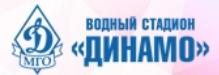
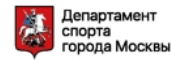




# ЧЕМПИОНАТ МОСКВЫ

## ПО ПЛАВАНИЮ СРЕДИ МУЖЧИН И ЖЕНЩИН



21-24 марта 2023г.  
ЦРВС "ДИНАМО"

31

, 800m

23.03.2023

: FINA 2023

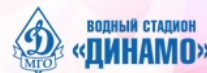
									R.T.	WA		
1.			2009						+0,72	<b>8:55.72</b>	741	
	50m:	30.61	30.61	250m:	2:47.49	34.12	450m:	5:02.72	33.75	650m:	7:17.70	33.64
	100m:	1:03.87	33.26	300m:	3:21.28	33.79	500m:	5:36.28	33.56	700m:	7:51.13	33.43
	150m:	1:38.49	34.62	350m:	3:55.29	34.01	550m:	6:10.25	33.97	750m:	8:24.08	32.95
	200m:	2:13.37	34.88	400m:	4:28.97	33.68	600m:	6:44.06	33.81	800m:	8:55.72	31.64
2.			2006						+0,74	<b>9:13.52</b>	671	
	50m:	31.23	31.23	250m:	2:49.18	34.90	450m:	5:09.50	35.13	650m:	7:29.81	34.98
	100m:	1:05.09	33.86	300m:	3:23.91	34.73	500m:	5:44.53	35.03	700m:	8:04.74	34.93
	150m:	1:39.76	34.67	350m:	3:59.01	35.10	550m:	6:19.74	35.21	750m:	8:39.05	34.31
	200m:	2:14.28	34.52	400m:	4:34.37	35.36	600m:	6:54.83	35.09	800m:	9:13.52	34.47
3.			2008				3		+0,81	<b>9:18.02</b>	655	
	50m:	32.04	32.04	250m:	2:49.59	34.77	450m:	5:08.93	34.84	650m:	7:30.16	35.54
	100m:	1:05.72	33.68	300m:	3:24.28	34.69	500m:	5:44.00	35.07	700m:	8:06.52	36.36
	150m:	1:40.28	34.56	350m:	3:59.20	34.92	550m:	6:19.20	35.20	750m:	8:43.33	36.81
	200m:	2:14.82	34.54	400m:	4:34.09	34.89	600m:	6:54.62	35.42	800m:	9:18.02	34.69
4.			2007						+0,71	<b>9:18.08</b>	655	
	50m:	30.48	30.48	250m:	2:51.36	35.79	450m:	5:11.95	35.15	650m:	7:32.59	35.30
	100m:	1:04.59	34.11	300m:	3:26.36	35.00	500m:	5:47.10	35.15	700m:	8:07.48	34.89
	150m:	1:40.39	35.80	350m:	4:01.47	35.11	550m:	6:22.29	35.19	750m:	8:42.93	35.45
	200m:	2:15.57	35.18	400m:	4:36.80	35.33	600m:	6:57.29	35.00	800m:	9:18.08	35.15
5.			2007				3		+0,57	<b>9:20.17</b>	648	
	50m:	31.65	31.65	250m:	2:53.81	36.30	450m:	5:15.96	35.24	650m:	7:37.11	35.70
	100m:	1:06.45	34.80	300m:	3:29.27	35.46	500m:	5:50.74	34.78	700m:	8:12.05	34.94
	150m:	1:42.29	35.84	350m:	4:05.29	36.02	550m:	6:26.48	35.74	750m:	8:47.16	35.11
	200m:	2:17.51	35.22	400m:	4:40.72	35.43	600m:	7:01.41	34.93	800m:	9:20.17	33.01
6.			2004				3		+0,79	<b>9:21.13</b>	644	
	50m:	31.80	31.80	250m:	2:53.42	35.88	450m:	5:16.89	35.31	650m:	7:36.75	34.94
