



						%	PB
							6
	, 22.01.2009						3
100m		54.	1:05.31	325	1:05.50	101%	
400m		73.	5:18.34	296	5:20.40	101%	
100m		33.	1:15.53	253	1:17.50	105%	
	, 27.02.2009						3
200m		36.	2:42.65	-	2:45.00	103%	
100m		42.	1:04.37	340	1:05.20	103%	
100m		5.	1:09.38	338	1:10.50	103%	
	, 03.03.2011						-
200m		49.	3:29.67	-	3:20.00	91%	
100m		43.	1:19.15	255	1:17.00	95%	
100m		31.	1:41.33	233	1:33.00	84%	
	, 09.07.2009						1
100m		11.	1:02.20	377	1:02.00	99%	-
400m		45.	5:04.22	339	4:58.00	96%	
100m		21.	1:12.12	290	1:09.00	92%	
	, 20.05.2009						-
100m		85.	1:08.06	287	1:03.00	86%	
100m		25.	1:13.03	280	1:10.00	92%	
	, 19.01.2011						1
200m		35.	3:16.23	-	3:18.00	102%	
100m		42.	1:31.86	213	1:30.00	96%	
100m		34.	1:43.09	221	1:41.00	96%	
"	77"						10
	, 24.04.2009						-
200m		17.	2:36.45	-	2:32.00	94%	
100m		43.	1:04.68	335	1:03.50	96%	
100m		10.	1:10.81	317	1:10.00	98%	
	, 11.03.2009						1
200m		22.	2:37.95	-	2:35.96	97%	
100m		29.	1:03.82	349	1:06.32	108%	
100m		21.	1:12.51	296	1:10.07	93%	
	, 15.01.2009						1
100m		79.	1:07.11	300	1:09.20	106%	
400m		55.	5:08.60	325	5:01.20	95%	
100m		41.	1:14.57	272	1:14.33	99%	
	, 17.07.2009						3
100m		71.	1:06.30	311	1:10.00	111%	
400m		62.	5:09.92	321	5:10.00	100%	
100m		47.	1:18.72	223	1:20.00	103%	
	, 03.02.2012						1
100m		48.	1:19.61	251	1:18.75	98%	
100m		19.	1:33.66	198	1:35.98	105%	
	, 11.02.2009						3
200m		19.	2:36.75	-	2:37.63	101%	
100m		48.	1:05.00	330	1:05.17	101%	
100m		26.	1:13.32	276	1:18.78	115%	
	, 05.01.2009						1
100m		15.	1:02.51	371	1:07.91	118%	
	, 14.09.2011						-
200m		46.	3:24.98	-	3:05.00	81%	
100m		38.	1:17.68	270	1:14.00	91%	
	, 23.03.2011						-
200m		43.	3:23.90	-	3:10.00	87%	
100m		22.	1:38.23	255	1:30.00	84%	
"	82"						6
	, 13.11.2009						3
200m		40.	2:45.04	-	2:49.17	105%	
100m		46.	1:16.09	256	1:17.18	103%	
100m		27.	1:26.20	264	1:27.77	104%	
	, 11.02.2011						3
100m		1.	1:06.39	433	1:09.30	109%	
400m		1.	5:07.69	439	5:12.35	103%	



100m	2.	1:13.39	412	1:20.37	120%	
	, 19.06.2010					1
100m	89.	1:08.38	283	1:09.36	103%	1
400m	44.	5:03.94	340	4:58.00	96%	
100m	54.	1:28.02	159	1:20.00	83%	
	, 20.06.2010					-
100m	104.	1:10.49	259	1:10.25	99%	
400m	69.	5:13.69	309	5:05.00	95%	
100m	50.	1:21.26	203	1:21.17	100%	
	, 25.09.2010					-
100m	93.	1:08.83	278	1:08.24	98%	
400m	75.	5:21.79	286	4:59.00	86%	
100m	52.	1:22.41	194	1:16.00	85%	
(1)	, 14.03.2010					18
200m	16.	2:35.93	-	2:36.00	100%	2
100m	27.	1:03.42	355	1:05.00	105%	
100m	6.	1:09.46	336	1:08.50	97%	
	, 17.06.2009					1
100m	99.	1:09.35	272	1:09.00	99%	
400m	50.	5:05.19	336	5:10.00	103%	
100m	47.	1:16.17	255	1:15.50	98%	
	, 21.03.2011					3
200m	6.	2:47.30	-	2:49.00	102%	
100m	2.	1:06.95	422	1:06.98	100%	
100m	3.	1:14.63	397	1:18.10	110%	
	, 29.07.2010					1
100m	106.	1:11.11	252	1:10.00	97%	
400m	47.	5:04.41	338	5:10.00	104%	
100m	58.	1:20.54	216	1:19.00	96%	
	, 19.10.2010					1
100m	90.	1:08.55	281	1:09.00	101%	
400m	65.	5:11.10	317	5:10.00	99%	
100m	30.	1:28.51	244	1:26.00	94%	
	, 24.02.2011					2
100m	16.	1:13.82	315	1:14.00	100%	
100m	17.	1:24.26	276	1:28.00	109%	
	, 04.08.2009					-
200m	4.	2:26.36	-	2:25.00	98%	
400m	5.	4:41.46	428	4:35.00	95%	
100m	3.	1:16.20	383	1:14.00	94%	
	, 23.08.2009					-
100m	49.	1:05.05	329	1:03.50	95%	
100m	16.	1:11.42	309	1:08.75	93%	
	, 22.01.2009					2
100m	101.	1:09.58	269	1:07.00	93%	
400m	25.	4:54.90	372	5:00.00	103%	
100m	48.	1:16.24	254	1:20.00	110%	
	, 28.09.2009					2
100m	105.	1:10.72	256	1:09.00	95%	
400m	70.	5:14.71	306	5:15.00	100%	
100m	51.	1:17.05	246	1:20.00	108%	
	, 29.01.2009					2
200m	11.	2:33.93	-	2:36.00	103%	
100m	25.	1:12.79	292	1:13.00	101%	
100m	11.	1:20.58	323	1:19.00	96%	
