

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ (25 МЕТРОВ)

21 - 24 СЕНТЯБРЯ
2021 ГОДА



24
23.09.2021 - 9:56

, 400m

: FINA 2021

											FINA	
1.					2003		3			3:54.99	736	
	50m:	27.06	27.06	150m:	1:26.03	29.70	250m:	2:26.00	30.02	350m:	3:25.83	30.00
	100m:	56.33	29.27	200m:	1:55.98	29.95	300m:	2:55.83	29.83	400m:	3:54.99	29.16
2.					2004		"		"	3:55.76	729	
	50m:	26.63	26.63	150m:	1:26.61	30.12	250m:	2:26.24	29.54	350m:	3:26.59	30.33
	100m:	56.49	29.86	200m:	1:56.70	30.09	300m:	2:56.26	30.02	400m:	3:55.76	29.17
3.					2002		3			3:56.93	718	
	50m:	27.69	27.69	150m:	1:27.66	30.25	250m:	2:28.76	30.65	350m:	3:26.11	27.86
	100m:	57.41	29.72	200m:	1:58.11	30.45	300m:	2:58.25	29.49	400m:	3:56.93	30.82
					2004		"		"	3:56.93	718	
	50m:	27.26	27.26	150m:	1:26.76	30.12	250m:	2:27.41	30.27	350m:	3:28.20	30.23
	100m:	56.64	29.38	200m:	1:57.14	30.38	300m:	2:57.97	30.56	400m:	3:56.93	28.73
5.					2001		"		"	3:57.91	710	
	50m:	27.01	27.01	150m:	1:27.21	30.34	250m:	2:27.74	30.03	350m:	3:28.43	30.41
	100m:	56.87	29.86	200m:	1:57.71	30.50	300m:	2:58.02	30.28	400m:	3:57.91	29.48
6.					2004		3			3:58.24	707	
	50m:	27.25	27.25	150m:	1:26.92	30.03	250m:	2:27.74	30.28	350m:	3:28.69	30.69
	100m:	56.89	29.64	200m:	1:57.46	30.54	300m:	2:58.00	30.26	400m:	3:58.24	29.55
7.					2004		3			3:58.66	703	
	50m:	27.41	27.41	150m:	1:27.55	30.25	250m:	2:28.33	30.24	350m:	3:29.07	30.55
	100m:	57.30	29.89	200m:	1:58.09	30.54	300m:	2:58.52	30.19	400m:	3:58.66	29.59
8.					2004		"		"	3:59.07	699	
	50m:	27.06	27.06	150m:	1:26.75	29.88	250m:	2:27.06	30.45	350m:	3:28.49	30.84
	100m:	56.87	29.81	200m:	1:56.61	29.86	300m:	2:57.65	30.59	400m:	3:59.07	30.58
9.					2002		3			4:00.09	690	
	50m:	27.93	27.93	150m:	1:27.28	29.99	250m:	2:28.11	30.36	350m:	3:29.73	30.81
	100m:	57.29	29.36	200m:	1:57.75	30.47	300m:	2:58.92	30.81	400m:	4:00.09	30.36
10.					2004		"		"	4:00.78	684	
	50m:	28.04	28.04	150m:	1:28.26	30.34	250m:	2:29.43	30.45	350m:	3:31.38	31.08
	100m:	57.92	29.88	200m:	1:58.98	30.72	300m:	3:00.30	30.87	400m:	4:00.78	29.40
11.					2004		3			4:02.49	670	
	50m:	27.56	27.56	150m:	1:28.31	31.00	250m:	2:30.60	30.88	350m:	3:33.46	30.97
	100m:	57.31	29.75	200m:	1:59.72	31.41	300m:	3:02.49	31.89	400m:	4:02.49	29.03
12.					2004		"		"	4:04.04	657	
	50m:	27.50	27.50	150m:	1:27.92	30.45	250m:	2:30.28	31.45	350m:	3:33.84	31.82
	100m:	57.47	29.97	200m:	1:58.83	30.91	300m:	3:02.02	31.74	400m:	4:04.04	30.20
13.					2005		"		"	4:04.30	655	
	50m:	27.30	27.30	150m:	1:28.41	30.95	250m:	2:31.06	31.87	350m:	3:33.88	31.09
	100m:	57.46	30.16	200m:	1:59.19	30.78	300m:	3:02.79	31.73	400m:	4:04.30	30.42
14.					2002		-	2		4:04.31	655	
	50m:	27.17	27.17	150m:	1:26.96	29.95	250m:	2:28.87	31.01	350m:	3:32.28	31.98
	100m:	57.01	29.84	200m:	1:57.86	30.90	300m:	3:00.30	31.43	400m:	4:04.31	32.03
15.					2001		"	"		4:04.56	653	
	50m:	27.67	27.67	150m:	1:28.81	31.04	250m:	2:31.45	31.45	350m:	3:33.70	30.69
	100m:	57.77	30.10	200m:	2:00.00	31.19	300m:	3:03.01	31.56	400m:	4:04.56	30.86
16.					2005		3			4:04.84	651	
	50m:	28.23	28.23	150m:	1:29.01	30.87	250m:	2:31.17	30.81	350m:	3:34.65	31.78
	100m:	58.14	29.91	200m:	2:00.36	31.35	300m:	3:02.87	31.70	400m:	4:04.84	30.19
17.					2004		"	"		4:04.97	650	
	50m:	26.30	26.30	150m:	1:27.30	31.12	250m:	2:30.84	32.01	350m:	3:34.66	31.48
	100m:	56.18	29.88	200m:	1:58.83	31.53	300m:	3:03.18	32.34	400m:	4:04.97	30.31

