

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

41

, 800m

22.03.2024 - 13:10

7:48.25

09.04.2021

: FINA 2024

WA

1.			02		3			<b>8:13.24</b>	770			
	50m:	30.53	30.53	250m:	2:36.71	31.32	450m:	4:40.86	30.70	650m:	6:43.70	30.37
	100m:	1:01.79	31.26	300m:	3:07.76	31.05	500m:	5:11.46	30.60	700m:	7:14.39	30.69
	150m:	1:33.83	32.04	350m:	3:38.85	31.09	550m:	5:42.16	30.70	750m:	7:44.72	30.33
	200m:	2:05.39	31.56	400m:	4:10.16	31.31	600m:	6:13.33	31.17	800m:	8:13.24	28.52
2.			04		3			<b>8:15.82</b>	758			
	50m:	28.94	28.94	250m:	2:33.81	31.34	450m:	4:38.81	31.31	650m:	6:43.95	31.22
	100m:	59.96	31.02	300m:	3:05.04	31.23	500m:	5:10.13	31.32	700m:	7:14.72	30.77
	150m:	1:31.48	31.52	350m:	3:36.29	31.25	550m:	5:41.23	31.10	750m:	7:45.36	30.64
	200m:	2:02.47	30.99	400m:	4:07.50	31.21	600m:	6:12.73	31.50	800m:	8:15.82	30.46
3.			04		"		"	<b>8:16.74</b>	754			
	50m:	28.86	28.86	250m:	2:34.34	31.53	450m:	4:39.49	30.91	650m:	6:44.09	31.03
	100m:	1:00.09	31.23	300m:	3:05.48	31.14	500m:	5:10.27	30.78	700m:	7:15.19	31.10
	150m:	1:31.69	31.60	350m:	3:37.27	31.79	550m:	5:41.76	31.49	750m:	7:46.93	31.74
	200m:	2:02.81	31.12	400m:	4:08.58	31.31	600m:	6:13.06	31.30	800m:	8:16.74	29.81
4.			05		3			<b>8:19.28</b>	742			
	50m:	29.33	29.33	250m:	2:35.19	31.04	450m:	4:39.95	31.29	650m:	6:46.09	31.39
	100m:	1:00.92	31.59	300m:	3:06.65	31.46	500m:	5:11.34	31.39	700m:	7:17.79	31.70
	150m:	1:32.67	31.75	350m:	3:37.84	31.19	550m:	5:42.90	31.56	750m:	7:48.99	31.20
	200m:	2:04.15	31.48	400m:	4:08.66	30.82	600m:	6:14.70	31.80	800m:	8:19.28	30.29
5.			05		3			<b>8:24.14</b>	721			
	50m:	29.01	29.01	250m:	2:37.20	32.19	450m:	4:45.22	31.50	650m:	6:51.07	31.53
	100m:	1:00.80	31.79	300m:	3:09.51	32.31	500m:	5:16.52	31.30	700m:	7:22.66	31.59
	150m:	1:32.94	32.14	350m:	3:41.82	32.31	550m:	5:47.79	31.27	750m:	7:54.10	31.44
	200m:	2:05.01	32.07	400m:	4:13.72	31.90	600m:	6:19.54	31.75	800m:	8:24.14	30.04
6.			06		3			<b>8:26.01</b>	713			
	50m:	28.82	28.82	250m:	2:34.89	31.60	450m:	4:42.40	31.63	650m:	6:50.88	32.05
	100m:	1:00.44	31.62	300m:	3:06.83	31.94	500m:	5:14.55	32.15	700m:	7:23.38	32.50
	150m:	1:31.74	31.30	350m:	3:38.73	31.90	550m:	5:46.54	31.99	750m:	7:55.20	31.82
	200m:	2:03.29	31.55	400m:	4:10.77	32.04	600m:	6:18.83	32.29	800m:	8:26.01	30.81
7.			04		"		"	<b>8:27.64</b>	706			
	50m:	29.74	29.74	250m:			450m:	4:47.75	31.42	650m:	6:54.24	31.71
	100m:	1:02.67	32.93	300m:	3:11.80		500m:	5:19.37	31.62	700m:	7:26.47	32.23
	150m:	1:35.11	32.44	350m:	3:44.05	32.25	550m:	5:50.72	31.35	750m:	7:58.23	31.76
	200m:	2:07.41	32.30	400m:	4:16.33	32.28	600m:	6:22.53	31.81	800m:	8:27.64	29.41
8.			05		"		"	<b>8:28.31</b>	703			
	50m:	29.39	29.39	250m:	2:37.92	32.10	450m:	4:46.30	31.80	650m:	6:53.88	32.08
	100m:	1:01.48	32.09	300m:	3:10.14	32.22	500m:	5:17.96	31.66	700m:	7:26.65	32.77
	150m:	1:33.66	32.18	350m:	3:42.47	32.33	550m:	5:49.90	31.94	750m:	7:58.91	32.26
	200m:	2:05.82	32.16	400m:	4:14.50	32.03	600m:	6:21.80	31.90	800m:	8:28.31	29.40
9.			06		3			<b>8:29.49</b>	698			
	50m:	29.62	29.62	250m:	2:38.75	32.57	450m:	4:48.71	32.00	650m:	6:56.95	32.25
	100m:	1:01.72	32.10	300m:	3:11.55	32.80	500m:	5:20.63	31.92	700m:	7:29.27	32.32
	150m:	1:33.81	32.09	350m:	3:44.15	32.60	550m:	5:52.61	31.98	750m:	8:00.58	31.31
	200m:	2:06.18	32.37	400m:	4:16.71	32.56	600m:	6:24.70	32.09	800m:	8:29.49	28.91
10.			07		"		"	<b>8:31.10</b>	692			
	50m:	29.44	29.44	250m:	2:38.14	32.31	450m:	4:47.42	32.23	650m:	6:56.60	32.44
	100m:	1:01.22	31.78	300m:	3:10.67	32.53	500m:	5:19.69	32.27	700m:	7:28.73	32.13
	150m:	1:33.33	32.11	350m:	3:43.17	32.50	550m:	5:51.91	32.22	750m:	8:00.60	31.87
	200m:	2:05.83	32.50	400m:	4:15.19	32.02	600m:	6:24.16	32.25	800m:	8:31.10	30.50

