

30 ОКТЯБРЯ - 2 НОЯБРЯ 2023 г.

22
31.10.2023 - 12:40

, 1500m

14:37.65

04.11.2021

: FINA 2023

			/				R.T.				WA	
1.			2004				+0,66		15:11.16		802	
	50m:	28.37	28.37	450m:	4:31.89	30.67	850m:	8:34.64	30.43	1250m:	12:39.02	30.79
	100m:	58.49	30.12	500m:	5:02.39	30.50	900m:	9:05.13	30.49	1300m:	13:09.55	30.53
	150m:	1:28.71	30.22	550m:	5:32.74	30.35	950m:	9:35.46	30.33	1350m:	13:40.48	30.93
	200m:	1:58.64	29.93	600m:	6:03.26	30.52	1000m:	10:06.46	31.00	1400m:	14:10.97	30.49
	250m:	2:29.03	30.39	650m:	6:33.51	30.25	1050m:	10:36.82	30.36	1450m:	14:41.65	30.68
	300m:	2:59.70	30.67	700m:	7:03.79	30.28	1100m:	11:07.18	30.36	1500m:	15:11.16	29.51
	350m:	3:30.36	30.66	750m:	7:34.08	30.29	1150m:	11:37.70	30.52			
	400m:	4:01.22	30.86	800m:	8:04.21	30.13	1200m:	12:08.23	30.53			
2.			2005				+0,68		15:19.44		781	
	50m:	28.29	28.29	450m:	4:32.46	30.64	850m:	8:36.90	30.51	1250m:	12:44.26	31.22
	100m:	58.68	30.39	500m:	5:03.08	30.62	900m:	9:07.52	30.62	1300m:	13:15.37	31.11
	150m:	1:29.36	30.68	550m:	5:33.70	30.62	950m:	9:38.25	30.73	1350m:	13:46.66	31.29
	200m:	1:59.52	30.16	600m:	6:04.20	30.50	1000m:	10:09.01	30.76	1400m:	14:18.01	31.35
	250m:	2:29.96	30.44	650m:	6:34.73	30.53	1050m:	10:39.82	30.81	1450m:	14:49.39	31.38
	300m:	3:00.59	30.63	700m:	7:05.26	30.53	1100m:	11:10.78	30.96	1500m:	15:19.44	30.05
	350m:	3:31.16	30.57	750m:	7:35.65	30.39	1150m:	11:41.94	31.16			
	400m:	4:01.82	30.66	800m:	8:06.39	30.74	1200m:	12:13.04	31.10			
3.			2002				+0,84		15:30.78		753	
	50m:	28.86	28.86	450m:	4:34.08	30.44	850m:	8:39.95	30.83	1250m:	12:52.34	31.91
	100m:	59.20	30.34	500m:	5:04.64	30.56	900m:	9:10.96	31.01	1300m:	13:24.22	31.88
	150m:	1:29.88	30.68	550m:	5:35.31	30.67	950m:	9:42.37	31.41	1350m:	13:56.00	31.78
	200m:	2:00.85	30.97	600m:	6:06.26	30.95	1000m:	10:13.63	31.26	1400m:	14:27.62	31.62
	250m:	2:31.84	30.99	650m:	6:37.26	31.00	1050m:	10:45.21	31.58	1450m:	14:59.97	32.35
	300m:	3:02.21	30.37	700m:	7:08.13	30.87	1100m:	11:17.03	31.82	1500m:	15:30.78	30.81
	350m:	3:32.73	30.52	750m:	7:38.55	30.42	1150m:	11:48.78	31.75			
