

# "ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"  
бассейн 50 м.

2

, 400m

19.03.2024 - 10:00

3:46.17

03.04.2021

: FINA 2024

WA

1.				04		3		<b>4:00.31</b>	768
	50m:	28.12	150m:	30.75	250m:	30.44	350m:	30.71	
	100m:	30.72	200m:	29.59	300m:	30.58	400m:	29.40	
2.				04		"		<b>4:00.52</b>	766
	50m:	28.22	150m:	30.93	250m:	30.16	350m:	29.47	
	100m:	31.33	200m:	31.09	300m:	30.41	400m:	28.91	
3.				99		3		<b>4:00.81</b>	763
	50m:	28.31	150m:	30.92	250m:	30.36	350m:	31.01	
	100m:	31.26	200m:	30.91	300m:	30.66	400m:	27.38	
4.				02		3		<b>4:01.21</b>	759
	50m:	29.09	150m:	31.13	250m:	30.18	350m:	29.92	
	100m:	30.92	200m:	30.62	300m:	30.37	400m:	28.98	
5.				05		"		<b>4:01.30</b>	758
	50m:	28.15	150m:	30.89	250m:	31.04	350m:	30.41	
	100m:	31.16	200m:	31.46	300m:	30.12	400m:	28.07	
6.				06		3		<b>4:03.36</b>	739
	50m:	28.22	150m:	31.12	250m:	30.33	350m:	30.57	
	100m:	30.85	200m:	31.00	300m:	30.94	400m:	30.33	
7.				05		3		<b>4:03.66</b>	736
	50m:	28.35	150m:	31.13	250m:	30.40	350m:	30.86	
	100m:	30.94	200m:	30.53	300m:	31.22	400m:	30.23	
8.				06		"	"	<b>4:03.92</b>	734
	50m:	28.10	150m:	31.10	250m:	31.42	350m:	30.53	
	100m:	30.86	200m:	31.58	300m:	31.73	400m:	28.60	
9.				06		"	"	<b>4:04.55</b>	728
	50m:	28.37	150m:	30.83	250m:	30.69	350m:	31.07	
	100m:	31.20	200m:	31.05	300m:	31.11	400m:	30.23	
10.				06		"	"	<b>4:05.47</b>	720
	50m:	29.15	150m:	30.83	250m:	31.61	350m:	30.66	
	100m:	31.40	200m:	31.23	300m:	31.50	400m:	29.09	
11.				04		"	"	<b>4:05.67</b>	718
	50m:	28.83	150m:	31.12	250m:	31.23	350m:	30.63	
	100m:	31.66	200m:	31.46	300m:	31.47	400m:	29.27	
12.				06		3		<b>4:05.78</b>	717
	50m:	29.09	150m:	31.49	250m:	31.00	350m:	30.61	
	100m:	31.75	200m:	31.83	300m:	30.87	400m:	29.14	
13.				00		-		<b>4:06.79</b>	709
	50m:	27.91	150m:	31.72	250m:	31.79	350m:	31.91	
	100m:	30.68	200m:	31.48	300m:	31.71	400m:	29.59	
14.				07				<b>4:07.69</b>	701
	50m:	28.56	150m:	31.14	250m:	31.31	350m:	31.80	
	100m:	31.18	200m:	31.43	300m:	31.58	400m:	30.69	
15.				05		3		<b>4:07.97</b>	699
	50m:	28.56	150m:	30.84	250m:	30.84	350m:	31.95	
	100m:	31.34	200m:	31.15	300m:	31.50	400m:	31.79	
16.				08		"	"	<b>4:08.84</b>	691
	50m:	28.02	150m:	31.41	250m:	31.99	350m:	31.88	
	100m:	30.45	200m:	31.37	300m:	32.27	400m:	31.45	

19-22 2024 .