	, 27.03.2009					-
100m	2.	1:05.92	394	1:05.50	99%	
100m	5.	1:16.96	371	1:16.50	99%	
	, 12.03.2010					2
100m	9.	1:01.75	385	1:03.50	106%	
400m	7.	4:42.38	424	4:48.00	104%	
100m	23.	1:12.53	285	1:12.00	99%	
" "	, 30.01.2009					-
200m	38.	2:43.79	-	2:40.04	95%	
100m	88.	1:08.35	284	1:04.12	88%	
100m	28.	1:26.64	260	1:20.36	86%	
" "						21



	, 04.03.2009								
200m		47.	2:48.28	-	2:40.00		90%		
100m		108.	1:11.64	246	1:11.00		98%		
100m		8.	1:19.63	335	1:19.00		98%		
	, 13.05.2012								
200m		48.	3:26.06	-	3:12.00		87%		
100m		61.	1:23.16	220	1:18.50		89%		
100m		47.	1:33.67	201	1:25.00		82%		
	, 06.01.2009								3
100m		8.	1:01.38	392	1:01.50		100%		
400m		11.	4:47.37	402	4:48.00		100%		
100m		12.	1:11.16	313	1:11.50		101%		
	, 24.07.2011								2
100m		6.	1:09.95	370	1:11.00		103%		
400m		7.	5:34.43	342	5:26.00		95%		
100m		5.	1:19.06	334	1:20.00		102%		
	, 20.01.2009								2
100m		84.	1:07.99	288	1:08.68	11.06.2021	102%		
400m		59.	5:09.65	322	5:26.00	19.05.2021	111%		
	, 26.01.2009								1
100m		17.	1:12.28	298	1:14.70		107%		
100m		22.	1:23.78	288	1:23.40		99%		
	, 22.02.2011								2
100m		4.	1:08.96	386	1:09.00		100%		
400m		2.	5:09.03	433	5:18.00		106%		
100m		6.	1:29.01	343	1:25.00		91%		
	, 24.07.2009								2
100m		7.	59.60	428	1:01.50		106%		
400m		9.	4:44.98	413	4:36.00		94%		
100m		8.	1:10.18	326	1:12.00		105%		
	, 15.02.2011								1
100m		32.	1:16.58	282	1:16.00		98%		
400m		8.	5:34.68	341	5:37.00		101%		
100m		26.	1:39.54	245	1:35.00		91%		
	, 15.03.2009								1
100m		34.	1:04.08	344	1:04.00		100%		
100m		6.	1:08.30	342	1:09.50		104%		
	, 19.04.2011								3
200m		32.	3:13.42	-	3:21.71		109%		
100m		36.	1:29.54	230	1:31.50		104%		
100m		23.	1:38.26	255	1:41.34		106%		
	, 05.05.2011								-
100m		44.	1:19.22	255	1:17.00		94%		
400m		21.	5:58.14	278	5:57.00		99%		
100m		18.	1:36.15	272	1:35.00		98%		
	, 25.11.2011								2
200m		26.	3:09.47	-	3:05.00		95%		
100m		31.	1:16.43	284	1:18.00		104%		
100m		4.	1:27.68	359	1:29.00		103%		
	, 03.02.2011								-
400m		25.	6:22.12	229	5:40.00		79%		
100m		34.	1:28.47	238	1:28.00		99%		
100m		19.	1:36.26	271	1:30.00		87%		
	, 12.12.2011								2
200m		12.	2:59.28	-	3:02.00		103%		
100m		28.	1:15.77	291	1:14.00		95%		
100m		7.	1:22.79	287	1:24.00		103%		
"	"								7
	, 08.09.2012								-
100m		29.	1:40.36	239	1:37.00		93%		
	, 29.11.2009								1
100m		38.	1:04.17	343	1:03.50		98%		
400m		19.	4:50.95	388	4:50.00		99%		
100m		17.	1:11.06	303	1:13.00		106%		
	, 20.05.2011								-
200m		44.	3:24.26	-	3:15.00		91%		
100m		62.	1:24.00	214	1:19.00		88%		
100m		23.	1:54.07	109	1:28.00		60%		
	, 16.12.2011								1
100m		39.	1:18.23	265	1:16.00		94%		
400m		14.	5:46.62	307	5:50.00		102%		
100m		31.	1:28.01	242	1:25.00		93%		



200m		40.	3:20.63	-		3:10.00		90%		
100m		32.	1:28.22	240		1:25.00		93%		
100m		25.	1:38.98	250		1:32.00		86%		
200m		51.	3:31.62	-		3:27.00		96%		1
100m		59.	1:22.39	226		1:25.00		106%		
100m		39.	1:31.33	217		1:31.00		99%		
200m		39.	2:44.80	-		2:50.00		106%		1
100m		107.	1:11.63	246		1:11.00		98%		
100m		23.	1:23.87	287		1:20.00		91%		
200m		3.	2:42.68	-		2:42.00		99%		-
100m		3.	1:07.42	414		1:06.00		96%		
100m		1.	1:12.80	422		1:12.00		98%		
100m		33.	1:16.67	281		1:15.00		96%		1
400m		17.	5:55.02	286		5:50.00		97%		
100m		16.	1:24.03	278		1:25.00		102%		
200m		15.	2:35.72	-		2:31.20		94%		2
100m		30.	1:03.98	346		1:08.50		115%		
100m		13.	1:09.71	321		1:10.00		101%		
"	"									
100m		49.	1:33.85	200		1:27.00		86%		-
10										6
200m		WDR		-		2:41.00		-		-
100m		WDR		-		1:04.00		-		-
100m		WDR		-		1:11.00		-		-
200m		43.	2:46.01	-		2:45.30		99%		1
100m		83.	1:07.94	289		1:07.50		99%		