	100m:	1:06.53	34.73	300m:	3:29.29	35.87	500m:	5:51.98	35.09	700m:	8:12.34	35.59
	150m:	1:41.87	35.34	350m:	4:05.42	36.13	550m:	6:26.78	34.80	750m:	8:47.11	34.77
	200m:	2:17.54	35.67	400m:	4:41.58	36.16	600m:	7:01.81	35.03	800m:	9:21.13	34.02
7.			1998						+0,73	<b>9:22.19</b>	641	
	50m:	30.90	30.90	250m:	2:50.55	35.51	450m:	5:13.58	35.59	650m:	7:36.41	35.56
	100m:	1:05.04	34.14	300m:	3:26.58	36.03	500m:	5:49.29	35.71	700m:	8:12.23	35.82
	150m:	1:39.64	34.60	350m:	4:02.25	35.67	550m:	6:24.92	35.63	750m:	8:47.45	35.22
	200m:	2:15.04	35.40	400m:	4:37.99	35.74	600m:	7:00.85	35.93	800m:	9:22.19	34.74
8.			2005						+0,82	<b>9:22.70</b>	639	
	50m:	31.54	31.54	250m:	2:51.31	35.18	450m:	5:14.27	35.85	650m:	7:37.75	35.45
	100m:	1:05.65	34.11	300m:	3:27.13	35.82	500m:	5:50.49	36.22	700m:	8:13.15	35.40
	150m:	1:40.65	35.00	350m:	4:02.58	35.45	550m:	6:26.05	35.56	750m:	8:48.34	35.19
	200m:	2:16.13	35.48	400m:	4:38.42	35.84	600m:	7:02.30	36.25	800m:	9:22.70	34.36
9.			2005						+0,74	<b>9:24.08</b>	634	
	50m:	32.54	32.54	250m:	2:54.77	36.00	450m:	5:17.97	35.81	650m:	7:40.65	35.63
	100m:	1:07.59	35.05	300m:	3:30.48	35.71	500m:	5:53.73	35.76	700m:	8:15.93	35.28
	150m:	1:43.15	35.56	350m:	4:06.45	35.97	550m:	6:29.45	35.72	750m:	8:50.77	34.84
	200m:	2:18.77	35.62	400m:	4:42.16	35.71	600m:	7:05.02	35.57	800m:	9:24.08	33.31
10.			2006				3		+0,88	<b>9:32.07</b>	608	
	50m:	32.21	32.21	250m:	2:52.04	35.02	450m:	5:15.31	36.26	650m:	7:42.30	36.85
	100m:	1:06.40	34.19	300m:	3:27.27	35.23	500m:	5:51.52	36.21	700m:	8:19.66	37.36
	150m:	1:41.86	35.46	350m:	4:03.22	35.95	550m:	6:28.50	36.98	750m:	8:55.87	36.21
	200m:	2:17.02	35.16	400m:	4:39.05	35.83	600m:	7:05.45	36.95	800m:	9:32.07	36.20
11.			2006						+0,82	<b>9:32.20</b>	608	
	50m:	32.78	32.78	250m:	2:55.57	35.76	450m:	5:20.27	36.19	650m:	7:45.39	36.19
	100m:	1:07.99	35.21	300m:	3:31.77	36.20	500m:	5:56.60	36.33	700m:	8:21.75	36.36
	150m:	1:43.64	35.65	350m:	4:07.81	36.04	550m:	6:32.80	36.20	750m:	8:57.54	35.79
	200m:	2:19.81	36.17	400m:	4:44.08	36.27	600m:	7:09.20	36.40	800m:	9:32.20	34.66

<http://mosswimming.ru/>



# ЧЕМПИОНАТ МОСКВЫ

## ПО ПЛАВАНИЮ СРЕДИ МУЖЧИН И ЖЕНЩИН



21-24 марта 2023г.  
ЦРВС "ДИНАМО"