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2, , 400m

								WA
17.				06			3	<b>4:08.92</b> 691
	50m:	28.66	150m:	31.08	250m:	31.89	350m:	31.25
	100m:	31.22	200m:	31.99	300m:	32.43	400m:	30.40
18.				03				<b>4:10.04</b> 681
	50m:	26.89	150m:	30.90	250m:	32.59	350m:	33.00
	100m:	29.13	200m:	31.73	300m:	32.82	400m:	32.98
19.				04			" "	<b>4:10.08</b> 681
	50m:	27.56	150m:	31.92	250m:	31.50	350m:	32.99
	100m:	31.00	200m:	31.43	300m:	32.52	400m:	31.16
20.				05			" "	<b>4:10.75</b> 676
	50m:	28.00	150m:	32.43	250m:	31.83	350m:	32.46
	100m:	31.34	200m:	32.23	300m:	32.05	400m:	30.41
21.				07			3	<b>4:10.89</b> 674
	50m:	29.08	150m:	31.48	250m:	31.61	350m:	32.61
	100m:	30.88	200m:	31.58	300m:	32.26	400m:	31.39
22.				06			" "	<b>4:12.08</b> 665
	50m:	29.22	150m:	31.57	250m:	31.98	350m:	31.17
	100m:	31.40	200m:	32.65	300m:	33.03	400m:	31.06
23.				09				<b>4:12.79</b> 659
	50m:	28.73	150m:	32.52	250m:	32.30	350m:	31.36
	100m:	32.44	200m:	32.54	300m:	32.70	400m:	30.20
24.				07			" " "	<b>4:12.81</b> 659
	50m:	27.96	150m:	31.71	250m:	32.68	350m:	32.26
	100m:	31.93	200m:	32.66	300m:	32.94	400m:	30.67
25.				07			" "	<b>4:13.18</b> 656
	50m:	28.90	150m:	31.36	250m:	32.28	350m:	31.99
	100m:	32.10	200m:	32.37	300m:	32.60	400m:	31.58
26.				07			3	<b>4:13.62</b> 653
	50m:	27.65	150m:	32.19	250m:	33.04	350m:	32.98
	100m:	31.15	200m:	32.53	300m:	32.89	400m:	31.19
27.				09			" " "	<b>4:13.97</b> 650
	50m:	28.22	150m:	32.28	250m:	33.12	350m:	32.47
	100m:	31.66	200m:	33.18	300m:	33.50	400m:	29.54
28.				06			" "	<b>4:14.55</b> 646
	50m:	27.99	150m:	32.49	250m:	32.69	350m:	32.90
	100m:	31.07	200m:	32.67	300m:	33.10	400m:	31.64
29.				06			3	<b>4:14.68</b> 645
	50m:	28.53	150m:	32.07	250m:	32.96	350m:	33.22
	100m:	30.97	200m:	32.35	300m:	32.90	400m:	31.68
30.				05			" " "	<b>4:15.01</b> 642
	50m:	27.03	150m:	31.56	250m:	33.43	350m:	33.28
	100m:	30.90	200m:	32.65	300m:	33.80	400m:	32.36
31.				08				<b>4:16.08</b> 634
	50m:	29.84	150m:	32.82	250m:	33.11	350m:	32.30
	100m:	31.97	200m:	32.84	300m:	33.11	400m:	30.09
32.				07			" "	<b>4:16.46</b> 631
	50m:	29.26	150m:	32.48	250m:	32.53	350m:	32.95
	100m:	31.70	200m:	32.64	300m:	32.72	400m:	32.18
33.				08			3	<b>4:16.76</b> 629
	50m:	28.87	150m:	32.53	250m:	34.16	350m:	33.54
	100m:	31.68	200m:	32.78	300m:	32.13	400m:	31.07