100m		40.	1:16.86	240		1:17.50		102%		
200m		29.	2:40.03	-		2:39.00		99%		-
100m		26.	1:12.82	292		1:09.50		91%		
100m		17.	1:23.17	294		1:21.00		95%		
100m		64.	1:05.91	316		1:05.00		97%		-
400m		56.	5:08.73	324		5:02.50		96%		
100m		37.	1:14.29	275		1:12.50		95%		
100m		47.	1:19.51	252		1:15.50		90%		1
400m		18.	5:55.79	284		5:55.00		100%		
100m		28.	1:26.85	252		1:28.00		103%		
200m		46.	2:47.81	-		2:50.00		103%		1
100m		97.	1:09.10	275		1:08.00		97%		
100m		57.	1:19.75	222		1:16.00		91%		
100m		34.	1:16.78	280		1:16.00		98%		1
400m		19.	5:55.93	283		6:00.00		102%		
100m		53.	1:05.22	327		1:04.70		98%		-
400m		36.	4:59.32	356		4:52.00		95%		
100m		41.	1:17.12	237		1:15.00		95%		
100m		98.	1:09.19	274		1:06.00		91%		-
400m		64.	5:11.01	317		5:00.00		93%		
100m		39.	1:16.78	240		1:16.00		98%		
100m		WDR		-		1:02.50		-		-
400m		WDR		-		4:45.00		-		-
100m		WDR		-		1:10.00		-		-
100m		38.	1:30.94	219		1:34.98		109%		2
100m		28.	1:40.31	240		1:42.49		104%		

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	, 28.03.2011							1
100m		64.	1:24.48	210	1:19.00		87%	
400m		23.	6:18.34	236	7:00.00		123%	
100m		48.	1:33.80	200	1:27.00		86%	
	, 17.03.2011							-
100m		24.	1:26.27	257	1:26.00		99%	
100m		35.	1:43.74	217	1:38.00		89%	
	, 01.01.2011							-
100m		51.	1:20.83	240	1:16.00		88%	
400m		26.	6:23.94	226	6:10.00		93%	
100m		44.	1:32.16	211	1:28.00		91%	
	, 31.01.2009							1
100m		16.	1:02.53	371	1:00.00		92%	
400m		23.	4:54.77	373	4:45.00		93%	
100m		11.	1:09.10	330	1:10.00		103%	
	, 01.01.2011							-
100m		66.	1:27.58	188	1:20.00		83%	
400m		31.	6:34.65	208	6:30.00		98%	
100m		43.	1:31.93	212	1:28.00		92%	
	, 13.05.2009							1
100m		55.	1:05.34	325	1:04.00		96%	
400m		28.	4:55.58	370	4:56.00		100%	
100m		46.	1:18.44	226	1:16.00		94%	
	, 05.04.2011							1
200m		5.	2:47.16	-	2:42.50		95%	
100m		8.	1:10.22	366	1:09.50		98%	
100m		3.	1:17.54	349	1:18.00		101%	
	, 29.01.2010							-
400m		61.	5:09.89	321	5:00.00		94%	
100m		16.	1:23.06	295	1:18.00		88%	
100m		51.	1:21.68	200	1:18.90		93%	
	, 19.10.2010							-
200m		24.	2:38.75	-	2:38.00		99%	
100m		77.	1:06.95	302	1:04.00		91%	
100m		23.	1:12.69	293	1:12.50		99%	
	, 09.06.2010							-
200m		41.	2:45.28	-	2:40.00		94%	
100m		92.	1:08.62	280	1:07.00		95%	
	, 28.06.2011							-
200m		34.	3:15.85	-	3:08.00		92%	
100m		45.	1:19.26	254	1:18.00		97%	
100m		18.	1:32.49	205	1:25.00		84%	
	, 04.04.2009							-
100m		14.	1:02.37	374	1:01.30		97%	
400m		18.	4:50.77	388	4:50.00		99%	
100m		22.	1:12.54	295	1:12.00		99%	
	, 30.08.2009							-
100m		74.	1:06.57	307	1:04.00		92%	
400m		46.	5:04.28	339	4:56.00		95%	
100m		36.	1:16.14	247	1:16.00		100%	
	, 15.11.2009							-
200m		34.	2:41.62	-	2:36.00		93%	
100m		75.	1:06.68	306	1:03.00		89%	
100m		37.	1:14.29	275	1:12.50		95%	
	, 22.03.2011							-
400m		22.	6:03.92	265	5:59.00		97%	
100m		17.	1:35.69	276	1:33.00		94%	
4 (1)								7
	, 30.03.2010							1
100m		46.	1:04.84	332	1:04.00		97%	
400m		35.	4:58.64	359	4:51.00		95%	
100m		30.	1:14.34	265	1:15.00		102%	
	, 09.08.2010							1
200m		37.	2:43.14	-	2:42.00		99%	
100m		65.	1:05.95	316	1:07.00		103%	
100m		28.	1:13.17	288	1:13.00		100%	
	, 10.02.2009							-
100m		5.	58.68	449	58.00		98%	
400m		6.	4:41.90	426	4:33.00		94%	
100m		4.	1:07.97	359	1:06.50		96%	



	, 01.03.2011									
100m		60.	1:22.51	225	1:20.00		94%			
100m		15.	1:35.29	280	1:33.00		95%			
	, 03.04.2010									
100m		37.	1:04.16	343	1:02.00		93%			
400m		34.	4:58.34	360	4:50.00		94%			
100m		19.	1:12.49	296	1:11.00		96%			
	, 04.07.2011									
100m		29.	1:15.81	291	1:13.00		93%			
400m		13.	5:46.32	308	5:46.00		100%			
100m		40.	1:31.40	216	1:27.00		91%			
	, 27.02.2011									