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

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19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

41, , 800m

WA

11.			08		" "			<b>8:34.50</b>	678			
	50m:	28.84	28.84	250m:	2:37.92	32.37	450m:	4:49.76	32.94	650m:	7:00.68	32.18
	100m:	1:00.46	31.62	300m:	3:11.08	33.16	500m:	5:23.11	33.35	700m:	7:32.95	32.27
	150m:	1:32.98	32.52	350m:	3:43.56	32.48	550m:	5:55.80	32.69	750m:	8:03.83	30.88
	200m:	2:05.55	32.57	400m:	4:16.82	33.26	600m:	6:28.50	32.70	800m:	8:34.50	30.67
12.			07					<b>8:34.51</b>	678			
	50m:	29.54	29.54	250m:	2:37.78	32.14	450m:	4:46.85	32.18	650m:	6:57.88	32.95
	100m:	1:01.38	31.84	300m:	3:10.30	32.52	500m:	5:19.33	32.48	700m:	7:30.71	32.83
	150m:	1:33.38	32.00	350m:	3:42.44	32.14	550m:	5:52.14	32.81	750m:	8:03.11	32.40
	200m:	2:05.64	32.26	400m:	4:14.67	32.23	600m:	6:24.93	32.79	800m:	8:34.51	31.40
13.			06				3	<b>8:36.07</b>	672			
	50m:	29.72	29.72	250m:	2:37.11	32.30	450m:	4:47.06	32.47	650m:	6:58.69	32.88
	100m:	1:01.24	31.52	300m:	3:09.51	32.40	500m:	5:19.88	32.82	700m:	7:31.61	32.92
	150m:	1:32.86	31.62	350m:	3:41.95	32.44	550m:	5:52.85	32.97	750m:	8:04.60	32.99
	200m:	2:04.81	31.95	400m:	4:14.59	32.64	600m:	6:25.81	32.96	800m:	8:36.07	31.47
14.			06				3	<b>8:40.99</b>	653			
	50m:	29.18	29.18	250m:	2:37.88	32.62	450m:	4:50.83	33.39	650m:	7:04.79	33.29
	100m:	1:00.78	31.60	300m:	3:11.07	33.19	500m:	5:24.44	33.61	700m:	7:37.82	33.03
	150m:	1:32.72	31.94	350m:	3:44.10	33.03	550m:	5:57.65	33.21	750m:	8:10.08	32.26
	200m:	2:05.26	32.54	400m:	4:17.44	33.34	600m:	6:31.50	33.85	800m:	8:40.99	30.91
15.			09				" "	<b>8:41.51</b>	651			
	50m:	28.88	28.88	250m:	2:38.26	32.51	450m:	4:49.22	32.92	650m:	7:03.10	33.65
	100m:	1:00.74	31.86	300m:	3:11.02	32.76	500m:	5:22.43	33.21	700m:	7:37.02	33.92
	150m:	1:33.01	32.27	350m:	3:43.56	32.54	550m:	5:55.82	33.39	750m:	8:10.03	33.01
	200m:	2:05.75	32.74	400m:	4:16.30	32.74	600m:	6:29.45	33.63	800m:	8:41.51	31.48
16.			07				3	<b>8:43.69</b>	643			
	50m:	29.73	29.73	250m:	2:37.91	32.53	450m:	4:49.63	32.96	650m:	7:03.91	33.41