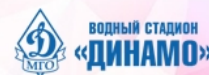
31, , 800m

							R.T.		WA			
12.	2008						"	"	+0,76	<b>9:32.66</b>	606	
	50m:	32.20	32.20	250m:	2:54.96	36.39	450m:	5:20.02	36.27	650m:	7:46.86	37.11
	100m:	1:07.19	34.99	300m:	3:30.51	35.55	500m:	5:56.63	36.61	700m:	8:23.00	36.14
	150m:	1:42.98	35.79	350m:	4:07.00	36.49	550m:	6:33.24	36.61	750m:	8:58.82	35.82
	200m:	2:18.57	35.59	400m:	4:43.75	36.75	600m:	7:09.75	36.51	800m:	9:32.66	33.84
13.	2007						"	"	+0,58	<b>9:33.13</b>	605	
	50m:	32.03	32.03	250m:	2:55.19	36.24	450m:	5:20.43	36.40	650m:	7:45.82	36.42
	100m:	1:06.84	34.81	300m:	3:31.67	36.48	500m:	5:56.45	36.02	700m:	8:21.88	36.06
	150m:	1:42.95	36.11	350m:	4:07.80	36.13	550m:	6:32.87	36.42	750m:	8:57.84	35.96
	200m:	2:18.95	36.00	400m:	4:44.03	36.23	600m:	7:09.40	36.53	800m:	9:33.13	35.29
14.	2008						"	"	+0,78	<b>9:34.07</b>	602	
	50m:	31.19	31.19	250m:	2:52.35	35.35	450m:	5:17.17	35.99	650m:	7:44.34	36.63
	100m:	1:06.06	34.87	300m:	3:28.64	36.29	500m:	5:54.03	36.86	700m:	8:21.72	37.38
	150m:	1:41.24	35.18	350m:	4:04.38	35.74	550m:	6:30.28	36.25	750m:	8:58.59	36.87
	200m:	2:17.00	35.76	400m:	4:41.18	36.80	600m:	7:07.71	37.43	800m:	9:34.07	35.48
15.	2006						"	"	+0,60	<b>9:37.78</b>	590	
	50m:	32.31	32.31	250m:	2:59.44	37.00	450m:	5:26.14	36.63	650m:	7:52.45	36.45
	100m:	1:08.43	36.12	300m:	3:36.17	36.73	500m:	6:02.60	36.46	700m:	8:29.04	36.59
	150m:	1:45.57	37.14	350m:	4:12.89	36.72	550m:	6:39.47	36.87	750m:	9:04.07	35.03
	200m:	2:22.44	36.87	400m:	4:49.51	36.62	600m:	7:16.00	36.53	800m:	9:37.78	33.71
16.	2008						"	"	+0,67	<b>9:38.45</b>	588	
	50m:	32.80	32.80	250m:	2:55.38	36.40	450m:	5:21.55	36.90	650m:	7:49.33	36.84
	100m:	1:07.65	34.85	300m:	3:31.59	36.21	500m:	5:58.45	36.90	700m:	8:26.12	36.79
	150m:	1:43.27	35.62	350m:	4:08.16	36.57	550m:	6:35.38	36.93	750m:	9:02.76	36.64
	200m:	2:18.98	35.71	400m:	4:44.65	36.49	600m:	7:12.49	37.11	800m:	9:38.45	35.69
17.	2006						"	"		<b>9:38.47</b>	588	
	50m:	33.16	33.16	250m:	2:57.38	36.33	450m:	5:22.66	36.49	650m:	7:49.34	36.42
	100m:	1:08.61	35.45	300m:	3:33.58	36.20	500m:	5:59.13	36.47	700m:	8:26.18	36.84
	150m:	1:44.91	36.30	350m:	4:09.79	36.21	550m:	6:36.14	37.01	750m:	9:02.69	36.51
	200m:	2:21.05	36.14	400m:	4:46.17	36.38	600m:	7:12.92	36.78	800m:	9:38.47	35.78
