

18 , 400m
31.10.2023 - 10:25

4:35.57
4:49.30

17.11.2012
01.12.2022

14 +: 4:33.76 /

12 +: 5:01.00 /

10 +: 5:18.50 /

|

9 +: 5:40.00

1 3, 10:25

1	2007		3	5:03.80
2	2006	"	"	5:00.34
3	2007			4:56.18
4	2006	"	"	4:49.30
5	2006		3	4:55.02
6	2002		" "	4:58.15
7	2007			5:01.00

2 3, 10:30

1	2009	"	"	5:12.99
2	2009	"	"	5:12.06
3	2006		3	5:09.31
5	2008	"	"	5:06.37
7	2006	"	-70 "	5:12.30
8	2005	"	"	5:13.25

3 3, 10:40

2	2008			5:17.74
4	2007		" "	5:13.28
5	2006		- " "	5:13.50