	400m:	4:03.64	30.91	800m:	8:09.12	30.57	1200m:	12:20.43	31.65			
4.			2006				+0,67		15:39.62		732	
	50m:	28.17	28.17	450m:	4:39.11	31.59	850m:	8:52.76	31.56	1250m:	13:05.00	31.53
	100m:	58.75	30.58	500m:	5:11.18	32.07	900m:	9:24.02	31.26	1300m:	13:36.49	31.49
	150m:	1:29.99	31.24	550m:	5:42.98	31.80	950m:	9:55.84	31.82	1350m:	14:08.12	31.63
	200m:	2:01.39	31.40	600m:	6:14.60	31.62	1000m:	10:27.35	31.51	1400m:	14:39.68	31.56
	250m:	2:32.87	31.48	650m:	6:46.19	31.59	1050m:	10:59.10	31.75	1450m:	15:10.70	31.02
	300m:	3:04.24	31.37	700m:	7:17.95	31.76	1100m:	11:30.41	31.31	1500m:	15:39.62	28.92
	350m:	3:35.86	31.62	750m:	7:49.52	31.57	1150m:	12:01.96	31.55			
	400m:	4:07.52	31.66	800m:	8:21.20	31.68	1200m:	12:33.47	31.51			
5.			2004				+0,73		15:43.92		722	
	50m:	27.38	27.38	450m:	4:33.62	31.08	850m:	8:45.61	31.87	1250m:	13:03.15	32.58
	100m:	57.51	30.13	500m:	5:04.93	31.31	900m:	9:17.39	31.78	1300m:	13:35.73	32.58
	150m:	1:28.28	30.77	550m:	5:36.29	31.36	950m:	9:49.38	31.99	1350m:	14:08.32	32.59
	200m:	1:58.79	30.51	600m:	6:07.54	31.25	1000m:	10:21.48	32.10	1400m:	14:40.68	32.36
	250m:	2:29.49	30.70	650m:	6:39.02	31.48	1050m:	10:53.75	32.27	1450m:	15:12.79	32.11
	300m:	3:00.40	30.91	700m:	7:10.60	31.58	1100m:	11:25.91	32.16	1500m:	15:43.92	31.13
	350m:	3:31.48	31.08	750m:	7:42.02	31.42	1150m:	11:58.32	32.41			
	400m:	4:02.54	31.06	800m:	8:13.74	31.72	1200m:	12:30.57	32.25			
6.			2006				+0,62		15:44.40		721	
	50m:	29.37	29.37	450m:	4:41.41	31.53	850m:	8:51.94	31.10	1250m:	13:04.55	31.87
	100m:	1:00.70	31.33	500m:	5:12.84	31.43	900m:	9:23.32	31.38	1300m:	13:36.51	31.96
	150m:	1:32.32	31.62	550m:	5:44.23	31.39	950m:	9:54.76	31.44	1350m:	14:08.54	32.03
	200m:	2:03.92	31.60	600m:	6:15.64	31.41	1000m:	10:26.28	31.52	1400m:	14:40.63	32.09
	250m:	2:35.52	31.60	650m:	6:47.00	31.36	1050m:	10:57.72	31.44	1450m:	15:12.89	32.26
	300m:	3:07.08	31.56	700m:	7:18.32	31.32	1100m:	11:29.23	31.51	1500m:	15:44.40	31.51
	350m:	3:38.52	31.44	750m:	7:49.65	31.33	1150m:	12:00.90	31.67			
	400m:	4:09.88	31.36	800m:	8:20.84	31.19	1200m:	12:32.68	31.78			

