

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



14

, 400m

09.03.2022

: FINA 2022

											FINA		
1.	/										FINA		
	2003										3	5:00.48	696
	50m:	30.48	30.48	150m:	1:43.54	36.95	250m:	3:06.45	45.98	350m:	4:25.95	34.66	
	100m:	1:06.59	36.11	200m:	2:20.47	36.93	300m:	3:51.29	44.84	400m:	5:00.48	34.53	
2.	2002										64	5:01.34	690
	50m:	31.52	31.52	150m:	1:45.65	38.44	250m:	3:08.09	45.45	350m:	4:27.31	34.45	
	100m:	1:07.21	35.69	200m:	2:22.64	36.99	300m:	3:52.86	44.77	400m:	5:01.34	34.03	
3.	2006										" "	5:07.10	652
	50m:	33.17	33.17	150m:	1:49.25	38.41	250m:	3:32.80	1:20.64	350m:	4:32.80	34.30	
	100m:	1:10.84	37.67	200m:	3:12.16	1:22.91	300m:	5:07.10	34.30	400m:	5:07.10	34.30	
4.	2007										" "	5:07.61	649
	50m:	32.08	32.08	150m:	1:48.29	39.85	250m:	3:13.74	45.40	350m:	4:33.91	35.06	
	100m:	1:08.44	36.36	200m:	2:28.34	40.05	300m:	3:58.85	45.11	400m:	5:07.61	33.70	
5.	2004										3	5:08.42	644
	50m:	31.64	31.64	150m:	1:48.55	38.34	250m:	3:12.15	45.07	350m:	4:32.59	34.18	
	100m:	1:10.21	38.57	200m:	2:27.08	38.53	300m:	3:58.41	46.26	400m:	5:08.42	35.83	
6.	2007										3	5:09.73	636
	50m:	31.30	31.30	150m:	1:47.49	39.92	250m:	3:11.74	45.11	350m:	4:34.07	35.89	
	100m:	1:07.57	36.27	200m:	2:26.63	39.14	300m:	3:58.18	46.44	400m:	5:09.73	35.66	
7.	2006										104	5:10.48	631
	50m:	32.52	32.52	150m:	1:51.27	39.17	250m:	3:15.57	45.22	350m:	4:35.77	34.74	
	100m:	1:12.10	39.58	200m:	2:30.35	39.08	300m:	4:01.03	45.46	400m:	5:10.48	34.71	
8.	2006										4	5:10.82	629
	50m:	32.16	32.16	150m:	1:50.27	40.83	250m:	3:15.00	45.36	350m:	4:36.63	36.07	
	100m:	1:09.44	37.28	200m:	2:29.64	39.37	300m:	4:00.56	45.56	400m:	5:10.82	34.19	
9.	2005										4	5:14.09	609
	50m:	32.97	32.97	150m:	1:51.35	40.59	250m:	3:16.87	47.03	350m:	4:40.03	34.70	
	100m:	1:10.76	37.79	200m:	2:29.84	38.49	300m:	4:05.33	48.46	400m:	5:14.09	34.06	
10.	2006										" "	5:15.59	601
	50m:	31.50	31.50	150m:	1:49.40	40.31	250m:	3:15.36	46.05	350m:	4:39.46	37.99	
	100m:	1:09.09	37.59	200m:	2:29.31	39.91	300m:	4:01.47	46.11	400m:	5:15.59	36.13	
11.	2006										1	5:19.17	581
	50m:	33.65	33.65	150m:	1:56.06	42.32	250m:	3:25.01	47.56	350m:	4:45.48	35.52	
	100m:	1:13.74	40.09	200m:	2:37.45	41.39	300m:	4:09.96	44.95	400m:	5:19.17	33.69	
12.	2007										-70 "	5:19.43	579
	50m:	32.58	32.58	150m:	1:52.97	41.41	250m:	3:17.37	44.11	350m:	4:42.98	39.80	
	100m:	1:11.56	38.98	200m:	2:33.26	40.29	300m:	4:03.18	45.81	400m:	5:19.43	36.45	
13.	2007										" "	5:22.19	565
	50m:	33.62	33.62	150m:	1:52.39	38.39	250m:	3:20.98	46.80	350m:	4:45.98	38.59	
	100m:	1:14.00	40.38	200m:	2:34.18	41.79	300m:	4:07.39	46.41	400m:	5:22.19	36.21	
14.	2004										" "	5:22.83	561
	50m:	33.25	33.25	150m:	1:53.30	42.29	250m:	3:21.99	46.71	350m:	4:45.54	38.11	
	100m:	1:11.01	37.76	200m:	2:35.28	41.98	300m:	4:07.43	45.44	400m:	5:22.83	37.29	
15.	2007										" "	5:24.34	553
	50m:	33.55	33.55	150m:	1:55.70	42.57	250m:	3:24.63	1:28.93	300m:	4:11.87	47.24	
	100m:	1:13.13	39.58	200m:	2:34.63	42.57	300m:	4:11.87	47.24	350m:	4:48.54	36.67	
16.	2006										" "	5:25.41	548
	50m:	34.32	34.32	150m:	1:56.18	41.72	250m:	3:25.30	47.74	350m:	4:49.34	36.62	
	100m:	1:14.46	40.14	200m:	2:37.56	41.38	300m:	4:12.72	47.42	400m:	5:25.41	36.07	
17.	2006										" "	5:27.75	536
	50m:	33.12	33.12	150m:	1:56.22	44.10	250m:	3:27.47	48.61	350m:	4:52.12	36.80	
	100m:	1:12.12	39.00	200m:	2:38.86	42.64	300m:	4:15.32	47.85	400m:	5:27.75	35.63	
18.	2006										" "	5:29.39	528
	50m:	35.08	35.08	150m:	2:01.32	43.18	250m:	3:30.33	46.51	350m:	4:53.85	37.83	
	100m:	1:18.14	43.06	200m:	2:43.82	42.50	300m:	4:16.02	45.69	400m:	5:29.39	35.54	