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ (25 МЕТРОВ)

21 - 24 СЕНТЯБРЯ
2021 ГОДА

Абсолют спорта
Timing



24,			, 400m										FINA	
18.														
	50m:	28.34	28.34	150m:	1:31.17	31.72	250m:	2:33.71	30.64	350m:	3:36.05	31.12		
	100m:	59.45	31.11	200m:	2:03.07	31.90	300m:	3:04.93	31.22	400m:	4:06.11	30.06		
19.														
	50m:	28.59	28.59	150m:	1:31.47	31.80	250m:	2:34.89	31.56	350m:	3:37.66	31.13		
	100m:	59.67	31.08	200m:	2:03.33	31.86	300m:	3:06.53	31.64	400m:	4:06.35	28.69		
20.														
	50m:	28.23	28.23	150m:	1:30.45	31.85	250m:	2:34.49	32.03	350m:	3:37.66	31.18		
	100m:	58.60	30.37	200m:	2:02.46	32.01	300m:	3:06.48	31.99	400m:	4:06.60	28.94		
21.														
	50m:	27.78	27.78	150m:	1:30.45	31.49	250m:	2:33.84	31.48	350m:	3:36.77	31.23		
	100m:	58.96	31.18	200m:	2:02.36	31.91	300m:	3:05.54	31.70	400m:	4:06.71	29.94		
22.														
	50m:	27.91	27.91	150m:	1:30.05	31.36	250m:	2:33.89	32.17	350m:	3:37.66	31.71		
	100m:	58.69	30.78	200m:	2:01.72	31.67	300m:	3:05.95	32.06	400m:	4:07.86	30.20		
23.														
	50m:	28.11	28.11	150m:	1:29.44	30.72	250m:	2:32.85	31.87	350m:	3:37.26	32.52		
	100m:	58.72	30.61	200m:	2:00.98	31.54	300m:	3:04.74	31.89	400m:	4:08.86	31.60		
24.														
	50m:	27.89	27.89	150m:	1:30.01	31.39	250m:	2:33.79	31.85	350m:	3:37.95	32.05		
	100m:	58.62	30.73	200m:	2:01.94	31.93	300m:	3:05.90	32.11	400m:	4:09.18	31.23		
25.														
	50m:	27.90	27.90	150m:	1:30.93	31.69	250m:	2:33.79	31.12	350m:	3:38.98	32.61		
	100m:	59.24	31.34	200m:	2:02.67	31.74	300m:	3:06.37	32.58	400m:	4:09.90	30.92		
26.														
	50m:	28.59	28.59	150m:	1:32.25	32.07	250m:	2:36.15	32.01	350m:	3:39.46	31.55		
	100m:	1:00.18	31.59	200m:	2:04.14	31.89	300m:	3:07.91	31.76	400m:	4:10.18	30.72		
27.														
	50m:	28.78	28.78	150m:	1:32.04	32.15	250m:	2:35.73	31.79	350m:	3:39.77	32.26		
	100m:	59.89	31.11	200m:	2:03.94	31.90	300m:	3:07.51	31.78	400m:	4:10.74	30.97		
28.														
	50m:	27.79	27.79	150m:	1:31.29	31.91	250m:	2:35.59	32.26	350m:	3:40.69	32.84		
	100m:	59.38	31.59	200m:	2:03.33	32.04	300m:	3:07.85	32.26	400m:	4:12.23	31.54		
29.														
	50m:	28.39	28.39	150m:	1:31.62	31.92	250m:	2:36.58	32.52	350m:	3:42.00	32.68		
	100m:	59.70	31.31	200m:	2:04.06	32.44	300m:	3:09.32	32.74	400m:	4:12.67	30.67		
30.														
	50m:	27.98	27.98	150m:	1:29.87	31.47	250m:	2:34.93	33.06	350m:	3:41.68	33.42		
	100m:	58.40	30.42	200m:	2:01.87	32.00	300m:	3:08.26	33.33	400m:	4:13.43	31.75		
31.														
	50m:	27.63	27.63	150m:	1:28.67	30.97	250m:	2:33.50	32.92	350m:	3:40.65	33.75		
	100m:	57.70	30.07	200m:	2:00.58	31.91	300m:	3:06.90	33.40	400m:	4:13.79	33.14		
32.														
	50m:	28.53	28.53	150m:	1:32.33	32.45	250m:	2:37.46	32.77	350m:	3:43.97	33.43		
	100m:	59.88	31.35	200m:	2:04.69	32.36	300m:	3:10.54	33.08	400m:	4:15.45	31.48		
33.														
	50m:	29.59	29.59	150m:	1:34.12	32.72	250m:	2:39.07	32.87	350m:	3:44.14	32.33		
	100m:	1:01.40	31.81	200m:	2:06.20	32.08	300m:	3:11.81	32.74	400m:	4:15.47	31.33		
34.														
	50m:	28.54	28.54	150m:	1:32.17	32.31	250m:	2:37.21	32.41	350m:	3:40.88	31.65		
	100m:	59.86	31.32	200m:	2:04.80	32.63	300m:	3:09.23	32.02	400m:	4:15.79	34.91		
35.														
	50m:	27.46	27.46	150m:	1:30.75	32.20	250m:	2:37.18	33.03	350m:	3:44.39	33.40		
	100m:	58.55	31.09	200m:	2:04.15	33.40	300m:	3:10.99	33.81	400m:	4:16.63	32.24		

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ (25 МЕТРОВ)

