

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



12

, 400m

09.03.2022

: FINA 2022

											FINA				
1.											2007	"	"	4:24.44	714
	50m:	29.92	29.92	150m:	1:35.70	33.15	250m:	2:42.93	33.59	350m:	3:51.22	34.16	400m:	4:24.44	33.22
	100m:	1:02.55	32.63	200m:	2:09.34	33.64	300m:	3:17.06	34.13	400m:	4:24.44	33.22			
2.											2004	3	4:26.59	697	
	50m:	29.80	29.80	150m:	1:35.29	33.51	250m:	2:42.80	34.04	350m:	3:52.14	34.94	400m:	4:26.59	34.45
	100m:	1:01.78	31.98	200m:	2:08.76	33.47	300m:	3:17.20	34.40	400m:	4:26.59	34.45			
3.											2006	3	4:28.86	680	
	50m:	30.05	30.05	150m:	1:37.88	34.02	250m:	2:46.03	33.98	350m:	3:54.95	34.35	400m:	4:28.86	33.91
	100m:	1:03.86	33.81	200m:	2:12.05	34.17	300m:	3:20.60	34.57	400m:	4:28.86	33.91			
4.											2005	"	"	4:30.23	669
	50m:	31.47	31.47	150m:	1:39.05	34.12	250m:	2:47.89	34.64	350m:	3:56.64	33.96	400m:	4:30.23	33.59
	100m:	1:04.93	33.46	200m:	2:13.25	34.20	300m:	3:22.68	34.79	400m:	4:30.23	33.59			
5.											2007	"	"	4:30.89	665
	50m:	30.42	30.42	150m:	1:38.31	34.24	250m:	2:46.93	34.67	350m:	3:56.67	34.76	400m:	4:30.89	34.22
	100m:	1:04.07	33.65	200m:	2:12.26	33.95	300m:	3:21.91	34.98	400m:	4:30.89	34.22			
6.											2007	"	"	4:31.14	663
	50m:	30.48	30.48	150m:	1:37.39	33.78	250m:	2:46.78	34.69	350m:	3:56.76	35.12	400m:	4:31.14	34.38
	100m:	1:03.61	33.13	200m:	2:12.09	34.70	300m:	3:21.64	34.86	400m:	4:31.14	34.38			
7.											2004	"	"	4:32.44	653
	50m:	31.10	31.10	150m:	1:38.02	33.79	250m:	2:46.86	34.75	350m:	3:57.56	35.41	400m:	4:32.44	34.88
	100m:	1:04.23	33.13	200m:	2:12.11	34.09	300m:	3:22.15	35.29	400m:	4:32.44	34.88			
8.											2007	"	"	4:33.05	649
	50m:	30.97	30.97	150m:	1:40.66	35.12	250m:	2:50.73	34.95	350m:	3:59.85	34.42	400m:	4:33.05	33.20
	100m:	1:05.54	34.57	200m:	2:15.78	35.12	300m:	3:25.43	34.70	400m:	4:33.05	33.20			
9.											2004	"	"	4:33.88	643
	50m:	30.56	30.56	150m:	1:40.54	35.31	250m:	2:51.49	35.46	350m:	4:02.20	34.74	400m:	4:33.88	31.68
