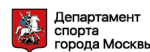


ЧЕМПИОНАТ МОСКВЫ ПО ПЛАВАНИЮ

среди мужчин и женщин

17-20 марта 2026г.

г.Москва, СК "Акватория ЗИЛ", бассейн 50м



Дистанция 42
20.03.2026 - 14:20

Женщины, 1500m Вольный стиль

Женщины
Результаты

Очки: AQUA 2026

Место	Фамилия, имя			Д/р		Команда				Результат			Очки
1.	АРШАВСКАЯ Анна			мс	05.09.2008	Московская академия плавания				16:47.27		мс	763
	50m:	30.63	30.63	450m:	4:56.38	33.51	850m:	9:26.44	34.08	1250m:	13:58.81	34.00	
	100m:	1:03.47	32.84	500m:	5:29.73	33.35	900m:	10:00.33	33.89	1300m:	14:33.05	34.24	
	150m:	1:36.96	33.49	550m:	6:03.29	33.56	950m:	10:34.31	33.98	1350m:	15:07.36	34.31	
	200m:	2:10.20	33.24	600m:	6:37.27	33.98	1000m:	11:08.14	33.83	1400m:	15:41.43	34.07	
	250m:	2:43.41	33.21	650m:	7:11.05	33.78	1050m:	11:42.33	34.19	1450m:	16:14.79	33.36	
	300m:	3:16.33	32.92	700m:	7:44.81	33.76	1100m:	12:16.72	34.39	1500m:	16:47.27	32.48	
	350m:	3:49.54	33.21	750m:	8:18.65	33.84	1150m:	12:50.57	33.85				
	400m:	4:22.87	33.33	800m:	8:52.36	33.71	1200m:	13:24.81	34.24				
2.	ЧУГАЙ Дарья			мс	13.09.2005	МУОР				17:24.71		мс	683
	50m:	31.76	31.76	450m:	5:11.15	34.89	850m:	9:50.24	34.77	1250m:	14:30.14	34.81	
	100m:	1:06.46	34.70	500m:	5:46.26	35.11	900m:	10:25.45	35.21	1300m:	15:05.63	35.49	
	150m:	1:41.70	35.24	550m:	6:20.96	34.70	950m:	11:00.03	34.58	1350m:	15:40.61	34.98	
	200m:	2:16.77	35.07	600m:	6:56.10	35.14	1000m:	11:35.26	35.23	1400m:	16:15.97	35.36	
	250m:	2:51.58	34.81	650m:	7:30.71	34.61	1050m:	12:09.88	34.62	1450m:	16:50.45	34.48	
	300m:	3:26.49	34.91	700m:	8:05.77	35.06	1100m:	12:45.21	35.33	1500m:	17:24.71	34.26	
	350m:	4:01.28	34.79	750m:	8:40.57	34.80	1150m:	13:19.82	34.61				
	400m:	4:36.26	34.98	800m:	9:15.47	34.90	1200m:	13:55.33	35.51				
3.	ХАЙЛАК Валерия			мс	02.11.2007	СШОР "Юность Москвы"				17:29.76		мс	674
	50m:	31.10	31.10	450m:	5:11.27	34.90	850m:	9:51.03	35.51	1250m:	14:33.87	35.83	
	100m:	1:05.84	34.74	500m:	5:46.17	34.90	900m:	10:25.58	34.55	1300m:	15:09.42	35.55	
	150m:	1:41.01	35.17	550m:	6:21.28	35.11	950m:	11:00.93	35.35	1350m:	15:45.28	35.86	
	200m:	2:15.76	34.75	600m:	6:55.87	34.59	1000m:	11:35.93	35.00	1400m:	16:20.51	35.23	
	250m:	2:51.20	35.44	650m:	7:30.79	34.92	1050m:	12:11.18	35.25	1450m:	16:56.13	35.62	
	300m:	3:26.22	35.02	700m:	8:05.70	34.91	1100m:	12:46.69	35.51	1500m:	17:29.76	33.63	