18.	2009						-70	"	+0,73	<b>9:39.83</b>	584	
	50m:	31.21	31.21	250m:	2:53.42	36.09	450m:	5:20.22	37.30	650m:	7:50.42	37.79
	100m:	1:06.01	34.80	300m:	3:29.69	36.27	500m:	5:57.46	37.24	700m:	8:28.57	38.15
	150m:	1:41.46	35.45	350m:	4:06.25	36.56	550m:	6:35.14	37.68	750m:	9:04.75	36.18
	200m:	2:17.33	35.87	400m:	4:42.92	36.67	600m:	7:12.63	37.49	800m:	9:39.83	35.08
19.	2007						"	"	+0,79	<b>9:46.17</b>	I 565	
	50m:	32.57	32.57	250m:	2:56.31	36.29	450m:	5:24.25	37.38	650m:	7:54.32	37.33
	100m:	1:07.58	35.01	300m:	3:33.23	36.92	500m:	6:01.75	37.50	700m:	8:32.27	37.95
	150m:	1:44.01	36.43	350m:	4:10.12	36.89	550m:	6:39.84	38.09	750m:	9:10.11	37.84
	200m:	2:20.02	36.01	400m:	4:46.87	36.75	600m:	7:16.99	37.15	800m:	9:46.17	36.06
20.	2009						"	"	+0,75	<b>9:50.02</b>	I 554	
	50m:	33.39	33.39	250m:	3:01.25	37.09	450m:	5:29.82	37.02	650m:	7:58.99	37.94
	100m:	1:09.50	36.11	300m:	3:38.47	37.22	500m:	6:06.84	37.02	700m:	8:36.98	37.99
	150m:	1:47.00	37.50	350m:	4:15.64	37.17	550m:	6:43.94	37.10	750m:	9:14.66	37.68
	200m:	2:24.16	37.16	400m:	4:52.80	37.16	600m:	7:21.05	37.11	800m:	9:50.02	35.36
21.	2009						"	"	+0,73	<b>9:51.12</b>	I 551	
	50m:	33.02	33.02	250m:	3:01.30	37.02	450m:	5:31.65	37.40	650m:	8:01.96	37.04
	100m:	1:09.86	36.84	300m:	3:39.01	37.71	500m:	6:09.56	37.91	700m:	8:39.81	37.85
	150m:	1:46.49	36.63	350m:	4:16.70	37.69	550m:	6:47.33	37.77	750m:	9:15.92	36.11
	200m:	2:24.28	37.79	400m:	4:54.25	37.55	600m:	7:24.92	37.59	800m:	9:51.12	35.20
22.	2009						"	"		<b>9:51.73</b>	I 549	
	50m:	33.38	33.38	250m:	3:00.39	37.09	450m:	5:31.12	37.76	650m:	8:01.23	37.30
	100m:	1:09.71	36.33	300m:	3:38.23	37.84	500m:	6:08.55	37.43	700m:	8:38.28	37.05
	150m:	1:46.02	36.31	350m:	4:15.95	37.72	550m:	6:46.04	37.49	750m:	9:15.79	37.51
	200m:	2:23.30	37.28	400m:	4:53.36	37.41	600m:	7:23.93	37.89	800m:	9:51.73	35.94
23.	2009						"	"	+1,00	<b>9:55.79</b>	I 538	
	50m:	33.87	33.87	250m:	3:02.64	37.22	450m:	5:32.92	37.31	650m:	8:04.99	37.84
	100m:	1:10.83	36.96	300m:	3:40.28	37.64	500m:	6:10.91	37.99	700m:	8:43.20	38.21
	150m:	1:47.74	36.91	350m:	4:17.63	37.35	550m:	6:48.90	37.99	750m:	9:19.94	36.74
	200m:	2:25.42	37.68	400m:	4:55.61	37.98	600m:	7:27.15	38.25	800m:	9:55.79	35.85