	100m:	1:05.23	34.67	200m:	2:16.03	35.49	300m:	3:27.46	35.97	400m:	4:33.88	31.68			
10.											2005	"	"	4:34.44	639
	50m:	31.23	31.23	150m:	1:39.43	34.24	250m:	2:48.69	34.39	350m:	3:59.53	35.53	400m:	4:34.44	34.91
	100m:	1:05.19	33.96	200m:	2:14.30	34.87	300m:	3:24.00	35.31	400m:	4:34.44	34.91			
11.											2008	"	"	4:35.97	629
	50m:	31.22	31.22	150m:	1:41.32	35.59	250m:	2:52.44	35.59	350m:	4:03.16	35.01	400m:	4:35.97	32.81
	100m:	1:05.73	34.51	200m:	2:16.85	35.53	300m:	3:28.15	35.71	400m:	4:35.97	32.81			
12.											2002	"	"	4:36.05	628
	50m:	31.36	31.36	150m:	1:42.07	35.62	250m:	2:53.16	35.52	350m:	4:03.18	34.70	400m:	4:36.05	32.87
	100m:	1:06.45	35.09	200m:	2:17.64	35.57	300m:	3:28.48	35.32	400m:	4:36.05	32.87			
13.											2005	"	"	4:36.46	625
	50m:	31.05	31.05	150m:	1:39.78	35.08	250m:	2:50.69	35.67	350m:	4:02.19	35.70	400m:	4:36.46	34.27
	100m:	1:04.70	33.65	200m:	2:15.02	35.24	300m:	3:26.49	35.80	400m:	4:36.46	34.27			
14.											2005	"	"	4:37.79	616
	50m:	31.92	31.92	150m:	1:41.98	35.62	250m:	2:53.77	35.82	350m:	4:04.42	35.11	400m:	4:37.79	33.37
	100m:	1:06.36	34.44	200m:	2:17.95	35.97	300m:	3:29.31	35.54	400m:	4:37.79	33.37			
15.											2000	"	"	4:38.20	614
	50m:	33.00	33.00	150m:	1:45.87	36.35	250m:	2:56.11	34.65	350m:	4:05.20	33.78	400m:	4:38.20	33.00
	100m:	1:09.52	36.52	200m:	2:21.46	35.59	300m:	3:31.42	35.31	400m:	4:38.20	33.00			
16.											2006	"	"	4:38.32	613
	50m:	31.14	31.14	150m:	1:40.99	34.96	250m:	2:52.34	35.36	350m:	4:04.05	35.47	400m:	4:38.32	34.27
	100m:	1:06.03	34.89	200m:	2:16.98	35.99	300m:	3:28.58	36.24	400m:	4:38.32	34.27			
17.											2008	"	"	4:38.54	611
	50m:	32.15	32.15	150m:	1:43.29	35.27	250m:	2:54.48	35.01	350m:	4:05.46	35.01	400m:	4:38.54	33.08
	100m:	1:08.02	35.87	200m:	2:19.47	36.18	300m:	3:30.45	35.97	400m:	4:38.54	33.08			
18.											2008	"	"	4:39.92	602
	50m:	31.07	31.07	150m:	1:40.91	35.32	250m:	2:52.82	35.89	350m:	4:05.02	36.09	400m:	4:39.92	34.90
	100m:	1:05.59	34.52	200m:	2:16.93	36.02	300m:	3:28.93	36.11	400m:	4:39.92	34.90			

