



14
17.11.2022 - 11:28

, 400m

11-12

1.				2010	II			(1)				4:31.59	II	50,00
	50m:	29.53	29.53	150m:	1:38.24	35.06	250m:	2:48.37	35.02	350m:	3:58.63	34.91		
	100m:	1:03.18	33.65	200m:	2:13.35	35.11	300m:	3:23.72	35.35	400m:	4:31.59	32.96		
2.				2010	II			"	"			4:35.48	II	45,00
	50m:	30.43	30.43	150m:	1:39.83	35.15	250m:	2:50.57	35.65	350m:	4:01.16	35.13		
	100m:	1:04.68	34.25	200m:	2:14.92	35.09	300m:	3:26.03	35.46	400m:	4:35.48	34.32		
3.				2010	II			(1)				4:37.08	II	41,00
	50m:	31.80	31.80	150m:	1:40.65	34.79	250m:	2:51.01	35.45	350m:	4:02.15	35.36		
	100m:	1:05.86	34.06	200m:	2:15.56	34.91	300m:	3:26.79	35.78	400m:	4:37.08	34.93		
4.				2010	II			"	"			4:37.24	II	38,00
	50m:	31.03	31.03	150m:	1:40.22	35.01	250m:	2:51.79	36.35	350m:	4:03.50	35.91		
	100m:	1:05.21	34.18	200m:	2:15.44	35.22	300m:	3:27.59	35.80	400m:	4:37.24	33.74		
5.				2010	I			"	"			4:37.51	II	35,00
	50m:	31.24	31.24	150m:	1:40.37	35.05	250m:	2:51.68	35.76	350m:	4:03.76	36.07		
	100m:	1:05.32	34.08	200m:	2:15.92	35.55	300m:	3:27.69	36.01	400m:	4:37.51	33.75		
6.				2010	II			"	"			4:39.12	II	32,00
	50m:	30.54	30.54	150m:	1:40.41	35.45	250m:	2:52.91	36.12	350m:	4:05.58	36.05		
	100m:	1:04.96	34.42	200m:	2:16.79	36.38	300m:	3:29.53	36.62	400m:	4:39.12	33.54		
7.				2010	II			"	"			4:39.76	II	29,00
	50m:	31.20	31.20	150m:	1:41.14	35.40	250m:	2:52.75	36.09	350m:	4:04.65	36.09		
	100m:	1:05.74	34.54	200m:	2:16.66	35.52	300m:	3:28.56	35.81	400m:	4:39.76	35.11		
8.				2010	II			"	"			4:40.45	II	26,00
	50m:	30.64	30.64	150m:	1:41.41	35.49	250m:	2:53.72	36.08	350m:	4:05.64	35.89		
	100m:	1:05.92	35.28	200m:	2:17.64	36.23	300m:	3:29.75	36.03	400m:	4:40.45	34.81		
9.				2010	II			"	"			4:40.84	II	24,00
	50m:	32.44	32.44	150m:	1:44.40	36.27	250m:	2:56.31	35.73	350m:	4:08.27	35.67		
	100m:	1:08.13	35.69	200m:	2:20.58	36.18	300m:	3:32.60	36.29	400m:	4:40.84	32.57		
10.				2011	II			"	"			4:40.90	II	22,00
	50m:	31.71	31.71	150m:	1:43.57	36.28	250m:	2:56.43	36.59	350m:	4:08.70	36.65		
	100m:	1:07.29	35.58	200m:	2:19.84	36.27	300m:	3:32.05	35.62	400m:	4:40.90	32.20		
11.				2010	II			"	"			4:44.29	II	20,00
	50m:	30.36	30.36	150m:	1:40.72	35.83	250m:	2:53.14	36.91	350m:	4:07.58	37.18		
	100m:	1:04.89	34.53	200m:	2:16.23	35.51	300m:	3:30.40	37.26	400m:	4:44.29	36.71		