	100m:	1:01.38	31.65	300m:	3:10.53	32.62	500m:	5:23.27	33.64	700m:	7:37.74	33.83
	150m:	1:33.35	31.97	350m:	3:43.24	32.71	550m:	5:56.84	33.57	750m:	8:10.79	33.05
	200m:	2:05.38	32.03	400m:	4:16.67	33.43	600m:	6:30.50	33.66	800m:	8:43.69	32.90
17.			06				" "	<b>8:45.27</b>	637			
	50m:	28.82	28.82	250m:	2:38.55	32.94	450m:	4:52.47	33.53	650m:	7:07.62	34.00
	100m:	1:00.68	31.86	300m:	3:11.81	33.26	500m:	5:26.21	33.74	700m:	7:40.83	33.21
	150m:	1:32.79	32.11	350m:	3:45.33	33.52	550m:	5:59.95	33.74	750m:	8:13.78	32.95
	200m:	2:05.61	32.82	400m:	4:18.94	33.61	600m:	6:33.62	33.67	800m:	8:45.27	31.49
18.			07				" "	<b>8:47.09</b>	631			
	50m:	30.00	30.00	250m:	2:41.19	33.24	450m:	4:53.87	33.35	650m:	7:09.09	34.12
	100m:	1:02.41	32.41	300m:	3:13.91	32.72	500m:	5:27.33	33.46	700m:	7:42.70	33.61
	150m:	1:35.14	32.73	350m:	3:47.06	33.15	550m:	6:01.19	33.86	750m:	8:15.31	32.61
	200m:	2:07.95	32.81	400m:	4:20.52	33.46	600m:	6:34.97	33.78	800m:	8:47.09	31.78
19.			08					<b>8:47.78</b>	628			
	50m:	30.27	30.27	250m:	2:43.28	33.75	450m:	4:57.31	33.40	650m:	7:12.09	33.74
	100m:	1:03.13	32.86	300m:	3:16.78	33.50	500m:	5:30.97	33.66	700m:	7:45.72	33.63
	150m:	1:36.35	33.22	350m:	3:50.27	33.49	550m:	6:04.73	33.76	750m:	8:18.22	32.50
	200m:	2:09.53	33.18	400m:	4:23.91	33.64	600m:	6:38.35	33.62	800m:	8:47.78	29.56
20.			07				" "	<b>8:51.97</b>	613			
	50m:	29.96	29.96	250m:	2:43.41	33.60	450m:	4:58.49	33.87	650m:	7:13.89	33.63
	100m:	1:02.68	32.72	300m:	3:16.96	33.55	500m:	5:32.73	34.24	700m:	7:47.67	33.78
	150m:	1:36.20	33.52	350m:	3:50.61	33.65	550m:	6:06.46	33.73	750m:	8:20.30	32.63
	200m:	2:09.81	33.61	400m:	4:24.62	34.01	600m:	6:40.26	33.80	800m:	8:51.97	31.67
21.			09	I				<b>8:56.22</b>	599			
	50m:	29.21	29.21	250m:	2:41.64	33.54	450m:	4:57.93	34.24	650m:	7:14.73	34.13
	100m:	1:01.84	32.63	300m:	3:15.46	33.82	500m:	5:32.30	34.37	700m:	7:49.57	34.84
	150m:	1:34.98	33.14	350m:	3:49.57	34.11	550m:	6:06.03	33.73	750m:	8:23.77	34.20
	200m:	2:08.10	33.12	400m:	4:23.69	34.12	600m:	6:40.60	34.57	800m:	8:56.22	32.45