08-11 2022

ALGE Timing

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ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



12,											FINA	
19.					2003		4		4:40.02		602	
	50m:	31.30	31.30	150m:	1:41.63	35.77	250m:	2:54.21	36.19	350m:	4:06.23	36.09
	100m:	1:05.86	34.56	200m:	2:18.02	36.39	300m:	3:30.14	35.93	400m:	4:40.02	33.79
20.					2006		3		4:41.39		593	
	50m:	30.97	30.97	150m:	1:39.93	35.15	250m:	2:51.83	36.05	350m:	4:05.22	36.81
	100m:	1:04.78	33.81	200m:	2:15.78	35.85	300m:	3:28.41	36.58	400m:	4:41.39	36.17
21.					2005		"		4:41.69		591	
	50m:	31.02	31.02	150m:	1:39.55	35.18	250m:	2:52.11	37.06	350m:	4:06.29	37.25
	100m:	1:04.37	33.35	200m:	2:15.05	35.50	300m:	3:29.04	36.93	400m:	4:41.69	35.40
22.					2008		"		4:42.71		585	
	50m:	32.60	32.60	150m:	1:43.39	36.39	250m:	2:57.04	36.98	350m:	4:08.97	35.11
	100m:	1:07.00	34.40	200m:	2:20.06	36.67	300m:	3:33.86	36.82	400m:	4:42.71	33.74
23.					2007		1		4:42.93		583	
	50m:	32.31	32.31	150m:	1:43.35	35.99	250m:	2:55.79	36.21	350m:	4:07.64	35.60
	100m:	1:07.36	35.05	200m:	2:19.58	36.23	300m:	3:32.04	36.25	400m:	4:42.93	35.29
24.					2007		"		4:43.54		580	
	50m:	31.29	31.29	150m:	1:43.46	36.56	250m:	2:56.71	36.92	350m:	4:10.60	37.12
	100m:	1:06.90	35.61	200m:	2:19.79	36.33	300m:	3:33.48	36.77	400m:	4:43.54	32.94
25.					2008		"		4:43.63		579	
	50m:	32.53	32.53	150m:	1:44.25	35.81	250m:	2:56.65	35.66	350m:	4:08.47	35.78
	100m:	1:08.44	35.91	200m:	2:20.99	36.74	300m:	3:32.69	36.04	400m:	4:43.63	35.16
26.					2006		"		4:44.07		576	
	50m:	32.77	32.77	150m:	1:43.14	35.39	250m:	2:55.09	35.89	350m:	4:08.31	36.33
	100m:	1:07.75	34.98	200m:	2:19.20	36.06	300m:	3:31.98	36.89	400m:	4:44.07	35.76
27.					2009		"		4:44.34		575	
	50m:	33.10	33.10	150m:	1:46.38	37.05	250m:	2:59.66	36.42	350m:	4:10.70	34.70
	100m:	1:09.33	36.23	200m:	2:23.24	36.86	300m:	3:36.00	36.34	400m:	4:44.34	33.64
28.					2008		"		4:44.89		571	
	50m:	31.54	31.54	150m:	1:42.43	36.00	250m:	2:55.68	36.65	350m:	4:09.41	36.53
	100m:	1:06.43	34.89	200m:	2:19.03	36.60	300m:	3:32.88	37.20	400m:	4:44.89	35.48
29.					2006		"		4:44.95		571	
	50m:	31.98	31.98	150m:	1:42.60	35.70	250m:	2:56.15	36.96	350m:	4:10.31	36.81
	100m:	1:06.90	34.92	200m:	2:19.19	36.59	300m:	3:33.50	37.35	400m:	4:44.95	34.64
30.					2006		"		4:46.12		564	
	50m:	31.56	31.56	150m:	1:43.97	37.00	250m:	2:58.64	37.29	350m:	4:12.65	36.82
	100m:	1:06.97	35.41	200m:	2:21.35	37.38	300m:	3:35.83	37.19	400m:	4:46.12	33.47
31.					2008		"		4:46.17		564	
	50m:	32.53	32.53	150m:	1:43.36	35.59	250m:	2:57.22	37.25	350m:	4:10.91	37.16
	100m:	1:07.77	35.24	200m:	2:19.97	36.61	300m:	3:33.75	36.53	400m:	4:46.17	35.26
32.					2006		47		4:46.62		561	
	50m:	31.96	31.96	150m:	1:43.02	35.92	250m:	2:56.41	36.69	350m:	4:10.64	36.85
	100m:	1:07.10	35.14	200m:	2:19.72	36.70	300m:	3:33.79	37.38	400m:	4:46.62	35.98
33.					2004		"		4:46.83		560	
	50m:	32.00	32.00	150m:	1:43.08	36.34	250m:	2:56.63	36.74	350m:	4:11.02	37.01
	100m:	1:06.74	34.74	200m:	2:19.89	36.81	300m:	3:34.01	37.38	400m:	4:46.83	35.81
34.					2003		3		4:47.02		559	
	50m:	32.33	32.33	150m:	1:44.49	36.67	250m:	2:58.47	37.00	350m:	4:12.54	37.08
	100m:	1:07.82	35.49	200m:	2:21.47	36.98	300m:	3:35.46	36.99	400m:	4:47.02	34.48
35.					2009		1		4:47.07		558	
	50m:	33.33	33.33	150m:	1:46.88	36.78	250m:	3:00.22	36.58	350m:	4:12.68	35.76
	100m:	1:10.10	36.77	200m:	2:23.64	36.76	300m:	3:36.92	36.70	400m:	4:47.07	34.39
36.					2007		"		4:47.20		558	
	50m:	32.08	32.08	250m:	2:57.34	1:13.03	400m:	4:47.20	36.23			
	150m:	1:44.31	1:12.23	350m:	4:10.97	1:13.63						
37.					2007		1		4:47.48		556	
	50m:	32.92	32.92	150m:	1:43.74	36.11	250m:	2:56.11	36.47	350m:	4:09.95	37.24
	100m:	1:07.63	34.71	200m:	2:19.64	35.90	300m:	3:32.71	36.60	400m:	4:47.48	37.53

08-11 2022

ALGE Timing

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ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАСЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



12, , 400m ,

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FINA

57.