30 ОКТЯБРЯ - 2 НОЯБРЯ 2023 г.

		22, , 1500m						R.T.				WA
7.				2005			3	+0,62		15:54.23		699
	50m:	29.10	29.10	450m:	4:41.34	31.43	850m:	8:55.48	32.36	1250m:	13:14.54	31.78
	100m:	1:00.70	31.60	500m:	5:12.84	31.50	900m:	9:27.98	32.50	1300m:	13:46.52	31.98
	150m:	1:32.01	31.31	550m:	5:44.21	31.37	950m:	10:00.48	32.50	1350m:	14:18.65	32.13
	200m:	2:03.46	31.45	600m:	6:15.90	31.69	1000m:	10:32.87	32.39	1400m:	14:50.88	32.23
	250m:	2:35.11	31.65	650m:	6:47.52	31.62	1050m:	11:05.60	32.73	1450m:	15:23.25	32.37
	300m:	3:06.65	31.54	700m:	7:19.18	31.66	1100m:	11:38.19	32.59	1500m:	15:54.23	30.98
	350m:	3:38.50	31.85	750m:	7:51.10	31.92	1150m:	12:10.42	32.23			
	400m:	4:09.91	31.41	800m:	8:23.12	32.02	1200m:	12:42.76	32.34			
8.				2006			3	+0,80		15:58.36		690
	50m:	28.87	28.87	450m:	4:41.10	31.57	850m:	8:54.79	32.03	1250m:	13:15.21	32.98
	100m:	1:00.61	31.74	500m:	5:12.88	31.78	900m:	9:27.10	32.31	1300m:	13:48.32	33.11
	150m:	1:32.35	31.74	550m:	5:44.46	31.58	950m:	9:59.20	32.10	1350m:	14:21.29	32.97
	200m:	2:03.77	31.42	600m:	6:16.13	31.67	1000m:	10:31.53	32.33	1400m:	14:54.16	32.87
	250m:	2:35.21	31.44	650m:	6:47.76	31.63	1050m:	11:04.01	32.48	1450m:	15:27.37	33.21
	300m:	3:06.66	31.45	700m:	7:19.17	31.41	1100m:	11:36.38	32.37	1500m:	15:58.36	30.99
	350m:	3:38.08	31.42	750m:	7:50.80	31.63	1150m:	12:09.34	32.96			
	400m:	4:09.53	31.45	800m:	8:22.76	31.96	1200m:	12:42.23	32.89			
9.				2006			3	+0,81		16:01.28		683
	50m:	28.15	28.15	450m:	4:40.02	31.75	850m:	8:57.14	32.51	1250m:	13:18.63	32.84
	100m:	59.17	31.02	500m:	5:12.05	32.03	900m:	9:29.64	32.50	1300m:	13:51.38	32.75
	150m:	1:30.35	31.18	550m:	5:44.06	32.01	950m:	10:02.24	32.60	1350m:	14:24.52	33.14
	200m:	2:01.81	31.46	600m:	6:15.66	31.60	1000m:	10:34.84	32.60	1400m:	14:57.44	32.92
	250m:	2:33.45	31.64	650m:	6:47.63	31.97	1050m:	11:07.65	32.81	1450m:	15:30.19	32.75
	300m:	3:05.01	31.56	700m:	7:19.81	32.18	1100m:	11:40.25	32.60	1500m:	16:01.28	31.09
	350m:	3:36.69	31.68	750m:	7:52.31	32.50	1150m:	12:13.08	32.83			
	400m:	4:08.27	31.58	800m:	8:24.63	32.32	1200m:	12:45.79	32.71			
10.				2007			3	+0,73		16:09.94		665
	50m:	29.65	29.65	450m:	4:42.56	31.72	850m:	9:00.20	32.70	1250m:	13:24.86	33.30
	100m:	1:00.71	31.06	500m:	5:14.26	31.70	900m:	9:33.11	32.91	1300m:	13:58.26	33.40
	150m:	1:32.20	31.49	550m:	5:46.05	31.79	950m:	10:06.27	33.16	1350m:	14:31.81	33.55
	200m:	2:03.86	31.66	600m:	6:18.08	32.03	1000m:	10:39.14	32.87	1400m:	15:05.24	33.43
	250m:	2:35.72	31.86	650m:	6:50.30	32.22	1050m:	11:12.05	32.91	1450m:	15:38.51	33.27
	300m:	3:07.41	31.69	700m:	7:22.57	32.27	1100m:	11:45.25	33.20	1500m:	16:09.94	31.43
	350m:	3:39.10	31.69	750m:	7:54.92	32.35	1150m:	12:18.49	33.24			
	400m:	4:10.84	31.74	800m:	8:27.50	32.58	1200m:	12:51.56	33.07			
11.				2006			-70 "	"	+0,74		16:31.27	623
	50m:	29.50	29.50	450m:	4:47.03	32.67	850m:	9:14.68	33.73	1250m:	13:44.76	33.87
	100m:	1:00.70	31.20	500m:	5:20.12	33.09	900m:	9:48.04	33.36	1300m:	14:18.77	34.01
	150m:	1:32.28	31.58	550m:	5:53.47	33.35	950m:	10:21.19	33.15	1350m:	14:52.59	33.82
	200m:	2:04.17	31.89	600m:	6:26.70	33.23	1000m:	10:55.07	33.88	1400m:	15:25.94	33.35
	250m:	2:36.38	32.21	650m:	7:00.36	33.66	1050m:	11:28.88	33.81	1450m:	15:59.18	33.24
	300m:	3:08.87	32.49	700m:	7:33.84	33.48	1100m:	12:02.85	33.97	1500m:	16:31.27	32.09
	350m:	3:41.55	32.68	750m:	8:07.16	33.32	1150m:	12:36.77	33.92			
	400m:	4:14.36	32.81	800m:	8:40.95	33.79	1200m:	13:10.89	34.12			
12.				2007			"	"	+0,80		16:35.21	616
	50m:	29.77	29.77	450m:	4:54.04	33.32	850m:	9:22.64	33.55	1250m:	13:50.72	33.58
	100m:	1:02.26	32.49	500m:	5:27.78	33.74	900m:	9:56.15	33.51	1300m:	14:23.77	33.05
	150m:	1:34.99	32.73	550m:	6:01.66	33.88	950m:	10:29.72	33.57	1350m:	14:57.17	33.40
	200m:	2:07.88	32.89	600m:	6:35.32	33.66	1000m:	11:03.25	33.53	1400m:	15:30.95	33.78
	250m:	2:41.29	33.41	650m:	7:08.59	33.27	1050m:	11:36.64	33.39	1450m:	16:03.88	32.93
	300m:	3:14.18	32.89	700m:	7:42.27	33.68	1100m:	12:10.42	33.78	1500m:	16:35.21	31.33
	350m:	3:47.48	33.30	750m:	8:15.86	33.59	1150m:	12:43.81	33.39			
	400m:	4:20.72	33.24	800m:	8:49.09	33.23	1200m:	13:17.14	33.33			