12.				2010	II			-70 "	" (1)			4:44.79	II	18,00
	50m:	30.94	30.94	150m:	1:42.53	36.49	250m:	2:56.39	37.04	350m:	4:09.71	36.51		
	100m:	1:06.04	35.10	200m:	2:19.35	36.82	300m:	3:33.20	36.81	400m:	4:44.79	35.08		
13.				2010	II			"	" (1)			4:44.80	II	16,00
	50m:	31.71	31.71	150m:	1:41.49	35.24	250m:	2:53.47	36.05	350m:	4:04.39	35.00		
	100m:	1:06.25	34.54	200m:	2:17.42	35.93	300m:	3:29.39	35.92	400m:	4:44.80	40.41		
14.				2010	II			"	"			4:45.81	II	14,00
	50m:	32.13	32.13	150m:	1:44.94	36.64	250m:	2:57.70	36.37	350m:	4:10.24	36.31		
	100m:	1:08.30	36.17	200m:	2:21.33	36.39	300m:	3:33.93	36.23	400m:	4:45.81	35.57		
15.				2010	II			"	" (1)			4:45.89	II	12,00
	50m:	31.88	31.88	150m:	1:43.96	36.75	250m:	2:57.71	37.26	350m:	4:11.13	36.18		
	100m:	1:07.21	35.33	200m:	2:20.45	36.49	300m:	3:34.95	37.24	400m:	4:45.89	34.76		
16.				2010	II			"	"			4:45.95	II	10,00
	50m:	32.40	32.40	150m:	1:44.94	36.28	250m:	2:58.17	36.87	350m:	4:11.75	36.51		
	100m:	1:08.66	36.26	200m:	2:21.30	36.36	300m:	3:35.24	37.07	400m:	4:45.95	34.20		
17.				2010	II			"	"			4:46.00	II	9,00
	50m:	32.43	32.43	150m:	1:43.31	35.97	250m:	2:56.33	36.83	350m:	4:10.42	37.38		
	100m:	1:07.34	34.91	200m:	2:19.50	36.19	300m:	3:33.04	36.71	400m:	4:46.00	35.58		



14,	, 400m		,		11-12							
18.			2010				"	"			4:46.34 8,00	
	50m:	31.80	31.80	150m:	1:43.83	36.41	250m:	2:57.35	36.69	350m:	4:09.79	36.08
	100m:	1:07.42	35.62	200m:	2:20.66	36.83	300m:	3:33.71	36.36	400m:	4:46.34	36.55
19.			2010				"	"			4:47.04 7,00	
	50m:	32.97	32.97	150m:	1:44.81	36.61	250m:	2:58.63	36.21	350m:	4:12.73	37.23
	100m:	1:08.20	35.23	200m:	2:22.42	37.61	300m:	3:35.50	36.87	400m:	4:47.04	34.31
20.			2010				"	"			4:47.58 6,00	
	50m:	31.90	31.90	150m:	1:43.87	36.62	250m:	2:57.49	37.03	350m:	4:12.15	37.17
	100m:	1:07.25	35.35	200m:	2:20.46	36.59	300m:	3:34.98	37.49	400m:	4:47.58	35.43
21.			2010				"	"			4:47.93 5,00	
	50m:	31.86	31.86	150m:	1:42.54	36.30	250m:	2:56.80	37.53	350m:	4:11.70	37.38
	100m:	1:06.24	34.38	200m:	2:19.27	36.73	300m:	3:34.32	37.52	400m:	4:47.93	36.23
22.			2010				(1)				4:48.89 4,00	
	50m:	32.41	32.41	150m:	1:44.07	36.31	250m:	2:58.81	37.61	350m:	4:12.91	37.27
	100m:	1:07.76	35.35	200m:	2:21.20	37.13	300m:	3:35.64	36.83	400m:	4:48.89	35.98
