

20  
28.06.2023 - 12:30

, 400m

4:46.93

17.03.2012

: FINA 2023

|     |       |         |       |       |         |       |       |         |                |       |         | WA    |
|-----|-------|---------|-------|-------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 1.  |       |         |       | 2002  | "       | "     |       |         | <b>5:01.49</b> |       |         | 689   |
|     | 50m:  | 30.97   | 30.97 | 150m: | 1:44.24 | 37.71 | 250m: | 3:06.22 | 45.13          | 350m: | 4:27.06 | 35.02 |
|     | 100m: | 1:06.53 | 35.56 | 200m: | 2:21.09 | 36.85 | 300m: | 3:52.04 | 45.82          | 400m: | 5:01.49 | 34.43 |
| 2.  |       |         |       | 2006  | "       | "     |       |         | <b>5:09.18</b> |       |         | 639   |
|     | 50m:  | 32.23   | 32.23 | 150m: | 1:48.84 | 39.79 | 250m: | 3:13.12 | 45.05          | 350m: | 4:33.96 | 35.77 |
|     | 100m: | 1:09.05 | 36.82 | 200m: | 2:28.07 | 39.23 | 300m: | 3:58.19 | 45.07          | 400m: | 5:09.18 | 35.22 |
| 3.  |       |         |       | 2009  | "       | "     |       |         | <b>5:12.01</b> |       |         | 622   |
|     | 50m:  | 33.35   | 33.35 | 150m: | 1:51.01 | 39.23 | 250m: | 3:15.34 | 46.28          | 350m: | 4:37.16 | 36.47 |
|     | 100m: | 1:11.78 | 38.43 | 200m: | 2:29.06 | 38.05 | 300m: | 4:00.69 | 45.35          | 400m: | 5:12.01 | 34.85 |
| 4.  |       |         |       | 2006  |         | 3     |       |         | <b>5:12.86</b> |       |         | 617   |
|     | 50m:  | 32.11   | 32.11 | 150m: | 1:51.31 | 40.93 | 250m: | 3:14.50 | 43.58          | 350m: | 4:36.55 | 37.34 |
|     | 100m: | 1:10.38 | 38.27 | 200m: | 2:30.92 | 39.61 | 300m: | 3:59.21 | 44.71          | 400m: | 5:12.86 | 36.31 |
| 5.  |       |         |       | 2008  | "       | "     |       |         | <b>5:15.48</b> |       |         | 601   |
|     | 50m:  | 31.57   | 31.57 | 150m: | 1:49.02 | 41.00 | 250m: | 3:15.06 | 46.02          | 350m: | 4:38.65 | 37.37 |
|     | 100m: | 1:08.02 | 36.45 | 200m: | 2:29.04 | 40.02 | 300m: | 4:01.28 | 46.22          | 400m: | 5:15.48 | 36.83 |
| 6.  |       |         |       | 2007  |         |       |       |         | <b>5:16.63</b> |       |         | 595   |
|     | 50m:  | 33.12   | 33.12 | 150m: | 1:52.40 | 40.66 | 250m: | 3:18.51 | 44.84          | 350m: | 4:41.39 | 36.69 |
|     | 100m: | 1:11.74 | 38.62 | 200m: | 2:33.67 | 41.27 | 300m: | 4:04.70 | 46.19          | 400m: | 5:16.63 | 35.24 |
| 7.  |       |         |       | 2008  | "       | "     |       |         | <b>5:23.09</b> |       |         | 560   |
|     | 50m:  | 33.29   | 33.29 | 150m: | 1:55.65 | 42.48 | 250m: | 3:22.57 | 45.16          | 350m: | 4:47.58 | 37.26 |
|     | 100m: | 1:13.17 | 39.88 | 200m: | 2:37.41 | 41.76 | 300m: | 4:10.32 | 47.75          | 400m: | 5:23.09 | 35.51 |
| 8.  |       |         |       | 2009  | "       | "     |       |         | <b>5:23.89</b> |       |         | 556   |
|     | 50m:  | 33.05   | 33.05 | 150m: | 1:55.20 | 42.62 | 250m: | 3:23.84 | 47.93          | 350m: | 4:48.98 | 37.24 |
|     | 100m: | 1:12.58 | 39.53 | 200m: | 2:35.91 | 40.71 | 300m: | 4:11.74 | 47.90          | 400m: | 5:23.89 | 34.91 |
| 9.  |       |         |       | 2007  | "       | "     |       |         | <b>5:24.12</b> |       |         | 554   |