30 ОКТЯБРЯ - 2 НОЯБРЯ 2023 г.

		22, , 1500m						R.T.				WA
13.				2007	"	"		+0,75	16:35.50			615
	50m:	29.89	29.89	450m:	4:51.87	32.82	850m:	9:16.96	33.51	1250m:	13:49.06	33.57
	100m:	1:02.21	32.32	500m:	5:24.55	32.68	900m:	9:50.90	33.94	1300m:	14:23.24	34.18
	150m:	1:34.83	32.62	550m:	5:57.73	33.18	950m:	10:25.61	34.71	1350m:	14:57.27	34.03
	200m:	2:08.08	33.25	600m:	6:30.92	33.19	1000m:	10:59.62	34.01	1400m:	15:30.91	33.64
	250m:	2:40.44	32.36	650m:	7:03.82	32.90	1050m:	11:33.66	34.04	1450m:	16:04.15	33.24
	300m:	3:13.35	32.91	700m:	7:37.33	33.51	1100m:	12:07.65	33.99	1500m:	16:35.50	31.35
	350m:	3:46.00	32.65	750m:	8:10.61	33.28	1150m:	12:41.84	34.19			
	400m:	4:19.05	33.05	800m:	8:43.45	32.84	1200m:	13:15.49	33.65			
14.				2008	I	"	"	+0,85	16:41.54			604
	50m:	30.26	30.26	450m:	4:54.25	33.56	850m:	9:22.28	33.60	1250m:	13:52.15	33.94
	100m:	1:02.31	32.05	500m:	5:28.03	33.78	900m:	9:55.73	33.45	1300m:	14:26.25	34.10
	150m:	1:34.98	32.67	550m:	6:01.43	33.40	950m:	10:29.32	33.59	1350m:	14:59.89	33.64
	200m:	2:07.91	32.93	600m:	6:34.82	33.39	1000m:	11:03.21	33.89	1400m:	15:34.08	34.19
	250m:	2:40.81	32.90	650m:	7:08.37	33.55	1050m:	11:36.75	33.54	1450m:	16:08.07	33.99
	300m:	3:13.91	33.10	700m:	7:41.78	33.41	1100m:	12:10.47	33.72	1500m:	16:41.54	33.47
	350m:	3:47.26	33.35	750m:	8:15.19	33.41	1150m:	12:44.43	33.96			
	400m:	4:20.69	33.43	800m:	8:48.68	33.49	1200m:	13:18.21	33.78			
15.				2006	I	"	"	+0,66	17:02.77			567
	50m:	29.10	29.10	450m:	4:57.74	34.24	850m:	9:32.33	34.94	1250m:	14:11.39	34.80
	100m:	1:01.21	32.11	500m:	5:31.53	33.79	900m:	10:07.30	34.97	1300m:	14:45.86	34.47
	150m:	1:34.65	33.44	550m:	6:05.45	33.92	950m:	10:42.19	34.89	1350m:	15:20.41	34.55
	200m:	2:08.08	33.43	600m:	6:39.59	34.14	1000m:	11:17.23	35.04	1400m:	15:55.24	34.83
	250m:	2:41.59	33.51	650m:	7:13.81	34.22	1050m:	11:51.97	34.74	1450m:	16:29.84	34.60
	300m:	3:15.41	33.82	700m:	7:48.28	34.47	1100m:	12:26.79	34.82	1500m:	17:02.77	32.93
	350m:	3:49.45	34.04	750m:	8:22.77	34.49	1150m:	13:01.69	34.90			
	400m:	4:23.50	34.05	800m:	8:57.39	34.62	1200m:	13:36.59	34.90			