23.			2010				-70 "	" (1)			4:49.48 3,00	
	50m:	32.91	32.91	150m:	1:45.65	36.98	250m:	3:01.13	37.77	350m:	4:14.30	35.95
	100m:	1:08.67	35.76	200m:	2:23.36	37.71	300m:	3:38.35	37.22	400m:	4:49.48	35.18
24.			2010				"	"-77			4:50.52 2,00	
	50m:	32.72	32.72	150m:	1:45.69	36.97	250m:	3:00.29	36.93	350m:	4:14.41	37.61
	100m:	1:08.72	36.00	200m:	2:23.36	37.67	300m:	3:36.80	36.51	400m:	4:50.52	36.11
25.			2010				(1)				4:51.67 1,00	
	50m:	31.85	31.85	150m:	1:45.29	37.72	250m:	3:00.37	37.42	350m:	4:15.67	37.24
	100m:	1:07.57	35.72	200m:	2:22.95	37.66	300m:	3:38.43	38.06	400m:	4:51.67	36.00
26.			2010				-70 "	" (1)			4:52.41 -	
	50m:	32.65	32.65	150m:	1:46.31	37.46	250m:	3:02.01	37.56	350m:	4:16.87	37.36
	100m:	1:08.85	36.20	200m:	2:24.45	38.14	300m:	3:39.51	37.50	400m:	4:52.41	35.54
27.			2010				"	"			4:52.75 -	
	50m:	31.79	31.79	150m:	1:45.48	37.31	250m:	3:01.80	38.26	350m:	4:18.40	38.23
	100m:	1:08.17	36.38	200m:	2:23.54	38.06	300m:	3:40.17	38.37	400m:	4:52.75	34.35
28.			2010				(1)				4:53.46 -	
	50m:	31.85	31.85	150m:	1:46.40	37.38	250m:	3:01.56	38.08	350m:	4:16.11	37.51
	100m:	1:09.02	37.17	200m:	2:23.48	37.08	300m:	3:38.60	37.04	400m:	4:53.46	37.35
29.			2010								4:53.79 -	
	50m:	32.59	32.59	150m:	1:46.21	37.16	250m:	3:01.48	37.85	350m:	4:17.68	38.33
	100m:	1:09.05	36.46	200m:	2:23.63	37.42	300m:	3:39.35	37.87	400m:	4:53.79	36.11
			2010								4:53.79 -	
	50m:	32.60	32.60	150m:	1:46.75	37.31	250m:	3:02.24	37.92	350m:	4:17.13	37.34
	100m:	1:09.44	36.84	200m:	2:24.32	37.57	300m:	3:39.79	37.55	400m:	4:53.79	36.66
31.			2010				"	"			4:53.98 -	
	50m:	32.07	32.07	150m:	1:46.38	37.94	250m:	3:01.86	36.41	350m:	4:17.09	37.68
	100m:	1:08.44	36.37	200m:	2:25.45	39.07	300m:	3:39.41	37.55	400m:	4:53.98	36.89
32.			2010				"	"			4:54.70 -	
	50m:	33.74	33.74	150m:	1:48.95	37.57	250m:	3:04.32	37.23	350m:	4:19.25	37.67
	100m:	1:11.38	37.64	200m:	2:27.09	38.14	300m:	3:41.58	37.26	400m:	4:54.70	35.45
33.			2010				"	"			4:54.82 -	
	50m:	32.98	32.98	150m:	1:47.26	37.53	250m:	3:04.22	38.55	350m:	4:20.47	38.11
	100m:	1:09.73	36.75	200m:	2:25.67	38.41	300m:	3:42.36	38.14	400m:	4:54.82	34.35
34.			2010				"	"			4:55.46 -	
	50m:	31.63	31.63	150m:	1:43.86	36.70	250m:	2:59.54	38.02	350m:	4:17.21	38.71