200m		37.	3:17.13	-	3:10.00		93%			
100m		50.	1:20.80	240	1:19.00		96%			
100m		53.	1:35.18	191	1:30.00		89%			
	, 31.10.2010									1
200m		12.	2:34.88	-	2:35.00		100%			
100m		19.	1:23.38	292	1:22.00		97%			
100m		7.	1:08.54	338	1:07.50		97%			
	, 09.06.2012									
100m		46.	1:19.35	253	1:18.00		97%			
400m		27.	6:28.15	218	6:15.00		93%			
100m		16.	1:32.46	206	1:28.00		91%			
	, 15.09.2009									2
200m		6.	2:31.29	-	2:33.00		102%			
100m		14.	1:21.79	309	1:22.00		101%			
100m		8.	1:08.76	335	1:07.50		96%			
	, 23.01.2010									
100m		40.	1:04.23	342	1:01.50		92%			
400m		52.	5:06.98	330	4:51.00		90%			
100m		40.	1:14.34	274	1:14.00		99%			
	, 16.08.2009									2
200m		5.	2:30.99	-	2:35.00		105%			
100m		9.	1:19.99	331	1:22.00		105%			
100m		16.	1:10.86	306	1:09.00		95%			
	, 06.04.2012									
200m		25.	3:08.42	-	2:55.00		86%			
100m		26.	1:15.52	294	1:14.00		96%			
100m		22.	1:25.87	261	1:25.00		98%			
	, 30.01.2011									
100m		12.	1:11.75	343	1:10.00		95%			
400m		11.	5:42.69	318	5:40.00		98%			
100m		7.	1:20.39	318	1:19.00		97%			
"	"									2
	, 12.03.2010									
100m		102.	1:09.64	268	1:09.00		98%			
100m		55.	1:19.34	226	1:18.00		97%			
	, 21.02.2009									1
100m		31.	1:04.00	346	1:03.00		97%			
400m		26.	4:54.95	372	4:58.00		102%			
100m		36.	1:14.25	275	1:14.00		99%			
	, 16.10.2009									1
100m		39.	1:04.19	343	1:04.00		99%			
400m		38.	4:59.99	354	5:03.00		102%			
100m		37.	1:14.29	275	1:13.00		97%			
"	"									2
	, 06.08.2009									
100m		17.	1:02.65	369	1:02.00		98%			
400m		4.	4:39.21	439	4:38.00		99%			
100m		10.	1:20.26	327	1:19.00		97%			
	, 07.10.2009									1
200m		31.	2:40.29	-	2:43.00		103%			
100m		6.	1:17.57	363	1:14.00		91%			
100m		49.	1:21.16	204	1:18.00		92%			
	, 22.01.2009									1
100m		52.	1:05.15	328	1:03.00		94%			
400m		12.	4:47.87	400	4:50.00		101%			
100m		12.	1:09.12	330	1:08.00		97%			
"	"									13



Distance	Rank	Time	Points	Time	Date	Percentage	Result
							20.10.2009
100m	6.	59.08	440	1:01.49	26.09.2021	108%	2
100m	4.	1:06.09	377	1:10.38	20.05.2021	113%	
							23.03.2012
100m	18.	1:14.12	311	1:17.00		108%	3
400m	10.	5:35.31	339	5:37.00		101%	
100m	20.	1:25.37	265	1:25.81	19.05.2021	101%	
							21.01.2009
100m	35.	1:04.14	343	1:03.00		96%	1
400m	16.	4:50.56	389	4:46.00		97%	
100m	9.	1:09.01	331	1:11.41	05.11.2021	107%	
							17.01.2011
200m	4.	2:43.95	-	2:48.00		105%	3
100m	5.	1:08.98	386	1:12.80	18.05.2021	111%	
100m	5.	1:28.68	347	1:29.02	26.09.2021	101%	
							07.02.2009
200m	13.	2:34.92	-	2:41.00		108%	2
100m	20.	1:12.50	296	1:11.65	19.05.2021	98%	
100m	2.	1:14.95	402	1:17.55	20.05.2021	107%	
							14.08.2009
200m	27.	2:39.12	-	2:40.00		101%	1
100m	80.	1:07.24	298	1:06.00		96%	
100m	26.	1:26.01	266	1:25.21	26.09.2021	98%	
							23.07.2009
400m	30.	4:56.28	367	4:50.00		96%	1
100m	11.	1:10.85	317	1:14.05	26.09.2021	109%	
"	"						"
							31.03.2010
100m	76.	1:06.77	304	1:06.70		100%	-
400m	53.	5:07.61	328	5:03.00		97%	
100m	56.	1:19.45	225	1:18.00		96%	
							04.07.2009
200m	WDR	-	-	2:48.00		-	-
100m	WDR	-	-	1:05.00		-	-
100m	WDR	-	-	1:18.00		-	-
							28.01.2009
200m	48.	2:48.70	-	2:44.00		95%	-
100m	31.	1:28.78	242	1:24.00		90%	
100m	53.	1:22.97	190	1:16.00		84%	
							16.03.2009
100m	49.	1:05.05	329	1:05.50		101%	1
400m	60.	5:09.76	321	5:09.00		100%	
100m	15.	1:11.33	311	1:10.00		96%	
							08.04.2012
200m	WDR	-	-	3:25.00		-	-
100m	WDR	-	-	1:18.00		-	-
100m	WDR	-	-	1:30.00		-	-
							12.10.2011
200m	WDR	-	-	3:40.00		-	-
100m	WDR	-	-	1:40.00		-	-
100m	WDR	-	-	1:43.11		-	-
							28.01.2011
100m	17.	1:13.95	313	1:12.50		96%	1
400m	20.	5:56.77	281	5:35.00		88%	
100m	8.	1:25.09	264	1:26.00		102%	
							25.06.2011