16.				2008	I	"	"	+0,75	17:11.99			552
	50m:	30.27	30.27	450m:	4:59.04	33.97	850m:	9:36.88	34.77	1250m:	14:19.12	35.24
	100m:	1:02.91	32.64	500m:	5:33.39	34.35	900m:	10:12.20	35.32	1300m:	14:54.13	35.01
	150m:	1:36.03	33.12	550m:	6:08.26	34.87	950m:	10:47.52	35.32	1350m:	15:29.11	34.98
	200m:	2:09.65	33.62	600m:	6:42.56	34.30	1000m:	11:23.24	35.72	1400m:	16:03.72	34.61
	250m:	2:43.53	33.88	650m:	7:17.81	35.25	1050m:	11:58.54	35.30	1450m:	16:38.41	34.69
	300m:	3:17.07	33.54	700m:	7:52.40	34.59	1100m:	12:33.63	35.09	1500m:	17:11.99	33.58
	350m:	3:51.29	34.22	750m:	8:27.20	34.80	1150m:	13:08.78	35.15			
	400m:	4:25.07	33.78	800m:	9:02.11	34.91	1200m:	13:43.88	35.10			
17.				2006	II	"	"	+0,93	17:12.46			551
	50m:	29.86	29.86	450m:	5:02.78	34.51	850m:	9:41.54	35.03	1250m:	14:21.88	34.62
	100m:	1:02.70	32.84	500m:	5:37.49	34.71	900m:	10:16.55	35.01	1300m:	14:57.04	35.16
	150m:	1:36.51	33.81	550m:	6:12.73	35.24	950m:	10:51.29	34.74	1350m:	15:32.29	35.25
	200m:	2:10.93	34.42	600m:	6:47.52	34.79	1000m:	11:26.78	35.49	1400m:	16:07.23	34.94
	250m:	2:44.82	33.89	650m:	7:22.24	34.72	1050m:	12:02.27	35.49	1450m:	16:41.32	34.09
	300m:	3:18.92	34.10	700m:	7:57.27	35.03	1100m:	12:37.04	34.77	1500m:	17:12.46	31.14
	350m:	3:53.40	34.48	750m:	8:32.13	34.86	1150m:	13:12.55	35.51			
	400m:	4:28.27	34.87	800m:	9:06.51	34.38	1200m:	13:47.26	34.71			
18.				2006	I	"	"	+0,84	17:13.08			550
	50m:	30.35	30.35	450m:	5:06.21	34.59	850m:	9:42.67	34.51	1250m:	14:21.00	34.74
	100m:	1:03.38	33.03	500m:	5:41.02	34.81	900m:	10:17.29	34.62	1300m:	14:55.66	34.66
	150m:	1:37.78	34.40	550m:	6:15.66	34.64	950m:	10:52.48	35.19	1350m:	15:30.59	34.93
	200m:	2:12.58	34.80	600m:	6:50.15	34.49	1000m:	11:27.54	35.06	1400m:	16:05.66	35.07
	250m:	2:47.40	34.82	650m:	7:24.43	34.28	1050m:	12:02.65	35.11	1450m:	16:40.19	34.53
	300m:	3:21.98	34.58	700m:	7:58.76	34.33	1100m:	12:37.18	34.53	1500m:	17:13.08	32.89
	350m:	3:56.92	34.94	750m:	8:33.46	34.70	1150m:	13:11.69	34.51			
	400m:	4:31.62	34.70	800m:	9:08.16	34.70	1200m:	13:46.26	34.57			

30 ОКТЯБРЯ - 2 НОЯБРЯ 2023 г.