	100m:	1:07.16	35.53	200m:	2:21.52	37.66	300m:	3:38.50	38.96	400m:	4:55.46	38.25
35.			2010				"	"			4:55.55 -	
	50m:	32.13	32.13	150m:	1:45.37	36.56	250m:	3:01.37	38.60	350m:	4:17.78	37.91
	100m:	1:08.81	36.68	200m:	2:22.77	37.40	300m:	3:39.87	38.50	400m:	4:55.55	37.77



14,	, 400m				11-12							
36.			2010			(2)			4:55.67		-	
	50m:	33.84	33.84	150m:	1:47.93	37.19	250m:	3:02.87	37.66	350m:	4:19.65	38.63
	100m:	1:10.74	36.90	200m:	2:25.21	37.28	300m:	3:41.02	38.15	400m:	4:55.67	36.02
37.			2011			"	"			4:56.48		-
	50m:	33.45	33.45	150m:	1:50.09	38.65	250m:	3:05.41	37.05	350m:	4:20.50	36.93
	100m:	1:11.44	37.99	200m:	2:28.36	38.27	300m:	3:43.57	38.16	400m:	4:56.48	35.98
38.			2010			"	"			4:56.84		-
	50m:	33.71	33.71	150m:	1:48.38	37.49	250m:	3:03.83	37.96	350m:	4:20.84	38.49
	100m:	1:10.89	37.18	200m:	2:25.87	37.49	300m:	3:42.35	38.52	400m:	4:56.84	36.00
			2011			(3)				4:56.84		-
	50m:	31.77	31.77	150m:	1:47.90	38.78	250m:	3:05.10	38.43	350m:	4:22.20	38.78
	100m:	1:09.12	37.35	200m:	2:26.67	38.77	300m:	3:43.42	38.32	400m:	4:56.84	34.64
40.			2010			-70 "	" (1)			4:57.74		-
	50m:	32.90	32.90	150m:	1:45.95	37.48	250m:	3:02.48	38.59	350m:	4:20.67	39.64
	100m:	1:08.47	35.57	200m:	2:23.89	37.94	300m:	3:41.03	38.55	400m:	4:57.74	37.07
41.			2011			"	"			4:57.84		-
	50m:	34.06	34.06	150m:	1:50.22	38.07	250m:	3:06.55	37.78	350m:	4:22.58	37.36
	100m:	1:12.15	38.09	200m:	2:28.77	38.55	300m:	3:45.22	38.67	400m:	4:57.84	35.26
42.			2010			"	"			4:58.13		-
	50m:	36.15	36.15	150m:	1:53.70	38.04	250m:	3:07.95	36.86	350m:	4:23.25	37.82
	100m:	1:15.66	39.51	200m:	2:31.09	37.39	300m:	3:45.43	37.48	400m:	4:58.13	34.88
43.			2010			"	"			4:59.04		-
	50m:	33.44	33.44	150m:	1:50.30	38.80	250m:	3:07.66	38.26	350m:	4:23.86	37.79
	100m:	1:11.50	38.06	200m:	2:29.40	39.10	300m:	3:46.07	38.41	400m:	4:59.04	35.18
44.			2010			"	"			4:59.23		-
	50m:	34.27	34.27	150m:	1:50.48	37.79	250m:	3:07.85	39.08	350m:	4:23.65	37.87
	100m:	1:12.69	38.42	200m:	2:28.77	38.29	300m:	3:45.78	37.93	400m:	4:59.23	35.58
45.			2010			"	"			4:59.40		-
	50m:	34.27	34.27	150m:	1:49.67	37.44	250m:	3:05.51	37.89	350m:	4:21.18	37.05
	100m:	1:12.23	37.96	200m:	2:27.62	37.95	300m:	3:44.13	38.62	400m:	4:59.40	38.22
46.			2010			"	"			4:59.41		-
	50m:	32.42	32.42	150m:	1:47.70	38.13	250m:	3:05.28	38.91	350m:	4:22.62	38.67