21 - 24 СЕНТЯБРЯ
2021 ГОДА

Ассоциация спорта
Timing



24,		, 400m										FINA
36.										4:17.17		562
	50m:	28.22	28.22	150m:	1:30.65	31.64	250m:	2:36.22	33.01	350m:	3:43.16	33.60
	100m:	59.01	30.79	200m:	2:03.21	32.56	300m:	3:09.56	33.34	400m:	4:17.17	34.01
37.										4:17.18		562
	50m:	30.14	30.14	150m:	1:34.16	31.99	250m:	2:39.34	32.49	350m:	3:45.23	33.01
	100m:	1:02.17	32.03	200m:	2:06.85	32.69	300m:	3:12.22	32.88	400m:	4:17.18	31.95
38.										4:17.46		560
	50m:	29.07	29.07	150m:	1:33.12	32.24	250m:	2:38.92	33.00	350m:	3:45.81	33.43
	100m:	1:00.88	31.81	200m:	2:05.92	32.80	300m:	3:12.38	33.46	400m:	4:17.46	31.65
39.										4:18.79		551
	50m:	28.29	28.29	150m:	1:31.67	32.63	250m:	2:38.54	33.53	350m:	3:46.39	33.87
	100m:	59.04	30.75	200m:	2:05.01	33.34	300m:	3:12.52	33.98	400m:	4:18.79	32.40
40.										4:18.81		551
	50m:	28.20	28.20	150m:	1:32.39	32.35	250m:	2:38.19	32.87	350m:	3:45.24	33.61
	100m:	1:00.04	31.84	200m:	2:05.32	32.93	300m:	3:11.63	33.44	400m:	4:18.81	33.57
41.										4:19.14		549
	50m:	28.74	28.74	150m:	1:33.55	32.82	250m:	2:40.61	33.71	350m:	3:47.63	33.35
	100m:	1:00.73	31.99	200m:	2:06.90	33.35	300m:	3:14.28	33.67	400m:	4:19.14	31.51
42.										4:20.19		542
	50m:	29.27	29.27	150m:	1:34.33	32.94	250m:	2:40.79	33.12	350m:	3:47.78	33.65
	100m:	1:01.39	32.12	200m:	2:07.67	33.34	300m:	3:14.13	33.34	400m:	4:20.19	32.41
43.										4:20.92		538
	50m:	29.93	29.93	150m:	1:35.18	32.99	250m:	2:42.72	33.90	350m:	3:50.26	33.97
	100m:	1:02.19	32.26	200m:	2:08.82	33.64	300m:	3:16.29	33.57	400m:	4:20.92	30.66
44.										4:20.93		538
	50m:	29.63	29.63	150m:	1:34.13	32.42	250m:	2:40.70	33.52	350m:	3:47.99	33.94
	100m:	1:01.71	32.08	200m:	2:07.18	33.05	300m:	3:14.05	33.35	400m:	4:20.93	32.94
45.										4:21.48		534
	50m:	28.88	28.88	150m:	1:33.36	32.89	250m:	2:40.21	33.69	350m:	3:48.68	34.38
	100m:	1:00.47	31.59	200m:	2:06.52	33.16	300m:	3:14.30	34.09	400m:	4:21.48	32.80
46.										4:24.40		517
	50m:	28.90	28.90	150m:	1:35.15	33.16	250m:	2:42.90	33.77	350m:	3:51.40	34.17
	100m:	1:01.99	33.09	200m:	2:09.13	33.98	300m:	3:17.23	34.33	400m:	4:24.40	33.00
47.										4:25.30		512
	50m:	27.63	27.63	150m:	1:31.55	32.53	250m:	2:39.75	34.64	350m:	3:50.91	35.54
	100m:	59.02	31.39	200m:	2:05.11	33.56	300m:	3:15.37	35.62	400m:	4:25.30	34.39
48.										4:29.01		491
	50m:	28.81	28.81	150m:	1:33.82	33.01	250m:	2:42.31	34.66	350m:	3:53.64	35.96
	100m:	1:00.81	32.00	200m:	2:07.65	33.83	300m:	3:17.68	35.37	400m:	4:29.01	35.37
49.										4:31.16		479
	50m:	27.53	27.53	150m:	1:31.08	32.87	250m:	2:41.81	35.95	350m:	3:55.26	36.66
	100m:	58.21	30.68	200m:	2:05.86	34.78	300m:	3:18.60	36.79	400m:	4:31.16	35.90
DSQ												
DNS												
DNS												
DNS												

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ (25 МЕТРОВ)

