	37.35	350m:	4:11.98	37.59
	100m:	1:07.24	35.33	200m:	2:20.27	36.68	300m:	3:34.39	36.77	400m:	4:47.33	35.35
19.			2010	I						4:49.54	I	537
	50m:	33.06	33.06	150m:	1:45.73	36.94	250m:	2:59.86	36.92	350m:	4:14.00	36.90
	100m:	1:08.79	35.73	200m:	2:22.94	37.21	300m:	3:37.10	37.24	400m:	4:49.54	35.54
20.			2006				"	"		4:49.59	I	536
	50m:	31.35	31.35	150m:	1:42.91	36.60	250m:	2:56.90	37.35	350m:	4:12.49	38.07
	100m:	1:06.31	34.96	200m:	2:19.55	36.64	300m:	3:34.42	37.52	400m:	4:49.59	37.10
21.			2010	I						4:50.42	I	532
	50m:	31.89	31.89	150m:	1:45.88	37.21	250m:	3:00.90	37.21	350m:	4:15.74	37.05
	100m:	1:08.67	36.78	200m:	2:23.69	37.81	300m:	3:38.69	37.79	400m:	4:50.42	34.68
22.			2008				"	"		4:51.03	I	529
	50m:	33.01	33.01	150m:	1:44.79	35.86	250m:	2:58.76	37.07	350m:		
	100m:	1:08.93	35.92	200m:	2:21.69	36.90	300m:			400m:	4:51.03	
23.			2010	I			"	"		4:52.00	I	523
	50m:	32.27	32.27	150m:	1:45.48	36.40	250m:	3:00.53	37.41	350m:	4:16.01	37.63
	100m:	1:09.08	36.81	200m:	2:23.12	37.64	300m:	3:38.38	37.85	400m:	4:52.00	35.99
24.	-		2007	I			"	"	"	4:52.62	I	520
	50m:	32.42	32.42	150m:	1:45.63	37.17	250m:	3:01.06	38.23	350m:	4:16.29	37.81
	100m:	1:08.46	36.04	200m:	2:22.83	37.20	300m:	3:38.48	37.42	400m:	4:52.62	36.33
25.			2007				"	"		4:52.79	I	519
	50m:	32.67	32.67	150m:	1:45.51	36.64	250m:	3:00.12	37.47	350m:	4:15.89	38.02
	100m:	1:08.87	36.20	200m:	2:22.65	37.14	300m:	3:37.87	37.75	400m:	4:52.79	36.90
26.			2009	I			"	"		4:52.94	I	518
	50m:	33.45	33.45	150m:	1:47.71	37.24	250m:	3:02.01	37.19	350m:	4:17.25	37.77
	100m:	1:10.47	37.02	200m:	2:24.82	37.11	300m:	3:39.48	37.47	400m:	4:52.94	35.69
27.			2010	I			"	"		4:54.20	I	512
	50m:	32.98	32.98	150m:	1:46.66	37.25	250m:	3:02.30	37.72	350m:	4:17.88	37.64
	100m:	1:09.41	36.43	200m:	2:24.58	37.92	300m:	3:40.24	37.94	400m:	4:54.20	36.32
28.			2010	I						4:56.18	I	501
	50m:	33.85	33.85	150m:	1:48.02	37.48	250m:	3:03.69	38.14	350m:	4:19.35	37.84
	100m:	1:10.54	36.69	200m:	2:25.55	37.53	300m:	3:41.51	37.82	400m:	4:56.18	36.83
29.			2010	I			"	"		4:56.56	I	500
	50m:	32.66	32.66	150m:	1:45.67	37.35	250m:	3:02.00	38.41	350m:	4:19.42	38.49
	100m:	1:08.32	35.66	200m:	2:23.59	37.92	300m:	3:40.93	38.93	400m:	4:56.56	37.14
30.			2009	I			"	"		4:57.13	I	497
	50m:	32.76	32.76	150m:	1:46.66	37.45	250m:	3:02.56	38.25	350m:	4:19.69	38.47
	100m:	1:09.21	36.45	200m:	2:24.31	37.65	300m:	3:41.22	38.66	400m:	4:57.13	37.44
31.			2010	I						5:02.14	II	472
	50m:	33.52	33.52	150m:	1:49.99	37.59	250m:	3:07.63	38.70	350m:	4:25.47	38.64
	100m:	1:12.40	38.88	200m:	2:28.93	38.94	300m:	3:46.83	39.20	400m:	5:02.14	36.67
			2008	I			"	"		5:02.14	II	472
	50m:	32.92	32.92	150m:	1:48.65	38.29	250m:	3:06.99	39.08	350m:	4:25.15	39.01
	100m:	1:10.36	37.44	200m:	2:27.91	39.26	300m:	3:46.14	39.15	400m:	5:02.14	36.99