	350m:	4:01.56	35.34	750m:	8:40.68	34.98	1150m:	13:22.62	35.93				
	400m:	4:36.37	34.81	800m:	9:15.52	34.84	1200m:	13:58.04	35.42				
4.	ИВАНОВА Анастасия			кмс	10.09.2010	СШОР "Юность Москвы"				17:43.02		кмс	649
	50m:	31.66	31.66	450m:	5:13.73	35.74	850m:	10:00.23	35.74	1250m:	14:48.29	36.33	
	100m:	1:06.17	34.51	500m:	5:49.40	35.67	900m:	10:36.04	35.81	1300m:	15:24.11	35.82	
	150m:	1:41.34	35.17	550m:	6:25.57	36.17	950m:	11:12.28	36.24	1350m:	15:59.85	35.74	
	200m:	2:16.30	34.96	600m:	7:01.17	35.60	1000m:	11:48.04	35.76	1400m:	16:35.77	35.92	
	250m:	2:51.84	35.54	650m:	7:36.97	35.80	1050m:	12:23.94	35.90	1450m:	17:10.52	34.75	
	300m:	3:27.23	35.39	700m:	8:12.84	35.87	1100m:	12:59.87	35.93	1500m:	17:43.02	32.50	
	350m:	4:02.66	35.43	750m:	8:48.69	35.85	1150m:	13:35.90	36.03				
	400m:	4:37.99	35.33	800m:	9:24.49	35.80	1200m:	14:11.96	36.06				
5.	ТЕПЛЯКОВА Елизавета			мс	10.01.2008	МУОР				17:43.68		кмс	648
	50m:	32.15	32.15	450m:	5:15.12	35.19	850m:	10:01.08	35.56	1250m:	14:46.64	35.58	
	100m:	1:07.47	35.32	500m:	5:51.02	35.90	900m:	10:37.15	36.07	1300m:	15:22.55	35.91	
	150m:	1:42.85	35.38	550m:	6:26.44	35.42	950m:	11:12.79	35.64	1350m:	15:58.23	35.68	
	200m:	2:18.34	35.49	600m:	7:02.35	35.91	1000m:	11:48.56	35.77	1400m:	16:34.49	36.26	
	250m:	2:53.52	35.18	650m:	7:37.91	35.56	1050m:	12:23.98	35.42	1450m:	17:10.21	35.72	
	300m:	3:29.00	35.48	700m:	8:13.93	36.02	1100m:	12:59.65	35.67	1500m:	17:43.68	33.47	
	350m:	4:04.35	35.35	750m:	8:49.51	35.58	1150m:	13:35.22	35.57				
	400m:	4:39.93	35.58	800m:	9:25.52	36.01	1200m:	14:11.06	35.84				
6.	ТУЧКОВА Ульяна			кмс	30.10.2009	МКСШОР "Восток"				17:50.50		кмс	635
	50m:	30.85	30.85	450m:	5:09.02	35.68	850m:	9:57.25	36.62	1250m:	14:49.66	36.92	
	100m:	1:04.26	33.41	500m:	5:44.70	35.68	900m:	10:33.47	36.22	1300m:	15:26.00	36.34	
	150m:	1:38.50	34.24	550m:	6:20.67	35.97	950m:	11:10.07	36.60	1350m:	16:02.73	36.73	
	200m:	2:13.00	34.50	600m:	6:56.85	36.18	1000m:	11:46.30	36.23	1400m:	16:39.09	36.36	
	250m:	2:47.90	34.90	650m:	7:32.76	35.91	1050m:	12:23.28	36.98	1450m:	17:15.94	36.85	
	300m:	3:22.75	34.85	700m:	8:08.98	36.22	1100m:	12:59.83	36.55	1500m:	17:50.50	34.56	
	350m:	3:58.20	35.45	750m:	8:45.01	36.03	1150m:	13:36.37	36.54				
	400m:	4:33.34	35.14	800m:	9:20.63	35.62	1200m:	14:12.74	36.37				