21 - 24 СЕНТЯБРЯ
2021 ГОДА



24, , 400m

17-18

1.					2003		3			3:54.99		736
	50m:	27.06	27.06	150m:	1:26.03	29.70	250m:	2:26.00	30.02	350m:	3:25.83	30.00
	100m:	56.33	29.27	200m:	1:55.98	29.95	300m:	2:55.83	29.83	400m:	3:54.99	29.16
2.					2004		"		"	3:55.76		729
	50m:	26.63	26.63	150m:	1:26.61	30.12	250m:	2:26.24	29.54	350m:	3:26.59	30.33
	100m:	56.49	29.86	200m:	1:56.70	30.09	300m:	2:56.26	30.02	400m:	3:55.76	29.17
3.					2004		"		"	3:56.93		718
	50m:	27.26	27.26	150m:	1:26.76	30.12	250m:	2:27.41	30.27	350m:	3:28.20	30.23
	100m:	56.64	29.38	200m:	1:57.14	30.38	300m:	2:57.97	30.56	400m:	3:56.93	28.73
4.					2004		3			3:58.24		707
	50m:	27.25	27.25	150m:	1:26.92	30.03	250m:	2:27.74	30.28	350m:	3:28.69	30.69
	100m:	56.89	29.64	200m:	1:57.46	30.54	300m:	2:58.00	30.26	400m:	3:58.24	29.55
5.					2004		3			3:58.66		703
	50m:	27.41	27.41	150m:	1:27.55	30.25	250m:	2:28.33	30.24	350m:	3:29.07	30.55
	100m:	57.30	29.89	200m:	1:58.09	30.54	300m:	2:58.52	30.19	400m:	3:58.66	29.59
6.					2004		"		"	3:59.07		699
	50m:	27.06	27.06	150m:	1:26.75	29.88	250m:	2:27.06	30.45	350m:	3:28.49	30.84
	100m:	56.87	29.81	200m:	1:56.61	29.86	300m:	2:57.65	30.59	400m:	3:59.07	30.58
7.					2004		"		"	4:00.78		684
	50m:	28.04	28.04	150m:	1:28.26	30.34	250m:	2:29.43	30.45	350m:	3:31.38	31.08
	100m:	57.92	29.88	200m:	1:58.98	30.72	300m:	3:00.30	30.87	400m:	4:00.78	29.40
8.					2004		3			4:02.49		670
	50m:	27.56	27.56	150m:	1:28.31	31.00	250m:	2:30.60	30.88	350m:	3:33.46	30.97
	100m:	57.31	29.75	200m:	1:59.72	31.41	300m:	3:02.49	31.89	400m:	4:02.49	29.03
9.					2004		"		"	4:04.04		657
	50m:	27.50	27.50	150m:	1:27.92	30.45	250m:	2:30.28	31.45	350m:	3:33.84	31.82
	100m:	57.47	29.97	200m:	1:58.83	30.91	300m:	3:02.02	31.74	400m:	4:04.04	30.20
10.					2004	"	"		"	4:04.97		650
	50m:	26.30	26.30	150m:	1:27.30	31.12	250m:	2:30.84	32.01	350m:	3:34.66	31.48
	100m:	56.18	29.88	200m:	1:58.83	31.53	300m:	3:03.18	32.34	400m:	4:04.97	30.31
11.					2003		"		" 77	4:06.60		637
	50m:	28.23	28.23	150m:	1:30.45	31.85	250m:	2:34.49	32.03	350m:	3:37.66	31.18
	100m:	58.60	30.37	200m:	2:02.46	32.01	300m:	3:06.48	31.99	400m:	4:06.60	28.94
12.					2003		3			4:06.71		636
	50m:	27.78	27.78	150m:	1:30.45	31.49	250m:	2:33.84	31.48	350m:	3:36.77	31.23
	100m:	58.96	31.18	200m:	2:02.36	31.91	300m:	3:05.54	31.70	400m:	4:06.71	29.94
13.					2003		4			4:10.74		606
	50m:	28.78	28.78	150m:	1:32.04	32.15	250m:	2:35.73	31.79	350m:	3:39.77	32.26
	100m:	59.89	31.11	200m:	2:03.94	31.90	300m:	3:07.51	31.78	400m:	4:10.74	30.97
14.					2003		"		" 77	4:12.67	I	592
	50m:	28.39	28.39	150m:	1:31.62	31.92	250m:	2:36.58	32.52	350m:	3:42.00	32.68
	100m:	59.70	31.31	200m:	2:04.06	32.44	300m:	3:09.32	32.74	400m:	4:12.67	30.67
15.					2003		4			4:13.79	I	584
	50m:	27.63	27.63	150m:	1:28.67	30.97	250m:	2:33.50	32.92	350m:	3:40.65	33.75
	100m:	57.70	30.07	200m:	2:00.58	31.91	300m:	3:06.90	33.40	400m:	4:13.79	33.14
16.					2004		-70 "		"	4:16.63	I	565
	50m:	27.46	27.46	150m:	1:30.75	32.20	250m:	2:37.18	33.03	350m:	3:44.39	33.40
	100m:	58.55	31.09	200m:	2:04.15	33.40	300m:	3:10.99	33.81	400m:	4:16.63	32.24
17.					2004		"		"	4:17.17	I	562
	50m:	28.22	28.22	150m:	1:30.65	31.64	250m:	2:36.22	33.01	350m:	3:43.16	33.60
	100m:	59.01	30.79	200m:	2:03.21	32.56	300m:	3:09.56	33.34	400m:	4:17.17	34.01
18.					2004		47			4:21.48	I	534
	50m:	28.88	28.88	150m:	1:33.36	32.89	250m:	2:40.21	33.69	350m:	3:48.68	34.38
	100m:	1:00.47	31.59	200m:	2:06.52	33.16	300m:	3:14.30	34.09	400m:	4:21.48	32.80