		, 1500m						R.T.				WA
19.				2007	"	"	+0,82	17:20.67			538	
	50m:	30.08	30.08	450m:	5:03.49	34.68	850m:	9:44.44	35.52	1250m:	14:28.74	36.06
	100m:	1:03.43	33.35	500m:	5:37.95	34.46	900m:	10:19.50	35.06	1300m:	15:05.05	36.31
	150m:	1:37.58	34.15	550m:	6:12.62	34.67	950m:	10:54.58	35.08	1350m:	15:40.32	35.27
	200m:	2:11.58	34.00	600m:	6:47.54	34.92	1000m:	11:30.08	35.50	1400m:	16:14.52	34.20
	250m:	2:45.68	34.10	650m:	7:23.07	35.53	1050m:	12:05.86	35.78	1450m:	16:49.43	34.91
	300m:	3:19.94	34.26	700m:	7:58.90	35.83	1100m:	12:42.19	36.33	1500m:	17:20.67	31.24
	350m:	3:54.20	34.26	750m:	8:33.74	34.84	1150m:	13:18.03	35.84			
	400m:	4:28.81	34.61	800m:	9:08.92	35.18	1200m:	13:52.68	34.65			
20.				2008		"	+0,85	17:21.81			537	
	50m:	29.84	29.84	450m:	5:05.87	34.72	850m:	9:44.22	35.50	1250m:	14:26.67	34.87
	100m:	1:03.78	33.94	500m:	5:40.51	34.64	900m:	10:18.83	34.61	1300m:	15:02.55	35.88
	150m:	1:38.10	34.32	550m:	6:14.53	34.02	950m:	10:53.98	35.15	1350m:	15:38.34	35.79
	200m:	2:12.57	34.47	600m:	6:48.94	34.41	1000m:	11:29.25	35.27	1400m:	16:14.20	35.86
	250m:	2:47.00	34.43	650m:	7:23.81	34.87	1050m:	12:04.56	35.31	1450m:	16:50.39	36.19
	300m:	3:21.63	34.63	700m:	7:58.61	34.80	1100m:	12:39.99	35.43	1500m:	17:21.81	31.42
	350m:	3:56.55	34.92	750m:	8:33.75	35.14	1150m:	13:15.72	35.73			
	400m:	4:31.15	34.60	800m:	9:08.72	34.97	1200m:	13:51.80	36.08			
21.				2006		"	+0,77	17:28.33			527	
	50m:	29.47	29.47	450m:	5:00.08	34.87	850m:	9:44.62	35.84	1250m:	14:31.89	36.31
	100m:	1:02.10	32.63	500m:	5:35.05	34.97	900m:	10:20.51	35.89	1300m:	15:08.12	36.23
	150m:	1:35.17	33.07	550m:	6:10.21	35.16	950m:	10:55.98	35.47	1350m:	15:44.13	36.01
	200m:	2:08.56	33.39	600m:	6:45.48	35.27	1000m:	11:31.93	35.95	1400m:	16:19.71	35.58
	250m:	2:42.42	33.86	650m:	7:21.14	35.66	1050m:	12:07.83	35.90	1450m:	16:55.79	36.08
	300m:	3:16.30	33.88	700m:	7:56.86	35.72	1100m:	12:43.61	35.78	1500m:	17:28.33	32.54
	350m:	3:50.79	34.49	750m:	8:33.02	36.16	1150m:	13:19.59	35.98			
	400m:	4:25.21	34.42	800m:	9:08.78	35.76	1200m:	13:55.58	35.99			
22.				2005		"	+0,70	17:39.74			510	
	50m:	30.72	30.72	450m:	5:09.43	35.54	850m:	9:57.86	35.76	1250m:	14:49.41	36.17
	100m:	1:03.98	33.26	500m:	5:44.71	35.28	900m:	10:34.49	36.63	1300m:	15:25.03	35.62
	150m:	1:38.34	34.36	550m:	6:20.53	35.82	950m:	11:10.62	36.13	1350m:	15:59.36	34.33
	200m:	2:13.21	34.87	600m:	6:57.00	36.47	1000m:	11:46.57	35.95	1400m:	16:33.95	34.59
	250m:	2:48.29	35.08	650m:	7:33.15	36.15	1050m:	12:23.24	36.67	1450m:	17:07.84	33.89
	300m:	3:23.32	35.03	700m:	8:09.47	36.32	1100m:	12:59.81	36.57	1500m:	17:39.74	31.90
	350m:	3:58.38	35.06	750m:	8:45.95	36.48	1150m:	13:36.47	36.66			
	400m:	4:33.89	35.51	800m:	9:22.10	36.15	1200m:	14:13.24	36.77			