# ЧЕМПИОНАТ МОСКВЫ

## ПО ПЛАВАНИЮ СРЕДИ МУЖЧИН И ЖЕНЩИН



21-24 марта 2023г.  
ЦРВС "ДИНАМО"

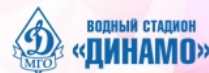
31, , 800m

											R.T.	WA		
24.	/ 2007										+0,69	<b>9:56.06</b>	I	538
	50m:	33.00	33.00	250m:	3:01.25	37.36	450m:	5:32.47	38.14	650m:	8:04.46	37.87		
	100m:	1:09.41	36.41	300m:	3:38.59	37.34	500m:	6:10.68	38.21	700m:	8:42.70	38.24		
	150m:	1:46.77	37.36	350m:	4:16.62	38.03	550m:	6:48.88	38.20	750m:	9:20.44	37.74		
	200m:	2:23.89	37.12	400m:	4:54.33	37.71	600m:	7:26.59	37.71	800m:	9:56.06	35.62		
25.	I 2008 " " "										+0,81	<b>9:57.71</b>	I	533
	50m:	32.31	32.31	250m:	3:01.14	37.51	450m:	5:32.67	37.80	650m:	8:05.04	37.85		
	100m:	1:08.33	36.02	300m:	3:39.39	38.25	500m:	6:11.09	38.42	700m:	8:43.71	38.67		
	150m:	1:45.71	37.38	350m:	4:16.82	37.43	550m:	6:48.87	37.78	750m:	9:21.23	37.52		
	200m:	2:23.63	37.92	400m:	4:54.87	38.05	600m:	7:27.19	38.32	800m:	9:57.71	36.48		
26.	I 2007 , " "										+0,82	<b>10:00.82</b>	I	525
	50m:	33.76	33.76	250m:	3:05.05	38.14	450m:	5:37.83	38.03	650m:	8:10.68	37.88		
	100m:	1:11.15	37.39	300m:	3:43.21	38.16	500m:	6:16.19	38.36	700m:	8:48.69	38.01		
	150m:	1:48.86	37.71	350m:	4:21.62	38.41	550m:	6:54.38	38.19	750m:	9:26.33	37.64		
	200m:	2:26.91	38.05	400m:	4:59.80	38.18	600m:	7:32.80	38.42	800m:	10:00.82	34.49		
27.	2006 " "										+0,64	<b>10:02.95</b>	I	519
	50m:	32.87	32.87	250m:	2:59.14	37.20	450m:	5:30.32	38.36	650m:	8:05.28	38.71		
	100m:	1:08.63	35.76	300m:	3:36.14	37.00	500m:	6:08.66	38.34	700m:	8:44.43	39.15		
	150m:	1:45.17	36.54	350m:	4:13.96	37.82	550m:	6:47.59	38.93	750m:	9:22.08	37.65		
	200m:	2:21.94	36.77	400m:	4:51.96	38.00	600m:	7:26.57	38.98	800m:	10:02.95	40.87		
28.	2008 " "										+0,59	<b>10:03.53</b>	I	518
	50m:	33.44	33.44	250m:	3:04.31	38.34	450m:	5:36.75	38.89	650m:	8:10.83	38.10		
	100m:	1:09.99	36.55	300m:	3:41.74	37.43	500m:	6:15.17	38.42	700m:	8:49.49	38.66		
	150m:	1:48.11	38.12	350m:	4:19.58	37.84	550m:	6:53.76	38.59	750m:	9:27.10	37.61		
	200m:	2:25.97	37.86	400m:	4:57.86	38.28	600m:	7:32.73	38.97	800m:	10:03.53	36.43		
DNS	2006 3													
DNS	2004 " "													



# ЧЕМПИОНАТ МОСКВЫ

## ПО ПЛАВАНИЮ СРЕДИ МУЖЧИН И ЖЕНЩИН



21-24 марта 2023г.  
ЦРВС "ДИНАМО"

31, , 800m

31 , 800m

(15-17 )