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ (25 МЕТРОВ)

21 - 24 СЕНТЯБРЯ
2021 ГОДА



24, , 400m

15-16

1.					2005	"	"	4:04.30	655			
	50m:	27.30	27.30	150m:	1:28.41	30.95	250m:	2:31.06	31.87	350m:	3:33.88	31.09
	100m:	57.46	30.16	200m:	1:59.19	30.78	300m:	3:02.79	31.73	400m:	4:04.30	30.42
2.					2005	3		4:04.84	651			
	50m:	28.23	28.23	150m:	1:29.01	30.87	250m:	2:31.17	30.81	350m:	3:34.65	31.78
	100m:	58.14	29.91	200m:	2:00.36	31.35	300m:	3:02.87	31.70	400m:	4:04.84	30.19
3.					2005	3		4:06.11	641			
	50m:	28.34	28.34	150m:	1:31.17	31.72	250m:	2:33.71	30.64	350m:	3:36.05	31.12
	100m:	59.45	31.11	200m:	2:03.07	31.90	300m:	3:04.93	31.22	400m:	4:06.11	30.06
4.					2005	"	"	4:06.35	639			
	50m:	28.59	28.59	150m:	1:31.47	31.80	250m:	2:34.89	31.56	350m:	3:37.66	31.13
	100m:	59.67	31.08	200m:	2:03.33	31.86	300m:	3:06.53	31.64	400m:	4:06.35	28.69
5.					2005	-	2	4:09.90	612			
	50m:	27.90	27.90	150m:	1:30.93	31.69	250m:	2:33.79	31.12	350m:	3:38.98	32.61
	100m:	59.24	31.34	200m:	2:02.67	31.74	300m:	3:06.37	32.58	400m:	4:09.90	30.92
6.				I	2006			4:10.18	610			
	50m:	28.59	28.59	150m:	1:32.25	32.07	250m:	2:36.15	32.01	350m:	3:39.46	31.55
	100m:	1:00.18	31.59	200m:	2:04.14	31.89	300m:	3:07.91	31.76	400m:	4:10.18	30.72
7.				I	2005	2		4:12.23	I	595		
	50m:	27.79	27.79	150m:	1:31.29	31.91	250m:	2:35.59	32.26	350m:	3:40.69	32.84
	100m:	59.38	31.59	200m:	2:03.33	32.04	300m:	3:07.85	32.26	400m:	4:12.23	31.54
8.					2005	"	"	4:13.43	I	587		
	50m:	27.98	27.98	150m:	1:29.87	31.47	250m:	2:34.93	33.06	350m:	3:41.68	33.42
	100m:	58.40	30.42	200m:	2:01.87	32.00	300m:	3:08.26	33.33	400m:	4:13.43	31.75
9.					2005	"	"	4:15.45	I	573		
	50m:	28.53	28.53	150m:	1:32.33	32.45	250m:	2:37.46	32.77	350m:	3:43.97	33.43