ЧЕМПИОНАТ МОСКВЫ ПО ПЛАВАНИЮ

среди мужчин и женщин

17-20 марта 2026г.

г.Москва, СК "Акватория ЗИЛ", бассейн 50м



Дистанция 42, Женщины, 1500m Вольный стиль, Женщины

Место	Фамилия, имя			Д/р		Команда			Результат			Очки	
7.	КРОТ Виктория			кмс	12.11.2010	МКСШ "Зеленоград"			18:02.17			кмс	615
	50m:	31.45	31.45	500m:	5:54.53	1:12.81	850m:	10:10.02	36.38	1200m:	14:26.43	36.71	
	100m:	1:06.46	35.01	550m:	6:31.00	36.47	900m:	10:46.56	36.54	1250m:	15:03.30	36.87	
	150m:	1:41.86	35.40	600m:	7:07.44	36.44	950m:	11:23.46	36.90	1300m:	15:39.72	36.42	
	200m:	2:17.50	35.64	650m:	7:43.73	36.29	1000m:	12:00.33	36.87	1350m:	16:16.53	36.81	
	250m:	2:53.31	35.81	700m:	8:20.54	36.81	1050m:	12:36.46	36.13	1400m:	16:52.98	36.45	
	300m:	3:29.22	35.91	750m:	8:57.01	36.47	1100m:	13:12.94	36.48	1450m:	17:28.77	35.79	
	400m:	4:41.72	1:12.50	800m:	9:33.64	36.63	1150m:	13:49.72	36.78	1500m:	18:02.17	33.40	
8.	МАРКИТАНОВА Елена			кмс	18.09.2006	Московская академия плавания			18:27.56			кмс	574
	50m:	32.81	32.81	450m:	5:22.93	36.71	850m:	10:20.27	37.15	1250m:	15:21.58	37.52	
	100m:	1:08.26	35.45	500m:	5:59.89	36.96	900m:	10:57.66	37.39	1300m:	15:59.57	37.99	
	150m:	1:44.08	35.82	550m:	6:37.08	37.19	950m:	11:35.17	37.51	1350m:	16:37.00	37.43	
	200m:	2:20.30	36.22	600m:	7:14.22	37.14	1000m:	12:12.82	37.65	1400m:	17:14.69	37.69	
	250m:	2:56.64	36.34	650m:	7:51.57	37.35	1050m:	12:50.58	37.76	1450m:	17:51.90	37.21	
	300m:	3:33.09	36.45	700m:	8:28.94	37.37	1100m:	13:28.33	37.75	1500m:	18:27.56	35.66	
	350m:	4:09.60	36.51	750m:	9:06.06	37.12	1150m:	14:06.20	37.87				
	400m:	4:46.22	36.62	800m:	9:43.12	37.06	1200m:	14:44.06	37.86				
9.	ГРЯЗНОВА Анна			кмс	08.01.2009	СШОР "Москвич"			18:29.11			кмс	571
	50m:	31.66	31.66	450m:	5:23.43	37.19	850m:	10:22.32	37.35	1250m:	15:25.46	38.04	
	100m:	1:06.98	35.32	500m:	6:00.81	37.38	900m:	10:59.96	37.64	1300m:	16:02.76	37.30	
	150m:	1:43.19	36.21	550m:	6:38.01	37.20	950m:	11:37.76	37.80	1350m:	16:40.72	37.96	
	200m:	2:19.60	36.41	600m:	7:15.55	37.54	1000m:	12:15.35	37.59	1400m:	17:18.21	37.49	
	250m:	2:56.13	36.53	650m:	7:52.81	37.26	1050m:	12:53.11	37.76	1450m:	17:55.30	37.09	
	300m:	3:32.72	36.59	700m:	8:30.04	37.23	1100m:	13:31.14	38.03	1500m:	18:29.11	33.81	
	350m:	4:09.48	36.76	750m:	9:07.61	37.57	1150m:	14:09.19	38.05				
	400m:	4:46.24	36.76	800m:	9:44.97	37.36	1200m:	14:47.42	38.23				
10.	КРАВЧЕНКО Анна			кмс	06.03.2008	Московская академия плавания			18:29.26			кмс	571
	50m:	32.14	32.14	450m:	5:21.99	36.78	850m:	10:21.07	37.57	1250m:	15:23.33	37.91	
	100m:	1:07.17	35.03	500m:	5:59.17	37.18	900m:	10:58.89	37.82	1300m:	16:01.24	37.91	