	100m:	1:09.57	37.15	200m:	2:26.37	38.67	300m:	3:43.95	38.67	400m:	4:59.41	36.79
47.			2010			"	"			4:59.85		-
	50m:	33.84	33.84	150m:	1:49.10	37.91	250m:	3:05.41	37.93	350m:	4:22.53	38.66
	100m:	1:11.19	37.35	200m:	2:27.48	38.38	300m:	3:43.87	38.46	400m:	4:59.85	37.32
48.			2010			-70 "	" (1)			4:59.90		-
	50m:	32.57	32.57	150m:	1:47.77	38.34	250m:	3:03.78	38.57	350m:	4:20.87	38.71
	100m:	1:09.43	36.86	200m:	2:25.21	37.44	300m:	3:42.16	38.38	400m:	4:59.90	39.03
49.			2011			"	"			5:00.11		-
	50m:	35.01	35.01	150m:	1:52.05	38.81	250m:	3:09.27	38.39	350m:	4:25.71	38.41
	100m:	1:13.24	38.23	200m:	2:30.88	38.83	300m:	3:47.30	38.03	400m:	5:00.11	34.40
50.			2010			"	"			5:00.16		-
	50m:	33.11	33.11	150m:	1:48.75	38.91	250m:	3:07.18	39.19	350m:	4:23.58	37.93
	100m:	1:09.84	36.73	200m:	2:27.99	39.24	300m:	3:45.65	38.47	400m:	5:00.16	36.58
51.			2010			"	"			5:00.79		-
	50m:	34.02	34.02	150m:	1:50.29	38.50	250m:	3:06.26	38.08	350m:	4:23.40	38.52
	100m:	1:11.79	37.77	200m:	2:28.18	37.89	300m:	3:44.88	38.62	400m:	5:00.79	37.39
52.			2010			"	"			5:01.08		-
	50m:	33.45	33.45	150m:	1:49.18	38.44	250m:	3:07.00	38.75	350m:	4:24.87	39.01
	100m:	1:10.74	37.29	200m:	2:28.25	39.07	300m:	3:45.86	38.86	400m:	5:01.08	36.21
53.			2010			-70 "	"			5:01.56		-
	50m:	32.84	32.84	150m:	1:48.67	38.35	250m:	3:06.14	38.69	350m:	4:25.37	39.26
	100m:	1:10.32	37.48	200m:	2:27.45	38.78	300m:	3:46.11	39.97	400m:	5:01.56	36.19

14,	, 400m				11-12							
54.			2010	II		"	"		5:02.33	II	-	
	50m:	32.74	32.74	150m:	1:48.68	38.35	250m:	3:06.69	39.04	350m:	4:24.80	38.98
	100m:	1:10.33	37.59	200m:	2:27.65	38.97	300m:	3:45.82	39.13	400m:	5:02.33	37.53
55.			2011	II		"	"		5:02.34	II	-	
	50m:	32.19	32.19	150m:	1:47.30	38.47	250m:	3:05.86	39.28	350m:	4:24.55	39.26
	100m:	1:08.83	36.64	200m:	2:26.58	39.28	300m:	3:45.29	39.43	400m:	5:02.34	37.79
56.			2010	II		"	" (1)		5:02.53	II	-	
	50m:	34.68	34.68	150m:	1:50.98	38.66	250m:	3:09.15	39.57	350m:	4:27.10	38.62
	100m:	1:12.32	37.64	200m:	2:29.58	38.60	300m:	3:48.48	39.33	400m:	5:02.53	35.43
57.		с	2010	II		"	"		5:03.54		-	
	50m:	33.93	33.93	150m:	1:50.65	38.66	250m:	3:07.93	38.89	350m:	4:27.07	39.45
	100m:	1:11.99	38.06	200m:	2:29.04	38.39	300m:	3:47.62	39.69	400m:	5:03.54	36.47
