

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



15

, 400m

09.03.2022

: FINA 2022

											FINA	
1.					2003					4	4:34.14	703
	50m:	28.14	28.14	150m:	1:34.83	34.02	250m:	2:49.73	40.89	350m:	4:02.91	31.92
	100m:	1:00.81	32.67	200m:	2:08.84	34.01	300m:	3:30.99	41.26	400m:	4:34.14	31.23
2.					2003					3	4:40.17	659
	50m:	29.17	29.17	150m:	1:40.58	37.19	250m:	2:57.30	39.95	350m:	4:10.65	33.09
	100m:	1:03.39	34.22	200m:	2:17.35	36.77	300m:	3:37.56	40.26	400m:	4:40.17	29.52
3.					2005					3	4:40.29	658
	50m:	27.57	27.57	150m:	1:36.41	34.56	250m:	2:52.19	41.70	350m:	4:07.77	33.46
	100m:	1:01.85	34.28	200m:	2:10.49	34.08	300m:	3:34.31	42.12	400m:	4:40.29	32.52
4.					2003					" "	4:44.40	630
	50m:	28.38	28.38	150m:	1:39.52	37.76	250m:	2:58.18	41.67	350m:	4:12.70	32.52
	100m:	1:01.76	33.38	200m:	2:16.51	36.99	300m:	3:40.18	42.00	400m:	4:44.40	31.70
5.					2004					" "	4:45.86	620
	50m:	29.81	29.81	150m:	1:39.60	36.17	250m:	2:58.32	42.15	350m:	4:14.07	34.33
	100m:	1:03.43	33.62	200m:	2:16.17	36.57	300m:	3:39.74	41.42	400m:	4:45.86	31.79
6.					2006					4	4:47.67	609
	50m:	29.07	29.07	150m:	1:41.09	37.67	250m:	2:58.35	40.32	350m:	4:14.46	34.38
	100m:	1:03.42	34.35	200m:	2:18.03	36.94	300m:	3:40.08	41.73	400m:	4:47.67	33.21
7.					2004					- 2	4:51.43	585
	50m:	29.16	29.16	150m:	1:41.30	36.72	250m:	2:56.99	38.95	350m:	4:14.62	35.24
	100m:	1:04.58	35.42	200m:	2:18.04	36.74	300m:	3:39.38	42.39	400m:	4:51.43	36.81
8.					2006					1	4:51.50	585
	50m:	29.60	29.60	150m:	1:42.07	37.65	250m:	3:02.43	43.24	350m:	4:18.55	34.79
	100m:	1:04.42	34.82	200m:	2:19.19	37.12	300m:	3:43.76	41.33	400m:	4:51.50	32.95
9.					2006					" "	4:53.75	571
	50m:	30.94	30.94	150m:	1:44.66	38.85	250m:	3:05.15	43.55	350m:	4:22.35	33.62
	100m:	1:05.81	34.87	200m:	2:21.60	36.94	300m:	3:48.73	43.58	400m:	4:53.75	31.40
10.					2006					" "	4:57.66	549
	50m:	30.10	30.10	150m:	1:44.65	38.82	250m:	3:05.90	42.43	350m:	4:24.37	34.47
	100m:	1:05.83	35.73	200m:	2:23.47	38.82	300m:	3:49.90	44.00	400m:	4:57.66	33.29
11.					2005					" "	4:57.95	548
	50m:	30.72	30.72	250m:	3:08.07	1:20.76	400m:	4:57.95	31.84			
	150m:	1:47.31	1:16.59	350m:	4:26.11	1:18.04						
12.					2007					" "	5:00.37	534
	50m:	30.59	30.59	150m:	1:45.42	39.88	250m:	3:06.25	41.49	350m:	4:26.71	35.53
	100m:	1:05.54	34.95	200m:	2:24.76	39.34	300m:	3:51.18	44.93	400m:	5:00.37	33.66
13.					2004					" "	5:02.37	524
	50m:	30.48	30.48	150m:	1:45.59	39.69	250m:	3:08.89	44.50	350m:	4:28.36	34.27
	100m:	1:05.90	35.42	200m:	2:24.39	38.80	300m:	3:54.09	45.20	400m:	5:02.37	34.01
14.					2005					" "	5:05.44	508
	50m:	32.40	32.40	150m:	1:50.82	41.18	250m:	3:11.44	40.81	350m:	4:30.71	36.41
	100m:	1:09.64	37.24	200m:	2:30.63	39.81	300m:	3:54.30	42.86	400m:	5:05.44	34.73

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												FINA
1.				2005		3		4:40.29				658
	50m:	27.57	27.57	150m:	1:36.41	34.56	250m:	2:52.19	41.70	350m:	4:07.77	33.46
	100m:	1:01.85	34.28	200m:	2:10.49	34.08	300m:	3:34.31	42.12	400m:	4:40.29	32.52
2.				2004		"	"	4:45.86				620
	50m:	29.81	29.81	150m:	1:39.60	36.17	250m:	2:58.32	42.15	350m:	4:14.07	34.33
	100m:	1:03.43	33.62	200m:	2:16.17	36.57	300m:	3:39.74	41.42	400m:	4:45.86	31.79
3.				2004		-	2	4:51.43				585
	50m:	29.16	29.16	150m:	1:41.30	36.72	250m:	2:56.99	38.95	350m:	4:14.62	35.24
	100m:	1:04.58	35.42	200m:	2:18.04	36.74	300m:	3:39.38	42.39	400m:	4:51.43	36.81
4.				2005		"	"	4:57.95	I			548
	50m:	30.72	30.72	250m:	3:08.07	1:20.76	400m:	4:57.95	31.84			
	150m:	1:47.31	1:16.59	350m:	4:26.11	1:18.04						
5.				2004		"	"	5:02.37	I			524
	50m:	30.48	30.48	150m:	1:45.59	39.69	250m:	3:08.89	44.50	350m:	4:28.36	34.27
	100m:	1:05.90	35.42	200m:	2:24.39	38.80	300m:	3:54.09	45.20	400m:	5:02.37	34.01
6.				2005		"	"	5:05.44	I			508
	50m:	32.40	32.40	150m:	1:50.82	41.18	250m:	3:11.44	40.81	350m:	4:30.71	36.41
	100m:	1:09.64	37.24	200m:	2:30.63	39.81	300m:	3:54.30	42.86	400m:	5:05.44	34.73