100m	52.	1:34.62	195	1:30.00		90%	1
100m	10.	1:31.68	314	1:32.60		102%	
							09.10.2009
200m	23.	2:38.68	-	2:44.00		107%	2
100m	33.	1:04.03	345	1:06.00		106%	
100m	49.	1:16.34	253	1:15.00		97%	
							15.06.2009
100m	86.	1:08.11	287	1:06.00		94%	-
100m	52.	1:17.59	241	1:12.00		86%	-
							06.04.2012
100m	57.	1:22.25	228	1:18.00		90%	-
400m	28.	6:29.76	216	6:12.00		91%	
100m	41.	1:31.53	215	1:27.00		90%	
							09.01.2009
200m	45.	2:46.91	-	2:42.00		94%	1
100m	23.	1:03.16	360	1:03.50		101%	



	, 12.01.2010								
400m		67.	5:12.60	313	5:05.00		95%		
100m		50.	1:16.97	247	1:13.00		90%		
100m		32.	1:28.95	240	1:25.00		91%		
	, 06.08.2010								1
100m		63.	1:05.79	318	1:05.50		99%		
400m		48.	5:04.59	338	5:00.00		97%		
100m		37.	1:16.30	245	1:16.50		101%		
	, 27.03.2012								
400m		WDR		-	6:20.00		-		
100m		WDR		-	1:31.50		-		
100m		WDR		-	1:40.00		-		
	, 10.04.2012								
200m		WDR		-	3:25.00		-		
100m		WDR		-	1:19.00		-		
100m		WDR		-	1:30.00		-		
	, 15.07.2011								1
200m		50.	3:29.86	-	3:26.00		96%		
100m		55.	1:50.22	123	1:31.50		69%		
100m		20.	1:37.10	264	1:38.30		102%		
(1)									28
	, 03.03.2011								
100m		11.	1:11.28	350	1:11.00		99%		
400m		16.	5:51.32	295	5:50.00		99%		
100m		8.	1:20.41	318	1:20.00		99%		
	, 13.01.2011								3
200m		19.	3:05.11	-	3:13.00		109%		
100m		21.	1:25.74	262	1:42.00		142%		
100m		12.	1:33.26	298	1:38.00		110%		
	, 20.10.2009								
200m		1.	2:20.42	-	2:18.00		97%		
100m		2.	57.28	482	57.28		100%		
100m		1.	1:03.19	447	1:02.02		96%		
	, 30.10.2011								3
100m		10.	1:11.25	350	1:13.00		105%		
400m		5.	5:29.57	357	5:40.00		106%		
100m		4.	1:17.84	350	1:19.00		103%		
	, 18.04.2011								1
200m		14.	3:01.02	-	2:55.00		93%		
100m		11.	1:31.73	314	1:35.00		107%		
100m		9.	1:25.39	261	1:24.00		97%		
	, 22.05.2009								3
100m		57.	1:05.56	322	1:06.38		103%		
400m		21.	4:52.32	382	4:57.00		103%		
100m		29.	1:26.76	259	1:31.50		111%		
	, 12.01.2009								3
100m		3.	57.65	473	58.20		102%		
400m		2.	4:21.59	534	4:31.00		107%		
100m		1.	1:02.30	451	1:02.50		101%		
	, 29.04.2009								2
200m		18.	2:36.65	-	2:40.00		104%		
100m		29.	1:13.23	287	1:11.00		94%		
100m		7.	1:18.87	345	1:21.00		105%		
	, 14.10.2011								1
100m		15.	1:13.40	320	1:13.00		99%		
400m		9.	5:35.26	339	5:30.00		97%		
100m		9.	1:20.69	314	1:22.00		103%		
	, 10.10.2010								1
100m		90.	1:08.55	281	1:08.00		98%		
400m		54.	5:08.34	326	5:20.00		108%		
	, 11.01.2011								2
200m		16.	3:02.39	-	3:08.00		106%		
100m		13.	1:12.66	330	1:12.00		98%		
100m		5.	1:22.02	295	1:27.00		113%		
	, 27.04.2011								
200m		24.	3:08.18	-	3:05.00		97%		
100m		33.	1:28.41	239	1:25.00		92%		
100m		8.	1:30.29	329	1:28.00		95%		
	, 13.01.2011								3
200m		1.	2:37.76	-	2:43.00		107%		
100m		2.	1:14.12	406	1:16.00		105%		
100m		2.	1:21.58	446	1:23.00		104%		



	, 16.11.2009							2
200m		25.	2:38.88	-	2:38.00		99%	
100m		66.	1:05.99	315	1:06.00		100%	
100m		19.	1:11.79	294	1:12.00		101%	
	, 16.07.2009							1
200m		2.	2:24.66	-	2:24.00		99%	
100m		4.	58.05	463	57.68		99%	
100m		3.	1:07.33	369	1:07.63		101%	
	, 28.02.2009							3
100m		1.	57.02	489	58.20		104%	
400m		1.	4:21.24	536	4:31.00		108%	
100m		2.	1:02.45	447	1:05.80		111%	
(2)								23
	, 05.02.2011							-
200m		42.	3:22.39	-	3:12.00		90%	
100m		63.	1:24.08	213	1:12.00		73%	
100m		50.	1:34.05	198	1:23.00		78%	
	, 14.02.2009							3
100m		36.	1:04.15	343	1:04.26		100%	
400m		13.	4:48.00	400	4:55.50		105%	
100m		14.	1:11.31	311	1:13.15		105%	
	, 01.02.2011							2
200m		9.	2:58.07	-	3:02.00		104%	
100m		7.	1:29.19	341	1:31.00		104%	
100m		17.	1:32.47	205	1:29.00		93%	
	, 05.08.2009							2
200m		32.	2:40.49	-	2:43.00		103%	