|     | 50m:  | 34.29   | 34.29 | 150m: | 1:56.25 | 41.20 | 250m: | 3:22.75 | 47.16          | 350m: | 4:48.17 | 37.20 |
|     | 100m: | 1:15.05 | 40.76 | 200m: | 2:35.59 | 39.34 | 300m: | 4:10.97 | 48.22          | 400m: | 5:24.12 | 35.95 |
| 10. |       |         |       | 2010  | "       | "     |       |         | <b>5:27.49</b> |       |         | 538   |
|     | 50m:  | 33.51   | 33.51 | 150m: | 1:56.91 | 43.79 | 250m: | 3:25.76 | 45.70          | 350m: | 4:51.41 | 38.70 |
|     | 100m: | 1:13.12 | 39.61 | 200m: | 2:40.06 | 43.15 | 300m: | 4:12.71 | 46.95          | 400m: | 5:27.49 | 36.08 |
| 11. |       |         |       | 2008  | "       | "     |       |         | <b>5:27.66</b> |       |         | 537   |
|     | 50m:  | 34.35   | 34.35 | 150m: | 1:57.23 | 43.19 | 250m: | 3:25.73 | 47.59          | 350m: | 4:51.43 | 37.05 |
|     | 100m: | 1:14.04 | 39.69 | 200m: | 2:38.14 | 40.91 | 300m: | 4:14.38 | 48.65          | 400m: | 5:27.66 | 36.23 |
| 12. |       |         |       | 2007  | "       | "     |       |         | <b>5:31.79</b> |       |         | 517   |
|     | 50m:  | 33.39   | 33.39 | 150m: | 1:57.29 | 44.96 | 250m: | 3:26.91 | 45.94          | 350m: | 4:53.94 | 39.79 |
|     | 100m: | 1:12.33 | 38.94 | 200m: | 2:40.97 | 43.68 | 300m: | 4:14.15 | 47.24          | 400m: | 5:31.79 | 37.85 |
| 13. |       |         |       | 2010  | "       | "     |       |         | <b>5:33.67</b> |       |         | 508   |
|     | 50m:  | 34.58   | 34.58 | 150m: | 1:57.21 | 41.52 | 250m: | 3:26.95 | 48.14          | 350m: | 4:55.35 | 38.96 |
|     | 100m: | 1:15.69 | 41.11 | 200m: | 2:38.81 | 41.60 | 300m: | 4:16.39 | 49.44          | 400m: | 5:33.67 | 38.32 |
| 14. |       |         |       | 2006  | "       | "     |       |         | <b>5:35.35</b> |       |         | 501   |
|     | 50m:  | 32.75   | 32.75 | 150m: | 1:54.40 | 42.88 | 250m: | 3:25.58 | 49.41          | 350m: | 4:55.76 | 40.23 |
|     | 100m: | 1:11.52 | 38.77 | 200m: | 2:36.17 | 41.77 | 300m: | 4:15.53 | 49.95          | 400m: | 5:35.35 | 39.59 |
| 15. |       |         |       | 2005  | "       | "     |       |         | <b>5:35.83</b> |       |         | 498   |
|     | 50m:  | 33.80   | 33.80 | 150m: | 1:58.75 | 42.95 | 250m: | 3:29.73 | 47.49          | 350m: | 4:57.83 | 39.85 |
|     | 100m: | 1:15.80 | 42.00 | 200m: | 2:42.24 | 43.49 | 300m: | 4:17.98 | 48.25          | 400m: | 5:35.83 | 38.00 |
| 16. |       |         |       | 2010  | "       | "     |       |         | <b>5:37.31</b> |       |         | 492   |
|     | 50m:  | 36.70   | 36.70 | 150m: | 2:04.59 | 45.17 | 250m: | 3:32.51 | 44.36          | 350m: | 4:58.91 | 39.67 |
|     | 100m: | 1:19.42 | 42.72 | 200m: | 2:48.15 | 43.56 | 300m: | 4:19.24 | 46.73          | 400m: | 5:37.31 | 38.40 |
| 17. |       |         |       | 2009  | "       | "     |       |         | <b>5:37.43</b> |       |         | 491   |
|     | 50m:  | 36.96   | 36.96 | 150m: | 2:03.62 | 43.80 | 250m: | 3:33.21 | 47.26          | 350m: | 5:00.60 | 39.30 |
|     | 100m: | 1:19.82 | 42.86 | 200m: | 2:45.95 | 42.33 | 300m: | 4:21.30 | 48.09          | 400m: | 5:37.43 | 36.83 |

<https://mosswimming.ru/>

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SEIKO

ОФИЦИАЛЬНОЕ СПОРТИВНОЕ СОРЕВНОВАНИЕ ПО ПЛАВАНИЮ

27-29 июня 2023 года

"Акватория ЗИЛ", 50 метров

# КУБОК МОСКВЫ



20, , 400m

/ " "

WA

DSQ

2007