08-11 2022

ALGE Timing

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ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



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БАСЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



14, , 400m

												FINA
19.		2009				1		5:32.31			514	
	50m:	35.06	35.06	150m:	1:57.49	43.38	250m:	3:28.82	47.93	350m:	4:54.61	40.59
	100m:	1:14.11	39.05	200m:	2:40.89	43.40	300m:	4:14.02	45.20	400m:	5:32.31	37.70
20.		2005				"		5:38.48			487	
	50m:	34.18	34.18	150m:	2:02.18	45.78	250m:	3:33.06	47.15	350m:	5:01.18	39.72
	100m:	1:16.40	42.22	200m:	2:45.91	43.73	300m:	4:21.46	48.40	400m:	5:38.48	37.30
21.		2009				76		5:40.13			480	
	50m:	32.48	32.48	150m:	1:54.73	43.07	250m:	3:27.93	50.89	350m:	5:00.34	41.25
	100m:	1:11.66	39.18	200m:	2:37.04	42.31	300m:	4:19.09	51.16	400m:	5:40.13	39.79
DSQ		2003				"		"				

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



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«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



14, , 400m

14

, 400m

(15-17)

09.03.2022

: FINA 2022

														FINA
1.					2006		"	"		5:07.10				652
	50m:	33.17	33.17	150m:	1:49.25	38.41	350m:	4:32.80	1:20.64					
	100m:	1:10.84	37.67	250m:	3:12.16	1:22.91	400m:	5:07.10	34.30					
2.					2007		"	"		5:07.61				649
	50m:	32.08	32.08	150m:	1:48.29	39.85	250m:	3:13.74	45.40	350m:	4:33.91	35.06		
	100m:	1:08.44	36.36	200m:	2:28.34	40.05	300m:	3:58.85	45.11	400m:	5:07.61	33.70		
3.					2007			3		5:09.73				636
	50m:	31.30	31.30	150m:	1:47.49	39.92	250m:	3:11.74	45.11	350m:	4:34.07	35.89		
	100m:	1:07.57	36.27	200m:	2:26.63	39.14	300m:	3:58.18	46.44	400m:	5:09.73	35.66		
4.					2006		104			5:10.48				631
	50m:	32.52	32.52	150m:	1:51.27	39.17	250m:	3:15.57	45.22	350m:	4:35.77	34.74		
	100m:	1:12.10	39.58	200m:	2:30.35	39.08	300m:	4:01.03	45.46	400m:	5:10.48	34.71		
5.					2006		4			5:10.82				629
	50m:	32.16	32.16	150m:	1:50.27	40.83	250m:	3:15.00	45.36	350m:	4:36.63	36.07		