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2007

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5:08.18

451

50m:	33.96	33.96	150m:	1:52.34	39.49	250m:	3:12.00	39.53	350m:	4:31.12	39.60
100m:	1:12.85	38.89	200m:	2:32.47	40.13	300m:	3:51.52	39.52	400m:	5:08.18	37.06

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



12, , 400m

12 , 400m

(15-17)

09.03.2022

: FINA 2022

											FINA	
1.			2007						4:24.44		714	
	50m:	29.92	29.92	150m:	1:35.70	33.15	250m:	2:42.93	33.59	350m:	3:51.22	34.16
	100m:	1:02.55	32.63	200m:	2:09.34	33.64	300m:	3:17.06	34.13	400m:	4:24.44	33.22
2.			2006		3				4:28.86		680	
	50m:	30.05	30.05	150m:	1:37.88	34.02	250m:	2:46.03	33.98	350m:	3:54.95	34.35
	100m:	1:03.86	33.81	200m:	2:12.05	34.17	300m:	3:20.60	34.57	400m:	4:28.86	33.91
3.			2005						4:30.23		669	
	50m:	31.47	31.47	150m:	1:39.05	34.12	250m:	2:47.89	34.64	350m:	3:56.64	33.96
	100m:	1:04.93	33.46	200m:	2:13.25	34.20	300m:	3:22.68	34.79	400m:	4:30.23	33.59
4.			2007						4:30.89		665	
	50m:	30.42	30.42	150m:	1:38.31	34.24	250m:	2:46.93	34.67	350m:	3:56.67	34.76
	100m:	1:04.07	33.65	200m:	2:12.26	33.95	300m:	3:21.91	34.98	400m:	4:30.89	34.22
5.			2007						4:31.14		663	
	50m:	30.48	30.48	150m:	1:37.39	33.78	250m:	2:46.78	34.69	350m:	3:56.76	35.12
	100m:	1:03.61	33.13	200m:	2:12.09	34.70	300m:	3:21.64	34.86	400m:	4:31.14	34.38
6.			2007						4:33.05		649	
	50m:	30.97	30.97	150m:	1:40.66	35.12	250m:	2:50.73	34.95	350m:	3:59.85	34.42
	100m:	1:05.54	34.57	200m:	2:15.78	35.12	300m:	3:25.43	34.70	400m:	4:33.05	33.20
7.			2005						4:34.44		639	
	50m:	31.23	31.23	150m:	1:39.43	34.24	250m:	2:48.69	34.39	350m:	3:59.53	35.53
	100m:	1:05.19	33.96	200m:	2:14.30	34.87	300m:	3:24.00	35.31	400m:	4:34.44	34.91
8.			2005						4:36.46		625	
	50m:	31.05	31.05	150m:	1:39.78	35.08	250m:	2:50.69	35.67	350m:	4:02.19	35.70
	100m:	1:04.70	33.65	200m:	2:15.02	35.24	300m:	3:26.49	35.80	400m:	4:36.46	34.27
9.			2005						4:37.79		616	
	50m:	31.92	31.92	150m:	1:41.98	35.62	250m:	2:53.77	35.82	350m:	4:04.42	35.11
	100m:	1:06.36	34.44	200m:	2:17.95	35.97	300m:	3:29.31	35.54	400m:	4:37.79	33.37
10.			2006						4:38.32		613	
	50m:	31.14	31.14	150m:	1:40.99	34.96	250m:	2:52.34	35.36	350m:	4:04.05	35.47
	100m:	1:06.03	34.89	200m:	2:16.98	35.99	300m:	3:28.58	36.24	400m:	4:38.32	34.27
11.			2006		3				4:41.39		593	
	50m:	30.97	30.97	150m:	1:39.93	35.15	250m:	2:51.83	36.05	350m:	4:05.22	36.81
	100m:	1:04.78	33.81	200m:	2:15.78	35.85	300m:	3:28.41	36.58	400m:	4:41.39	36.17
12.			2005						4:41.69		591	
	50m:	31.02	31.02	150m:	1:39.55	35.18	250m:	2:52.11	37.06	350m:	4:06.29	37.25
	100m:	1:04.37	33.35	200m:	2:15.05	35.50	300m:	3:29.04	36.93	400m:	4:41.69	35.40
13.			2007		1				4:42.93		583	
	50m:	32.31	32.31	150m:	1:43.35	35.99	250m:	2:55.79	36.21	350m:	4:07.64	35.60
	100m:	1:07.36	35.05	200m:	2:19.58	36.23	300m:	3:32.04	36.25	400m:	4:42.93	35.29
14.			2007						4:43.54		580	
	50m:	31.29	31.29	150m:	1:43.46	36.56	250m:	2:56.71	36.92	350m:	4:10.60	37.12
	100m:	1:06.90	35.61	200m:	2:19.79	36.33	300m:	3:33.48	36.77	400m:	4:43.54	32.94
15.			2006						4:44.07		576	
	50m:	32.77	32.77	150m:	1:43.14	35.39	250m:	2:55.09	35.89	350m:	4:08.31	36.33
	100m:	1:07.75	34.98	200m:	2:19.20	36.06	300m:	3:31.98	36.89	400m:	4:44.07	35.76
16.			2006						4:44.95		571	
	50m:	31.98	31.98	150m:	1:42.60	35.70	250m:	2:56.15	36.96	350m:	4:10.31	36.81
	100m:	1:06.90	34.92	200m:	2:19.19	36.59	300m:	3:33.50	37.35	400m:	4:44.95	34.64
17.			2006						4:46.12		564	
	50m:	31.56	31.56	150m:	1:43.97	37.00	250m:	2:58.64	37.29	350m:	4:12.65	36.82
	100m:	1:06.97	35.41	200m:	2:21.35	37.38	300m:	3:35.83	37.19	400m:	4:46.12	33.47