	150m:	1:43.02	35.85	550m:	6:36.62	37.45	950m:	11:36.33	37.44	1350m:	16:39.19	37.95	
	200m:	2:19.13	36.11	600m:	7:13.81	37.19	1000m:	12:14.02	37.69	1400m:	17:16.77	37.58	
	250m:	2:55.63	36.50	650m:	7:50.98	37.17	1050m:	12:52.05	38.03	1450m:	17:53.88	37.11	
	300m:	3:31.99	36.36	700m:	8:28.58	37.60	1100m:	13:29.46	37.41	1500m:	18:29.26	35.38	
	350m:	4:08.47	36.48	750m:	9:06.24	37.66	1150m:	14:07.31	37.85				
	400m:	4:45.21	36.74	800m:	9:43.50	37.26	1200m:	14:45.42	38.11				
11.	БУДЯНСКАЯ Вероника			кмс	31.08.2010	СК "Динамо" по плаванию			18:31.41			кмс	568
	50m:	32.56	32.56	450m:	5:25.00	36.64	850m:	10:23.17	37.94	1250m:	15:24.89	37.71	
	100m:	1:08.65	36.09	500m:	6:02.03	37.03	900m:	11:01.13	37.96	1300m:	16:03.10	38.21	
	150m:	1:44.96	36.31	550m:	6:38.97	36.94	950m:	11:38.66	37.53	1350m:	16:40.91	37.81	
	200m:	2:21.47	36.51	600m:	7:15.56	36.59	1000m:	12:16.96	38.30	1400m:	17:18.58	37.67	
	250m:	2:58.24	36.77	650m:	7:52.63	37.07	1050m:	12:54.44	37.48	1450m:	17:55.83	37.25	
	300m:	3:34.83	36.59	700m:	8:30.07	37.44	1100m:	13:31.76	37.32	1500m:	18:31.41	35.58	
	350m:	4:11.57	36.74	750m:	9:07.69	37.62	1150m:	14:09.27	37.51				
	400m:	4:48.36	36.79	800m:	9:45.23	37.54	1200m:	14:47.18	37.91				
12.	МОТОРНАЯ Маргарита			I	18.10.2011	Московская академия плавания			18:44.73			I	548
	50m:	32.99	32.99	450m:	5:34.39	37.87	850m:	10:35.93	37.56	1250m:	15:40.60	38.10	
	100m:	1:09.56	36.57	500m:	6:12.07	37.68	900m:	11:13.67	37.74	1300m:	16:18.24	37.64	
	150m:	1:47.30	37.74	550m:	6:49.90	37.83	950m:	11:51.74	38.07	1350m:	16:55.99	37.75	
	200m:	2:24.57	37.27	600m:	7:27.17	37.27	1000m:	12:29.93	38.19	1400m:	17:33.32	37.33	
	250m:	3:03.13	38.56	650m:	8:04.92	37.75	1050m:	13:08.39	38.46	1450m:	18:10.03	36.71	
	300m:	3:40.93	37.80	700m:	8:42.73	37.81	1100m:	13:46.34	37.95	1500m:	18:44.73	34.70	
	350m:	4:18.62	37.69	750m:	9:20.66	37.93	1150m:	14:24.63	38.29				
	400m:	4:56.52	37.90	800m:	9:58.37	37.71	1200m:	15:02.50	37.87				
13.	ЗАВЬЯЛОВА Василиса			I	10.08.2010	Московская академия плавания			18:46.73			I	545
	50m:	32.24	32.24	450m:	5:27.86	38.43	850m:	10:36.18	38.74	1250m:	15:44.06	37.92	
	100m:	1:07.32	35.08	500m:	6:06.23	38.37	900m:	11:14.59	38.41	1300m:	16:21.92	37.86	
	150m:	1:43.37	36.05	550m:	6:44.29	38.06	950m:	11:53.59	39.00	1350m:	16:59.92	38.00	
	200m:	2:19.83	36.46	600m:	7:22.73	38.44	1000m:	12:31.84	38.25	1400m:	17:36.84	36.92	
	250m:	2:56.67	36.84	650m:	8:01.33	38.60	1050m:	13:10.81	38.97	1450m:	18:12.66	35.82	
	300m:	3:33.72	37.05	700m:	8:40.05	38.72	1100m:	13:49.55	38.74	1500m:	18:46.73	34.07	
	350m:	4:11.58	37.86	750m:	9:19.09	39.04	1150m:	14:28.15	38.60				
	400m:	4:49.43	37.85	800m:	9:57.44	38.35	1200m:	15:06.14	37.99				