	100m:	59.88	31.35	200m:	2:04.69	32.36	300m:	3:10.54	33.08	400m:	4:15.45	31.48
10.					2006	"	"	4:15.47	I	573		
	50m:	29.59	29.59	150m:	1:34.12	32.72	250m:	2:39.07	32.87	350m:	3:44.14	32.33
	100m:	1:01.40	31.81	200m:	2:06.20	32.08	300m:	3:11.81	32.74	400m:	4:15.47	31.33
11.					2005	-70	"	4:15.79	I	571		
	50m:	28.54	28.54	150m:	1:32.17	32.31	250m:	2:37.21	32.41	350m:	3:40.88	31.65
	100m:	59.86	31.32	200m:	2:04.80	32.63	300m:	3:09.23	32.02	400m:	4:15.79	34.91
12.				I	2006	"	"	4:17.18	I	562		
	50m:	30.14	30.14	150m:	1:34.16	31.99	250m:	2:39.34	32.49	350m:	3:45.23	33.01
	100m:	1:02.17	32.03	200m:	2:06.85	32.69	300m:	3:12.22	32.88	400m:	4:17.18	31.95
13.					2006	1		4:17.46	I	560		
	50m:	29.07	29.07	150m:	1:33.12	32.24	250m:	2:38.92	33.00	350m:	3:45.81	33.43
	100m:	1:00.88	31.81	200m:	2:05.92	32.80	300m:	3:12.38	33.46	400m:	4:17.46	31.65
14.				I	2005	"	"	4:18.79	I	551		
	50m:	28.29	28.29	150m:	1:31.67	32.63	250m:	2:38.54	33.53	350m:	3:46.39	33.87
	100m:	59.04	30.75	200m:	2:05.01	33.34	300m:	3:12.52	33.98	400m:	4:18.79	32.40
15.				I	2006	"	"	4:18.81	I	551		
	50m:	28.20	28.20	150m:	1:32.39	32.35	250m:	2:38.19	32.87	350m:	3:45.24	33.61
	100m:	1:00.04	31.84	200m:	2:05.32	32.93	300m:	3:11.63	33.44	400m:	4:18.81	33.57
16.				I	2006	"	"	4:19.14	I	549		
	50m:	28.74	28.74	150m:	1:33.55	32.82	250m:	2:40.61	33.71	350m:	3:47.63	33.35
	100m:	1:00.73	31.99	200m:	2:06.90	33.35	300m:	3:14.28	33.67	400m:	4:19.14	31.51
17.				I	2005	47		4:20.19	I	542		
	50m:	29.27	29.27	150m:	1:34.33	32.94	250m:	2:40.79	33.12	350m:	3:47.78	33.65
	100m:	1:01.39	32.12	200m:	2:07.67	33.34	300m:	3:14.13	33.34	400m:	4:20.19	32.41
18.					2006	"	"	4:20.92	I	538		
	50m:	29.93	29.93	150m:	1:35.18	32.99	250m:	2:42.72	33.90	350m:	3:50.26	33.97
	100m:	1:02.19	32.26	200m:	2:08.82	33.64	300m:	3:16.29	33.57	400m:	4:20.92	30.66

