

"ЧЕМПИОНАТ МОСКВЫ" ПО ПЛАВАНИЮ

среди мужчин и женщин

19-22 марта 2024г.



СК "Акватория ЗИЛ"
бассейн 50 м.

1

, 400m

19.03.2024 - 9:30

4:06.30

(MEX)

11.07.2008

: FINA 2024

WA

1.			98		"	"		4:19.11	749
	50m:	29.93	29.93	150m:	1:35.18	32.81	250m:	2:40.98	32.75
	100m:	1:02.37	32.44	200m:	2:08.20	33.02	300m:	3:14.01	33.03
								350m:	3:46.76
								400m:	4:19.11
									32.35
2.			07		"	"		4:21.48	729
	50m:	30.33	30.33	150m:	1:35.58	32.71	250m:	2:41.68	32.91
	100m:	1:02.87	32.54	200m:	2:08.77	33.19	300m:	3:15.02	33.34
								350m:	3:48.31
								400m:	4:21.48
									33.17
3.			07		"	"		4:23.61	711
	50m:	30.11	30.11	150m:	1:35.58	32.76	250m:	2:42.17	33.11
	100m:	1:02.82	32.71	200m:	2:09.06	33.48	300m:	3:15.83	33.66
								350m:	3:50.09
								400m:	4:23.61
									33.52
4.			06		"	"		4:25.76	694
	50m:	30.55	30.55	150m:	1:37.91	33.88	250m:	2:45.50	33.74
	100m:	1:04.03	33.48	200m:	2:11.76	33.85	300m:	3:19.49	33.99
								350m:	3:53.79
								400m:	4:25.76
									34.30
5.			07		"	3		4:26.99	685
	50m:	30.47	30.47	150m:	1:38.12	34.36	250m:	2:46.77	34.21
	100m:	1:03.76	33.29	200m:	2:12.56	34.44	300m:	3:20.23	33.46
								350m:	3:54.01
								400m:	4:26.99
									33.78
6.			08		"	"		4:29.10	669
	50m:	30.43	30.43	150m:	1:37.18	33.21	250m:	2:46.30	34.59
	100m:	1:03.97	33.54	200m:	2:11.71	34.53	300m:	3:21.65	35.35
								350m:	3:55.72
								400m:	4:29.10
									34.07
7.			05		"	"		4:29.62	665
	50m:	31.68	31.68	150m:	1:39.72	34.19	250m:	2:48.37	34.14
	100m:	1:05.53	33.85	200m:	2:14.23	34.51	300m:	3:22.69	34.32
								350m:	3:57.18
								400m:	4:29.62
									34.49
8.			07		"	"		4:30.25	660
	50m:	29.03	29.03	150m:	1:37.50	34.68	250m:	2:47.07	34.52
	100m:	1:02.82	33.79	200m:	2:12.55	35.05	300m:	3:22.03	34.96
								350m:	3:56.45
								400m:	4:30.25
									34.42
9.			08		"	"		4:31.12	654
	50m:	30.78	30.78	150m:	1:39.84	34.72	250m:	2:49.09	34.21
	100m:	1:05.12	34.34	200m:	2:14.88	35.04	300m:	3:24.31	35.22
								350m:	3:59.14
								400m:	4:31.12
									34.83
10.			08		"	3		4:31.51	651
	50m:	30.76	30.76	150m:	1:36.83	33.34	250m:	2:46.42	35.11
	100m:	1:03.49	32.73	200m:	2:11.31	34.48	300m:	3:21.77	35.35
								350m:	3:57.69
								400m:	4:31.51
									35.92
11.			08		"	"		4:31.82	649
	50m:	31.50	31.50	150m:	1:39.15	34.82	250m:	2:47.99	34.43
	100m:	1:04.33	32.83	200m:	2:13.56	34.41	300m:	3:23.60	35.61
								350m:	3:58.68
								400m:	4:31.82
									35.08
12.			07		"	"		4:32.99	641
	50m:	31.14	31.14	150m:	1:39.65	34.55	250m:	2:49.25	34.70
	100m:	1:05.10	33.96	200m:	2:14.55	34.90	300m:	3:24.69	35.44
								350m:	3:59.54
								400m:	4:32.99
									34.85
13.			05		"	"		4:34.29	631
	50m:	30.74	30.74	150m:	1:39.66	34.53	250m:	2:49.83	34.76
	100m:	1:05.13	34.39	200m:	2:15.07	35.41	300m:	3:25.73	35.90
								350m:	4:00.20
								400m:	4:34.29
									34.47
14.			09		"	"		4:34.88	627
	50m:	31.29	31.29	150m:	1:39.70	34.45	250m:	2:49.91	34.87
	100m:	1:05.25	33.96	200m:	2:15.04	35.34	300m:	3:25.37	35.46
								350m:	4:00.89
								400m:	4:34.88
									35.52
15.			08		"	3		4:36.08	619
	50m:	31.50	31.50	150m:	1:41.19	35.30	250m:	2:51.63	35.09
	100m:	1:05.89	34.39	200m:	2:16.54	35.35	300m:	3:26.81	35.18
								350m:	4:02.22
								400m:	4:36.08
									35.41
16.			08		"	"		4:37.08	613
	50m:	30.95	30.95	150m:	1:39.35	35.06	250m:	2:50.98	35.89
	100m:	1:04.29	33.34	200m:	2:15.09	35.74	300m:	3:26.81	35.83
								350m:	4:02.48
								400m:	4:37.08
									35.67
									34.60

19-22 2024 .