23.03.2023

: FINA 2023

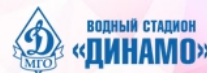
									R.T.			WA
1.	2006				, . "				+0,74	<b>9:13.52</b>		671
	50m:	31.23	31.23	250m:	2:49.18	34.90	450m:	5:09.50	35.13	650m:	7:29.81	34.98
	100m:	1:05.09	33.86	300m:	3:23.91	34.73	500m:	5:44.53	35.03	700m:	8:04.74	34.93
	150m:	1:39.76	34.67	350m:	3:59.01	35.10	550m:	6:19.74	35.21	750m:	8:39.05	34.31
	200m:	2:14.28	34.52	400m:	4:34.37	35.36	600m:	6:54.83	35.09	800m:	9:13.52	34.47
2.	2008				3				+0,81	<b>9:18.02</b>		655
	50m:	32.04	32.04	250m:	2:49.59	34.77	450m:	5:08.93	34.84	650m:	7:30.16	35.54
	100m:	1:05.72	33.68	300m:	3:24.28	34.69	500m:	5:44.00	35.07	700m:	8:06.52	36.36
	150m:	1:40.28	34.56	350m:	3:59.20	34.92	550m:	6:19.20	35.20	750m:	8:43.33	36.81
	200m:	2:14.82	34.54	400m:	4:34.09	34.89	600m:	6:54.62	35.42	800m:	9:18.02	34.69
3.	2007				"				+0,71	<b>9:18.08</b>		655
	50m:	30.48	30.48	250m:	2:51.36	35.79	450m:	5:11.95	35.15	650m:	7:32.59	35.30
	100m:	1:04.59	34.11	300m:	3:26.36	35.00	500m:	5:47.10	35.15	700m:	8:07.48	34.89
	150m:	1:40.39	35.80	350m:	4:01.47	35.11	550m:	6:22.29	35.19	750m:	8:42.93	35.45
	200m:	2:15.57	35.18	400m:	4:36.80	35.33	600m:	6:57.29	35.00	800m:	9:18.08	35.15
4.	2007				3				+0,57	<b>9:20.17</b>		648
	50m:	31.65	31.65	250m:	2:53.81	36.30	450m:	5:15.96	35.24	650m:	7:37.11	35.70
	100m:	1:06.45	34.80	300m:	3:29.27	35.46	500m:	5:50.74	34.78	700m:	8:12.05	34.94
	150m:	1:42.29	35.84	350m:	4:05.29	36.02	550m:	6:26.48	35.74	750m:	8:47.16	35.11
	200m:	2:17.51	35.22	400m:	4:40.72	35.43	600m:	7:01.41	34.93	800m:	9:20.17	33.01
5.	2006				3				+0,88	<b>9:32.07</b>		608
	50m:	32.21	32.21	250m:	2:52.04	35.02	450m:	5:15.31	36.26	650m:	7:42.30	36.85
	100m:	1:06.40	34.19	300m:	3:27.27	35.23	500m:	5:51.52	36.21	700m:	8:19.66	37.36
	150m:	1:41.86	35.46	350m:	4:03.22	35.95	550m:	6:28.50	36.98	750m:	8:55.87	36.21
	200m:	2:17.02	35.16	400m:	4:39.05	35.83	600m:	7:05.45	36.95	800m:	9:32.07	36.20
6.	2006				, . "				+0,82	<b>9:32.20</b>		608
	50m:	32.78	32.78	250m:	2:55.57	35.76	450m:	5:20.27	36.19	650m:	7:45.39	36.19