ЧЕМПИОНАТ ГОРОДА МОСКВЫ ПО ПЛАВАНИЮ (25 МЕТРОВ)

21 - 24 СЕНТЯБРЯ
2021 ГОДА

Абсолют спорта
Timing



24, , 400m , 15-16

											FINA	
19.					2006			"	"	4:20.93		538
	50m:	29.63	29.63	150m:	1:34.13	32.42	250m:	2:40.70	33.52	350m:	3:47.99	33.94
	100m:	1:01.71	32.08	200m:	2:07.18	33.05	300m:	3:14.05	33.35	400m:	4:20.93	32.94
20.					2006			-70 "	"	4:24.40		517
	50m:	28.90	28.90	150m:	1:35.15	33.16	250m:	2:42.90	33.77	350m:	3:51.40	34.17
	100m:	1:01.99	33.09	200m:	2:09.13	33.98	300m:	3:17.23	34.33	400m:	4:24.40	33.00
21.					2005			-70 "	"	4:25.30		512
	50m:	27.63	27.63	150m:	1:31.55	32.53	250m:	2:39.75	34.64	350m:	3:50.91	35.54
	100m:	59.02	31.39	200m:	2:05.11	33.56	300m:	3:15.37	35.62	400m:	4:25.30	34.39
22.					2006			"	"	4:29.01		491
	50m:	28.81	28.81	150m:	1:33.82	33.01	250m:	2:42.31	34.66	350m:	3:53.64	35.96
	100m:	1:00.81	32.00	200m:	2:07.65	33.83	300m:	3:17.68	35.37	400m:	4:29.01	35.37
DSQ					2006			"	"			
DNS					2006							
DNS					2005			"	"			