	100m:	1:09.44	37.28	200m:	2:29.64	39.37	300m:	4:00.56	45.56	400m:	5:10.82	34.19		
6.					2005		4			5:14.09				609
	50m:	32.97	32.97	150m:	1:51.35	40.59	250m:	3:16.87	47.03	350m:	4:40.03	34.70		
	100m:	1:10.76	37.79	200m:	2:29.84	38.49	300m:	4:05.33	48.46	400m:	5:14.09	34.06		
7.					2006		"	"		5:15.59				601
	50m:	31.50	31.50	150m:	1:49.40	40.31	250m:	3:15.36	46.05	350m:	4:39.46	37.99		
	100m:	1:09.09	37.59	200m:	2:29.31	39.91	300m:	4:01.47	46.11	400m:	5:15.59	36.13		
8.					2006		1			5:19.17				581
	50m:	33.65	33.65	150m:	1:56.06	42.32	250m:	3:25.01	47.56	350m:	4:45.48	35.52		
	100m:	1:13.74	40.09	200m:	2:37.45	41.39	300m:	4:09.96	44.95	400m:	5:19.17	33.69		
9.					2007		-70 "	"		5:19.43				579
	50m:	32.58	32.58	150m:	1:52.97	41.41	250m:	3:17.37	44.11	350m:	4:42.98	39.80		
	100m:	1:11.56	38.98	200m:	2:33.26	40.29	300m:	4:03.18	45.81	400m:	5:19.43	36.45		
10.					2007					5:22.19				565
	50m:	33.62	33.62	150m:	1:52.39	38.39	250m:	3:20.98	46.80	350m:	4:45.98	38.59		
	100m:	1:14.00	40.38	200m:	2:34.18	41.79	300m:	4:07.39	46.41	400m:	5:22.19	36.21		
11.					2007		"	"		5:24.34				553
	50m:	33.55	33.55	150m:	1:55.70	42.57	300m:	4:11.87	47.24	400m:	5:24.34	35.80		
	100m:	1:13.13	39.58	250m:	3:24.63	1:28.93	350m:	4:48.54	36.67					
12.				I	2006		"	"		5:25.41	I			548
	50m:	34.32	34.32	150m:	1:56.18	41.72	250m:	3:25.30	47.74	350m:	4:49.34	36.62		
	100m:	1:14.46	40.14	200m:	2:37.56	41.38	300m:	4:12.72	47.42	400m:	5:25.41	36.07		
13.				I	2006		"	"		5:27.75	I			536
	50m:	33.12	33.12	150m:	1:56.22	44.10	250m:	3:27.47	48.61	350m:	4:52.12	36.80		
	100m:	1:12.12	39.00	200m:	2:38.86	42.64	300m:	4:15.32	47.85	400m:	5:27.75	35.63		
14.					2006		"	"		5:29.39	I			528
	50m:	35.08	35.08	150m:	2:01.32	43.18	250m:	3:30.33	46.51	350m:	4:53.85	37.83		
	100m:	1:18.14	43.06	200m:	2:43.82	42.50	300m:	4:16.02	45.69	400m:	5:29.39	35.54		
15.				I	2005		"	"		5:38.48	I			487
	50m:	34.18	34.18	150m:	2:02.18	45.78	250m:	3:33.06	47.15	350m:	5:01.18	39.72		
	100m:	1:16.40	42.22	200m:	2:45.91	43.73	300m:	4:21.46	48.40	400m:	5:38.48	37.30		