

"ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"
бассейн 50 м.

13

, 400m

20.03.2024 - 10:25

4:46.93

17.03.2012

: FINA 2024

WA

1.			02		" "			4:59.14	702
	50m:	32.04	32.04	150m:	1:46.97	38.07	250m:	3:08.54	45.97
	100m:	1:08.90	36.86	200m:	2:22.57	35.60	300m:	3:50.68	42.14
							400m:	4:59.14	34.20
2.			06		" "			5:01.91	682
	50m:	32.51	32.51	150m:	1:47.64	38.35	250m:	3:09.33	44.67
	100m:	1:09.29	36.78	200m:	2:24.66	37.02	300m:	3:53.47	44.14
							400m:	5:01.91	34.60
3.			06		" "			5:02.18	681
	50m:	31.84	31.84	150m:	1:47.20	38.36	250m:	3:09.37	44.34
	100m:	1:08.84	37.00	200m:	2:25.03	37.83	300m:	3:53.79	44.42
							400m:	5:02.18	35.52
4.			04		3			5:03.47	672
	50m:	31.71	31.71	150m:	1:48.75	39.05	250m:	3:10.32	43.19
	100m:	1:09.70	37.99	200m:	2:27.13	38.38	300m:	3:53.70	43.38
							400m:	5:03.47	34.98
5.			07					5:07.60	645
	50m:	32.12	32.12	150m:	1:47.81	38.49	250m:	3:10.27	43.47
	100m:	1:09.32	37.20	200m:	2:26.80	38.99	300m:	3:56.06	45.79
							400m:	5:07.60	35.77
6.			06					5:12.37	616
	50m:	32.54	32.54	150m:	1:54.40	42.71	250m:	3:18.51	44.10
	100m:	1:11.69	39.15	200m:	2:34.41	40.01	300m:	4:05.04	46.53
							400m:	5:12.37	33.32
7.			06		3			5:14.96	601
	50m:	32.11	32.11	150m:	1:50.44	40.78	250m:	3:15.44	45.39
	100m:	1:09.66	37.55	200m:	2:30.05	39.61	300m:	4:00.82	45.38
							400m:	5:14.96	37.69
8.			08					5:15.16	600
	50m:	31.75	31.75	150m:	1:49.44	40.62	250m:	3:15.88	46.25
	100m:	1:08.82	37.07	200m:	2:29.63	40.19	300m:	4:02.70	46.82
							400m:	5:15.16	36.20
9.			07		" "			5:18.75	580
	50m:	32.23	32.23	150m:	1:52.45	42.34	250m:	3:19.88	46.89
	100m:	1:10.11	37.88	200m:	2:32.99	40.54	300m:	4:07.58	47.70
							400m:	5:18.75	36.68
10.			07					5:21.38	566
	50m:	32.45	32.45	150m:	1:53.46	43.13	250m:	3:21.08	45.55
	100m:	1:10.33	37.88	200m:	2:35.53	42.07	300m:	4:08.15	47.07
							400m:	5:21.38	36.99
11.			08		" "			5:22.86	558
	50m:	34.47	34.47	150m:	1:53.00	41.48	250m:	3:21.88	48.26
	100m:	1:11.52	37.05	200m:	2:33.62	40.62	300m:	4:10.19	48.31
							400m:	5:22.86	37.21
12.			09		" "			5:23.07	557
	50m:	32.60	32.60	150m:	1:52.53	42.77	250m:	3:23.49	49.72
	100m:	1:09.76	37.16	200m:	2:33.77	41.24	300m:	4:13.60	50.11
							400m:	5:23.07	35.66
13.			07		" "			5:23.46	555
	50m:	32.92	32.92	150m:	1:55.91	41.73	250m:	3:23.94	47.25
	100m:	1:14.18	41.26	200m:	2:36.69	40.78	300m:	4:12.45	48.51
							400m:	5:23.46	35.71
14.			10					5:23.87	553
	50m:	36.16	36.16	150m:	2:00.33	41.27	250m:	3:23.24	42.17
	100m:	1:19.06	42.90	200m:	2:41.07	40.74	300m:	4:07.74	44.50
							400m:	5:23.87	39.32
15.			10 I		" "			5:24.20	551
	50m:	34.62	34.62	150m:	1:57.11	41.79	250m:	3:24.34	45.76
	100m:	1:15.32	40.70	200m:	2:38.58	41.47	300m:	4:11.35	47.01
							400m:	5:24.20	37.16
16.			10					5:24.76	548 I
	50m:	33.31	33.31	150m:	1:57.45	44.05	250m:	3:25.70	46.73
	100m:	1:13.40	40.09	200m:	2:38.97	41.52	300m:	4:12.34	46.64
							400m:	5:24.76	36.99

19-22 2024 .

SEIKO

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бассейн 50 м.

13, , 400m

WA

17.			08	I					5:25.09	547	I	
	50m:	33.47	33.47	150m:	1:54.76	42.02	250m:	3:23.77	47.35	350m:	4:49.13	38.03
	100m:	1:12.74	39.27	200m:	2:36.42	41.66	300m:	4:11.10	47.33	400m:	5:25.09	35.96
18.			06				"	"	"	5:26.93	537	I
	50m:	31.66	31.66	150m:	1:50.65	41.92	250m:	3:20.00	48.16	350m:	4:49.21	39.62
	100m:	1:08.73	37.07	200m:	2:31.84	41.19	300m:	4:09.59	49.59	400m:	5:26.93	37.72
19.			09				"	"		5:30.28	521	I
	50m:	32.10	32.10	150m:	1:51.75	42.30	250m:	3:22.40	49.16	350m:	4:52.72	39.21
	100m:	1:09.45	37.35	200m:	2:33.24	41.49	300m:	4:13.51	51.11	400m:	5:30.28	37.56
20.			09	I			"	"		5:30.93	518	I
	50m:	32.96	32.96	150m:	1:55.92	43.26	250m:	3:27.13	48.26	350m:	4:54.50	38.16
	100m:	1:12.66	39.70	200m:	2:38.87	42.95	300m:	4:16.34	49.21	400m:	5:30.93	36.43
21.			10				"	"	"	5:32.49	511	I
	50m:	34.38	34.38	150m:	1:56.70	42.37	250m:	3:26.31	47.88	350m:	4:54.27	42.01
	100m:	1:14.33	39.95	200m:	2:38.43	41.73	300m:	4:12.26	45.95	400m:	5:32.49	38.22
22.			06	I			"	"		5:34.13	503	I
	50m:	32.17	32.17	150m:	1:55.07	44.53	250m:	3:26.87	48.39	350m:	4:55.32	39.19
	100m:	1:10.54	38.37	200m:	2:38.48	43.41	300m:	4:16.13	49.26	400m:	5:34.13	38.81
DSQ			10				"	"	"			I
DSQ			10				"	"	"			I