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бассейн 50 м.

1, , 400m

WA

17.			07		"	"	4:37.69	609				
	50m:	30.52	30.52	150m:	1:39.40	35.16	250m:	2:50.73	35.97	350m:	4:02.53	36.10
	100m:	1:04.24	33.72	200m:	2:14.76	35.36	300m:	3:26.43	35.70	400m:	4:37.69	35.16
18.			06		"	"	4:37.84	608				
	50m:	30.28	30.28	150m:	1:39.63	35.31	250m:	2:50.67	35.62	350m:	4:02.65	35.78
	100m:	1:04.32	34.04	200m:	2:15.05	35.42	300m:	3:26.87	36.20	400m:	4:37.84	35.19
19.			06		"	"	4:38.69	602				
	50m:	32.50	32.50	150m:	1:42.00	35.12	250m:	2:52.87	35.54	350m:	4:04.28	35.71
	100m:	1:06.88	34.38	200m:	2:17.33	35.33	300m:	3:28.57	35.70	400m:	4:38.69	34.41
20.			10		"	"	4:39.52	597				
	50m:	30.92	30.92	150m:	1:41.59	35.93	250m:	2:54.11	36.36	350m:	4:05.91	35.59
	100m:	1:05.66	34.74	200m:	2:17.75	36.16	300m:	3:30.32	36.21	400m:	4:39.52	33.61
21.			06		"	"	4:39.75	595				
	50m:	30.68	30.68	150m:	1:39.84	35.20	250m:	2:51.68	36.02	350m:	4:04.34	36.22
	100m:	1:04.64	33.96	200m:	2:15.66	35.82	300m:	3:28.12	36.44	400m:	4:39.75	35.41
22.			09		"	"	4:40.60	590				
	50m:	31.21	31.21	150m:	1:41.61	35.96	250m:	2:54.45	36.46	350m:	4:06.64	35.81
	100m:	1:05.65	34.44	200m:	2:17.99	36.38	300m:	3:30.83	36.38	400m:	4:40.60	33.96
23.			05		"	"	4:41.51	584				
	50m:	32.08	32.08	150m:	1:42.07	35.74	250m:	2:54.38	36.45	350m:	4:06.43	35.99
	100m:	1:06.33	34.25	200m:	2:17.93	35.86	300m:	3:30.44	36.06	400m:	4:41.51	35.08
24.			09		"	"	4:41.56	584				
	50m:	31.95	31.95	150m:	1:43.10	35.62	250m:	2:54.46	35.25	350m:	4:06.63	35.86
	100m:	1:07.48	35.53	200m:	2:19.21	36.11	300m:	3:30.77	36.31	400m:	4:41.56	34.93
25.			09		"	"	4:41.97	581				
	50m:	31.78	31.78	150m:	1:42.46	36.19	250m:	2:55.28	36.62	350m:	4:07.71	35.96
	100m:	1:06.27	34.49	200m:	2:18.66	36.20	300m:	3:31.75	36.47	400m:	4:41.97	34.26
26.			06		"	3	4:42.65	577				
	50m:	31.50	31.50	150m:	1:42.13	35.64	250m:	2:54.24	36.15	350m:	4:07.12	36.28
	100m:	1:06.49	34.99	200m:	2:18.09	35.96	300m:	3:30.84	36.60	400m:	4:42.65	35.53
27.			08		"	"	4:43.50	572				
	50m:	31.59	31.59	150m:	1:41.63	35.57	250m:	2:54.02	36.30	350m:	4:07.90	36.65
	100m:	1:06.06	34.47	200m:	2:17.72	36.09	300m:	3:31.25	37.23	400m:	4:43.50	35.60
28.			06		"	"	4:43.53	572				
	50m:	31.15	31.15	150m:	1:41.85	35.73	250m:	2:55.00	36.29	350m:	4:10.08	37.37
	100m:	1:06.12	34.97	200m:	2:18.71	36.86	300m:	3:32.71	37.71	400m:	4:43.53	33.45
29.			09		"	"	4:43.91	569				
	50m:	31.36	31.36	150m:	1:44.31	37.07	250m:	2:57.86	36.22	350m:	4:10.21	35.87
	100m:	1:07.24	35.88	200m:	2:21.64	37.33	300m:	3:34.34	36.48	400m:	4:43.91	33.70
30.			08		"	"	4:45.34	561				
	50m:	31.33	31.33	150m:	1:42.87	36.15	250m:	2:55.78	36.38	350m:	4:09.45	37.05
	100m:	1:06.72	35.39	200m:	2:19.40	36.53	300m:	3:32.40	36.62	400m:	4:45.34	35.89
31.			08		"	"	4:46.18	556				
	50m:	32.54	32.54	150m:	1:43.63	36.28	250m:	2:56.75	36.81	350m:	4:10.81	36.94
	100m:	1:07.35	34.81	200m:	2:19.94	36.31	300m:	3:33.87	37.12	400m:	4:46.18	35.37
32.			07		"	3	4:46.38	555				
	50m:	31.17	31.17	150m:	1:41.84	36.15	250m:	2:56.03	37.08	350m:	4:10.05	36.88
	100m:	1:05.69	34.52	200m:	2:18.95	37.11	300m:	3:33.17	37.14	400m:	4:46.38	36.33
33.			07		"	"	4:46.71	553				
	50m:	32.51	32.51	150m:	1:44.24	36.21	250m:	2:57.71	36.65	350m:	4:10.97	36.27
	100m:	1:08.03	35.52	200m:	2:21.06	36.82	300m:	3:34.70	36.99	400m:	4:46.71	35.74