58.			2010	II		"	"		5:03.62		-	
	50m:	32.92	32.92	150m:	1:47.85	38.07	250m:	3:06.48	39.55	350m:	4:25.67	39.52
	100m:	1:09.78	36.86	200m:	2:26.93	39.08	300m:	3:46.15	39.67	400m:	5:03.62	37.95
59.			2010	II		"	(2)		5:04.34		-	
	50m:	32.84	32.84	150m:	1:48.52	38.53	250m:	3:06.88	39.08	350m:	4:25.33	38.94
	100m:	1:09.99	37.15	200m:	2:27.80	39.28	300m:	3:46.39	39.51	400m:	5:04.34	39.01
60.			2011	II		"	(3)		5:05.13		-	
	50m:	33.34	33.34	150m:	1:47.76	37.83	250m:	3:05.80	39.07	350m:	4:25.62	40.14
	100m:	1:09.93	36.59	200m:	2:26.73	38.97	300m:	3:45.48	39.68	400m:	5:05.13	39.51
61.			2010	II		"	"		5:05.22		-	
	50m:	34.37	34.37	150m:	1:52.72	39.39	250m:	3:12.56	39.93	350m:	4:30.23	37.92
	100m:	1:13.33	38.96	200m:	2:32.63	39.91	300m:	3:52.31	39.75	400m:	5:05.22	34.99
62.			2010	II		"	-70"	"	5:05.29		-	
	50m:	33.65	33.65	150m:	1:49.91	38.88	250m:	3:08.87	39.78	350m:	4:27.16	39.09
	100m:	1:11.03	37.38	200m:	2:29.09	39.18	300m:	3:48.07	39.20	400m:	5:05.29	38.13
63.			2010	II		"	"		5:05.36		-	
	50m:	33.64	33.64	150m:	1:49.82	38.51	250m:	3:09.37	40.44	350m:	4:29.13	39.66
	100m:	1:11.31	37.67	200m:	2:28.93	39.11	300m:	3:49.47	40.10	400m:	5:05.36	36.23
64.			2011	II		"	"		5:06.50		-	
	50m:	34.01	34.01	150m:	1:50.71	39.00	250m:	3:08.90	39.26	350m:	4:28.02	39.70
	100m:	1:11.71	37.70	200m:	2:29.64	38.93	300m:	3:48.32	39.42	400m:	5:06.50	38.48
65.			2010	II		"	"		5:09.71		-	
	50m:	33.71	33.71	150m:	1:50.61	39.17	250m:	3:10.76	40.62	350m:	4:30.71	38.92
	100m:	1:11.44	37.73	200m:	2:30.14	39.53	300m:	3:51.79	41.03	400m:	5:09.71	39.00
66.			2010	II		"	"		5:10.63		-	
	50m:	33.60	33.60	150m:	1:51.88	39.80	250m:	3:12.25	40.06	350m:	4:32.62	40.32
	100m:	1:12.08	38.48	200m:	2:32.19	40.31	300m:	3:52.30	40.05	400m:	5:10.63	38.01
67.			2011	II		"	(1)		5:11.59		-	
	50m:	33.56	33.56	150m:	1:50.05	39.07	250m:	3:10.70	40.51	350m:	4:31.84	40.64
	100m:	1:10.98	37.42	200m:	2:30.19	40.14	300m:	3:51.20	40.50	400m:	5:11.59	39.75
68.			2011	II		"	"		5:12.34		-	
	50m:	33.84	33.84	150m:	1:51.49	39.42	250m:	3:12.57	40.72	350m:	4:33.59	40.21
	100m:	1:12.07	38.23	200m:	2:31.85	40.36	300m:	3:53.38	40.81	400m:	5:12.34	38.75
69.			2010	II		"	"		5:12.83		-	
	50m:	34.61	34.61	150m:	1:53.93	40.22	250m:	3:14.80	40.83	350m:	4:35.47	40.05
	100m:	1:13.71	39.10	200m:	2:33.97	40.04	300m:	3:55.42	40.62	400m:	5:12.83	37.36