ЧЕМПИОНАТ МОСКВЫ ПО ПЛАВАНИЮ

среди мужчин и женщин

17-20 марта 2026г.

г.Москва, СК "Акватория ЗИЛ", бассейн 50м



Дистанция 42, Женщины, 1500m Вольный стиль, Женщины

Место	Фамилия, имя			Д/р	Команда				Результат			Очки
14.	РЕШЕТНЯК Божена			кмс 29.01.2010	СШОР "Москвич"				18:48.45			I 542
	50m:	33.23	33.23	450m:	5:35.10	37.85	850m:	10:38.49	37.92	1250m:	15:44.78	38.48
	100m:	1:09.97	36.74	500m:	6:13.31	38.21	900m:	11:16.70	38.21	1300m:	16:23.13	38.35
	150m:	1:47.63	37.66	550m:	6:51.03	37.72	950m:	11:54.62	37.92	1350m:	17:01.31	38.18
	200m:	2:25.53	37.90	600m:	7:28.70	37.67	1000m:	12:32.79	38.17	1400m:	17:38.59	37.28
	250m:	3:03.38	37.85	650m:	8:06.54	37.84	1050m:	13:10.99	38.20	1450m:	18:14.74	36.15
	300m:	3:41.33	37.95	700m:	8:44.57	38.03	1100m:	13:49.51	38.52	1500m:	18:48.45	33.71
	350m:	4:19.11	37.78	750m:	9:22.64	38.07	1150m:	14:27.82	38.31			
	400m:	4:57.25	38.14	800m:	10:00.57	37.93	1200m:	15:06.30	38.48			
15.	РАЖЕВА Александра			кмс 08.05.2010	Московская академия плавания				18:49.52			I 541
	50m:	33.47	33.47	450m:	5:37.45	38.35	850m:	10:44.82	38.45	1250m:	15:46.62	37.49
	100m:	1:10.09	36.62	500m:	6:15.98	38.53	900m:	11:22.94	38.12	1300m:	16:23.83	37.21
	150m:	1:48.10	38.01	550m:	6:54.43	38.45	950m:	12:01.04	38.10	1350m:	17:01.14	37.31
	200m:	2:26.26	38.16	600m:	7:32.84	38.41	1000m:	12:38.95	37.91	1400m:	17:38.30	37.16
	250m:	3:04.18	37.92	650m:	8:11.29	38.45	1050m:	13:16.82	37.87	1450m:	18:14.95	36.65
	300m:	3:42.38	38.20	700m:	8:49.56	38.27	1100m:	13:54.25	37.43	1500m:	18:49.52	34.57
	350m:	4:20.77	38.39	750m:	9:28.05	38.49	1150m:	14:31.74	37.49			
	400m:	4:59.10	38.33	800m:	10:06.37	38.32	1200m:	15:09.13	37.39			
16.	СТАРИКОВА Татьяна			кмс 23.09.2010	Московская академия плавания				18:50.74			I 539
	50m:	33.14	33.14	450m:	5:35.43	38.15	850m:	10:39.77	37.81	1250m:	15:46.34	37.88
	100m:	1:10.01	36.87	500m:	6:13.92	38.49	900m:	11:18.25	38.48	1300m:	16:24.22	37.88
	150m:	1:47.68	37.67	550m:	6:51.42	37.50	950m:	11:56.20	37.95	1350m:	17:00.98	36.76
	200m:	2:25.53	37.85	600m:	7:29.83	38.41	1000m:	12:34.67	38.47	1400m:	17:36.57	35.59
	250m:	3:03.40	37.87	650m:	8:07.34	37.51	1050m:	13:12.79	38.12	1450m:	18:15.87	39.30
	300m:	3:41.37	37.97	700m:	8:45.67	38.33	1100m:	13:51.14	38.35	1500m:	18:50.74	34.87
	350m:	4:19.26	37.89	750m:	9:23.82	38.15	1150m:	14:29.84	38.70			
	400m:	4:57.28	38.02	800m:	10:01.96	38.14	1200m:	15:08.46	38.62			
17.	ГРОМОВА Злата			кмс 08.03.2010	МУОР				19:00.94			I 525
	50m:	32.61	32.61	450m:	5:31.14	38.77	850m:	10:41.56	38.94	1250m:	15:51.46	39.07
	100m:	1:07.79	35.18	500m:	6:10.43	39.29	900m:	11:20.99	39.43	1300m:	16:30.72	39.26