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ALGE Timing

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ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

СРЕДИ МУЖЧИН И ЖЕНЩИН



ВОДНЫЙ СТАДИОН
«ДИНАМО»



08-11 МАРТА 2022 ГОДА
БАССЕЙН ЦРВС "ДИНАМО", 50 МЕТРОВ



		12, , 400m				(15-17)						FINA
18.						2006	47			4:46.62		561
	50m:	31.96	31.96	150m:	1:43.02	35.92	250m:	2:56.41	36.69	350m:	4:10.64	36.85
	100m:	1:07.10	35.14	200m:	2:19.72	36.70	300m:	3:33.79	37.38	400m:	4:46.62	35.98
19.						2007	"			4:47.20		558
	50m:	32.08	32.08	250m:	2:57.34	1:13.03	400m:	4:47.20	36.23			
	150m:	1:44.31	1:12.23	350m:	4:10.97	1:13.63						
20.						2007	1			4:47.48		556
	50m:	32.92	32.92	150m:	1:43.74	36.11	250m:	2:56.11	36.47	350m:	4:09.95	37.24
	100m:	1:07.63	34.71	200m:	2:19.64	35.90	300m:	3:32.71	36.60	400m:	4:47.48	37.53
21.						2006	64			4:47.91		553
	50m:	32.76	32.76	150m:	1:46.35	37.12	250m:	2:59.95	36.66	350m:	4:11.84	35.73
	100m:	1:09.23	36.47	200m:	2:23.29	36.94	300m:	3:36.11	36.16	400m:	4:47.91	36.07
22.						2006	"			4:48.09		552
	50m:	32.72	32.72	150m:	1:44.33	35.93	250m:	2:57.60	36.79	350m:	4:11.98	37.58
	100m:	1:08.40	35.68	200m:	2:20.81	36.48	300m:	3:34.40	36.80	400m:	4:48.09	36.11
23.						2006	"			4:48.52		550
	50m:	31.82	31.82	150m:	1:43.51	36.59	250m:	2:57.82	37.54	350m:	4:12.49	37.57
	100m:	1:06.92	35.10	200m:	2:20.28	36.77	300m:	3:34.92	37.10	400m:	4:48.52	36.03
24.						2006	4			4:50.10		541
	50m:	32.50	32.50	150m:	1:46.19	37.09	250m:	3:01.13	37.12	350m:	4:14.99	36.45
	100m:	1:09.10	36.60	200m:	2:24.01	37.82	300m:	3:38.54	37.41	400m:	4:50.10	35.11
25.						2007	47			4:50.33		540
	50m:	32.52	32.52	150m:	1:46.28	37.08	250m:	3:00.91	37.36	350m:	4:15.35	36.73
	100m:	1:09.20	36.68	200m:	2:23.55	37.27	300m:	3:38.62	37.71	400m:	4:50.33	34.98
26.						2007	"			4:50.78		537
	50m:	32.06	32.06	150m:	1:44.57	36.94	250m:	2:59.37	37.63	350m:	4:14.26	37.62
	100m:	1:07.63	35.57	200m:	2:21.74	37.17	300m:	3:36.64	37.27	400m:	4:50.78	36.52
27.						2006	"			4:51.02		536
	50m:	33.07	33.07	150m:	1:44.84	36.14	250m:	2:57.82	36.46	350m:	4:13.53	37.82
	100m:	1:08.70	35.63	200m:	2:21.36	36.52	300m:	3:35.71	37.89	400m:	4:51.02	37.49
28.						2005	47			4:52.15		530