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бассейн 50 м.

1, , 400m

WA

34.			08		"	"	"		4:46.98	551		
	50m:	32.32	32.32	150m:	1:44.24	36.42	250m:	2:57.56	37.01	350m:	4:12.19	37.78
	100m:	1:07.82	35.50	200m:	2:20.55	36.31	300m:	3:34.41	36.85	400m:	4:46.98	34.79
35.			08						4:48.08	545		
	50m:	32.20	32.20	150m:	1:43.85	36.80	250m:	2:58.59	37.31	350m:	4:13.27	37.14
	100m:	1:07.05	34.85	200m:	2:21.28	37.43	300m:	3:36.13	37.54	400m:	4:48.08	34.81
36.			06						4:48.35	543		
	50m:	31.99	31.99	150m:	1:43.51	36.10	250m:	2:58.23	37.19	350m:	4:13.93	37.12
	100m:	1:07.41	35.42	200m:	2:21.04	37.53	300m:	3:36.81	38.58	400m:	4:48.35	34.42
37.			07						4:49.84	535		
	50m:	31.92	31.92	150m:	1:44.11	36.51	250m:	2:58.39	37.18	350m:	4:13.72	37.69
	100m:	1:07.60	35.68	200m:	2:21.21	37.10	300m:	3:36.03	37.64	400m:	4:49.84	36.12
38.			09						4:49.98	534		
	50m:	32.39	32.39	150m:	1:44.15	36.36	250m:	2:58.00	37.20	350m:	4:13.34	37.74
	100m:	1:07.79	35.40	200m:	2:20.80	36.65	300m:	3:35.60	37.60	400m:	4:49.98	36.64
39.			10						4:50.39	532		
	50m:	31.96	31.96	150m:	1:44.52	36.48	250m:	2:59.76	37.63	350m:	4:14.99	37.33
	100m:	1:08.04	36.08	200m:	2:22.13	37.61	300m:	3:37.66	37.90	400m:	4:50.39	35.40
40.			07						4:50.42	532		
	50m:	31.62	31.62	150m:	1:44.65	37.39	250m:	3:00.14	37.79	350m:	4:15.13	37.38
	100m:	1:07.26	35.64	200m:	2:22.35	37.70	300m:	3:37.75	37.61	400m:	4:50.42	35.29
41.			06						4:51.17	528		
	50m:	31.54	31.54	150m:	1:43.50	36.71	250m:	2:58.68	37.87	350m:	4:14.62	38.15
	100m:	1:06.79	35.25	200m:	2:20.81	37.31	300m:	3:36.47	37.79	400m:	4:51.17	36.55
42.			08						4:51.50	526		
	50m:	31.97	31.97	150m:	1:43.80	36.48	250m:	2:58.87	37.72	350m:	4:15.16	37.94
	100m:	1:07.32	35.35	200m:	2:21.15	37.35	300m:	3:37.22	38.35	400m:	4:51.50	36.34
43.			08						4:52.42	521		
	50m:	32.17	32.17	150m:	1:45.19	37.55	250m:	3:00.65	37.83	350m:	4:17.01	38.57
	100m:	1:07.64	35.47	200m:	2:22.82	37.63	300m:	3:38.44	37.79	400m:	4:52.42	35.41
44.			08	I					4:53.00	518		
	50m:	32.46	32.46	150m:	1:44.96	37.27	250m:	2:59.72	37.51	350m:	4:15.54	37.36
	100m:	1:07.69	35.23	200m:	2:22.21	37.25	300m:	3:38.18	38.46	400m:	4:53.00	37.46
DSQ			08									