19-22 2024 .

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# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

41, , 800m

WA

22.			06							<b>8:56.99</b>	596	
	50m:	29.60	29.60	250m:	2:43.37	33.76	450m:	4:59.22	34.10	650m:	7:15.31	33.52
	100m:	1:02.57	32.97	300m:	3:17.27	33.90	500m:	5:33.31	34.09	700m:	7:49.60	34.29
	150m:	1:35.96	33.39	350m:	3:51.29	34.02	550m:	6:07.57	34.26	750m:	8:23.65	34.05
	200m:	2:09.61	33.65	400m:	4:25.12	33.83	600m:	6:41.79	34.22	800m:	8:56.99	33.34
23.			08 I							<b>8:57.02</b>	596	
	50m:	29.96	29.96	250m:	2:46.87	34.19	450m:	5:04.28	34.23	650m:	7:19.91	34.01
	100m:	1:03.68	33.72	300m:	3:21.29	34.42	500m:	5:37.93	33.65	700m:	7:53.89	33.98
	150m:	1:37.84	34.16	350m:	3:55.62	34.33	550m:	6:11.97	34.04	750m:	8:26.13	32.24
	200m:	2:12.68	34.84	400m:	4:30.05	34.43	600m:	6:45.90	33.93	800m:	8:57.02	30.89
24.			06				-70 "			<b>9:00.26</b>	586	
	50m:	29.81	29.81	250m:	2:46.35	33.92	450m:	5:02.86	34.16	650m:	7:19.97	34.05
	100m:	1:04.09	34.28	300m:	3:20.20	33.85	500m:	5:37.25	34.39	700m:	7:54.01	34.04
	150m:	1:38.17	34.08	350m:	3:54.11	33.91	550m:	6:11.48	34.23	750m:	8:27.75	33.74
	200m:	2:12.43	34.26	400m:	4:28.70	34.59	600m:	6:45.92	34.44	800m:	9:00.26	32.51
25.			08							<b>9:03.22</b>	576 I	
	50m:	29.30	29.30	250m:	2:43.61	33.74	450m:	5:00.89	34.12	650m:	7:19.33	34.89
	100m:	1:02.14	32.84	300m:	3:18.09	34.48	500m:	5:35.64	34.75	700m:	7:53.86	34.53
	150m:	1:36.09	33.95	350m:	3:52.06	33.97	550m:	6:09.41	33.77	750m:	8:28.19	34.33
	200m:	2:09.87	33.78	400m:	4:26.77	34.71	600m:	6:44.44	35.03	800m:	9:03.22	35.03
26.			09 I				-70 "			<b>9:05.84</b>	568 I	
	50m:	30.48	30.48	250m:	2:46.22	34.80	450m:	5:04.52	34.73	650m:	7:23.86	34.60
	100m:	1:03.52	33.04	300m:	3:20.78	34.56	500m:	5:39.43	34.91	700m:	7:58.24	34.38
	150m:	1:37.51	33.99	350m:	3:55.43	34.65	550m:	6:14.06	34.63	750m:	8:32.69	34.45
	200m:	2:11.42	33.91	400m:	4:29.79	34.36	600m:	6:49.26	35.20	800m:	9:05.84	33.15
27.			10 I							<b>9:06.60</b>	565 I	
	50m:	30.31	30.31	250m:	2:46.89	34.38	450m:	5:05.91	34.81	650m:	7:26.47	34.78