100m		70.	1:06.19	312	1:06.00		99%	
100m		27.	1:12.87	291	1:13.00		100%	
	, 26.08.2010							1
100m		32.	1:04.01	346	1:04.00		100%	
400m		33.	4:57.87	361	4:54.00		97%	
100m		18.	1:11.20	302	1:12.50		104%	
	, 24.03.2009							-
100m		61.	1:05.68	320	1:02.00		89%	
400m		74.	5:20.51	290	4:55.00		85%	
100m		31.	1:14.49	263	1:12.50		95%	
	, 19.03.2009							-
100m		56.	1:05.53	322	1:04.50		97%	
400m		40.	5:00.60	352	5:00.00		100%	
100m		44.	1:18.02	229	1:15.00		92%	
	, 11.04.2011							3
100m		9.	1:10.40	363	1:14.00		110%	
400m		3.	5:16.44	403	5:30.00		109%	
100m		6.	1:19.91	324	1:28.00		121%	
	, 24.06.2010							-
100m		100.	1:09.45	270	1:03.50		84%	
400m		57.	5:09.00	324	4:58.00		93%	
100m		35.	1:14.14	277	1:14.00		100%	
	, 17.07.2011							3
200m		18.	3:03.18	-	3:10.00		108%	
100m		14.	1:23.27	286	1:28.00		112%	
100m		14.	1:34.03	291	1:36.00		104%	
	, 19.04.2009							2
100m		20.	1:02.68	368	1:04.00		104%	
400m		17.	4:50.74	389	4:50.00		99%	
100m		5.	1:08.27	342	1:15.00		121%	
	, 21.11.2011							1
200m		29.	3:11.48	-	3:15.00		104%	
100m		53.	1:21.01	238	1:18.00		93%	
100m		21.	1:35.34	187	1:30.00		89%	
	, 24.02.2011							1
100m		16.	1:35.64	277	1:38.00		105%	
100m		15.	1:31.57	212	1:29.00		94%	
	, 16.02.2009							-
100m		25.	1:03.32	357	1:01.00		93%	
400m		41.	5:01.31	349	4:55.00		96%	
100m		9.	1:10.63	320	1:10.00		98%	
	, 02.06.2011							2
100m		36.	1:16.86	279	1:15.00		95%	
400m		15.	5:48.36	302	5:55.00		104%	
100m		11.	1:26.66	250	1:30.00		108%	



	, 27.01.2011							3
200m		15.	3:01.08	-	3:02.00		101%	
100m		13.	1:23.21	287	1:24.00		102%	
100m		9.	1:31.62	315	1:37.00		112%	
(3)	, 02.07.2010							3
100m		95.	1:08.93	277	1:07.00		94%	-
400m		66.	5:12.29	313	5:10.00		99%	
100m		34.	1:15.89	249	1:15.00		98%	
	, 07.11.2011							-
200m		WDR		-	3:40.00		-	
100m		WDR		-	1:31.50		-	
100m		WDR		-	1:38.00		-	
	, 07.12.2012							1
100m		45.	1:33.02	205	1:35.00		104%	
100m		33.	1:42.03	228	1:39.00		94%	
	, 12.01.2012							2
200m		21.	3:05.86	-	3:30.00		128%	
100m		25.	1:26.45	255	1:31.00		111%	
1	, 25.07.2011							6
100m		WDR		-	1:26.00		-	
400m		WDR		-	6:10.00		-	
	, 09.02.2011							1
200m		39.	3:20.59	-	3:20.00		99%	
100m		35.	1:28.99	234	1:30.00		102%	
100m		36.	1:43.94	215	1:40.00		93%	
	, 30.08.2011							1
100m		54.	1:21.52	234	1:16.00		87%	
400m		24.	6:19.99	233	6:10.00		95%	
100m		10.	1:26.41	252	1:30.00		108%	
	, 25.02.2010							-
100m		57.	1:05.56	322	1:05.00		98%	
400m		15.	4:50.45	390	4:45.00		96%	
100m		24.	1:12.91	281	1:12.00		98%	
	, 31.08.2009							2
200m		20.	2:37.01	-	2:38.00		101%	
100m		62.	1:05.71	319	1:06.00		101%	
400m		14.	4:48.65	397	4:45.00		97%	
	, 16.02.2009							2
200m		3.	2:25.23	-	2:28.00		104%	
400m		3.	4:32.33	473	4:38.00		104%	
100m		3.	1:04.43	407	1:03.50		97%	
	, 25.03.2010							-
400m		29.	4:55.97	368	4:55.45		100%	
100m		32.	1:13.63	282	1:10.30		91%	
100m		48.	1:20.99	205	1:18.70		94%	
2	, 11.09.2011							1
200m		23.	3:07.43	-	3:06.00		98%	
100m		40.	1:18.50	262	1:18.00		99%	
100m		13.	1:33.70	294	1:32.00		96%	
	, 23.12.2012							-
100m		49.	1:20.62	242	1:19.50		97%	
100m		20.	1:35.04	189	1:35.00		100%	
	, 16.04.2009							1
100m		10.	1:01.98	381	1:02.01		100%	
400m		22.	4:53.23	379	4:40.00		91%	
47	, 17.03.2009							6
100m		18.	1:02.67	368	1:02.15		98%	
400m		10.	4:46.51	406	4:43.70		98%	
100m		18.	1:23.28	293	1:22.50		98%	
	, 20.06.2009							3
200m		28.	2:39.41	-	2:41.00		102%	
100m		78.	1:07.08	300	1:10.00		109%	
100m		4.	1:16.54	377	1:20.50		111%	



	, 14.05.2011							3
200m		20.	3:05.53	-	3:20.00		116%	
100m		14.	1:13.04	325	1:13.50		101%	
100m		29.	1:27.04	250	1:31.50		111%	
64								23
	, 10.04.2009							1
100m		59.	1:05.58	321	1:06.90		104%	