	50m:	33.33	33.33	150m:	1:46.48	36.78	250m:	3:00.42	37.05	350m:	4:15.46	37.50
	100m:	1:09.70	36.37	200m:	2:23.37	36.89	300m:	3:37.96	37.54	400m:	4:52.15	36.69
29.						2007	"			4:52.42		528
	50m:	32.20	32.20	150m:	1:45.06	37.16	250m:	3:00.28	37.49	350m:	4:16.35	37.99
	100m:	1:07.90	35.70	200m:	2:22.79	37.73	300m:	3:38.36	38.08	400m:	4:52.42	36.07
30.						2005	64			4:53.20		524
	50m:	32.89	32.89	150m:	1:47.15	37.69	250m:	3:02.50	37.80	350m:	4:18.21	37.64
	100m:	1:09.46	36.57	200m:	2:24.70	37.55	300m:	3:40.57	38.07	400m:	4:53.20	34.99
31.						2007	"			4:54.08		519
	50m:	33.32	33.32	200m:	2:24.42	37.44	350m:	4:17.92	1:15.34			
	150m:	1:46.98	1:13.66	250m:	3:02.58	38.16	400m:	4:54.08	36.16			
32.						2006	4			4:54.32		518
	50m:	33.06	33.06	150m:	1:47.03	36.80	250m:	3:01.97	37.12	350m:	4:17.86	36.73
	100m:	1:10.23	37.17	200m:	2:24.85	37.82	300m:	3:41.13	39.16	400m:	4:54.32	36.46
33.						2007	"			4:57.15		503
	50m:	33.88	33.88	150m:	1:49.08	37.97	250m:	3:04.01	37.32	350m:	4:20.03	37.77
	100m:	1:11.11	37.23	200m:	2:26.69	37.61	300m:	3:42.26	38.25	400m:	4:57.15	37.12
34.						2007	4			4:59.68		491
	50m:	32.48	32.48	150m:	1:47.67	37.90	250m:	3:06.07	39.53	350m:	4:23.51	38.52
	100m:	1:09.77	37.29	200m:	2:26.54	38.87	300m:	3:44.99	38.92	400m:	4:59.68	36.17
35.						2006	"			5:00.95		485
	50m:	32.22	32.22	150m:	1:46.52	38.57	250m:	3:04.62	39.15	350m:	4:23.36	39.26
	100m:	1:07.95	35.73	200m:	2:25.47	38.95	300m:	3:44.10	39.48	400m:	5:00.95	37.59
36.						2007	"			5:02.11		479
	50m:	33.23	33.23	150m:	1:47.50	37.68	250m:	3:04.48	38.51	350m:	4:23.17	39.29
	100m:	1:09.82	36.59	200m:	2:25.97	38.47	300m:	3:43.88	39.40	400m:	5:02.11	38.94

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ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ

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		12, , 400m				(15-17)						FINA
37.				II	2006					5:05.38		464
	50m:	33.29	33.29	150m:	1:48.60	37.75	250m:	3:06.40	39.15	350m:	4:26.36	39.85
	100m:	1:10.85	37.56	200m:	2:27.25	38.65	300m:	3:46.51	40.11	400m:	5:05.38	39.02
38.				II	2007	"	"			5:08.18		451
	50m:	33.96	33.96	150m:	1:52.34	39.49	250m:	3:12.00	39.53	350m:	4:31.12	39.60
	100m:	1:12.85	38.89	200m:	2:32.47	40.13	300m:	3:51.52	39.52	400m:	5:08.18	37.06