	100m:	1:07.99	35.21	300m:	3:31.77	36.20	500m:	5:56.60	36.33	700m:	8:21.75	36.36
	150m:	1:43.64	35.65	350m:	4:07.81	36.04	550m:	6:32.80	36.20	750m:	8:57.54	35.79
	200m:	2:19.81	36.17	400m:	4:44.08	36.27	600m:	7:09.20	36.40	800m:	9:32.20	34.66
7.	2008				"				+0,76	<b>9:32.66</b>		606
	50m:	32.20	32.20	250m:	2:54.96	36.39	450m:	5:20.02	36.27	650m:	7:46.86	37.11
	100m:	1:07.19	34.99	300m:	3:30.51	35.55	500m:	5:56.63	36.61	700m:	8:23.00	36.14
	150m:	1:42.98	35.79	350m:	4:07.00	36.49	550m:	6:33.24	36.61	750m:	8:58.82	35.82
	200m:	2:18.57	35.59	400m:	4:43.75	36.75	600m:	7:09.75	36.51	800m:	9:32.66	33.84
8.	2007				, . "				+0,58	<b>9:33.13</b>		605
	50m:	32.03	32.03	250m:	2:55.19	36.24	450m:	5:20.43	36.40	650m:	7:45.82	36.42
	100m:	1:06.84	34.81	300m:	3:31.67	36.48	500m:	5:56.45	36.02	700m:	8:21.88	36.06
	150m:	1:42.95	36.11	350m:	4:07.80	36.13	550m:	6:32.87	36.42	750m:	8:57.84	35.96
	200m:	2:18.95	36.00	400m:	4:44.03	36.23	600m:	7:09.40	36.53	800m:	9:33.13	35.29
9.	2008				, . "				+0,78	<b>9:34.07</b>		602
	50m:	31.19	31.19	250m:	2:52.35	35.35	450m:	5:17.17	35.99	650m:	7:44.34	36.63
	100m:	1:06.06	34.87	300m:	3:28.64	36.29	500m:	5:54.03	36.86	700m:	8:21.72	37.38
	150m:	1:41.24	35.18	350m:	4:04.38	35.74	550m:	6:30.28	36.25	750m:	8:58.59	36.87
	200m:	2:17.00	35.76	400m:	4:41.18	36.80	600m:	7:07.71	37.43	800m:	9:34.07	35.48
10.	2006				" "				+0,60	<b>9:37.78</b>		590
	50m:	32.31	32.31	250m:	2:59.44	37.00	450m:	5:26.14	36.63	650m:	7:52.45	36.45
	100m:	1:08.43	36.12	300m:	3:36.17	36.73	500m:	6:02.60	36.46	700m:	8:29.04	36.59
	150m:	1:45.57	37.14	350m:	4:12.89	36.72	550m:	6:39.47	36.87	750m:	9:04.07	35.03
	200m:	2:22.44	36.87	400m:	4:49.51	36.62	600m:	7:16.00	36.53	800m:	9:37.78	33.71
11.	2008				, . "				+0,67	<b>9:38.45</b>		588
	50m:	32.80	32.80	250m:	2:55.38	36.40	450m:	5:21.55	36.90	650m:	7:49.33	36.84
	100m:	1:07.65	34.85	300m:	3:31.59	36.21	500m:	5:58.45	36.90	700m:	8:26.12	36.79
	150m:	1:43.27	35.62	350m:	4:08.16	36.57	550m:	6:35.38	36.93	750m:	9:02.76	36.64
	200m:	2:18.98	35.71	400m:	4:44.65	36.49	600m:	7:12.49	37.11	800m:	9:38.45	35.69