400m		24.	4:54.79	373	4:52.00		98%	
100m		23.	1:12.69	293	1:12.04		98%	
	, 18.02.2010							3
200m		44.	2:46.50	-	2:54.31		110%	
100m		82.	1:07.65	293	1:09.40		105%	
100m		43.	1:17.25	236	1:17.84		102%	
	, 30.04.2011							3
200m		8.	2:56.60	-	3:03.45		108%	
100m		19.	1:14.60	305	1:20.00		115%	
100m		11.	1:22.19	297	1:23.93		104%	
	, 21.03.2009							1
100m		44.	1:04.72	334	1:07.34		108%	
400m		39.	5:00.13	353	4:50.00		93%	
100m		59.	1:21.30	210	1:16.00		87%	
	, 18.04.2011							1
200m		33.	3:13.81	-	3:06.92		93%	
100m		27.	1:26.69	253	1:26.10		99%	
100m		27.	1:39.61	245	1:40.48		102%	
	, 28.07.2009							2
400m		43.	5:03.77	341	4:54.00		94%	
100m		12.	1:20.63	323	1:24.96		111%	
100m		29.	1:13.96	269	1:18.88		114%	
	, 09.02.2011							1
100m		21.	1:37.90	258	1:44.34		114%	
100m		13.	1:29.81	224	1:28.10		96%	
	, 05.04.2009							-
200m		30.	2:40.22	-	2:40.00		100%	
100m		53.	1:18.27	235	1:17.00		97%	
100m		15.	1:22.11	306	1:19.60		94%	
	, 09.01.2011							3
200m		47.	3:25.72	-	3:30.00		104%	
100m		65.	1:25.43	203	1:28.45		107%	
100m		51.	1:34.50	195	1:36.40		104%	
	, 10.11.2009							1
200m		14.	2:35.21	-	2:30.00		93%	
100m		12.	1:02.24	376	1:03.75		105%	
100m		34.	1:14.11	277	1:10.00		89%	
	, 05.03.2011							1
200m		45.	3:24.69	-	3:20.10		96%	
100m		55.	1:21.62	233	1:20.74		98%	
100m		37.	1:29.74	228	1:34.47		111%	
	, 06.02.2009							2
100m		87.	1:08.30	284	1:08.54		101%	
400m		49.	5:04.81	337	4:48.00		89%	
100m		42.	1:17.18	237	1:18.61		104%	
	, 30.04.2011							1
100m		56.	1:22.21	228	1:28.66		116%	
400m		29.	6:30.16	215	6:16.00		93%	
	, 29.01.2010							1
100m		51.	1:05.08	329	1:07.81		109%	
400m		37.	4:59.88	354	4:54.00		96%	
100m		45.	1:15.96	257	1:14.70		97%	
	, 12.05.2009							1
100m		94.	1:08.89	277	1:07.16		95%	
400m		42.	5:02.68	344	4:53.00		94%	
100m		35.	1:15.95	248	1:16.18		101%	
	, 14.03.2009							1
100m		24.	1:03.18	359	1:03.18		100%	
400m		63.	5:10.07	320	4:50.00		87%	
100m		7.	1:10.05	328	1:11.27		104%	
70 "	"							-
	, 11.05.2011							-
100m		30.	1:15.85	290	1:12.00		90%	
400m		12.	5:44.60	312	5:37.00		96%	
100m		14.	1:31.37	213	1:20.00		77%	



	, 04.09.2011								
200m		41.	3:22.31	-	3:10.00		88%		
100m		37.	1:44.73	211	1:40.00		91%		
100m		22.	1:43.40	147	1:31.00		77%		
	, 25.06.2009								10
100m		41.	1:04.28	341	1:03.56		98%		1
400m		31.	4:57.57	362	4:58.12		100%		
100m		28.	1:13.86	270	1:12.48		96%		
	, 26.11.2009								2
200m		26.	2:39.07	-	2:38.00		99%		
100m		67.	1:06.00	315	1:10.00		112%		
100m		24.	1:24.19	284	1:28.00		109%		
	, 05.05.2009								2
200m		8.	2:33.28	-	2:35.31		103%		
100m		22.	1:02.99	363	1:03.32		101%		
100m		25.	1:24.71	278	1:22.06		94%		
	, 23.09.2012								2
200m		13.	3:00.02	-	3:00.00		100%		
100m		35.	1:16.83	279	1:18.00		103%		
100m		12.	1:27.92	239	1:30.00		105%		
	, 16.04.2010								1
100m		18.	1:02.67	368	1:05.00		108%		
400m		20.	4:51.28	386	4:50.00		99%		
100m		15.	1:10.34	313	1:10.00		99%		
	, 14.05.2011								-
200m		31.	3:12.35	-	3:10.00		98%		
100m		58.	1:22.34	227	1:21.00		97%		
100m		30.	1:40.55	238	1:40.00		99%		
	, 10.02.2010								2
100m		81.	1:07.58	294	1:09.00		104%		
400m		68.	5:13.37	310	5:20.00		104%		
100m		45.	1:18.33	226	1:18.00		99%		
	, 19.01.2009								-
100m		45.	1:04.83	333	1:04.00		97%		
100m		30.	1:13.37	285	1:10.00		91%		
	-70 " "								25
	, 07.02.2011								-
200m		30.	3:11.77	-	3:10.00		98%		
100m		42.	1:19.11	256	1:15.00		90%		
	, 18.04.2012								3
100m		25.	1:15.42	295	1:18.00		107%		
400m		6.	5:32.39	348	6:02.20		119%		
100m		12.	1:22.98	289	1:24.00		102%		
	, 16.12.2009								1
200m		33.	2:41.57	-	2:40.00		98%		
100m		13.	1:20.95	319	1:18.00		93%		