	150m:	1:43.53	35.74	550m:	6:49.58	39.15	950m:	12:00.25	39.26	1350m:	17:09.50	38.78
	200m:	2:20.05	36.52	600m:	7:28.69	39.11	1000m:	12:39.46	39.21	1400m:	17:48.01	38.51
	250m:	2:57.03	36.98	650m:	8:07.55	38.86	1050m:	13:18.46	39.00	1450m:	18:25.82	37.81
	300m:	3:35.02	37.99	700m:	8:45.47	37.92	1100m:	13:56.71	38.25	1500m:	19:00.94	35.12
	350m:	4:13.55	38.53	750m:	9:23.95	38.48	1150m:	14:34.59	37.88			
	400m:	4:52.37	38.82	800m:	10:02.62	38.67	1200m:	15:12.39	37.80			
18.	ЛЫСАЧЕВА Кира			кмс 24.12.2008	МКСШОР "Восток"				19:04.01			I 520
	50m:	32.59	32.59	450m:	5:39.60	39.14	850m:	10:51.38	39.35	1250m:	15:58.95	39.00
	100m:	1:09.04	36.45	500m:	6:18.47	38.87	900m:	11:29.39	38.01	1300m:	16:36.86	37.91
	150m:	1:47.08	38.04	550m:	6:57.29	38.82	950m:	12:07.71	38.32	1350m:	17:15.46	38.60
	200m:	2:25.17	38.09	600m:	7:36.12	38.83	1000m:	12:46.03	38.32	1400m:	17:52.31	36.85
	250m:	3:03.56	38.39	650m:	8:15.68	39.56	1050m:	13:24.74	38.71	1450m:	18:28.64	36.33
	300m:	3:41.93	38.37	700m:	8:54.21	38.53	1100m:	14:02.88	38.14	1500m:	19:04.01	35.37
	350m:	4:21.18	39.25	750m:	9:33.15	38.94	1150m:	14:41.72	38.84			
	400m:	5:00.46	39.28	800m:	10:12.03	38.88	1200m:	15:19.95	38.23			
19.	КРАСАВИНА Таисия			кмс 09.01.2010	СК "Динамо" по плаванию				19:06.99			I 516
	50m:	33.15	33.15	500m:	6:13.26	1:15.98	850m:	10:44.72	39.39	1200m:	15:19.57	39.40
	100m:	1:09.92	36.77	550m:	6:51.88	38.62	900m:	11:23.78	39.06	1250m:	15:59.11	39.54
	150m:	1:48.11	38.19	600m:	7:29.90	38.02	950m:	12:03.28	39.50	1300m:	16:37.80	38.69
	200m:	2:25.90	37.79	650m:	8:08.91	39.01	1000m:	12:42.18	38.90	1350m:	17:15.95	38.15
	250m:	3:04.30	38.40	700m:	8:47.90	38.99	1050m:	13:21.49	39.31	1400m:	17:54.51	38.56
	300m:	3:41.89	37.59	750m:	9:26.24	38.34	1100m:	14:00.72	39.23	1450m:	18:32.01	37.50
	400m:	4:57.28	1:15.39	800m:	10:05.33	39.09	1150m:	14:40.17	39.45	1500m:	19:06.99	34.98
20.	ПЯТНИЦЫНА Алиса			кмс 07.01.2011	Московская академия плавания				19:10.31			I 512
	50m:	33.37	33.37	450m:	5:36.92	38.81	850m:	10:49.69	39.00	1250m:	15:58.95	38.78
	100m:	1:10.53	37.16	500m:	6:15.49	38.57	900m:	11:28.81	39.12	1300m:	16:37.92	38.97
	150m:	1:48.37	37.84	550m:	6:54.49	39.00	950m:	12:07.58	38.77	1350m:	17:16.46	38.54
	200m:	2:25.72	37.35	600m:	7:33.22	38.73	1000m:	12:45.94	38.36	1400m:	17:55.01	38.55
	250m:	3:03.99	38.27	650m:	8:12.67	39.45	1050m:	13:24.79	38.85	1450m:	18:33.30	38.29
	300m:	3:41.85	37.86	700m:	8:52.51	39.84	1100m:	14:03.13	38.34	1500m:	19:10.31	37.01
	350m:	4:19.92	38.07	750m:	9:31.50	38.99	1150m:	14:41.70	38.57			
	400m:	4:58.11	38.19	800m:	10:10.69	39.19	1200m:	15:20.17	38.47			