	100m:	1:03.96	33.65	300m:	3:21.66	34.77	500m:	5:41.16	35.25	700m:	8:01.51	35.04
	150m:	1:38.02	34.06	350m:	3:56.15	34.49	550m:	6:16.00	34.84	750m:	8:35.56	34.05
	200m:	2:12.51	34.49	400m:	4:31.10	34.95	600m:	6:51.69	35.69	800m:	9:06.60	31.04
28.			10							<b>9:06.61</b>	565 I	
	50m:	30.46	30.46	250m:	2:47.94	35.46	450m:	5:06.60	34.62	650m:	7:26.15	34.65
	100m:	1:03.33	32.87	300m:	3:22.18	34.24	500m:	5:41.33	34.73	700m:	8:01.10	34.95
	150m:	1:38.23	34.90	350m:	3:57.37	35.19	550m:	6:16.28	34.95	750m:	8:35.06	33.96
	200m:	2:12.48	34.25	400m:	4:31.98	34.61	600m:	6:51.50	35.22	800m:	9:06.61	31.55
29.			08				-			<b>9:12.30</b>	548 I	
	50m:	31.15	31.15	250m:	2:49.22	34.99	450m:	5:08.65	34.55	650m:	7:29.08	35.24
	100m:	1:05.13	33.98	300m:	3:24.26	35.04	500m:	5:43.68	35.03	700m:	8:03.70	34.62
	150m:	1:39.54	34.41	350m:	3:59.31	35.05	550m:	6:18.50	34.82	750m:	8:38.96	35.26
	200m:	2:14.23	34.69	400m:	4:34.10	34.79	600m:	6:53.84	35.34	800m:	9:12.30	33.34
30.			06 I				"	"		<b>9:21.06</b>	523 I	
	50m:	29.82	29.82	250m:	2:46.67	35.31	450m:	5:09.73	36.07	650m:	7:34.96	36.25
	100m:	1:02.69	32.87	300m:	3:22.00	35.33	500m:	5:46.01	36.28	700m:	8:11.08	36.12
	150m:	1:36.90	34.21	350m:	3:57.82	35.82	550m:	6:22.23	36.22	750m:	8:47.01	35.93
	200m:	2:11.36	34.46	400m:	4:33.66	35.84	600m:	6:58.71	36.48	800m:	9:21.06	34.05
31.			08 I				-			<b>9:26.85</b>	507 I	
	50m:	30.36	30.36	250m:	2:52.23	35.96	450m:	5:18.23	36.93	650m:	7:43.18	35.71
	100m:	1:04.90	34.54	300m:	3:28.55	36.32	500m:	5:54.51	36.28	700m:	8:19.38	36.20
	150m:	1:40.41	35.51	350m:	4:04.86	36.31	550m:	6:31.02	36.51	750m:	8:54.43	35.05
	200m:	2:16.27	35.86	400m:	4:41.30	36.44	600m:	7:07.47	36.45	800m:	9:26.85	32.42
32.			07				"	"		<b>9:28.13</b>	503 I	
	50m:	30.50	30.50	250m:	2:48.95	35.89	450m:	5:14.48	36.81	650m:	7:41.95	36.41
	100m:	1:03.83	33.33	300m:	3:24.85	35.90	500m:	5:51.27	36.79	700m:	8:18.52	36.57
	150m:	1:38.39	34.56	350m:	4:00.97	36.12	550m:	6:28.39	37.12	750m:	8:54.23	35.71
	200m:	2:13.06	34.67	400m:	4:37.67	36.70	600m:	7:05.54	37.15	800m:	9:28.13	33.90

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