<http://mosswimming.ru/>



# ЧЕМПИОНАТ МОСКВЫ

## ПО ПЛАВАНИЮ СРЕДИ МУЖЧИН И ЖЕНЩИН



21-24 марта 2023г.  
ЦРВС "ДИНАМО"

31, , 800m , (15-17 )

									R.T.	WA		
12.	2006								<b>9:38.47</b>	588		
	50m:	33.16	33.16	250m:	2:57.38	36.33	450m:	5:22.66	36.49	650m:	7:49.34	36.42
	100m:	1:08.61	35.45	300m:	3:33.58	36.20	500m:	5:59.13	36.47	700m:	8:26.18	36.84
	150m:	1:44.91	36.30	350m:	4:09.79	36.21	550m:	6:36.14	37.01	750m:	9:02.69	36.51
	200m:	2:21.05	36.14	400m:	4:46.17	36.38	600m:	7:12.92	36.78	800m:	9:38.47	35.78
13.	2007								<b>+0,79 9:46.17</b>	I	565	
	50m:	32.57	32.57	250m:	2:56.31	36.29	450m:	5:24.25	37.38	650m:	7:54.32	37.33
	100m:	1:07.58	35.01	300m:	3:33.23	36.92	500m:	6:01.75	37.50	700m:	8:32.27	37.95
	150m:	1:44.01	36.43	350m:	4:10.12	36.89	550m:	6:39.84	38.09	750m:	9:10.11	37.84
	200m:	2:20.02	36.01	400m:	4:46.87	36.75	600m:	7:16.99	37.15	800m:	9:46.17	36.06
14.	2007								<b>+0,69 9:56.06</b>	I	538	
	50m:	33.00	33.00	250m:	3:01.25	37.36	450m:	5:32.47	38.14	650m:	8:04.46	37.87
	100m:	1:09.41	36.41	300m:	3:38.59	37.34	500m:	6:10.68	38.21	700m:	8:42.70	38.24
	150m:	1:46.77	37.36	350m:	4:16.62	38.03	550m:	6:48.88	38.20	750m:	9:20.44	37.74
	200m:	2:23.89	37.12	400m:	4:54.33	37.71	600m:	7:26.59	37.71	800m:	9:56.06	35.62
15.	2008								<b>+0,81 9:57.71</b>	I	533	
	50m:	32.31	32.31	250m:	3:01.14	37.51	450m:	5:32.67	37.80	650m:	8:05.04	37.85
	100m:	1:08.33	36.02	300m:	3:39.39	38.25	500m:	6:11.09	38.42	700m:	8:43.71	38.67
	150m:	1:45.71	37.38	350m:	4:16.82	37.43	550m:	6:48.87	37.78	750m:	9:21.23	37.52
	200m:	2:23.63	37.92	400m:	4:54.87	38.05	600m:	7:27.19	38.32	800m:	9:57.71	36.48
16.	2007								<b>+0,82 10:00.82</b>	I	525	
	50m:	33.76	33.76	250m:	3:05.05	38.14	450m:	5:37.83	38.03	650m:	8:10.68	37.88
	100m:	1:11.15	37.39	300m:	3:43.21	38.16	500m:	6:16.19	38.36	700m:	8:48.69	38.01
	150m:	1:48.86	37.71	350m:	4:21.62	38.41	550m:	6:54.38	38.19	750m:	9:26.33	37.64
	200m:	2:26.91	38.05	400m:	4:59.80	38.18	600m:	7:32.80	38.42	800m:	10:00.82	34.49
17.	2006								<b>+0,64 10:02.95</b>	I	519	
	50m:	32.87	32.87	250m:	2:59.14	37.20	450m:	5:30.32	38.36	650m:	8:05.28	38.71
	100m:	1:08.63	35.76	300m:	3:36.14	37.00	500m:	6:08.66	38.34	700m:	8:44.43	39.15
	150m:	1:45.17	36.54	350m:	4:13.96	37.82	550m:	6:47.59	38.93	750m:	9:22.08	37.65
	200m:	2:21.94	36.77	400m:	4:51.96	38.00	600m:	7:26.57	38.98	800m:	10:02.95	40.87
18.	2008								<b>+0,59 10:03.53</b>	I	518	
	50m:	33.44	33.44	250m:	3:04.31	38.34	450m:	5:36.75	38.89	650m:	8:10.83	38.10
	100m:	1:09.99	36.55	300m:	3:41.74	37.43	500m:	6:15.17	38.42	700m:	8:49.49	38.66
	150m:	1:48.11	38.12	350m:	4:19.58	37.84	550m:	6:53.76	38.59	750m:	9:27.10	37.61
	200m:	2:25.97	37.86	400m:	4:57.86	38.28	600m:	7:32.73	38.97	800m:	10:03.53	36.43

DNS 2006 3