ЧЕМПИОНАТ МОСКВЫ ПО ПЛАВАНИЮ

среди мужчин и женщин

17-20 марта 2026г.

г.Москва, СК "Акватория ЗИЛ", бассейн 50м



Дистанция 42, Женщины, 1500m Вольный стиль, Женщины

Место	Фамилия, имя			Д/р		Команда				Результат			Очки
21.	ЧУГАЙ Мария			кмс	25.10.2010	МУОР				19:13.36	I		508
	50m:	33.35	33.35	450m:	5:34.82	37.36	850m:	10:46.80	39.05	1250m:	16:01.35	39.18	
	100m:	1:09.65	36.30	500m:	6:14.29	39.47	900m:	11:25.78	38.98	1300m:	16:40.23	38.88	
	150m:	1:45.95	36.30	550m:	6:53.16	38.87	950m:	12:04.60	38.82	1350m:	17:19.48	39.25	
	200m:	2:24.12	38.17	600m:	7:31.49	38.33	1000m:	12:43.89	39.29	1400m:	17:58.78	39.30	
	250m:	3:01.79	37.67	650m:	8:10.22	38.73	1050m:	13:23.55	39.66	1450m:	18:36.61	37.83	
	300m:	3:40.25	38.46	700m:	8:49.28	39.06	1100m:	14:02.59	39.04	1500m:	19:13.36	36.75	
	350m:	4:18.63	38.38	750m:	9:27.80	38.52	1150m:	14:42.37	39.78				
	400m:	4:57.46	38.83	800m:	10:07.75	39.95	1200m:	15:22.17	39.80				
22.	ЛЮКМАНОВА Лилия			I	23.03.2010	Московская академия плавания				19:13.89	I		507
	50m:	32.72	32.72	500m:	6:12.61	1:16.13	850m:	10:47.09	39.87	1200m:	15:22.86	39.63	
	100m:	1:09.21	36.49	550m:	6:51.86	39.25	900m:	11:25.48	38.39	1250m:	16:02.43	39.57	
	150m:	1:46.99	37.78	600m:	7:30.53	38.67	950m:	12:05.79	40.31	1350m:	17:20.49	1:18.06	
	200m:	2:25.12	38.13	650m:	8:09.48	38.95	1000m:	12:44.90	39.11	1400m:	17:59.33	38.84	
	250m:	3:03.43	38.31	700m:	8:48.62	39.14	1050m:	13:24.36	39.46	1450m:	18:38.08	38.75	
	300m:	3:40.58	37.15	750m:	9:27.55	38.93	1100m:	14:03.57	39.21	1500m:	19:13.89	35.81	
	400m:	4:56.48	1:15.90	800m:	10:07.22	39.67	1150m:	14:43.23	39.66				
23.	ЛОБАНОВА Полина			кмс	04.07.2011	СШОР "Москвич"				19:29.04	I		488
	50m:	32.26	32.26	450m:	5:38.22	37.88	850m:	10:53.36	39.59	1250m:	16:12.59	39.23	
	100m:	1:08.74	36.48	500m:	6:17.48	39.26	900m:	11:33.06	39.70	1300m:	16:52.44	39.85	
	150m:	1:47.01	38.27	550m:	6:56.85	39.37	950m:	12:13.30	40.24	1350m:	17:32.21	39.77	
	200m:	2:25.57	38.56	600m:	7:36.09	39.24	1000m:	12:53.73	40.43	1400m:	18:11.67	39.46	
	250m:	3:03.14	37.57	650m:	8:14.67	38.58	1050m:	13:33.14	39.41	1450m:	18:50.99	39.32	
	300m:	3:41.32	38.18	700m:	8:54.10	39.43	1100m:	14:12.92	39.78	1500m:	19:29.04	38.05	
	350m:	4:20.82	39.50	750m:	9:34.00	39.90	1150m:	14:53.54	40.62				