70.			2010	II		"	"		5:13.23		-	
	50m:	35.89	35.89	150m:	1:55.85	40.26	250m:	3:15.75	39.63	350m:	4:33.91	38.50
	100m:	1:15.59	39.70	200m:	2:36.12	40.27	300m:	3:55.41	39.66	400m:	5:13.23	39.32
71.			2011	II		"	" (1)		5:13.70		-	
	50m:	36.01	36.01	150m:	1:55.90	40.19	250m:	3:16.27	40.43	350m:	4:36.28	40.47
	100m:	1:15.71	39.70	200m:	2:35.84	39.94	300m:	3:55.81	39.54	400m:	5:13.70	37.42



14,		, 400m				11-12							
72.				2010	II			-70 "	"			5:14.24	-
	50m:	34.17	34.17	150m:	1:53.14	40.22	250m:	3:14.58	40.62	350m:	4:35.98	40.49	
	100m:	1:12.92	38.75	200m:	2:33.96	40.82	300m:	3:55.49	40.91	400m:	5:14.24	38.26	
73.				2010	II			"	"			5:15.50	-
	50m:	33.99	33.99	150m:	1:53.10	40.63	250m:	3:14.82	41.02	350m:	4:36.88	41.00	
	100m:	1:12.47	38.48	200m:	2:33.80	40.70	300m:	3:55.88	41.06	400m:	5:15.50	38.62	
74.				2010	II			"	" (1)			5:15.68	-
	50m:	36.70	36.70	150m:	1:56.44	40.29	250m:	3:17.45	40.27	350m:	4:37.02	40.06	
	100m:	1:16.15	39.45	200m:	2:37.18	40.74	300m:	3:56.96	39.51	400m:	5:15.68	38.66	
75.				2011	II			"	" (1)			5:17.69	-
	50m:	34.83	34.83	150m:	1:54.82	40.69	250m:	3:16.94	41.37	350m:	4:38.83	40.69	
	100m:	1:14.13	39.30	200m:	2:35.57	40.75	300m:	3:58.14	41.20	400m:	5:17.69	38.86	
76.				2010	II			"	"			5:19.03	-
	50m:	35.07	35.07	150m:	1:57.25	41.69	250m:	3:21.25	41.99	350m:	4:43.22	40.57	
	100m:	1:15.56	40.49	200m:	2:39.26	42.01	300m:	4:02.65	41.40	400m:	5:19.03	35.81	
77.				2011	II			"	"			5:20.32	-
	50m:	36.00	36.00	150m:	1:56.24	40.64	250m:	3:19.19	41.57	350m:	4:41.83	41.12	
	100m:	1:15.60	39.60	200m:	2:37.62	41.38	300m:	4:00.71	41.52	400m:	5:20.32	38.49	
78.				2010	II			"	"			5:21.20	-
	50m:	35.07	35.07	150m:	1:57.06	42.06	250m:	3:21.45	42.05	350m:	4:43.54	40.32	
	100m:	1:15.00	39.93	200m:	2:39.40	42.34	300m:	4:03.22	41.77	400m:	5:21.20	37.66	
79.				2010	II			-70 "	" (2)			5:23.68	-
	50m:	32.10	32.10	150m:	1:50.54	40.60	250m:	3:15.66	42.98	350m:	4:42.11	43.46	
	100m:	1:09.94	37.84	200m:	2:32.68	42.14	300m:	3:58.65	42.99	400m:	5:23.68	41.57	
80.				2011	II			-70 "	"			5:24.17	-
	50m:	34.86	34.86	150m:	1:56.89	41.65	250m:	3:21.52	42.38	350m:	4:44.39	41.51	
	100m:	1:15.24	40.38	200m:	2:39.14	42.25	300m:	4:02.88	41.36	400m:	5:24.17	39.78	
DNS				2010	II			"	"				-