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WA

34.				07						<b>4:17.60</b>	623	I
	50m:	28.69	150m:	31.90	250m:	33.30	350m:	33.33				
	100m:	31.09	200m:	33.01	300m:	33.68	400m:	32.60				
35.				03						<b>4:17.71</b>	622	I
	50m:	28.62	150m:	32.68	250m:	32.48	350m:	33.07				
	100m:	31.79	200m:	33.44	300m:	33.13	400m:	32.50				
36.				08						<b>4:17.83</b>	621	I
	50m:	28.23	150m:	32.44	250m:	33.13	350m:	33.82				
	100m:	31.30	200m:	32.51	300m:	34.01	400m:	32.39				
37.				09 I						<b>4:17.99</b>	620	I
	50m:	28.63	150m:	32.77	250m:	33.21	350m:	33.08				
	100m:	32.28	200m:	33.18	300m:	33.17	400m:	31.67				
38.				02						<b>4:18.33</b>	618	I
	50m:	28.58	150m:	31.88	250m:	33.23	350m:	33.92				
	100m:	30.85	200m:	32.69	300m:	33.93	400m:	33.25				
39.				06						<b>4:18.82</b>	614	I
	50m:	28.34	150m:	33.22	250m:	33.64	350m:	32.88				
	100m:	32.13	200m:	33.02	300m:	32.95	400m:	32.64				
40.				08 I						<b>4:19.41</b>	610	I
	50m:	28.95	150m:	33.08	250m:	33.48	350m:	32.88				
	100m:	32.61	200m:	33.75	300m:	33.40	400m:	31.26				
41.				09						<b>4:19.52</b>	609	I
	50m:	28.77	150m:	33.60	250m:	33.07	350m:	33.83				
	100m:	32.56	200m:	33.78	300m:	32.24	400m:	31.67				
42.				08						<b>4:20.08</b>	605	I
	50m:	29.04	150m:	33.01	250m:	33.03	350m:	33.01				
	100m:	32.46	200m:	33.60	300m:	33.44	400m:	32.49				
43.				06						<b>4:20.29</b>	604	I
	50m:	28.64	150m:	33.12	250m:	33.41	350m:	33.45				
	100m:	32.31	200m:	33.39	300m:	33.50	400m:	32.47				
44.				09						<b>4:22.10</b>	591	I
	50m:	29.08	150m:	33.91	250m:	33.83	350m:	33.26				
	100m:	32.76	200m:	34.18	300m:	33.98	400m:	31.10				
45.				07						<b>4:22.63</b>	588	I
	50m:	29.41	150m:	32.99	250m:	33.61	350m:	33.54				
	100m:	32.65	200m:	33.83	300m:	34.38	400m:	32.22				
46.				06			-70			<b>4:23.04</b>	585	I
	50m:	29.32	150m:	33.33	250m:	33.86	350m:	33.83				
	100m:	32.56	200m:	33.59	300m:	33.80	400m:	32.75				
47.				08						<b>4:24.21</b>	577	I
	50m:	29.60	150m:	32.89	250m:	34.11	350m:	34.33				
	100m:	31.99	200m:	33.63	300m:	34.21	400m:	33.45				
48.				08						<b>4:26.73</b>	561	I
	50m:	29.13	150m:	33.18	250m:	33.92	350m:	34.62				
	100m:	32.87	200m:	33.85	300m:	34.77	400m:	34.39				
49.				08						<b>4:28.41</b>	551	I
	50m:	28.22	150m:	33.88	250m:	34.98	350m:	35.04				
	100m:	31.53	200m:	34.46	300m:	35.42	400m:	34.88				
50.				08			-			<b>4:30.94</b>	535	I
	50m:	30.48	150m:	33.72	250m:	34.76	350m:	34.56				
	100m:	33.05	200m:	35.07	300m:	35.51	400m:	33.79				

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бассейн 50 м.



2,

, 400m

,

WA

51.

	,			08		"	"		
50m:	29.70	150m:	35.15	250m:	35.81	350m:	36.07		
100m:	33.64	200m:	35.71	300m:	36.75	400m:	35.55		

**4:38.38**

494

52.

	,			08	I				
50m:	29.73	150m:	37.74	250m:	38.36	350m:	31.53		
100m:	36.15	200m:	37.99	300m:	37.97	400m:	35.03		

**4:44.50**

462