	400m:	5:00.34	39.52	800m:	10:13.77	39.77	1200m:	15:33.36	39.82				
24.	ПISКУНОВА Кристина			кмс	15.06.2007	СШОР "Москвич"				19:51.00	I		461
	50m:	32.63	32.63	450m:	5:43.51	39.88	850m:	11:05.61	40.30	1250m:	16:31.47	41.32	
	100m:	1:08.92	36.29	500m:	6:23.34	39.83	900m:	11:45.81	40.20	1300m:	17:12.41	40.94	
	150m:	1:46.26	37.34	550m:	7:03.42	40.08	950m:	12:26.15	40.34	1350m:	17:52.84	40.43	
	200m:	2:24.90	38.64	600m:	7:43.62	40.20	1000m:	13:06.48	40.33	1400m:	18:32.41	39.57	
	250m:	3:04.39	39.49	650m:	8:23.47	39.85	1050m:	13:47.40	40.92	1450m:	19:12.05	39.64	
	300m:	3:44.33	39.94	700m:	9:03.95	40.48	1100m:	14:28.11	40.71	1500m:	19:51.00	38.95	
	350m:	4:23.77	39.44	750m:	9:44.65	40.70	1150m:	15:09.46	41.35				
	400m:	5:03.63	39.86	800m:	10:25.31	40.66	1200m:	15:50.15	40.69				
25.	СВИСТУНОВА Александра			I	11.06.2009	СШОР "Москвич"				20:01.59	I		449
	50m:	33.16	33.16	450m:	5:47.57	40.36	850m:	11:09.53	40.64	1250m:	16:37.38	40.81	
	100m:	1:10.49	37.33	500m:	6:27.61	40.04	900m:	11:51.03	41.50	1300m:	17:18.12	40.74	
	150m:	1:49.19	38.70	550m:	7:07.69	40.08	950m:	12:31.80	40.77	1350m:	17:59.29	41.17	
	200m:	2:28.35	39.16	600m:	7:47.76	40.07	1000m:	13:13.02	41.22	1400m:	18:40.47	41.18	
	250m:	3:08.26	39.91	650m:	8:27.77	40.01	1050m:	13:53.74	40.72	1450m:	19:21.00	40.53	
	300m:	3:47.55	39.29	700m:	9:08.10	40.33	1100m:	14:35.00	41.26	1500m:	20:01.59	40.59	
	350m:	4:27.53	39.98	750m:	9:48.26	40.16	1150m:	15:15.94	40.94				
	400m:	5:07.21	39.68	800m:	10:28.89	40.63	1200m:	15:56.57	40.63				
26.	КОЗЛОВА Екатерина			I	05.09.2009	СШОР "Москвич"				21:11.88			379
	50m:	32.73	32.73	450m:	6:06.80	43.28	850m:	11:51.88	43.58	1250m:	17:39.48	42.98	
	100m:	1:11.36	38.63	500m:	6:49.61	42.81	900m:	12:35.59	43.71	1300m:	18:22.89	43.41	
	150m:	1:52.43	41.07	550m:	7:32.41	42.80	950m:	13:19.12	43.53	1350m:	19:05.87	42.98	
	200m:	2:34.24	41.81	600m:	8:15.76	43.35	1000m:	14:02.64	43.52	1400m:	19:47.87	42.00	
	250m:	3:16.93	42.69	650m:	8:58.58	42.82	1050m:	14:46.46	43.82	1450m:	20:30.41	42.54	
	300m:	3:58.39	41.46	700m:	9:41.52	42.94	1100m:	15:29.45	42.99	1500m:	21:11.88	41.47	
	350m:	4:40.77	42.38	750m:	10:25.25	43.73	1150m:	16:13.38	43.93				
	400m:	5:23.52	42.75	800m:	11:08.30	43.05	1200m:	16:56.50	43.12				
DNS	МУХИНА Алёна			I	08.04.2010	МКСШОР "Север"							