100m		38.	1:16.37	244	1:17.25		102%		
	, 13.11.2011								2
200m		10.	2:58.14	-	3:05.00		108%		
100m		20.	1:14.66	304	1:15.00		101%		
100m		19.	1:25.27	266	1:25.00		99%		
	, 16.05.2012								2
100m		23.	1:15.08	299	1:17.00		105%		
100m		26.	1:26.68	253	1:27.00		101%		
	, 10.09.2009								2
100m		26.	1:03.41	355	1:03.50		100%		
400m		27.	4:55.15	371	5:03.00		105%		
100m		18.	1:12.43	297	1:10.00		93%		
	, 04.02.2011								3
200m		7.	2:55.82	-	2:56.00		100%		
100m		3.	1:23.36	418	1:24.50		103%		
100m		6.	1:22.48	290	1:23.00		101%		
	, 17.01.2011								3
100m		7.	1:10.11	368	1:11.80		105%		
400m		4.	5:17.35	400	5:45.60		119%		
100m		23.	1:25.99	260	1:26.00		100%		
	, 21.01.2012								-
200m		27.	3:10.09	-	3:05.00		95%		
100m		24.	1:15.38	296	1:14.00		96%		
100m		18.	1:24.43	274	1:23.00		97%		



	, 07.10.2009							3
200m		7.	2:32.81	-	2:35.00		103%	
100m		13.	1:02.35	374	1:03.50		104%	
100m		10.	1:09.03	331	1:10.00		103%	
	, 19.02.2010							-
200m		35.	2:41.71	-	2:41.00		99%	
100m		33.	1:14.03	278	1:12.00		95%	
100m		21.	1:23.62	289	1:20.60		93%	
	, 19.02.2010							-
100m		68.	1:06.11	314	1:03.65		93%	
400m		32.	4:57.86	361	4:50.00		95%	
100m		27.	1:13.65	273	1:09.95		90%	
	, 01.02.2011							2
200m		22.	3:07.37	-	3:10.00		103%	
100m		21.	1:14.81	303	1:14.00		98%	
100m		10.	1:22.06	299	1:23.00		102%	
	, 28.04.2009							2
100m		28.	1:03.48	354	1:03.50		100%	
400m		8.	4:44.37	415	4:52.00		105%	
100m		13.	1:11.25	312	1:10.50		98%	
	, 01.04.2011							2
200m		11.	2:59.07	-	3:00.00		101%	
100m		27.	1:15.74	292	1:15.00		98%	
100m		4.	1:21.80	297	1:25.00		108%	
	-70 " "							23
	, 30.05.2011							-
200m		17.	3:03.13	-	3:00.00		97%	
100m		37.	1:17.43	273	1:15.00		94%	
100m		15.	1:23.30	286	1:23.00		99%	
	, 29.01.2009							2
200m		42.	2:45.38	-	2:46.00		101%	
100m		73.	1:06.53	308	1:06.00		98%	
100m		54.	1:18.90	229	1:19.00		100%	
	, 06.06.2011							-
100m		52.	1:20.97	239	1:20.00		98%	
400m		30.	6:33.61	209	6:20.00		93%	
100m		32.	1:41.67	230	1:33.00		84%	
	, 11.03.2011							1
200m		28.	3:11.46	-	3:17.00		106%	
100m		41.	1:19.08	256	1:17.00		95%	
100m		30.	1:27.49	246	1:27.00		99%	
	, 21.10.2009							2
200m		9.	2:33.63	-	2:40.00		108%	
100m		21.	1:02.80	366	1:03.21	02.10.2021	101%	
100m		22.	1:12.22	289	1:11.00		97%	
	, 26.06.2009							3
100m		69.	1:06.17	313	1:10.00		112%	
400m		51.	5:06.29	332	5:15.00		106%	
100m		44.	1:15.89	258	1:19.00		108%	
	, 07.10.2010							-
100m		20.	1:23.59	290	1:19.00		89%	
100m		20.	1:12.06	291	1:11.00		97%	
	, 25.02.2009							2
100m		72.	1:06.51	308	1:07.00		101%	
400m		58.	5:09.54	322	5:10.00		100%	
100m		32.	1:14.67	261	1:14.00		98%	
	, 13.08.2011							-
200m		38.	3:19.80	-	3:15.00		95%	
100m		54.	1:36.49	184	1:27.00		81%	
100m		24.	1:38.71	252	1:37.00		97%	
	, 30.03.2009							3
200m		10.	2:33.77	-	2:40.00		108%	
100m		43.	1:15.51	262	1:16.00		101%	
100m		1.	1:14.19	415	1:18.00		111%	
	, 19.01.2009							2
100m		103.	1:09.73	267	1:10.00		101%	
400m		76.	5:23.02	283	5:10.00		92%	
100m		31.	1:13.41	285	1:15.00		104%	
	, 26.09.2010							1
100m		96.	1:08.96	276	1:09.00		100%	
400m		71.	5:17.75	298	5:10.00		95%	
100m		60.	1:21.42	209	1:20.00		97%	



	, 26.04.2011							1
200m		36.	3:16.69	-	3:11.00		94%	
100m		22.	1:14.88	302	1:18.00		109%	
100m		46.	1:33.03	205	1:26.00		85%	
	, 05.05.2010							3
200m		21.	2:37.51	-	2:42.00		106%	
100m		47.	1:04.94	331	1:06.00		103%	
100m		14.	1:10.28	314	1:13.00		108%	
	, 30.12.2011							3
200m		2.	2:40.63	-	2:43.00		103%	
100m		1.	1:13.19	421	1:15.00		105%	
100m		1.	1:21.52	447	1:25.00		109%	
	, 23.07.2009							-
100m		60.	1:05.63	321	1:05.00		98%	
400m		72.	5:18.31	296	5:10.00		95%	
100m		42.	1:15.48	262	1:14.00		96%	